



MIDDLEBURG CELEBRATES
INDEPENDENCE DAY

PAGE 24

TOWN COUNCIL APPROVES SALAMANDER MEMORANDUM SNYDER COMPROMISE PRODUCES 4/3 VOTE

At 10:30 PM on July 14, the Middleburg Town Council agreed to annex the 340-acre Salamander Inn property under terms outlined in a three-page "Memorandum of Understanding" between the Town and Dr. Sheila Johnson's Salamander Development, LLC.

The annexation will nearly double the town's land area, and will include Salamander's proposed 120-room inn, and as many as 49 new residences. Salamander, in return, will build a new sewage treatment plant to serve the entire town. By some estimates the annual taxes and fees paid by the new Inn and Spa will amount to as much as half the Town's current operating budget.

The 4-3 approval followed three hours of public debate, and came only after Council-member Mark Snyder forced last-minute amendments to two key provisions of the "Memorandum of Understanding."

Mark Snyder, Betsy Davis, Darlene Kirk, and Eura Lewis voted in favor of the "understanding." Helen Hyre, "Bundles" Murdock, and Margaret New voted "no."

Mayor Tim Dimos, who could only vote in case of a tie, approved of both the deal and the hard work by all parties that led up to it. "I think this is good for Middleburg," he said. "The process is working."

The "Understanding"

In brief, the Town and Salamander Development, LLC, agreed on Thursday only to draft and sign further formal agreements incorporating the following mutual commitments.

Town Commitments

If proper zoning changes and exceptions can be obtained from the Loudoun County government, Middleburg promises to move swiftly to annex the entire Salamander property, and provide appropriate water and sewer services to the planned Resort and Spa at standard rates. At Council Member Mark Snyder's insistence, special reduced tap-fees for up to 49 houses in the planned resort were eliminated from the agreement.

Pending further design and review, the Town also agreed, in principle, to approve access to the development from Pendleton Street.

Salamander Commitments

Salamander, in return, promises to:

1) replace the town's waste water treatment plant and provide other duly-noted wastewater and fire-fighting upgrades to the water system at "no cost to the Town" and "to standards approved by the Town." Estimates of the cost of the new plant run as high as \$4 to \$5 million. Salamander agreed to spend whatever

was required.

2) turn over to the Town the new water system, and associated potable-water wells newly dug on the Salamander property, "upon completion" of the improvements to the water system.

3) agree to the assignment of an existing easement from the County to the Town; expressly prohibiting the building of a golf course on it; and, if plans should require changes in the easement boundaries, to guarantee than no less than 75% of it would be designated as "open space."

Because the town would be supplying water and sewer services to the resort, Salamander also agreed to add the land that would otherwise have been required for septic fields to the designated as "open space."

To further ensure that the open space would be protected from a future, and possibly more "development-oriented" Town Council, the parties also agreed that the Town could designate the Virginia Outdoors Foundation" as "an additional beneficiary" of the easement. At Council Member Mark Snyder's insistence, Salamander further agreed, on the spot that the assignment would take place, at a date certain, ideally no later than June 1, 2006. Rather than "upon completion of the Resort."

4) limit development on the entire 340-acre property (which includes the 88 acres already within town limits) to the 120-room resort and its associated facilities, and to no more than 49 new "residential dwelling units"

The Debate

A standing room only crowd had gathered at the Town offices well before Mayor Dimos gave the meeting to order at 7:30 PM.

After a short presentation and plea for support against high-density development south of Dulles Airport by Laura Tekrony and Cheryl Hutchinson of "Citizens to Save the Transition Area" Mayor Dimos opened the floor, for the last time, for public comments on the proposed "memorandum of understanding."

There were more than twenty speakers, the vast majority of them Town residents or business owners. Most of them favored the proposal. A significant minority spoke in opposition. Several speakers counseled further delay, reconsideration or refinement of the "memorandum." Though he had requested that speakers observe a three-minute time limit, Mayor Dimos declined to enforce it, noting that the issues being discussed were too important to not discuss fully.

Highlights "Pro"

Those who favored a "yes" vote by the Council nearly all emphasized that the Sala-

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COUNTY CANCER
STUDY

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PAGE 20

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NEWS OF NOTE

PETER M. HOWARD MEMORIAL FUND

The Piedmont Community Foundation announces the creation of the Peter M. Howard Memorial Fund. This is the first fund set up by a family in the community foundation. The fund has been established by the Howard family to honor the charitable work of long-time Middleburg area resident Peter Howard. Peter was the late husband of Susan Howard of Middleburg, son of Eleanor and Gordon Howard, Glenview, IL; brother of Meribeth Cooper, Marietta, GA.; Martha Petrie, Eagle-Vail, CO; Miranda Haddock, Portage, MI; and Paul Howard of Cheyenne, WY.

The Peter M. Howard Memorial has been setup as

a restricted Fund to benefit charities whose work supports preservation of historic properties and preservation of open space in the geographical area served by the Piedmont Community Foundation (the area includes the northern Piedmont region of Virginia, specifically Loudoun and Fauquier Counties). This fund will grow and mature to produce an income stream to fund competitive grants in the areas of interest noted above.

Peter Howard was born in Oak Park, Illinois and raised in Wilmette, Ill. He graduated from the US Military Academy at West Point where he first became interested in military history. He served in combat as an infantry officer in Vietnam and Korea.

After two combat tours he served as a Ranger Instructor at Fort Benning, GA. Following military service, Peter received a

Peter M. Howard Memorial Fund law degree from Northwestern University and began his law career at the Santa Fe Railroad in Chicago. He continued his career with Mobil Oil Corporation as a corporate lawyer in New York, Denver and Washington, D.C. He lived in the Middleburg area from 1988 until his death September 5, 2004.

During his years in Virginia Peter actively supported the Atoka based Mosby Heritage Area Association serving on its board, and supporting two key programs; education and the annual

Civil War Conference at the Middleburg Community Center. He also supported the Piedmont Environmental Council and Middleburg Beautification and Preservation, Inc. as well as other preservation related charities.

In delivering the eulogy at Peter's funeral, his brother Paul described Peter as follows:

"He was not a man concerned with perception or image. He didn't wear his past or his achievements on his sleeve. He was committed to the here and now and took advantage of all that life gave him. He was impatient with delay. Whatever the day brought, Peter's slogan was 'Let's GO!'"

Through his Memorial Fund, Peter Howard's

family believes he will continue to lead the way as the funds work to preserve and protect Virginia's history and environment.

Peter M. Howard Memorial Fund Foundation directors deeply appreciate the foresight of the Howard family in establishing a charter milestone for the community foundation with their tribute to Peter. Gifts can be added to the fund at anytime.

The community foundation is structured to support all manner of charitable interests important to donors. For more information please contact Karen Krei, Executive Director, Piedmont Community Foundation at 540 687 5223.

TOWN COUNCIL

CONTINUED FROM PAGE 1

mander Resort would be built one way or another, no matter what the council's decision. They argued in favor of the "memorandum of agreement" by pointing to the crying need for a new water treatment plant, the high cost of building a new one, and the health dangers and high rates associated with the existing system. They noted the benefits of additional tax and fee revenues that would accrue to the Town, rather than to the County if the Inn were part of Middleburg. Several argued that the Inn would attract new and desirable customers for local businesses as well. Retaining Town "control" over the project, they argued, was better than leaving such matters entirely to the County.

Trowbridge Littleton, a twenty-year Council veteran, argued that the Council should consider their vote as a "moral decision" that would produce profound and long-lasting effects on the town. In a veiled reference to rumors that some members opposing the Inn

would be leaving the area soon, Littleton insisted that "those who will not be here in two or three years" should abstain. "Without Salamander," he said, "our water bills will soon be higher than our mortgages."

Sonny Underwood argued that if the Council voted no, "the town becomes Lovettsville."

Reggie Dawson came prepared with a "show and tell" presentation, in the form of brown-bags of comparative sprawl. With Dawson's "Salamander Lunch Special" one got a little sprawl, but alongside it, more open space, town control, a guarantee of no air traffic and no golf course, a free waste water plant and fresh-water wells, a relationship with an organization that would work with the town, and a large increase in revenue.

Dawson's "Developers Delight" came with "65 to 90% land-use saturation, traffic, crime, unsightly sprawl, septic system pollution, and no wells, no water

system, no guaranteed open space, and no revenue windfall for the town.

Noting that public comment at the Council's Friday special session was 3 to 1 in favor of annexing the Salamander project, he demanded that any Council Member who voted "no" come up with a plan to fund the infrastructure that would be required to handle the "blight" that would follow.

Howard Armfield argued that a "no vote" made "no sense" given the jobs the Inn would generate and the water treatment facility it would provide.

Kim Hart, speaking on behalf of many of the residents of Windy Hill, urged a "yes" vote because the jobs provided by the Inn, and the economic stimulus it would provide for the rest of the town, would be especially good for the poorest citizens of Middleburg.

Richard Kirk argued that, as "senior citizen" he could simply not afford to keep paying \$500 per quarter for sewer and wa-

ter services. If Salamander didn't build the new water treatment plant, he noted, the town would have to foot the bill and its fixed-income senior citizens simply couldn't afford it.

Hump Astorga argued that the Inn would attract the kind of people he needed to attract to his restaurant

Colonel Brady argued that "poor development" would do more damage to Middleburg than the Union Army.

The President and CEO of the Loudoun County Convention and Visitors Association, Cheryl Kilday, cited survey data showing that even visitors who already loved Middleburg were overwhelmingly in favor of adding amenities like the Inn and Spa.

Pauline Wisdom, noted the decline of the "quality of visitor" over the sixteen years she's been in business in Middleburg. She urged a "yes" vote to promote a better class of tourist.

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NEWS OF NOTE

TOWN COUNCIL

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George Lingauer urged a “yes” vote for the sake of the town and posterity.

Tom Patterson, a self-described “rate-payer and sewer smeller” noted that the “memorandum of understanding” was not designed to spell out every detail of an agreement between Salamander and the Town, and should not be judged on that basis. He also joined Trowbridge Littleton in urging Council Members who would be leaving town to abstain from voting.

Steve Plescow, Chairman of the Planning Commission, reiterated his personal view that the memorandum should be approved. The understanding, he said, “meets the vision of what we needed” and avoids leaving Middleburg in the position of giving up all significant control over the project to the County.

Tommy Dodson described the “understanding” as a document that “allows us to control the destiny of an important edge of the village.” Kathy Bernache agreed.

Highlights “Anti”

The minority who spoke against approval included those who opposed any development of the Salamander property at all, those who were opposed to what they perceived as a project grown too large, and those who were simply opposed to one or more of the detailed terms outlined in (or omitted from) the memorandum of agreement.

Richard Strother expressed concern that the Memorandum, as written, didn’t offer enough “protection” for the town, especially given the broad range of possible uses for the land allowed under the zoning requested by Salamander. He cited the lack of specific and detailed pledges NOT to use the

land for many of those purposes. He urged the council to vote “no” but to continue discussions with Salamander.

Valerie Kelly expressed doubts about whether or not the owner of the Salamander project could be relied upon to do what’s best for Middleburg. She, like Strowd, argued that the memorandum of agreement lacked detail and did not offer enough formal protection for the town. She took the Town Council to task particularly for its failure to pursue alternate sources of funding to upgrade the Town water treatment facility.

Former Redskin Sam Huff was more personal in his attacks. Noting that in Middleburg, unlike New York, one knew the people one “ran into in the Post Office,” he nodded toward Dr. Johnson and quipped that he’d never seen HER in the Middleburg Post Office. Arguing that a large facility like the Salamander Inn would be more appropriate for Leesburg, he asked Mrs. Johnson why she didn’t take her Inn there. Then, noting that he’d recently attended a charity fund raiser with “forty hall-of-famers” at Lansdowne, he argued that “she’d never get forty hall-of-famers to come here.” He accused the Council of preparing to “sell the town to Salamander” and warned them that his old friend, Paul Mellon, would be “turning over in his grave” if they voted in favor of the agreement. “Don’t sell out Middleburg,” he shouted, to vigorous applause from the minority who shared his views.

