



WINTER EQUESTRIAN FESTIVAL

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JULIA ROBINSON RECEIVES RARE EQUESTRIAN OPPORTUNITY

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SALAMANDER ZIPLINE MOVES FORWARD

DAN MORROW

At its February monthly meeting on February 20, delayed for a full week because of snow, Town Council approved a motion critical to Salamander's plans to build a "zipline canopy tour" in a 189-acre "open space conservation easement" jointly held by the Town, Salamander, and the Potomac Conservancy.

Any changes in the easement agreement had to be approved by Salamander, the Potomac Conservancy, and the Town of Middleburg.

Thursday's Council approval, with no negative votes and two abstentions, allows Salamander to proceed with planning and construction of a "challenge course" within a one-acre building zone, a zip-line and tree-top canopy tour facility within a 20-acre area, plus a waterless restroom facility and recreational shelter.

The project had been approved in principle by Council last spring, pending agreement on draft language and legal review.

Described as both a tool for executive training, motivation and team building, the project will also serve as an educational and environmental monitoring asset.

Pink Box Repairs

After legal review a project that will at long last allow much needed repair and refurbishment of "The Pink Box" Middleburg's tourist information center" has been approved.

"The Pink Box" is owned by the National Sporting Library & Museum and leased to the town for a token sum.

The town will pay for repairs to the plaster and wall surrounding the front door, sand and refinish the floor, patch and paint the walls and door install shelving and make other repairs.

Total costs have been estimated at \$10,969.54. More than \$150,000 remains in the Town's "Pink Box" surplus fund, from which all bills will be paid.

Under current Virginia law government contracts in excess of \$10,000 awarded to government officials automatically trigger a "conflict of interest" review by the Commonwealth.

After thorough legal review the Town decided to address that issue by buying the raw materials necessary for the Pink Box project directly, and paying its contractor, only for labor costs.

The town's "contract" with Melmore Inc. (which specializes in both new construction and historic restoration) could thus be reduced to well under \$10,000. Town Council member Trowbridge Littleton is a principal at Melmore.

\$150,000 Theft

Town Council Member Bundles Murdock, who serves as Council's Public Safety liaison, reported on behalf of Chief A.J. Panebianco, that the Middleburg Police Department continues to investigate the theft of roughly \$150,000 in jewelry from a vendor at the February 2014 antique show held at the Hill School gym. The Middleburg force, she noted, is working closely with the Loudoun County Sheriff's

Department's Criminal Investigation Division and is "making progress." Panebianco, she reported, will report further to Council "when we make an arrest."

Panebianco also requested that Murdock express to Council his thanks and high praise for the men and women of his force who had gone above and beyond the call of duty during the recent snow emergency.

Parking Meter Replacement or Repair

Middleburg Police Chief A. J. Panebianco reported to Town Administrator Semmes that it would cost roughly \$75,000 to upgrade the town's current and often problematic phalanx of 178 battery-driven parking meters, using a combination of new and improved standard and double-headed meters.

Giving the meters the capacity to handle credit cards would raise the initial cost to just over \$138,000, plus a \$980 per month maintenance fee to keep the credit card wireless communications functioning, plus a 10 cents per transaction fee to handle credit card processing.

Panebianco also investigated replacing the 178 meters with 13 centralized "pay stations:" eight of them spread along Washington Street, three on Madison Street, and one in each of the Town's two parking lots. The pay stations are solar powered (our current meters require battery replacement roughly every six months) and accept coins, credit and debit cards.

The centralized pay stations issue paper "receipts" which parker post in their windshields.

Replacing the 178 existing meters with 13 pay stations would cost roughly \$104,000 plus a \$585 per month maintenance fee.

A council decision on what, if anything will be done is still pending.

NexTel Cell Site Decommissioning

Town Administrator Martha Semmes reports that the much discussed, long-planned, and heretofore legally complicated "decommissioning" of NexTel's telecommunication site on the East Marshall Street Water Tower has suddenly become much simpler.

After the Town decided that it did "not want to take ownership of any of the equipment or the equipment shelter on the site" the need for a detailed "decommissioning agreement" between the Town and NexTel become moot.

NexTel will remove all its antennas and ground equipment and restore the site "to its pre-installation condition."

NexTel's rental payments to the town will cease as soon as it's equipment has been removed and the site restored. The loss of revenue will be affect revenues this year and will also be reflected in the Town's fiscal year 2015 budget,

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LO8269159 \$3,400,000

MILLVILLE RD, MIDDLEBURG, VA - 54 acres just minutes from the town of Middleburg. Goose Creek surrounds the property. Spacious light-filled dining room & living room w/ 4 bdrm, 5 bath. Separate 3 bdrm, 2 bath guesthouse. Beautiful 6-stall stone horse barn with tack room.

Scott Buzzelli
540.454.1399



Peter Pejacevich
540.270.3835



LO8233146 \$3,300,000

MOUNTVILLE RD, MIDDLEBURG, VA - Hunt country estate, White Oak Farm, 60 acres in the foxcroft area, 10 min from Middleburg. Restored 1890's 4 br, 2 full 2 half bath manor house. Hardwood, wine cellar, 7 stall stable w/ party/hunt breakfast room, 7 paddock, 2 additional dwellings.

Scott Buzzelli
540.454.1399



Peter Pejacevich
540.270.3835



LO8269538 \$1,950,000

LEITH LN, MIDDLEBURG, VA - 27+ acres, equestrian estate, mins from Foxcroft School & Middleburg. 5 bdrm Williamsburg Home w/heart pine floors, 6 stall barn, tack room, bath & office. Covered arena approx. 100' x 200', 5 pastures w/run-ins, galloping track & extensive trail system.

Scott Buzzelli
540.454.1399



Peter Pejacevich
540.270.3835



FQ8041395 \$1,699,000

JAMES MADISON HWY, WARRENTON, VA - 63+AC. Immaculate 4BR house. MA BR, living area open to pool. High ceilings, French doors, views! 2 barns, fenced paddocks, creek. Private. Miles of riding. Highland & Wakefield schools. Ag-Dist w/ further tax benefits possible.

Rein du Pont
540.454.3355



LO8268517 \$1,600,000

BEAVERDAM BRIDGE RD, MIDDLEBURG, VA - Stone and stucco home on 10.88 acres 4 br, 5.5 ba. Main level bedroom, gourmet kitchen with granite and breakfast bar, custom bookshelves, 4 fireplaces, 3 car garage w/ 1 br 1 ba apartment, finished basement, pool. Mins to Middleburg.

Ted Zimmerman
540.905.5874



FQ8176289 \$1,299,000

OLD BUST HEAD RD, BROAD RUN, VA - 22ac Equestrian Facility w/ Indoor & Outdoor Arenas, 4 Bdr, Home w/ Stone FP & Gourmet Kitchen, Views of Countryside, 16 Stall Dual Center Isle Barn, 9 Paddocks, Round Pen, Work Shop w/ Full Bath, Equip Shed, Run-in Sheds, Fantastic Location!

Joy Thompson
540.729.3428



LO8166221 \$950,000

RIDGESIDE RD, BLUEMONT, VA - Horse Property! Custom built Log Home on almost 14 acres. Stone patio with unbelievable VIEWS! 4 stall center aisles barn w/ tack room, feed room and wash stall. Bluestone/rubber riding ring. Auto Waterers. Run in sheds. Workshop. Pond!

Marcy Cantatore
540.533.7453



CL8141452 \$575,000

CHESTNUT COOMBE LN, PARIS, VA - Private 2 acre in this gated community on "the mountain". 3 finished levels w/4 Bdrms, 3full baths, 2half baths. Deck w/Spa. 3 car garage. Close to the Shenandoah River, hiking trails, state parks. Feels far away but very convenient to Rt7 & Rt50

Marcy Cantatore
540.533.7453



CL8141452 \$525,000

LOVETTSVILLE, VA - 10+ acres at Butterfly Glen. Gardens w/ Stone Walkways, Patios & Walls. 4 Bdrms, 3.5 Baths. MAIN LEVEL LIVING, potential In-Law suite w/ separate entrance. Workshop with airfiltration system. Easy access for the commuters—close to the MARC train.

