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COUNCIL MAKES COMMITMENT TO FIGHT AGAINST BREAST CANCER

Middleburg's Town Council has joined the local fight against breast cancer by waiving parking fees on Saturday, Oct. 4 in support of that day's Nanette's Walk, a two mile stroll around the town to raise money to defeat breast cancer.

The Council authorized The Cherry Blossom Breast Cancer Fund, conductor of the Walk, to place breast cancer-pink bags, with notes asking patrons to donate in the Town's businesses, over its 173 parking meters.

"We know the horrors of breast cancer", said Vice-Mayor Darlene Kirk, "so we were very receptive to The Cherry Blossom Fund's request to support Nanette's Walk and it was our idea to waive the fees and ask parkers to donate in

the shops and restaurants. We are Painting Middleburg Pink."

This year's Nanette's Walk was expected to raise more than \$30,000 before the Town's initiative, said its founder, James Atkins. "A Fall weekend in Middleburg attracts thousands of visitors", he said, "so this endorsement by our caring council members is sure to help us raise a lot more."

Council members also will personally contribute toward the Nanette's Walk. "We hope the community will reach deep into its pockets to join us in this fight", said Councilman Trowbridge Littleton.

The two mile Nanette's Walk starts at 9 a.m. Saturday, Oct. 4 in downtown Middleburg with its proceeds going to breast cancer detection and treatment for local women and for research to eliminate the disease.

For more info contact James Atkins, 703.447.2302 or Cindy Pearson, 540.687.5152

BETTY OARE CELEBRATES GOLDEN ANNIVERSARY WITH WASHINGTON INTERNATIONAL HORSE SHOW

ALEX CUDABACK

Over the years the Washington International Horse Show, back in the capital area for the 50th time in as many years, October 21-26 at the Verizon Center in downtown Washington, D.C., has drawn its share of notable guests, including Alice Roosevelt Langford, Presidents Dwight D. Eisenhower, John F. Kennedy and Gerald R. Ford, General William Westmoreland, Christopher Reeve, John Cleese, Bruce Springsteen, William Shatner, Zsa Zsa Gabor and Arthur Godfrey.

Perhaps one of the Show's best-known personalities, and something of a local legend, will be making a return appearance this year, for nearly the 50th time.

Betty Oare of Warrenton started coming to the show back in 1958, its inaugural year.

"My dad was in the horse business in Tryon, North Carolina, and the Washington International was a huge part of the Eastern indoor Fall circuit," she said.

We had met to talk a bit about her life and

the Show, both so powerfully intertwined, at the Middleburg Horse Show taking place in nearby Upperville. It's difficult to say what was most striking in that first meeting; her ease and grace around the people and animals so prevalent at any horse show, her generosity and kindness to an admittedly un-horsey reporter learning on the fly, or the fact that not a single person walked by without a 'Hello, Betty!' or a smile for a clearly remarkable woman who so obviously loves the sport and animals and people she's given so much of her life to.

"That first year we won the Virginia Horse Show Association Equitation Medal. 'Can Do' was a wonderful mare," she remembers. "And Sports Illustrated covered it! They had a section then, on the last page of the magazine, called Pat on the Back, and that's where we were."

The next year, Mrs. Oare, then a fresh-

Continued Page 24

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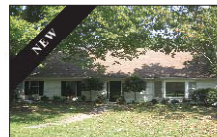
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For more on the church see its web site: www.middleburg.com or stop by 15 West Washington Street, Middleburg. Offices are open Monday through Friday, 9AM to 5PM. Sunday School begins at 10:00 AM. Sunday services at 11:00.

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NEWS OF NOTE

UNITED METHODIST CELEBRATES 150 YEARS

Middleburg's United Methodist Church formally celebrated its 150th anniversary on Sunday, September 21, 2008.

In April, Middleburg's Town Council unanimously supported a resolution praising the church for its community spirit, leadership, service and acts of friendship and compassion over the past century and a half.

In addition to its spiritual work, the 150-member church serves as headquarters for Seven Leagues, a five-church consortium that collects and distributes food, clothing and other supplies to needy families.

In a September 21 Washington Post article, Loudoun County's historian and mapmaker, Eugene Schell, quoted United Methodist's Ed Wright on how such a relatively small congregation manages to do so much good. "We don't fill our church with people," Wright said. "But we fill it with God's love."

For more on the church see its web site: www.middleburg.com or stop by 15 West Washington Street, Middleburg. Offices are open Monday through Friday, 9AM to 5PM. Sunday School begins at 10:00 AM. Sunday services at 11:00.



CHEFS, FARMERS MEET AND AGREE TO PROMOTE LOCAL, SEASONAL FOODS

ALISON BROWNETT

The Middleburg Business and Professional Association and the town's Office of Economic Development on August 25 hosted a Restaurant Symposium at the Red Fox Inn to discuss how local restaurants and producers can work together to take advantage of the region's abundant fruits, vegetables, wines and culinary talents. A panel of speakers talked about understanding the "fresh, local and seasonal" motto and how it has become a larger part of customer preference, developing relationships with local farmers, vintners, and meat producers and expanding customer base, and using different marketing strategies to sustain and expand clientele and promote a "taste of Piedmont."

Panel member Patrick Dunn, executive chef at Tuscany Mill Restaurant in Leesburg, said his restaurant incorporates local produce, including meats, into its menu whenever possible. Dunn

said she helps her maintain relationships with busy chefs throughout the county and beyond. During the discussion portion of the evening, Bohm introduced the idea of a joint marketing campaign, in which restaurants and producers join together to promote the area's businesses. Mike Kane of the Piedmont Environmental Council discussed his organization's "Buy Fresh, Buy Local" marketing campaign, which covers a nine county region and is designed to protect the rural countryside where farming occurs.

However, while showing the campaign's "newspaper flur" promoting different businesses and restaurants in the region, audience members Jay Trier of the Hidden Horse Tavern and Lisa Patterson of Mello Out expressed frustration that the paper does not list any establishment in Middleburg. While Kane maintained that restaurants had been contacted for inclusion in the flur, restaurateurs said they never received inquiries about the campaign's flur. Patterson made clear

her concern that the county and PEC of ten view Middleburg as a separate entity, which it is not. Panel member Warren Howell of the Loudoun County Office of Economic Development pledged that his office will make more effort to tighten the connection between the county and Middleburg restaurants and other businesses, and Kane said he would personally contact the town's restaurants for inclusion in future issues of the PEC's "Buy Fresh, Buy Local" campaign.

Participants topped the night off by feasting on local fare brought in by producers, restaurants and wineries, including Boxwood and Swandenberg Wineries. Plans are set for the next meeting, which will focus on "Meeting the Producer." Future sessions hope to continue the dialogue among all parties to share experiences, practices and ideas to help prompt an organized local movement to share with locals and visitors the specialties and special places in Loudoun County.

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NEWS OF NOTE

FINDING HOME: A CONVERSATION WITH URSULA LANDSRATH AND KEN RIETZ

KATE SEMERAD

Delaplane is where my heart is," says Ursula Landsrath. Her husband, Ken Rietz, concurs. "We have more friends here than anywhere we've ever lived."

The journey of Ursula and Ken, if plotted on a map, would look like the scratches of some very busy birds. The lives

of these two have been rich in excitement but also visited by adversity and sorrow. Now they are home, with all the comfort that thought brings.

Their beautiful new home sits on a hilltop with expansive views of Virginia's lush green rolling hills. The interior of the home has large comfortable rooms and a main floor without steps. There is a conservatory

that runs across the back of the house overlooking a "garden in progress."

"We were reluctant transplants from the West Coast when Ken was transferred to Washington," Ursula says and Ken laughs. "She told me she would follow me anywhere but Washington."

"And then one weekend we were invited by friends to attend



a horse race in Middleburg," they say, finishing each other's sentences. "We knew it when we saw it. We fell in love with the area immediately."

In the few years prior we had spent a year in London, another in New York and then opted to come back to Washington. When we came out here that weekend, we just fell in love with the feel of the countryside and the friendliness of the people," Ken says.

"We returned to explore the area and at some point we were on this remote country road in Delaplane, sitting in the middle of the road while Ursula studied our map, when she looked in the rear view mirror to see a car behind us. It was just sitting there, patiently waiting, not blowing its horn or anything, just waiting. Now where else in the world would that happen?"

Delaplane became home ten years ago; six years later, the Rietz heard that the Westminster Church and Cemetery property near the town's center was for sale and targeted for demolition.

So they bought the property, historically restored the Church, and are working on restoring the cemetery where some of

Mosby's Rangers and members of the prominent Ashby and Delaplane families are buried.

"We wanted to save it. It was too important not to save."

They have carved out an office for Ken in the basement. Upstairs in the sanctuary, art classes are being taught by well-known, local still life painter, Ria DeWitt. "It is a very special class, with very special people," Ursula enthuses. "We still have

one opening."

So what were the dips and detours on life's road that brought these two energetic people here?