Cheryl Hall asserted that Middleburg didn’t really need a \$4 million water treatment plant, and that the money required for a smaller facility could and should be acquired through bond sales or other sources of revenue. She agreed with Sam Huff that what

Salamander was proposing was a “huge facility” inappropriate for Middleburg and noted her personal regret that the “Harriman property” had been purchased by Dr. Johnson rather than by the Piedmont Environmental Council. Characterizing Salamander’s assertion that a failure to reach agreement with the Town about annexation would give them no choice but to pursue options under existing zoning laws as “blackmail”, she, quoting Huff, urged the council not to “sell out.” Nancy West noted that she had supported the Salamander project when it was described as a 40-room country inn with a world-class restaurant attached, similar to the Inn at Little Washington. The “new” development, she said, was simply “too big” and included “too many new houses.”

Roxine Hill cast doubt on the size of the estimated revenue stream that the Inn would generate. Using independently collected data from what she termed “comparable” facilities (among them the 170-room Boar’s Head Inn in Charlottesville, the 143-room Mansion on Turtle Creek, in Dallas, and the 161-room Lodge at Pebble Beach) she argued that occupancy rates would average closer to 55% than 70%. She agreed with Sam Huff that “we shouldn’t sell out Middleburg” but noted pointedly that “Dr. Johnson loves this town too.” She “challenged” Dr. Johnson to “do more work” and “give us more time to tidy up the agreement.”

Michael Motion, a business owner for 15 years, argued that a smaller project would be better for Middleburg.

Susan van Wagner noted that she “doesn’t let her dog drink the water” but insisted that bowing to “threats” and “selling out to Salamander” for a water plant was sim-

ply “short-sighted.” Noting her successful efforts to raise funds to support the “Route 50 Traffic Calming Project” she argued that Middleburg would have little or no trouble finding funds for a new water treatment plant.

The Salamander Position

After two hours of debate, at 9:45 PM, Mayor Dimos called on Prem Devedas and Jonathan Rak, to speak for Salamander Development, LLC.

Both praised the Council for its hard work.

Rak briefly addressed some of the specific issues and misperceptions that had emerged during the preceding three hours.

Salamander, he noted, would specifically renounce many of the “rights” granted by AR-2 zoning

that had caused special concern to Richard Strowd. In addition, Salamander would conform to town zoning regulations; would work with both the county and town to address traffic issues; would address any and all water-treatment issues, including radio-nucleotides; would conform to the spirit and letter of both town and county comprehensive plans; would rezone from AR-3 to AR-2 zoning, reducing impact on the land by 94%; would assign open space to the town; and would work with the town to rezone the 88 acres of Salamander property already within the town limits.

If the town voted to reject the Memorandum of Understanding, he admitted, Salamander would

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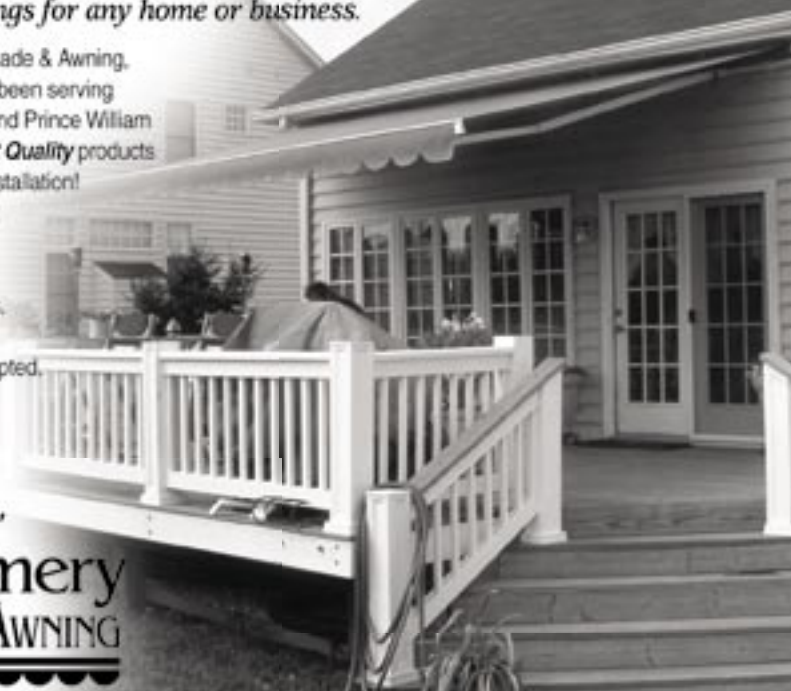
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THE GARDEN IN HIGH SUMMER

THE PLANT LADY

KAREN REXRODE

Tall daisies, great domes of Joe-Pye Weed and fluffy plumes on perennial grasses, the garden sways and becomes a sizable presence, this is the garden of high summer. Possibly a descriptive term, or rather a reference to the long days and higher temperatures, either way it's apt. One imagines sipping from a tall glass in the shade, a mint julep with a fresh sprig of mint or ice tea with a stalk of lemon grass as a swivel stick. It's not the time of year that we ponder how good the bones are in the garden, they're all hidden under great vascular stalks. Bones are for winter, stark and defined, great effort and expense is employed to have a good winter garden. Summer is full of color and motion, the opposite of a winter garden. Plan for it, the high summer garden is easy to create and rewarding in so many ways. Besides the presence of great plants, one has visiting hummingbirds and butterflies, movement all day long.

Some high summer perennials require a masterful hand when it comes to control. Left to their own devices, space is garnered by hefty perennials, the whimpier plants are eaten alive. Many of the

rudbeckias are guilty of this. No shy spreaders they move along via seed and rhizomes. Yet as much as they would like to have the flower beds all to themselves, they are much more attractive with company. One must insist on socialization. In their midst plant summer phlox, ornamental grasses and Joe-Pye weed. There are countless other options, consider the purple leafed sedums, Physocarpus 'Diablo', and Eupatorium 'Chocolate' for dark leafed companions, they borrow from the dark center of the central cone and echo it throughout the garden. High summer is also eupatorium time, many remain showy into late September. Aside from the eupatorium known as Joe-Pye weed (dubium, fistulosum, purpureum and maculatum) there is Eupatorium hyssopifolium with white heads that open on dense horizontal umbels. There is E. coelestinum or hardy ageratum, just like the annual ageratum, the blue flowers are beautiful and mix well with all things. They romp via subsurface rhizomes, coming up in any open spaces and bloom as high summer is ending and night temperatures begin to cool.

As July ends and August begins the hardy hibiscus flower. Their oversized flowers are often matched with gorgeous foliage,

particularly on Hibiscus 'Kopper King' and H. coccineus. Not fond of dry soil, plan their placement and their partners. Many a suburban gardener has plunked a hardy hibiscus in the lawn with only a circle of mulch at its feet - no - they need company. Adored by Japanese beetles, the mix of

companions is often enough to confuse the enemy. Underplant with Panicum 'Dewey Blue', Euphorbia 'Chameleon', Eupatorium 'Purple Bush' and the late flowering daylily 'Orchid Corsage', this my friend is unforgettable!

If the best of winter gardens is full of good bones then I suspect

that the summer garden is about muscle, cartilage and sinew. They wrap around the good bones, some capable of becoming the fat of the garden rather than the tone. Use your muscle to tame them and keep a balance. Both you and your garden will look all the better for it.



TOWN COUNCIL

CONTINUED FROM PAGE 4

consider itself free to use the land outside Middleburg as it was currently zoned by the County. Current zoning would allow as many as 84 new homes to be built: one home per three-acre lot.

Town Administrator

Before giving the members of the Town Council an opportunity to speak Mayor Dimos called on Town Administrator Mike Casey for his opinion.

Casey noted that the memorandum in its current form was the product of much work and many long hours of negotiation. In his opinion, it represented good value for both parties, and he urged its acceptance.

The Vote

The final vote on the "Memorandum of Understanding" would come only after a dramatic final round of closing remarks by members of the Town Council.

At 10:00 PM, with the outcome of the debate still very much in doubt, Mayor Dimos gave each member of the Council an opportunity to speak before he called for a final vote. Some had prepared formal statements.

Davis

Vice Mayor Betsy Davis spoke first. She urged approval of the agreement, citing nearly every point made by the proposal's advocates during the course of the evening.

Hyre

Helen Hyre said she'd vote no, noting in particular her opposition to the notion of "one person owning half the town."

Murdock

"Bundles" Murdock noted that the town, "... is at a point where restoration and preservation, rather than growth from new development" should be its primary goals. She neither liked nor fully understood the new agreement, she said, and argued that alternative sources of funding for a new water treatment facility could be found.

Kirk

Darlene Kirk called for accepting the agreement for the sake of ongoing town control. "Otherwise," she noted, "the County gets the revenue and we get the traffic." As for Dr. Johnson's good will, she said, it was certainly not is Salamander's interest to harm the town.

New

Margaret New argued that "It's not about money, it should be about values." She urged a "no" vote because, among other things,

she opposed "guaranteed profits" as a matter of principle; believed developers should do "what is right for the land; and considered the "Harriman track" a "piece of hallowed ground." She said she favored a small inn, but thought 120 rooms, a "Marriott sized model," was excessive. She also feared, she said, that the Council was being "blinded by the sparkle of a windfall of cash."

Snyder

With only himself, and pro-Salamander Council Member Eura Lewis left to speak, Mark Snyder dropped a bombshell. He'd prepared no remarks, he said, and he needed some help ... to vote yes.

If he were to vote "yes", he said, two things had to be changed in the memorandum of understanding: 1) Salamander would have to give up the guaranteed, fixed-rate, discounted tap rates (the fees paid for connecting new facilities to the water and sewer system) promised for as many as 49 new houses on Salamander property; and 2) Salamander would have to promise to assign its easements to the town at a fixed date, ideally before June 1, 2006, rather than "upon completion of the Inn."

Salamander's Prem Devadas and Jonathan Rak put their heads together immediately to discuss Snyder's demands.

Mayor Dimos moved on.

Lewis

Eura Lewis, the last Council Member to speak, spoke at length in favor of the agreement, citing, like Betsy Davis, nearly all the benefits outlined in the agreement and by proponents during the course of the evening.

Decisions

Mark Snyder, however, had put the ball back in Salamander's court. It was nearly 10:30 PM. The Council was split three to three. Snyder's vote would be decisive.

It didn't take long for Devadas and Rak to announce that Salamander would meet Snyder's demands.

Mayor Dimos called for a reading of the revisions to the "Memorandum of Agreement."

Vice-Mayor and Council Member Betsy Davis moved that the Council accept it.

Eura Davis seconded the motion.

Mark Snyder voted "yes." Final vote: four to three in favor of annexation under the terms of the "understanding."

"I think this is good for Middleburg," said Mayor Dimos. "This is win/win."



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PASTIMES

FROM MY ‘BEHIND THE STOVE’ MAILBAG

FROM BEHIND THE STOVE

BRIAN LICHOROWIC

Ever since I took on this endeavor – penning this monthly column – I have been able to measure the impact of my wares as I read the emails I’ve received from Eccentric readers. Some are complimentary, some genuinely need help and some need a cooking class.

Below are a smidgen I’d like to share with you.

Q: What makes you qualified to be teaching or giving advice on anything epicurean, let alone be writing about it? Anonymous, Middleburg, VA

A: Good question “Anonymous,” but if you’re going to email someone anonymously, you

may want to take your name out of your email address and Internet header. It really kind of kills the whole point.