Marcy Cantatore
540.533.7453



LO8182034 \$435,000

FEDERAL E, MIDDLEBURG, VA - Cute house w/ many upgrades. 4 bdrm(2 on main vl), 2 baths, stone fireplace, fish pool, lots of plantings, storage buildings, fencing, sits on 2 lots. Possibility of Commercial Zoning. In the Village of Middleburg.

Mo Chatfield-Taylor
540.454.6500



LO8269149 \$399,900

HIBBS BRIDGE RD, MIDDLEBURG, VA - Charming cottage on a quiet country road in Hunt country. Remodeled kitchen and baths. Hardwood floors throughout! Fabulous 3 seasons room w/ Stone fireplace, French doors to terraced back yard. Convenient to Middleburg.

Scott Buzzelli
540.454.1399



Peter Pejacevich
540.270.3835



CL8266644 \$295,000

MORGANS MILL RD, BLUEMONT, VA - Practically new 3 Bedroom, 2 Bath home on 1.79 acres. Nice private location surrounded by trees. 2 Car Garage. Nice walk out Basement. GREAT for Commuters with Easy Access to both Rt 7 & Rt 50

Marcy Cantatore
540.533.7453



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NEWS OF NOTE

W. GARY BAKER

W. Gary Baker, a widely-respected horseman involved in training, breeding and showing as well as a highly-regarded hunter/jumper horse show manager, and judge, who also was involved in steeplechase racing, cattle and dog breeding businesses, passed away on Monday, January 27, 2014. "Gary" was 72 years of age.

A long-time resident of Middleburg, Virginia, Gary once said, "One of the most important things in my life are the relationships I've formed over the years. Thanks to the horses, dogs and cattle, I have formed lifelong friends. I don't have a family per se, but my friends through the animals; have become my family."

For many years, Gary worked, managed and showed on the equestrian hunter/jumper circuit with legendary horsepersons - George Morris (Hunterdon, Inc. in Hunterdon, New Jersey); the late and well-known horsewoman Sallie Sexton of Granville, Ohio; and Mrs. A.C. Randolph at her Salem Farm in Upperville, Virginia.

Over the past four (4) decades, Gary bred eight (8) horses that won National Honors with AHSA/USEF Horse of the Year titles including: *Royal Secret, Gala, Bank Roll, Midnight Tango, Night Music, Obey, Innisfree* (later named *Street Wise*) and *Rosecroft Wise Guy*.

Gary's illustrious career was capped off with the ultimate honor of receiving the United States Equestrian Federation's (USEF) *Pegasus*

Medal of Honor in 2006, awarded to individuals who have exhibited outstanding service to the world of horse sports.

He was also inducted into the Maryland Horse Show Association (MHSA) and Virginia Horse Show Association (VHSA) Halls of Fame for long-time and exemplary terms of service.

President of the United States Hunter Jumper Association (USHJA), William Moroney stated, "Gary will be missed by all of us. He will be remembered not only for his passion for the hunter/jumper sport, but for his passion for equestrian sports as a whole. Gary was a caring friend, mentor and guide to so many people throughout his life. Never afraid to speak his mind, with Gary you always knew he spoke from his heart, with great conviction and as a true horseman."

W. Gary Baker was born in Port Deposit, Maryland on August 20, 1942. His curiosity about horses evolved from the time he spent on his grandfather's nearby farm. Gary rode his grandfather's workhorses and helped to drag firewood and plow the fields.

His parents moved to Washington, D.C. when he was ten (10) and Gary transferred his horse to a local stable, Oak Knoll Farm, where he met Bobbie Gardner, a competitor at the local horse shows. Soon Gary began showing himself, along with one of his early acquaintances was the renowned hunter rider, Joe Darby.

Baker graduated from Oxon

Hill High School in 1960 and went to Benjamin Franklin University in Washington, D.C., a two (2)-year college where he majored in accounting. He initially worked for the Perpetual Building Association savings and loan before moving to Jefferson Federal. He eventually left the banking business to focus on his horse interests.

Over the years, he used his early experience with Sally Sexton to become the manager of a number of top horse shows, including the Commonwealth Park shows (now HITS in Culpeper), the Loudoun Benefit Show in Middleburg, VA., and the Boumi Temple Mounted Patrol in Maryland. He also managed the Middleburg Fall Steeplechase Races.

For many years, Gary lived at Sunnybank Farm in Middleburg, VA where he worked for S.H.R. Fred, whose daughter, Dot Smithwick, ran the Loudoun show and eventually turned over its management to Gary.

Over the course of his career, Gary served on the Maryland Horse Show Association (MHSA) as a lifetime honorary Director. Gary was on the Board of Directors of the Virginia Horse Shows Association (VHSA), served as Secretary Treasurer of the Virginia Steeplechase Association (VSA), was President of the National Hunter/Jumper Association, was U.S. Equestrian Federation (USEF) Zone 3 Chairman; Chairman of the Virginia Fall Races and the Piedmont Point-to-Point (Va.), as well as a former member of the U.S. Equestrian Federation National Hunter Committee.



Gary also owned and trained steeplechase horses, including one of his all-time favorites, *Quixotic* (a horse he purchased), who ran third in the 1979 Colonial Cup (S.C.); *Glyn*, a timber horse who won five races his first year of racing with Baker's best friend, Don Yovanovich, in the irons; and *Double Redouble*, also a timber horse that Baker purchased from Jack Fisher. Ridden by a handful of other jockeys at Sunnybank Farm before pairing with Julie Gomena, the pair won practically every race they entered, including the *Bowman Bowl* in 2002, his final year of racing.

Asked once what contributions he felt he'd made to the horse industry, he said, "I feel that I've helped establish and maintain rules for a level playing field. I try to make sure that all sides of an issue are heard, and I'm not afraid to get up and argue over something if I find it worth arguing over."

Memorial contributions may be made to Seven Loaves, PO Box 1924, Middleburg, VA. 20118.

PROPERTIES IN HUNT COUNTRY

HATHAWAY



Gracious French country home on **90 beautiful acres** in, in 2 parcels in The Plains. Custom designed and built in 2005 with attention to every detail. 5 bedrooms, 4.5 baths. Gourmet kitchen. Swimming pool. Established gardens. Stable and separate four car garage. Magnificent views in every direction. One parcel in VOF easement, additional conservation tax benefit potential on second parcel. **\$3,400,000**
Emily Ristau (540) 687-7710

WALNUT HALL



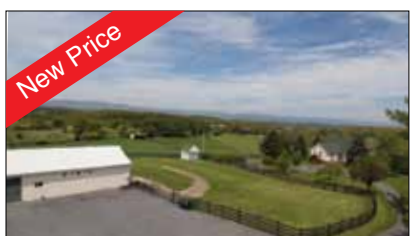
Located just minutes to downtown Winchester, this **23 acre** farm includes a 4 Bedrooms, 3.5 Bath 1-level Main House, separate Art Gallery/Studio, Garden Shed, 3 Bedroom Guest House & 3-car garage-all in solid brick. Outbuildings include equipment shed, bank barn, silos & tenant house. Fully fenced. Ideal for horses. **One of a kind!** **\$1,300,000**
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SHEN. RIVER FARM



Turn-key horse farm. Dressage, show jumping & cross country can be taught here on **18 acres** and only minutes from the I-81 & I-66 merger. Currently leasing additional 15 acres for grazing for \$1/year. Dressage arena, 220x100, Riding arena, 100x250 and indoor 50x76. Brick Colonial (completely updated & modernized) sits majestically on a knoll in a curve of the Shenandoah River. **\$790,000**
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FOX HILL



