



NATIONAL NIGHT OUT

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NEW MIDDLEBURG ACADEMY HEADMASTER
HAS DEEP ROOTS IN HUNT COUNTRY

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DREAMS DO COME TRUE

When Salamander Resort & Spa opens at noon Thursday, August 29th, in Middleburg, Virginia, Sheila Johnson will look with pride on the realization of the dream she had long ago of a luxurious resort that captured the classic elegance of America's Hunt Country.

Sheila and Prem Devadas, President of Salamander Hotels & Resorts, have worked stoically through often challenging times to create the resort they both knew would fill an important niche in luxury travel.

"The equestrian and field sport lifestyle that thrives in this beautiful area is sadly under-represented in global travel," Sheila explained. "I loved this area from the moment I saw it, and the opportunity to create a unique destination for discriminating travelers has inspired me ever since."

When she purchased a stunning 340-acre parcel of land in Middleburg, her dream began to take shape. When she found and hired Prem, a few years after she began the project, she had a partner who not only totally understood the needs and demands of the global luxury travel market, but who loved this area as much as she did.

With Prem's help, Sheila knew that her dream would someday become a reality.

That reality, the Salamander Resort & Spa, opens August 29th, and it promises to deliver every bit as much grace and style as Sheila and Prem and their talented staff have imagined.

"It is truly the culmination of everything we hoped for," Sheila continued. "I simply could not be more pleased and proud of what our team has created."

From Equestrian Director Sheryl Jordan's elegantly understated barn; to Spa Director Penny Kriel's rejuvenating plans for the Spa program; to Culinary Director Todd Gray and the resort's talented chefs' delectable vision for the Resort's expansive culinary program; and General Manager Trey Matheu's keen understanding of what real hospitality requires; Salamander Resort will offer a world class Hunt Country experience to its guests.

But the luxurious experience is designed not only for guests from far and wide.

"We have also carefully considered how to provide exceptional services to the local community," Prem added. "I am confident that our restaurants, our spa and our equestrian facilities will meet with the enthusiastic approval of our friends in Hunt Country. I feel certain everyone will thoroughly enjoy the special programs we've created for them."

Although the economic recession delayed the Resort's opening by two years, leading travel and financial publications have already delivered comment and coverage that more than made the wait worthwhile.

According to Forbes Magazine: "Surrounded by the beauty of Virginia's Horse Country, you'd be hard pressed to find a better locale for a luxury resort with an equestrian flair...

there's a definite equine flavor, but it's the perfect balance between elegance and theme. And, if anyone knows how to craft a classy horse retreat, it's Sheila C. Johnson, who serves on the board of governors of Parsons' The New School for Design in New York..."

"Over 75 percent of our group booking goals for 2013 have been met," according to Prem.

And, although he declined to name the Fortune 500 corporations who have already contracted to organize global events at Salamander, he did smile knowingly when pressed about the quality of the guests who have already booked.

"We simply could not be more pleased with the international response to the Resort. It is a world class destination that accurately reflects everything we believe this beautiful area deserves. Clearly, leading companies from around the world are excited to be here."

"I want this resort to become part of the wonderful Middleburg community that I love," Sheila added. "We want to partner with local organizations and business leaders, to make a significant contribution to the economic base."

Because one of Sheila's favorite pastimes at her Middleburg farm are the long walks she frequently takes through the beautiful countryside, she was determined to create an enjoyable walking experience for guests at the Resort.

"Not only on the property here," she emphasized, "... but walks to the Village, to the National Sporting Library and Museum and all the charming spots we know and love. Nothing is healthier than a long, enjoyable walk, and here, our guests will have easy access to all our favorite places."

The combination of beautiful countryside, elegant surroundings, enjoyable activities, exceptional hospitality and a truly talented, enthusiastic and gracious staff will be the keystones of Salamander Resort & Spa's success.

But it may be its founder's vision to create a place that authentically captures the essence of this remarkable and historic part of America that will be her greatest contribution to Hunt Country.

As travelers arrive from around the world who, as yet, may not fully appreciate the origins of the United States, they will certainly leave after their luxurious visit with a better understanding of the courage, conviction and creativity that make this country great.

"It only takes courage and patience to get things done," Sheila concluded. "We hope to welcome everyone in the community. We want to be great neighbors and serious stewards of this wonderful place."

For more information about Salamander Resort & Spa, please visit the website at www.salamanderresort.com.

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LO8057336 • \$1,195,000

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MOSBY'S WAY, UPPERVILLE, VA - Not just a home, this property has potential for many agricultural uses and home based businesses, with high visibility. Antiques, B&B, small vineyard, organic gardening. Animal friendly, with horse paddock with run-in shed. C. 1820, 7.5 acres. Must see!! \$835,000 • FQ8110815

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16764 HILLSBORO RD PURCELLVILLE, VA - 10 beautifully landscaped acres with patios and gardens galore. A gardener's paradise. The house features 7400 finished square feet including 2 apartments. Full walkout basement is approved for a day care facility—maybe a B&B? The possibilities are endless!!! Great location and only 2 miles north of town. \$685,000

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DOVER RD, MIDDLEBURG, VA - The picturesque and quiet subdivision of Middleburg Downs offers a lovely custom Cape Code residence with 5 bdr & 4baths. Built in 1975 expanded in 1982 and completely updated in 2006. Located just minutes from the historic village of Middleburg. 3 Garage spaces.

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PARIS, VA- Come home to your own private 2 acre sanctuary in this gated community on "the mountain". Home features 3 finished levels with 4 Bedrooms, 3full baths, 2half baths plus a walk up attic if you need more space. Deck with Spa. Organic garden. 3 car garage. Close to the Shenandoah River, hiking trails, state parks and more. Feels far away but very convenient to Rt7 & Rt50. \$600,000

MARCY CANTATORE

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AIRMONT RD, BLUEMONT, VA- Classic fieldstone farmhouse on 5 acres with 7 stall barn, full size dressage arena, beautiful views, and landscaped gardens. The house was completely renovated over the past 10 years. 4 fire places, a tin roof, water, and electric to barn w/ box stalls, fencing. Piedmont Hunt.

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JOHN WOLFORD RD WATERFORD, VA- Excellent location House has good bones and has fresh paint and carpet. Ready to be taken to the next level. Beautiful views of pond and pasture. Horse boarding next door. quick access to P-ville via 9, 287 and close to Greenway to Dulles. Sold strictly as-is. Could make an idyllic country home or weekend retreat. Hunt.

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NEWS OF NOTE HARD WORK AND GRATITUDE DRIVE BASKETBALL STAR AZANIA STEWART



When Azania Stewart played center on Notre Dame Academy's winning women's basketball team, she dreamed of someday playing in the Olympics.

When she met The Queen after playing on Great Britain's 2012 Olympic team, her frustration about not taking home a medal disappeared quickly in her boundless gratitude for all the tremendous experiences the game had afforded her.

Today, the stunningly beautiful 6'4" athlete who proudly wears her fabulous 2012 Olympic tattoo, is on her way to Australia to play for the Adelaide Lightning after two years playing for Spain and Hungary's women's professional teams.

Azania, who grew up in North London, began to play basketball when a coach recognized her potential and asked her to focus on the game.

Grieg Academy in Hornsey, is a busy inner-city school where a spot on an Olympic team seldom crosses the player's minds. But 14-year-old Azania learned the game quickly and began to realize how important it could be to her future when she was named MVP at a big tournament and watched as an older teammate won a scholarship to play for a U.S. high school.

"Suddenly, I realized how big the pay off on my hard work could really be," she remembered. "I was determined to work as hard as I could."

When she learned about the Notre Dame women's basketball program from a friend, it sounded perfect. She applied and was accepted.

"I was so excited to be accepted and I was even luckier when the mother of my classmate Haley Fitzgerald, invited me to live with their family rather than drive every day from Frederick

where I was living. Kim Shelly, Haley and their family have become my second family. I will always be grateful to them for their care, support and generosity."

Shaq
"As Shaq knows, playing center is really a lot of fun, but if you aren't up for the work it demands, don't even think about it," she said recently while in Middleburg to visit her "second family."

Her college career at the University of Florida speaks for

itself. She lettered every one of her four years with the Gators and was ranked number three in the program's all-time record book for blocked shots. She started in 84 of the Gators 123 games and finished her run with 785 points and 567 rebounds.

"Being named to Great Britain's 12-member Olympic team was astounding," Azania explained. "I was ecstatic! I love the game and it has given more to me than I could have

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HOWARD ALLEN BOOKSIGNING RESCHEDULED

UNFORGOTTEN TIMES

Jackie Kennedy's Happy Days int the Virginia Hunt Country



National Sporting Library
Sunday, October 13, 2013 ~ 4-6:30 pm
Pre-Sale at the Fun Shop
and online at howardallenphotos.com

PROPERTIES IN HUNT COUNTRY

HATHAWAY



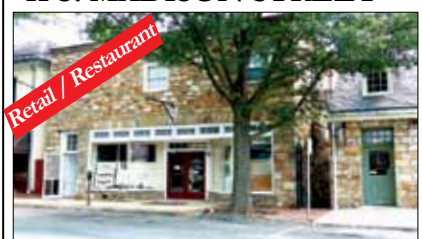
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Rebecca Poston (540) 771-7520

CHIMNEYS



An English country estate on 12.5 acres. Main house, circa 1790 with later additions, is stucco over log and frame, has heart pine floors, beamed ceilings, 5 fireplaces, 6 Bedrooms, 5 Full Baths, 2 Half Baths. Stone guest cottage, circa 1770, is 3 floors with 1 Bedroom, 1 Full Bath. Pwllhouse has flagstone floors, pickled walls, 2 Fireplaces, 1 Bedroom, 1 Full Bath. 2-car garage, barns, sheds. \$1,550,000
Sheryl Heckler (540) 272-4300

PLUM GROVE



A historic 10 acre farm circa 1787, beautifully sited in the foothills of the Blue Ridge Mountain along the Virginia wine trail. Gracious Manor House, recently updated 3 finished levels, 5 Bedrooms, Charming 2 bedroom Guest House, Log Cabin, 3 Bay Garage with wonderful Recreation Room and Storage Building, additional acreage available, stocked Pond and Magnificent Views \$1,235,000
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NEWS OF NOTE

SALAMANDER RESORT & SPA GRAND OPENING

DANIEL MORROW

Middleburg Town Council and Staff spent much of the last month making sure punch lists were complete, occupancy permits issued, and all was ready for the noon, August 29, grand opening of the long-awaited Salamander Resort & Spa.

Set on 340 acres the resort comprises 168 rooms and suites, a spa, equestrian center, world-class dining, a cooking studio, wine bar, billiards room, conference and banquet facilities.

Police Chief Panebianco reported that his force was ready

for both the Grand Opening and the upcoming Salamander Film Festival. The Middleburg force, he noted, is at last fully staffed and operating on a 24/7 basis.

A new and significant addition to the Police Department staff, he noted, was their new part-time Administrative Assistant, Karen Kilday. Kilday works twenty-three hours per week, spread over five days.

National Night Out

Chief Panebianco also reported that Middleburg's second celebration of "National Night Out" was a great success thanks once again to outstanding com-

munity support. Designed "to promote involvement in crime prevention activities, police-community partnerships, neighborhood camaraderie and send a message to criminals letting them know that neighborhoods are organized and fighting back," the national program is celebrating its 30th anniversary.

Panebianco also noted a new warning against cybercrime posted on the department's web site at <http://www.middleburgpolice.org>.

"If it seems too good to be true" the site notes, "it probably is! When buying and selling online...don't be taken for a ride." He encouraged citizens in doubt

about dubious offers to feel free to "Call the police and let us look into it."

Preservation Planning and Grants

On July 23 the Mosby Heritage Area Association hosted a workshop at the Middleburg Community Center to discuss the significance of the Civil War battlefields of Aldie, Middleburg, and Upperville and how best to preserve them.

Representatives from John Milner Associates, nationally recognized experts in battlefield preservation, presented an overview of the battlefields, their ex-

isting conditions, and key preservation issues to be addressed. Cavalry expert Clark "Bud" Hall spoke on the fighting that occurred here exactly 150 years ago and MHAA President Childs Burden provided an introduction to the Mosby Heritage Area Association. Henry Plaster, Paul Ziluca, Wendy Bebie, Harry Bigley, and Doug Gow serve on the organization's new Preservation Committee. Additional public workshops will be held in 2014.