Bloodline is your answer. I’m the 4th of now six generations of restaurateurs. My great grandfather and grandfather ran full service inn’s in Krakow, Poland before immigrating in 1938. In the ‘70’s my family had eight restaurants running at once. The smallest, a four-diamond that seated 50, and the largest a huge, expanded mansion that sat 1,650.

I grew up and worked in the latter, the family’s flagship property called “Dibble’s Inn” outside of Syracuse, NY. My childhood consisted of child slave labor with a mixture of hands on learning and

helping people regain composure after doing a face plant in one of our fountains after four hours of open bar.

My earliest memory is of scooping ice cream on Saturdays at the ripe old age of seven on a stepping stool my grandfather made so I could reach into the freezers. From then on, it was a pretty strange childhood as my Dad “fast tracked” my brothers and me.

I thought every kid had to clean and debone 400 whole roast-ers (chickens) every Tuesday afternoon after school. Wednesdays we’d break down all the sides of beef that come in for the weekend. Thursdays we’d load into a 1969 International Scout and go collect the local produce needed for the

week from the local farmers. Friday days, we’d prep it all. In between all of this madness we’d have to service the scheduled banquets, business meetings and buses and buses of tourist groups (filled with blue hairs).

During two weeks of the summer I would get sent off to a CIA-sponsored summer camp titled “Camp for Kid Cooks.” While other kids were camping and canoeing, I’m learning Béarnaise and how to make a sour dough starter. How messed up is that?

Our trade was large banquets but our specialty was weddings. Huge weddings. 500+ people, three or four of them at once. Many at \$3.99 for a 40-piece buffet and \$4.99 for a four-hour open bar. Then, we’d tear it all down and prepare for 1,100 inebriated Shriners to come in for surf and turf with banana fosters for dessert followed by an evening of dancing and debauchery.

I’d always check the fountains before heading home.

The entire time we’d have a three-diamond formal dining room open to the public that seated 75 (coat and tie required) under the watchful eye of my mother, “Mrs. L.” that was booked months in advance.

I worked as a line cook’s helper from the age of 11 until 16, and then my brothers and I would rotate working as head expediter for the formal dining room. I worked with CIA-trained chefs as well as off-the-street 30-year line cooks who were alcoholics.

My Dad used to salt the cooking sherry to cut down consumption and improve performance. Some had a better sense of taste and palate then most of the CIA graduates. Nothing beats experience. So I watched and learned. If Chef passed out in the beer cooler, I’d take over the line.

My Dad was a perfectionist (stickler) about many things. The biggest was that everything (and I mean EVERYTHING) was made from scratch. Figure that out; you’re cooking for the better part of 3500 people every weekend and the stock, the gravy, the bread, each and every garnish was made from square one. I don’t think you see that around much these days.

I was shipped around to different family restaurants for short periods. (This was to help the family decipher better what type of restaurant you would best fit into upon gradation from college.)

I cooked my way through college and continued to take courses. I was the first (in four generations!) to leave the family business. Needless to say I’m the outcast. But my life took a much better road than having to deal weekly with brides worried about the quality of my tomato sauce for the ziti and if a six-tier cherry cheesecake will feed 500.



So am I qualified? Probably not, but I’m a damn good cook and it’s ingrained in my soul. I’m pretty confident I could bury some of those chefs in the “Iron Chef” challenge on Food TV.

Q: I loved the “No Beast Feast” article you wrote about vegetarian cooking. What else can I do with Quinoa? I read that it’s a “superfood.” What does that mean? Lindsey, South Riding, VA

A: It is a superfood, with a cup serving containing more protein than a 12oz piece of filet. Go here <http://www.quinoa.net> to find out the facts. There are a lot of different ways to cook it. This is one way I’ve been preparing it lately with fresh veggies from the Farmer’s Market.

Quinoa Sunflower Stuffing

This is a protein packed, savory stuffing. I’ve used it to stuff zucchini, eggplant, acorn squash or I’ll put a scoop under a chicken breast and bake it. It’s great.

- 2 glugs Olive or Canola oil
- 3/4 cup Quinoa rinsed well, drained
- 1 med Onion, chopped
- 3 lge Celery ribs, chopped
- 12 oz Mushrooms, sliced
- 2 lge Carrots, grated
- 3 cloves Garlic, minced
- 3 med Sage leaves, crumbled
- 3 med Basil leaves, crumbled
- 2 med Thyme, sprigs, crumbled
- 1/2 tsp Fennel seeds, crushed
- 1/2 tsp Dried Oregano, crushed
- 1 Tbl Tamari™
- 1 cup Sunflower seeds, toasted
- Dash Sea salt

In a cast iron fry pan over medium high heat pour in the sunflower seeds and toast them until they are light brown. Plate and set aside. Heat the oil in a large sauce pan. Add the onion, salt and sauté, after 2 minutes add the celery and sauté for another 3 minutes.

Add the mushrooms, carrots, garlic, sage, basil, thyme, fennel seeds, and oregano. Sauté until the mushroom and carrots soften and most of the juices have evaporated, about 5 minutes.

Add 1 1/2 cups of cold water, Quinoa and Tamari and bring to a boil. Reduce heat to simmer and cover. Stir occasionally until the water is absorbed, 15 to 20 minutes. Fold in the sunflower seeds. Stuff something with it.

Q: Someone told me you gave a killer “Brew Butt Chicken” recipe last year? Can I get it again please? Mark T. Aldie, Va

Continued Page 14

CAVEAT EMPTOR

SEVENTH INNING STRETCH

ALEX CUDABACK

Did you hear the new one about Kwame Brown? No? Who cares. Just don’t let the door hit you on your way out.

This was originally, or at least as of June 28th, going to be another piece about your Nats.

It was going to be a happy little piece about the warm-fuzzies everybody around town gets when they talk about “our Nats,” “our boys,” “our team,” about how was it even possible what those wacky kids from Montreal were doing to the National League East and the rest of baseball, turning the whole kit-and-kaboodle right over on its head, beating people night in and night out, scraping together wins while somehow scoring fewer runs than every other team out there.

To put the whole thing in perspective, my high-school baseball team scored more runs than the Nats on a regular basis, and we set about every record there is for fewest wins.

Ever.

On any level.

By teams both alive AND dead.

But I digress. This was to be about warm-fuzzies. But then a remarkable thing happened. The same people who brought you Congressional Hearings on steroids in baseball decided to stick their noses into the upcoming sale of the Washington Nationals.

Somebody brought it to the attention of Rep. Tom Davis III (R-Va.) and Rep. John E. Sweeney (R-N.Y.) that an individual in one of the potential ownership groups bidding on the Nats was none other than left-wing liberal bogeyman

George Soros.

For those of you not “in the know,” George Soros is to Republicans what water was to the Wicked Witch of the West: an overly powerful cleanser. Just kidding! Soros is a very real pain to Republicans, and not just because he has crazy notions about how to combat drug-use and who should be running the country (legalization of marijuana and clean needle programs on the former, anyone not named George W. Bush on the latter.)

The real nuisance is that Soros is a billionaire and so has the cheese to get his messages heard.

The last thing Davis and Sweeney want is a guy like Soros hanging out in the owners box at RFK, looking down on them (literally! Gasp!), handing out subversive anti-Bush propaganda, and lighting up doobies during the seventh inning stretch.

Davis and Sweeney simply can’t stand it. The very notion is repugnant, particularly to a guy like Davis who flexed a fair amount of political muscle to get the then-Expos relocated to Northern Virginia and then had to watch as the bow-tie wearing Mayor of Washington, DC, Anthony Williams, somehow get the team relocated to HIS sandbox!

Davis will cover up this whole mess by pointing out what a “polarizing” figure George Soros is. That’s really the problem, Davis will say.

How’s that, I ask? How is it he’s more polarizing than Marge Schott? She was a racist, remember. She also had a special place in her heart for Nazi memorabilia.

How about George Steinbrenner? Remember him? He’s a convicted felon, same as So-



ros. Steinbrenner was pardoned, they’ll say. Soros was convicted in France, I’ll counter.

What about Fred Malek, Davis’s apparent personal favorite candidate for Nats’ ownership? He’s a massive fundraiser for the Republicans. He used to own the Rangers with George W. Bush. He also helped Richard Nixon ferret out a “Jewish cabal” that was making him look a fool from over in the Bureau of Labor Statistics.

The point here is simple. Tom Davis, John Sweeney, and any of their other friends who see liberal conspiracies lurking around every corner need to take a deep breath, take a step back, and remember a couple of things: they are elected officials, first of all, elected to do a job, which, as far as I’m concerned, has nothing to do with baseball; and second, they should check in all their friends’ closets before pulling skeletons out of the closets of their enemies.

Who buys what baseball team is up to Major League Baseball, nobody else. And any elected official that tells you otherwise is not only wrong, they’re taking dangerous advantage of their elected office.

You may always reach Alex Cudaback at cuda2@yahoo.com

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THE EDITOR’S DESK

MOVING ON

Our highest esteem and gratitude go to the majority of Town Council members who voted in favor of The Salamander Inn proposal, thereby ensuring that 350 rolling acres of pristine hunt country retain their character and integrity.

Our hats are also off to Sheila Johnson, owner of the 350 acres, who withstood the slings and arrows of local Luddites for over two years with grace, civility and a commitment to the traditions we all revere.

Why did it take so long to accept Dr. Johnson’s offer to pay for our new water system?

How is it possible that a day before the July 14th Town Council Meeting at which the final vote was taken, certain members of the Council still did not have all the facts at their disposal

Never mind. Thanks to Mark Snyder’s ability to see the situation clearly, and to argue a powerful case for Middleburg to Dr. Johnson’s lawyers, we all won.

It won’t be long until everyone in and around Middleburg will be taking credit for clairvoyance and perspicacity as Salamander Inn rises in its beautiful park to become a refined and welcome addition to the environs.

Let’s forget the fight and welcome the decision.

Middleburg Eccentric welcomes and encourages Letters to the Editor. Letters must be signed and include writer’s name, address and daytime phone number. Please submit letter via email: editor@mbecc.com or P.O. Box 1768, Middleburg VA 20118

LETTERS TO THE EDITOR

To the Editor:

Re: “Not known locally” in Milton Seaton story in the 1987 History of Middleburg I covered that case in detail. At that time the “wanted poster” for Seaton’s murderer hung in the town office. So I’d say there are scores of people who knew about the case — if they were the least bit observant. Read your history before writing about it.

*Eugene Scheel
Waterford, VA*

To the Editor:

We have all seen the horror that has just taken place in England - Dear old London and its people attacked. But as we’ve also seen you will not break the spirit or resolve of a Londoner. I know, I AM A LONDONER!

A couple of weeks ago I received a copy of my June advertisement with a note scribbled on it, unsigned with no return address. I was going to ignore it, as one does with blatant ignorance, but this terrible tragedy occurred, and I thought NO! We must nip in the bud stupidity and unpleasantness no matter how small.

So I say to the silly little individual who mailed this, GET A LIFE, GET A JOB - you obviously have more time on your hands than should be allowed; and since you are such a bright spark, why don’t you volunteer as a proof reader for this great local paper.

In the meantime, I shall continue to wisely treat such insignificance as you with the disdain you deserve.

*Feisty Londoner
Pauline Wisdom
Wisdom Gallery, Middleburg, VA*

RANT & RAVES

BLOOMFIELD HEIGHTS

PAUL HODGE
PRESIDENT, UNISON PRESERVATION SOCIETY

July 2, 2005
Loudoun County Board of Supervisors:

The Unison Village Historic District, a Virginia State Landmark on the National Register of Historic Places, is threatened by a totally inappropriate subdivision proposed for the Bloomfield Road on the edge of our rural historic district. The proposed “Bloomfield Heights” subdivision would be larger than the village itself, dramatically increase traffic in our village and threaten our limited water supply.

