Middleburg Eccentric™

Middleburg's Only Locally Owned and Operated Newspaper

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Got milk? Page 16

VDOT to Middleburg Farmers Market: Forget It!

Dan Morrow

In late July, the Virginia Department of Transportation denied Middleburg's formal request to close South Madison Street for its weekly, Saturday morning Farmers' Market. VDOT simultaneously approved the closing of South Madison for the rest of the Bluemont Summer Concert Series. Two concerts are scheduled, one on August 1, the other on August 8.

In denying the Farmers' Market permits, VDOT insisted that it " . . . could not support the routine closure of any roadway in the Highway System without review and analysis of the impact to the traveling public and the businesses/residences located and accessing any particular section of roadway." The Commonwealth of Virginia quite literally owns Middelburg's streets. They're part of the state highway system, and are both maintained and governed by VDOT.

Business owners on South Madison had expressed their concern to Council about the negative effects of closing the street for nearly half-a-year's Saturdays. One filed a formal complaint with VDOT.

To date, all efforts to find a way to accommodate the market, the negatively affected businesses, and the traveling public have failed. South Madison is heavily traveled (it shares the town's only stoplight), and difficult to by-pass, especially for large vehicles and horse trailers serving The Hill School, businesses, and residents to the south of Washington Street, (aka US and VDOT's Route 50, and Middleburg's main street.)_

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Warrenton Pony Show

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All Lighting No Thunder

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New Life for Notre Dame Academy

When it opens for the school year this September, Notre Dame Academy, located in Middleburg, Virginia opens as a fully independent school, operating along the lines of other area private schools such as Wakefield, Highland, The Hill School, and Foxcroft. Last fall, the Notre Dame Academy Board voted to end the school's historic relationship with the Roman Catholic Church, effective, July 1, 2009, so that it could serve a broader student population. This decision was subsequently challenged with a lawsuit filed by a former trustee of the school, claiming that the Board had no legal right to make the changes. At the trial in Leesburg on July 29, Judge McCahill rejected all claims by the plaintiff, affirming the school's right to change its Articles of Incorporation and remove the school from any involvement with, or oversight by, the Catholic Diocese of Arlington.

Newly elected Board Chair, Mark Rossi, commented "this ruling removes a cloud of uncertainty from the school's future, with a new Head of school, a new vision, and two new trustees who are parents of students, we are in a good position to realize our dream of making this school a treasured asset of the entire community we serve." He added, "we are especially fortunate to have the continued financial support of the Frank Mangano Foundation during this period of change."

Head of School, Elizabeth "Libbi" Murray, said that "we will retain the ethical, spiritual, compassionate and respectful approach to life that has been characteristic of the Notre Dame faculty and students. We continue to offer an excellent college preparatory academic program, with music and great offerings in the study of the arts; in addition to a strong athletic program teaching the values of physical fitness, team play and sportsmanship. We want to prepare

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News of Note

Middleburg Remembers Virginia Burt Gunnell

On the last day of July, 2009, having witnessed and loved the spring greening of hills and gardens, and the blooming of acres of daffodils for nearly a century, Virginia Burt Gunnell died at her home in Middleburg.

Born in North Carolina, Virginia Gunnell adopted, and was adopted by the state whose name she bore, and the county and town she helped transform.

Her sense of duty, justice, and fair play, combined with her commitment to both the benefits and joys of the beautiful, led her take on the years-long task of transforming one of Middleburg's most disgraceful slums.

Her generosity, hard work, and the inspiration she provided to both her good friends, and some who only knew her by name, made possible the first standard-setting work of the Windy Hill Foundation and the transformation of Virginia Lane from an eyesore and health hazard to the western gateway to Middleburg.

By all accounts, what was once a disgraceful remnant of the worst days of Jim Crow Virginia became a role model of successful, efficient, affordable, and, thanks to Virginia and those she inspired, beautiful, housing.

Mrs. Gunnell was an avid gardener, an active member and Zone Chairman of the Garden Club of American, an officer of The Garden Club of Virginia, and served as President of the Garden Club of Alexandria and The Upperville Garden Club. She was a show judge for the American Daffodil Society.

A true believer in the value of history, literature, and those who preserve, protect it, and create it, she was a member of The Daughters of the American Revolution, a director of the National Sporting Library, and a generous supporter of the University of Virginia and Charlottesville's Audubon Archives. To encourage young writers she established the Foxcroft School Poetry Award.

She served as Chairman of both the Altar Guild and the Women of the Church of Trinity Episcopal Church in Upperville and served on the Ladies Board of the Alexandria Hospital.

She is survived by her daughter, Jane Rittenhouse Gunnell; grandchildren, Thomas Nelson Gunnell of Middleburg and Jane Page Gunnell Thompson of Aiken; her great- grandson, Thomas Nelson Gunnell Jr.; son-in-law, William Morgan Benton; and grandson-in-law, Mark Gregory Thompson.

She leaves behind a world made better by her presence, a legacy of natural beauty and thousands whom she never knew, inspired by her life and legacy.

Contributions in her memory may be made to the Trinity Church Endowment Fund, P.O. Box 127, Upperville, VA 20185 or Masters of Fox Hounds Association - Legacy Campaign, P.O. Box 363, Millwood, VA 22646 or Hitchcock Woods Foundation, P.O. Box 1702, Aiken, SC 29802.

Blue Ridge Hospice Opens Office in Middleburg



Rita Lang, Blue Ridge Hospice President, CEO Ernie Carnevale, Tom Sweitzer, and Emmanuel Episcopal Rector, Rev. Anne Hallmark, gathered at the new offices of Blue Ridge Hospice in Middleburg. The office space was made possible by the generous support of Emmanuel Episcopal Church.

Blue Ridge Hospice, a community asset that has served many Virginia counties for twenty-seven years, recently opened an office in Middleburg with the help of Reverend Anne Hallmark and the support of Emmanuel Episcopal Church.

Now active in Frederick, Clarke, Loudoun, Fauquier, Shenandoah, Page and Warren, and the City of Winchester, Blue Ridge Hospice has grown immensely from its humble origins as a fledgling organization in downtown Winchester. Today, Blue Ridge Hospice serves 200 individuals a day.

Through community support and the dedication of staff and volunteers, Blue Ridge Hospice continues its outreach to meet the changing needs of individuals facing terminal illness and their families. With five thrift shops in its service area, music therapy and pet therapy, camps for kids, ongoing seminars, workshops, and classes, as well as numerous special events, Blue Ridge Hospice is far from the tiny organization that began in Winchester when two women saw the need for an alternative approach to healthcare for those facing terminal illnesses.

In June, Blue Ridge Hospice made the decision to open another office in the Town of Middleburg. The Blue Ridge Hospice office will allow staff to conduct administrative work, be accessible to the public, and take a larger role in community activities. Through collaboration with Emmanuel Episcopal, its congregation, and other organizations in the community, Blue Ridge Hospice will sponsor educational workshops and programs for the public on issues such as coping with major illnesses, grief and loss. Blue Ridge Hospice staff have already attended meetings of Middleburg Main Street and Middleburg Business and Professional Association.

Blue Ridge Hospice follows the theme of this year's campaign for the National Hospice and Palliative Care organization—Hope, Dignity, Love…It must be Hospice, reminding us that the care Hospice provides brings hope to help people live life as fully as possible, offers dignity when there is not a cure, and surrounds families with love at one of life's most challenging times. Both hospice and palliative care are committed to providing compassion, hope, and dignity.

When visiting the new Middleburg office, Blue Ridge Hospice CEO Ernie Carnevale expressed his sincere gratitude "to the many people of the communities we serve who play vital roles in the ongoing work of our not-for-profit Blue Ridge Hospice."

"We are fortunate to have the 180 dedicated staff members who provide remarkable care to patients and families. Additionally, we are continuously supported in our efforts by more than 300 loyal volunteers whose assistance is invaluable," Carnevale emphasized.

Blue Ridge Hospice welcomes community involvement as volunteers, financial contributors, corporate supporters, or simply as a friend. Additional information about Blue Ridge Hospice is available by calling its offices at 540-536-5210 or visiting the website at www.blueridgehospice.org

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News of Note

The Spice of Variety

Joy M. Smith

Over the years many Middleburg restaurants have reflected the fact that they are located in the heart of horse country. This month we feature three restaurants with names that originate in the horse world and you'll find each seasoned with a bit of history.

Red Horse Tavern

540 687 6443



Located at the corner of Washington and Pickering, you'll immediately recognize the Red Horse Tavern when you see the red umbrellas on the porch and patio. The Red Horse has been a restaurant with varying ownerships and names over the years. Currently, just one of its many claims to fame is taking care of Middleburg's need for a late night meeting place.

Open Monday through Thursday from 11 a.m. to Midnight and Friday, Saturday and Sunday from 11 a.m. to 1:30 a.m. (the kitchen closes at 10: p.m.) local night owls know where to find each other when everyone disappears. They also like the fact that live music is featured each Friday, Saturday and Sunday night.

Now owned by Randall Dahme of New Jersey, the restaurant is managed by local resident and horsewoman Jennifer Simmons who has worked at the restaurant for more than nine years.

When asked what she likes best about her work Jennifer replied, "I like knowing so many of our customers. I'm glad my long restaurant experience has equipped me to do my job well. And, the fact that I can fit my own horse activities around my work schedule is an important plus. I live just five minutes from here so I waste no time commuting to my job.

"Many of our regular customers are eventing and polo people so that makes my work even more fun." She notes that her customers cover a broad span of age groups so she is pleased that the ten or twelve bands, that are rotated on weekends, feature all types of music. The recent patio expansion, remodeling and weekend entertainment have all contributed to significant growth in the volume of business.

At this time, the Red Horse menu is being updated, but their salads have always been fresh and delicious, their sandwiches distinctive, especially The Cuban, the burgers are a big favorite and the appetizer of fries with cheese and bacon will take excellent care of a hangover or simple need for carbohydrates. The fish and chips is always popular, the grilled cheese on sourdough with tomato is scrumptious and their chili with one of the many, many beers will absolutely hit the spot.

Plans are underway to add more locally grown products and a number of seasonal specials on the new menu according to Jennifer.

"We often buy produce at Middleburg's Farmers Market and our new menu will feature much more in the locally produced category."

Jennifer and her staff cordially invite readers to join the fun under the red umbrellas at the Red Horse Tavern and to watch for the new menu – coming soon.

The Coach Stop

www.coachstop.com



Ask anyone in Middleburg how long the Coach Stop has been in business, and most will say, "forever." The tagline for the restaurant, "where you will always meet someone you know," is pretty much true. Middleburg is a friendly town and the Coach Stop is grandfathered in as the casual/comfortable place to meet, eat, conduct business, chat with friends and celebrate birthdays, blue ribbons and winning the cup.

The horse reference, in the case of the Coach Stop's name is really an historic reference to Middleburg's geographic location halfway between Alexandria and Winchester. Coaches did indeed stop here for hundreds of years so passengers could eat and sleep.

Lifetime local residents Mike and Mark Tate own and operate the Coach Stop. Their mother, Margo Tate, does most of the baking. Family businesses often thrive in the Village of Middleburg. That is absolutely true for the Coach Stop.

Mike began working part time for Brian and Loretta Jillson, the previous owners, when he was a young teenager back in the 1980s. He continued to learn the restaurant business, part time, throughout his education. Both Mike and Mark graduated from Loudoun County High School and Mike went on to Virginia Tech where he earned a degree in Aero Space Engineering. Mark went on to Randolf Macon where he majored in Micro Biology. Later, Mike and Mark found their ways back to their hometown and to the work at the Coach Stop they had grown up to love.

In July 1988 the Tates bought the Coach Stop and they have now owned and operated the restaurant for almost 22 years. The Dimos Family had owned the "New York Café" from 1932 until they sold the restaurant to Loretta and Brian Jilson in 1958. That is when it was named the "Coach Stop."

Local patrons know they can count on the Coach Stop for three meals a day, 7-days-a-week, 52-weeks-a-year - 7:a.m. to 9: p.m. Monday through Saturday and 8:a.m. to 9: p.m. on Sundays. Indeed, if the regulars aren't there every day for all of those meals, they know they could be and they really like the reliability of knowing that.

Mark, while working in the restaurant and getting to know the town and its movers and doers, became increasingly interested in community government. He served on the Town Council for 12 years.

He found the restaurant to be a good listening post for his communications networking, because townspeople would often find it easier to talk to him about their concerns while he was at his work. Meanwhile, Mike's management skills were expanding and he grew more efficient in all phases of the restaurant business.

Menu planning became the result of knowing his customers and getting daily feedback about their preferences. Mike said, "customer's favorites have long been calves liver and onions, burgers (of course) and deep fried onion rings. We roast two or three turkeys each day, every day. And customers like our soft shelled crabs and shad roe in season." And, don't forget Margo's delicious pies – blueberry, strawberry, chocolate pecan and, her cheese cakes.

Some new folks in town often ask about famous customers the brothers might have met and served. But you won't hear the Tate brothers talk about their customers, famous or not. "What if we started to name local customers and we left someone out?" Mark asked. Mike adds, "famous locals and visitors usually prefer to keep low profiles and we respect that. We are very grateful for all of our customers."

With their restaurant's seven-day-a-week work schedule, Mike and Mark have to arrange their duty hours on a day-to-day basis. Mike said,

"…we have to be very flexible." The brothers also have responsibilities beyond the restaurant. They are both husbands and fathers. Mike and his wife Beverly are raising two sons, Sam and Jack. Mark and his wife Bonnie are raising two sons and two daughters, Ryan, Amanda, Matt and Rachel.

Be sure to stop by the Coach Stop if you want to meet a friend or help solve the problems of the world over breakfast, lunch or dinner.

Hidden Horse Tavern

www.hiddenhorsetavern.com

Opened under new ownership August 1, 2009

Owners Chip and Brandi Meadows

Partners Kevin and JoAnn Hazard

Chefs: Nick Pappadakis and Danielle Laudeman

Talk about timing! We are pleased to introduce the new owners of the Hidden Horse Tavern, Chip and Brandi Meadows with their partners Kevin and JoAnn Hazard. The Hazard's also own the Middleburg Country Inn. The new owners took possession of the Hidden Horse on August 1st, 2009. Customers are assured that Chip and Brandi have done their homework and Hidden Horse menu favorites are continuing.

The Meadows are from Little Rock, Arkansas where Chip ran three restaurants for five years and later managed a brew pub. Through those years Brandi owned her own catering business.

In 2008, after moving to Middleburg, Brandi worked part time at Salamander Market. She and Chip met the Hazards and once they became friends, there were many discussions about possible restaurants that might be for sale. As discussions progressed, JoAnn and Kevin shared the fact that they had often thought it would be a good idea to own a local restaurant in addition to their Country Inn.

In April of 2009, when the possible purchase of the Hidden Horse from Jay Trier began to come together, Chip and Brandi found a new home for their talents and experience.

As we conducted this interview and shot the photos, Chip was producing the lunch and dinner menus for the next day on his computer; he was interrupted because he had to step behind the bar to answer a few questions there.



This was their second week in their new restaurant and they had been making decisions by the hundreds for days. Decisions like the following:

What would the hours be? Schedule decided.

Friday: 11 a.m. to 10: p.m.,
Saturday: 11: a.m. to 10: p.m.
Sunday: 11: a.m. to 8; p.m.
Monday: 11: a.m. to 9: p.m.
Tuesday: Closed.
Wednesday: 11:a.m. to 9: p.m.
Thursday: 11: a.m. to 9: p.m.

Staying open all day was a change from the previous lunch dinner split hours schedule. The kitchen would be open later on Friday and Saturday. Another change: Happy Hour Specials on weeknights. That's new.

Chip is buying fresh produce from Sally Bolton and will include new local products as they become available. He plans to expand and diversify the wine list.

Chip plans to keep what Jay did successfully and he will build on that foundation. "I have begun a new tradition as preparations in the kitchen begin for each meal. I say to the chefs and staff, 'Let's prepare masterpieces for our guests.'"

So the offerings for each meal are very seriously planned and prepared. Each menu changes every day. A sample dinner offering might include the Flank Steak Sandwich, the Grilled Veggie Wrap and the Tavern Burger with a slice of Owner JoAnn's Signature Lemon Cake for Dessert. Or, perhaps, think about the Blackberry Pie served with Chef Danielle's homemade peach ice cream.