On Thursday, August 15, at Loudoun County's Ball's Bluff Battlefield, Virginia Governor Bob McDonnell named the beneficiaries of this year's \$2.2 mil-

Continued Page 12

LAND TRUST OF VIRGINIA PROTECTS 103 ACRES

Dr. Mary Fleming Finlay, the owner of two important conservation properties near The Plains, and the Land Trust of Virginia, an accredited non-profit land trust based in Middleburg, recorded two easements in June that protect the properties' extraordinary scenic open space and other conservation values.

The spectacular scenic values of both properties can be viewed from Lambdon Road, Burrland Lane, and Zulla Road, a Virginia Byway. In addition to the properties' scenic open space, the "Miller's House," built circa 1800, plus perennial and intermittent stream courses, are protected by the new conservation easements.

The Lockwood property, which is surrounded by other protected lands, represents a "key-hole" parcel in an otherwise protected landscape.

The Land Trust also accepted an easement on the Greater Cotland property increasing the protection

of scenic resources, water quality, and stream habitat. With these conservation easements now in place, this area of the county will retain its rural and historic character forever.

Dr. Finlay (also known to many as Rab Thompson) said, "I'm very pleased to preserve this important part of Fauquier County's heritage. I especially would like to thank Georgia Herbert who did a wonderful job articulating my wishes, and the Land Trust of Virginia for their efforts in completing these two complex transactions. This farm is a very special place and I'm proud to play a role in its permanent protection."

Reflecting on this achievement, LTV Chairman Birge Watkins said, "It is a pleasure and privilege to work with committed conservationists like Rab whose family has done so much for conservation in Fauquier County. Working together, landowners and land trusts are saving our area's natural and cultural heritage for the benefit of future generations."



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NEWS OF NOTE

SPORTING LIBRARY ANNOUNCES FELLOWSHIPS

The National Sporting Library & Museum has named its John H. Daniels Fellows for 2013 - 2014.

Since 2007 the prestigious grants have been awarded annually in honor of sportsman and book collector, John H. Daniels (1921-2006), a longtime friend and supporter of the Library.

Daniels Fellows from the United States and abroad become scholars-in-residence at the NSLM for periods of one year or less. Disciplines

include history, literature, equine studies, journalism, art history, anthropology, area studies and sport and environmental history.

Seven 2013-2014 fellowships have been awarded, bringing the total number of fellows to forty-five:

Dean Allen, Ph.D., Department of Sports Management, Cape Peninsula University of Technology, Cape Town, South Africa "English Sport in America: Locating the Hidden Diaspora."

Andrew C. Baker, Harrisonburg, Virginia, doctoral candidate in History, Rice University, "Suburbanizing the Countryside: Politics, the Environment and Metropolitan Expansion in the Modern South."

Susanna Forrest, published author, Berlin, Germany, "The Age of the Horse: An Eclectic History of the Way that Mankind Has Used the Horse..."

Charles List, Ph.D., Professor of Philosophy,

State University of New York, Plattsburgh, New York, "The Wholesome Machinery of Excitement: The Evolution of the Sportsman Thesis from Gentleman to Conservationists."

Jonathan Silverman, Ph.D., Associate Professor, Department of English, University of Massachusetts, "Reading the Racetrack: Understanding Horse Racing Culture and History."

Brian Tyrell, graduate student, Department of History, University of California,

Santa Barbara, California, "Breeding the Bluegrass: Thoroughbred Breeding, Land Use and Place in Kentucky."

Philip Wedge, Ph.D., Senior Lecturer, English Department, University of Kansas, Lawrence, Kansas, "Saving the Best of the Coveys: Sport in the Novels of Jane Austen."

EXHIBIT AND SALE OF ZIMBABWEAN STONE AND METAL SCULPTURES



Sunday, September 15, through Sunday, October 16, 2013, Nadia Stanfield and Susanne Lamb will host, "Spirits in Stone" an exhibition and sale of some 50 Zimbabwean stone and metal sculptures, at Sweet Bay Farm, in The Plains.

Zimbabwe stone sculpture is currently in the collections of the Museum of Modern Art in New York, The Rodin Museum in Paris and the private collections of the Rockefellers and the Prince of Wales.

Stanfield and Lamb interest in Zimbabwean sculpture and metal work began during a visit to the Hawkes Bay wine-growing region of New Zealand in 2011, where they met Zimbabweans Louise and Bruce Stobart, the owners of Birdwoods Gallery there.

Stanfield, the former owner of the Birch Tree Art Gallery in Middleburg insists that "the style, quality, artistry and affordability of these sculptures are unique and highly desirable."

The exhibit and sale will also provide a much needed outlet for Zimbabwean artists, many whose families have been stone carvers for generations, to display and sell their artworks.

The "Spirits in Stone" exhibition will also feature a limited number of metal sculptures of cranes and water birds. Pieces range in size from two to eight feet and are suitable for garden or interior display. They are priced from \$900 to \$5,000.

For an appointment to view the exhibit please call 540-253-5356 or 703-727-4084



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NEW MIDDLEBURG ACADEMY HEADMASTER HAS DEEP ROOTS IN HUNT COUNTRY

Colley Wood Bell III remembers his father driving him to Hunt Country whenever they visited Washington D.C. to see his grandmother's family farm, Lombardy, in Leesburg, Virginia.

"I remember so well his explaining my Hunt Country heritage and learning how much he loved this area," Colley remembered. "When the opportunity to return to this area was presented, I have to admit that my family connection was a big part of what drew me here."

The tall, handsome young gentleman who obviously loves his new school, trains his clear, sparkling eyes out his office window as he explains how fond his father was of telling him about all his family history in this area.

"There is another farm nearby, Barrymore, that was also in our family, and an Anglican Church still stands in Marshall that my ancestors had a large hand in building."

His father, an Episcopal Minister, was head of Margaret Hall, a girls' school in Versailles, Kentucky.

"That's where I grew up, so I began to understand and appreciate the private school experience very early in my life."

When the Middleburg Academy board of trustees announced that Colley had accepted their invitation to lead the school, their

delight was obvious:

"We are excited to draw upon Mr. Bell's lifelong love of independent schools and his demonstrated leadership qualities. Everyone we've spoken to who has worked with Colley invariably describes him as an engaging and motivating figure, one who succeeds at getting people to accomplish challenging things."

"Moreover, his strengths in management, finance, and community-building, as well as in the development of 21st century focused curriculum and technology, assured us that Colley is the right person to take Middleburg Academy into the future."

Colley has served since 2008 as Head of School at Nansemond-Suffolk Academy, a 750-student PK-12 independent school in Suffolk, Virginia. Prior to that, he was Assistant Headmaster at Tower Hill School in Wilmington, Delaware.

His independent school career, which began in 1984, has also included teaching, coaching, and administrative positions in Illinois, Kentucky, Massachusetts, and New York.

Colley's wife, Edwina G. Bell, was Director of Development and Communications for the Chrysler Museum of Art in Norfolk where she concluded a \$43 million development campaign before she left to come to Middleburg.

Together with their eleven-year old son, Colley Bell IV, they will make their new home in the Headmaster's Carriage House on the Middleburg Academy campus.

"Middleburg Academy's mission and vision are very much in keeping with my own beliefs," said Colley. "It is a school that captures you in a very personal way through a vibrancy that is contagious."

"I have found here a community of faculty, students, parents, staff, and trustees that is emphatically committed to every facet of a vigorous and meaningful independent school experience. I feel so privileged to serve Middleburg Academy as its next Head of School."

Clearly, he knows well how important teachers and administrators can be to the students under their guidance and supervision.

"Some of my most important principles were instilled in me by my Latin teacher at Margaret Hall. Mrs. Elisabeth Freeland gave me instruction not only in Latin, she taught me the value of attaining difficult goals and of appreciating every individual's effort to do the same."

Student leadership skills are critical for a viable and robust campus community, according to Colley.

"I intend to teach this year to ensure that I really learn about student concerns and challenges



from the students themselves. We are here to help them achieve their goals and overcome their fears, I need to learn about those from them.

"We are simply stewards

who have an opportunity to encourage greatness of mind and of spirit. I am honored to be part of a new era at Middleburg Academy."

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NEWS OF NOTE

59TH RUNNING OF THE VIRGINIA FALL STEEPLECHASE

The 59th running of the Virginia Fall Races will take place at Glenwood Park in Middleburg on Saturday, October 5th and Sunday, October 6th, 2013.

Throughout the weekend, the nation's top steeplechase horses and riders will compete in over 12 timber, brush and turf races.

Racing highlights for Saturday include the running of the two co-feature races, the National Sporting Library & Museum/Chronicle Cup timber classic and the Daniel C. Sands hurdle race. Saturday events also include a Family Fun Fair with petting zoo, pony rides and more.

Along with a full card of

racing on Sunday, spectators will get a taste of fox hunting with the finals of the Field Hunter Championships of America, held on the race course at 12 noon.

Gates open both days at 11 am; post time is 1:30 pm.

Tickets, box seats, rail side and tailgate picnic parking spaces can be purchased in advance by calling the Race Office at (540) 687-5662.



All proceeds from the race weekend will benefit the Inova Loudoun Hospital in Leesburg.

NATIONAL FIELD HUNTER CHAMPIONSHIP SET FOR HUNT COUNTRY

Field Hunter Championship Chairman Ms. Pippy McCormick has announced that this year's Field Hunter Championship of North America will be held in Middleburg's hunt country, where some of the best horses and riders in the country will hunt from Monday, September 30th through Friday, October 4th, behind the hounds of the Keswick Hunt, the Casanova Hunt, the Snickersville Hounds and the Piedmont Fox Hounds.

Championship Finals will be held on Sunday, October 6th at 12 noon just prior to the full day's races at Glenwood Park.

Trials with the judging of the "Best Turned Out" horse and rider, then moves to a short drag hunt that starts and ends right on the Glenwood Park race course.

The field will then be narrowed to at least 10 finalists who will complete a "handy hunter" course where they may be required to drop a rail, open a gate and/or hand gallop and halt.

Spectators are encouraged to arrive early and walk out on to the race course so as not to miss the action.

The family of the late Mrs. Theodora Ayer Randolph will again honor her memory and her lifetime commitment to fox hunting by awarding a \$2,500 cash prize to the home hunt of the winner of the 2013 Field Hunter Championship.

General Admission price is \$30.00 per carload of four people.

POLO ENTHUSIASTS LOOK FORWARD TO EXTRAORDINARY WEEKEND

Once the sport of Princes, Polo is alive and well in Virginia's Hunt Country and will be enjoyed and celebrated in great style September 12 through 15th when the National Sporting Library and Museum welcomes players, aficionados, followers, devotees and the public to a series of fabulous Polo Weekend events.

"We've planned a truly extraordinary agenda for our Polo Weekend guests," explained NSLM Director Melanie Mathewes. This year they'll enjoy tailgating at the matches, tours of private farms, and stables and spectacular sport."

Beginning Thursday evening, September 12th with a cocktail reception and public lecture by Brough Scott, MBE, a British racing journalist and author. Scott is the grandson of General Jack Seely author of *Warrior: The Amazing Story of a Real Warhorse* that was the inspiration for the recent movie, "War Horse."

Brough will sign copies of his new book, "Henry Cecil: Trainer of Genius," after his lecture. Please telephone the NSLM to make reservations, there is no charge for this event, but seating is limited to 100.

Guests will enjoy tours private estates on Friday, September 13th, including Rose Marie Bogley's beautiful Peace and Plenty Farm at Bollingbrook.

Saturday morning will begin with a visit to Trappe Hill Farm in Upperville with a demonstration of horses swimming in the pond planned if weather permits. Hosted by Mr. and Mrs. S. Bruce Smart, Jr. who breed and raise Thoroughbreds for both racing and commercial use, the Trappe Hill Farm tour promises to be delightful.

Mrs. Smart, a Master Emerita of the Fairfax Hunt, has arranged a show of Thoroughbred foals and mares for the guests, and lemonade will be served at the barn.