The Unison Preservation Society, which created the historic district, is concerned that such a suburban-style subdivision, the first of its kind proposed in our area northwest of Middleburg, would destroy the integrity of our historic landmark village and the rural farms and roads around it, an area which historian Eugene Scheel has called one of Virginia’s best preserved historic areas.

The village, one of the first five settlements in Loudoun County in the 1730s, and the narrow, winding rural (and mostly dirt) roads that lead into it, with their stone walls and old trees, has remained virtually unchanged for more than 150 years.

The Unison area has been described by The Washington Post and other publications as a tourist destination for those wishing to see Virginia’s historic countryside, where Mosby and his raiders galloped and the Civil War battles of Middleburg, Unison and Upperville were fought. Bicycle groups regularly pedal out here. Buggies and four-in-hand coaches drive in and around Unison regularly. And Unison is home to the Piedmont Hunt, the nation’s oldest fox-hunting organization, which regularly meets in the village and uses village roads.

This proposed subdivision, which apparently would use A-3 zoning to put about 30 houses on 90 some acres 200-300 hundred yards outside the village historic district, would also adversely impact the county’s own Beaverdam Creek Historic Roadways District, which includes Bloomfield Road.

There would be pressure from the new residents of a large subdivision to pave and widen the dirt road section in front of it. We are absolutely opposed to ANY paving of roads around our village, any widening of roads and any destruction of historic stone walls and trees. We believe that any state

approved or funded road changes adjacent to a state/federal historic district must be reviewed by state agencies and would require public hearings.

A large suburban subdivision of new houses in a bare field on an exposed hill overlooking the village not only would be an eyesore and out of place in an historic rural area, but would double the traffic and endanger residents in a small village that has no sidewalks and extensive pedestrian traffic. And the profusion of wells and septic fields in the subdivision could have a disastrous impact on the village and surrounding homes, in one of the worst soil-perking areas of the county and one of the county’s worst areas for well water.

And were such an inappropriate subdivision to be approved, we are concerned that it would set a precedent for additional subdivisions, and in a domino effect, overwhelm a celebrated and historic rural area of Loudoun.

GROUND WATER: The Unison area has a notoriously poor well water supply, with many houses only a few hundred yards from the proposed Bloomfield Road subdivision having less than a gallon a minute and many relying on water holding tanks with outside water trucked in regularly. A project of this size could drain water away from the wells of already deprived residents. Water tests are mandatory to assess the COLLECTIVE impact on nearby property owners of the wells of some 30 large houses (larger than any houses in Unison). We cannot believe it would have no impact.

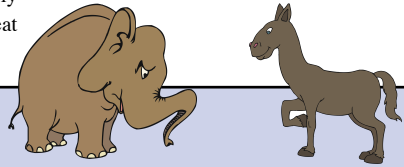
SEPTIC FIELDS: In an area notorious for poorly perking soil, we find it difficult to believe that some 30 new closely-packed septic fields, on a hill lying above the village, will have no effect on its downhill neighbors. Any septic seepage into the groundwater supply or into the collector streams that feed Goose Creek, a public water supply, could have disastrous health effects. The COLLECTIVE impact of so many septic fields on a congested, elevated site must be studied.

TRAFFIC: Such a large subdivision on a rural dirt road, going into a village with no sidewalks and many houses 10-15 feet from the roadway, and with every day and evening pedestrian, horse and bicycle traffic, would be a safety hazard and dramatically increase the noise and exhaust pollution for the historic village.

There is virtually no speeding and are

RANTS & RAVES

Each month in this space Mark Tate (Red) and Dan Morrow (Blue) provide absolutely definitive, perfectly reasoned and indisputably global solutions to all the world’s great problems . . . In around 150 words or less.



RED VS BLUE

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

MARK TATE

SHOULD PRESIDENT BUSH NOMINATE WHOMEVER HE WANTS TO THE SUPREME COURT VACANCIES OR SEARCH FOR A CONSENSUS CANDIDATE?

With the announcement of the retirement of Supreme Court Justice Sandra Day O’Conner President Bush has one of his most important responsibilities of his Presidency in front of him, appointing a new Justice to the US Supreme Court.

The President has come under great pressure to replace Justice Sandra Day O’Conner with a consensus candidate that will be easily confirmed. Many of my left wing friends believe this is a good idea. I think they have forgotten we elected a President that made it abundantly clear he would nominate Conservative

Justices that would strictly interpret the law. And they also forget that he was re-elected by a healthy margin after making this promise. I believe it is foolish to expect President Bush to nominate anybody who does not fit the promise he made in his campaign for reelection. Elections have consequences and President Bush was very clear when he spoke about who he would nominate to the Supreme Court. And many of us voted for him just for that reason. I hope and expect President Bush will nominate Justices that reflect his values

SHOULD THE STATE OF VIRGINIA ACT TO PROTECT PROPERTY RIGHTS AFTER THE SUPREME COURT DECIDED THAT IT WAS OK FOR THE GOVERNMENT TO TAKE YOUR PROPERTY AND GIVE IT TO SOMEONE ELSE IT BENEFITS THE PUBLIC GOOD?

Recently the Supreme Court ruled on and important case allowing governments to use the power of eminent domain to take away your property if the taking benefits the public. This was a shocking ruling effectively undermining one of the basic tenants of capitalism and one of the primary duties of government -protecting property.

This case allowed a town to take property from one citizen and give it to another in order to benefit the public good through some sort of economic development project.

Imminent Domain has always been

a tool government has had to take property after just compensation to help the public good. But it has been understood that it should be used sparingly and only as a last resort. Now it seems the state or town can take property if it thinks it can do some good with it. Does not matter that it belongs to someone and the owner is doing what he thinks is best (and paying taxes). I hope that the Commonwealth of Virginia quickly acts to further protect property in Virginia. We cannot expect economic good times and prosperity if property owners live in fear of government deciding it should take your

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

DAN MORROW

George Bush shouldn’t appoint ANYONE to the Supreme Court, much less whomever he wants. Unfortunately, thanks to the Supreme Court in 2000, and leaked news Osama Bin Laden’s rumored personal acquisition of weapons of mass destruction from Saddam Hussein in 2004, Mr. Bush IS the President and, unfortunately, probably WILL appoint whomever he wants.

The only hope for those who fear for our liberties is that the Republican members of the Senate will rediscover their man-or-woman-hood, and, at the very least, oppose the appointment of another

Scalia or Thomas. If that’s too much to ask, maybe they can just stand aside and let others oppose them using the tools provided by the Constitution.

Otherwise, perhaps we can persuade Karl Rove to leak the news that stem cells can be drafted. George can then use his War Powers to make them all Second Lieutenants, and ask them to sacrifice their microscopic lives for their moms and fellow men on the Petri-dish beach-heads of the war against disease and suffering. If he’ll do that I’ll vote to ban the burning of nano-flags.

I’ll admit it. In essence, the Supreme Court has voted to allow the Town Council of Middleburg to decree that a Sheetz and a strip mall would provide more revenue and jobs for the town than the Red Fox Inn and its neighbors . . . and on that basis, exercise imminent domain. Though I doubt that such a thing would happen here, it is, indeed, theoretically possible . . . just as quantum theory allows the theo-

retical possibility of the spontaneous (and instantaneous) self-destruction of the universe.

I will agree with Mark that imminent domain should not be exercised to serve the needs of private enterprise. If private-sector developers want property, let them pay what the market will bear and build only what the law and good conscience will allow.

property because it can make better use of it. Thankfully the current slate of Republican Statewide candidates for Governor, Lt. Governor, and Attorney General have

promise to do just that, act quickly to protect our property rights and not allow the state to take land for economic development reasons.

almost no accidents on our dirt roads. But there is constant speeding and running of stop signs on the paved section of road in and around the village, and a number of accidents on the paved roadway. In the last few years we have had one dog and at least two cats hit by speeding cars in the village, on the paved section, and one elderly woman resident walking a dog was knocked into a ditch by a car that refused to slow down. I don’t know the figure the county uses to estimate increased traffic from new homes, but I believe some 30 new large homes, with 2, 3 or 4 cars each, and multiple driv-

ers, might generate close to 100 or more car trips a day through the village, which could come close to doubling our current traffic.

Virginia officials praised Unison and its residents when the state approved creation of our historic district in 2002, because we proposed and founded it ourselves, and had unanimous support for it, which is unusual for Virginia historic districts.

We spent well over \$10,000 to create our historic district, funds donated by residents, neighbors and friends, and have raised close to \$20,000 more in small individual gifts to plant trees along village

and nearby roads, help restore our two 200-year-old cemeteries and to help protect and preserve one of the most historic and best preserved villages in Loudoun County. We ask and get few public benefits from the county, having no crime (except speeding and stop sign violations), rarely have a fire, and have relatively few children of school age.

The Unison Preservation Society is not elected and we do not claim to speak for residents on every subject. But I can tell you on one subject we are almost certainly unanimous. We do not want to see a massive suburban subdivi-

sion suddenly dropped on the edge of our historic village, impacting our traffic and historic roads and endangering pedestrians, our groundwater supplies, our daily lives and our home values. For this proposed subdivision will diminish the value of historic properties in and around the village and significantly alter the nature of our rural area.

We ask that zoning, planning, health, water and sewer, traffic and other county and state regulations be interpreted and enforced strictly in regards to this proposed out-of-place subdivision. The county should not be

helping or expediting an out-of-town developer’s money-making, maximum-development plan, but should work to protect the homes and investments and way of life of the hundreds of rural area residents who live here.

We have worked hard as citizens to create an historic district and improve and preserve this scenic and historic part of Loudoun and will continue to do so. We hope you share our pride and will do whatever you can to protect one of Loudoun’s earliest and most historic villages.

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PASTIMES

HOW TO COMMISSION ORIGINAL ARTWORK

THE ART OF ART

TOM NEEL

Art is considered an emotional possession. It is also often the focal point of a room, making it a rather important element indeed.

With this in mind, it is good to remember that your art reflects a bit of you, because it's very likely to be viewed and influence others in this way.

Your art may say you enjoy travel or music or that you cherish your family in the form of a portrait or classic beauty in the form of a still life or that you love the area in which you live as seen in a landscape. Whatever you choose, face it, art is, at least in part, a reflection of its possessor and therefore deserves reasonable consider-

ation. So, how do you go about finding the art that is right for you? It would be simple to say, if it feels right, it possibly is. Simple or not, this is not bad advice. The "beauty is in the eye of the beholder" theory really does ring true here. But maybe you have looked at paintings, visited galleries or art exhibits and just not found the right piece for you. It may then be time to consider commissioning artwork. Commissioning artwork can be a fun and very rewarding experience.

Let's look at how you might go about achieving the results you desire. First, every artist has a style, a medium and subject matter with which they feel most comfortable. My best advice with any com-

mission consideration is to be attracted to those elements first, thus making it more likely to get the results you wish.

Matching your tastes to that of an artist's is the key to your success. The point is not to ask an artist to paint what you will like, but to have him or her paint what you both will like. If you love lively bold colors in oil, find an artist who does as well.

There are some exceptions in artists with more than one style, but you should see what you like in their work, not force it out of them.

It's likely that if you are at this point you've been looking at art and have some feelings as to what you do like. The next step can then be taking the approach of using clippings from magazines

to shape your vision just as you do when you prepare to decorate a room.

Gathering examples of things or elements you like in a painting can be helpful to both you in the conformation of your taste, but also to the prospective artist with whom you plan to work. If you find something that really appeals to you, you might begin by asking that artist if he or she does commissions.

Perhaps it's as simple as creating something similar, or asking that artist to show you other examples of their work which might become the inspiration for the exact painting you want.