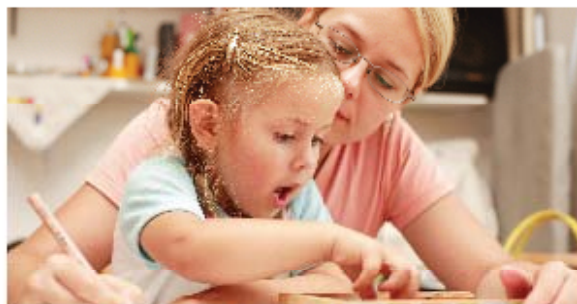
Ken started out in Wisconsin and came to Washington the first time to attend George Washington University. He left half way through his senior year to work on a campaign in Wisconsin. He stayed on to help a high school friend, Bill Steiger, be elected one of the youngest members of Congress. Returning to Washington with Steiger, Ken helped form one of the first political campaign consulting firms in the country. His reputation as a campaign guru grew as he helped elect his first client, Bill Brock, as Tennessee's Senator - defeating Al Gore, Sr., a 24 year incumbent, headed up President Nixon's Youth Campaign and then his inaugural, became the Deputy Chairman of the Republican Party, made history when he helped Mike Orb, a Republican, to be elected Lt. Governor on the first split ballot in 100 years when Gerry Brown, a Democrat, was elected Governor, and, as the chief strategist for Chic Hecht's Senate campaign in Nevada he devised miraculous, come-from-behind wins in both the primary and the general elections of that campaign.

It was during the Hecht campaign that Ken and Ursula met. She knew nothing about politics; she was just trying to help Hecht, her neighbor.

In between political campaigns, Ken managed other business ventures: with Curb

Continued Page 13

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Robert Waterhouse, Freeman's Asian Furniture and Decorative Arts specialist will be in the Middleburg area October 14th, 15th and 16th to evaluate property for consignment to the upcoming 2008/2009 auction schedule. Please direct inquiries to Jocelyn Accet at 434-296-4096.

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NEWS OF NOTE

PRESERVATION OF MIDDLEBURG'S EQUESTRIAN HERITAGE STRONGLY SUPPORTED

DAN MORROW

In the face of rising opposition to fox hunting in the United States and abroad, the Virginia Department of Games and Inland Fisheries has appointed a commission to study the issue of hunting with hounds in Virginia to address modern challenges and has called for "public input."

At its September 8, 2008, work session, Middleburg's Town Council approved a resolution supporting the commission's key goals:

- 1) promoting hunting in Virginia that meets the highest standard of ethics and sportsmanship
- 2) ensuring that the tradi-

tion of hunting with hounds in Virginia continues

3) addressing the interests of hunters, landowners, and other citizens.

Central to the commission's work will be the adoption of a formal code of ethics, as well as new legislation, addressing landowners' rights, new game laws and regulations, the humane treatment of animals, and traffic safety.

In supporting the work of the Commission, Council noted that fox hunting is "a part of Middleburg's rich cultural heritage" dating from the mid 19th century; that the Town is known as "the center of hunt country in the United States;" and that fox hunting is such a

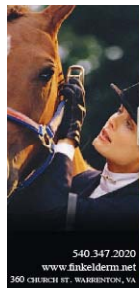
"major driving force" in our economy that a running fox is part of the town's logo.

At its recent sessions devoted to the articulation of a "vision" for the Town's evolution and development through 2025, Council strongly supported preservation of the area's "equestrian heritage" and the positioning of Middleburg as the "Horse Capital of America."

Council Opposes Broad Run Hospital Urges Construction on Route 50

At its regular monthly meeting on September 11,

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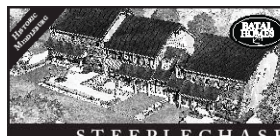
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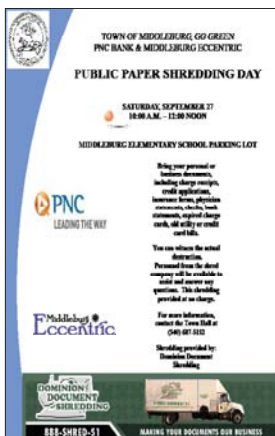
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NEWS OF NOTE

PRESERVATION OF MIDDLEBURG'S EQUESTRIAN HERITAGE STRONGLY SUPPORTED

CONTINUED FROM PAGE 6

Middleburg's Town Council unanimously passed a last-minute resolution opposing the construction of Hospital Corporation of America's proposed new hospital at Broad Run, recommending instead that the Loudoun County Planning Commission and the Board of Supervisors ensure that the next full-service hospital is constructed in the Route 50 corridor."

The resolution, introduced at Mayor Betsy Davis's request, first appeared on Council members' desks the night it passed. Mayor Davis informed Council that she had received a letter from "the hospital" requesting that Middleburg send a representative to a County Planning Commission public hearing on the matter scheduled for

September 25th. Davis asked Town Clerk Ronda North, to research Council records and draft an appropriate "sense of the council" statement in time for review, passage, and transmission to the Planning Commission and Supervisors before the 25th. The resolution reflected Middleburg's official views since at least 2004 on the proper

location for any new full-service hospital in Loudoun County. His preamble noted that County health care facilities policies adopted in March, 2003, recognized that "residents of the Route 50 corridor" did not "have adequate access to emergency care or hospital-related services" and had urged that the Route 50 corridor "be given special consideration for the next

full-service hospital and EMS ambulance-receiving facility to be built in the county." According to Council, the construction of HCA's proposed Broadlands facility "within five miles" of an existing Inova Loudoun facility, "would not adequately meet the growing needs of the residents of Middleburg" nor address the town's need for "timely access" to medical facilities during periods of high traffic congestion. Davis described the resolution as simply reinforcing long-held and repeatedly expressed official views that the proposed Broadlands facility "did nothing for us" in Middleburg. Moved formally by Council Member Mark Snyder, the resolution passed unanimously and without further discussion. No decision was made on whether Mayor Davis should deliver the resolution personally, or simply submit it in writing to the Planning Commission and Supervisors.

"Internally Litged Signs"

A small kiosk-mounted video screen that displays real estate for sale by Thomas & Talbot apparently violates the letter, if not the spirit, of Town's current regulations governing signage in Middleburg's Historic District. The rules ban "internally litged" signs, and were designed to protect the Town's business district from flashing neon and other brightly lit signage that, it was believed, would damage downtown's look and feel.

Both the Town Zoning Administrator and Town Council agree that the display, at Thomas & Talbot's South Madison Street headquarters was discreet, unobtrusive, and technically illegal. Council also agreed that the Town's sign regulations needed to be reviewed, reconsidered, and, perhaps changed to accommodate 21st century technology.

Town Planner David Beniamino pointed out that, if one were to apply the letter of the law to all the town's existing signage, the litged bank logos on outdoor ATM's could be considered, technically, "illegal." An towns order requiring the removal of the offending signage, however, remains unlikely.

Council tabled further discussion of the matter, pending a thorough review of how best to accommodate signs similar to the Thomas and Talbot kiosk, without creating the impression that it had given in to pressure or, worse, inadvertently opening a legal path to neon and other historically inappropriate forms of litged signage.

Middleburg's advisory His-

Continued Page 25



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NEWS OF NOTE

LOUDOUN HOME BUILDER AND WINERY ARE THE FEATURE OF HGTV'S NEWEST DREAM HOUSE SERIES

The stars of the newest HGTV's Dream House series are local Loudoun residents! Award-winning Notaviva Vineyards and Ronald M. Hawes, Inc. construction company partnered to build the "decadent" tasting room and living quarters for the Muckey Family. Premiering October 4, 2008, at 7am, the eight half-hour episodes will feature the process from groundbreaking to move-in with all the trials and tribulations that went along with the journey.

According to the HGTV website, building their house is a dream, but finishing it might be a nightmare. Over a season, Dream House follows families as they crack through rocky terrain, battle the elements, build on extreme angles, contend with opti-

onated contractors and watch as their money is stretched to the max—to ultimately build their Dream House.

In April of 2006, Stephen and Shannon Mackey of Notaviva Vineyards (notavivavineyards.com) applied to be featured in the HGTV Dream House series. Once they were selected, there was over a year of filming which included the complete construction of the timber frame tasting room and house by Ronald M. Hawes, Inc. Construction of Lovettsville. The beautiful tasting room and event site at the winery features a music loft which is an integrated performance stage located on the upper level of the hand-crafted timber frame room.

Ron Hawes (ronaldhawesinc.com), a Loudoun as-

pirate, is a builder/general contractor who specializes in custom timber frame and log homes. Known for his quality work, many of his homes have been featured in local magazines and home tours. In addition to the timber frame and log, Hawes also does custom conventional and hybrid homes, stables, barns and other structures, focusing on environmentally friendly building products. With over 25 years of experience, Hawes was the perfect partner to undertake the Dream House construction.

For more information and/or a tour of the winery featured in the program, please contact Shannon Hawes at (540) 822-5795 or at (571) 232-2400 or by email at hawes@mh@aol.com.



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URSULA LANDSRATH AND KEN RIETZ

CONTINUED FROM PAGE 4

he headed up MGM Records and then together they created the very successful record company, Mike Curb Productions. After the Hecht campaign, Ken became a popular marketing and public relations strategist for the casinos of Las Vegas.