Contemporary home in excellent condition on almost **10 acres** in Augusta County, minutes from downtown Staunton. Equestrian facilities include five stall barn, tractor and hay bay, 3 paddocks, 2 runs, ring with jumps, Dressage Ring, Great Room has cathedral ceiling, loft, 5 bedrooms, 3 full baths, nicely finished basement, Hardy Plank exterior, large deck facing western mountain. **\$498,000**
Susie Ashcom (540) 729-1478

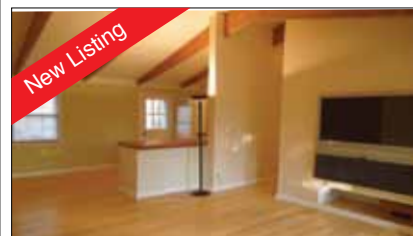
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THOMPSON HOUSE



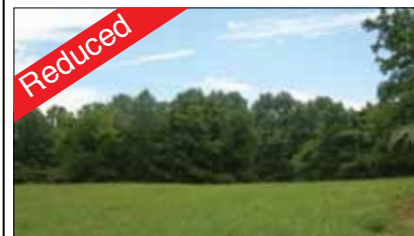
Charming c. 1909 VA stucco farm house on almost **5 open & fenced acres** near Rectortown. Front porch, hardwood floors, 2 Bedrooms up, 2 Baths, Country Kitchen, Living Room, Dining Room, rear screened porch & detached 1 car garage. Large fenced pasture w/ small shed for horses. Orange County Hunt territory w/ great ride out. Minutes to Middleburg. **\$395,000**
Cricket Bedford (540) 229-3201

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Julien Lacaze (540) 454-2000

CANNON RIDGE



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Cricket Bedford (540) 229-3201

4 EAST FEDERAL STREET



RESTAURANT/RETAIL. Charming free standing building with deck for al fresco dining in historic Middleburg. The existing restaurant closed Dec. 2013. C2 Middleburg Zoning allows for Restaurant and Retail use. Commercial stove and hood are in place. Tax map shows #2 E. Federal but street is 4 E. Federal Street. **\$3000/mo+utilities**
Rebecca Poston (540) 771-7520

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NEWS OF NOTE

HILL SCHOOL: TEACHING CHILDREN HOW TO BE GOOD DIGITAL CITIZENS

LAUREN R. GIANNINI

Instant communication via digital devices has resulted in an explosion of social networking opportunities. Given global access via texting, numerous "Apps" and the fact that computers have become an integral part of education, parents are faced with the challenge of educating their children about balance and self-regulation in order to experience life in person as well as online.

This is why Jane Bishop, who chairs the Education and School Life Committee at the Hill School, suggested getting in a specialist. On February 23 and 24, Dr. Michelle Parker brought her expertise as a clinical (child) psychologist and middle school counselor and former teacher at Sidwell Friends School to Middleburg.

Dr. Parker's philosophies on parenting and education align with the goals and the mission of the Hill School, which opened both presentations as a public service to the community and to teachers and parents from other schools. On Sunday evening, more than 100 adults attended Dr. Parker's slide show and talk about "Parenting in the Digital Age." On Monday morning, she spoke to the adults about "Managing your Child's Time for Healthy Brain Development."

"From the technological standpoint, many parents feel as if they are one step behind their children," said Bishop. "We wanted someone to point out strategies for guiding our children through the constantly changing digital environment and how to teach them to be good digital citizens. We want technology to enhance our children's educational opportunities while developing their ability for critical thinking and problem-solving through actual

experiences. This is key to their success and resilience as adults."

Digital technology is here to stay. Everyone must learn to live in a balanced way with this technology. Children have always required able parenting, even more essential now that they are growing up in both the real and digital worlds.

"Balance is the key to reap the rewards, but be aware that too much of a good thing can also be bad," stated Parker, a parent herself and well aware of what it's like living with nimble-thumbed texting offspring. "The role of the parent is to help children to internalize the parents' voice of reason, which supports good judgment and moral development."

The statistics of youth, 8-18, using technology boggle the mind: 2,899 texts per month, for example, and the 2010 survey revealed that 87% of all teens sleep with their smart phones so that they can respond to texts around the clock. Parker's solution: get the smart-phones, computers, iPads, etc out of their bedrooms at night and consider making it a rule that all digital devices may be used in only one central location of your home.

"Computers can be useful for social development when used properly and setting limits is not about prohibitions, but helping your children to learn to self-regulate," Parker said. "Safety first. Be an active parent and establish good dialogue with your child. Educate yourself about their digital world – have them teach you. Remember that kids feel safe when parents have their backs and set limits and boundaries. Explain and teach technomanners."

Parker's upper school assembly for grades 5-8 took the form of a lively discussion that engaged all the students about how they find the internet useful

for their academics, what they like about social media and how they can use it in a responsible manner. Her advice: "Think before you click."

"Dr. Parker encouraged our students to think about both the benefits and the pitfalls of technology and to consider how to

make healthy and safe choices," said Hunt Lyman, Hill School Academic Dean (K-8) and teacher. "It is particularly important for them to think about their digital footprints and how to communicate on-line clearly and kindly. Personally, I appreciated how Dr. Parker presented her advice on

technology in the context of understanding both child development and brain growth."

Dr. Parker's powerpoint, which includes links to sites about best practices and specific Apps, is available through the Hill School: www.thehillsschool.org

MARTIN BERKOFSKY



On December 30 virtuoso pianist Martin Berkofsky died. Mr. Berkofsky came to live in Fauquier County in the early nineties. He performed in Russia, Turkey, Iceland, Italy, etc. and regularly in this area. In recent years Berkofsky traveled worldwide to give benefit concerts and to raise funds for cancer research. He performed in many hospitals

to lift up the spirits of cancer patients. Some of his latest performances were in cooperation with "Donatori di Musica" a group of musicians and doctors dedicated to bring music to cancer patients in Italy. Even though he never sought fame and was not world famous, he was considered one of the "greatest pianists of our time" by some of his colleagues. Martin was a shy effacing man who

transformed into a giant when he played the piano. We, who were so lucky to have known Martin and to hear him play, will miss him very much. He will never be forgotten.

<https://www.artsjournal.com/slippeddisc/2013/12/the-man-who-discovered-two-piano-concertos.html>

BLUE RIDGE HOSPICE RECEIVES JOINT COMMISSION ACCREDITATION

Blue Ridge Hospice has successfully received accreditation from The Joint Commission, scoring consistently high marks in numerous areas for its programs and services and praise as a "high-quality hospice." The voluntary and intense week-long, organization-wide, survey is conducted every three years by The Joint Commission, the nation's oldest and largest standard-setting and accrediting healthcare organization.

Among the survey remarks was praise for Blue Ridge Hospice, terming it "an amazing organization...in the top echelon of hospices," as well as credits for its leadership team and staff members." The detailed review also pointed out that Blue Ridge Hospice was providing a superior level of care not seen in most hospice agencies. High marks were noted for its "outreach and community involvement and continuity of documentation." Programs

such as its music and pet therapy, social work, chaplaincy and bereavement work also received compliments. Additionally, several of Blue Ridge Hospice's clinical programs were held up as quality examples and are being recommended as "Best Practices" by The Joint Commission.

Blue Ridge Hospice President and CEO Ernie Carnevale noted his thanks to the organization's team, its volunteer Board of Directors, and members of its large volunteer program.

"We are most fortunate to have the dedication and commitment to patient care that our employees and volunteers provide the community on a day-to-day basis," he said, adding that staff members are continually working to improve and enhance the quality of care offered its patients and their families. "Receiving the accreditation and its accolades is viable proof of the hard work and caring that is returned daily to Blue Ridge Hospice and our patients

and their family by our staff," he said.