You should know that not all artists accept commissions. Some simply choose not to do so.

As an artist, I have personally found commissions to be a very rewarding experience, but I respect artists who, for one reason or another, do not feel comfortable accepting commissions. Should you contact an artist who does not accept commissions, it's best to move on.

Be sure you look for an artist who has a professional attitude. Someone who looks forward to sharing this creative experience with you. That doesn't mean you'll be doing the painting, but your opinions are part of the creative experience and you should feel comfortable that your contribution to this collaboration is appreciated.

It should also be fun. Here are a few other helpful tips you should consider:

The artist you choose should want you to feel comfortable with your mutually agreed concept for a painting. Some are happy to pro-



vide sketches to help you visualize the final work.

The artist is likely to ask for a deposit. Realize that these paintings can be of very specific subjects like "your children," or "your house," the artistic process you've commissioned will result in a work specifically for you.

Once the artist begins your commission, let them create the work with as little interruption as possible. Your important role in this process is to do your advance work well as you search for styles and an artist with whom you feel comfortable.

Important note: if you are working with a designer, be sure to convey to that individual the feelings you have about the painting. In fairness to designers, they are most likely concentrating more on factors such as color or style than they are on your emotional expectations for the commissioned art. To receive a painting that you really love, it must evoke both your emotions and your expectations. If it simply compliments your color scheme, you will not be happy.

When working with a gallery to connect to an artist whom you wish to commission, I highly suggest that you speak directly to the artist during this process. Telling the gallery what you want and letting them convey your wishes to the artist is a recipe for problems and unhappy results.

So, it's now time to find that artist and commission something special just for you!

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Phoenix Hill

Middleburg, Virginia

Lovely brick colonial with 5 spacious bedrooms and 3 1/2 baths. Located on 14 pristine acres bordering Goose Creek in Middleburg. Improvements include inground gunite pool, pond and two paddocks. \$2,100,000.



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Rocky Mist Meadow

Delaplane, Virginia

Immaculate 4 bedroom, 3 1/2 bath brick colonial on 26 +/- open rolling acres bound by Goose Creek. Highlights include great room with two-story gas fireplace, well-equipped kitchen, large master bedroom and bath with jacuzzi tub, and gorgeous views from every window. 3-car garage and shed. \$1,200,000.



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PASTIMES

TOO MANY CONUNDRUMS IN MY KITCHEN

WELCOME HOME

WANDA K. CROSSLEY

Where will my collection of blue & white china go? This was my first question when we decided to renovate the kitchen. I know this sounds silly, but for all passionate collectors, this is what makes remodeling exciting. I wanted a down-home, Swedish style kitchen with a simple look, but with many of the modern bells and whistles. And, oh yes, I must have a work island to seat at least four family members. Now that shouldn't be too hard, right? If you are renovating a kitchen, prepare yourself. Especially if you are doing some of the work yourself. It takes twice as long as you anticipated and at least 20% more than what your budget allows. When it comes to kitchens, style is important, but function rules. Living in a small stone farmhouse, I have limited floors space with which to work. I must make serious trade-offs just to fit in the island I covet. A convenient first-floor laundry room was banished to the basement. I moved a darling powder room to a large closet, and I took out some walls and moved some doors – just to make room for the island. It was important that the kitchen feel cozy and intimate. After the basic layout was

carved in stone, decisions had to be made about scores of details. There are numerous styles and coloration of cabinet doors. There are a million different drawer pulls. There are several different kinds of counter tops, some take stains, and some won't. Marble tops only come in limited colors, so you may not find exactly what you want. Sinks can be top mounted or under mounted (which are much easier to clean). Some sinks scratch, some don't. Faucets must complement the overall kitchen style. I'll admit that it was hard to stay focused on my original style concept without being tempted by all the new modern technology available for kitchens today, such as fancy appliances that do most of the work for you, and even flat-screen TV's that fold up or drop down under. To be sure, there have been many stressful moments. It was difficult to find someone to hand mill the customized legs for the island. Finding the perfect color marble required traveling all over Northern Virginia and Maryland. And you can never prepare for the phenomenal amount of continuous dust during demolition and construction. I did, however, learn some truly valuable lessons. Cabinets can be customized to hide all kinds of contraptions, such as ironing boards, mixers, spices, and even dishwashers and refrigerators. Also, cabinets can be made to look like pieces of furniture to add style and context to the kitchen. Above all, natural lighting can be beautifully complemented by warm incandescent lighting and several well placed recessed halogen fixtures. And by installing beautiful French Doors we ensured that the morning sunlight would bathe the back of the kitchen. There's so much more to do. And, to be honest, I'm still not sure where to put my blue and white china.

Wanda Crossley is the owner of The English Manor in Leesburg, Virginia

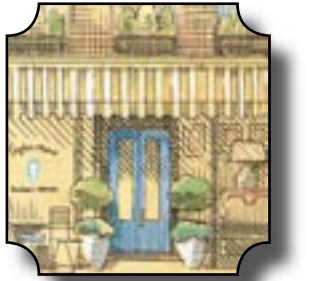
FROM MY 'BEHIND THE STOVE' MAILBAG

CONTINUED FROM PAGE 8

A: Sure here it is. I've gotten a lot of great feedback on this recipe. Remember the secret is tipping the chicken over towards the end of the cooking. Fallen Down Drunk Brew Butt Chicken Two important things to remember: 1) You've got to get the beer to temperature without boiling it so slow cooking is a must; and 2) You have to use a good dark beer. Important: Don't use Guinness. You don't cook with Guinness. You drink Guinness. 1 Young Roaster Chicken 1 can of dark beer, room temperature (I used an Amber Bock) 4 cloves of garlic, crushed

Q: You use a term in your recipes that I'm not familiar with. What exactly is a "glug" of olive oil? RKM, Middleburg, VA A: It's larger than a "drizzle" but smaller than a "dollop". Seriously, if you have a bar pourer on your olive oil, it's about a good three "Mississippi" count. If not, it's close to three tablespoons. Q: "I'm all out of ideas with what I can do with ground turkey. Can you give me some ideas?" Kendrick, Upperville, VA A: I know what you mean. There's only so much you can do. The biggest thing to remember since turkey is very lean and has little fat, mix in some herbs and veggies as this will give it moisture. Combine all the ingredients and form approximately 6 burgers. Make sure your grill is hot and clean. If not, these burgers will stick. Cook 3-4 minutes a

Mojito Grilled Turkey Burgers 2lbs Ground Turkey 1 cup Plain BBQ Sauce 1 cup Mojito mix (use Margarita Mix if you'd like - it's just as good) 1 cup Red bell peppers, diced 3 Tbs Fresh Basil, Minced (about 10 good size leaves) 1 tsp Ground Pepper 2 tsp Sea salt 2 med Ripe Tomatoes, sliced served on side side until they're done to medium. DON'T OVERCOOK. Turkey is very lean and dries out easily. Also be careful flipping, ground turkey is a bit more fragile than beef. Serve on your favorite roll with a nice slice of tomato. Q: I don't cook that much. In fact, I'm pretty lame in the kitchen so I need to keep it simple. What can I make for my future mother-in-law that will impress her? Help! Jeff, Unison, VA A: Reservations. Never experiment on family, especially your "future" mother-in-law. It'll come back at you in spades. Comment or catastrophes? fpts@middleburgeccentric.com



THE LOUDOUN COUNTY CANCER STUDY

TOPIC OF CANCER

GLENDA CUDABACK

Suddenly, there is a new twist on the importance of stem cells. Everyone's talking about stem cells. They are the basic building blocks of the body. They may have amazing power to heal and repair. They may also, it seems, control cancer. We all now understand that a stem cell's destiny is not decided until it is motivated to go down one of many, many paths to create organs, muscle, brain, blood, nerves and bones. Because stem cells are the origin of so much of our physical plant, it makes sense that they would also be the origin of tumors. Until recently, that logic was unproven. A recent study by Howard Hughes Medical Institute Investigator Carla Bender Kim and her team at the Massachusetts Institute of Technology indicates that the most common form of lung cancer may begin in a group of lung stem cells. The study was published in the June 17, 2005 issue of the journal Cell. According to HHMI, Bender Kim and her colleagues' work represents a leap forward in our understanding of the genesis of lung tumors, and could lead to earlier diagnosis of lung cancer in people. Lung cancer is the leading cause of cancer-related death in the United States, in part because it is usually detected at an advanced stage. If the disease has spread to other organs, there is only a two percent chance of surviving for five years. If, however, lung cancer is detected at an earlier stage, the survival rate surges to 50 percent over a five-year period. "There are many similarities between stem cells and cancer," said Bender Kim, a postdoctoral fellow in the Tyler Jacks Lab. "Cancer cells can continue to divide many times. Likewise, stem cells can divide over the lifespan of the organism." "Also, tumors are very heterogeneous, composed of many

different cells, and stem cells can give rise to different types of cells," Bender Kim continued. As yet, researchers do not know if stem cells play a role in more established tumors, but other scientists now report evidence that some human cancers contain a small but virulent group of cells known as "cancer stem cells" that regenerate the tumor, a capacity that most cells in a tumor do not have. Tyler Jacks, who heads the MIT lab, puts his finger on it when he said, "These may be the cells we have to eliminate in cancer in order to obtain durable cures for the disease. And, along the way, we need to know how these cancer stem cells become different from normal stem cells." Ah, do I understand this correctly? If we learn how normal stem cells respond to damage, we may learn how to reverse that process and, thereby, program cancer stem cells to revert to normalcy? This sounds like a chapter of the stem cell story I, and mil-

Cancer of all kinds, in individuals of all ages and demographics. If the county is growing faster than any other in the country, the incidents of cancer must be growing axiomatically. Or, sadly, faster. A study of this magnitude is expensive. It takes time, planning, money and commitment. But it would be an impeccable way to create something valuable we could trade for excellent, timely information about progress being made to address each of our own cancers. With perseverance, we might make a landmark contribution to cancer research ourselves. What could be cooler than that! Do I hear anyone else who'd be willing to join the Loudoun County Cancer Study?

Let me know. gcudaback@yahoo.com.

TROWBRIDGE-LEWIS GALLERIES OPEN IN MIDDLEBURG

Adrienne Lewis and her partner, Ronald Trowbridge, celebrated the opening of their new art gallery at 5 East Washington Street last Friday. "It's delightful to be here," Lewis said. "I am a collector myself and I hope to help our clients enjoy collecting art as much as I do." The gallery features original works from international and American artists. A 'Sculpture Showcase' is planned for September 10-11, and 'Works of The Masters' opens October 7.



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PHOTOS BY JAY HUBBARD



PATRICIA BARRAZA VOS

It is easy to explain the allure of hot air ballooning – big, bright, beautiful object floating quietly through the air, no loud engine, just soaring along, getting a bird's eye view of the countryside. What more could a person ask for? A competent pilot.

On my first ballooning adventure I am lucky enough to have such a pilot in Loudoun County's own Rob Thomas. He and his wife Cary have owned and operated Balloons Unlimited here for 19 years. As we drive from our meeting point near Purcellville to our launch site in Clark County I ask him about his, ahem, record, as it were.

"Well," he says with a chuckle, "They say you're only as good as your last flight." Cary reports with an understanding eye-roll that indeed, his last flight went as well as all the rest. Smooth sailing.

Seeking calm conditions is part of the sport and, since the hours just around dawn and dusk are usually the calmest, this is when launches are scheduled. Unfortunately, launching is not a quickie five-minute process, so being in place and prepared for a dawn launch means getting up and ready long before that.

All this is to explain why on a recent Friday morning I found myself in Rob's truck along with his wife, their trusty border terrier Wilbur, a nice couple from Washington DC, and fellow Middleburg Eccentric Jay Hubbard, driving west on Route 50 before dawn.