From the lunch menu, guests may build their own tavern burger or opt for Sally's Summer Veggie Wrap. Or another lunch offering might include Gazpacho, Chicken Wings and Caesar Salad.

In the months ahead, as Chip, Brandi, JoAnn and Kevin create their Hidden Horse menu, guests will enjoy the pleasures of the past and the delight of the new. The owners send special thanks to their good neighbor Susan Byrne, owner of the The Byrne Gallery, for lending them photography and artworks for their not yet decorated walls.

Oh, and about the horse reference? During the Civil War, locals hid their horses from the marauding armies crisscrossing this area. Back in the early 1990's we in the Middleburg Business group ran a special shopping day promotion called "Hidden Horse Day" to help businesses grow sales volume. And, yes, we even had a horse hidden in town for visitors to find.

Jay Trier was opening his new restaurant at this time and he thought "Hidden Horse Tavern" was a great name for a restaurant.



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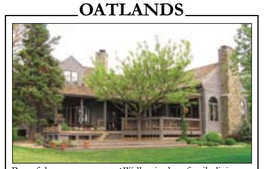
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News of Note

Loudoun Laurels to Ziluca and Russell

Inova Loudoun Hospital Leads Program to Honor Community Leader

On July 31, Inova Loudoun Hospital CEO, Randy Kelley, announced that preservationist Paul Ziluca and ECHO's Karen Russell will be honored with the 2009 Loudoun Laurels at black-tie ceremonies at Lansdowne, September 16. They join Eugene Scheel, Childs Burden and Kim Hart as Loudoun Laureates, and were selected from more than 100 nominees submitted by the program's Founders' Committee.

"Karen Russell's work with ECHO in Loudoun County has spanned 32 years of dedication and exemplary service, and Paul Ziluca's commitment to historic preservation and the community's political infrastructure has set a standard of citizenship and stewardship that we should all attempt to follow." Inova's Kelley noted.

"Both exemplify the special character The Loudoun Laurels program was established to seek out, recognize and honor. Their stories will add immense breadth and depth to the new Loudoun Laurel Archives at the Thomas Balch Library, ensuring that future generations learn about the truly exceptional individuals who made Loudoun such a wonderful place to live and work."

Proceeds from the event honoring Russell and Ziluca will be dedicated to the support of Inova Loudoun's pediatric rehabilitation program, which helps children and their parents cope with developmental challenges from a variety of conditions, including autism, Down's syndrome, cerebral palsy, muscular dystrophy, learning disabilities and attention deficit disorder.

The 2009 Laurels for Lifetime Service will be awarded to retired Air Force Colonel and dedicated preservationist, Paul Ziluca. After a quarter century of military service, Zilucca has worked tirelessly for another 30 years to preserve the history and protect the character of Loudoun County.

Born in Greenwich, Connecticut, Ziluca graduated from Culver Military Academy in Indiana, received a BA in Government from Harvard, and completed an MS in Government Administration at The George Washington University.

A direct descendant of the Italian national hero, Giuseppe Garibaldi, Zilucca retired from the United States Air Force in 1979. His service abroad included tours in Japan, Germany, Vietnam and Greece, where, for his last three years of service, he commanded an air base near Athens. At the Pentagon, he was assigned to the Joint Chiefs of Staff and to the Assistant Secretary of Defense of Atomic Affairs.

In 1980 a refreshed and newly retired Colonel landed in the horse country of Northern Virginia, where he immediately . . . went to work.



Paul Ziluca: Lifetime Service

He helped build the Republican party in Loudoun, chaired campaigns for Loudoun County Board of Supervisiors Chairman Scott York and Virginia State Delegate Joe May; served as Chairman of the Loudoun County Republican Party; and a member of the party's State Central Committee.

In1994, he began a transformative eight-year term of service as the Director of the Virginia Outdoors Foundation (VOF), the largest holder of conservation easements in the United States. While he was Director, the VOF increased its staff from one person to nineteen, its annual budget from $50,000 to more than $6,000,000, and more than tripled VOF acreage under conservation easement, including large parts of Loudoun County..

He was an early, active, and a powerful source of funding in the movement to preserve and protect Aldie Mill, and in the creation and development of the Mosby Heritage Area Association

And though he wore Air Force blue for well over a quarter century, his friends say he was always a cavalry officer at heart.

In 2000 the Board of Supervisors appointed him Chairman of the Citizens Committee for the preservation of the1863 cavalry battlefields of Aldie, Middleburg and Upperville. He soon re-enlisted to help the Unison Preservation Society map and preserve the scenes of roiling skirmish and botched reconnaissance that led Lincoln to suggest alternative employment for General George McClellan.

Still in the saddle, he has been an active and key consultant in the development of the Loudoun County Heritage Plan, In January of this year, Ziluca helped gain county legislative approval to draft a new section of Loudoun's comprehensive plan that specifically protects battlefields. Once implemented, it promises to be a model for every other county in Virginia.

Ziluca's determination to preserve the historic beauty of Loudoun County has inspired many younger county leaders to enlarge their scope of community service and follow in his footsteps.

Both Kim Hart and Childs Frick Burden, recipients of Loudoun Laurels in 2009, cited Paul Ziluca as one of the most important of the community leaders who has blazed a trail for them to follow, to protect and preserve.

The 2009 Laurels for Stewardship will be awarded to Lovettsville's Karen Russell, the Director of Marketing at Loudoun County's exemplary non-profit ECHO, Inc., headquartered in Leesburg.

For more than three decades Russel has worked with the County and with ECHO to make ensure that, truly, "Every Citizen Has Opportunities."



Karen Russell: Stewardship

Born in Leesburg, to what she describes as a large, loving and incredibly supportive farming family, Russell (a cousin of Pulitzer-Prize-winning journalist Russell Baker) grew up in Lovettsville, married her high-school sweetheart, and soon became an army officer's wife.

When her late husband left the service, the family returned to Loudoun and she began work for the Loudoun Country Department of Human Services that would, in time, charge her life and the lives of many others.

By 1977 her work for the County had introduced her to ECHO, its people, and its program, and when an opportunity to join them presented itself, she became ECHO's bookkeeper, plus secretary, plus transportation manager.

For the next thirty years, whenever there was work to be done, or found, or supported, Karen was there, active in nearly every sector of ECHO's operations.

ECHO (Every Citizen Has Opportunities) is a Leesburg headquartered non-profit. It is well known for its standard-setting approaches to evaluate, train, and place adults coping with severe mental or physical disabilities in well-supported , productive, work environments.

ECHO's services include evaluation (working with its clients to see just what sorts of work, in what sorts of environments they can do); training, to not only do the work, but work well with others; and providing work, sometimes in the form of sheltered off-site employment, sometimes in the form of 6-person ECHO mobile work crews. ECHO's workers work in mailrooms, serve as groundskeepers, provide cleaning services, and deliver packages in nearly twenty different locations around Loudoun County.

Russell sees her teams as both "enhancing" a company's regular workforce and, through their ongoing track record of success, helping to fight prejudice against people with disabilities.

Over the years she has worked with ECHO, Russell has helped improve the lives of countless Loudoun citizens who, without ECHO's help, would not have had an opportunity to join the work force. By breaking down barrier to entry for these individuals, Karen has enlarged the sense of community and inclusion for workers at every company and enterprise that employs ECHO's clients. And by including

ECHO clients in their workforces, employers and employees alike have gained a more powerful senses of community and of the worth of every individual.

September 16th Awards Ceremonies

The 2009 Loudoun Laurels will be presented September 16th at a black-tie dinner and ceremony at Lansdowne Resort in Leesburg. Proceeds from the evening will benefit Inova Loudoun Hospital's Pediatric Rehabilitation program.

The annual Loudoun Laurels Honors has become a high point of the philanthropic season with many leading companies and organizations already committed to this year's event.

Current sponsors include Loudoun Pathology Associates, P.L.C; IDI Companies/Leisure World of Virginia; the Claude Moore Charitable Foundation; Commonwealth Emergency Physicians, P.C and Fairfax Radiological Consultants, P.C.

There are many sponsorship and underwriting levels at the September 16th event including the $30,000 Cabinet designation, the $15,000 Council designation, the $10,000 Congress designation and the $6,000 Guild designation. Each of these designations includes Award Ceremony seats and a portfolio of associated branding and marketing benefits.

Individual seats at The 2009 Loudoun Laurel Award Ceremony and dinner are $350 and must be reserved in advance.

To reserve seats, and to confirm your underwriting, please contact Tracy Edmonds, Development Specialist for Special Events, at 703 858 8806 or email Tracy.Edmonds@Inova.org.

Civil War Authors Book Signing and Historical Exhibits

Kicking off the commemoration of the Sesquicentennial Anniversary of the American Civil War, the Loudoun County Civil War Roundtable and the Thomas Balch Library are proud to present a day with local Civil War authors on October 17, 2009. The event will begin at 10:00 a.m. at the library with a welcome by Civil War Roundtable president Bill Wilkin and will conclude at 4:30 p.m.

Authors from the Northern Virginia region will be selling and signing their books and speaking for 30 minutes each on their topics. In addition, there will be a variety of historical displays and exhibits including Civil War maps, documents, and artifacts. The Sons of Confederate Veterans, United Daughters of the Confede racy, and Sons of Union Veterans also will have informational displays set up for the public. Uniformed reenactors will be present to answer questions and assist visitors as they move between the Thomas Balch Library and the nearby Leesburg Presbyterian Church where author's tables and book displays will be set up.

Featured Civil War authors will include Richard Crouch, David Frantum, Steven Meserve, Jim Morgan, and Calvin Zon. Mapmaker Eugene Scheel, Circuit Court Clerk John Fishback, and artifact collectors John Creamer and John Wyrick are the featured exhibitors.

Admission is free. Refreshments and food will be available for sale at the church.



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News of Note

All Lighting. No Thunder.

Tesla Roadster Flashes Into Middleburg

Alex Cudaback

There is something oddly disconcerting about riding around in a car that makes no noise.

There is something downright unnerving when the grandfatherly fellow driving, who bears more than a striking resemblance to jolly old St. Nick after gastric-bypass surgery, is grinning like the Cheshire Cat as he mashes the accelerator to the floor and the turkey Reuben you had for lunch is having serious misgivings about coming along for the ride.

And the fact that there's no shift-lag at all since the single-gear transmission requires no clutch, manual or automatic, is just downright weird.

The cherubic maniac sitting next to me and piloting this missile is Dr. Gerald McNichols, better known as Mac. He and his wife moved to Middleburg in 1995, out from the D.C. area where they'd lived since 1967.

"We both absolutely love it out here," said Mac. "The people, the country, the pace. We can still get inside the beltway when we want to, but Middleburg is a wonderful place to call home."

McNichols' story is a fine one, make no mistake about it; he was commissioned by the Air Force in 1965 and spent four years on the Air Staff before joining the Office of the Secretary of Defense for five years; he co-authored the textbook Operations Research in Decision Making; he's been an adjunct professor at George Mason University and The George Washington University as well as a guest lecturer at University of Maryland and American University; he's founded, built, bought and sold more companies than most of us have worked for; he's served on boards, committees and commissions; he's an angel investor and philanthropist and currently spends much of his time helping new and interesting companies get their legs under them.

But this is really a story about the car. Cool as Mac is, the car may be even cooler.

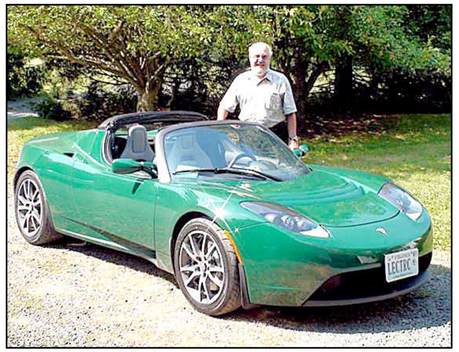
It's a Tesla, it's the first of its kind in Virginia, and, if it weren't such an eye-catcher, this whisper quiet, Racing Green Roadster might just sneak up on you.

One of the first things you notice when you walk around the Tesla Roadster, other than the fact that the front windshield comes up only to about your waist, other than the appearance that its two seats are sitting right on the ground, and after you've picked your jaw up off your chest at seeing one of the rarest cars in the country (only about 500 have been built and sold to date), is that there's no tailpipe protruding from the rear of the car. That's because the car doesn't use gas. At all. Not a drop.

The Roadster, as well as the Roadster Sport, the Roadster II, and the upcoming Model S sedan, all run on a microprocessor-controlled lithium-ion battery. The Roadster's battery, comprised of 6,831 individual cells, weighs in at a whopping 992 lbs. That battery, though, gives the Roadster an EPA-estimated range of about 220 miles per charge. As recently as April of this year, a Roadster set a new record at the Rallye Monte Carlo d'Energies Alternatives, completing the 241 mile course with a reported 31 miles of range left.

On top of that, Tesla claims the battery is good for five years or 100,000 miles.

And, using the High Power Connector to charge up (it plugs into the same type of outlet you'd use for a clothes dryer), the battery is fully juiced in about 3.5 hours. Tesla Motors claims the operational cost per mile to be about $0.01. Yup, a penny. That's more than five times better than a Prius, based on mileage estimates.



All of which is swell. But how does it drive?!

Like a rocket.

Once you get yourself folded into the cockpit, something I'm guessing gets easier with practice and muscle-flexibility, you turn the key and hear… nothing. Well, there's a chime, but other than that? The thing is just on. You push a button to get into gear (there's nothing even approximating a stick), press the accelerator, and the car just glides forward. Or backwards, if you prefer. Power steering is not an option, but the wheel turns freely without too much wrenching and fighting. Driving around town is a fine, but where you really want to be is out on the open road. The battery's weight sits pretty close to the center of the car, and when you combine that with a very low stance (did I mention sitting on the ground?) You get a ride that handles like a true sports car, dipping and diving into turns, gobbling up asphalt and blowing the doors off just about anything else on the road.

Because of the Roadster's electric power plant, all the torque generated by the engine is available from 0 RPM all the way to 6000 RPM, with plenty left over all the way to 14,000 RPM. The Roadster goes from 0-60 mph in under 4 seconds. That I can personally attest to.

All in all, the Roadster's a hoot. Its north-of-$100,000 price-tag is prohibitive, no doubt about it, but the technology behind it is the real deal, and the Model S sedan that's coming out next will be priced around a more-reasonable $57,000. Tack on Federal income tax credits, single person access to HOV lanes, and that operational cost, and you suddenly see the Tesla Roadster for what it just might really be: a glimpse of the future.

If you see Mac tooling around town in his Roadster, give him a wave. He'll happily wave back.

But keep your eyes peeled.

Breast Cancer Presention and Discussion at Foxcroft School

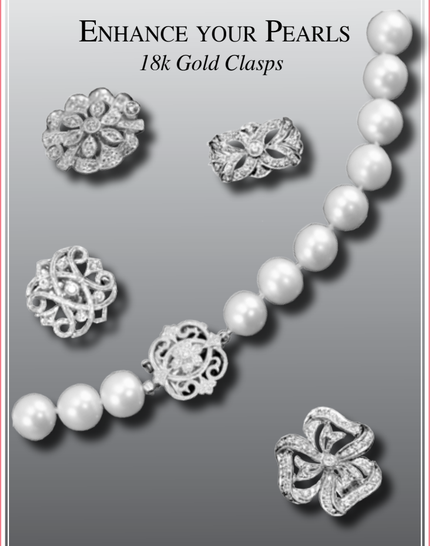
Dr. Nicholas Robert will speak to the students and faculty of Foxcroft School, and they have, most generously, opened the session to the community.

A graduate of the McGill Medical School, Dr. Robert completed an Internship and Residency in Medicine at the Royal Victoria Hospital in Montreal. Following a residency in Anatomic Pathology at Massachusetts General Hospital where he was Chief Resident, he continued his training in Hematology at Brigham and Women's Hospital and Medical Oncology at Dana Farber Cancer Institute. He was a Fellow at Harvard Medical School.

The author of over 100 publications primarily in the area of Breast Cancer, Dr. Robert is a reviewer for several medical publications as well as the recipient of numerous research grants. Previously the Clinical Director of Medical Oncology at Tufts Univeristy - New England Medical Center, he is currently the Chairman of Research and Chairman of the Cancer Committee of the INOVA Fairfax Hospital's Cancer Center as well as the co-chairperson of the Breast Committee of US Oncology Research Network.