The Joint Commission, an independent, not-for-profit organization, is the standard bearer in healthcare accreditation and certification. Founded in 1951, it is the nation's oldest and largest accrediting body for healthcare agencies, and it accredits and certifies more than 20,000 healthcare organizations across the country.

Blue Ridge Hospice serves the City of Winchester and the counties of Frederick, Loudoun, Fauquier, Clarke, Shenandoah, Page, Rappahannock, and Warren. As a not-for-profit hospice organization, Blue Ridge Hospice never turns away any person eligible for hospice care due to their financial situation. Visit blueridgehospice.org or call 540-536-5210 for additional information on services, programs and events.

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Embrace the Spring Season

Salamander® Resort & Spa, presents a colorful line-up of exciting springtime activities for the entire family. Surround yourself in welcoming luxury within an hour from Washington, D.C., where the beauty of cherry blossoms and vibrant seasonal flowers frame this authentic hunt and wine country resort and where family activities become your picture for a lifetime of memories.

February 28 - March 2 | Spring Into Action

Join celebrity trainers, Holli Thompson, Mark Jenkins and Nadia Bey for a health and wellness weekend.



March 1 Irish Tenor Event

Enjoy an evening of fine music & cocktails to celebrate the Irish Season and to benefit Military Charities. Featuring World-Renowned Tenor Anthony Kearns.

Cooking Classes

Salamander Chefs host these extremely popular, fun and educational culinary events weekly in the stylish Resort cooking studio. March classes include Mardi Gras, Spring Lamb, The Treasured Chesapeake Shellfish and Cookies and Bars.



Easter

Salamander Resort & Spa invites you to make this Easter a family affair.



Spa Specials

Get ready for spring, with seasonal treatments and offers guaranteed to rejuvenate.

For a full list of activities and details: 540.687.3600 | SalamanderResort.com

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NEWS OF NOTE

HONOR AND "THE CUP" ON THE LINE AT 100TH RENEWAL OF FOXCROFT'S FOX & HOUND RIVALRY

"BIG GAME" SATURDAY, MARCH 1 CONTINUES A TRADITION THAT DATES BACK A CENTURY -- AND STILL FIRES EFFORT AND EMOTIONS LIKE NOTHING ELSE YOU'VE SEEN

On November 26, 1914, only months after Foxcroft School opened its doors to students, the first basketball game between the Foxes and the Hounds was played. Ever since that Thanksgiving Day, the tradition of two spirited groups— which, between them, include every single member of the school community — battling

against each other with all their heart, and then reaffirming their bonds of friendship, has been a part of the School.

The Fox/Hound competitions are all student-run, with a bit of guidance from the "Hound Backer" and "Foxy Fellow" faculty advisors. Elected officers run tryouts and practices, and coach the teams in each of the three an-

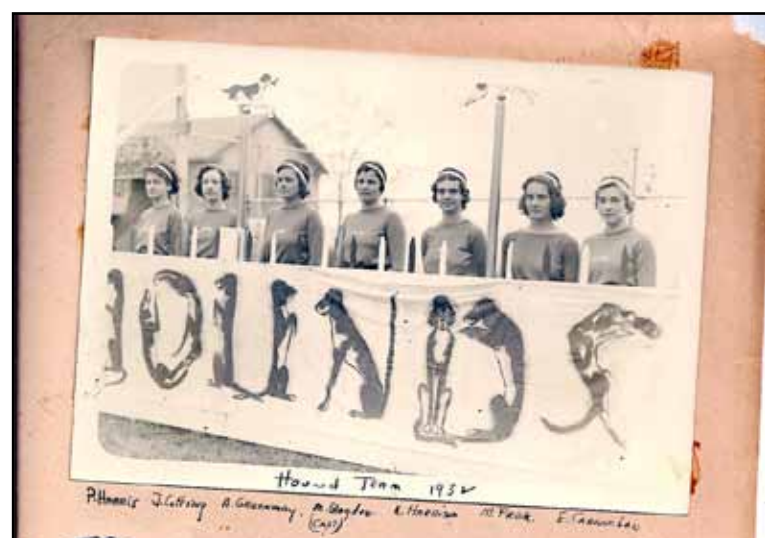
nual clashes -- field hockey, basketball, and riding. The officers also organize "SingSings" (pep rallies) and other events, such as Banner Runnings, New Girl Runnings, and Teas.

The Fox/Hound tradition began with -- and the vaunted Cup still depends upon -- basketball. That first game was played on an outdoor court. The score: Hounds 9, Foxes 7. Until 1970, a year after Foxcroft founder Charlotte Haxall Noland -- aka Miss Charlotte -- died, the basketball game remained outdoors and it was the first (and for years, the only) Fox/Hound competition of each year.

The original Fox colors were blue and white, and the Hound colors were tan and white. Just as competitions were added to the Fox/Hound tradition over the years, so too were the teams' colors augmented. The Foxes added pink and purple, while the Hounds' palate swelled to include brown, red, yellow, and orange.

At Foxcroft, everyone (including faculty) is named either a Fox or a Hound at a "Choosings" ceremony which occurs within the first few days of each school year. Legacies are carried down to subsequent generations so as to avoid creating a family divided against itself, but otherwise, the selection process is random. The key is that each student and every member of the Foxcroft community has the fun experience of belonging to a team, and the opportunity to show her spirit and support her teammates in the annual Battle for the Cup!

The Cup itself is a silver trophy with every champion -- 99 now -- and all but a few scores engraved upon it. It is currently



in the hands of the Foxes, but that could change on Saturday, March 1 when the basketball rivalry is renewed for the 100th time. You can count on "Big Game" being extremely intense: the players will give it everything they can muster and the spectators will fill Leipheimer Gymnasium with so much noise that ear plugs offer faint relief. This year, you can also see the inaugural induction ceremony for Foxcroft's new Sports Hall of Fame during halftime.

And when the game ends, the captains of the winning team will tie blue and white or red and brown ribbons on the Cup and lift it high in jubilation. Then both teams -- not just the 14 girls who played but the whole student body, and alumnae, too -- will sing some more songs, yell some cheers, and profess their love for one another. For Foxcroft girls, be they Foxes or be they Hounds, are first and foremost, always and forever, "True Friends Through to the End."

The game is open to the public. Please call 540.687.4511 for more information.



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Mike Appleton, president of Appleton Campbell, said, "We are honored to receive this award. Appleton Campbell is dedicated to providing outstanding customer service to every customer, every time."

"Only about 5 percent of the companies Appleton Campbell competes with in the Greater Piedmont and Northern Virginia marketplace are able to earn our Super Service Award," said Angie's List Founder Angie Hicks. "It's a mark of consistently great customer service."

Angie's List Super Service Award 2013 winners have met strict eligibility requirements. The company must have an "A" rating in overall grade, recent grade, and review period grade. It must be in good standing with Angie's List, have a complete profile, pass a background check, and abide by Angie's List operational guidelines.

Please visit appletoncampbell.com for additional information.



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NEWS OF NOTE

THE ART OF WOMEN AND THE SPORTING LIFE

NATIONAL SPORTING LIBRARY & MUSEUM EXHIBIT CELEBRATES FOXCROFT CENTENNIAL

In conjunction with Foxcroft School's Centennial Celebration, the NSLM is organizing an exhibition focusing on women as sporting enthusiasts, sporting artists and sporting art collectors.

Opening during Women's History Month, 'Foxcroft School: The Art of Women and the Sporting Life' will be on view from March 15 – August 24, 2014. Comprised of loans from alumnae of the prestigious Middleburg college-preparatory school for girls and their relatives, approximately thirty paintings and sculptures develop a picture of the collecting interests of these remarkable women and their role in 20th-century sporting life and art.