Coffee would have been nice but the company and the scenery were just right.

As the fields and morning fog and wandering deer flew by us, Rob filled

us in on his personal ballooning history.

His father, Dr. Clayton Thomas, a surgeon, had been a bit of a daredevil and amongst other pursuits had taken up skydiving. Not wanting to end up a widow with four children Rob's mother forbade her husband to jump from planes any longer.

"He took up ballooning in retaliation," says Rob.

Soon thereafter Rob himself was bitten by the ballooning bug – amongst others. He ran away from home, wandered about, and finally ending up in the Washington, DC area. Wanting to purchase his own hot air balloon, he took a job driving a cab and, after 10 months, had saved enough money for a balloon and an ad in the yellow pages.

A business was born.

That business has grown. While fielding calls of interest for his hot air balloon rides, Thomas also found himself receiving requests for regular plain old balloons. Not one to ignore an obvious opportunity Rob and Cary expanded their business to respond to requests for all types of balloons – helium balloons, balloon bouquets, inflatables, and hot air. Fittingly, they named their enterprise Balloons Unlimited.

Our crew this morning is diverse and yet somehow representative of "typical" hot air ballooning clients.

Karen Capata and Qi Lee (he encourages us to just call him Lee, and we all oblige) have arisen at 3:30 this morning to make the drive out from Alexandria. It is Karen's birthday and she is fulfilling a long-time dream of a balloon ride.

Jay is the only one of us experienced in the ways of ballooning, so naturally we assault him with ques-

tions about landings (questions he carefully deflects). At the field we are joined by our final passenger, Mike Herron. Mr. Herron received his ride as a retirement gift from his sister.

After what seems to be an awfully labor intensive set up process (for Rob, we passengers mostly just stand back and marvel at the beautiful silk being rolled out and inflated before us) we take off and float from Boyce, over the countryside, to Berryville – the Blue Ridge serenely and safely sleeping off in the distance.

Along the way Rob points out landmarks as does our fellow passenger Mr. Herron. There is so and so's estate, there is the old apple orchard, there is the growing town of Berryville.

Deer move about the fields and cattle amble out to the creek preparing for what appears to be a hot day in the making.

For a moment we are all silent – there is no noise at all, and you quickly understand what is so fundamentally appealing about ballooning. Ground-level sounds do bounce up to us but as we float over pastures and woods around seven in the morning the most one can hear is an occasional moo.

We take photographs and videotape our journey knowing full well that these technologies will never allow us amateurs to capture the beauty of the moment. We talk quietly amongst ourselves and stare out into the horizon. There is nothing about the experience that makes one long even remotely for it to end. Until the conversation turns to talk of our decreasing fuel supply.

A hot air balloon pilot can only really control his aircraft's altitude. So when enough time and fuel have

been spent, Rob begins to look for a place to land.

He spots an empty lot on the outskirts of Berryville and heads toward it. We begin to float lower, at one point cruising just over the top of a soybean field, then back up and over a treeline, then back down close enough over a recent development to wave and shout "Hellos" to residents having their morning coffee.

Finally Rob's "empty lot" comes into view and I realize it's an abandoned lot right next to the Food Lion parking lot. "Are we allowed to land here?" I ask cautiously.

"Well," says Rob, "An aircraft in distress is allowed to land anywhere. And a hot air balloon running out of fuel is an aircraft in distress." Again, the grin. This time without Cary to guide me (she's down below in the "chase" vehicle) I have to assume he's kidding.

Using a treetop for brakes we start to slowly descend when Rob tells us to hold on and brace ourselves (!) and then just like that, in what appears to be a graceful piloting effort, Rob brings the balloon down smack in the middle of the lot.

After another arduous process deflating and packing the balloon our jubilant little crowd heads back to Boyce to drop off Mr. Herron and continue back to Purcellville.

Everyone agrees the trip exceeded even their highest expectations. Champagne is offered (as is the tradition) but we are all quite happy to raise our bottled waters in the air in thanks to our much more than competent pilot.

To schedule your own ballooning adventure contact Balloons Unlimited at 703-281-2300 or visit their website for more details. www.balloonsunlimited.com



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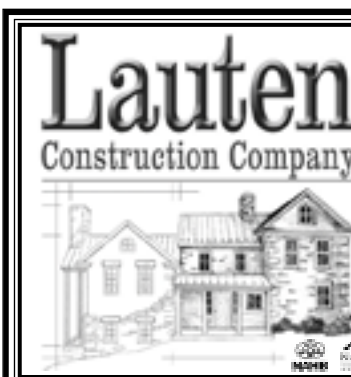
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THINGS TO DO

SPORTING LIBRARY HERALDS 'ANIMALS IN ART'

PATRICIA BARRAZA VOS

Currently on display at the National Sporting Library is an exhibit entitled, simply enough, *Animals In Art*. Perhaps the directors of the library thought it might have sounded too boastful to refer to it as "A Collection of Works by Some of the Most Respected 19th Century Artists of the British Sporting Art Genre." But they could have.

A generous friend of the Library was gently persuaded by Library Director Rebecca Tomlinson to loan a portion of her collection for the enjoyment of patrons and visitors to the Middleburg institution. The works on display reflect the collector's personal tastes as well as the input of those who gave her guidance as she built the

collection, including Middleburg's own Gordon Barton.

It is a little deceptive to refer to the exhibit as one of purely sporting art.

While the traditional fox hunting, steeple chasing and racing scenes are well-represented, so are images of animals of an entirely different sort. For instance, in the front foyer one finds two studies of a lion's head - powerful, majestic and appropriately terrifying - by William Huggins.

In close proximity, as if for contrast, take note of *Poodle Holding a Basket of Kittens*, an oil on canvas by one J. Hartung. Then, in the Founders Room, look for a two paintings that are both cute and frightening, entitled *Monkeys Riding Hounds* (an image that would be sure to give our hounds nightmares).



Whimsical choices aside, one finds a gorgeous and varied collection of the more traditional sort. Included among the paintings, sculptures and drawings are works by the J.F. Herrings (Senior and Junior), Richard Ansdell, George Earl, Arthur Fitzwilliam Tait, Alfred Munnings, and John Ferneley - essentially a who's who of the genre from that time period.

Most well represented is the work of J.F. Herring Sr. with a handful of paintings by his son J.F. Herring Jr.. The senior Herring began his career as a coach painter (a nice link to the Library which recently hosted the largest gathering of coaches and coach enthusiasts in the United States.)

Herring then moved on to become a coach driver, practicing his art in his spare time. Clearly his wealth of time spent around horses paid off in his artistic endeavors as we can see from his various paintings of barn yard and stable scenes.

Herring Senior's *The Start of the Derby*, an oil on canvas dated 1845, is proudly displayed above the fireplace of the Founder's Room. Though we must consider that it is the collector's least fa-

vorite piece, it is still an important work and one that draws in even the most lukewarm racing enthusiasts with its detailed depiction of the race start.

George Earl was an amateur artist who is mostly well known to those with an interest in dogs in art. Several of his dog portraits (*Swimmer*, an Otter Hound, *The Clumber Spaniel "Bruce"*) make clear why the aristocratic class sought Earl's talent (and, subsequently, that of his daughter) to capture the likeness of their hunting companions.

One piece that is slightly off-genre is Herbert Haseltine's *Rala: A Polo Pony*.

Haseltine, is, of course, a 20th century American artist, making this contemporary sculpture slightly out of place in the context of the exhibition. *Rala* is gorgeous, as all of Haseltine's equestrian sculptures tend to be and looks not the least bit out place.

The exhibition is open through the end of summer. Visitors are welcome during Library hours Monday 1 to 4 p.m., Tuesday through Friday 10 am. to 4 pm.

For more information please call the National Sporting Library at (540) 687-6542.

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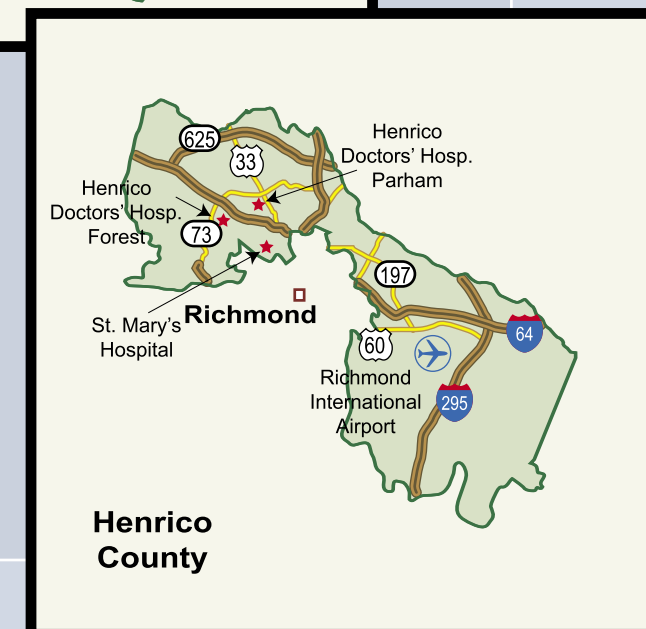
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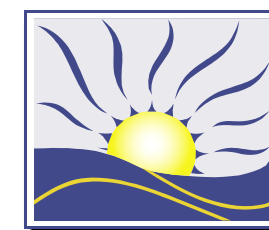


	Loudoun County	Henrico County
Population, 2004:	229,429	276,479
Hospitals:	1	3
Total Number of Hospital Beds:	155	931

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HILL SCHOOL

Rising 3rd grade Hill School student Lilly Potter will be appearing in the Sterling Playmaker production of the musical Annie. Performances are Friday – Sunday, July 29 – August 14th, at Potomac Falls High School. Tickets are available online at www.sterlingplaymakers.com or by calling 703-404-6969. The Sterling Playmakers are also offering the community the opportunity to “adopt” an orphan at each performance. For a tax deductible contribution of 10 dollars you will receive a button with your orphan’s picture and name on it to wear at the show, an adoption certificate, and, at the end of the performance, they will announce your orphan was adopted and the two of you will get to meet! If you would like to adopt Lilly (playing Orphan Bess) or any of the other orphans, please call Kathy at (703) 437-1387.



GRADUATE DANA SCOBAY AND MOM, RENATE

MIDDLEBURG
ELEMENTARY

Congratulations to the 2005 graduating class of Middleburg Elementary! On Friday, June 17, 2005, the following 5th graders were promoted to Middle School: Thorn Castillo, Quentin Harshman, Acey Hotchkiss, Michael Lloyd, Chloe Passarello, Omar Sandoval, Anna Smallwood, Markas Solomon, and Courtney Yates.

Several awards were also presented at the graduation ceremony. Acey Hotchkiss received the D.A.R. Good Citizenship Award, Chloe Passarello received the Art Achievement Award, and Courtney Yates was recognized with the Music Achievement Award.