In 1989 one of the world's largest public relations firms, Burson Marsteller (BM), came knocking on his door and asked him to head up offices for them in California. Over the course of the next sixteen years, Ken rose through BM's hierarchy, moving, with Ursula, to Washington, then on to London, to New York, and ultimately, when he was made Chief Operating Officer, they came back to Washington.

And what of Ursula? She laughs at the thought of talking about herself. "By comparison to Ken's story, mine is short and sweet."

She expresses herself in fast-forward. "I was born in Germany, moved at age nine to Australia. Grew up there, studied art and architecture, was a stunt driver, took up skydiving, married my American instructor, and moved from Sydney to Las Vegas."

Ken presses her to share more colorful details, and Ursula agrees, "Okay. I have two

passions in life besides my husband - my animals and my art."

Ursula says.

The Rietz' feel strongly about preserving the land and also the lifestyle of the area dependent on land. They have built two houses in Delaplane, both designed by Ursula, and put all of their 160 acres into a permanent easement with the Virginia Outdoor Foundation. Firm believers in the Virginia Agricultural Best Management Practices program the Rietz have fenced off their creeks and ponds running into the Crooked Run.

"We installed water troughs for the cows in order to prevent livestock waste from polluting Crooked Run whose waters, via Goose Creek, end up in the Chesapeake Bay."

Ursula and Ken have three adopted dogs: Bak, a nine-year-old Sable Point German Shepherd; Sam, a seven-year-old Anatolian Shepherd; and the newest member of the family, Maxine, an eight-month-old Great Pyrenees/Anatolian mix.

"Rescuing dogs is one of Ursula's great passions," Ken says.

"The dogs love her. When she leaves the house, the energy of the house leaves with her."

Another of Ken's great passions is fighting blindness. He

was diagnosed with Retinitis Pigmentosa (RP) at 35. "If you can't see something, you don't know it. I just figured that everyone saw the same way I did."

RP affects approximately 500,000 people in the US; it is caused by the inheritance of a mutated gene, and the disease reduces peripheral and night vision, eventually robbing the afflicted of all sight.

While Ken can still see some light and some shapes, he is very visually impaired. He works tirelessly with the Foundation Fighting Blindness (FFB), an organization that has raised \$250 million for research on eye diseases. Six years ago Ken helped FFB start an annual dinner in Washington named "For The Love of Sight" to increase awareness about eye disease research. So far, the funders have raised \$2.5 million and Ken was the 2008 recipient of FFB's "Hope and Spirit Award."

He is currently participating in a medical trial at the Emory Eye Center in Atlanta, Georgia, where a capsule the size of a grain of rice was surgically inserted into his eye to release a critical protein. His condition has been helped by the technol-

ogy he says, but the real potential is for the young people coming along who might be cured.

"I am fortunate that I have kept as much of my sight for as long as I have. That, and living in this age of technology where I can do almost everything. The hardest part is losing your freedom of movement," he says then quickly adds, "I don't think my career suffered however. Strategy happens in the mind, and perhaps not having the distractions of peripheral vision I was better able to keep my focus."

So the Rietz' have come home to Delaplane. Here they have found both focus and purpose. Here, Ursula gives Ken glowing second-to-second updates on the marvels of their view from the top of "A Glimpse of Heaven Lane," and here they are making a real difference, in preserving and keeping the historical integrity of the land, in being an integral part of a community, and in being superb examples of courage in the face of adversity.

Kate Semeroff of *Bluemont* will anchor this monthly feature on friends, neighbors and unsung heroes who are devoted to the Piedmont.

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III. TYPE OF REQUEST - Check all that apply.

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PASTIMES

FAT MAKES EVERYTHING BETTER

YOUR PERSONAL CHIEF

ALYSSON BROWETT

I've spent a lot of time in this column writing about health, health foods, eating locally and as close to the source as possible, but I haven't spent much time talking about one of my favorite ingredients: fat. Fat gets a lot of bad press when it comes to diets; however, not all fats are bad fats. In fact, fat provides a lot of flavor in food and certain fatty acids are essential in human diets. Many people eschew the necessary nutrient because they believe it will make them gain weight or clog their arteries and lead to heart disease, but taken in moderation and with a little education, fats will do neither. (In fact, I just consumed a sandwich containing liverwurst, avocado and a lot of mayonnaise, and I am neither fat nor on the verge of heart attack.)

The primary purpose of fat is to provide energy to the human body, but fats also carry certain vitamins through the bloodstream, including A, E, D, and K. According to the FDA's recommended daily allowance, or RDA, between 20% and 35% of our total daily calories should come from fat. However, less than 10% of that fat should come from saturated fats, found primarily in meat, dairy and eggs. Each gram of fat contains nine calories, compared with four calories in each gram of carbohydrates and proteins. Therefore, it does take more energy to burn off fat than any other macronutrient, but as we head into colder weather, those

extra calories might be necessary for some of us who find ourselves out in the elements. Your body needs extra fuel to burn in order to stay warm, particularly if you stay very active in the cold weather.

Cold weather also makes flavors that meld together in your mouth and fill your stomach. Fats help lend a feeling of satiety after a meal, making them the perfect addition to winter dishes. Alright, enough talk. Let's get down to business...

Roasted Butternut Squash Risotto
Created by Alyson Browett

With olive oil, butter, cheese and cream, one cannot go wrong. To add to the fat fest, add or substitute for the butter and olive oil 2-3 diced slices of bacon. The bacon fat will provide excellent flavor. Serve as a side dish to pork chops and steamed fresh green beans. Or place a mound of the risotto in a shallow soup bowl and surround with hot tomato soup.

- 1 1/2 lb. butternut squash (or other hard winter squash, or two baked, peeled and mashed sweet potatoes)
- 2 tablespoon olive oil
- 1 teaspoon kosher salt
- 1 tablespoon butter
- 1 garlic clove, crushed

1 onion, finely chopped

1 1/2 cups arborio rice

1/2 cup white wine

4 cups simmering stock (vegetable or chicken)

1/2 cup shredded Parmigiano-Reggiano cheese

1/2 cup heavy cream

Salt and freshly ground pepper, to taste

Preheat oven to 350°. Split

squash lengthwise and scrape out the seeds. Place squash in a roasting pan or on a baking sheet. Rub each cut side with 1/2 tablespoon of the olive oil and sprinkle the salt over each half. Roast the squash in the oven until the skin is golden brown, about 45 minutes. Cool enough to handle; scrape out the flesh and mash. Set aside. Heat the remaining 1 tablespoon olive oil and butter in a pot over medium heat. Cook onion and garlic until onion is soft, about 5 minutes. Add the rice. Stir constantly for about 2 minutes until the rice is coated and slightly translucent. Add the wine and stir into rice. When wine is absorbed, begin to add 1/2 to 1 cup of stock at a time, stirring occasionally and waiting until each addition has been absorbed before adding the next. After about 20 minutes or when about one cup of stock remains, add the roasted squash to the risotto with some stock. Continue to cook and adding stock, stirring un-

til risotto is very creamy and squash is heated through. (Note: You may not use all of the stock.) Stir in the Parmesan cheese and the cream, and adjust seasoning with salt and pepper. Serve immediately. Serves 4 as a main dish or 8 as a side dish.

Spaghetti Squash With Creamy Roasted Poblano and Cilantro Pesto
Created by Alyson Browett

Squashes are wonderful fall fare, and they hold up well to strong flavors. Try this spicy pairing, made somewhat fattening by the olive oil and cream, as a side dish to pork, beef, lamb, chicken or even ham. For a less spicy version, substitute green bell peppers for the poblanos. And if you hate cilantro, substitute with parsley or basil.

- 1 small-medium spaghetti squash
- 1 tablespoon olive oil or other vegetable oil
- Salt and freshly ground pepper
- 2 small-medium poblano peppers
- 1 cup roughly chopped cilantro
- 1/2 cup slivered dry roasted unsalted almonds
- 1/2 cup extra virgin olive oil
- 1/2 teaspoon salt



Juice of 1/2 lemon

1/2 cup heavy cream

Preheat the oven to broil. Place the peppers on a baking sheet then onto an oven rack close to the broiler. Roast the pepper, turning to each side until the skin is blackened. Wrap in a piece of aluminum foil or a paper bag to steam. When cool enough to handle, remove the skin, stem and seeds. Preheat oven to 400°. Split the squash lengthwise and scrape out the seeds. Place the squash in a roasting pan or on a baking sheet. Rub each cut side with 1/2 tablespoon of the oil and salt and pepper each half. Roast the squash in the oven until a knife inserted into the skin slides in smoothly, about 30 minutes. In the meantime, in a blender, add the roasted peppers, cilantro, almonds, salt, olive oil and lemon juice. Blend until a smooth paste forms. Taste to adjust seasoning and add olive oil for more liquid, if needed. In a saucepan, heat the cream over low-medium heat. Whisk in the pesto and heat through. Scrape the flesh out of the squash, separating into strands. Pour the hot sauce over the "spaghetti" and serve. Serves 4.