From its inception Foxcroft students have been exposed to diverse educational opportunities including a riding program introduced by the school's founder and first riding instructor Charlotte Haxall Noland, who also was Joint M.F.H. of the Middleburg Hunt from 1932-46.

"Miss Charlotte," as she was called, made riding an integral part of the Foxcroft experience from the School's inception in 1914 and took her students on a variety of riding expeditions, including an annual three-day trek to Luray Caverns. The prominence of horsemanship and quality, breadth, and depth of its



COURTESY OF THE NATIONAL SPORTING LIBRARY & MUSEUM
AIDEN LASSELL RIPLEY (AMERICAN, 1896 – 1969)

MR. & MRS. SIDNEY LEGENDRE AT MEDWAY PLANTATION, MT. HOLLY, SC, 1940, COLLECTION OF MR. AND MRS. PETER H. S. WOOD

riding program continue to attract recreational and competitive riders as well as turf and field sport enthusiasts.

Among the many prominent women represented in the exhibition are alumnae Gertrude Sanford Legendre, Foxcroft Class of 1920, owner of Medway plantation, big-game hunter and conservationist; and Helen Kleberg Groves '45, Cowgirl Hall of Fame member and owner of the King Ranch in Texas; and

alumnae relatives Phyllis Mills Wyeth, owner of the Thoroughbred Union Rags, winner of the 2012 Belmont Stakes; and Penny Denegre, champion side-saddle rider, Joint Master of the Middleburg Hunt, and Foxcroft School Trustee.

Also highlighted in the exhibit is the burgeoning success of female animal and sporting artists in the 20th century. Among the artists included are: Jean Bowman, founder of the Ameri-

can Academy of Equine Artists; Heather St. Clair Davis; Eve Prime Fout, whose daughter Nina '77 and granddaughter Caroline '13 are both Foxcroft graduates; and Foxcroft alumna Julia Jitkoff '65. Additionally, works collected by Foxcroft alumnae that are by artists such as N.C. Wyeth and Aiden Lassell Ripley which depict women in sporting pursuits round out the exhibition's focus on the art of women and the sporting life.

For more information about Foxcroft School, please go to www.foxcroft.org.

Admission: free
NSLM hours: Wednesday - Saturday 10 a.m. to 5 p.m. and Sunday 1 p.m. to 5 p.m. Web site: www.nsl.org

Telephone: 540-687-6542
Address: 102 The Plains Road, Middleburg, VA 20118

FOXCROFT SCHOOL RAISES \$14,070 FOR CHERRY BLOSSOM BREAST CANCER FOUNDATION

Foxcroft School students presented an over-sized check for \$14,070 to Cherry Blossom Breast Cancer Foundation President James Atkins and Board member Stephanie Knapp Monday (Feb 24).

The sum, raised mostly through the School's Think Pink Basketball Tournament in January and the Cherry Blossom Walk, Run and Pooch Prance last September, puts the School among the Foundation's strongest supporters.

"Foxcroft was one of the three largest donors this past year," said CBBCF chairman and founder James P. Atkins in accepting the check. "Your efforts and generosity helped us have our best year ever. What you have done for the women of Loudoun and Fauquier is absolutely phenomenal. Thank you very much."

The Foundation supports early detection and treatment of this insidious disease with grants to local medical institutions for effective screening systems and direct assistance to women, and by educating the public about breast cancer. It also funds research to eliminate the disease.

Foxcroft, which has had the largest group at the September fundraiser since its inception in 2007, hosted it on campus for the first time in honor of its Centennial Celebration, making it the



flagship event in a global Day of Service by Foxcroft women, family and friends. It will host the walk again next fall and has also provided a venue for the Foundation's Cherry Blossom Champion Award Dinner on March 8. The

student body was named one of the first champions in 2012.

In January, 14 basketball high school and middle school teams participated in the fourth annual Think Pink Basketball Tournament, organized by Foxcroft Athletic Director Mi-

chelle Woodruff and the student-run Athletic Association. T-shirt sales, team entry fees, cash donations of all sizes, and a lot of volunteer work raised some \$5,300.

Giving back is an integral part of a Foxcroft education."From whom much

is given, much is expected," the School's founder Charlotte Noland and its current Head of School, Mary Louise Leipheimer, are fond of saying and doing that is a frequent activity.

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NEWS OF NOTE

VACATION BIBLE SCHOOL BEGINS JUNE 30TH

Middleburg Baptist Church, Emmanuel Episcopal, St. Stephen the Martyr Catholic Church and Middleburg United Methodist Church recently announced that Community Vacation Bible School for 2014 will begin Monday, June 30th and continue through Thursday, July 3rd.

Classes will take place from 9 a.m. to noon at Middleburg Baptist Church, 209 East Federal Street.

There is an extended day program from 12 noon to 5 p.m. for \$5. per hour.

Potty-trained three-year-olds

through children who have completed fifth grade are invited to participate and older youth, sixth graders and up, are encouraged to help.

The program is provided free by the participating churches, and donations of Horizon Milk will be accepted for Backpack Buddies, a program model created by Feeding America to provide food for elementary school children who are in need on the weekend.

Pre-registration is highly recommended and children who stay for the afternoon program should bring a packed lunch.

THE GRACE CHURCH CONCERT SERIES

The Grace Church Concert Series resumes its 2014 season on Sunday, March 23 at 5 pm, presenting the brilliant harpsichordist Jory Vinikour. An internationally recognized artist, Mr. Vinikour's highly diversified career takes him to the world's most important concert halls and festivals, as both a soloist and recital partner to some of today's finest musicians. His nomination in 2012 for a Grammy for Best Classical Instrumental Solo (the complete keyboard works of Rameau) was the first time a harpsichordist has ever received that honor. Taking a cue from the 250th anniversary of Jean-Philippe Rameau's death in 2014, his program features the

preeminent French baroque composer. The hour-long recital also includes works by Bach and contemporary composers, of which he is an extraordinary interpreter. Mr. Vinikour will play an instrument made by Thomas and Barbara Wolf of The Plains (on which his Grammy recording was made). Enjoy the opportunity to hear an exceptional musician in an intimate space, followed by a reception to meet the artist.

Tickets are \$25 either in advance or at the door. Grace Episcopal Church is located at 6507 Main Street, The Plains, VA. For more information visit www.gracetheplains.org or call 540-253-5177.

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AWARD WINNING PHOTOGRAPHER DOUG LEES LECTURE & EXHIBIT



The Mosby Heritage Area Association and the Northern Virginia Piedmont Preservation and Education Organization, will host local photographer Douglas Lees on Sunday, March 2nd, at 4:00pm at a Meet-the-Photographer event at Blue Ridge Farm, 1858 Blue Ridge Farm Road, Upperville, Virginia 20184.

Join two-time Eclipse award-winning equine photographer, Douglas Lees, as he showcases some of his best-known photos and recounts the fascinating experiences of photographing foxhunts, steeplechases, fly fishing, and beautiful scenes in nature.

Participants will have the opportunity to talk to Douglas following his presentation and to purchase prints of the works that he has personally chosen for this event. His award-winning photos will also be on display.

Mr. Lees was born in Washington, D.C., but has lived all his life in Warrenton, Virginia, where his family has lived for generations.

His interest in photography began when he was 16. He published his first photograph at age 17 on the front page of the Fauquier Times-Democrat.

His career is in insurance, dealing with property, casualty, farm and equine. He spends his spare time taking photographs and devoting time to his other great passion, fly fishing. Mr. Lees also serves on the board of the Mosby Heritage Area Association as Treasurer.

The event has limited space, so reservations are recommended. Tickets are \$25 for MHAA members, \$30 for non-members. Please call 540-687-6681 or www.mosbyheritagearea.org for tickets.