THE RACE IS ON to Main Street Middleburg's First Annual

DOG DAY in AUGUST

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OCTOBER 11

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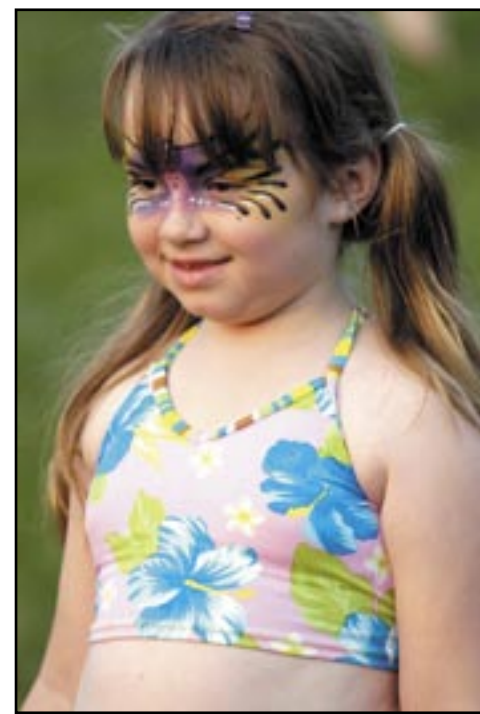
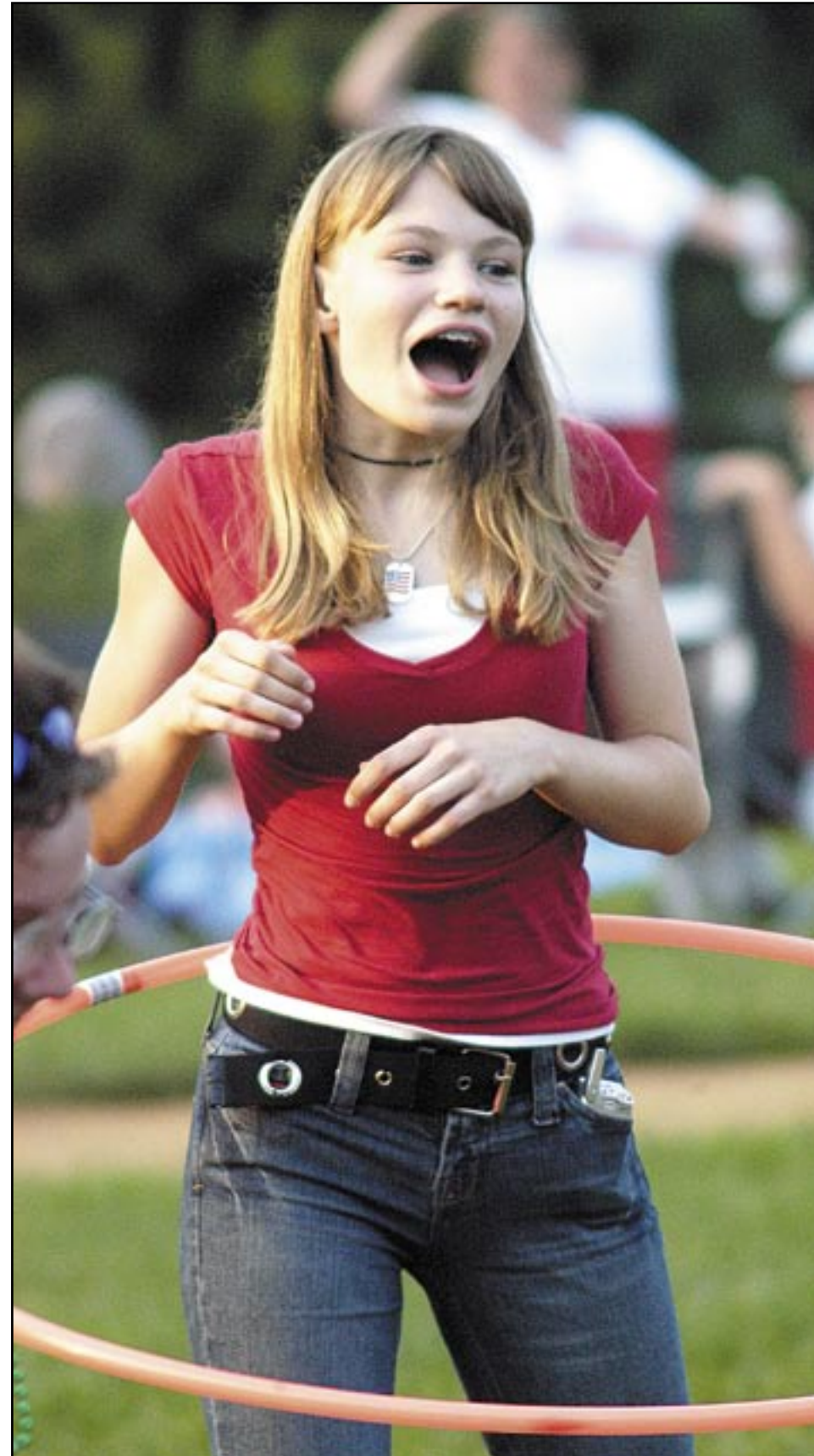
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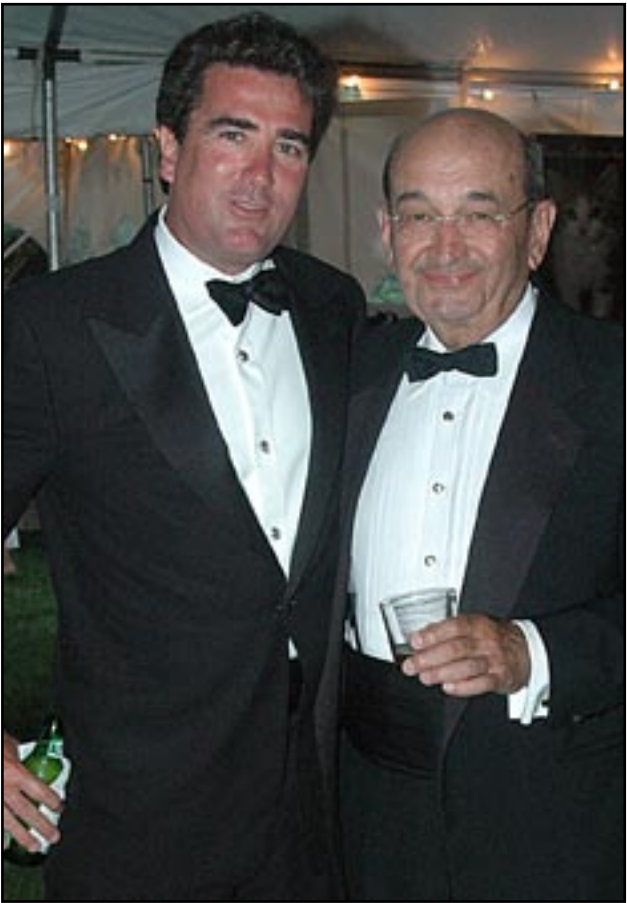
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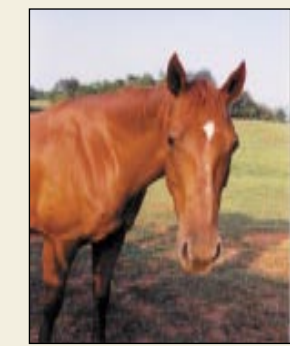
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ANN MARGARET is an absolutely gorgeous TB mare, about 20 years old but looks like a 4 year old! She is 16H, VERY easy keeper, sound and very healthy. She needs to be re-schooled since she has not been ridden in many years. Ann Margaret needs a home with an experienced rider to help her get going again.



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JOYCE - Joyce is a special old TB mare who had a tough winter. She is quite healthy now and just needs more groceries! Joyce is easy to handle and very gentle. She must be grained and would benefit from good pasture as well. A wonderful babysitter/ lawn ornament!

SCOTTIE - Scottie is a super cool 1 1/2 year old Pit Bull mix. He is great with cats & all other dogs. Scottie was raised in an apartment. He is very well mannered and quiet indoors. He requires a structured environment with adults only. Scottie is currently in obedience class. He is a big strong young man that our junior volunteers call Mr. Wiggle Butt!

DINGO - Poor Dingo. He is a cattle dog cross that was raised with small children. Unfortunately, he didn't have a job of his own so he continued to herd the kids into the closet and occasionally eat their toys!!! Dingo is a gentle dog. He is housebroken and well mannered but he really needs an interactive home with lots of fun things to do!

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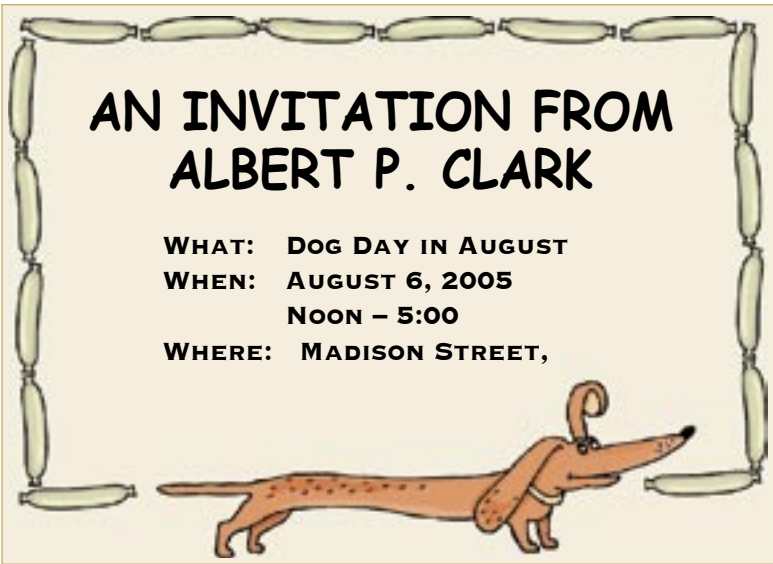
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I'm helping to host a party for dogs and their people in Middleburg on Saturday, August 6 from noon until 5:00. It's called Dog Day in August and it's going to be an annual celebration. In fact, the town is even closing Madison Street just for the occasion! Main Street Middleburg came up with this wonderful idea and they were kind enough to ask for my assistance in planning and putting on the event.

It's going to be a great afternoon for dogs, kids, and grown-ups. We've been working day and night to make sure this first celebration is a really, really good one. We've lined up a canine agility champion, the Middleburg Animal Hospital, Middleburg Humane Foundation, Wrapped in Kindness, Canine Companions, and lots and lots of other great organizations and people to participate. We're also going to have all kinds of fun stuff like a "pet psychic" (played by Tutti Pericone, one of the most talented people in town). We'll have tons of contests with terrific prizes too. And don't worry, we'll have lots and lots of water, treats and doggie ice cream on hand to make sure dogs stay cool and happy.

But here's a little secret I'll share with you now: I have never been a host for a party in my life! In my entire two years on this earth, I have never once helped to plan a celebration. Okay, we had a tiny birthday

On August 6, please ... come, stay, play.

Thank you. I hope I haven't sounded too desperate.

Your Furry Friend,

Albert

Albert, a Jack Russell Terrier, is Chairman of the Board of Wylie Wagg, a shop for dogs, cats, and their people, in Middleburg.

ANIMAL SHELTER PROGRAMS HELP
SPAY/NEUTER NEARLY 400 CATS

Two programs offered by the Loudoun County Department of Animal Care and Control during the month of June will help reduce cat overpopulation by allowing 384 cats to receive free spay/neuter surgery.

In honor of Adopt-A-Shelter-Cat month all cats adopted from the Loudoun County Animal Shelter during the month of June received free spay/neuter surgery.

As a result, cat adoptions increased 31% over June of last year. In total, 71 cats & kittens were adopted into loving homes.

In addition, Animal Care &

Control partnered with 10 local veterinarians to offer free cat spay/neuter vouchers for Loudoun County residents. Vouchers were available at the Loudoun County Animal Shelter throughout the month of June and are redeemable at the veterinarian of the owner's choosing until August 1.

The Animal Shelter distributed 313 vouchers total in the month of June.

"The Virginia General Assembly recently passed a resolution encouraging local governments to support the spaying and neutering of companion animals by providing incentives to local citizens (HJ

768)," said Operations Manager Tom Koenig. "These programs are the first step in our commitment to bringing this resolution to our community and we are very pleased with the results."

Funding for these programs came through sales of the Virginia Animal Friendly license plate. As a revenue sharing plate, a \$15 non-tax-deductible contribution is made to the locality in which the vehicle is registered.

Animal Care & Control is working on plans for similar spay/neuter programs for dogs during Adopt-A-Shelter-Dog month in October.