Annually Foxcroft has marched in Cherry Blossom's "Nanette's Walk" to raise funds for breast cancer awareness in the Piedmont. Team Foxcroft has placed first at each walk and has held fund raising events of their own.

Sunday, September 6, 7pm, The Foxcroft School, Fox-Hound Auditorium. For more information, please call Beth Glenn, 540-687-3101.

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News of Note

Great Emmanuel Public Auction

More than 500 items will up for live bid sale at the Great Emmanuel Public Auction, 10 am Saturday, September 12 at Emmanuel Episcopal Church 105 Washington St. in Middleburg.

The sale will include antiques, furniture, art, lawn and garden equipment, TVs, home and office furniture, rugs, tools and numerous box lots. Because the auction is for charity, there will be no sales tax or buyer's premium. There will be no reserves. Each item will be sold to the highest bidder.

Two of the most unusual items to be sold to the highest bidder will be an antique wooden bowling ball and two pins. Wooden bowling balls were manufactured up until 1900, when they were replaced by hard rubber material. This ball is believed to have been made in the mid-1800s. A hand carved antique birthing stool is the second rare item. Birthing stools allowed the birth mother to sit or squat while having a baby. Their use goes back to ancient time and they are even mentioned in the Bible. These stools are still used in many developing countries and in Amish communities in the U. S.

Also to be sold are an antique pine dresser and a wash stand, child's and adult rockers, chairs of every description and a new sectional sofa bed, as well as numerous wooden and upholstered furniture pieces. A large number of pieces of office equipment will also be sold as well as quality golf clubs and bags

Auction items can be previewed on Friday, September 11 from 6 to 8pm and again on the morning of the sale beginning at 8 am.

The auction will be held in two parts. Starting at 10 a.m. tools, lawn and garden equipment. Box lots and other similar items will be sold in the church parking lot. The sale then moves indoors to the parish hall for the rest of the items. In the event of rain, the entire sale will be held indoors.

Donated items for the sale will be accepted on Saturday mornings through September 5 at Middleburg Self Storage on Federal St. For further info on donations or the sale, contact Curtis A. Prins (540) 687-3990

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Thirty-One Packages Leave Middleburg for Troops in Afghanistan



Thirty-One Packages Leave Middleburg for Afghanistan Troops—Village Post Mistresses worked tirelessly and enthusiastically to make certain the 31 packages of donated goods were securely taped, tied and addressed to L. Cpl. Daniel Weber and his fellow Marines who are serving with Golf Company, 2nd Battalion, 8th Marines, who are now serving our country in Southern Afghanistan. Local residents and friends followed a carefully detailed list of items the Marines have requested including everything from baby wipes, hand sanitizer and long white socks to powdered drink mix, protein bars, beef jerky and artificial tear eyedrops.

Solid deodorant, medicated foot powder and cotton boxers also filled the boxes with lots of cards and letters thanking them for their service.

Lisa Weber, L. Cpl. Weber's mother began the campaign to support her son and his colleagues and the entire Middleburg area has joined in to make certain these troops understand clearly how much their courage and service is appreciated. The community commitment is to send 30 packages every Friday to our heroes in Afghanistan. To donate to this effort, please contact MarineMomWeber@gmail.com

James C. Rees of Historic Mount Vernon to Speak at The Hill School

On September 19, James C. Rees, Executive Director of George Washington's Historic Mount Vernon Estate and Gardens, will speak on "George Washington: Soldier, Statesman, Farmer" at the Sheila C. Johnson Performing Arts Center at The Hill School in Middleburg.

Rees will also sign copies of his latest book, George Washington's Leadership Lessons, described as a "compelling and complex vision of Washington as a modern role model for every American, especially those who lead others."

Washington, Rees notes, was not only a great soldier and president, he also a gardener, ran "the nation's largest whiskey distillery, a very sophisticated milling operation, and a remarkable fishery that netted 1.5 million herring in a seven-week season . . . and introduced the mule to hundreds of American farmers."

The evening begins at 4:00 PM at the Sheila Johnson Center, with conversation and refreshments. The lecture begins at 5:00 and ends, after opportunities for questions from the audience, around 6:00 PM.

Admission to this event is $75, with proceeds benefitting the education programs of the Mosby Heritage Area Association. Seating is limited. Reservations may be made at 540-687-6681, or on line with PayPal or a credit card at http://www.mosbyheritagearea.org/

The mission of The Mosby Heritage Area Association is to educate, and advocate for the preservation of the extraordinary historic, cultural and scenic resources in the Northern Virginia Piedmont. The area is bounded by the Bull Run Mountains to the east, the Blue Ridge Mountains to the west, the Potomac River to the north and the Rappahannock River to the south. It comprises the counties of Loudoun, Fauquier, Clarke, Warren and part of Prince William, some 1,800 square miles.

The area is named for Colonel John S. Mosby whose rangers fought throughout the region, for the most part behind Union lines, during the American Civil War.

Salamander Resort to be One of USA's First 'Green' Luxury Destinations

As construction continues and booking interest increases, Salamander Resort & Spa has announced that when it opens in March 2011, the property will be one of the first luxury destinations in the country to achieve LEED (Leadership in Energy and Environmental Design) certification.

In addition to the building's physical characteristics, which include extensive waste, water and energy management programs, resort management company Salamander Hospitality is creating, "Meeting Green," a practical program in which group attendees can participate in environmental sustainability.

"Our goal for Salamander Resort & Spa is to take a leadership role within the hospitality industry by continually looking for innovative ways to enhance our luxury resort guest experience, while maintaining sensitivity to our environment," says Prem Devadas, president of Salamander Hospitality.

Salamander Hospitality CEO and Founder Sheila Johnson underscored her intent to create an environmentally sensitive resort by placing 252 of the resort's acreage into a conservation easement, held jointly by the Potomac Conservancy and the Town of Middleburg.. In addition, commitments were secured to use native plants to minimize irrigation, and employ unobtrusive external lighting to preserve nocturnal views and minimize light pollution.

By establishing the "Meeting Green" program, the resort will offer Basic, Intermediate and Advanced plans for groups wanting to make sure their stay is as ecologically sound as possible. These programs go beyond the usual guest recycling programs, printing on recycled paper with soy based ink, and use of non-chemical housekeeping cleaners.

Some of the additional measures will include:

• Creation of all menus utilizing many sustainable and organic products produced within a 50-mile-radius, including the large on-site chef's garden, to minimize transportation and carbon footprint. Guests will be able to cook with many of these ingredients at the resort's culinary studio.

• Special menus including a 50-percent reduction in animal proteins, supplemented by vegetable proteins at meal functions.

• Use of potted plants instead of "cut flower" arrangements on banquet tables.

• Use of specially filtered water served in pitchers

• Electronic meeting flyers and hand outs, accessed via a special Internet site or by e-mail.

• Promotion of off-site events and tours that introduce event attendees to the area's natural environment with minimal impact

• Utilization of energy saving horse-drawn carriages and bicycles to take hotel guests to and from the Village of Middleburg

The resort is also renovating the over 100-year-old Stallion Barn, which still stands on the grounds only a few hundred feet from the on-site equestrian center, and turning it into function space – part of 12,000 square feet available for group usage.

The Resort will also create two "treehouse" treatment rooms in the edge of the woods overlooking a creek. The resort's spa features 14 additional treatment rooms inside the main building, seven of which include an outdoor treatment patio.

The design architect for Salamander Resort & Spa is WATG from Irvine, CA , and the architect of record is Architecture, Inc, of Reston , VA. Renowned Residential Designer Thomas Pheasant of Washington , D.C. , designed the King Guestroom and inspired the overall design. Forrest Perkins of Dallas and Washington, D.C., is the interior designer and interior architect of record. BluSpas of Whitefish, MT, is the spa consultant, Turner Construction of New York City is the general contractor, and Mark G. Anderson Consultants of Washington, D.C., is the project manager. The resort's culinary director is Todd Gray, co-owner of Equinox restaurant in Washington, D.C.

For more information about Salamander Resort & Spa, or to reach the group sales department, call 540-687-3600 or visit www.salamanderresort.com.

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News of Note

Why Plan your Estate Now?

Chris Tate

If you have not done any basic estate planning, there is no time like the present. The reasons to plan your estate exist no matter what the state of the economy. If you have already planned your estate, you should revisit your plan every several years, and whenever there is a significant change in your family (birth, death, divorce) or financial circumstances. Just pull out the documents and give them a thorough read, and make sure they still accomplish what you want. If they do not, see an attorney about updating the documents.

WHAT ABOUT THE ECONOMY?

You may feel as though you have nothing left to plan in this economy, but whatever you do own at the time of your death must go somewhere. Maybe you are comfortable with the idea that state law will take care of it – that it will all get to the right people if you do nothing. Wouldn't you rather have some input as to how your property is distributed? Do you want your children to receive inherited property when they turn 18? If you think this is too young, you can make sure the property is held in trust until they reach a specific age. Who should serve as guardian, trustee, and executor? These are some of the basic decisions you make when you design your estate plan.

"I already have a will." Does it still do what you want it to do?

In this economy, assets may have decreased in value, so you should re-familiarize yourself with the provisions in your will

Continued Page 29

Is There a Connection Between Heart Disease and Gum Disease?

Dr. Robert A. Gallegos



Research has shown that over 90 percent of all systemic diseases are linked to oral symptoms. In other words a sore or painful jaw could indicate an impending heart attack or heart disease and dry mouth could be a sign of diabetes. Studies have also suggested that people who have periodontal disease (gum disease) seem to be at a higher risk for heart attacks, high blood pressure, pre-term low birth weight babies and diabetes. Yet, while signs in the mouth can help diagnose problems in the body, the question still remains, can gum disease and bacteria in the mouth really cause other possibly life threatening health issues? In this article I will focus on heart disease.

Congestive heart failure affects more than three million people in the United States, with approximately 400,000 new cases each year and three out four adults are affected by gum disease at some point in their life. However, according to a study that appears in General Dentistry, the Academy of General Dentistry's clinical, peer reviewed journal, "A number of clinical studies have demonstrated that the two diseases are associated…a cause and effect has yet to be shown."

The current theory is that bacteria present in infected gums can come loose and move throughout the body. The same bacteria that cause gum disease and irritate gums might travel to arteries. If bacteria reach the arteries, they can irritate them in the same way that they irritate gum tissue. This could cause arterial plaque to accumulate, which can cause hardening of the arteries and decreased or blocked blood flow. Compromised blood flow to the heart can cause a heart attack. It is commonly agreed in the medical community that no single risk factor is responsible for coronary atherosclerosis, the hardening or narrowing of the arteries, which is the major cause of heart attacks but it appears that bacteria from the mouth play a part.

Whatever the case, symptom or oral health concern, your general dentist is usually the first to detect serious problems that may require the attention of a physician and regular dental visits as prescribed by your dentist may very well help to eliminate long term overall health problems.

Dr. Robert A. Gallegos is a Fellow of the American Academy of General Dentistry, he is on the faculty of the Scottsdale Center for Dentistry where he Assistant Faculty in cosmetic and advanced dentistry, he is a mentor at the Pankey Institute for Advanced Dental Education and a general member or Fellow of several dental groups including the American Dental Association. Dr. Gallegos practices dentistry in Middleburg, VA. You can learn more about his practice at www.MiddleburgSmiles.com.



Cynthia Tucker Chester Business Services



Cynthia Tucker specializes in bookkeeping and management with a special talent for equine/farm enterprises due to her extensive involvement with the multi-faceted horse industry.

"A large part of my life involves horses, and most of my clients are the result of those relationships," says Tucker. After working for several years in the institutional brokerage business, Tucker started looking for a way to combine her financial and equine knowledge. "I present detailed, well-organized information, making it much easier for the accountant to determine the best tax advantages for each client's situation. Many of my clients have home offices or they're older, so they need to know me and be able to trust me. I take a personal interest in them and, for me, it's not just a job. I've been known to pick up groceries, water the plants or even help move cows when my clients needed help."

Shortly after her birth in the USA, Tucker's parents moved to England. She grew up in Chester, experiencing the full gamut of British education in both academics and horsemanship. After graduating from Hammond School in England, Tucker returned stateside to continue her education, both on and off a horse. She earned her degree in equine studies from Southern Sem Junior College, and then pursued a double major in business and interior design at Stephen F. Austin University in Texas.

Tucker has lived in Middleburg for 20 years, working for local businesses, both in and out of the horse industry. She is a member of the Middleburg Business and Professional Association. She also owns and operates Chester Stables LLC, which keeps her busy working as an agent and racing manager for clients within the Thoroughbred racing industry.

"They say variety is the spice of life," states Tucker, "and that's exactly what keeps me and my businesses going."

Land Trust of Virginia Creates Deborah Whittier Fitts Battlefield Stewardship Fund

The Land Trust of Virginia Board of Directors has created a new fund, called the Deborah Whittier Fitts Battlefield Stewardship Fund, as a means of recognizing and providing financial support for landowners interested in protecting properties where Civil War battles took place. Grants from the fund will be used to offset some of individual landowner's expenses associated with putting battlefield acreage into easement.

A long-time professional journalist who reported for both the Loudoun Times Mirror and the Civil War News, Ms. Fitts was considered by many to be the nation's leading journalist covering Civil War preservation issues.

For more than a decade, Fitts wrote eloquently about the struggle to protect Virginia's hallowed Civil War landscape. She covered many major Civil War preservation battles that made national headlines, such as the proposed Disney theme park near Manassas and the successful preservation of Brandy Station, as well as many other nationally significant Civil War battlefield preservation efforts.

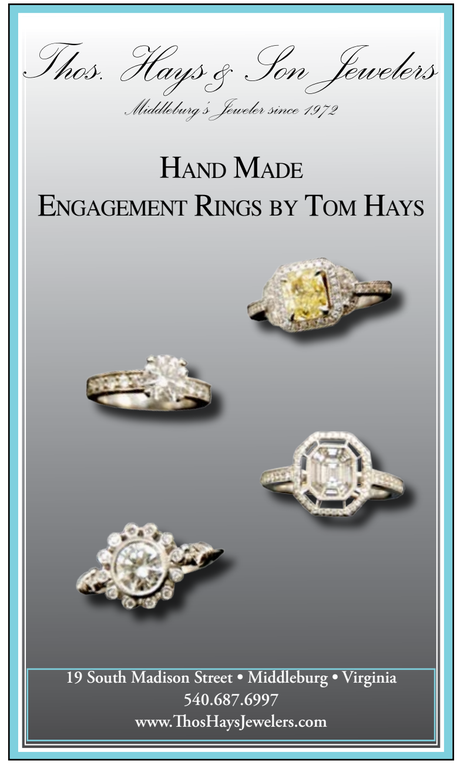
Childs Burden, a member of LTV's Board of Directors and a close friend and colleague of Deborah's, said: "The preservation of the history of this beloved Commonwealth of Virginia played such an important part of Deborah's life. She has played an equally important role in preserving our Commonwealth's heritage.

Deborah devoted much of her life's work to writing and educating others about Manassas, Chantilly, Unison, Fredericksburg, Chancellorsville,

The Land Trust of Virginia (LTV) currently holds easements on 25 Civil War battlefield properties covering more than 1,500 acres, including 912 acres of the Battle of Upperville, 517 acres of the Battle of Unison, 70 acres of the Battle of Aldie, and 33 acres of the Battle of Middleburg. LTV's Board of Directors anticipates that LTV will pursue and accept even more easements on Civil War sites as the Deborah Whittier Fitts Battlefield Preservation Fund becomes more widely known.







Editor's Desk

The Sun and Salamander Rising?

The President is cautious . . . but optimistic enough to go on vacation.

The Chairman of the Federal Reserve is almost "outspoken."

Two years after we began feeling the tremors, and a year after what can only be described as feeling the earth move in what could have been a financial catastrophe on a global scale, we may well be, as Ben Bernanke put it, "On the Verge of Recovery."

We've been very lucky in Middleburg. And the signs are getting better.

Our major local bank has seen its share price move up and down, but it has never been in trouble.

Times have been tough for many of our merchants, but most have hung on, and some have thrived. New businesses have opened. Old businesses have new owners, or have moved to new quarters.