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NEWS OF NOTE

SERENDIPITY, STRATEGIC PLANNING & GENEROSITY TO TRANSFORM MARSHALL, VIRGINIA

NEW HOME FOR WINDY HILL, MIDDLEBURG HUMANE AND FORTUNATE RESIDENTS



Hilleary Bogley, President, Founder and Executive Director of the Middleburg Humane Foundation, has known for many years that the increasing number of animals she shelters will need expanded quarters. Kim Hart, Executive Director of the Windy Hill Foundation, has worried for decades that rapid growth in Loudoun and Fauquier Counties would make it impossible to meet the housing needs of the area's growing service workforce. Could two such seemingly disparate needs be combined to create a truly transformative plan

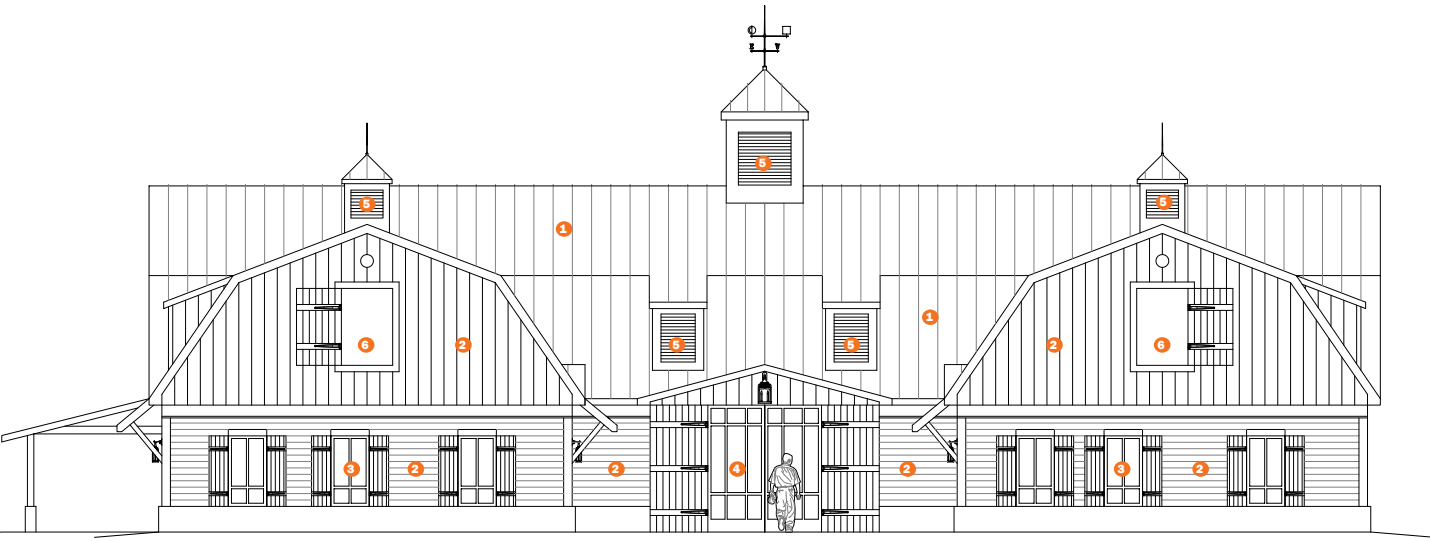
for Marshall, Virginia? The answer according to Hart, Bogley and many others is a definite "yes!" With the inspired and generous help of caring local residents (who prefer to remain anonymous), Middleburg Humane Foundation received a gift of land that began an amazingly synergistic process that may re-energize Marshall, Virginia. Cunningham Farm was purchased by a local couple and is being managed by Samuel Gunter, President of Grove Lane LLC and Vice President Christy Martin. Marshall, Virginia, a small,

undiscovered Hunt Country village in lovely Fauquier County, is now the setting for Cunningham Farm, a gracefully designed solution to both Bogley and Hart's dilemmas that will also be a boon to individuals and families who long for peaceful country living with easy access and excellent transportation to area towns, schools and metropolitan areas. "When the Cunningham Estate became available, it offered very attractive land for a new, state-of-the-art facility for Middleburg Humane," explained Sam. "We are great admirers of MHF and we really wanted to help with their expansion." "Towards the end of 2012, Grove Lane donated 23 acres of the land it purchased to the Middleburg Humane Foundation for their new facility," added Christy. When it became clear that Marshall itself was in need of a stronger economic base, plans began for a new community called Cunningham Farm. The economic base of Marshall needed to be re-energized and Grove Lane's objective was to create an environmentally friendly community that would complement and benefit from the rural nature of the new Middleburg Humane facility's beautiful barns and pastures.

"We analyzed our options for construction partners and decided Van Metre met all of our requirements," Sam explained. "We're now working closely with Van Metre Group President Roy Barnett, on the details for Cunningham Farm." Barnett, who is also in charge of Van Metre's Land Acquisition Planning and Development, has made major contributions to the Grove Lane objectives of protecting the land and creating a truly sustainable community. "It's going to be beautiful and Cunningham Farm will meet the green standards we know modern home owners demand," Barnett said. "Although the 'by-right' land could support over 300 homes, we will only build 183 homes at Cunningham Farm which includes 30 townhomes for Windy Hill, and retain Mrs. Cunningham's home, passionately known as Molly's Folly," he continued. "This will ensure that the stately White Oak forest remains untouched as a park for the community, and that the grid street system that includes trails and sidewalks integrates seamlessly with the existing Marshall community plan." "We'll know by May if we have won approval for funding and, if we are successful, we will proceed to construction at Cunningham Farm either this Winter or in the Spring of 2015." Known for their impeccable construction standards, Windy Hill's town houses at Cunningham Farm will be energy efficient with Energy Star and water saving appliances. All will be three-bedroom residences with broad porches and brick and Hardiplank siding. "Everyone at Windy Hill is exceptionally grateful to Grove Lane and Van Metre."

Windy Hill

Always aware of the need for affordable housing, Kim Hart was extremely pleased to learn that the plans for Cunningham Farm included a donation of land for 30 affordable townhouses and a community center to serve the affordable housing residents. "What a fantastic gift," commented Hart enthusiastically. "Now we need to finish the 'Piedmont Vernacular' construction plans that we used so successfully for our Windy Hill residences in The Plains and apply by March 14th to the VHDA for subsidized funding (tax credits and low-interest loans)."



Barkitecture

Hilleary Bogley's dream of building a new, state-of-the-art animal rescue and shelter facility is also very close to realization. "The initial gift of 23 acres was crucially important," she explained at a recent project meeting. "But the legal requirements for the construction of animal shelter facilities far out distance those for human hospitals, so I have been very busy learning about what is called 'barkitecture,' by architects and regulators today." Building at barkitecture standards costs approximately \$250 per square foot, according

to Bogley, so fundraising for the Marshall facility is immensely important and well underway. "We have raised over \$2 million for our new facility," she said. "We need to raise another million to cover complete building costs." It is easy to see why the new Middleburg Humane facility will be situated near the Cunningham Farm entrance. The beautiful 10,000 square foot main facility will articulate a barn structure and will have areas for a veterinary clinic, grooming salon, and storage for incidental supplies while providing a state-of-the-art shelter for the animals. It rests among

rolling pastures with smaller outbuildings nestled to the rear of the barn-like headquarters. "Our staff housing and barn facilities will be in separate, smaller buildings," Bogley explained. "Among many advantages, each area of the facility will have its own special HVAC system that is designed to keep the animals healthy." For 20 years, Middleburg Humane has served animal rescue needs in the region, specifically Fauquier and Culpeper counties. Their current 3,200 square foot facility is crowded and simply does not have enough pasture to care for the many horses and large ani-

mals the county seizes because of lack of care. "These are wonderful animals that we bring back to robust health before they leave us for their new homes. They will be able to recover and thrive on our new Marshall pastures. We look forward to a positive and mutually beneficial relationship with the citizens of Marshall. We are so happy to be in such a beautiful place." With plenty of room for horses and farm animals in need of special care, the new Middleburg Humane facility will become a pastoral setting that compliments the agrarian nature of the new

community. "We hope to set national standards in our new Marshall facility," Hilleary emphasized. "As always, we will work closely with the community; especially the Fauquier County Board of Supervisors and Commissioners, zoning departments and county staff; as well as the Boy and Girl Scouts and all local service organizations to ensure that we and our animals make a positive contribution to everyone." "The Dream" "We believe the Cunningham Farm community will become an exceptional place to live," said Roy Barnett, "...and we are committed to help Marshall make the infrastructure improvements the village needs to fully capitalize on the additional business that will be created." "By setting very high standards and meeting them, it is our dream to enliven this beautiful area. We're even rehabilitating Molly's Folly to become part of the new, rurally-sensitive community." For more information about the Cunningham Farm Community, please telephone Christy Martin or Samuel Gunter at 540-687-6644