That afternoon, a VIP tour of the NSLM Library and Museum is scheduled for guests, with a focus on the two stunning Sir Alfred J. Munnings exhibits now on display.

In the Library's Forrest E. Mars, Sr. Exhibit Hall guests will enjoy the exhibit, *Sir Alfred J. Munnings in Print: Unpublished Letters and Drawings from the NSLM Collection*.

In the Museum, visitors will be given a rare opportunity to view the "Out in the Open" exhibition, where they will survey 68 Munnings paintings from private collections in the U.S. and six from the Munnings Museum in the UK that have never before been displayed in the U.S.

Champagne and Strawberries will be served in the Founders' Room following the tours.

Saturday Evening, Mrs. Jacquie Mars, chairman of the NSLM and honorary chairman of this year's Polo Weekend, will host a cocktail reception at her Meredyth Farm Pavilion in The Plains.

The views of the Blue Ridge Mountains from her estate are breathtaking and Meredyth Farm, which planted one of Virginia's first vineyards, is credited with laying an important part of the foundation for the USA's wine industry.

"Meredyth Farm is one of the most beautiful and important equestrian farms in America," continued Melanie Mathewes. "This is a rare and wonderful opportunity for Polo Weekend guests."

On Sunday, September 15th, guests will arrive at 12 noon at the Virginia International Polo Club in Upperville for lunch and a very exciting Polo Match.

This lovely afternoon with a seated luncheon under a tent includes a performance by the Washington Scottish Pipe Band, a Parade of the Piedmont Fox hounds and a Ladies Hat Contest, judged by international designer Anna Weatherley.

For members of the public who would like to tailgate, a hamper for four guests will be available for \$150 per car. Reservations are required.

The guest announcer for this year's Polo is Neil Agate is the guest announcer for the match.

"Although Polo was a sport of Princes, today it is practiced by professional players and enjoyed by spectators all over the world," added Melanie. "Fans of all ages enjoy Polo today, and we are delighted to provide these superb activities in a world class venue."

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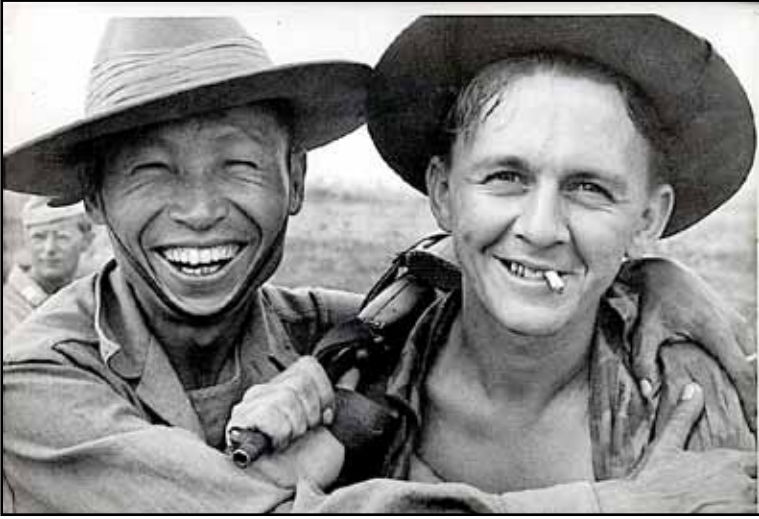
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NEWS OF NOTE

JOSEPH EDWARD LAZARSKY
OCTOBER 21, 1921 – JULY 30, 2013



Joseph Edward Lazarsky, 91, long-time resident of Middleburg, Virginia passed away on July 30, 2013. Joe was born in Luzerne County, Pennsylvania on October 21, 1921 to John W. and Veronica Lazarsky, both immigrants from Poland. Joseph was raised in the anthracite coal mining town of Hazleton, Pennsylvania and graduated from Hazleton Senior High School in 1940. He enrolled in Pennsylvania State College, but left college to enlist in the U.S. Army in January, 1941 at the age of 19.

During World War II, Joe served with distinction as a paratrooper and guerilla fighter with the legendary Office of Strategic Services (OSS) Detachment 101 throughout Burma, India and China. Working with a select cadre of Allied counterparts from the U.S., Great Britain and Australia, he trained and fought with the indigenous Burmese Kachin Rangers behind enemy lines and along the Burma Road. They harassed and engaged enemy conventional forces, interrupting supply lines and ambushing enemy troops. The OSS Detachment 101 and the Kachin Rangers, along with other Allied forces, were instrumental in maintaining Allied supply routes within the China-Burma-India Theater and preventing Japanese military advancement into India. Joe's war combat service earned him the Legion of Merit, the Distinguished Flying Cross, the American Defense Service Medal, and the Asiatic Pacific Theater Service Medal with 3 Bronze Stars and 1 Assault Arrowhead.

Following the war, Joe attended Pennsylvania State College and then continued his service to the country. He served as a Captain with the U.S. Air Force from 1948 to 1951 and was the Air Force Attaché with the U.S. Embassy in India during part of that time. From 1952 until his retirement in 1978, Joe served with the Central Intelligence Agency throughout Asia and the United States. His posts included Guam, East Asia and South Asia as Operations Officer; Southeast Asia as Deputy Chief of Station; and Vietnam and elsewhere in South Asia as Chief of Station, in addition to the agency's headquarters in Virginia. Joe was awarded the CIA Certificate of Distinction in 1968 and the Distinguished Intelligence Medal in 1978 for his service to

the Agency and the United States. In 1949, while stationed in South Asia, he met former Women's Air Service Pilot (WASP) Barbara J. Ward of Syracuse, New York. Barbara was working as the Secretary for the U.S. Ambassador in India at the time. They were married in Alexandria, Virginia in 1952. Together they had three children, Jennifer Jinx, Joseph Stewart, and Christopher John. The family lived throughout Asia as well as in Virginia, and settled in the Middleburg, Virginia area in the late 1960s.



Following his retirement, Joe enjoyed traveling and visiting with former comrades from OSS Detachment 101, tending his huge garden, and fishing in local ponds and Goose Creek. He was a member of the OSS Society, served a time as President of the OSS-101 Association, and continued an active role with his WWII group for many years.

Joe was preceded in death by his wife, Barbara. Surviving family members include his daughter, Jinx Fox and husband Fred W. Fox of Orlean, Virginia; son Joseph and wife, Aileen Randolph, of Chittanooga Falls, New York; youngest son Christopher; and granddaughter, Barbara Evelyn (Bel) Lazarsky.

Memorial arrangements will be announced at a later date.

AUTHOR JAMES FARMER AT MIDDLEBURG COMMUNITY CENTER

James Farmer, southern author, gardener, floral and interior designer, cook and garden-to-table lifestyle expert will speak and answer questions at the Middleburg Community Center at 11:00 AM on Oct. 8. The event is sponsored by the Piedmont Garden Club.

Farmer is editor at large for Southern Living magazine and the author of a number of well-received garden books ("A Time To Plant" (2011), "Sip & Savor" (2012), "Porch Living" (2012), "Wreaths For All Seasons" (2012)) and now a new cook book "A Time To Cook" (2013).

Farmer's books, he says, are inspired by his life growing up in Georgia on a farm where farm-to-table was a lifestyle, not just a popular fad.

Featured on television programs like NBC's Today Show and HGTV, Farmer will guide the audience through the art of elegant garden living on a grand scale or a modest budget.

His books also will be for sale starting at 10 a.m., and box lunches will feature his recipes.

The Middleburg Community Center is located at 300 West Washington St. in Middleburg, VA 20117.

Tickets are \$55 per person and include a box lunch. Make checks payable to The Piedmont Garden Club and mail to P.O.Box 275, The Plains, Va 20198.

For further information call (540) 253-5130 or piedmontgardenclub@gmail.com.



Spring Races Outrider - 24" x 48" oil on canvas, 2012

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MODELS SHOWN IN DUBARRY

NEWS OF NOTE

SALAMANDER RESORT & SPA GRAND OPENING

CONTINUED FROM PAGE 4

lion grant from Virginia's Civil War Site Preservation Fund, established by the General Assembly in 2010. The grants will help preserve more than 1200 acres of battlefield, including, among others Ball's Bluff, Brandy Station, Kelly's Ford, both battles at Rappahannock and Second Manassas. Institutional recipients include the Central Virginia Battlefields Trust, the Civil War Trust, Richmond Battlefields Association, and the Shenandoah Valley Battlefields Foundation.

**Middleburg Library
Grand Re-Opening**

On Saturday, September 7, at 9:30 AM, the friends of the Middleburg Library, located at 101 Reed Street, plan to celebrate its Grand Re-Opening. The library is now twice its original size, thanks to a private fundraising effort conducted by the friends of the library.

Pink Box Renovation

Linda Platt, Secretary of the Pink Box Advisory Committee, reported that the group had met on July 19th to discuss, among other things, significant renovations to the building and grounds that serve as the Town's official

welcome center. She noted that it had been seven years since the Committee last met.

Mary Kay Garwood is now serving as Chair of the Committee and Mimi Stine as Vice Chair.

Noise

At its last July work session Council discussed noise issues at some length, pending projected revisions of the town ordinances. Noting that "Middleburg was an animal community and that fireworks sometimes scared horses and dogs," Council expressed its intention to put in place some new regulations, "particularly on

the number of displays allowed per year."

Council then asked Councilmember Bundles Murdock "to talk with Prem Devadas, of the Salamander Resort, to explain that the Council was not amenable to unlimited fireworks displays and that they planned to put limits in place." A public hearing on any ordinance changes is required.

Truck Traffic

Councilmember Murdock also advised Council that she was, "tired of seeing large trucks going down residential streets."

She asked that the Council, "consider prohibiting them when they were not making deliveries that were of a residential nature."

Police Chief Panebianco noted that, as he interpreted the Virginia State Code, any town could request that a primary road be designated as a "truck route." Once a town passes an ordinance identifying a truck route, he continued, the ordinance is forwarded to the Virginia Department of Transportation. VDOT then had nine months to make a decision.

HARD WORK AND GRATITUDE DRIVE BASKETBALL STAR AZANIA STEWART

CONTINUED FROM PAGE 3



ever imagined possible. It takes a lot of hard work, but it's worth every second. My family was so proud to be at the Olympics... they were so confident that they bought their outfits before I was named to the team!"

"I love the United States," Azania continued. "It's almost as if I'm going on holiday now when I go back to England. Notre Dame was such a great place to learn. The support systems are wonderful, and I learned a lot about life and teamwork as I learned more about basketball."

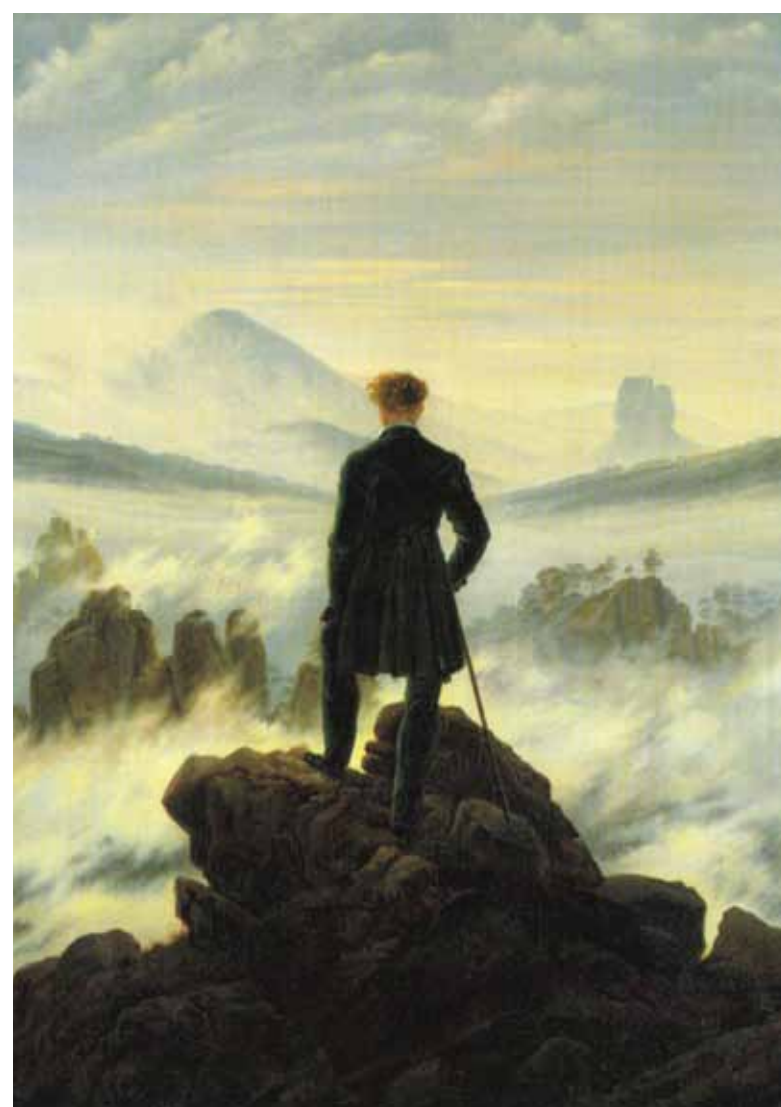
Today, as Azania looks back on her busy life to date, she knows how much she owes to basketball.