Easy Four Cheese Potato Gratin
Created by Alyson Browett

Potatoes and fat are like the moon and the stars: they are a match made in heaven. You can't make mashed potatoes without butter and milk, and you can't have a gratin without cheese and cream. This one is very simple (especially if you own a mandolin slicer) and full of fatty goodness.

- 3 Russet potatoes
- 1/2 cup shredded Fontina or Fontina cheese
- 1/2 cup shredded Asiago cheese
- 1/2 cup shredded Parmigiano-Reggiano (parmesan) cheese
- 6 tablespoons part-skim Ricotta
- 1.5 cups heavy cream

Continued Page 17

OBSERVE AND SHARE

THE PLANT LADY

KAREN REXRODE

Tods wriggle themselves into the ground and eventually form a low mound, just low enough to rest at ground level. The skin on their back is lumpy and textured, just like the dirt around them. They can change colors and will change to camouflage themselves with their surroundings. The only thing that gives them away is the periodic blinking of eyes or a squirm that presses them lower into their shallow hole. The gardener happens on them infrequently, and it's memorable. One toad will eat its weight in slugs, a good thing.

Very early in the morning, the really observant and lucky gardener might find a clear wing hawk-moth before its lost its wing plate. With the moths first flight, the solid center will fall to reveal the finely veined clear wing that defines them. Many mistake this day flying moth for a baby hummingbird. Seeking flowers to sip nectar, it moves rapidly with a small fuzzy body. The larvae feed on honeysuckle vines in fall and look like small tomato hornworms. Their pupae are the brown cocoons you find in the dirt when you dig. They arch back and forth, squirming in your hand if you pick them up.

I mention these things because I have just returned from a workshop in Canada with the world renowned photographer Freeman Patterson. Freeman is a photographer and a gardener, an avid gardener. His bragging rights? Oh there are many. Growing the rare blue Himalayan poppy is one, being able to compose a fabulous picture is what is his life's work. He tells a story to his students, the defining moment when he learned to observe. As a small child, his mother pointed out a flock of birds flying overhead. She told him to follow them as they flew and when they turned, he would see a flash of white. As the flash of white happened, just as promised, he realized she had watched them often. That he recalls was possibly the most astonishing, life altering pre-visualization.

Two prerequisites are required for the artist and the gardener. The eye to see something and the skill to create it in a defined space. The lesson I learned from Freeman is to share your observations. Share them with your children, grandchildren, nieces and nephews. Little things, how shadows move in a day, how clouds billow before a summer rain, how finches flock to sunflower seed. It may change everything.

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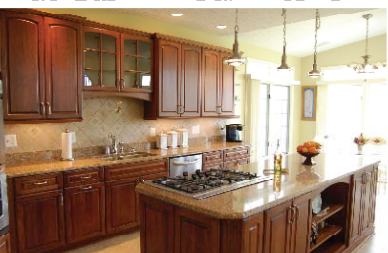
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PASTIMES

WHO MISSES TIGER NOW? ANYBODY?

7TH INNING STRETCH
ALEX CUDDEBACK

Of things have plummeted this year since Tiger took his ball and batted knee and went home. A sport with maddening appeal, archaic rules and nearly zero thing seemed like all the bawling hooligans had finally caught up with it.

None of the big names who were supposed to step in and fill Tiger's shoes had made much of a move, and the sport was turning back into a snooze-fest, resembling nothing more than those Sunday matinee

of yore that used to comprise, along with a can of three of MG&D and his favorite Lay Z Boy®, to half my Grandpa Ray to sleep in the living room, snoring rattling the window panes.

The directors of the PGA puzzled and puzzled till their puzzlers were sore, their nautically knickered knees knocking at the prospects of this Tiger-less year.

Until Lady Luck stepped forward and said, "How 'bout a little Ryder Cup action, boys?" This weekend's Ryder Cup was the best action going all weekend.

Paul Azinger's decision to team Phil Mickelson and Anthony Kim was either genius or out and out suicide, and he was determined to find out early.

Phil had been paired with Tiger two years ago, and the coupling was a disaster. The two have never liked each other. Tiger always rumored to find Phil a neckless risk-taker. Phil always seemingly annoyed by Tiger's aloofness. Watching them walk the fairways together as teammates was, early on, often painful. Like any two well-raised kids, realizing they had nothing nice to say to each other Phil

and Tiger decided not to say anything at all.

All around Wretched. You needed Roloids just to watch the two of them on TV. Fast-forward two years and four thousand miles away, to 2008 and Valhalla, beautifully tucked into the rolling bluegrass pastures of Kentucky, and see the difference a better thought-out pairing makes.

Anthony Kim (Phil Mickelson, sure, one's family comes from Korea while the other's comes from California; one's just starting out his PGA career while the other's

a more) grizzled vet. But they're both consummate gamblers, both risk-takers who'd rather try to hit a sizzling 5-iron through the boughs of a maple in June and onto the green in one than punching out and playing a safe wedge from the fairway; both of them firmly believe that not only do they have every shot in their bag but that they can pull them out and drop them down at will.

Down three points in both their Friday matches, Phil and Kim rallied each other back, egged each other on, drilled on each other's success, coming back to try their morning match and win in the afternoon.

Never would have happened with Tiger on the course. Phil would have made Tiger crazy, and Tiger would have made Phil collapse on himself.

On Saturday, Boo Weekley and JB Holmes (yeah, *Boo* and *JB*) and they're *gaffer's*) teamed up to pick apart Lee Westwood and Simon Hansen. Well, "pick apart" may not be the right term of phrase; try "grind down," "burn mail" or "thoroughly incapacitate."

Poor Lee Westwood was so bamboozled by Weekley's supporters, the Boo-birds' loud "Boo-ing" and hooting all weekend, that he even brought it up as an unfair, unsportsmanlike advantage on Friday afternoon, complaining that Weekley was inappropriately rooting on the putters' hometown fans before his opponent had an opportunity to shoot.

Poor Lee. Poor golf. There was too much enthusiasm for the golf-clip-crowd, too much unsightly Americanism.

But Westwood put up a good fight on Saturday, wilyly sinking at the fans when his shots would drop, bulldozing forward through the "Boo-ing" crowds when they didn't.

Whatever the fans and Weekley and Kim and Azinger and all the rest of the American team had all crawled into the Europeans' kitchen and were happily ensconced there, missing with their heads, sowing the seeds of self-doubt.

Don't believe me? Boo Weekley was spotted during the Ball Dance down the 14th fairway on Sunday!

They had fun, fun with each other, fun with the fans, fun with their shots, and fun with their opponents from across the pond. That fun had been so obviously missing from the American team, really since 1999, not surprisingly the last time the Americans won the Cup, up in Brookline, dancing across the winning green, much to the chagrin of the Europeans.

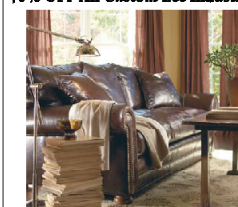
Kim had so much fun pounding on Sergio Garcia on Sunday that he was ready to take the Spaniard to the clubhouse for a few more holes after wrapping up the match 5 & 4. Garcia had already removed his cap on the 14th green, defeated, looking to shake Kim's hand. Kim had bounded on toward the 15th tee, eager to get in a couple more holes.

No sport needed a kick in the pants this Fall more than golf, no longer more than the PGA.

Somewhere, Happy Gilmore is smiling.

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NEW BOOKS BRING THRILLS

GENIE FORD

It's not too soon to start getting ready for Christmas, and books are the gift that keeps on giving. There's also nothing like a signed copy to make it really special.

Here are some ideas for good presents—even if it's just a gift to yourself.

The big book this week is 'Brisinger,' the third installment of the 'Inheritance' cycle by Christopher Paolini. Eragon and Saphira must defeat King Galbatorix, rescue Katrina and put an end to the heartless tyrant's reign.

The other big books are two non-fiction titles. 'Hot, Flat and Crowded: Why We Need a Green Revolution and How It Can Renew America' by Thomas L. Friedman is his follow-up to the hugely successful 'The World Is Flat.' All the familiar warnings are here, but made all the more compelling by this author's powerful voice.

Bob Woodward's riveting series on the Bush Administration and the Gulf War has a fourth installment, 'The War Within.' This is a book of revelations, and it has already stirred up controversy. Read it and decide for yourself, but Woodward is nothing if not thorough.

Back on the fiction side, Philippa Gregory is at it again, too. 'With the Other Queen,' she tackles the story of Mary Queen of Scots. If Mary has a modern equal, it may be Paris Hilton, although Paris is not likely to meet her fate at the hands of an executioner, as Mary did.

We also have a new book from one of our most beloved authors, Dick Francis, who with his son, Felix, gives us 'Silks,' in which a British defense lawyer and amateur jockey reluctantly represents another jockey who seems to be guilty of murder.

Is it Laura or isn't it? That, for many readers, is the question: 'American Wife,' by Curtis Sittenfeld, a novel whose main character is based on Laura Bush?

Whatever you may think, this is a strong novel about the intersection between public and private lives.