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Senator Jill H. Vogel
Legislative Update February 10, 2014



The 2014 session of the Virginia General Assembly began January 9th. At the end of the first week, the House and Senate met for a joint session to participate in the swearing in of the 72nd Governor of Virginia, Terry McAuliffe. He gave a speech focused on his priorities for the next four years and cited his commitment to work with the legislature to pursue ethics reform, mental health reform and expansion of Medicaid.

For our office, the beginning of the Senate session marks the culmination of months of preparation, committee meetings and work with constituents, civic groups, local governments, businesses, non-profit organizations and others who have an interest in policy issues before the Senate. We have moved our constituent service and legislative office full-time to the Richmond Capitol and our critical committee work vetting legislation begins now.

The 2014 session is the long session and at this writing 2,509 bills have been introduced. The measures introduced cover virtually every topic. Issues that have gained attention include changes in administration of capital punishment; penalties for child sex offenders; domestic violence assistance; penalties for human trafficking; animal protections; expansion of Medicaid; expansion of mental health services; conservation; ethics reform and changes in tax law to eliminate loopholes and outdated exemptions.

In the category of education, one of the biggest debates has been the elimination of certain standards of learning assessments for K-12 students. I voted for legislation to reduce the testing requirements and think it is an advantage in the curriculum to allow more focus on creative problem solving and critical thinking.

My legislation is moving through the process and I am working hard to address issues facing our district and the Commonwealth. Some of the bills that I have patroned or co-patroned include:

- a bill expanding broadband services in rural areas;
- a comprehensive ethics reform bill;
- a bill establishing a procedure to appeal computation of the Composite Index;
- a bill to extend the annexation moratorium statute;
- a bill expanding the category of public employees who may be subject to penalties for misuse of public assets;
- a bill permitting the VA Racing Commission to grant a license for Gold Cup to receive simulcast transmission from Churchill Downs;
- a bill to revise inspection and enforcement under the Uniform Statewide Building Code;
- a bill to increase campaign disclosure transparency and mandate electronic filing;
- a bill to implement reporting by the State Board of Elections of certain list maintenance;
- a bill permitting a Board of Supervisors member to serve on local social services boards;
- a bill to increase the number of circuit, general district and juvenile court judges authorized for the 20th and 26th Judicial Circuits;
- a bill to coordinate days of operation in General District Courts;
- a bill moving primary elections to the third Tuesday in June to improve access to voting locations;
- a bill to increase the Committee on Training membership in the Department of Criminal Justice Services;
- a bill allowing private institutions of higher education to purchase directly from state agency contracts;
- a bill to modernize the definition of communications services to include local, wide area, metropolitan and all other data networks;
- a bill providing maintenance parameters for preservation of the rural road network in Loudoun County;
- a bill amending the personal property tax authority of localities related to phone companies;
- a bill to amend the Procurement Act related to certain term contracts;
- two bills implementing appointments by the Governor;
- a bill making technical corrections to the boundary adjustments in Loudoun County;
- a bill permitting the Frederick County Board of Supervisors to appoint one of its members to the Economic Development Authority;
- a bill to repeal the \$64 annual license tax on hybrid vehicles;
- a bill establishing a variable housing allowance for State Police officers;
- a bill clarifying real property in determining the property tax exemption for religious bodies;
- a bill to expand resources allocated to sexual and domestic violence;
- a bill requiring display of a standard decal for vehicles transporting waste kitchen grease;
- a bill authorizing ABC to license sales and tasting of certain spirits at the business site;
- a bill expanding options for localities to dissolve an Economic Development Authority;
- a bill authorizing investor-owned electric utilities to recover costs of new underground distribution facilities, stipulating that no costs shall be allocated to customers in the general service rate class.

The 2014 session is significant because we will craft a new two-year budget that establishes important spending priorities for the next two years. The Senate Finance Committee continues to meet to draft a Senate budget and to hear testimony from stakeholders around the Commonwealth. The working budget draft is one introduced by Governor McDonnell prior to his departure from office. Governor McAuliffe's administration will now propose changes as will the House and Senate. The final proposal will be in the form of a bill that must pass both Houses of the legislature. Virginia's Constitution requires that we have a balanced budget. It is a two-year budget drafted in even years and education is the largest spending category, followed by spending for social programs, transportation and public safety. I have introduced a number of budget amendments to the Governor's original budget and they include:

- a provision to allocate \$38 million in each of two years to fund the education Cost of Competing Adjustment;
- a measure extending the 25 percent Northern Virginia salary differential to Area 13 State Police; funding for preservation of rural roads in western Loudoun County;
- a provision updating the per pupil amount for the Virginia Preschool Initiative for At-Risk Four-Year-Olds to \$7,972;
- an increase in the number of ID and DD waiver slots by 1,000 and 400 slots, respectively, during each year of the biennium;
- a measure to integrate the Commonwealth's electronic procurement and financial accounting systems;
- a grant for historic preservation of the Clermont Farm Slave Quarters in Clarke County;
- a transfer of funding and authority for administering the Medicaid Intellectual Disability home- and community-based waiver program from the Department of Medical Assistance Services to the Department of Behavioral Health Services;
- an amendment to fund construction of the Hazel Building at Lord Fairfax Community College in Warrenton;
- a measure to implement salary compression adjustments for Sheriffs and Regional Jails;
- funding for a 2% salary increase for Sheriffs and certain employees;
- an allocation of \$40,202 and \$43,857 in successive years for local finance directors' offices and \$141,695 each year for salary compression;
- a provision of \$60,877 and \$66,411 in each year for Commissioners of the Revenue staff and \$251,550 each year to address salary compression;
- a measure to provide \$565,077 each year for salary compression in Commonwealth's Attorneys offices;
- an amendment to the language related to collection of fees by Commonwealth's Attorneys;
- a provision of \$356,980 each year for Assistant Commonwealth's Attorneys career development program;
- funding of \$560,724 each year for Clerks of the Circuit Court staff salary compression;
- a measure to provide \$52,247 and \$56,996 in successive years for local Treasurers' office staff;
- funding to provide \$234,133 each year to address salary compression in Treasurer's offices;
- a provision authorizing the Compensation Board to address salary compression compensation for local constitutional offices; and
- a measure to provide \$80,000 each year for reimbursements to 16 localities with part time registrars.