"I've traveled the world, paid for my education and made friends in many cultures. I want to play as long as the wheels don't come off and I want to make an important contribution to the Adelaide Lightning while I'm in Australia."

There is little doubt that Azania Stewart will work her heart out for the Adelaide Lightning. Just as she has for every team she's played for, whether it was for Great Britain at the Olympics or the Lady Dragons in Middleburg.

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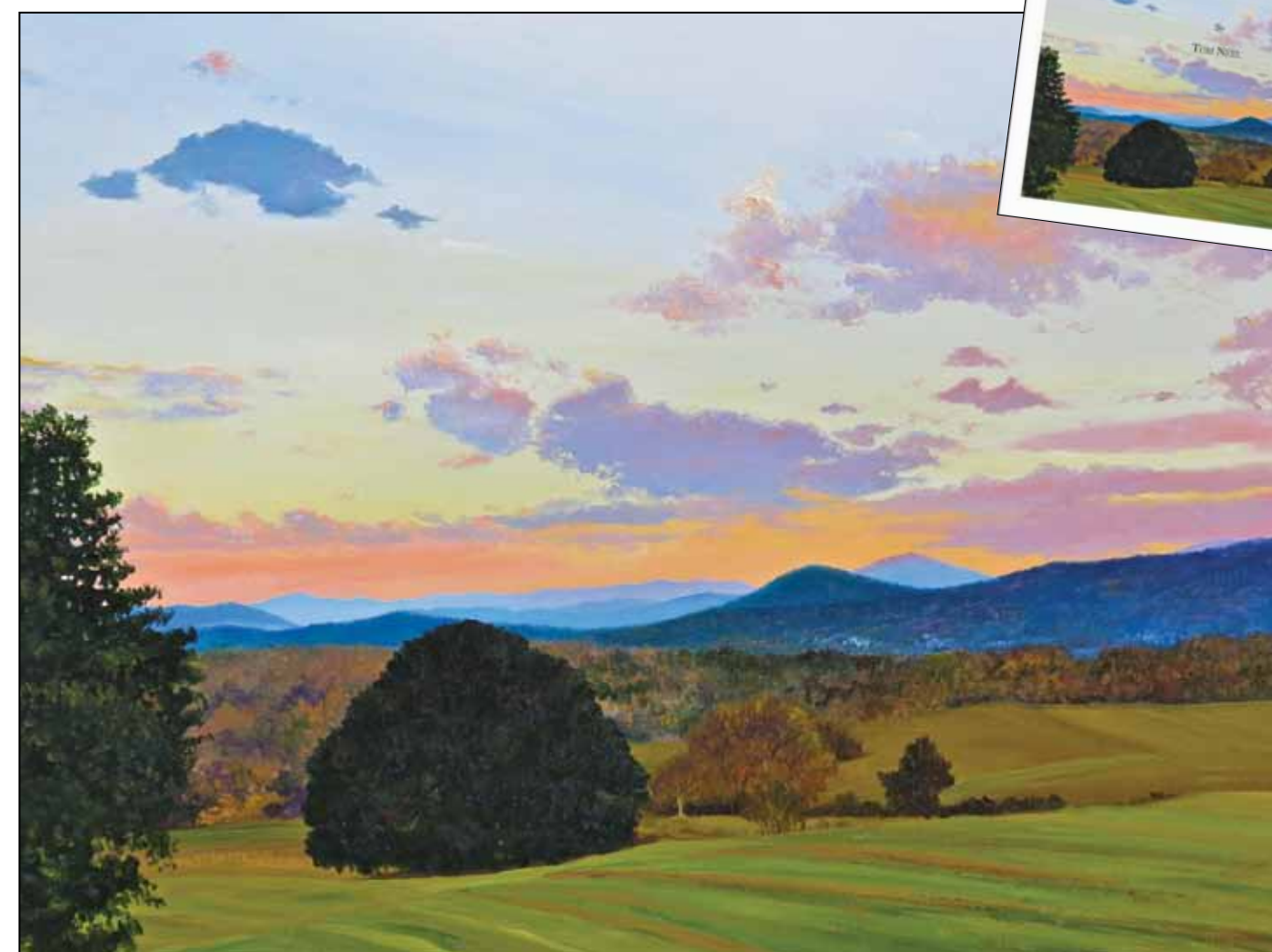
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NEWS OF NOTE

DREAMS DO COME TRUE



DIRECTING A CULINARY SYMPHONY OF TWO PIEDMONTS

Award-winning chef Todd Gray has worked closely for a decade with Sheila Johnson on the culinary vision for what promises to be a delicious dining experience at Salamander Resort & Spa's restaurants. Along with resort's culinary team: Executive Chef Sean McKee, Chef de Cuisine Chris Edwards and Pastry Chef Jason Reaves, they are creating a true synergy between Virginia's and Italy's piedmonts.

Patrons will not be disappointed whether they dine at the 110-seat Harrimans, the beautiful domed grill with stunning wrap-around views; at the Gold Cup Wine Bar where delicious small plates and extensive wines-by-the-glass will be served; or in their rooms, where room service will be available 24-hours a day. The resort even has its own two-acre culinary garden.

"There is always a reflection of two Piedmonts in our menus," Todd explained.

"I trained in the Italian Piedmont region and our team is so knowledgeable about the Virginia Piedmont," he explained.

"We work hard to bring clarity to our menus," he continued. "We'll offer classical dishes in this sensational environment. And, we're even offering vegan dishes. If you don't appreciate vegan cooking now, you will, I promise."

The culinary team will also offer cooking classes in the Resort's state-of-the-art Cooking Studio which opens into a working kitchen through a retractable panel.

"We have already invited amazing chefs from around the world to teach in our Cooking Studio. The lessons will be fun, fragrant and full of flavor."

The state-of-the-art kitchen includes high-definition cameras to film the classes and provide guests with a personal video of their lesson to take home.

"Our guests will enjoy some of the best local product



PASTRY CHEF JASON REAVES, CULINARY DIRECTOR TODD GRAY, CHEF DE CUISINE CHRIS EDWARDS, EXECUTIVE CHEF SEAN MCKEE

available in the world," according to Todd. "Our suppliers are partners in the Resort. When they have something special, I know they will let us know so

we can offer it to our guests."

Whether guests at Salamander Resort & Spa feel famished or peckish, it is certain they will find the perfect repast

on the Salamander's menus.

For information and reservations, please visit the website: www.salamanderresort.com.

FEEL FABULOUS WITH SPA DIRECTOR PENNY KRIEL'S SERVICES

Salamander Resort & Spa guests and the community clients alike will thoroughly enjoy the attention and guidance of the beautiful Penny Kriel who plans for everyone who visits the spectacular facility to benefit.

The Resort's architecturally stunning Spa and Penny's wellness-inspired programs reflect Sheila Johnson's personal knowledge of international spa services, as well as the young South African's impressive professional experience.

Most recently, Penny was spa director at Washington D.C.'s Mandarin Oriental where she led spa programs for the past seven years. She has also served as the secretary of the Washington Spa Alliance Board of Directors.

"The Salamander Spa is a very special place," Penny explained. "One in which area residents and seasoned travelers alike will enjoy the very best of wellness treatments."

Originally from Mafikeng, South Africa, Kriel gained an Honors and CIDESCO Diploma in Advanced Skin Care and Cosmetology, Aromatherapy, Reflexology and Massage Therapy from the Tina Scholz Health and Skin Care Academy in Potchefstroom. She also has a Diploma in Management Development from the RMIT University in Melbourne, Australia.

After working as a therapist onboard Crystal and Princess Cruises for nine months, she began working as a head therapist and later business development manager for the Image Institute in Rosebank, South Africa, where she specialized in Guinot, Clarins and Environ treatments and products.

In 2005, she began her career at the Mandarin Oriental, Hyde Park, in London as Spa Operations Manager.

Penny, who will oversee day-to-day operations and a staff of more than 40, believes that the combination of the spectacular

facilities and farm-to-treatment table-inspired products and services will create a wellness experience unlike any other in the region.

The stunning décor is luxurious and calming with delightful gardens for outdoor treatments. The soft evergreen, pale tobacco and teal blue pallet incorporates woodsy, marble and limestone elements that blend perfectly with the Resort's Hunt country setting.

The sensational couple's suite with private terrace, whirlpool and shower is the ideal place for mutual rejuvenation, and the outdoor infinity pool with private cabanas for relaxing entertaining with friends could not be more beautiful.

There are whirlpools, a vitality pool, a spectacular steam room, sauna, men's and women's relaxation areas, heated stone recliners called Tepidariums, experiential showers and more.

"We're confident our guests will enjoy this light and

refreshing environment," Penny continued. "The soaring domed ceilings with fiber-optic lighting are just one area of many truly unique features that will make Salamander Spa the destination day spa of preference in our area."

Beauty services will be provided in the salon where hair, make-up, manicure and pedicure services will be offered.

A day-lit fitness center that includes an indoor pool, cardio and weight room also offers two movement studios and a sauna.

"Penny is one of the most respected spa professionals in the world," said Prem Devadas, president of Salamander Hotels & Resorts. "The treatments and packages she has developed perfectly complement the spectacular spaces we have spent so many years designing."

For more information, including a spa menu, visit www.salamanderresort.com or telephone 866-938-7370.



RIDE THE VIRGINIA COUNTRYSIDE

Sheryl Jordan wanted to be the Equestrian Director at Sheila Johnson's Salamander Resort & Spa eight years ago when she first heard about it. Over the ensuing years until she was offered the position, she occasionally dropped a note to Prem Devadas, president of the company, to stay in touch.

"It was my dream job," she says smiling. "I grew up in Northern Virginia and I fell asleep on my rocking horse when I was little. I've been riding, eventing and hunting in this area forever, and I've managed stables and directed equestrian programs for ten years. What could possibly be more magnificent than to build an equestrian program from the barn up for Salamander?"

More than 400 equestrian events including polo, steeplechases, horse shows and the internationally recognized Gold Cup are headquartered in Virginia horse country so it is not surprising that more U.S. Olympic riders have elected to train in the area than in any other region in the country. It is, therefore, only logical that a splendid equestrian center would be an integral part of Salamander Resort.

"I've been in the equestrian industry for 42 years and this is the first new barn that's been under my direction."

What a magnificent barn it is: a masterwork of light, airy space and understated elegance that will provide comfort to every steed and stallion and a wonderful place to work and learn the equestrians way of life.

The tongue-and-groove knotty pine is settling in and the fresh sweet hay is securely stored in the loft. The tack rooms are ready and every horse is settled into a roomy stall that has double Dutch doors with yolks that allow each to catch an excellent breeze in fair weather and rest warmly in the winter.

The heart of the 22-stall stable is a vaulted space that provides plenty of room for traffic and would be a lovely place for a party.

"This is such a spectacular facility. I even have brand new washers and dryers," Sheryl pointed out. "We have two regular machines for every day washing and two commercial machines for blankets and heavier things. This is high luxury and great time saver in the stables."

Set on the edge of the Salamander estate, the barn opens onto miles of fine horse country, with sweeping views of green pastures and black fences. There are nine paddocks and 1-to-2.5 acre lots for turnout options.

During hunting season, the panorama across the fields and meadows will be spectacular.