You might call 'Supreme Courtship' a political novel, but I'm not sure author Christopher Buckley would agree. He imagines what might happen if a TV judge (picture Judge Judy) is nominated to the Supreme Court by a desperate president who can't seem to find a nominee that can actually be confirmed.

Cain and Abel, Superman, secret societies, hidden cryptographic clues and Fort Lauderdale are all part of Brad Melzer's latest, 'The Book of Lies.' What a ride!

In 'Scarpetta,' Patricia Cornwell takes her heroine (for the 16th time) on a perilous journey, this time to New York City. Now married, forensic pathologist Kay Scarpetta takes on a bizarre case in the Big Apple, along with her psychologist husband and her forensic computer whiz niece.

'Rough Justice' is another series book with a great new installment. Jack Higgins' hero, Sean Dillon, takes us on an action-packed chase from Kosovo to Moscow to Beirut and London, as he tries to stop Islamic fundamentalists from bringing the Western world to its knees.

The Shack, by William P. Young, doesn't have a promising title, but the premise is compelling, with a father being summoned by what may be a letter from God back to the possible scene of his daughter's murder. We love history and there are some good new books out. In 'The Irregulars,' by Jennet Conant, we learn that writer Roald Dahl was a spy in World War II—right here in Washington, D.C. He was good at it, too.

In 'The Drillmaster of Valley Forge: The Baron de Steuben and the Making of the American Army,' by Paul Douglas Lockhart, we learn how a ragged, scared and demoralized army becomes a crackjack fighting force under the tutelage of the Prussian baron.

FAT MAKES EVERYTHING BETTER

CONTINUED FROM PAGE 14

1 large egg

1 large clove garlic, pressed

Salt and freshly ground pepper, to taste

Preheat the oven to 375°

In a bowl, mix the shredded cheeses together by hand. Remove ½ cup of the mixed cheese and set aside. In another large bowl, whisk together the egg, cream, garlic, and Ricotta. Add the shredded cheeses, salt and pepper to taste, and set aside. Peel the potatoes and slice them thinly on a mandolin or using a chef's knife (they should be very thin, less than ¼" thick, and evenly sliced). Add the potatoes to the cheese mixture and mix thoroughly, making sure to separate the slices to get juices in between. Slide the mixture into a deep-dish pie pan. Place the pan on the baking sheet to catch any drips and bake for 1 hour 30 minutes. (Cover with aluminum foil if top gets too brown.) Pull the pan out of the oven, sprinkle the cheese mixture

on top and return to the oven until the cheese is melted and browned, about 5-10 minutes. Serves 6-8.

Baked Apples With Dried Fruits

Created by Alyson Browett

We are lucky to have abundant amounts of apples in our area. Instead of slaving over homemade pie crust and peeling and slicing apples, try this easy recipe for a yummy dessert. The butter will melt with the sugar to make a delectable sauce. Serve it with (full-fat!) vanilla ice cream sprinkled with cinnamon for a real treat!

4 large (or 8 small) apples (I prefer Matu (Crispin) apples - check with C. Hess Orchards at the farmers' market for a wide selection)

½ cup dark brown sugar

½ cup each light raisins, dark raisins, and dried cranberries (or whatever dried fruits you have on

hand)
½ tablespoon finely chopped crystallized ginger (optional)

1 tablespoon all-purpose flour

4 tablespoons cold butter, cut into small pieces

Preheat oven to 350°. Core the apples and cut the bottoms flat so that they sit upright in a baking dish. Peel one ring off of the center of the apple. In a bowl, mix the brown sugar, dried fruit (¾ cup total), ginger (if using), and flour. Cut the cold butter into the mixture. Using your fingers (this is where kids can be very useful), smash the mixture down into the apple cores and mound whatever extra on top. If some falls into the bottom of the pan, that's okay. Fill the pan with water so that the bottoms of the apples are just covered. Bake the apples, uncovered, for about 30-45 minutes, basting with the pan juices at least once. Serves 4-8 people.

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Nanette Hewett White

NANETTE'S WALK 2008 & KICK-OFF BARBEQUE

Walk, Saturday, October 4 at 9:00 a.m. BBQ, Friday Oct. 3
Middleburg, Virginia

A two-mile walk to raise funds to defeat
breast cancer in Loudoun and Fauquier Counties

Corporate Sponsors

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The Graham Companies, LTD, Middleburg

Hosted by

The Middleburg Fitness Club

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Conducted by

THE CHERRY BLOSSOM BREAST CANCER FUND

A Fund of the Piedmont Community Foundation

P.O. Box 1051, Middleburg, VA 20118 www.cherryblossombreastcancerfund.org 703.447.2302

REGISTRATION FORM

Please tear off and send in this registration form and fee by September 1, 2008 to the address below to ensure that a t-shirt will be available for you.
Children under 12 are free.

Walker's Name _____
☐ Male ☐ Female Age _____ Birth Date _____
Address _____
City _____ State _____ Zip _____ Phone _____ E-Mail _____

☐ Entry Fee \$30 (includes \$10/USD) ☐ Entry Fee \$35 (after \$10/USD)
Unisex T-shirt Size: Small Medium Large X-Large

☐ My Company has a Matching Gift Program.

☐ I cannot participate in this walk but please accept my donation of:

☐ \$25 ☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500 ☐ \$1,000 ☐ Other _____

Credit Name _____

Credit Card # _____

☐ Visa ☐ MasterCard ☐ Exp. Date _____

Please include check or money order to this address: 7/20/08/09/10
All donations are tax deductible as allowed by law.

In consideration of being permitted to participate in Nanette's Walk, 2008, I hereby fix myself, my heirs, and personal representatives, successors, assigns and all other who might be associated with the event, I further waive, release, discharge, and indemnify the CHBCCF, Middleburg Fitness Club, Ten Hill School, volunteers, contractors, sponsors, and others associated with this event from any and all claims for injuries or damages of any kind arising from participating in Nanette's Walk. I permit the CHBCCF the free use of my name and photograph in any film/newsprint/newspaper in reports or promotions of this event or future events.

Signature _____ Date _____
(Parent or guardian if under 18)

The Cherry Blossom Breast Cancer Fund/PCF
P.O. Box 1051, Middleburg, VA 20118 • 540-687-2302

WWW.MBECC.COM

WALK SCHEDULE

Saturday, October 4, 2008

Length of Walk: Two Miles

Announcements: 9:10 a.m.

Walk: 9:10 a.m.

Awards: Approx. 10:30 a.m.

Location: Middleburg Fitness Club

7 West Washington St., Across from The Sawdust

Donations & Pledges

Ask friends, co-workers and family members to support you and The Cherry Blossom Breast Cancer Fund by sponsoring you for \$5, \$10, \$20 or more. Find out whether your company has a matching gift program. Please collect pledges prior to the walk and mail them to the Breast Cancer Fund or bring them to registration on the day of the walk.

Teams

Forming a team is simple. Just organize a group from your school, workplace, club, church, family or friends. Children under 12 are free. Well-baked chips on hand and stretchers are welcome to walk.

Awards

Awards will be presented to teams and walkers in a variety of categories immediately following the walk.

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convenience of having all your CDs managed by one familiar bank. Yes, life just got a little easier. Stop by any Middleburg Bank location today and get the peace-of-mind and security you've been looking for.



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INTERNATIONAL GEMMING

GLENNDA, MARSHALL, VA
Beautifully landscaped, circa 1910, on 3.59 rolling acres of Virginia's beautiful Shenandoah Valley. An impressive residence with 5 bedrooms, 3.5 baths, with 3 additional car bedrooms and a full kitchen. The residence features 6 fireplaces, hardwood floors, all millwork, high ceilings and beautiful views. Additional improvements include separate office with fireplace and queen, master bedroom, bath, and more. In convenient location. \$4,200,000.

Lynn Wiley 540.454.1127



INTERNATIONAL GEMMING

HUNGER RUN FARM, ARDENSVILLE, VA
Wonderful 187 acre farm with stunning views on the Shenandoah River and Hunger Run. Beautiful rolling fields, hardwood and plantation woods, creek, vineyard, and views of the Blue Ridge Mountains. 3,500 sq ft main residence with unique pine floors and masonry, fireplace, master, and large covered porch overlooking the property. Two additional residences for guests and horse stables. \$2,500,000.

John Sney 703.773.1787



INTERNATIONAL GEMMING

MIDDLEBURG ELEGANT FARM, LEBANON, VA
This rare estate owned by the same family for over 100 years. 6 bedrooms, 5.5 bath, main house, featuring 3 bedrooms, 3 bath, main guest house and 3 bedrooms, main house. Convenient to the Shenandoah National Park and just north of Washington, D.C. \$2,500,000.

John Sney 703.773.1787



INTERNATIONAL GEMMING

OUTLANDS HAMLET, LEBANON, VA
A rare estate owned by the same family for over 100 years. 6 bedrooms, 5.5 bath, main house, featuring 3 bedrooms, 3 bath, main guest house and 3 bedrooms, main house. Convenient to the Shenandoah National Park and just north of Washington, D.C. \$2,500,000.