Our Farmers' Market, after early summer doldrums, is thriving.

And now, at the regular August meeting of Middleburg's Town Council, Town Planner and Zoning Administrator, David Beniamino noted . . . just in passing . . . that his office had been busy during the usually lazy days of August, processing nothing less than a "flurry" of paperwork and permit requests from Salamander Development.

There could be any number of explanations, of course, for the sudden change in Beniamino's daily to-do list.

Let us hope that things are what they seem, and that Beniamino's expanding to-do list, and Salamander's forward motion is a sign of spreading confidence in the returning strength of the US economy, and the Middleburg community's ability to bring the best of those who are leading it happily into town for a visit . . . or two.

Letters

To the Editor:

Madison Street Closing

I am mystified by the agitation over the closing of Madison Street for a wonderful service to the Community. My impression is that the sidewalks are still open and anyone can walk to a business or office for any purpose. Plenty of parking is available just yards away.

When I visit my doctor or the hospital I park in a parking lot and walk some reasonable distance to the office. Even visiting the emergency room requires parking and walking unless you arrive in an ambulance. When I visit a shopping mall, I park some distance from from the door and walk to get to the shops. Many towns have permanently closed some of their streets to traffic to accommodate strollers, shoppers, tourists and events - and to better compete with the traffic free shopping malls. Have we forgotten how to walk? Maybe the town can reserve a few parking spaces for affected business people so they know they can find a nearby space. But really - is walking a block so terrible that it changes your life and puts your business and your work at risk?

I think we may be pandering too much. A vigorous Farmer's Market is a wonderful addition to Middleburg and to the area - we need to support it, not find trivial reasons to undermine it.

Regards,

Mitch Diamond
Unison, Virginia

Hypocrisy

Tom Pratt

The opposition to health care reform is taking a very nasty turn. Lies and deception from the opponents of reform come in the form of inflammatory emails from highly organized right wing groups that instill fear among the mostly uneducated republican base.

These are the Palin supporters and Obama haters who are using town hall meetings as forums to spread their ideology through disruption. They are rude, crude people who have no respect for decorum. Shouting and screaming, seeming out of control most of the time, they are a disgrace. But those who are using them as tools to try and bring down the Obama presidency are the real culprits.

The question I must ask: where were all these people who are now so concerned about the cost of health care reform when Bush was taking us to an illegal war that has already cost more than the projected cost of health care over the next 10 years. Seems to me that money spent saving lives instead of taking them is a far better investment!!

This is not just about health care reform, it goes much deeper than that. These people are so fearful of anything that has the tiniest tinge of socialism that they are totally irrational and cannot speak in a civil manner, they would rather shout obscenities than have a discussion.

At a town hall meeting today, Aug. 11, Clare McCaskill assured the rabble rousers in the crowd that the Senate bill did not contain language about abortions being paid for by a government health plan, she said she would not vote for a single payer system, she said she wanted a plan for all Americans that was as good as those plans Congress enjoys, and do you know how they responded? They shouted at the top of their lungs "we don't believe you" How, I ask, do you respond to that, she said "what do you want me to do, go home"

It seems as though I am coming down hard on Republicans but I would bet my life on the fact that none of the rude disruptive people were democrats. The Republican party should be ashamed of these ignorant people and tell them so. Republican congresspersons should denounce these tactics and the representatives who are good enough to hold these town hall meetings should, at the least, demand that all attendees show valid identification to prove they live in the state and are constituents, Bush would not allow anyone to his events who were not solid contributors to the party.

Get smart Dems and do some of the same, keep these ignorant people out and do not give them a stage to spread their vile rhetoric.

ProJet Aviation's CEO, Shye Gilad speaks at 2009 Air Venture show in OshKosh, WI

The American government has spent a lot of time and money trying to stimulate the economy and create jobs. In fact, as American taxpayers we have spent more than a trillion dollars to try to save our economy, with a goal of creating 3.5 million jobs over the next two years.

So you have to wonder – what was Representative [Gary] Ackerman (N.Y.) thinking when he chastised auto executives for flying the company's private jet to Washington? Why did Brad Sherman, a Representative from California – a state that will need to borrow 8-10 billion dollars to get through this year alone, feel compelled to join him? The truly delicious irony here is that these two congressmen thought nothing of demonizing an industry that generates over 1.2 million high-paying American jobs, when in fact their irresponsible actions led to immediate job losses at the very companies they were supposedly trying to save.

An employer, taxpayer, and aviator, I find the lack of leadership displayed by these two representatives as appalling as it is astonishing. Their self-indulgent whimsy kicked-off a shameless, misguided attack on an industry that contributes over 150 billion dollars to the US economy each year. That is why I came here today from DC to Oshkosh in this Piaggio Avanti II – to set the record straight.

I could have flown on the airlines – although that would have required almost a full day of travel, since Oshkosh is one of the more than 5,000 airports in this country without scheduled air service. I suppose I could have driven here, so as not to offend any other elected officials who might be paying attention. But instead I traveled on this quick and efficient Piaggio Avanti II – an aircraft that is a viable business solution for many American companies.

This aircraft is owned by an incredible businesswoman; an entrepreneur who employs hundreds of US workers, gives millions of dollars and countless hours of service to philanthropic pursuits around the globe.

My company, ProJet Aviation is a US Air Carrier and Aircraft Management firm, and we charter this Avanti II and other aircraft worldwide. By making the aircraft available for charter – the owner maximizes the utilization of the aircraft and makes it available to the general public for business travel, medical missions, and other valuable uses.

The Avanti II is an excellent example of the value of business aviation. Truly a green machine – the Piaggio combines the speed and serenity of a jet with the low operating costs and efficiencies of a turboprop. The cabin is significantly larger and quieter than any aircraft in its class – which makes for an ideal workspace and high productivity in flight.

The majority of transportation in business aircraft is conduct by mid-level managers and sales teams who leverage the efficiency, safety, and security of private aviation to keep their companies running, their shareholders profitable, and their employees employed. Besides the businesses that use aircraft as a mobile office and boardroom, air charter missions include: direct support of the US military and intelligence efforts in protecting our nation, including troop transport, transportation of doctors, patients, and organs for time-critical missions, transportation of relief workers and humanitarian aid, and many other missions that would be difficult or impossible to otherwise conduct.

Business Aircraft are not simply a luxurious means of replacing an airline flight, train-ride, or other means of travel. They are time machines; capable of helping ordinary people accomplish extraordinary things because of how they transform the way we use time. The efficiencies enabled by the use of private aircraft give the American companies who use them a critical competitive edge in the global marketplace – and the technologies developed through aviation and aerospace have improved the quality of life for the thousands of Americans that benefit from aviation jobs and innovations.

ProJet Aviation exists for a simple purpose: to find new ways to add value to life through the wonder of flight. Perhaps nothing captures the wonder of flight more than Experimental Aircraft Association and its incredibly rich history that is chronicled in the beautiful EAA museum. As a second-generation pilot who is married to a pilot, it has been an honor to play a small part in this gathering of aviators, young eagles, and aviation advocates. On behalf of ProJet Aviation, I would like to thank GAMA, Piaggio America, and our fellow aviation enthusiasts for allowing us to contribute to what is truly an American legend – AirVenture at Oshkosh

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Shooting the Messenger

From Beyond the Beltway

Ken Rietz

It is an old political strategy. When things start to turn against you, attack the messenger. Thus, Pelosi called the crowds protesting Health Care Reform "UNAMERICAN." Harry Reid called them "EVIL DOERS." Press Secretary, Robert Gibbs, blamed cable television.

President Obama told protesters to shut up and "get out of the way" of the discussion.

A key Obama spokesperson and strategist said the persistent crowds questioning the Democrat's plan were Republicans frustrated by recent election losses.

One look at the large number of seniors at the Town Hall meetings should dispel the notion that these are Republican plants. Furthermore, the violence at these meetings seems to come from Obama allies - the unions - not the Republicans.

The Obama strategy to blame the messenger has backfired. Recent poll numbers show over half of the people now oppose Health Care Reform as presented in its 1,428 page House Bill. As one Town Hall attendee pointed out, instead of fostering Health Care Reform, Obama and Congress have "awakened a sleeping giant." The clear message from the American people is that they don't like what they have heard.

Obama will learn. We value our freedom of speech. Attacking the messenger will only mean a further drop in his poll numbers. The biggest mistake he has made is not providing the leadership to create a viable Health Care Reform plan. He punted the leadership to Pelosi and her fellow Liberals in Congress. This resulted in the August Town Hall meetings being held without a specific Obama proposal.

Pelosi and Obama have refused to put the one reform on the table that would lead to REAL Health Care Cost Reduction: LEGAL REFORM . Their trial lawyer allies just won't allow that subject to surface.

Health Care reform isn't dead but it sure is on life support. Obama has only himself to blame and his latest strategy of abandoning bi-partisanship and blaming Republicans is also a loser.

Ken Rietz
lives in Delaplane VA.

The Republicans Aren't ALL Mad

Blue Notes

Daniel Morrow

It's true. Take it from a Democrat.

Most Republicans are NOT crazy, or racist, or irrational.

Most are not sexist, or gay-bashers, or fear-mongers.

Most are not "I-have-special-insight-into-the-mind-of-God" religious fanatics.

Most don't believe that every American should own an automatic weapon, much less take one to see the President.

Most don't believe the earth is only 6,000 years old

And most don't believe we Democrats kill babies, or want to kill your grandma, or want to take your guns away.

Unfortunately, the reverse IS true.

Though not all, or even most Republicans have gone mad, ALL those who truly, in their heart of hearts, believe the idiocies noted above, tend, disproportionately, to identify themselves as Republicans.

And they tend to make a lot of noise about it.

And spend a lot of time and money doing so.

This, I should think, would be distressing to the vast majority of my wise and moderate Republican friends.

I know. I feel your pain.

We Democrats have also bourne the cross of idiot extremism . . . and it helped neither our families, nor our party, and least of all, our country.

Sadly, for the vast majority of Republicans, and for ALL the rest of us, NOW seems to be the turn of your body politic to suffer . . . and the loudest of your wing-nuts have become the voice of your party.

Usually, we wouldn't mind so much.

It's rather nice, at times (tactically speaking) to have the likes of Sarah Palin, and "Chuck" Grassley, and John Boehner, and Eric Cantor, and "Rush", and "Karl" and "Dick" mouth off and help do little things like wreck the campaign of a man like John McCain, who might well have been very difficult to defeat.

But now, its too important.

We have a good man in the White House, a golden opportunity to wind down two wars, restore our credibility abroad, restore our strength at home, and provide the level of health care and quality of life for our citizens that are the unquestioned and unquestionable birthright of every citizen in more than fifty countries that do a better job at keeping people well than we do.

Help. Please. Before it's too late.

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Pastimes

Milk: The White Stuff
Milk. It does a body good.
Got milk?

Your Personal Chef

Alyson Browett

These familiar tag lines are completely ingrained in our collective cultural memory. The first, from the National Dairy Council, recalls mom telling you to "drink your milk," and for some, the television ads in which kids grew into big, strong and beautiful adults right in front of your eyes. The latter, created by the California Milk Processor Board, with its accompanying white-upper-lipped celebrity photos, has been deemed the most recognized tag line ever. Milk is known to some as a superfood, an edible so jam-packed with beneficial nutrients that it is indispensible as part of a daily diet. To others, however, milk can be evil, particularly if you are one of an estimated 30 to 50 million Americans who are lactose intolerant.

As a growing child and a student-athlete, I can remember nothing tasting better on a hot afternoon than a nice cold glass of milk. Some days I might have three or four glasses of milk, in addition to milk in my cereal, yogurt as a snack and cheese on my lunch sandwich. I must have gone through gallons and gallons of milk as a child! The average American consumes 21 gallons of milk, 31 pounds of cheese and six gallons of ice cream annually, according to the U.S. Dairy Forage Research Center of the USDA Agricultural Research Service. While I certainly do not devour as much milk as I did when I was a kid, I do still try to drink, and more often, eat my fair share of milk.

Think of the possibilities: cow's milk, goat's milk, yogurt, soft cheese, hard cheese, cottage cheese, puddings, ice cream, ice milk, frozen yogurt! Many of these products are available in nonfat, lowfat, 1%, 2%, and whole varieties, and I suggest consuming no-hormone, no-antibiotic, organic or local milk obtained through a cow share. The U.S. Department of Agriculture recommends obtaining most of your three cups (two cups for children two to eight years old) of dairy from low- or no-fat sources. However, some studies have shown that milk fats can actually be beneficial or that the lowfat and nonfat varieties have no added health benefits other than saving some calories. (Personally, I eat full-fat dairy products, as I find many of the low- and no-fat products have added natural or artificial sweeteners, and, honestly, I like the taste better!)

Cow's milk provides huge amounts of protein, calcium, and vitamin D (mainly from fortification), even in non- and lowfat varieties. Protein is essential for building muscle, calcium is necessary to build and maintain strong bones, and vitamin D helps with both of these functions and may also help reduce the risk of diabetes, heart disease, hypertension and some cancers. In fact, three cups of 1% milk provides 90% of the recommended daily allowance for calcium, 75% of the RDA for vitamin D, and 24 grams of protein, all with only 300 calories. Because of all these things, milk is the perfect post-workout recovery drink. (And have I mentioned it's delicious? I just had to go get a glass!) So, if you can tolerate it, grab some milk (or cheese or yogurt or…), and try out some of these recipes!

Fried Herbed Goat Cheese Rounds

I love goat cheese (and milk), and this is a great way to create an elegant topping for a simple bed of greens. I have fallen in love with the goat cheese available from Grandma Honey's Pantry (http://www.grandmahoneyspantry.com/) at the Sunday Archwood Green Barns Farmers' Market in The Plains (and found in town at Annie's on their salads). For the salad, I used fresh, peppery arugula from Ayrshire Farm Market Gardens, which has a stall at the Middleburg Farmers' Market.

8 ounces goat cheese

4 tablespoons chopped herbs (I used parsley, lemon thyme, basil and garlic chives from my garden)

1 egg

Salt and fresh cracked pepper

¾ cup fresh, toasted bread crumbs

Vegetable or olive oil

In a small bowl, add the herbs, egg, salt, and pepper to the goat cheese and mix well. Form seven to eight patties using your hands. Roll in the breadcrumbs to coat evenly. Place in the refrigerator for at least 20 minutes. Heat over high heat enough oil in a nonstick pan to coat the bottom with about ¼ inch of oil. Fry the patties for about two minutes or until browned on one side, carefully flip using tongs or a spatula, and fry on the other side for one to two minutes. Carefully remove from the oil and gently place on top of salad. Drizzle with your favorite vinaigrette. Serves 4.

Milk-Braised Pork Belly

My husband and I love all things pork, and there really is no better part than the belly. (Although a strong argument can be made for the cheek…) For this recipe, I procured the belly from Cedarbrook Farm (http://cedarbrookorganicfarm.com/) at the Purcellville Thursday Farmers' Market. Here, a long cooking process leads to tender meat, melt-in-your-mouth fat and a milky gravy that can be described as smooth, spicy and nutty (and is delicious over brown rice and sautéed greens). This is not a recipe that you'll ever see on 30-Minute Meals.

2 -3 pound pork belly slab (also called pork side)

2 tablespoons finely chopped thyme

1 tablespoon kosher salt

1 tablespoon sugar

3 garlic cloves, crushed

1 heaping teaspoon whole cloves

1 heaping teaspoon whole allspice

1 heaping tablespoon whole star anise

2 cinnamon sticks

2-4 bird's eye chiles, broken in half (optional)

1 quart vegetable or chicken stock

4 cups whole milk (or 2-3 cups low- or nonfat milk and 1-2 cups heavy cream to make 4 cups)

1. Combine the thyme, salt, sugar and garlic in a small bowl and smash to make a paste. Rub it into the pork slab. Place in a glass or stoneware container, cover and refrigerate overnight, or for at least 12 hours.
2. Rinse the pork. Place the pork, spices, chiles, and stock in a non-reactive pot. Add enough water to cover the pork belly slab. Bring to a boil, reduce heat to low and partially cover. Simmer for 90 minutes, occasionally flipping the pork. Cool slightly, and place the whole pot in the fridge. Refrigerate until the fat has risen and coagulated, several hours.
3. Remove the layer of fat from the pot and discard. Strain the remaining liquid to remove the spices and return to the pot with the pork. Add the milk (or milk and cream). Bring to a boil, reduce the heat and simmer on low for another 90 minutes. Milk "curds" will form on the edge of the pot as the liquid reduces. You can scrape them back down into the liquid.
4. Remove the pork onto a cutting board. Preheat the broiler to 500°. Cut the pork into small rectangles and place on a broiler pan. Broil the belly pieces until browned and crispy on top. Meanwhile, continue to reduce the milk gravy in the pot. Taste the gravy and add salt or pepper if necessary. Serve pork with gravy and accompaniments. Serves 4.