"The Hunt has absolute right of way over our land," Sheryl continued. "We will happily defer to The Hunt in the traditional manner."

Sheryl will provide lessons in five disciplines but she wants to be careful not to infringe on the many riding lessons now available in the area. Partnering with existing teachers will be the best way forward according to the new equestrian director.

"We want to be good neighbors and foster a love of nature in our students whether or not they ride."

In fact, she will welcome people in the barn who simply love horses, but do not love to ride.

"Human-to-horse interaction is a specialty of mine," she explains. "A horse is truly an accurate reflection of its person and



successful interaction is something that can be learned and enjoyed for a lifetime."

When Helen Thompson wrote, "In riding a horse we borrow freedom," she captured what so many riders will enjoy at Salamander Resort & Spa in the

years to come. Racing or catering across the beautiful meadows and through the ancient woodlands will free any individual from the cares of the day.

For more information, please visit the website www.salamanderresort.com.

SUNDAY SUPPERS AND YAPPY HOURS TO BE HALLMARKS OF SALAMANDER HOSPITALITY



Trey Matheu wanted to be a historian until he began to work in the hospitality business. Several years ago, he met Prem Devadas, president of Salamander Hotels and Resorts, and they stayed in touch as each developed distinguished hospitality management careers.

Recently, Prem appointed Trey general manager of the new Salamander Resort & Spa, and it is impossible to know which of them is prouder of the announcement.

"Trey understands every detail of the hospitality business," Prem said. "He is impeccably trained, totally understands the importance of flawless service and is a manager of great sensitivity and instinct. We are very fortunate to have him on our executive team."

For six years Trey was the general manager of Nemacolin Woodlands Resort in Farmington, Pennsylvania, where he directed the successful launch of the Falling Rock Hotel that quickly garnered the nation's highest hospitality accolades, the Forbes Five Star and AAA Five Diamond Awards. He also helped attain the same ratings for the resort's acclaimed restaurant, Lautrec, making Nemacolin one of the most decorated properties in the world.

"I'm honored and delighted to be here," Trey emphasized. "I look forward to opening America's most iconic new hotel to critical and public acclaim, as well as becoming part of the fabric of the Middleburg community. But, the best part of this job is to be part of such a talented team. Everyone

on the staff is excited to be part of this endeavor."

Trey is responsible for the entire resort's operations, which includes 12,000 square feet of indoor conference and event facilities, including a 5,000-square-foot Grand Ballroom and unique outdoor spaces like the Grand Lawn, and Courtyard Garden.

Among the many programs and events he and the team have planned are some that are specifically designed for the local community. He and the culinary team are very excited about Sunday evening Family Suppers, while all the resort is also looking forward to weekly "Yappy Hours."

"We all love dogs," Trey explained. "We look forward to the community gathering with their four-legged friends on our lawn."

Trey and his wife had to move quickly when he decided to accept Prem's offer.

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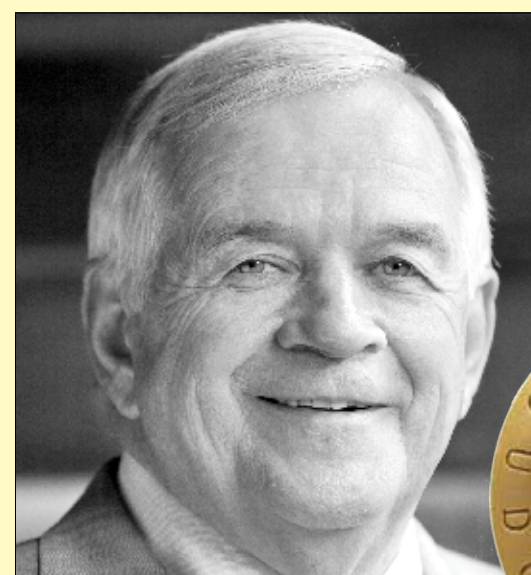


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PASTIMES

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ALEX CUDABACK



Alex Rodriguez. Two words, one name, that, if you follow sports in even the most cursory manner, induce reactions from one end of the spectrum (eye rolls) to the other (dry heaves.)

I've written about Rodriguez before, of course. Who couldn't? He's the quintessential sports train wreck, the ultimate 21st century "tragi-lete," Hamlet in pinstripes, lacking only the compelling backstory and the excuse of regicide-induced madness.

I poked fun at his over-the-top reaction to being broadcast, live, as he was hand-fed grapes by then-girlfriend Cameron Diaz at the 2011 Super Bowl. He was being served like a Roman emperor of old by one of the world's most desirable women and A-Rod squirmed so uncomfortably afterwards you wondered if he was in third grade.

Eew! Cooties!

I made what I thought was a pretty compelling case for forgiving A-Rod four years ago, in 2009, when he was finally caught red-handed, and rightly, finally, proven a cheat.

"The only thing I ask of this group today and the American people is to judge me from this day forward."

That's what he said then.

And here's what I proposed.

"You are forgiven. All is forgotten. You get to play out the rest of your career as a professional athlete, with all the trimmings and trappings that come with it."

But you have to start over. You don't get to keep any of the numbers you've piled up to date. You start from scratch, right here, right now.

Lifetime batting average? .000. Home runs? None. Singles, doubles, triples? Nada, zero, zilch. Gold gloves? Not yet.

If Alex Rodriguez wants to be in the Hall of Fame in Cooperstown, he has the rest of his career to make the case. But the C.V. he's put together to date is too circumspect, too rickety, too questionable to be considered.

Most people would kill for the chance to start over with clean slate, from scratch, with neither obligation nor presumption.

For A-Rod, it seems the least we can do.

After all, he's earned it."

Fast forward to today.

Rodriguez has been caught up,

once again, in a mare's nest of lies, deceit, intrigue, payoffs, accusations, threats and innuendoes.

At the center of the latest maelstrom swirling around Rodriguez was Biogenesis of America, the Coral Gables, FL, based "health clinic" that specialized in weight loss and hormone replacement therapy. In addition, according to reports originally filed by the Miami New Times, Biogenesis was also actively engaged in helping a still as-yet-undetermined number of professional athletes circumvent their respective leagues rules on performance enhancing drugs.

Major League Baseball, after conducting its own investigation and striking its own deal with Biogenesis whistle-blowers, suspended 14 players for violations of baseball's drug agreement, namely for use of banned performance enhancers, and, in the case of Rodriguez, "attempts to cover up those violations and obstruct a league investigation."

Taken together, the players were collectively suspended for a total of 876 games, or nearly five-and-a-half regular seasons.

Much of that suspension, nearly a quarter, was given to Rodriguez: 211 games, total, or the rest of the 2012 season and all of the 2013 season, at the time of the suspension.

Of the players suspended, all but one decided to accept the punishment and begin the process of moving forward. The one?

A-Rod.

To date, Rodriguez has vehemently denied all the charges against him, has professed to being the victim of a grand, near-Machiavellian conspiracy orchestrated by MLB and the New York Yankees to deprive him of his livelihood, surrounded himself with a legal team the likes of which have not been seen since O.J. was on trial the first time, and endeavored to cast himself as his union's white knight, standing up to the oppressive overlords for all the little guys behind him.

He has denied allegations that he ratted out fellow major league players in an attempt to deflect attention from himself, and that he tried to pay off the Biogenesis employees testifying against him.

He has repeatedly stated that the truth would come out, "when the time is right." Only on planet A-Rod could there be a specific, somewhere-in-the-murky-future moment when telling the truth is the right thing to do. As op-

IT'S CAREX TIME

THE PLANT LADY



KAREN REXROD

As each year passes, I find that I like the ornamental grasses more and more. One group that I am particularly fond of are the sedges or carex. Not true grasses, but actually a form of cypress or of the family cyperaceae, the primary difference lies in the structure of the inflores-

cence or flower as most sedges have both male and female flowers which are often produced early in the year rather than late.

In comparison to the true grasses or members of the poaceae family, the sedges take a back seat in sheer numbers but are still well represented with 1,500 species. Natives of the temperate and subarctic zones, little else pulls them together in the commonality of foliage, habitats or methods of spreading. A good number of them display a high degree of variegation, a few have brown foliage, and many prefer shade over sun.

Gardeners constantly seek perennials that are ornamental, evergreen, deer resistant and drought tolerant, all qualities you can find in the sedges or carex. One of my favorites, Carex oshimensis 'Evergold' forms a dense crown, growing 16 inches in height, the foliage is cream to white centered, edged in dark green. A native of Honshu Island, Japan, it grows in dry woods and rocky slopes which translates to dry shade. Carex siderosticha hails from the same geographical region and offers a reverse pattern of variegation with a broad green middle and thin white edge. On first seeing this sedge, I thought I might have been looking at a hosta with its oversize, wide foliage. Of particular interest for its bright yellow foliage is Carex elata 'Bowles Golden', a native of swamps and riverbanks all over Europe. This one can be placed directly in water, up to 5" deep.

There are many green leafed carex cultivars. Carex muskingumensis is an elegant garden plant with tapered leaves that radiate from lax stems. The stems and clustered top leaves elevate themselves through summer and eventually grow to 2 feet. Commonly known as the palm sedge, it is named after Muskingum County in Ohio. A native of low woods and wet meadows found all over north and central North America. Great at pond or pool side, offering a quiet charm. In contrast Carex-caryophylla 'The Beatles' produces masses of slender leaves that resemble a dense mop of hair that sits flush with the ground. Gently moving with the slightest breeze, one can imagine how it earned its name (plus it's a native of England). Carex caryophylla resembles our Carex-pennsylvanica, a native of New England and the southeast, the foliage is narrower but in its own way, resembles a small clump of fine hair, swirling around. Maybe someone should select one and name it Carex 'Lynyrd Skynrd' or C. 'Tom Petty' (shorter hair).

A little quote circulates amongst gardeners that helps us remember the differences between sedges, rushes and grasses. "Sedges have edges and rushes are round. Grasses are hollow from the node to the ground". If a sedge leaf is cut, a cross section will reveal a triangular shape. When holding a leaf between thumb and forefinger, you can feel the edge.

I'm convinced that a few sedges planted in your garden will lead you to desire more and more.



VINE & DISH

ELLEN KASSOFF GRAY



Wine can be a grandiose word – conjuring up much mystique and mystery about the taste, the making, the estates and the personalities behind the glass. It leads to elaborate discussions pondering the typical subjects when it comes to the wine – the right soil? Right climate? Right grape variety? When it comes to the subject of food and wine "pairing", one has to wonder – "what the heck does that really mean?" I, myself have been an exasperated bystander to many late night discussions with wine & chef elites as they tediously analyze just how well the Riesling works with the lobster –

most of these discussions, fueled by the juice itself, usually end up with a slight differing of opinion and an agreement to go out to dinner. So what's all the fuss about?

Wine really is enhanced when paired with the right food – food brings out the characteristics of the fruit, soil and even the juxtaposition of the grapes as they developed. Wine brings out the true textures and flavors of food – after all wine and food are agricultural acts and deserved to be paired together like a good ripe tomato and a crisp cucumber. I've tried to zero in on the question; "why do certain wines work so well with particular foods?"

The column Vine & Dish will introduce Virginia wines paired with an easy to make dish. We begin our pursuit with Boxwood winery, a bottle called Trellis and Safeway mushrooms.

Boxwood Winery, established in Middleburg, Va., is a boutique estate winery, which has a notable line up of Bordeaux style wines. This progressive contemporary vineyard is laid out in complete agreement with the physical environment to produce distinctive grapes and impressive wines. Boxwood, situated on 160 acres of picturesque running hills, produces just five grapes aka "the fab five" – Cabernet Franc, Cabernet Sauvignon, Merlot, Petit Verdot and Malbec – are a blend notorious for producing stellar wines such as the Opus One and Pahlmeyer.

The wine, aged in stainless steel vessels, which is a nonpartisan material, and serves to preserve the fresh

fruit flavors of the grape. Boxwood's Bordeaux style Trellis, 2011 is rich with earthy floral notes and a pleasing minerality in the finish, staying true to its French characteristics. With its hints of cherry & thyme it is a terrific "dish wine". This soft wine pairs well with a blend of rich mushrooms. Fungi is ideal because of its earthy, smoky flavors. They are a nice compliment to this as they draw out the toasty essence of Trellis and help to balance the acidity. Rainfall mixed with cool and cloudy weather resulted in the grapes preserving their fresh flavors and acidity. The rainy year also led to a profound softness and round character in the tannic structure of the grapes. Just 915 cases were produced this year.