John Sney 703.773.1787



INTERNATIONAL GEMMING

RENNER MARKET TOWN, WASHINGTON, VA
This rare estate owned by the same family for over 100 years. 6 bedrooms, 5.5 bath, main house, featuring 3 bedrooms, 3 bath, main guest house and 3 bedrooms, main house. Convenient to the Shenandoah National Park and just north of Washington, D.C. \$2,500,000.

John Sney 703.773.1787



INTERNATIONAL GEMMING

ANNEKEA HILL, MARSHALL, VA
24 acres of woods, open rolling fields and lovely views. Recently added was a Cottage House with three main, upper guest, garden rooms, outdoor pool and fireplace, hardwood and tile floors, one bedroom, main and 3 guest beds. Property is landscaped by two artists and has a swimming pool. Feasibility of a subdivision lot 5 lots as well as conversion and build for numerous other ventures within an acreage.

John Sney 703.773.1787



INTERNATIONAL GEMMING

ARMFIELD FARM, LEBANON, VA
Beautiful rolling acres of the Blue Ridge Mountains. This rare estate owned by the same family for over 100 years. 6 bedrooms, 5.5 bath, main house, featuring 3 bedrooms, 3 bath, main guest house and 3 bedrooms, main house. Convenient to the Shenandoah National Park and just north of Washington, D.C. \$2,500,000.

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John Sney 703.773.1787



INTERNATIONAL GEMMING

23168 DOVER ROAD, MIDDLEBURG, VA
Elegant new VA home offered in great setting of the new in Middleburg Green. Built with superior quality high end finishes, beautiful views, stone, brick and tile, convenient, 4 bedrooms, 3.5 bath, guest house, guest house, family room with fireplace, master bedroom in main level, kitchen, master bath, large covered porch, fireplace, guest house in back, 2 car garage. Lot of views for surrounding. 1981000.

John Sney 703.773.1787



INTERNATIONAL GEMMING

HITT HOUSE, MARSHALL, VA
This rare estate owned by the same family for over 100 years. 6 bedrooms, 5.5 bath, main house, featuring 3 bedrooms, 3 bath, main guest house and 3 bedrooms, main house. Convenient to the Shenandoah National Park and just north of Washington, D.C. \$2,500,000.

John Sney 703.773.1787



INTERNATIONAL GEMMING

2 FIDELITY DRIVE, MIDDLEBURG, VA
Inconceivable and rare residence located in the desirable historic village of Middleburg. Open floor plan includes living room with fireplace, dining room, country kitchen, 3 bedrooms, 2 1/2 bath, hardwood floors, stone walls, fireplace, stone walls, large patio and large picture porch surrounded by beautiful gardens. Yellow stone. 2,000,000.

John Sney 703.773.1787



INTERNATIONAL GEMMING

ARMFIELD FARM, LEBANON, VA
Beautiful rolling acres of the Blue Ridge Mountains. This rare estate owned by the same family for over 100 years. 6 bedrooms, 5.5 bath, main house, featuring 3 bedrooms, 3 bath, main guest house and 3 bedrooms, main house. Convenient to the Shenandoah National Park and just north of Washington, D.C. \$2,500,000.

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LUNGE LINE

THE MARE CENTER AND ITS MISSION

Agricultural Research and Extension Center (MARE Center) was donated to Virginia Tech College of Agriculture and Life Sciences in 1949 by the late Paul Mellon. Along with the gift of land, Mellon also gave financial support to help establish the Virginia Forage Research Station because he had envisioned such a place where animals and land could be productive and thrive together harmoniously. During the first 40 years the station focused on beef and dairy cattle research under the direction of the late Roy Blaser, university distinguished professor emeritus of agronomy.

In 1986 discussions began between James Nichols, who was dean of the College of Agriculture and Life Sciences at the time, and Mellon regarding the future research of the station. The two men formed an ad hoc committee and began to talk about what it would be like to do equine research on this favorable land. Once agreed to convert the farm from dairy and beef cattle to equine, Mellon generously donated funds for a professorship, later to be known as the Paul Mellon Distinguished

Professor of Agriculture. Mellon also supported the erection of several new buildings on the property with his donation. The first Mellon chair was awarded to the late David Kronfeld, professor emeritus of animal and poultry sciences, in 1985 and under his leadership rescue pastures developed for cattle was converted to bluegrass and clover pastures for horses.

During this time Kronfeld conducted a nutritional survey in selected Virginia areas to see just where the research focus should begin at the station. Results of the survey indicated depletion in copper, zinc and selenium throughout the year, while phosphorus and vitamin A were depleted more so during the winter months.

ORANGE COUNTY HUNT TEAM EVENT PLANNED SUNDAY OCTOBER 26

The Orange County Hunt Cross Country Team Event will be held Sunday, October 26 at Old Whitewood Farm near The Plains, with the popular Junior Hunter Championship. In 1987, the OCH Team Event, modeled after the English Team Chase, was created to offer an event with something for every level of foxhunter.

The OCH Team Event features teams of three to four horses or ponies galloping over a rolling course of walls, coops, rails and hay bales in two main divisions: Limit Hunters and Genuine Hunters. Team prizes are awarded for ideal time, best turned out, best hunt team and best family/farm team. A Genuine Hunter championship also is awarded.

Call 540-253-5356 for prize lists. Entries close Tuesday Oct. 21 by 6:00 p.m.

Virginia Tech's MARE Center invites you to its...

17th Annual Thoroughbred Yearling Auction

Sunday, October 12th, 2008
Inspections: 10:00 AM
Auction: 2:00 PM

24 Jersey Club regional fillies and geldings by sales including:

BALL'S BLUFF Own's Hope - Buckle	BLACKTIE AFFAIR Merrill - It's Too Hot
CATTLE COW Candy Maple - Fox Cabin	COCKY Yellow House - Impetuous Lady
DAVE LIGHT RAIN Dorsey Madison - Dazzling Dreamer	FRED AWEAK! Hobby II - Low Throats
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NATIVE SLEW Roses a Native - Embellished	ORATORY Pulpit - Arrested Dreams
ROCK POINT Believe It - Morning Watch	

For Viewings & Information Call:
540 687-3521 ext 27
 Pedigrees Available at
www.vaes.vt.edu/middleburg

Middleburg Agricultural Research & Extension "MARE" Center
 5527 Sullivan's Mill Rd
 Middleburg, VA 20117

Horse sales are conducted by private treaty. Please respect Dr. Steve Pyle at 540-687-3521 ext 27 and staff.

4th Annual Educational Seminar on:
Keeping Horses Happy, Healthy, and Whole

Friday, October 17, 2008
8:30am - 4:00pm

Discussions on the latest advances in:

- Hoof and Foot Care
- Equine Dentistry
- Disorders and Parasites, Vaccines and Deworming
- Alternative Therapies, including live demonstrations
- Bio-security

Lunch will be provided with pre-registration. Must be received by October 10th. Admission is \$25 - seating is limited. Registration form available at: www.vaes.vt.edu/middleburg

Contact Information:
 5527 Sullivan's Mill Rd
 Middleburg, VA 20117
 Phone - 540 687-3521 ext 27
 Fax - 540 687-5342
 Email - cpore@vt.edu

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MONUMENTAL MOMENTS

50th Washington INTERNATIONAL Horse Show

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LUNGE LINE

BETTY OARE AND THE WASHINGTON INTERNATIONAL HORSE SHOW CELEBRATE A GOLDEN ANNIVERSARY

CONTINUED FROM PAGE 1

outside and that's where we set up our portable stalls." It's hard not to smile, sitting there in the sun, listening to this wonderful woman, the smell of horses and outdoors strong in the air, a picture of horse stalls that year," she says, smiling at the memory.

The Washington International clearly holds a special place in Mrs. Oare's heart as well. After participating in the event nearly every year for half a century, it comes as no surprise.

"When the Show started, they held it at the old DC National Guard Armory. We'd stay near Union Station. Then, in 1975 and for the next 25 years, they moved the show to the Cap Centre in Prince George's County. It was a much more spacious venue, much roomier, which was wonderful. But it's so nice to be back in Washington. Since the show came back in 2000 it's just had a bit more of that Washington sparkle. And they do such an incredible job preparing the building. They close down one of the streets

and rider combinations will compete in show jumping, hunters, equitation and dressage during the six-day event, and competitors will vie for more than \$415,000 in prize money and championship titles.

Since its founding in 1958, the WIHS has developed a reputation as one of the nation's premier equestrian events, drawing competitors and participants from all over the world. Today, the show's focus is primarily on the core disciplines of show jumping, hunters and equitation, but it's safe to say that there really is something for just about everyone at this show of equine pageantry and performance in downtown D.C.