Sweet & Peachy Rice Pudding

Rice pudding is a universally loved dish – nearly every country in the world has its own version. This recipe is easily adaptable to be made with whatever fruit is in season. I used simply divine peaches from Cornucopia Farm (http://www.cornucopiafarmva.com/). Later in the year, peel, slice and stew some apples or pears to replace the peaches and use toasted walnuts or any other nut of your choice. This is a fairly simple and subtly elegant recipe, but it does have to be babysat. Serve this with your favorite dessert wine for an exquisite meal-ender.

1 tablespoon unsalted butter

1 cup sweet Japanese or Arborio (risotto) rice

1 cup lowfat or nonfat milk

4 small or 2 large white or yellow peaches, peeled and cut into chunks

1 cup water

2-inch piece of vanilla bean, split and scraped, or 1 teaspoon of vanilla extract

3 2-inch pieces of lemon rind

1 cinnamon stick

½ cup heavy cream

2 tablespoons honey

1-2 tablespoons crystallized ginger (optional)

½ teaspoon kosher salt

4 tablespoons toasted blanched almond slivers

Cayenne pepper (optional)

In a blender, combine the milk and peaches. Blend until smooth to make about 3 cups of liquid. Melt the butter in a saucepan over medium heat. Add the rice and cook for two minutes, stirring to coat in butter. Add the milk/peach juice, water, vanilla bean, lemon rind, and cinnamon. Bring to a simmer, reduce the heat to low-medium, and cook, stirring with a wooden spoon every few minutes, for about 30 minutes. As it reaches a porridge-like consistency, add the cream, honey, ginger, and salt. Cook over low heat, stirring gently, for another 10-15 minutes, or until it is the consistency of pudding. Spoon into bowls, garnish with almonds and, if desired, a very, very light dusting of cayenne pepper. Serves 4-6.

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Three Seasons

The Plant Lady



Karen Rexrode

The cumulative effects of many years of plant breeding allows gardeners to be extremely selective when making choices for their home landscape. One particular area exhibiting vast improvements are the many shrubs that have benefited from field trials where testing cold hardiness and drought tolerance are rated along with floral display, possible berry set, and fall color. Call it the three season test, the winners provide attributes that scan three seasons by providing flowers in spring, berries for fall and winter, plus handsome fall foliage. One group of plants that has improved mightily over the last decade are the viburnums. Real winners when it come to toughness and seasonal beauty. If there is a draw back it would be the issue of berry set. With most, more than one is required to set fruit, so either buy more than one or encourage your neighbors to plant viburnums as well. Winter berries often provide food for birds which might be one of the best reasons to plant them. Hybridizers have 150 species to work with, and I believe we have only begun to see how extra special this group of plants can be. Listed below are a few of my favorites.

Viburnum dentatum 'Blue Muffin'

A form of Arrowhead Viburnum, the foliage is more deeply cut than the species. Forming a dense mound, covered in spring with white flowers followed by dark blue berries. Grows to 7 feet with an equal spread. This native selection is also pollinated by Viburnum acerifolium.

Viburnum nudum 'Winterthur'

A selection of Viburnum commonly known as Smooth Withe-Rod, this species is native to Eastern North America. Creamy white flowers in June, lustrous oval berries in late summer that turn from pink to blue by fall. Excellent fall foliage, turning dark bronze-red. This viburnum received the Pennsylvania Horticultural Society Gold Medal in 1991. To reliably have berry set you need the species, Viburnum nudum or Viburnum n. 'Brandywine' planted near by.

Viburnum plicatum f. tomentosum 'Summer Snowflake'

A form of Doublefile Viburnum, more compact inhabit growing 4 to 6 feet tall at maturity. Flowers are continuously produced from May to November.



Viburnum x burkwoodi 'Conoy'

Spreading habit, ultimately reaching 4 to 5 feet with a 6 foot spread. Dark red buds open to creamy white, slightly fragrant flowers in spring. Red berries age to black in October. Another Donald Egolf hybrid, developed at the National Arboretum in Washington DC. Some very nice specimens can be seen in Middleburg, planted at the Hill School.

Rivaled only by Hydrangeas for the vast number of newly named selections, we will all benefit from this trend towards multiple season appeal from most of the new viburnums. In many the berry colors and the seasonal changes will prompt visions of plant partnerships. Viburnum 'Blue Muffin' is already sharing space with Salvia pitcheri and the native grass Schizachyrium 'The Blues' in my virtual garden space. Low growing euphorbias will dress up the ground under viburnums for the winter months as they sag under the weight of their own berries.

The newly formed Piedmont/Blue Ridge Horticultural Society will have it's first meeting at Blandy or the State Arboretum on September 12th from 2:00 to 4:00. David Roos of Marshall, Virginia is the speaker, a true plantsman with a great sense of horticultural humor. For more information visit their website at http://www.pbrhs.org/

Is the Recession Over?

Mark Stys

The National Bureau of Economic Research (NBER) defines a recession as "a period of decreasing economic activity." According to NBER we will no longer be in a recession "when we have reached a period of increasing economic activity." Some of the more recent data appears to show that we are reaching a bottom in the decline and may be stabilizing with economic growth likely next quarter. Less bad news doesn't mean our economic challenges are over, and stabilization is a tentative first step, but at least the direst of predictions have abated.

A great deal is often made of the fact that the stock market usually begins the next bull market before the recession ends and most market aficionados usually say that the bull market starts about 3-6 months prior to the end of a recession. The market in general has moved up 50% from its lows just five months ago showing an expectation for rapid growth.

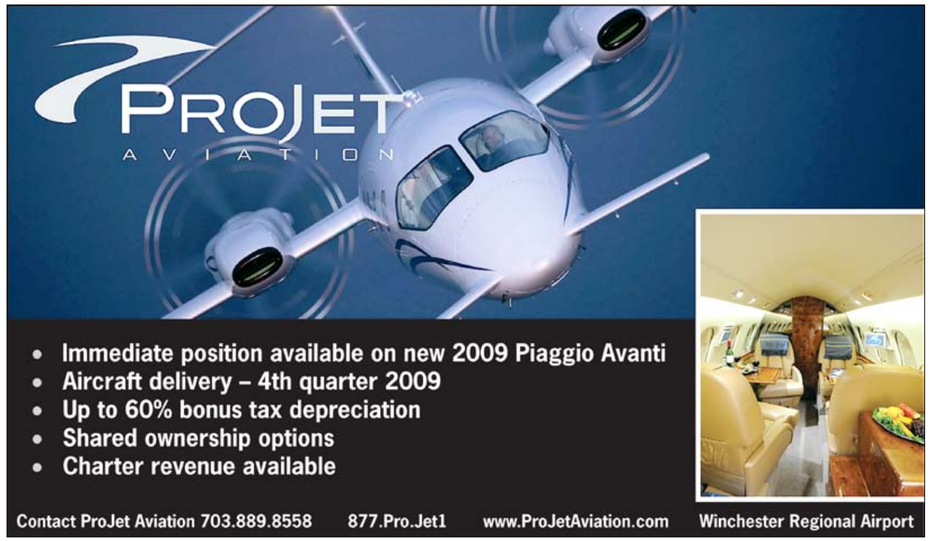
There has been a great deal of discussion about the type of recovery that we will experience. A rapid recovery seems difficult given the level of wealth destruction that we have witnessed through the devaluation of home equity, the overall drop in the stock market (still down 37% from Oct 2007), and the negative effect on consumer spending driven by high unemployment. Consumers account for 65-70% of economic activity in the US and a retrenchment toward savings has already begun. Although the unemployment rate dipped to 9.4% from 9.5% in July, the employment-to-population ratio dipped to a 25 year low at 59.4%.

Given conventional wisdom, the stock market bottomed in early March meaning that the recession should be ending soon. The expectation for GDP for the third quarter of this year has been revised up by many economists to 3% based on stimulus programs like 'Cash for Clunkers' and inventory rebuilding. This stems from the need to replace goods that have been sold over the last 8-9 months and not yet been replaced.

Coming out of the recession in 2001, the Q1 GDP in 2002 was +3.5%. That large increase was driven by both government stimulus and a bounce back after the drop in travel and spending that occurred after the Sept 11, 2001 attacks. The recession was 'over' but GDP declined throughout the rest of the year and by Q4 of 2002 was only +.1%. The stock market fell another 25% during 2002 after rising 20% in the fourth quarter of 2001 because actual growth did not meet higher expectations. Could that happen again? Sure. Should you buy stocks now or should you wait? That decision can only be made by sitting down with a trusted advisor who understands your investment goals and where you are on the road to reaching them.

Stock markets, by there very nature, tend to exaggerate both pessimism and optimism. The rapid drop from Aug '08 – Mar '09 pushed pessimism to an extreme, and the bounce from the March low may be the other side of the coin. Optimism has pushed the market higher and faster than our current economic outlook would otherwise suggest. Only time will tell if market optimism has been misplaced.

Mark Stys is the Chief Investment Officer of Bluemont Capital Advisors, LLC. Mark can be reached at mstys@bluemontcapital.net.



Pastimes

Slow Month…

7th Inning Stretch

Alex Cudaback

August, a month usually reserved for vacations and daydreaming at work, waiting for your vacation, has been a little less predictable on the field.

To wit….

The Nationals actually signed fireballing, flamethrowing, cliché-inducing Stephen Strasburg and his über-agent, Scott Boras, to a 4-year, $15.1 million deal.

You don't think Boras comes with that deal? Really? The guy was threatening to use Strasburg as the tactical nuke he's been lusting after for years so he could blow up the MLB draft and contracting system he finds so ludicrously offensive. Boras was seriously floating the notion that a $50 million deal was what it was going to take to sign the kid with the miracle arm.

Now, I'd never wish ill on anyone (well, maybe a couple people), but part of me seriously wants to see Strasburg have a very, very average career. No injuries, no tragedies, just another high baseball draft pick that quietly, consistently, doesn't come close to living up to the hype. And then I'd like to ask Scott Boras how much money he thinks his next "one-in-a-million" talent is worth.

Think it'd be less? Wrong. Boras would float $50 million again, and I guarantee he'd get more than he got for Strasburg. He's shameless, yes. But he also knows what he's doing, and he knows that he's better than all the people he's playing against, namely owners and GM's.

Don't believe me? Since Mark Teixeira, another Boras client, signed a $9.5 million rookie deal with Texas in 2001, Boras has driven the price of signing "once-in-a-lifetime" guys up 59%.

Wolf in sheep's clothing would be apt, but there's nothing sneaky about Boras; he just strolls brazenly through the front door, steals all your furniture, grabs a snack and leaves the refrigerator door open when he takes off.

The Nats also locked Mike Rizzo for the foreseeable future, which, frankly, is a better investment on the team's part than signing Strasburg. Rizzo is by all accounts a very, very smart baseball guy, and he's certainly done his best to make lemonade out of the lemons Jim Bowden was fond of stocking the pantry with. He brought in Nyjer Morgan, a legitimate leadoff guy who (bonus!) can actually play centerfield; he rebuilt a bullpen that was blown to pieces only weeks into the season; he jettisoned Lastings Milledge about as quickly as possible (Milledge, hate to remind everyone, was one of those one-in-a-million guys only a few year's ago, just for the Mets not the Nats); he got rid of Nick Johnson, a heckuva nice guy to have in your rec-league, but a total money-pit in the actual business of baseball (surprise, surprise Johnson racked up another injury shortly after landing in Florida; his latest malady, a balky hammie, has kept him out of the last seven games and will probably land him on the DL, again); and, most impressive, Rizzo apparently read Boras the riot act during the Strasburg negotiations, standing up on his hind-legs and showing a little spine.

So, a good run for the Nats. Bravo. They're not owned by a bunch of little old ladies fond of Thomas Kinkade prints and Hummel figurines.

On a somewhat less shocking front, Brett Favre decided he really was as bored as a dead man in Hattiesburg, MS, and made a break for the bright lights of Minnesota. That his decision somehow coincided with the completion of Vikings' training camp only reconfirmed that the NFL is the least predictable of all the major professional sports leagues.

Now what? The Vikings think they have what they want, Favre thinks he has what he wants, and the NFL thinks the whole thing is just better than sliced bread. Nothing, no player, no team has generated more media and fan jibber-jabberous flim-flam over the past few years than Favre. So, woo-hoo: the circus is back in town!

If Favre wins the starting job (sorry, couldn't help myself) he should find himself with a very winnable schedule in the beginning part of the season. Even though the Vikings open with two on the road, the trips are short. Oh, and the teams they're playing, the Browns and the Lions, went a combined 4-28 last year. Then San Francisco comes to town in week 3. So when Green Bay comes a-calling for Monday Night Football in week 4, Favre and the Vikings could be 3-0.

What would make Commissioner Goodell even happier? Other than his most marketable players staying out of the clink, not much.

But the Vikings' season ends at Carolina, at Chicago and home against the Giants. By that point, Favre's arm, if it's still attached, may very well be held with coat-hangers and duct tape. And maybe that'll be fine; the Vikings weren't exactly the Lions last year. But, boy, another flameout in December and January for Favre, and the Vikings, really would be too bad. I'd be sad for everyone involved, but mostly for Favre.

And you know who wouldn't be happier? Packers' fans..

You can always reach Alex Cudaback at cuda24@yahoo.com

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National Sporting Library to Hold Fly Fishing Symposium

The National Sporting Library will hold a public symposium on fly fishing on Saturday, November 21, "A River Never Sleeps: Conservation, History, and the Fly Fishing River." This will be a full-day program featuring lectures and a panel discussion on fly fishing rivers and conservation, past and present.

Speakers include authors James Prosek ("The Compleat Angler: A Connecticut Yankee Follows in the Footsteps of Walton," "Fly Fishing the 41st Parallel," etc.); (Hoagy B. Carmichael ("The Grand Cascapedia, a Salmon River of History"); and John Ross ("Rivers of Restoration"); as well as environmental and angling historians, Dr. Bryon Borgelt and Dr. Samuel Snyder.

Historically and today, anglers have played a major role in controlling and protecting the resources essential to their sport - rivers and streams. In the 19th century, North American rivers such as the Cascapedia in Quebec and the streams of the Catskills and Adirondacks attracted recreational fly fishers from the wealthy industrialist class. But pollution from mining, lumbering, and industry and the stocking of streams with non-native species threatened the health of rivers and native fish populations.

In the U.S., anglers were responsible for early conservation efforts, which included restricting access to streams, legislating shorter fishing seasons, and regulating fishing on some rivers to flies only. In 1959, the organization, Trout Unlimited, was founded on the banks of the Au Sable River near Grayling, Mich. Today's conservation organizations such as TU and the Federation of Fly Fishers have helped to protect fly fishing rivers from numerous environmental threats, so much so that the Journal for Conservation Biology recently touted recreational anglers as essential to the future of fisheries conservation/restoration.

Advanced registration is required, and seating is limited to 100. There is a $75 registration fee ($50 for students), and public registration begins on August 1. For more information, contact Elizabeth Tobey at 540-687-6542 x 11 or visit http://www.nsl.org/flyfishingsymposium.html.

Conservation

Renewable Energy in Virginia

Dale Schulz

Most studies have shown that the cheapest means of reducing global warming is through conservation – cheaper than generating additional energy through wind or solar power. Many of the methods of reducing fossil-fuel use do not involve cutting-edge science. A recent study by the McKinsey & Co. concluded that the U.S. could cut its energy usage by 23% below its projected 2020 level by simply boosting energy efficiency. Other countries, primarily European, have mandated and subsidized such conservations steps.