Pair this medium body wine with cheddar grits and sautéed mushrooms, they properly serve its composition. Grits are a terrific base for vegetables and meats as they absorb cooking juices and act perfectly in a supporting role. Keeping the cooking process simple will result in a slightly neutral flavor that can host any sort of vegetable or protein. The important thing to remember about cooking grits is that they absorb a lot of liquid and need to be monitored regularly. Most package directions recommend cooking them covered, however; it has been my experience that uncovered is best. Grits can be substituted with their Italian cousin polenta for this recipe. The addition of cheese gives the creamy consistency that works well when paired with Trellis.

Adding sautéed mushrooms to the grits are a hearty main course and are perfect for dinner in the impending Indian summer style cooler nights. This blend of "Safeway" mushrooms, available right in the produce dept., is White Button & Brown Baby Bella Crimini. White Buttons are fragrant, nutty and become lighter in color when cooked. Criminis have a deep earthy smoky flavor and are firmer in texture. The brown colors that develop over heat give the finished dish that hint of prominent fall colors soon to augment the countryside. Delicious with Boxwood's Trellis, 2011 – salute!

Cheddar Cheese Grits with Safeway Mushrooms, Garlic & Green Onion

Serves 6

- Cheddar Grits:**
4 cups boiling water
¾ Tbsp sea salt
2 cups instant grits
1 tsp fresh cracked pepper
1 ¼ cup grated cheddar cheese
- Prepare grits:**

- Mushroom Sauté:**
4 cups mushrooms, chopped to ¼ thickness – no less
1 ½ Tbsp olive oil
1 shallot, minced
1 garlic clove, minced
½ tsp salt
1 Tbsp butter
1/8 tsp cracked black pepper
1/3 cup chopped green onion

Heat oil to medium high temperature. Add garlic and shallot, cook one minute. Add mushrooms, turn heat to medium. Cook mushrooms three minutes, add butter, salt and pepper, cook additional 3 minutes.

Cooking note: Keep mushrooms firm to the touch – this brings out the best flavor and texture of the mushrooms. Over cooking will lead to a bitter taste and loss of the "meaty" texture.

To finish: Spoon grits into 6 bowls and top with mushrooms and grate more cheddar on top. Enjoy with Boxwood's Trellis 2011.

Cooks notebook: Leave mushrooms as chunky as possible and firm to the touch. It makes them heartier and meaty.



BARGAIN BASIC

SINCERELY, ME
BRANDY GREENWELL

A dear friend on mine is the most bargain savvy person I know. She always has a killer wardrobe of designers and trends, and prides herself on never buying anything unless it is at least 70 percent off. Recently she posted on Facebook the lesson of teaching her 13-year-old daughter about the value of a dollar. She gave her one hundred dollars with which she had to do all her back to school clothes shopping. Her daughter went to clearance racks at popular teen stores, the most expensive first, and came away with 4 pairs of jeans, six "polo" shirts, a fleece, a sweater, two pairs of shoes, two pairs of earrings and a soft pretzel. I couldn't

believe it and thus I started researching how to get the best bargains not only for clothes, but also for my household and lifestyle.

I am sure we have all heard of extreme couponing and tales of people getting \$400 worth of groceries for sixty-nine cents, but how much of that is made up of bottles of shampoo and conditioner in one, enough cake mix to celebrate your birthday every day for the next millennium and 50 liters of generic orange soda? Sure, when bargain hunting starts to look like hoarding and one has to build an entire dwelling for all of their extra toothpaste, it might be considered a little over the top and an intervention may need to be planned.

I know that I don't have the patience to bring a binder of coupons to

the grocery store, but everyone should at least sign up for the free membership cards and utilize the store discounts. To not do so is like walking over a twenty-dollar bill in the parking lot and then just rolling over it with your cart. The grocery store I frequent also gives you discounts on gas from earning points on your grocery bills. Even 10 cents off per gallon adds up over a year.

Of course we live in the Groupon era where one can always get bargains on things like dining, vacations, oil changes, massages and pedicures. What a great way for anyone to get a discount as well as bringing in new consumers to business owners. If you haven't looked it up, I highly recommend it.

I love a designer piece like no one else, but I also love Target (infer French

accent) tee shirts and trendy basics. Why not? Target also does ridiculous clearance sales and keeps discounting until the products are gone rather than bringing them back next season. It can be time consuming, but how worth it is it when you sport a look you paid under five dollars for and no one else knows it or take a fresh twenty five cent linen tea towel as hostess gift around a bottle of wine?

How many times have you needed to wear something and rushed it to the dry cleaners for expedited service? I, for one, have been thankful that they will clean my hunt coat covered in mud with same day service but that really isn't economical to do consistently. Almost every dry cleaner has a twofer day and all it takes is a little planning to work the system.

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PASTIMES

THE ARTIST'S PERSPECTIVE

TOM NEEL

My wife Linda and I were recently having a conversation about public art. Our discussion was how so many towns and cities in the country so naturally make public art a part of their identity. It seems so consciously so, that you know it was discussed as a matter of importance right from the project's inception and not even close to being an after thought.

But the true point of us discussing this topic at all, was simply to ask, why don't we see more of this here? Why is public art so vacant of representation and is it changing?

Let's start big. If you have never even visited the city St. Louis, you still have more than likely been exposed to the Gateway Arch, which is basically a 630 foot piece of art, that symbolizes the westward expansion of the United States. In a sense it is called a monument, but it really is 100% stylistic art. The point is, it defines that city as much as the Eiffel tower defines Paris.

Linda would have us come much closer to street level, such as in her home city of Denver, where you can see a giant bear looking into an office building window and other whimsical examples, but even bike racks are made as forms of artistic expression.

Some of this is an urban endeavor and I think there is possi-

bly even a stronger influence of it west of the Mississippi. But even many smaller towns near us have made that step past those monuments of yesteryear. Frederick comes to mind, where building murals can be found randomly and examples such as mosaic tiles between Court and Market Street. The town of Winchester is leaning in this direction as well. ArtScape, along Old Town's newly renovated Loudoun Street Pedestrian Mall, is a cooperative project between the city and The Shenandoah Arts Council, apparently with support from the Old Town Development Board.

Our small towns in the commonwealth have been supported by VMS or Virginia Main Street program, for years. A program developed by National Trust for Historic Preservation, VMS is defined as a revitalization effort. One that saves buildings, but is solidly there for "strengthening and expanding downtown's existing economic assets". This is a valuable program and you see artistic influences making their way into these revitalized towns, largely in the way of murals. Warrenton has joined the mix, so there's hope here.

Maybe not all towns would feel enhanced by a large wall mural on one of its buildings, but there are other very tasteful examples that would instantly define a town like Middleburg and this little gem of an area. One such idea I've had is to imagine driving west on Rt. 50 and com-



ing to the somewhat recently constructed - Gilbert's Corner traffic circle. Now imagine, instead of the sterile, generally unmaintained grass we now have, picture the raised center portion having a real dry stack stone wall built, with a hunter's jump too. Then imagine a life size hunter and hounds made of bronze, coming over it, with 360 degrees of viewing it.

I ask, what could possibly symbolize or define the drive further west and how cool would it be to see it? Done to perfection, I would then do the cunning fox as well, but found running somewhere outside of the circle itself. The eastern sunrise on a work of art such as this would be nothing short of amazing and the narrative value would be immediate to those choosing to venture west through Aldie to Middleburg. This would then become the other bookend to the Sporting Library and Museum and even better, I bet this example of public art would even be supported entirely by private funds. Public art begins with creative thinking.

ThomasNeel.com



WATER RESOURCES INFRASTRUCTURE: INLAND WATERWAYS

WATERWORLD

RICHARD A. ENGBERG

Infrastructure again? Recall that my last two water columns also dealt with infrastructure. The American Society of Civil Engineers (ASCE) 2013 infrastructure report card was very disturbing. Of the seven water-related infrastructure categories, five scored D or D-.

Last month, the column addressed levees, a category that scored D-. The subject this month is inland waterways, the other category that scored D-. In truth, every stream in the country from the smallest creek to the mightiest river is an inland waterway. After all, aren't they inland? Doesn't water flow in them? Yes, but for evaluation purposes, ASCE defines inland waterways as only those streams that are navigable by freight barges.

Based on this definition, the inland waterways system in the U. S. includes about 12,000 miles of navigable river channels. Many of these are in the Mississippi, Missouri, Ohio, and Columbia River Basins. Included in the system are more than 200 locks. Each year, nearly 570 million tons of freight are shipped by barge, the equivalent of 51 million truck trips. Barge shipping is cheap and efficient and reduces highway congestion. So

what is the problem? Why the low grade?

Simply put, the problem is that the system is not adequately maintained and rehabilitation has not been adequately funded. Parts of the system haven't been rehabilitated for more than 50 years. Locks often are in disrepair, more than half of them are over 50 years old. Channels may silt in and require dredging to allow barge passage. To exacerbate the problem, larger barges have come into use.

An average of 52 service interruptions each day occurs in the system. Let's acknowledge that even with a perfect system, some delays, for example weather delays, are inevitable. But some barges are stopped for hours each day because of delays related to system breakdown, maintenance or dredging. A fact: In 2011 alone, the number of hours of barge delays was the equivalent of 25 years time. Figure it out, 24 hours a day times 365 days a year, times 25 years. That's 219,000 hours of barge traffic delays in one year. Unbelievable! And guess what? If the system continues to deteriorate, the delays will inevitably increase. These unscheduled delays prevent goods from getting to markets on a timely basis and increase costs to the consumers.

So what can be done? First,

who pays for new construction, maintenance and rehabilitation? These costs are shared between the federal government and the users. Let's say that the 2011 numbers, 215,000 hours of delays each year, are acceptable. The U. S. Army Corps of Engineers has estimated that by 2020, maintaining the system just to keep delays at this level would require an expenditure of 13 billion dollars. So how does this compare to current funding levels for new construction, maintenance and rehabilitation? Current funding levels projected through 2020 are 7 billion. A discrepancy, right?

It appears there is no easy fix unless a lot more money is thrown at the inland waterway system. If this doesn't happen, I think what will happen is gradually increasing delays. If so, what is the tipping point? 250,000 hours a year? 500,000 hours a year? When will ASCE give inland waterways a grade of F? The pessimist in me doesn't think it's too far off.

Much of the information in this article was adapted from the ASCE 2013 publication, *Report Card for America's Infrastructure*.