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David William Nelson II - United States Military Academy at West Point
Also accepted to George Mason University, James Madison University, Virginia Tech (\$6,000 Corps of Cadets Emerging Leaders Scholarship), and Virginia Military Institute
Andrew Nicole Mitchell - Marymount University
Also accepted to Emory & Henry College and Radford University
Justin Thomas Porter - George Tech
Also accepted to George Mason University, James Madison University, and University of Mary Washington
Maximilian Weinstein-Basel - George Washington University
Melissa Christine Atzoga - University of Virginia
Also accepted to The Catholic University of America (\$30,000 scholarship), and University of William & Mary, James Madison University, University of Mary Washington
Susan Anna Barasch - Flagler College
Also accepted to The Catholic University of America (\$30,000 scholarship), and DePaul University, Lawrence University, and the University of San Francisco
Brett Walker Brannen - Radford University
Also accepted to Lynchburg College (Thurston Scholarship \$40,000), Marymount University (\$6,000 scholarship), and Radford University
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Also accepted to Hampton University
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Also accepted to Bridgewater College (\$16,000 scholarship)
Warren Stuart Carter III - College of William & Mary
Also accepted to Emory University, Butler University, Marietta College (\$36,000 scholarship), Stetson University, and University of the Pacific (\$15,000 scholarship)
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Also accepted to Fairleigh State University, Longwood University, and Norfolk State University
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Also accepted to Lynchburg College
Therese Joyce Davis - George Mason University
Nicole Leigh Fink - Virginia Tech
Also accepted to Bucknell University and Rochester Institute of Technology
Charles Ray French, III - Virginia Tech
Bridgette Lynn Gleason - Oakridge University
Nicholas Joseph Kalka - College of William & Mary
Also accepted to St. Michael's College, and Christopher Newport University
Paul Richard Muller II - Longwood University (\$20,000 athletic scholarship)
Nathan Dane Hendley - Hampden-Sydney University
Jonathan David Hargy - Washington & Jefferson College (Scholars Award \$40,000)
Also accepted to George Mason University, Hampden-Sydney College, Nazareth College, and University of Mary Washington
Naomi Lee Jarrell - Virginia Commonwealth University
Also accepted to Davis and Elkins College (\$16,000 scholarship) and Marymount University (\$8,000 scholarship)
Dana Gordon Johnson - Coastal Carolina University
Also accepted to Virginia University
Colbert Charles Jones II - Butler Community College
Sherita Rene Leslie - Salisbury University
Also accepted to Hampton University and Virginia Commonwealth University
Elizabeth Ann Lippert - Wheeling Jesuit University (athletic scholarship)
Also accepted to York University, Randolph-Macon College, Pennsylvania State University, and Juniata College (\$40,000 scholarship)
Conor Dennis McFadden - Marietta College
Also accepted to Methodist College
Elizabeth Jean Miller - Wofford College (athletic scholarship)
Also accepted to Pennsylvania State University
Rebecca Lorraine Nason - Longwood University
Ashlynn Ann Nuckels - Davis and Elkins (athletic scholarship)
David Pradish O'Phelan - Farnam College
Also accepted to Northern Virginia Community College
Benjamin Stuart Oliver - University of Mary Washington (Honors Program)
Also accepted to Barry University
Fabrizio Orsini - University of Rochester
Also accepted to American University, Rochester Institute of Technology, Tulane University, Washington & Jefferson College, and Wake College
Kathryn Elise Petchett - University of Mary Washington
Also accepted to High Point University and Virginia Tech
Shawn Michael Radabaugh - Shenandoah University
Also accepted to West Virginia University
Brennan Taylor Rhodes - Virginia Tech
Also accepted to George Mason University and Radford University
Brittany Ann Russell - Georgetown College (athletic scholarship)
Jonathan Daniel Sayl - Northern Virginia Community College
Steven Daniel Seidley - Virginia University (athletic scholarship \$16,000)
Cameron Kyle Scott - Old Dominion University (athletic scholarship)
Colin Carey Smith - Radford University
Also accepted to Randolph-Macon College and Wingo University
Ben Jeffrey Spencer - Pfeiffer University (athletic scholarship)
Eric Karlsson Steamer - University of Virginia
Also accepted to Christopher Newport University, Elon University, and James Madison University
April Louise Taffler - George Washington University
Also accepted to American University, The Catholic University of America (\$44,000 scholarship), and George Mason University
Kelsey Graham Struder - Marymount University (\$48,000 scholarship)
Also accepted to The Catholic University of America (\$48,000 scholarship), Concordia College of Art and Design (\$16,000 scholarship), and James Madison University
Joshua Andrew Shukman - Virginia Tech
Marissa Jolene Dugan - Hampton Community College
Wynne Corey Thompson II - Radford University
Also accepted to Lynchburg College (\$45,000 scholarship), Mount St. Mary's (\$28,000 scholarship), and University of Maine at Orono
Jason Philip Ventrice - Virginia Tech (Corps of Cadets Emerging Leader Scholarship \$6,000)
Also accepted to Embury-Riddle Aeronautical University and George Mason University
Samantha Tyrell Welch - Wesley College
Also accepted to Chestnut Hill College, College of Notre Dame of Maryland, Immaculate University, and Marymount University
Michael Jonathan Wentz - Virginia Tech
Also accepted to Christopher Newport University, George Mason University, James Madison University, Longwood University, and Old Dominion University
Emily Ann Springer - American University
Also accepted to Marymount University (\$52,000 scholarship), Gettysburg College, and Tusculum University
Christina Marie Mangano - Elon University
Also accepted to Colorado State University, Hollins University, Marymount University, Radford College (\$16,000 scholarship), Roanoke College (\$24,000 scholarship), St. Louis University (\$18,000 scholarship), Sweet Briar College, Trinity University, University of North Carolina at Greensboro, and the University of South Carolina
Miss Albert Patterson - High Point University (athletic scholarship)
Andrew Arthur Burk - Colorado State University
Also accepted to Carleton University, George Mason University, Radford University, University of Colorado at Boulder, and University of Northern Colorado
Taylor Ann Chisum - University of Virginia
Also accepted to Miami University (\$15,000 Oxford Scholar), University of Mary Washington, University of Rochester (Seaver & Lundy Scholarship \$20,000), The College of William & Mary (James Monroe Scholar), and Virginia Tech
Nicholas Anthony DeVita - Virginia Tech (\$6,000 Corps of Cadets Emerging Leader Scholarship)
Also accepted to Christopher Newport University, George Mason University, Radford University, Randolph-Macon College, and West Virginia University
Angela Rebekah Glaser - University of Maryland
Also accepted to Clemson University and Old Dominion University
Robert Lawrence McMurtry - Providence College
Also accepted to Christopher Newport University and George Mason University

Join us for Open House on August 16, 5:00-7:00 p.m.
Call Catherine Struder, Admission Director, for more information or to schedule your personal campus tour!

Notre Dame Academy, 35321 Notre Dame Lane, Middleburg, VA 20117
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Frank Hardy, Inc. is pleased to announce the sale of *Heathfield*, circa 1872, a substantial and well-presented country residence beautifully set in its own tidy 50-acre sporting estate in the middle of Orange County Hunt Country. A 8,000 sq. ft. manor, 10,000 sq. ft. stable block, six paddocks, training ring and track, grooms apartments, office and studio, and a 25-acre field make this an ideal estate for foxhunting, the carriage enthusiast, polo, training, and hacking. And when the day is done, you can play tennis or swim in the private pool.

With sweeping southern views of rolling countryside in easement and surrounded by luxuriant landscaping, streams, ponds and forests, this French country manor home is one of the most charming and beloved properties in Virginia. We thank Armfield Miller & Ripley for their assistance in this sale.

Contact Bill Semple @ (540) 364-4823
wsemple@farmandestate.com

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Admission Open House

August 4 and 16
5:00-7:00 p.m.

Please contact
Mrs. Cathy Struder,
Admission Director at
540-687-5581 x3008
for more information.

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Middleburg, VA 20117



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The Ladies Board of Inova Loudoun Hospital, is proud to announce its

Hospital Rummage Sale

DATE

Friday, October 21st

9 a.m. – 4 p.m.

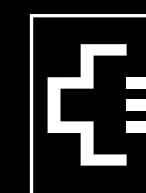
Saturday, October 22nd

9 a.m. – 3 p.m.

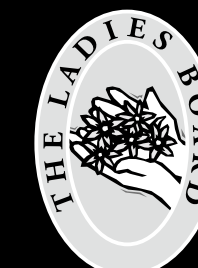
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please call 703-771-2985, or visit www.ladiesboard.org



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PROPERTIES IN HUNT COUNTRY

HORSEFIELDS



Piedmont Hunt Territory ♦Nr. Upperville, VA
♦Beautiful 5 bedroom stone house with lovely woodwork ♦Modern kitchen ♦1st floor double master suite ♦4 bedroom guest house with pool ♦14 stall barn ♦2 tenant houses on 140 acres **\$7,500,000**

WOODSLANE



Beautiful stone house ♦74 acres ♦5 bedrooms ♦5.5 baths ♦Pool ♦Stunning mtn views ♦3 bedroom tenant house ♦Exceptional equestrian facility ♦20 stall Belmont barn ♦12 stall center aisle barn ♦Indoor arena ♦Sand ring **\$5,100,000**

THE MEADOWS



Washington, VA ♦c.1749 Manor house ♦Greek revival wings added 1810 ♦Completely restored with modern fieldstone kitchen & grand living room additions in 1990 ♦Central air ♦Heated Pool ♦Paved driveway ♦Pond ♦21+ acres in the village **\$2,995,000**

CAELI FARM



Orange County Hunt Territory ♦203+/- rolling acres ♦With mountain vistas ♦Barn ♦Several old structures ♦Pond ♦Stone walls ♦Abundant wildlife ♦Beautiful views in all directions ♦Within five minutes of Middleburg **\$2,547,500**

CREEK HILL



Custom home ♦Approx 6,000 square feet ♦Beamed cathedral ceilings ♦Hard wood floors ♦Gourmet kitchen ♦Heated pool ♦Sited on 25 private acres with mountain views ♦Creek frontage ♦Ideal for horses ♦Terrific ride out **\$2,150,000**

ROKEBY ROAD



Prime location ♦5 bedroom, 3.5 bath, brick home on 7.5+acres ♦Sweeping views ♦Large pond ♦Formal living room ♦Den with FP ♦Open kitchen ♦Main floor master suite with bath ♦Sep. guest wing ♦New sun-room ♦4 car garage **\$1,295,000**

BLACK STAR FARM



Fabulous equestrian property on approx. 20 acres ♦Beautiful 3 bedroom residence ♦Wood floors ♦High ceilings ♦Open floor plan ♦6 stall center aisle stable ♦Lighted reg. size dressage arena ♦Board fenced paddocks ♦Great ride out ♦Near Middleburg **\$1,110,000**

MT. MARSHALL



Washington, VA ♦25 acre retreat ♦Spacious chalet style home ♦Fabulous views ♦10 acres fenced for horses ♦5 stall barn ♦Paddock ♦Ride miles of trails in Shenandoah National Park right from your own doorstep **\$999,000**

STILL CANNON FARM



123+/- acres in Warren County with beautiful rolling pastures ♦2 creeks ♦Private woods with spectacular mountain views ♦3 potential home sites ♦1 bedroom cabin overlooking stream ♦Secluded, yet convenient to I-66 ♦Ideal for horses **\$998,000**

For further information regarding the properties above or for any of your property requirements please contact any of our qualified agents. All inquiries shall be held in the strictest of confidence.

- * Donna Baker
- * Catherine Bernache
- * Mary Owen Chatfield-Taylor
- * John Coles
- * Rein du Pont
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