If you have ever driven a hybrid car, you will recall that the dashboard included a monitor that displayed how many miles to the gallon you are getting at a particular moment. You could then make adjustments to maximize your efficiency. A recent study out of Oxford University has shown that direct feedback in combination with frequent, accurate billing is needed as the basis for sustained demand reduction. The norm is 5 to 15 percent savings, but with tabletop interactive cost and power display units the savings can be as high as 20 percent. You find yourself thinking more about electricity, if you are monitoring its usage.



Question #1. Are there currently any practical devices on the market that can show me how much electricity I am using in my home in real-time?

Answer #1. Yes. Recently, several, affordable devices have come on the market that enable you to easily determine what your real-time electricity usage is. One such device is called the Power Monitor and is made by Black & Decker Corp and sells for $99.00. Another similar device, Power-Cost Monitor is made by Blue Line Innovation and sells for $109.00.

Question #2. How difficult are they to install?

Answer #2. It is simple. You first loop a metal belt around the glass dome covering the meter. Then you align a sensor attached to the belt on top of the glass to read the data collected by your meter. The manufacturers say their products work with 90% of meters installed in North American. The digital monitor is then placed in one room or can be moved about the home. The monitors can then tell you how much electricity a single appliance is using or the entire home.

Question #3. Will these devices save me money?

Answer #3. Most of us are only aware once per month, when we pay our electrical utility bill what our energy usage is. By having the means to see what we are using in real-time we are more likely to take measures to reduce our electrical usage, such as turning off lights during the day.

Energy Tip Of The Month. There is currently a glut of natural gas. Natural-gas futures have fallen as much as 72% from a year ago. This month is an ideal time to fill-up your propane tank. I shop for propane on a regular basis, and generally Valley Energy in Purcellville has the lowest price for propane, but it varies from day to day so check around.



About the Author: Dale Schulz is the President of Schulz Homes, www.schulzhomes.com, and he has been building custom homes in our area since 1987. He also is the president and founder of Virginia Renewable Energy which retrofits existing homes with renewable energy systems, such as solar electric panels and wind turbines. You can contact him as well as send your questions for future columns to dale@schulzhomes.com. Schulz Homes phone # is 540.687.3367.



Faces & Places

Middleburg's 2nd Annual sidewalk Sale

Middleburg, VA - August 7 - 8, 2009
Photos by Cindy Pearson











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Bluemont Concert Series

Middleburg, VA - July 2009
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Faces & Places

Warrenton Pony Show

Warrenton, VA - June 24-28, 2009
Photos by Teresa Ramsay Photography





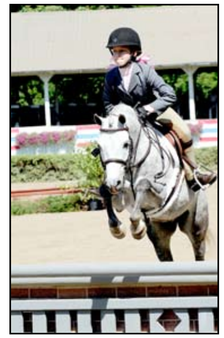














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Lunge Line

Third Running of Blue Ridge Fall Races Benefits Blue Ridge Hospice

A Calcutta party, tailgate picnic contest, fancy hat awards, terrier races, children's activities, and a seven-race card of exciting steeplechase races, are highlights of the third annual Blue Ridge Fall Races weekend—which benefits Blue Ridge Hospice—on Sept. 18 and 19 in Clarke County.

Historic Woodley Farm, just south of Berryville off Rt. 340, is again host to the Friday evening Calcutta party and Saturday race day activities.

Gates open at 11 a.m. on Saturday, Sept. 19 and post time is 1 p.m. for the first race. The meet features seven races, two each to be ridden over timber, hurdles, and on the flat, as well as a race for juniors. Spectators will be treated to excellent views of the race course, while enjoying an afternoon of socializing in corporate tents and at tailgate picnics. Shopping abounds at vendor tents, including a used tack tent. Kids will enjoy pony rides, moon bounces, stick pony races, face painting, and exciting terrier races. Judges will select the best tailgate picnics in several categories and prizes will also be awarded to ladies with the most creative race day hats.

Numerous sponsorship opportunities are available for the Calcutta dinner, dance and auction on Friday evening and for the race meet. Sponsor packages include tents, catered food, race naming opportunities, tickets, rail banners, and various advertising options.

Additional information is available by visiting www.blueridgefallraces.com or contacting Melanie Marks, 540-722-6403.

2009 Field Hunter Championships of North America

The family of the late Mrs. Theodora Ayer Randolph will again honor her memory and her lifetime commitment to fox hunting by awarding a $2,500 cash prize to the home hunt of the winner of the 2009 Field Hunter Championships. This year, the competition will hunt behind the hounds of the Orange County, Fairfax, Warrenton and Snickersville Hunts.

The championships will be held Monday, September 28th through Sunday, October 4th and will determine 2009's leading "Field Hunter". Over seventy-five competitors will hunt during the week preceding the 55th running of the Virginia Fall Races, October 3rd & 4th at Glenwood Park.

The Finals will be held Sunday, October 4th at 12 noon in view of the race day crowd prior to the day's races. The winning horse will be chosen after the completion of trials which begins with the judging of the "Best Turned Out" horse and rider, then moves to a short drag hunt that starts and ends right on the race course. The field is narrowed to 10 finalists who will attempt a challenging hunter course where they may be required to dismount, open a gate or lead their mounts over a fence. Spectators are encouraged to arrive early so as not to miss the action.

General Admission price is $30.00 per car load of four people. To reach Glenwood Park from the Washington DC area, take I-66 West and exit Route 50 West (Exit 57B towards Winchester). Drive approximately 25 miles to Middleburg and turn right at stop light in Middleburg (Route 626, Foxcroft Road). Proceed 1 mile North to Glenwood Park on your right.

55th Running of the Virginia Fall Steeplechase Features Chronicle Cup Timber Classic



Love horses? Come one hour outside of Washington D.C. to Virginia's lush hunt country to experience great outdoor family fun during the 53rd running of the Virginia Fall Race weekend held at Glenwood Park in Middleburg, Virginia on Saturday, October 3rd and Sunday, October 4th, 2009.

Like the leaves that change each fall, horse lovers traditionally descend upon Middleburg for this annual weekend to enjoy steeplechase racing, fox hunting, meander country roads, visit Civil War sights, tour wineries, shop for antiques and perhaps spend a night or two at a local bed & breakfast.

Racing highlights for Saturday include the running of the two co-feature races, the Chronicle Cup timber classic and the Daniel C. Sands hurdle race. Saturday only, there will be a Family Fun Fair with petting zoo, pony rides and more. Along with a full card of racing on Sunday, spectators will get a taste of fox hunting with the finals of the Field Hunter Championships of America being held right on the race course at 12 noon. So come early!

Throughout the weekend, the nation's top steeplechase horses and riders will compete in over 12 timber, brush and turf races. Come sit amongst the shade of 100 year old oak trees and experience what is called "...the best view in steeplechasing" - where you can see the excitement at every fence.

Gates open both days at 11 am; post time is 1:30 pm. Tickets, box seats, rail side and tailgate picnic parking spaces can be purchased in advance by calling the Race Office at (540) 687-5662 or fax (540)687-4651. General Admission is $30.00 per car (4 people maximum). Race sponsorship opportunities and hospitality tents are also available. Groups and tour buses are welcome with advance arrangements. All proceeds from the race weekend to benefit the Inova Loudoun Hospital in nearby Leesburg, Virginia.

To reach Glenwood Park from the Washington DC area, take I-66 West and exit Route 50 West (Exit 57B towards Winchester). Drive approximately 25 miles to Middleburg and turn right at the stop light in Middleburg (Route 626, Foxcroft Road). Proceed 1 mile to entrance on right.

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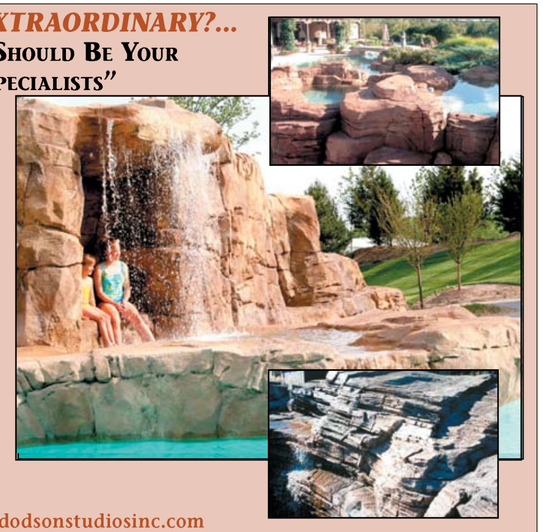
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Paige Johnson and Amagedon Raise the Bar for High Junior/Amateur-Owner Classic Win at Kentucky Summer Classic

The High Junior/Amateur-Owner Classic was the main show jumping event on the final day of the Kentucky Summer Classicon August 2, 2009. The class was held in the Sheila C. Johnson Ring at the New Outdoor Stadium, and Paige Johnson earned first place aboard Salamander Farm's Amagedon 3. Michel Vaillancourt designed the course for the class, which was scored under a Table II.2(A) format.

Only seven horse and rider combinations jumped the first round without penalty. Johnson, who was the first rider to return for the jump-off, piloted Amagedon to a stellar fault-free finish over the short course, setting the pace with a fast time of 40.667 seconds. Whitney Weeks of Southport, CT, and her horse Subliem lowered the height of one fence and finished in 39.934 seconds, which would result in fourth place.

Luis Ferrando Larrazaba rode Maarten, owned by Newsprint Farm of Newhope, PA. He was the fastest four faulter, and his time of 38.655 seconds would finish in second place, edging Francesea Bolfo of New York, NY, into third. Bolfo also received four faults during her ride on Venus TR, clocking in at 39.236 seconds.

Gabriel Galan of Monterrey, Mexico, and his horse Aruba La Silla were next in the order. They had an eight fault finish and a time of 44.084 seconds. Johnson then competed again on her second qualified mount, La Martinee, but they accrued eight faults and retired from the course, assuring them a seventh place finish. Hilary McNerney and Liefhebbers Transavia, who were the last pair to revisit the ring, were penalized with eight faults for lowering two rails. Their time of 43.827 seconds would go into sixth place.

Johnson of The Plains, VA, and Amagedon 3 produced the only double clear ride in the class and came away with top honors.

"I was a little bit nervous because this was the biggest track that I've done with Amagedon," commented Johnson after her win. "I thought the course was really hard and very technical. It was definitely the biggest and most technical track I've ever ridden with this particular horse, but he was really brave. He listened to everything I asked him to do, and I thought it was a really good, solid round. I thought I rode him really well and he responded, which is all you can ask for. You try your best and then, if they listen, the result is hopefully a clear round," she related.



Johnson discussed the jump-off and how it rode for her mount. "The jump-off was a little bit more scattered," she laughed. "But he was fantastic. This was a big round for him, and he was double clear. I thought that the course designer asked a lot of difficult questions. It was definitely a course you would see used in the High Amateurs in Palm Beach during circuit. I thought it was a great ending to a two week show."

She went on to explain that Amagedon was double clear in all three of the classes he competed in this week, and that a lot of work has gone into his success. "He's eleven, and I got him when he was six years old. He's always been very green to ride. Kent Farrington would ride him for me sometimes during circuit in the 1.40m Open Jumpers to help get his confidence up," she said. "He tends to over jump sometimes because he's very, very careful. When he gets in a tricky position, he just gets higher. So between Kent and I, we've been really working on his confidence and trusting his capability and scope. I think today proved that, with teamwork, it's turned out well. With me knowing him really well, and Kent riding him well for me and teaching him to be confident with himself and the rider, I think the program's working," she smiled.

The Kentucky Summer Classic concluded today at the Kentucky Horse Park. The competition was held from July 26-August 2 and was managed by Kentucky Horse Shows LLC. After next week's USEF Pony Finals, Kentucky Horse Shows LLC will host the Bluegrass Festival Horse Show and the KHJA Horse Show.

Upperville Resident Awarded DVM Degree

Upperville resident Chad Davis successfully completed Ross University School of Veterinary Medicine's intensive academic program and received a Doctor of Veterinary Medicine degree on June 5, 2009.

Following graduation, Dr. Davis began his career as an Associate Veterinarian at Equine Medical Services in Berryville, Virginia and plans to specialize in Equine Sport Medicine.

Loudoun Horse Association Will Hosts Equestrian Sport Psychology Lecture

Loudoun Horse Assoc will hosts equestrian sport psychology lecture at Lucia Farm at 14490 Berlinturnpike/Lovettsville, VA 20180. Dr Paul T Haefner, PhD with Riding Far--Sport Psychology Consultation, will speak on enhancing performance, building confidence, increasing focus, managing emotions in competition at 7pm on Tuesday Sept 8, 2009. LHA Members free, public, $10.00. Pay at the door. For more information on the event, visit the LHA website at www.loudounhorseassociation.org



News of Note

VDOT to Middleburg Farmers Market: Forget It!

Continued from page 1

Even if those difficulties could be addressed, Town government sources indicate that the money and manpower required to meet traffic and pedestrian safety requirements might well make a market move to South Madison practically impossible.

Market Flourishes

As for the Farmer's Market, since July 4 it has returned to its traditional location, on Stonewall Avenue, behind the Middleburg Community Center, every Saturday, from 8:00 AM until noon.

By all accounts, it is more popular than ever.

Now governed by an independent Farmers' Market Committee, and a new set of rules and regulations, the number of vendors, the size and variety of offerings, and the number of weekly shoppers have all increased dramatically.

Serving as officers for new committee are: Judith Pryor Plescow, Town Council Representative; Cindy Pearson, Market Manager; and Joseph Milehram, Head Vendor. Other members include Hillary Prescott, Susanna Calley, Lisa Patterson, Sally Bolton, and Vaughn Skaggs.

Committee meetings are open to the public, and public comment on how to strengthen and improve the market is encouraged

The market's new FaceBook page may be found at farmersmarket.middleburg.com or through an online search for "Middleburg Community Farmers Market."

Parking, Permits, and Compromise

The town has renewed a lease for 26 public parking spaces behind Middleburg United Methodist Church, in the metered lot bounded by Pendleton and Federal streets.

The new lease replaces an older, five-year agreement, in which Middleburg paid a low base rent, which it supplemented by giving the church a 50% share of the take from the lot's parking meters.

In fiscal 2008 that amounted to just over $7,000. For fiscal 2009, at press time, the church was due just over $6,000.

Budget constraints drove the new agreement.

In June the Town informed United Methodist that its new budget would require cutting payments to the church to just under $3,000 per year.

United Methodist, noting that parking lot rental was "an important part" its own annual budget, sought alternatives, including renting part of the lot to a local accounting firm during tax season.

Not so fast, said the Town.

For the church to rent spaces to a third party, new zoning, new permits for a "public parking facility," and other regulatory requirements would have to be met, not the least of which was a $2,000 "filing fee."

Middleburg Town Council Member Trowbridge Littleton and United Methodist's Howard Armfield, renewed talks, and worked with town staff and legal counsel to find a mutually agreeable compromise solution.

The new one-year agreement requires that the town pay United Methodist a flat annual rent of $5,000. The Town gets to keep 100% of parking meter revenue.

Middleburg is also required to keep the church lot "clean and orderly," mow its grass borders, remove litter, maintain its curbing, and remove snow from both the lot and the sidewalks beside the church on Pendleton and Washington streets.

Council justified its decision to continue to rent from the church citing: 1) the council's duty to provide parking downtown for the town's residents and for the customers who support tax-paying businesses; and 2) the need to support the church's charitable work in difficult financial times.

Council approved the new agreement with one abstention, without dissent, at its regular monthly meeting on August 13.

In Memoriam

Town Council has agreed to install a wall plaque in Council Chambers in Town Hall, honoring "those who have passed away that served the town." John Ralph is designing the memorial. Town Clerk Rhonda North has been going through the Town's archives, collecting the names and dates of service of past Mayors, Town Council Members, and Town Managers. At press time, she had covered the past half century, and has noted more than thirty names.

Other News

Town Planner and Zoning Administrator, David Beniamino, reports a flurry of filings and permit activity by Salamander Development.

Heather and Tony Galloway have opened "Mold Me Fitness," at 7 Washington Street (the former location of "Middleburg Fitness."

John Ralph is working on a "Town Map Shadow Box", to be installed in the center of town, on the outside wall of the Home Farm building.

More than 840 people were served at the Pink Box, the Town's official visitor center, during the month of July.