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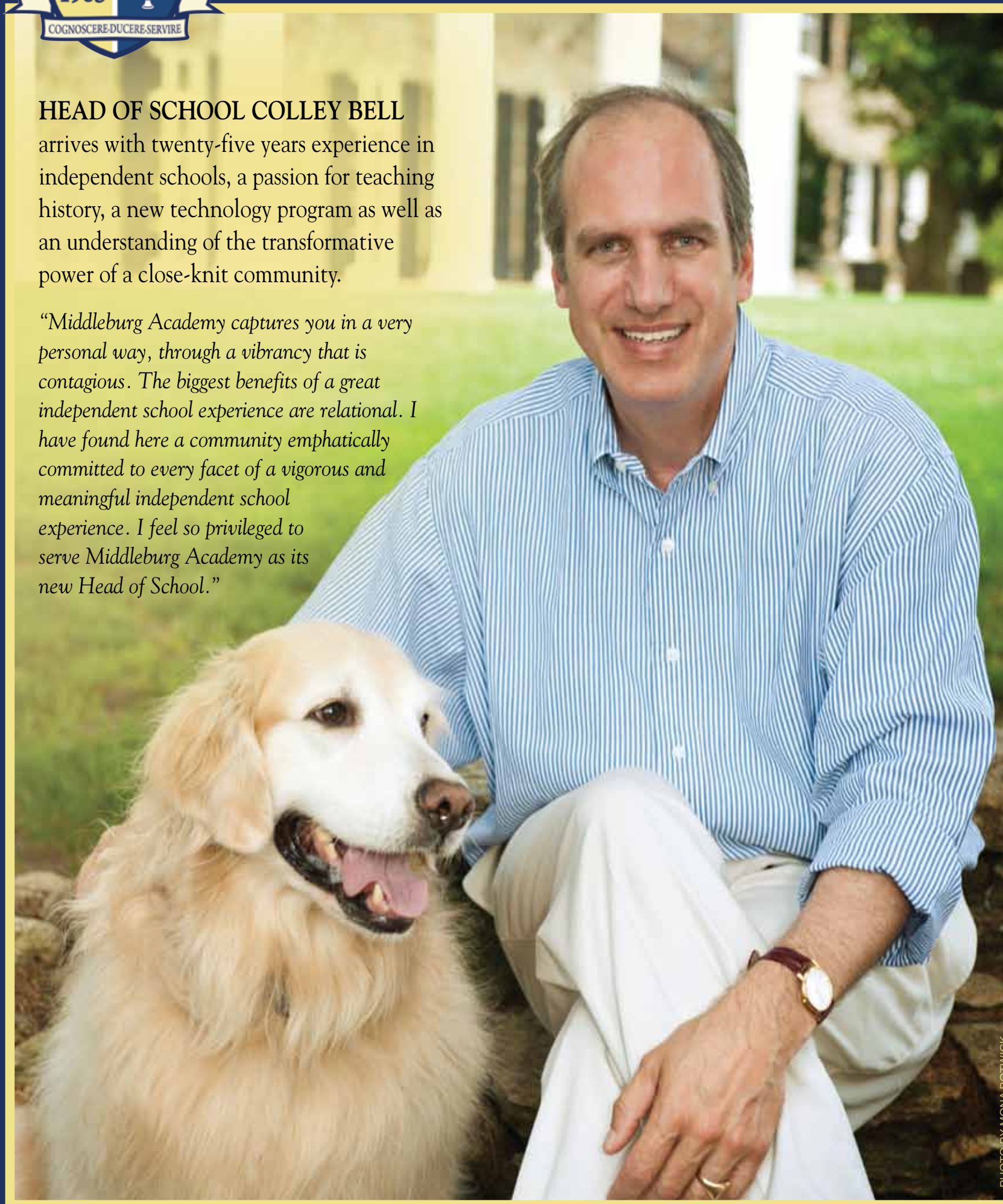


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PASTIMES

NUTRITION AND EXERCISE EQUALS INCREASED BONE DENSITY

KAY COLGAN
B.S. CERTIFIED PILATES PERSONAL TRAINER AND HEALTH COACH

What we do on a daily basis to increase our bone density is important. Giving up because a feeling of it's too late to build strength should not be an option. Even if a bone density scan shows low bone density, there is much that can be done. Furthermore, a diagnosis of osteopenia or osteoporosis should not be a deterrent to building strength. Remember, it is never too late to take charge of one's health. Best news is that bone density can be increased at any age.

To understand bone, we have to have an understanding of its makeup. Bones are alive and they grow and change every day. In the most simplistic terms, the outer layer of bone contains the transport of nutrients that nourish the bones via blood vessels and nerves. This bone is called cortical bone and is basically smooth and hard. Within the cortical bone there is the cancellous which resembles a sponge. This is not as strong as the cortical bone, but still has a great deal of strength. For many of our bones the cancellous is what protects the bone marrow. Bone marrow is similar to thick honey its main job is to create blood cells. As a baby's we start out

with 300 bones and eventually fuse to 206 bones that are our adult bones. All of these bones can remain strong and healthy with the right exercise and nutrition program. Certain heredity factors cannot be changed, but even so nutrition and exercise will help to increase bone health.

It is common knowledge that dairy because of its calcium helps to increase bone density. However, there is a considerable amount of research being done on the amount of calcium that is actually absorbed into the body from dairy. For now, the best defense is to consume organic dairy products, such as milk, yogurt and cheese. Surprisingly, dark green leafy vegetables, broccoli collard greens, bok choy, and spinach seem to pack a power source of building blocks for bones. Fish such as sardines with bones and canned salmon with bones are great sources to help increase bone density. Also, almonds seem to pack a punch to help build bone density. As always calcium fortified foods such as orange juice seem to help. Remember organic is best to avoid increased pesticide consumption.

Consistently exercising will help to increase bone density. A bonus benefit of exercise is better balance and coordination, which helps to decrease the chance of falling. Best exercises to increase bone density

is walking, hiking, weight lifting to name a few. Pilates and yoga are also important to build bone density and flexibility. Pilates exercises on the apparatus uses springs that put stress on the bones which help to increase bone density. Body weight exercises such as squats, lunges, pushups, and triceps dips build strong bones.

Getting ten to fifteen minutes of sunlight each day helps to increase vitamin d which in turn increases calcium absorption. Decreasing alcohol intake is important as heavy drinking can cause bone loss. Finally smoking inhibits calcium absorption which is detrimental for bones.

Taking charge to build bone health will add a spring to one's step. However, if a diagnosis of osteoporosis is given, please seek out a qualified fitness professional to design a program. Certain types of movements are not recommended for osteoporosis and could even cause a fracture. This is not to deter from starting an exercise program. A program that is designed for a person with osteoporosis will be safe and beneficial. If a trainer is not possible there is a wealth of information on the internet as well as the local library concerning exercising with osteoporosis. Most trainers are happy to answer questions about exercise concerns.

For more information on nutrition and fitness, please contact Kay Colgan at Middleburg Pilates and Personal Training at 14 S. Madison Street, Middleburg, Virginia or call 540-687-6995.

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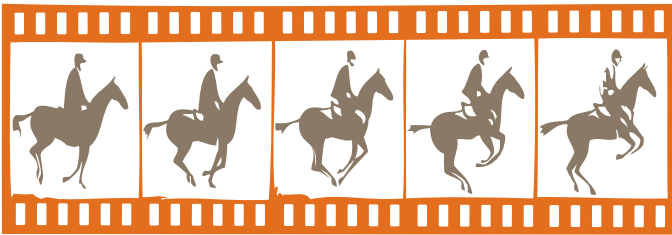
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ALBERT P. CLARK

I do not care for wake-up calls. I do not care for them one bit. Not literally. Not figuratively. Our family had a wake-up call last week. My pack-mate Riley is a Weimaraner and, like all of us, he's getting older. He's turning 11 this month. Now, when we get older, things start going a little downhill. We get lumps and bumps. Our muzzles turn gray. We exercise less. We sleep more.

Riley is no exception. We see the years creeping up on him, but he's actually weathering them pretty well. He has a lot of energy and still loves to play. He's on constant duty looking out for our people and our house. In short, he seems pretty healthy for a big, aging dog.

So a few weeks ago, he started having a very tiny cough. He seemed to have plenty of energy. But, there it was, every so often: a slight but definite cough. My people decided to give it some time and see what happened. The cough continued, so off to the vet they went. The first diagnosis was uncertain, but it seemed like bronchitis. Riley started taking medicine. It didn't help. The cough wors-

ened rapidly, and new symptoms showed up.

This time, the vet ran more tests and we learned that Riley had something called aspirational pneumonia. He was dangerously ill. It was touch and go. An aggressive procedure was an option, but anesthetizing an animal who is undergoing respiratory distress scared my people. So they watched him closely, ready to opt for the procedure if needed.

Fortunately, a different medication was effective and he's on the mend. It's a slow climb out, but he's better every single day. We are very lucky. This could have turned out far, far differently.

I think there's a lesson in this experience for all of my readers. Dogs are incredibly stoic and resilient. Often, we don't give a lot of clues when we're in pain or ill health. When we're older, this can be very problematic. If you live with a senior pet, the stakes are really high. Minor symptoms can quickly lead to major problems.

The American Animal Hospital Association recommends that senior dogs see their vets at least every six months for geriatric screening to catch any issues as early as possible. For dogs who

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EDITOR'S DESK

CONGRATULATIONS

On Washington's birthday, February, 22, 2004, the Washington Post reported that a new newspaper would soon begin to cover events in Middleburg. Arguably the most significant of those events, then and now, has been the decade-long evolution of the new Salamander Resort and Spa.

During that decade the Salamander project truly, evolved . . . and that evolution . . . and the people who shaped and guided it . . . have been critical.

Salamander senior management not only listened to the concerns of the citizens of Middleburg and the hunt country that surrounds it, they negotiated in good faith.

Neither Town staff, nor Town Council, nor civic organizations, nor individuals hesitated to raise issues. Salamander, in our experience, never failed to listen and do its best to work with and for the town, its citizens, and all those who loved Middleburg.

Designs were changed to reflect the look and feel of the community. The Spa's built facilities are discreet, appropriate for the town, well-designed, and beautiful. There is minimal intrusion on viewsheds. Wetlands and other sensitive environmental treasures have been protected and enhanced. The potential by-right development of the land now owned by Salamander has not only been avoided but, in many cases, strongly protected by covenant.

Many, if not all the early opponents of the project have become not only converts. Some have become outspoken supporters of Johnson, Devadas, and the resort.

The projects contributions to the town's economic stability and public safety are already on record.

The property taxes and fees it has paid for years, and will continue to pay, have restored and stabilized the town's finances.

The new water and waste water treatment plants it built and gave to the town could not have been put it place otherwise.

It has already brought new jobs to town and will bring more.

It is our firm hope and belief that those who visit and stay at the new resort and spa will come to love both Salamander and the town it will now, inevitably, help define.

GLOBAL WARMING IS A MYTH !?!

BLUE
DANIEL MORROW

Who says "global warming is a myth?" Lots of people who have a vested interested in climate change denial, usually for economic or political reasons, or out of blind prejudice.

Scientists, of course, almost universally disagree with these global warming and climate change deniers.

Virtually no one, scientist or well-read non-scientist, denies the average temperature of the air and water that covers the earth has risen at least a degree and a half, Fahrenheit, since the late 1800's. Nearly two thirds of that change has occurred since 1980

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JAMES MORGAN

"We know that the climate is warming faster than anybody anticipated five or ten years ago," said renowned climatologist, Barack Obama, this past May at a Democratic Congressional Campaign Committee meeting in Chicago.

But, as usual, he's wrong.

The UN's own "Intergovernmental Panel for Climate Change" (IPCC) – you know, the one that was discovered falsifying data in 2009 and attempting to exclude any conflicting views from the relevant scientific periodicals in a scandal dubbed "Climategate" – consistently predicts temperature rises that do not come to pass. In fact, this sort of bad prediction has been the standard for environmental extremists of all kinds including the late 19th century doomsday folks who predicted that there would soon be a major wood shortage because forests were being cut down to power steam engines and manufacture railroad ties. We really ought to be careful about taking people like this seriously, especially when they try to buttress their arguments with highly politicized "science."

Actual measured temperatures, using IPCC's own datasets over the last two decades show either much lower than predicted temperature rises, no warming at all, or even decreases in temperature. Indeed, Climategate's own main culprit, Dr. Phil

Jones, the University of East Anglia scientist who was caught falsifying the data, admitted in 2010 that there is, in fact, no evidence for any statistically-significant warming since 1995.

Let's not forget the much-bally-hooed melting of the Arctic ice cap complete with heart-rending photos of swimming polar bears. The National Oceanic and Atmospheric Administration said in its 2012 "State of the Climate" report that Arctic sea ice is melting at record levels, but then had to retract that statement when the melt rate was found to be less than usual. We can easily guess whether it was the statement itself or the retraction which got the most press. And so far in 2013, Arctic temperatures are colder than usual despite higher levels of greenhouse gases. Anyway we look at it, the polar bears are fine.

NOAA also noted in the same 2012 report, though again with much less media attention, that the Antarctic ice cap is growing fast and has "reached a record high of 7.51 million square miles." So even if the Arctic is warming up, which is disputable, the Antarctic is indisputably getting cooler.

Is climate change real? Yes. Changes happen over time. Is it man-made? Probably not for the most part. The earth is warmer now than it was a hundred years ago thanks, we are told, to man's industrial endeavors. But global temperatures now are at approximately the same levels they

more sophisticated instrumentation, analyzed and modeled using tools and techniques unprecedented in human history these same scientists project a further increase of two to six and a half degrees in the next century . . . unless something is done to reduce concentrations of greenhouse gases.