In addition to more traditional events, there will be a Pony Pavilion for the kids with free pony rides and a variety of hands-on activities and exhibitions on Saturday, October 25th: driving, or carriage exhibitions; saddlebred horse demonstrations; agility dogs; Jack Russell Terrier race; and a "Big and Little," an exhibition by famous



LISA BURKE FORBES, BETTY OARE

horse-trainer Caroline Williams pairing a large Friesian and a miniature horse. More than 65 vendors, showcasing everything from gifts, clothing, jewelry and art to equestrian saddlery and tack, will be on hand as well. "I've been incredibly fortunate to do this my whole life,"

says Oare. "I love it. So much goes into making it all happen, from the horses to the trainers to the riders. I've been very, very lucky." Something tells me that there's more to it than that; something tells me Betty Oare is pretty good at making her own luck.

COUNCIL CONTINUED FROM PAGE 8

toric District Review Committee, a key player in any effort to resolve the problem, has traditionally opposed allowing "internally lighted signs" of any kind.

September 11

Den Leader Mike Blassinger's Cub Scouts from Webelos Pack 975 led the Pledge of Allegiance at this month's September Town Council Meeting, which fell on the seventh anniversary of the attacks of 9/11.

The pledge followed a minute of silence, observed in memory of those lost.

Webelos Scouts are the most senior Cub Scouts, and have all begun the process of "crossing over" to Boy Scout status. They learn many of the skills and traditions of the senior organization, learn the Boy Scout Oath and Laws, and are permitted to wear the tan Boy Scout uniform, rather than the traditional dark blue and gold of Cub Scouting.

Cobra Car Classic: October 11

The Cobra Car Club of Metropolitan Washington has requested permission to bring horsepower of its own to Middleburg: twenty to fifty classic Ford Mustangs for a club rally on October 11. The Mustangs would be parked for display on South Madison Street.

Because the Commonwealth of Virginia, rather than the Town, owns Middleburg's main thoroughfares, Council unanimously approved a motion authorizing the Town Administrator to seek appropriate VDOT approvals.

Railing at the Red Fox

Town Administrator Jerry Schro reported that the Virginia Department of Transportation had agreed to install a hand rail on the sidewalk steps adjacent to the Red Fox Inn. A recent accident on the steps, and considerable railing at the notion of installing a pedestrian ramp on the site, prompted the move.

25 MPH

Schro also reported aht VDOT has also indicated its willingness to extend the Town's 25 mile per hour speed limit "a few blocks" along Route 50, and install a traffic signal at the newly redesigned entrance to the Town's Fire Department building.

Loudoun's Farm Color Tour

A free self-guided driving tour

October 18 & 19, 2008

10am - 4pm

Request a brochure & map

703-777-0426 or visit www.loudounfarms.org

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PARENTS & PROGENY

NATIONAL SPORTING LIBRARY TO HOST FALCONRY DEMONSTRATION AS CHILDREN'S PROGRAM ON NOVEMBER 1

On Saturday, November 1 at 2 p.m., the National Sporting Library will host a children's program, Falconry. An introduction to a Royal Sport. This is part of the Library's Public Lecture Series.

Practiced by kings and queens, the sport of falconry has changed little since the Middle Ages. Barbara duPont and her fellow falconers - Lee Chichester, Bill Harry, Brian Cullen, Ray Martin, John Foley and Ava & Andrew King - will talk about sport and the many kinds of birds and equipment used. Attendees will have the opportunity to meet various kinds of raptors (predatory birds used in falconry) at the National Sporting Library, including Peregrine and hybrid Saker/Gyr falcons, Harris and Redtail hawks, Kestrels, and an owl. A flying demonstration at nearby Hill School will follow.



Barbara duPont of The Plains, Va., has been involved in falconry since 2000. Bill Harry of Vienna, Va., is the Secretary/Treasurer of the Virginia Falconry Association and has flown falcons for almost sixty years, and Brian Cullen of Herndon, Va., is a regional director of

the VFA. Lee Chichester of Meadows-of-Dan, Va., has practiced traditional falconry from horseback in England and is the author of *Falcons and Foxes in the U.K.: The Making of a Hunter*. Recommended reading for the event is Jean Craighead George's

award-winning novel for young adults, *My Side of the Mountain*. The program is recommended for children age 10 and older. Children must be accompanied by an adult. Participation is limited to 50 people. To RSVP, please call 540-687-6542 x 10.

NOTRE DAME NEWS



On Monday, August 25th, Notre Dame Academy kicked off the beginning of the new calendar year with a breakfast orientation to welcome new students and parents.



All students and staff then spent a day in the Shenandoah and Potomac rivers building community!

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BE A FOXCROFT GIRL FOR A DAY

ADMISSION FESTIVALS FOR PROSPECTIVE STUDENT

What is a typical day at Foxcroft School really like? Prospective day and boarding students can see for themselves at one of four upcoming Admission Day Festivals being hosted by the Middleburg, VA, girls' preparatory school. The first festival is scheduled for Monday, October 13, and space is filling up quickly! Foxcroft opened this school year fully enrolled, with 185 students - only 24 percent of them day students - and looks forward to another active year hosting prospective families.

Foxcroft's Admission Festivals give students and parents a thorough opportunity to explore the School. Each visiting girl is paired with a student hostess, with whom she attends classes, Morning Meeting and meals. The visitors also get an opportunity to ask questions at a no-adults-allowed student panel. Parents attend Morning Meeting, a separate panel with Foxcroft students and classes. Tours of the campus and interviews are scheduled both student and parents. A stable visit is available for those interested in Foxcroft's outstanding riding program.

In addition to November 2, Foxcroft's Admission Office will hold festivals on Friday, December 7, and Monday, January 14. Families are also welcome to schedule visits at other times. Please call 540.687.4340 or to visit www.foxcroft.org for more information.



Holiday Parties Lightfoot Style
Corporate Events • Office Parties • Family Feasts

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Lightfoot Bakery Seasonal Goodies • Gold Gift Coins
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lightfootrestaurant.com

My Wakefield Journey...
Catherine, a senior, has been at Wakefield since 9th grade. She plays varsity tennis, is President of the Student Government, is a High Honors student, takes multiple AP classes, and is a school ambassador. In addition, she was a National History Day finalist in both her 9th and 10th grade years.

Open House for all grades
Thursday, October 16, 9-11am
RSVP at admission@wakefieldschool.org

New half-day 3/4-year-old pre-school program, rolling admission is available

Wakefield School
400 Cliff Road
Leesburg, VA 20186
703-771-2253
www.wakefieldschool.org

Get the Biz Buzz!

The Middleburg Business and Professional Association invites you to our **October Mixer**
Tuesday, October 14
5:30-7:30 p.m.

Hosted by
Market Salamander
300 West Washington Street

We'll have a 10-minute Biz Buzz to bring you up to date

There will be a \$5.00 charge for non-members.

Please RSVP to 540.687.0832 or email to biz@mbpa.org by Tuesday, October 7

It can be different.

Fact: This year, about 565,650 Americans are expected to die of cancer.

Fact: Scientists report environmental factors (as opposed to hereditary) account for an estimated 75-80% of cancer cases and deaths in the U.S.

Fact: In the U.S. about two classrooms full (or 46 children) are diagnosed with cancer every school day.



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FACES & PLACES

MOSBY HERITAGE AREA HONORS SEN. JOHN WARNER

HUNTLAND FARM, MIDDLEBURG, VA. SEPTEMBER 13, 2008
PHOTOS BY DEE DEE HUBBARD



SEN. JOHN WARNER AND BETTYE PARKER



GAVETT DELASHMUTT AND GLORIA AMBRED



MARGARET & THOWBRIDGE LITTLETON



SEN. JOHN WARNER AND BETTYE PARKER



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MIDDLEBURG, VA. SEPTEMBER 21, 2008
PHOTOS BY CINDY PEARSON



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Middleburg. 18 room colonial built brick Colonial on 11.5 acres near the historic site of 1812. 4 1/2 baths, hardwood floors, 17' ceilings, 4 fireplaces, gourmet kitchen, beautiful rear, front LR & DR. Fully roofed, heavy & heavy water main. Attached 3 car garage with finished quarters above & screened views. \$1,200,000

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The Plaza. Historic 6 room inn, with potential expansion up to 10 rooms, on 4.10 acres located in quiet village. Beautiful, turn-key operation. Plans include the kitchen, property, improvements and landscaping. Includes the 1812, 1.5 historic camp site to be purchased. \$1,200,000

26 CHINN LANE



Middleburg. Lovely 3 bedrooms, 3 bath brick Colonial in sought after historic site in town. Master w/c, small porch, pool and garden. Master bedroom suite on 1st floor. Plentiful closets and hardwood floors throughout. Attached 3 car garage. \$950,000

MIDLAND LAND



Middleburg. 87 rolling acres with a creek. This would make for a wonderful vacation property. Includes 1800' stone house under construction. Most building done in the back bay field. There are 5 bedrooms in this property according to Hampshire County. Close proximity to Middleburg, the VMI or Quantico. \$825,000

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17 W. Belmont St., Middleburg. Commercial building. Ideally located just one street south of main street. Approx. 2,450 sq. ft. General Commercial Zoning (C-3) allows for the widest range of possible uses. Building has been remodeled and is "move-in ready." Public parking lot across street. \$675,000

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Spentcher open parcel abutted at the foot of the 1812 site. Substantial. Gorgeous views and great road. Sitings off parcel adjacent to 1812. Perfect property setting to build your dream home! Location is ideal to Williamsburg, Lovettsville, Quantico, Stafford, Middleburg and Leesburg.