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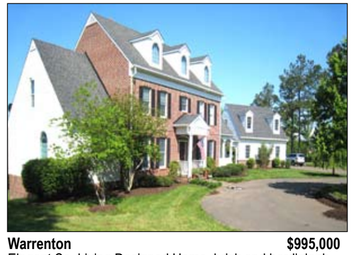
Aldie $1,399,000
Gorgeous Wetherburne Westover II on 4.25 acres. Scott Buzelli *540.454.1399 / Peter Pejacsevich 540.270.3835*



Leesburg $1,275,000
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Middleburg $997,500
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Warrenton $995,000
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Middleburg $965,900
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Round Hill $725,000
Beautiful and spacious Cape Cod with mountain vistas. Kim Hurst 703.932.9651 | Homes4HorseLovers.com



Middleburg $599,000
Impressive 3BR, 3.5BA Stone Townhouse in town. Must See! *Susan Hensley 703.732.5867*



Purcellville $575,000
Historic Home, six bedrooms, beautiful renovateded on .88 acres. *Linda Culbert 703.431.1724*



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3rd Annual Nanette's Walk

Sunday, September 27, 2009 at 1:00 p.m.



111 West Washington Street
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Bring your children, friends, and your family dog for an easy two-mile walk and don't forget to dress up for the "In the Pink" contest!

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The Cherry Blossom Breast Cancer Fund is grateful to the Middleburg Eccentric for their donation of a full page color ad to promote Nanette's Walk.

REGISTRATION FORM

Please tear off and send in the registration form and fee by September 17, 2009.
Children under 12 are free.

Walker's Name _____
☐ Male ☐ Female Age: _____ Birth Date: _____
Address _____
City _____ State_____ Zip_____ Phone: _____ E-Mail _____

☐ Entry Fee $30 (before 9/17/09) ☐ Entry Fee $35 (after 9/17/09)

☐ Yes, my Company has a Matching Gift Program.
☐ I cannot participate in the walk but please accept my donation of:
☐$25 ☐$50 ☐$100 ☐$250 ☐$500 ☐$1,000 ☐$2,500 Other _____
Card Name _____
Credit Card #_____
☐ Visa ☐ Master Card Exp. Date _____
Signature_____

Please make checks payable to the Cherry Blossom Breast Cancer Fund/PCF.
All donations are tax deductible as allowed by law.

In consideration of being permitted to participate in Nanette's Walk 2009, I hereby, for myself, my heirs and personal representatives, assume any and all risks which might be associated with the event. I further waive, release, discharge and indemnify the CBBCF, PCF, Middleburg Bank, US Postal Service, the Hill School, volunteers, contractors, sponsors and others associated with this event from any and all claims for injuries or damages of any kind arising from participating in Nanette's Walk. I permit the CBBCF the free use of my name and photograph in any film/brochure/newspaper in reports or promotions of this event or future events.

Signature _____ Date_____
(Parent or guardian if under 18)

P.O. Box 1051, Middleburg, VA 20118

WALK SCHEDULE

Sunday, September 27, 2009

Registration begins	1:00 p.m.
"In the Pink" judging	1:15 p.m.
Announcements	1:45 p.m.
Walk begins	2:00 p.m.

AWARDS

First, second and third place awards
will be presented in each "In the Pink" class.

TRIBUTES & MEMORIALS

Bibs will be available at the registration desk
on the day of the walk including "In Celebration of",
"In Memory of", and "I'm Beating Breast Cancer".

We offer special thanks to the Middleburg Bank and the Middleburg Post Office for allowing us to use their parking lots.

Thank you for your support!

100% of the proceeds from Nanette's Walk are dedicated to breast cancer prevention and early detection through screening and education; provide support and community outreach to those individuals and families facing breast cancer in Loudoun and Fauquier Counties; and advance scientific research in the fight to eradicate breast cancer.

News of Note

New Life for Notre Dame Academy

Continued from page 1

our students for a life of service and leadership in a complex and changing world. Making the school an integral and valued part of our community is the challenge that drew me to this job."

Asked about the school's name Murray replied, "The title 'Notre Dame Academy' has been used by the Sisters for their schools and they have asked us not to use it any longer since we are no longer affiliated with them or the Catholic Church. We have spent some time discussing other names descriptive of the school's location and function. Much input from our school community has been gathered. The Board will select a new name for the school, consistent with our vision for it, at its meeting in late August and phase that name in over the following months."

The school has an interesting history. Founded by the Sisters of Notre Dame in 1965, as a Catholic girls' boarding school, it was managed and staffed by members of that religious order. In 1990 it became a co-educational day high school, managed and partially staffed by the Sisters, with governance shifting to a lay Board of Trustees. In 2000 the Board purchased the school from the Sisters of Notre Dame. In 2004, Sister Cecilia Liberatore retired as Head of School, ending the involvement of the Sisters of Notre Dame in the school operation. The Diocese of Arlington continued its association with the school until the recent change in direction.

A recent release of text from the schools vision statement reads as follows:

Our vision is to be a highly regarded independent Co-educational College Preparatory High School that provides students with the intellectual, ethical and spiritual foundations needed to succeed in higher education and beyond. We seek to instill in our students the ambition and desire to embrace opportunities in leadership and service as stewards of our fragile world.

Why Plan your Estate Now?

Continued from page 12

to make sure your priorities have not changed. Consider how your will would operate in light of your overall net worth.

A fairly typical estate plan for a married couple with children is for the first spouse who dies to fully fund a "bypass trust" (sometimes known as a "credit shelter trust," a "family trust," or an "A-B trust"). This means that the first spouse leaves all of his sole-name property to the bypass trust up to an amount equal to the available "applicable exclusion amount" (which is the amount an individual may pass free of federal estate tax at his death). Currently, that amount is $3.5 million (less any taxable gifts made during life). The rest of his sole name property may pass to the surviving spouse – either outright or in trust.

This may be a sensible estate planning strategy; however, with asset values fluctuating, your net worth may have changed since you signed your will. If your net worth at or below $3.5 million, you need to consider whether you want all of your sole-name assets passing to a bypass trust (for the benefit of your children and maybe your spouse) rather than some portion of these assets passing to your spouse outright or to a trust for her sole benefit. Being a beneficiary of a trust is very different than being the outright owner of property. It may be that most of a couple's property is jointly owned, and that the surviving spouse will receive such property outright no matter what the deceased spouse's will directs.

You may wish to alter the terms of a bypass trust to provide for greater distributions to the surviving spouse during her life, or to make the surviving spouse the primary or sole beneficiary of the bypass trust during her life. At her death, any remaining trust property will be distributed to your children and grandchildren according to provisions of the bypass trust.

It is important to review your estate plan periodically. If your net worth changes, or if the "applicable exclusion amount" changes, your current estate plan may no longer accomplish your objectives. During tough economic times, it is more prudent to take charge of your planning than to ignore it. Planning and preparing now will make it easier on your family later.

Chris Tate is an attorney who recently moved his practice from Washington, D.C. to Middleburg, Virginia who contributes an Estate Planning column to the Middleburg Eccentric. He has been practicing wills, trusts, estate planning and individual tax law for 11 years, in D.C. and Virginia firms. Chris is licensed in Virginia and Washington, D.C. Chris' office is located at 207 E. Marshall Street in Middleburg, and he may be reached by telephone at (540) 687-4073 or by e-mail at ctate@cftatelaw.com.



Parents & Progeny

40 girls receive diplomas at Foxcroft's 95th Commencement



The roses weren't out yet, owing to the cool spring, but azaleas, peonies and irises, as well as proud parents, faculty and friends, glowed along with the beaming faces of the members of Foxcroft School's Class of 2009 Friday morning in Miss Charlotte's Garden as 40 scholars received their diplomas at the School's 95th commencement.

The Class, which includes young women from nine states, two foreign countries and the District of Columbia, is an accomplished one, having earned 150 acceptances to 88 colleges and universities, including Brown, Lehigh, Notre Dame, Texas, Tufts, Vanderbilt, Virginia Tech, UVA, and the U.S. Military Academy.

In a first for Foxcroft, the exercises included the official presentation of an appointment to West Point by Cadet Stuart Coffee, a member of the USMA Class of 2011. "On behalf of the President of the United States, it gives me great pleasure to give this appointment to Christine Thebaud," he said, as the entire assemblage rose to give the Upperville, VA, resident a standing ovation.

Thebaud was also one of seven students inducted into the Foxcroft Chapter of the Cum Laude Society, a high school academic organization based on the college-level Phi Beta Kappa. Graduating seniors Korama Danquah (Los Angeles), Georgeann Ferrell (Lake McQueeney, TX), Chelsea Dickson (Paris, KY), and Olivia Means (Washington, DC) and juniors Rachel Giampa (Warrenton, VA)and Grace Murphy (Middleburg, VA) were also inducted. Gabriella Di Carlo, the valedictorian of the Class of 2009, was inducted into Cum Laude a year ago.

Paul K. Bergan, who taught at Foxcroft for 22 years before retiring two years ago, was the featured speaker, selected by the graduates. He took the girls back to their Freshman year, when his demanding English class was part of their introduction to Foxcroft and some were scared or homesick. "All your fears were foolish fancy, baby," he said, paraphrasing a popular song and proceeding to explore the theme of that course -- the notion that each of us forges our own destiny -- with visits to poems they memorized, lessons they learned and resolutions they made, should make. "Resolve to appreciate the daffodils in your life," Bergan urged, after quoting Wordsworth, "whether they be nature or friends and family or some intellectual pursuit. . . and always remember to keep moving."

Senior Class Speaker Catherine Leigh (Kayleigh) Moehrle of Frederick, MD, exhorted her classmates to embrace change and move into the extraordinary. "Today, together we are about to take the next step into change. We are about to see the big picture, our future, our life! It might be scary, it might be thrilling but we are ready. . . . Life is short and opportunities are rare. We must not fear the change and instead embrace courage in ourselves. We have taken the opportunities that Foxcroft has offered us and now where we go from there, depends on us."

Stephen Matthews, Head Librarian and English teacher at Foxcroft, gave the invocation, and several prestigious prizes were awarded. Danquah received the most coveted, the Charlotte Haxall Noland Award, while Means got the Josie Betner Mallace Prize, awarded annually for courage and humour. Both girls plan to attend Brown University in the fall. Other award winners include Constance Roberts (Centreville, VA), who received the Ida Applegate Award, for courtesy, and Chelsea Dickson the Dudley Prize, for the senior who has been most cooperative in efforts for the good of the School. Junior Candice Nelson (Ewing, NJ), sophomore Sarah Nelson and freshman Emane Tolbeert (Flushing, NY) received the top prizes for their respective classes.

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Adrianne Victoria Elizabeth Peschard of Leesburg, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Peschard, who plans to attend Rollins College in the fall, was captain of Foxcroft's cross country team and received Delaney Athletic Conference all-conference mention as the captain of the cheerleading squad. She also participated in varsity track and field. In addition, she was a member of the hip-hop dance team Rhythm Nation and of Special Friends, a student group that regularly visits the elderly and infirm at the Leesburg Longterm Care Facility.

She is the daughter of Gina Chaszar and Armand Peschard, both of Leesburg.



Julia Lynn Gruver of Philomont, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Gruver, an honor student who plans to attend the Virginia Institute of Science and Technology next fall, was one of Foxcroft's top athletes. In basketball, she earned four varsity letters and Delaney Athletic Conference all-conference recognition as a senior. Although she had played neither field hockey nor lacrosse before reaching high school, she earned several varsity letters in each. Gruver also served as captain of all three sports this year.

The daughter of Jill and Clifton "Chip" Gruver of Philomont, Julia also served as head of the Athletic Association, as captain of one of the team's spirit clubs and as a campus tour guide for the Admission Office.



Amelia Raphaelson of Upperville, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Raphaelson, who plans to attend Rensselaer Polytechnic Institute in the fall, received the School's Library Prize, which is given annually to the student who best utilizes the library's research facilities. She also participated in cross country.

Known as "Lia," she is the daughter of Amanda and Dr. Marc Raphaelson of Upperville.



Caroline Elisabeth Turnage of Leesburg, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Turnage, who plans to attend James Madison University in the fall, is a winner of the School's Becky Award, which is presented annually by faculty vote to the sophomore student who best displays the qualities of Bravery, Enthusiasm, Courtesy and Knowledge of Youth (BECKY). It is named after Rebecca M. Hickok, who was at Foxcroft from 1935 until her death in 1960, serving as secretary to the school's founder, Charlotte Haxall Noland, and a dormitory housemother.

Turnage, who played field hockey, lacrosse and soccer at Foxcroft, was twice named

Continued Page 32

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Parents & Progeny

Foxcroft's 95th Commencement

Continued from Page 31

Most Valuable Player of the soccer team, which she captained for several years. She also served as Head of the Outing Club, which planned outdoor activities ranging from camping and hiking trips to sledding on Foxcroft's snowy campus.

She is the daughter of Elisabeth and Bobby Turnage of Leesburg.



Katharine Hamilton Aldrich of Huntly, VA., graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Aldrich, who plans to attend Virginia Tech in the fall, was awarded the School's top riding prize, "Miss Charlotte's Prize for Best Rider in Foxcroft." A national champion eventer, she was a co-captain of Foxcroft's equitation team, which won the Tristate Equitation League Championship, and was a member of the School's eventing team, She also participated in a riding exchange program with the Stonar School in England and traveled with a select group to fox hunt in Ireland.

As a junior, Aldrich received the Harvard Prize Book and the William & Mary College Leadership Award for her academic and leadership skills and the Best Younger Girl Rider for her equestrian efforts.

She is the daughter of Jennifer and David Aldrich of Huntly.



Kathleen Hurst of Round Hill, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Hurst, who plans to attend Roanoke College in the fall, was the senior class representative to the Student Council and served as the head of the Foxcroft Christian Fellowship and Foxcroft Reaching Out. In addition, she was a member of the School's Interim Committee and the Old Girl-New Girl prefect for 2008-09.

Hurst played varsity lacrosse as a senior, having captained the JV lacrosse and field hockey teams. A longtime rider, she also was a member of Foxcroft's eventing team.

She is the daughter of Kimberly and Rev. Richard Hurst of Round Hill.



Allesandra Victoria Richards of Delaplane, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Richards, who plans to attend the University of Mississippi in the fall, was a member of several clubs and organizations at Foxcroft, serving as co-head of the environmental organization Blue Planet Society. She also served as captain of the swimming team, the junior varsity tennis team and the JV field hockey team.

She is the daughter of Jennifer and Allen Richards of Delaplane.

Whitney Marie Weeden of Broad Run, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Weeden, who plans to attend Virginia Tech in the fall, was one of Foxcroft's best athletes, receiving Delaney Athletic Conference and Independent School League honors in field hockey and lacrosse during her four years on both varsity teams. She also captained both teams as a senior. Last fall, Weeden was named co-MVP of the DAC for her stellar performance in field hockey. As a junior, she also was earned All-Extra honors in lacrosse from the Washington Post.

The daughter of Katherine and Matt Weeden of Broad Run, Whitney served as vice president of her class sophomore year and as a tour guide for the Admission Office. Her other activities included the Athletic Association, Junior Class Walk-a-thon and Day Student Club.



Lauren Brent Finkbiner of Purcellville, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Finkbiner, who plans to attend the College of Charleston in the fall, was the head of Foxcroft's Athletic Association and captain of one of the School's two spirit teams. In addition, she was a member of the four-person team that finished second in the Ferrell McLean Math/Science Competition. Finkbiner earned varsity letters in basketball and field hockey and interned with the Athletic Office this spring.

Isabella Lyle Wolf of Middleburg, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.



Wolf, who plans to attend the University of Virginia in the fall, received the school's Spanish Prize for academic proficiency in that language. She was selectedc as an alternate to the prestigious Governor's Foreign Language Academy for Spanish last year.

An accomplished rider, Wolf is a renowned polo player who plays on men's teams and has participated in numerous tournaments throughout the United States. She has received several most valuable player awards in polo tournaments and hopes to continue with the sport in college. Wolf has also trained and competed in Argentina.

She is the daughter of Francesca Spano Wood of Los Alamos, CA, and Dr. William B. Wolf of Middleburg.



Christine Marie Thebaud of Upperville, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Thebaud, who has accepted an appointment to the U.S. Military Academy at West Point, NY, was one of seven students inducted into the Foxcroft Chapter of the Cum Laude Society, an academic honor organization based on the college level Phi Beta Kappa. She was a regular on the School's Honor Roll.