More than nine out of ten of them also agree that human activities (like burning coal, oil and other fossil fuels, and cutting down vast areas of forest) are primarily responsible for this recent radical (and accelerating) change.

Who would try to convince us otherwise?

First and foremost those among the deniers are those with a vested financial interest in continuing to see us burn fossil fuels: oil and coal companies, for example; those whose livelihoods are linked to those

and similar interests; and those paid by them to think, write and speak on their behalf. Their approach is similar to those who told us the London fogs were all "natural" and that doctors preferred cigarettes with asbestos filters. Solemn, sincere, well-paid and wrong, all often knowingly so.

Allied to those whose bank accounts and campaign chests benefit from backing fossil fuel company

MY PERSPECTIVE

MARK KIMBALL

While I was having one of our regular candid lunches with a conservative friend this week, he smiled over his Cobb salad and asked me why I had given up my "values" to seek areas of accommodation with what he regarded as the "socialists". Rather than take the bait and go through the usual litany of why the President is not really a radical, which is what he was after, I aimed for a higher ideal by explaining that the middle-ground is actually a very ethical place to live. Far from being a bunch of intellectual cowards who sway with the popular breeze, we are quite committed to doing the heavy lifting of political decision making by following a dependable and powerful set of criteria:

Keep An Open Mind: Rather than trying to make current facts fit into an established philosophy from the right or left, we consider the evidence from as objective a viewpoint as we reasonably can muster. Things like honesty do not change, but the economy does fluctuate and the solutions to inflation may change as well.

Study The Issues: Put aside the sound bites. Forget the clever slogans. Seek out and actually read the position papers. Check the sources. Take the time to think about what you read and think about the country and whose ideas will serve it best at this time. When you do this properly, people like Michelle Bachman, who didn't think very well, and John Edwards, who did not behave very well, tend to be eliminated.

Do The Right Thing Now: This is never easy because everyone on every side of an issue already believes they are right. Nor do I mean to infer that we are smarter or better than anyone else. However, more often than not, when an issue has evolved so that the public must determine a new course of action that invokes justice and fair play, an informed majority is created by adding the middle-grounders to the count.

Look Beyond Your Own Self-Interest: Sometimes doing the right thing is easy because it fits our preconceived view of what should be done. Sometimes it is the most difficult task of all because it flies in the face of deeply held beliefs or base prejudices ingrained over time. More often, it hits us in the pocketbook and the sting simply is more than we are willing to bear. In fact, justice often walks slowly and the best way to nudge it along is for us to see what benefits the most people in the most beneficial way. We can argue until the cows come home about Obamacare and how to change it, but what was clear, even in 2008, was that the medical system needed attention. There was too much interference by insurance companies between doctors and patients and, in the greatest economy in the world,

HYPOCRISY

TOM PRATT

The United States and allies in the western world are losing the "war on terror" and will continue to do so until policies are changed on how we conduct that war and how we treat citizens of the countries that we target in order to wipe out terrorists.

Every time an innocent civilian is killed or injured in the pursuit of terrorists we recruit many more who want to do harm to the U.S. than we could possibly kill. The only way the threat of terror under which we live can be eradicated is by understanding why we are the target of terrorists and do something about it.

How many terrorists (or perhaps in this country we would call them freedom fighters or patriots) would be enlisted if suddenly the tables were turned and an invading force that did not understand our customs, did not speak our language came marching down our streets armed to the teeth and started looking for what they call enemies of their state by knocking down doors in the middle of the night: by sending drones to hover over our towns and villages and in the process killing women and children.

This is precisely what is happening on a daily basis in Afghanistan, Pakistan, Yemen and now starting in African countries where we think terrorists are moving.

A fairly recent report, that you will probably not find covered in most corporate media, titled "Living Under Drones: Death, Injury and Trauma to Civilians from U.S. Drone Practices in Pakistan" was conducted by the International Human Rights and Conflict Resolution Clinic of Stanford Law School and the NYU School of Law. After this nine-month -long research it was concluded that the narrative that the use of Drones in Pakistan is surgically precise and is an effective tool that makes the U.S. safer by the targeted killing of terrorists with minimal collateral impacts is false.

First: (as this report was concluded at the end of 2011 some of the lies the government has told have been corrected)

the U.S. has rarely acknowledged civilian casualties, there is much evidence to the contrary. The Bureau of Investigative Journalism through extensive interviews with people on the ground concluded that as many as 800 civilians have been killed and more at least 1,300 injured.

Second: U.S. drone strikes cause considerable and under-accounted-for harm to the daily lives of ordinary civilians beyond the death and physical injuries. Drones hover 24 hours a day over communities in northwest Pakistan striking homes, vehicles and public spaces without warning.

Third: Publicly available evidence that the strikes have made the US safer overall is ambiguous at best. Although the strikes have killed combatants and disrupted armed networks it is estimated that only about 2% of high level targets have been killed. On the other hand it has been found that the strikes have been responsible for recruitment of violent non-state armed groups and also that 74% of Pakistanis now consider the US an enemy.

Fourth: Current US targeted killings and drone strike practices undermine respect for the rule of law and international legal protections and may set dangerous precedents. To target and kill suspected terrorists who do not have the benefit of a trial is certainly against the law. In some cases US citizens have been assassinated while their capture could have been achieved with relative ease.

The report concludes that the US should fulfill its international obligations with respect to accountability and transparency, and ensure proper democratic debate about key policies.

Obama has promised more transparency on drone strikes but the strikes have dramatically increased in Yemen and Obama has not fulfilled that promise and has been very silent on this subject of late.

I leave for Afghanistan, on one of I hope several trips, Tuesday Aug 20 and will be writing about my experiences in coming editions.

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Making Farm to Table a Reality



Langhorne Farm
Upperville, Virginia • \$10,000,000

450 acres in Piedmont Hunt • Improvements include 4 tenant houses plus many farm structures • VOF easements with 100 acre restrictions • Property is to be sold in its entirety
Ann MacMahon (540) 687-5588



Belvedere
Middleburg, Virginia • \$2,950,000

Gracious home with 5 BRs • Gourmet kitchen • Two-story floor-to-ceiling window display of the Blue Ridge Mountains • 3 FPs, coffered ceilings, random width rustic cherry floors • Large home office, gym, rec room, multiple porches and patios. Three finished stories, approx. 10,000 sf. • Carriage house • Privately situated on 27 acres
Helen MacMahon (540) 454-1930 Margaret Carroll (540) 454-0650



Stone Chase Farm
Round Hill, Virginia • \$975,000

Hard to find 17 acre horse farm • Black board fencing & stone walls surround this charming property • Brick home w/ large pool • 5 BR • 2 car garage • 4 FP • Full basement w/ private BR & BA • Kitchen opens to fantastic sunroom • Barn with tack room • Run in sheds • 3 ponds & a creek running through
Helen MacMahon (540) 454-1930



Iron Rail
Boyce, Virginia • \$399,900

7.49 acres near Millwood, off of Rt. 50 • Small farm • 3 BR, 2.5 BA farmhouse, heart pine floors, well maintained • 3 stall bank barn • 6 acres pasture and paddocks, fenced for horses • Large yard fenced for dogs • Bordering properties in conservation easement • 20 to 25 minutes west of Middleburg
Tom Cammack (540) 247-5408

110 East Washington Street • P.O. Box 1380
Middleburg, Virginia 20118
(540) 687-5588



Oakfield
Upperville, Virginia • \$4,900,000

Stone manor house in spectacular setting • 86.81 acres • Highly protected area in prime Piedmont Hunt • Gourmet kitchen • Wonderful detail throughout • 5 BR • 5 BA • 3 half BA • 3 fireplaces, classic pine paneled library • Tenant house • Stable • Riding ring • Heated saltwater pool • Pergola • Full house generator
Paul MacMahon (703) 609-1905



Signal Mountain
The Plains, Virginia • \$1,950,000

160 acres terracing the Bull Run Mtns. • Stone walls through entire property • Views across the entire region • Stone & cedar carriage house with 3 bay garage and top of the line finishes • 1/2 acre pond • Gated entrance • Complete privacy • Rare find - great escape
Helen MacMahon (540) 454-1930



Moore Place
Leesburg, Virginia • \$630,000

4 bedroom home with 3 1/2 baths • Hardwood floors throughout • High ceilings • Crown molding/chair railing • Gourmet kitchen • Granite counter tops • Cherry cabinets • Master bedroom with 2 walk in closets & sitting room • 2 tiered deck • 2 car garage
Paul MacMahon (703) 609-1905



Old Wilson Store
Marshall, Virginia • \$345,000

Originally a country store, now a 3 bedroom stucco home • 2 1/2 baths • Sunroom • High ceilings • So much more • Many upgrades
Margaret Carroll (540) 454-0650



Trough Hill Farm
Middleburg, Virginia • \$3,200,000

A pastoral 5 bedroom c. 1830 farmhouse and a grand stone pavilion • Elegant but unfussy • 103 acres of open farmland • The pavilion serves as a pool house, greenhouse, banquet room, and guest quarters • The result is refined, but maintains its understated sophistication
Ann MacMahon (540) 687-5588 Paul MacMahon (703) 609-1905



Whitestone
Leesburg, Virginia • \$1,795,000

Beautiful hilltop setting, long paved driveway • Brick Colonial, c. 1970, completely updated • 5 BR, 5 1/2 BA, 5 FP, office, detached 4 car garage • Guest house, play house, sports court, putting green • Minutes from Leesburg & Greenway • Perfect for entertaining • 25.21 acres
Paul MacMahon (703) 609-1905



Liberty Street
Middleburg, Virginia • \$495,000

Commercial or retail opportunity one-half a block off the main street • Turn-key space with parking available in the adjacent town parking lot • 4 separate rooms and a full bath allow for multiple uses • Would make a fine office or boutique
Helen MacMahon (540) 454-1930



Upperville Cottage
Upperville, Virginia • \$250,000

Cute bungalow in the village of Upperville • 3 BR • Hardwood floors & built-in china cabinet • Remodeled in 2001 with many important updates such as new septic in 2006, new well pump in 2009, new furnace & water purification system in 2011 and new standing seam metal roof in 2012 • Nice fenced yard and garage/shed
Helen MacMahon (540) 454-1930

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HIGHLAND SPRING, MARSHALL, VIRGINIA

Brick & stucco custom house on 34+ acres. 4 bedrooms, 5.5 baths, gourmet kitchen. Magnificent gardens, published in many magazines. Pool. \$2,450,000
Gloria Armfield 540-687-2223
Jim Thompson 540-687-2224



PURCELLVILLE, VIRGINIA

Spectacular 5 bedroom residence on 10 beautiful acres. Open floor plan with extraordinary kitchen opening to great room. Finished lower level. \$1,550,000
Kevin Keane 540-687-2221
Carole Miller 540-729-7896



TALLWOODS, DELAPLANE, VIRGINIA

Lovely 3 bedroom, 3.5 bath home on 11 acres. Custom designed. Many renovations & upgrades with new appliances in 2013. Easy access to DC. \$1,100,000
Jud Glascock 540-592-3238
Page Glascock



TURKEY RIDGE, MIDDLEBURG, VIRGINIA

Perfect for the equestrian. 17 acres of open fenced and cross fenced pastures, great ride out, 7+ stall barn and pool. 4 bedroom and 2 bath home. \$850,000
Jim Thompson 540-687-2224
Lynn Wiley 540-454-1527



MEADOW MIST, MARSHALL, VIRGINIA

Arts & Crafts style cedar board and batten home with 4BR, 2.5BA, hardwood floors. Fully upgraded and improved since 2007. 2 car garage with office and BA above. \$789,000
Jim Thompson 540-687-2224
Lynn Wiley 540-454-1527



OAKLEA, PAEONIAN SPRINGS, VIRGINIA

Wonderful 4BR home in the charming nationally designated historic district of Paeonian Springs. 1.57 acres. Own a piece of Loudoun's rich history! \$739,000
Kevin Keane 540-687-2221
Carole Miller 540-729-7896



THE PLAINS, VIRGINIA

Charming 2-3BR home with space used as artist studio, offers fabulous light & westerly views. Kitchen with custom cabinets offers all the gourmet amenities. Landscaped with delightful trees & shrubs. \$499,999
Lynn Wiley 540-454-1527

INTERNATIONAL NETWORKS AND OFFICES