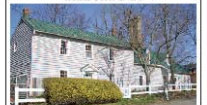
10.81 acres		\$235,000
5.31 acres		\$245,000
4.94 acres		\$245,000
4.37 acres		\$275,000
5.55 acres with house & three outbuildings		\$395,000

WOLFSONG



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INOVA LOUDOUN HOSPITAL GALA, LEESBURG, VA, SEPTEMBER 20, 2008
PHOTOS BY DEE DEE HUBBARD



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MIDDLEBURG, VA, SEPTEMBER 21, 2008
PHOTOS BY DEE DEE HUBBARD



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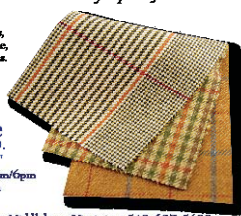


The Glorious Twelfth is usually used to refer to August 12, the start of the shooting season for Red Grouse (Lagopus lagopus scoticus) near the Pennines (Lagopus means 'leap' in Latin). This is one of the busiest days in the shooting season, with large numbers of game being shot.

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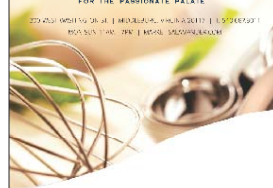
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Bernie is very handsome big purebred Rottweiler. He is drop dead gorgeous and very affectionate with people and other dogs. He needs a home with a secure fenced yard and no kitties.

Hailey is a 1 year old Presa Canario/Rottweiler mix who is currently in obedience classes and is learning fast! She is very sweet and gets along well with most other dogs.

Chief is a lovely 4-year-old purebred German Shepherd who was recently rescued from a severe starvation case. He has a terrific temperament; he lived with small children and is very affectionate.

Baby is a purebred 1 year old Walker Hound mix who was born around 7/15/08 so they can start going home. Mom is here but we don't know who daddy was. They were raised at our shelter with tons of socialization with kids, cats and other dogs — they will grow to be medium sized dogs who will need a fenced yard.

Karen is a super special 1 year old Welsh Springer mix who has a huge fun personality! She loves kids, cats and all other dogs and is very affectionate with people too.

What a nice gal Sugar is all love — she is a 1 year old Pit Bull cross who was raised with small children, cats and other dogs. She loves everyone and is looking for her forever home!

Meadow is an 8-year-old adorable tiny little miniature horse! Limited green intake. She is not rideable but is a wonderful companion/loan ornament!

Baby's babies! A litter of Walker Hound mix pups that were born around 7/15/08 so they can start going home. Mom is here but we don't know who daddy was. They were raised at our shelter with tons of socialization with kids, cats and other dogs — they will grow to be medium sized dogs who will need a fenced yard.

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When people do not understand us, it sometimes results in minor miscommunication. Think of the poor puppy whose person is definitely ordering him to sit. As the person gets more and more frustrated, the puppy is increasingly befuddled. As one famous trainer explains, the person might as well be saying "apple" or any other random word. What in the world does "sit" mean to a little puppy? In this instance, the person needs to learn that action followed by reward is far more effective than repeating the same command in louder and louder tones.

Sometimes lack of people training has more serious implications, however. I'm thinking of a person who watches Cesar Millan and decides that a choke collar is the answer for a 6 pound Chihuahua. I'm thinking of a person who gives a 5-month old puppy to a shelter for adoption because he simply "cannot be housebroken."

I'm also thinking of dire situations in which lack of understanding results in abject tragedy. A poignant example is the recent incident involving law enforcement officials who

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Upperville, Virginia

Just one of the village of Upperville, the property consists of 86 acres
of open and forested land with two spring-fed ponds. The main house
is a stately structure of extraordinary residence which has recently been
impeccably renovated to include a gourmet kitchen and pantry, a
generous fine floor master suite and four additional bedrooms. The
home is bound by mature perennial gardens, scenic walks, streams
and panoramic views of the Blue Ridge and Bull Run Mountains.
Property includes a estate house and stable \$5,600,000.



Wildwood
Bluemont, Virginia

Built in 1966, fine construction home with 4 bedrooms,
2 1/2 baths, 2 fireplaces, family room, den, breakfast room,
dining room, large deck and gold fish pond. Large storage
building could be used as a barn and shed. Situated on
117.64 acres with spectacular southern views. Subdivision
potential. \$2,800,000.



Old Oaks
Leesburg, Virginia

Classic Virginia home on 8.75 acres, minutes from Leesburg
and Greenway. Home circa 1880 has been completely
renovated and shows beautifully. Great woodwork and detail.
3 bedrooms, 2 1/2 baths, 2 car garage, lovely formal hardwood
floors and green house. Beautiful setting. \$1,950,000.



Atoka Chase Lane
Middleburg, Virginia

Impressive stone and frame home with a pond and 10
acres in Atoka Chase. Large fine floor master suite, open
contemporary design, great natural light, vaulted ceilings
and a central stone fireplace. Extra rooms include an
office, an enormous finished walkout basement with
recreation room and fireplace, guest room, exercise room
and storage areas. Great location, extensive plantings and
a private setting. \$1,525,000.



Lincoln Road
Purcellville, Virginia

Beautiful farm on 55.24 acres recorded in 5 parcels. Greatly
rolling land with lovely views in processed area near
Lincoln. Contemporary home with 4 bedrooms, 2 1/2
baths, 3 fireplaces and 2-car garage. European style stable
with 6 stalls, tack room, office, wash wall and apartment.
Very private. \$2,150,000.



Chinn Lane Gate House
Middleburg, Virginia

This Gate House has been transformed into the perfect
in-town home. Lovely yard with flowering roses, a new
stucco wall for privacy and side terrace. First floor master
bedroom, large living room with fireplace, separate dining
room, loss of built-in and storage. Expanded second floor
includes two bedrooms and one full bath. Fantastic new
kitchen with granite counters, new baths with marble
vanities. Looks great! \$750,000. Available for rent for
\$2,850 per month.

info@sheridanmacmahon.com
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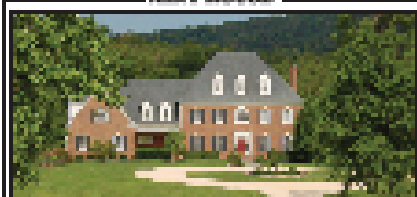
Properties In Hunt Country

GRACE HILL



Call Joe Talbot 800-527-4476

AIRY HOUSE



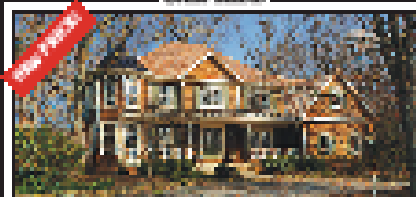
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GLYNN BOLLOW



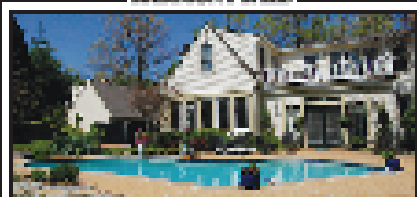
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OAK HILL



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BARMOONY HILL



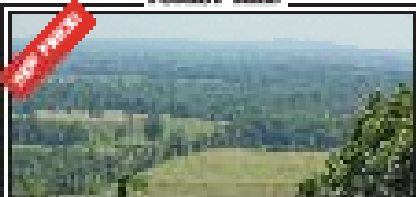
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TRAP BRANCH



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FOREST HILL



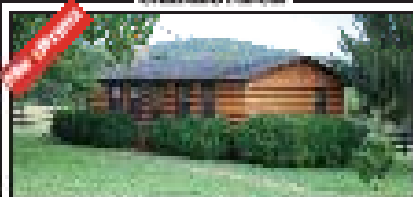
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WILDSIDE FARM



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CALMES NECK



Call Joe Talbot 800-527-4476

CANYON RIDGE



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LAND

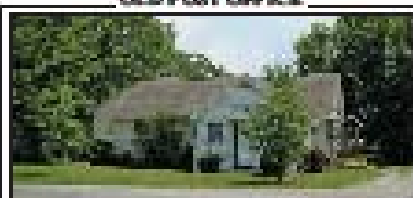
WILSON'S SPRING - 14.137 acres working farm in Warren County with field spring and beautiful views. In VOP tax district. \$2,000,000

FLUDDING FARM - 20+ up to acreage for parcels on Blue Ridge Road in Lenoirville with great road frontage and views. Parcels range in size from 4.12 acres and more. \$200,000 to \$250,000

THE BIRCHDALE TRACT FARM - 126 acres in Warren County. Beautiful year round mountain views. In VOP tax district. \$1,200,000

MAJESTIC VIEW - Parcels are 4.126 acres. Back with an approved 4 beds on acre field site with excellent views. \$1,000,000 to \$1,500,000

OLD POST OFFICE



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Carolyn Bedford

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These are not the only properties available. Please call for more information.