Campus activities that Thebaud participated in include Current Events and Debate, Animal Room lab assistant, and Admission Office tour guide. Off campus, she volunteered at Seven Loaves and attended the University of St. Andrews Summer Program in Scotland (2007) and the USMA Summer Leaders Seminar (2008)..

She is the daughter of Elizabeth and Charles Thebaud of Upperville.



Nellie Foosaner of Middleburg, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Foosaner, who plans to attend the University of Miami in the fall, earned inclusion in Foxcroft's High Honor Roll several times during her three years at Foxcroft. In 2008, she chaired the Junior Class Walk-a-thon, which raised more than $30,000 for the Christopher and Dana Reeve Foundation – a charity chosen in memory of Nellie's mother, Carol Foosaner, who died in September 2007 after a three-year battle with a spinal injury. At this year's Awards Assembly, Nellie received a Community Service Award from the school.

An accomplished rider, Foosaner was a member of Foxcroft's equestrian team during her sophomore and junior years and is a rising star on the national equestrian circuit. Riding in Wellington this winter and at the Lexington (VA) Spring Equestrian Festival, she qualified for almost every major national competition in junior hunter, jumper and/or equitation classes.

She is the daughter of Robert Foosaner of Middleburg.



Elizabeth Perkins of South Riding, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

Perkins, who plans to attend the University of Nevada, Las Vegas in the fall, was captain of the varsity softball team for two years and the junior varsity field hockey team for one. She was named Most Valuable Player of the softball team in her junior year and received the Coaches Award in 2009 for her many contributions to the team.

The daughter of Walter Perkins of South Riding, Liz also participated in various clubs and activities, including Current Events & Debate, the Outing Club and "Lab Rats." The student group that cares for residents of and maintains Foxcroft's unique animal room.



Carly Alexandra Travell of Middleburg, VA, graduated from the Foxcroft School on Friday, May 22, at the School's 95th commencement. She was one of 40 students from 11 states, three foreign countries and the District of Columbia, awarded diplomas by Head of School Mary Louise Leipheimer.

A talented musician, Travell was accepted at Lehigh University and James Madison University's music school. She sang in many of the school's performances – including the Baccalaureate Service held at Trintiy Church (Upperville) on the eve of her graduation. Travell is also an accomplished pianist.

The daughter of Ann and Wayne Travell of Middleburg, Carly was a member of Foxcroft's honor roll for three years, played lacrosse for two years and served as manager of the Softball Team this spring.

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Parents & Progeny

Mary Fore is Awarded The AH&T Scholarship



Armfield, Harrison & Thomas, Inc. (AH&T Insurance), an independent insurance agency in Leesburg, has awarded their 21st annual scholarship for $5,500 to Mary Fore of Loudoun Valley High School. Kate Armfield, Senior Vice President of AH&T Insurance, presented the scholarship on Tuesday, June 9, 2008 at the Loudoun Valley High School Awards Ceremony.

Mary, a member of the National Honor Society and the Foreign Language Honor Society, is a very deserving student, who plans to major in Pre-medicine, Biology and Latin. She has maintained above a 4.0 grade average while taking 5 AP classes. She earned an academic letter all four years of high school while participating in Varsity Lacrosse, Girl Scouts and served as Latin Club President and Student Council Secretary in her senior year. Mary is described as kind, respectful and honest, all of which are excellent traits for a doctor in which she aspires to be one day.

Miss Fore will be attending the College of William and Mary in the fall.

Fall Festival at Piedmont Child Care Center

The second annual Fall Festival will be held on the front lawn of Piedmont Child Care Center (PCCC) located on Route 50 in Upperville, Va., Saturday, September 12, 2009 from 10:00 am to 2:00 pm. Cost is $20 per child for the first child, $10 for each additional child, and children 2 and under are free. Ticket costs are tax deductible. Rain date will be Saturday, September 19, 2009.

"This is a terrific opportunity for family time together," says Alice Duggan, director of PCCC since it's opening in 1984. "Come and enjoy this wonderful community event."

The festival begins at 10:00 am. There will be a moon bounce, hay and pony rides, a petting zoo, games, silent auction, a fire truck to explore, and a raffle with a grand prize of $300. In addition to all of the activities, food will be available for purchase. All proceeds from ticket and food sales will benefit PCCC, a non-profit organization.

PCCC is located at 9121 John Mosby Highway (Route 50) in Upperville, VA 20185, directly across the street from Trinity Episcopal Church. PCCC is a not-for-profit 501(c)3 charitable organization dedicated to providing quality early childhood care and education for approximately 87 children from diverse, multi-cultural backgrounds. Located in historic Upperville, Virginia, PCCC opened in 1984 and serves any family regardless of race, creed, disability, or country of origin. For more information, call 540-592-3908 or visit www.piedmontchildcare.org.

Summer Medical Camp at Fauquier Health is Major Success

It's completely quiet in the brightly lit hospital conference room where nine young women are working intently to suture four-inch incisions in nine pig's feet. Soft murmurs indicate some reticence and frowns betray the natural reluctance to pierce the cold, thick layers of skin.

Only one young woman slides softly into a puddle of faint and has to be revived in the hallway.

These serious and absolutely fascinated young people spent their time at Fauquier Health's summer Medical Camp learning how to suture incisions and set broken bones, courtesy of Fauquier Hospital where, for the second year, administrators, doctors and nurses committed many professional hours to teaching and encouraging students who are interested in a career in medicine.

Wearing teal blue scrubs and seated at long, operating tables, each student works quietly to close the incision by "coming in below, crossing over and tying a knot" to close each stitch.

Two nurses and recently retired orthopedic surgeon Dr. Robert Dart, move smoothly among the tables giving instructions and compliments on a job well done.

When the suturing task has been completed to Dr. Dart's satisfaction, he begins the stapling lesson and says "…if we have time, I'll teach you how to do a running suture. That will really be fun!"

Suddenly there is a lot of chatter as each student turns to help another to make certain they all finish the stapling in time to learn the running suture stitch, and the room begins to sound like any classroom filled with enthusiastic learners who are sharing a newly discovered aptitude.

Last summer, Fauquier Health offered their junior volunteers the opportunity to attend "Medical Camp." The only requirement was that only junior volunteers could attend.

Fifteen junior volunteers signed up and the word rapidly spread that this camp was every bit as much fun as learning to row, ride or play tennis.

"When we received 48 applications this year we really didn't know what to do," Registered Nurse Wendy Greenwood explained. "It's expensive to make the time commitment of doctors and nurses to ensure that the camp is run successfully. We really weren't sure how many summer camp students we would be able to accommodate."

After deep discussion, the VIPeds committee responsible for this program made a truly admirable decision:

Every student who wants to learn more about a career in medicine will be able to participate in our Summer Medical Camp. Not one student will be turned away if medicine is part of their dream.

The investment has been a good one with important, life-changing experiences for the students who participate, and for the community that now can offer a serious summer program to students who want to spend their free time opening a window on their future careers.

Suturing is not the only area of medicine students may study in the Fauquier Health program. They offer a Listening Lab where students learn more about heart and lung sounds, take blood pressures, use the Doppler to find a pulse and feel the "thrill" and listen to the "bruit" of a dialysis patient's fistula.

Sports Medicine, Medical Imaging, Cardiology, Mammography and Backboarding, to stabilize a victim's neck, extricate them from a vehicle and strap them down to a backboard are also offered.

There is also an Injections and Phlebotomy session that teaches students how to draw blood by using oranges to practice injections, a Laparoscopic session where students learn dexterity and how to perform surgery and a final Obstacle Course where all students push a wheelchair-bound 'patient' through various stations to perform the activities they've learned while wearing 'drunk goggles' that simulate how they would feel if they were impaired.



Cast Removal at Medical Day Camp—Sarah Rhodes watches as one of her fellow students uses the saw to remove her cast

Among the many professionals who helped make the Summer Medical Camp a success are Nicole Polster of the staff development department; Wendy Greenwood, RN in surgical services; Julie Whisler, medical camp project manager; Sandy Williams, clinical coordinator; Dr. Robert Dart; Karen Gilbert and Jane Dale, RN's; Michele Glowicki, physician's assistant; Mel Brown, medical imaging supervisor; Erica Hansen, intern; Carla Adams, senior director of patient care services; Kim Ryan, RN; Angie Tolley, cardiopulmonary supervisor; Kathy Grammo, cardiopulmonary sonographer; Dr. James Koepke, Stevie Nicholas; Chris Kelleher, medical imaging, and Casey Flynn, RN.

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CATFISH
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BUSTER
Buster is a 6 year old purebred Great Pyrenees who is great with kids, cats & other dogs. A really great dog who wants a family to call his own.



Star is a 5 year old loving and adorable little Dachsund/Chihuahua mix. She is great with other dogs, cats and children. Star is much cuter in person– a fun loving gal who will be a great family friend.



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Albert's Corner

A monthly column for people who share their homes with four-legged friends.

Variety is the spice of life, and that's not just true for people. Dogs and cats enjoy a change in the routine too. Nowhere is this more relevant than in our diets. The major pet food companies want pet owners to believe that it's best to feed the exact same food throughout a pet's life. That kind of loyalty is fantastic for the corporate bottom line. It's not, however, fantastic for us. In fact, it can be detrimental to our health.

All mammals do best when they eat from a broad spectrum of foods, getting different vitamins and minerals from each. Our bodies usually function at optimum levels with periodic changes in diet. Many people do not realize that allergies often build up gradually because of excess exposure to one food. Of course, some allergies are immediate, but many are not. In other words, it is very common for a dog or cat who has been fed one protein all of his or her life to develop an allergy to it.

Most pet nutritionists recommend rotating food on a regular basis. Once every few months is a comfortable guideline for many pet owners. If, however, a dog or cat is not sensitive to change, it's perfectly okay to rotate the diet frequently. In my case, for instance, all of the dogs in my house switch proteins several times monthly. We've lived this way since we were puppies, so we're not very sensitive to change.

Some animals, however, are a little more sensitive, so it's always a good idea to transition a bit slowly. Mix food for about five days before switching completely. A good formula is 75% old food and 25% new for two days; 50% and 50% for one day; and 25% old and 75% new for two days. Some animals will not require this, but it's wise to err on the conservative side just in case there are digestive issues.

The return for a little effort will be a healthier and happier pet who will not become bored with his or her diet. In addition, you will be able to take advantage of all of the advances in the pet food industry. Feeding one food over the course of a pet's lifetime means that your dog or cat will never benefit from the great new options that are constantly on the market. The very best food today will most assuredly not be the very best food 10 years from now.

Rotating food does not necessarily mean changing brands, of course. Most pet food companies offer several different proteins within their lines. The most common are chicken, lamb and beef. Today, however, many proteins are widely available in pet food, including buffalo, salmon, duck, rabbit, pork, venison and others. If you want to offer something new to your dog or cat and it is not in your current brand's line, you should feel completely comfortable buying a different company's food. The most important thing is to make sure that whatever food you feed is free of by-products, digest, BHA, BHT, ethoxyquin, generic fat sources and sugar. It's also a good idea to avoid corn and wheat in maintenance diets, as they are rarely seen on the ingredient panels of healthy foods.

Of course, there are some animals who must adhere to a strict diet because of existing allergies or sensitivities. Animals with these issues do have to be more cautious. I certainly do not want to suggest something that will make life unpleasant for pets or their people! If, however, your dog or cat does not react poorly to dietary change, there's no time like the present to make mealtime a bit more exciting. Your best friend will thank you for it. Bone appétit!

Albert, a Jack Russell Terrier, is Chairman of the Board of Wylie Wagg, a shop for dogs, cats, and their people, in Middleburg, Fairfax and Falls Church.

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Longfield
Middleburg, Virginia

96 acres of gently rolling open land with mountain views. Large stone house with slate and metal roof, 4 bedrooms, 4 1/2 baths, 3 fireplaces, hardwood floors, and rear flagstone terraces. Recent improvements include heated pool and cabana. 5-car garage. $3,900,000.

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Leesburg, Virginia

Beautiful hilltop setting with a long paved driveway to house. Brick Colonial, circa 1970 on 25.21 acres, has been completely updated, 5 bedrooms, 5 1/2 baths, 5 fireplaces, office, detached 4 car garage, guest house, play house, sports court, putting green. Minutes from Leesburg and Greenway. Perfect for entertaining. $1,999,999.

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Lincoln Road
Purcellville, Virginia

Beautiful farm on 55.24 acres recorded in 5 parcels. Gently rolling land with lovely views in protected area near Lincoln. Contemporary home with 4 bedrooms, 2 1/2 baths. 3 fireplaces and 2-car garage. European style stable with 6 stalls, tack room, office, wash stall and apartment. Very private. $1,550,000.

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Cabin Branch
Marshall, Virginia

103.47 rolling and rising acres in prime location, minutes from Warrenton and very private. 1/2 open, mountain views, Williamsburg style Cape with first floor master bedroom and two large bedrooms on second floor, stucco tenant home, long creek frontage. $1,655,000. House and 5.46 acres available for $430,000 or 98.01 acres for $1,325,000.

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Beaver Creek
Purcellville, Virginia

Hilltop setting with panoramic views on 11.48 acres. Four bedroom, 2 1/2 bath frame Colonial, 2 gas fireplaces, hardwood floors throughout, wraparound front porch, tiered decks off rear of home lead to pool and cabana. Improvements include barn, shop and board fencing. Mature landscaping. $1,295,000.

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Rectortown Road
Rectortown, Virginia

Stucco Hunt Box in quant village setting, 2 tax parcels, 2.92 +/- acres, home circa 1942, 3 bedrooms, 2 1/2 baths, and 2 fireplaces. Improvements include guest home, 3 stall barn and board fencing. Lovely setting. $1,100,000.

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Silo Road
Marshall, Virginia

Original house expanded and completely updated. Hilltop setting with mountain views, large master suite on main level, 2 bedrooms on upper level, country kitchen with fireplace. 2 full and 2 half baths, grand family room, extensive landscaping, front porch, rear deck with access to terrace. 2 stall barn and run in shed on 10.88 fenced acres.$710,000.

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Carter's Mill, Middleburg, VA
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Keane910@aol.com

Tel: 540-687-2221



Kitty Leggett House, Waterford, VA
Historic Kitty Leggett House, circa 1790, is a lovely remodeled four bedroom, three bath house on the Main Street of Waterford on a quarter of an acre. Wonderful cobble stone terrace on the main level, wrap-around porches, fireplace in the master bedroom – this property is in excellent condition with an updated kitchen and baths. $695,000.
Carole Miller 540-687-2233



Blossom Hill, Middleburg, VA
Lovely comfortable contemporary residence in a terrific Middleburg location with great privacy. It is on just under 2 acres and has a charming living room/ dining room "L" with a fireplace, bookshelves and built in cupboards and drawers. There are 4 bedrooms and an artist's studio with excellent north light. The back yard is fenced and the grounds have mature planting and trees. Blossom Hill offers good cheer, comfort and convenience. $595,000.
Carole Miller 540-687-2233



Shelburne Glebe, VA
Charming country cottage on 10 private acres between Purcellville and Middleburg. About 1,850 SF finished on the main level with about 900 SF finished basement. Cathedral ceiling in great room with fireplace. 4 bedrooms, 3 baths, hot tub and pool. About half open and half wooded. Property in "land use" and ag-district for low property taxes. $559,900.
Rick Lowe 703-509-3962



Hunt Box, The Plains, VA
In the village, new 2 & 3 bedroom homes offering high efficiency systems for low cost living and low maintence building material for easy upkeep. Gourmet kitchens, gas fireplace, screened-in porch and only minutes to I 66. Hardwood floors throughout. Walk-up attic and full basement may both be finished for additional living space, 2 bedroom $494,000, 3 bedroom $499,000.
Lynn Wiley 540-454-1527



1 Orange Drive, Middleburg, VA
Excellent Opportunity! 2 bedroom, 2.5 bath, end unit townhouse in Middleburg priced to sell. New paint, gleaming hardwood floors, new carpet. Main level with great floor plan, open and bright, with fireplace and French doors to porch off of eating area. Walk to town, restaurants, shops in sought after Middleburg. Lowest price in Federal Village Community in years. $399,000.
Patricia Burns 540-454-6723
Clyde Lamond 703-501-8065

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