We welcome visitors to the Capitol and hope that you will consider visiting as my guest in the Senate. I take your thoughts and opinions seriously and urge you to contact our office any time that you have questions or concerns. I can be reached during the General Assembly session at 804-698-7527, P.O. Box 397, Richmond, VA 23218 or by email at district27@senate.virginia.gov. Also, please visit our website at www.senatorjillvogel.com.

paid for and authorized by Jill H. Vogel for Senate

NEWS OF NOTE
EXCEPTIONAL RIDING SIDE SADDLE SYMPOSIUM AT NSLM
STANDARDS SET BY CATHERINE DE MEDICI & ROSE MARIE BOGLEY

Riding side saddle, an equestrian art once practiced enthusiastically by well-bred ladies around the world, is the topic of an exceptional symposium scheduled for 9 a.m. to late afternoon March 15th at the National Sporting Library & Museum in Middleburg. No longer regarded as a "quaint anachronism," some modern riders are devoted to side saddle riding and competition.

Riding aside rather than astride dates back to antiquity and developed in European countries in the Middle Ages as a way for women in skirts to ride a horse in a modest fashion while also wearing fine clothing. It has retained a specialty equestrian niche in the modern world.

Anne of Bohemia (1366-1394) is credited with the creation of the side saddle, although it has evolved in both comfort and grace through the ages. A more practical design, developed in the 16th century, has been attributed to Catherine de' Medici.

Women such as Diane de Poitiers (mistress to Henry II of France) and Marie Antoinette were known to ride aside. Catherine the Great of Russia went so far as to commission a portrait showing her riding aside wearing a male officer's uniform.

The NSLM Side Saddle Symposium will open with Michelle "Shelly" Liggett's presentation, "Women on Horseback through the Ages." During the weekend speakers and panelists will explore many aspects of side saddle riding in presentations and conversations led by experts from around the world.

The associated exhibit, "Riding Aside by the Book," that opens March 8th and continues through August 1st, will portray the art and practice of riding aside in books, paintings, illustrations, photographs and ephemera.

Rare book expert Richard Hooper will provide an overview of sidesaddle literature and NSLM John H. Daniels Fellow Professor Alison L. Goodrum from Manchester Metropolitan University in Manchester, England will interpret the extensive sidesaddle literature in the NSLM collections.

Goodrum, who was appointed Professor of Apparel at her university in 2013 earned her Ph.D. in the cultural geography of "Britishness" in 2001. she developed her interest in rural clothing, pursuing archive work on the history of sporting and occupational dress. Her most current writing explores the clothing worn by spectators at equestrian events, focusing on American sportswear during the 1930s and the designer, Elizabeth Hawes. Goodrum is editor of the Understanding Fashion book series (published by Bloomsbury) and sits on the editorial boards of a number of scholarly journals.

Her topic, "Mad Caps and Mannequins: Equestrian Fashion in the NSLM," is scheduled for 10:30 a.m. Saturday.

Additional topics during the symposium will include 10:30 "Mad Caps and Mannequins: Equestrian Fashion in the NSLM Collection"; "Velvet, Veils and Lace: What They Really Wore Aside," by Jeanne Whited; "Critiquing Style - Judging Aside," by Mark G. Thompson; "Riding Side Saddle," by Devon Zebrovius; and Tradition and "Tradition and Horsemanship: Riding Aside," by Penny Denege.



Moderator Lorian Peeralta-Ramos will ensure that there is plenty of time for questions from the audience after each presentation and during a reception in the Mellon Foyer that will conclude

the day. Participants will join Guest of Honor, Rose Marie Bogley, retired side saddle competitor and champion (1967-2009) for conversation along with retired side saddle judge Jimmy Hatcher.

Guests will receive private tours of two NSLM exhibits in the NSL Museum during the Side Saddle Symposium: "Riding Aside by the Book," and "Foxcroft School: The Art of Women and The Sport-

ing Life." Registration for the Riding Side Saddle Symposium is \$150; \$95 for NSLM members. For reservations, please telephone 540-687-6542 ext.10.

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NEWS OF NOTE

BIRDS OF A FEATHER

FISH OF A KIND, SCHOOL WITH ONE MIND

RENE' WHITE FEATHER
LT. COL. USAF (RETIRED)
LUMBEE TRIBE

Some doctors describe "good medicine" as a pharmaceutical pain-killer. My mother and father, both Native American, would call good medicine anything natural that our Creator God made from the "beginning." I have experienced this natural medicine first hand, because my parents placed a lot of lettuce leaves, potatoes and tobacco on me when I was a child.

I am from a state recognized tribe called the Lumbee.

My husband, Chris, is of Cherokee descent. Our grandchild, named Chris "Paw-Paw," which is an Algonquian word. The pawpaw is a tree that bears fruit.

My husband has helped me appreciate that in Native American culture, medicine can mean different things. Laughter can be good medicine for people who need more joy in their lives. Empathy can be good medicine to people mourning loss. I believe my husband's medicine is helping animals and nature.

Winged, Finned and Four-Legged (animals) seek sanctuary

around my husband. Dogs do not bark at him; hawks fly over when he talks; deer walk up to him; bears stand and look at him; and eagles fly over his head.

This week, it is a Screech Owl.

During this week's big snow, Paw-Paw was out taking photos of rocks for an art piece he plans to exhibit at the "Art at the Mill" in Millwood VA. I was inside on the computer.

I was making new friends on the computer while he was making a new friend outside.

Inside, I was reading an article I had clipped from the January issue of the Middleburg Eccentric newspaper. You know how you can have a stack of things you want to read, but you never get to them? Well a window of time opened.

I am finally reading the article about an American Bald Eagle, Dr. Belinda Burwell rehabilitated and released. I just clicked LIKE on Facebook for Dr. Burwell's Blue Ridge Wildlife Center, checked out www.BlueRidgeWildLife.org and in puffs my husband.

When we first got married years ago, I would ask a lot of questions when he puffed in. But now I can just tell by the sounds he makes, or how his

Continued page 18



FAUQUIER SPRINGS COUNTRY CLUB HIRES MIKE BELL AS PGA HEAD GOLF PRO

Mike Bell joins the Fauquier Springs Country Club staff as PGA Head Golf Professional on February 1st. He comes to Fauquier Springs from the Robert Trent Jones Golf Club in Gainesville, Virginia where he served as First Assistant Golf Professional since 2008. There he managed approximately 14,500 rounds of golf per year and was responsible for tournaments and corporate outings, golf shop operations, and weekly member games.

Bell, who grew up in Western Pennsylvania, earned his PGA Certification from Penn State University and was elected into PGA membership in May 2005. He has qualified for the Virginia State Open, won the 2010 Golf Tour Trailer APA Open, and was a top five finisher in the 2010 MAPGA Chapter Assistants Championship.

"We are very pleased to have Mike Bell as our new PGA Head Golf Pro," said Alec Burnett, general manager of Fauquier Springs Country Club. "He is a terrific addition to the Fauquier Springs team."

For additional information please contact: 540.347.4205



NEWS OF NOTE

FIVE WOMEN ELECTED TO FOXCROFT'S NEW SPORTS HALL OF FAME

Jane Forbes Clark, a 1973 Foxcroft School graduate and one of the most influential women in sports today, heads a group of five women elected to Foxcroft's inaugural Sports Hall of Fame class, it was announced recently by Head of School Mary Louise Leipheimer.

Charlotte Haxall Noland, who founded Foxcroft in 1914, was also named to the Hall of Fame, along with two Olympic riders, Nina Fout '77 and Juliet Graham '72, and one of the pioneers of the School's athletic program, Teresa E. Shook '30.

The five will be officially inducted at a campus ceremony March 1.

One of the few girls' schools with a Sports Hall of Fame, Foxcroft began the initiative a year ago, inspired by the School's growing athletic success and reputation. The inaugural induction is timed to fall during Foxcroft's centennial year.

"This Sports Hall of Fame honors not only our founder, Charlotte Haxall Noland, but also the School's motto, 'mens sana incorpore sano' -- a healthy mind in a healthy body," Leipheimer said. "I can think of nothing more fitting to celebrate Foxcroft's Centennial."

The inductees were elected by a panel of eight voters comprised of Athletic Director Michelle Woodruff, Director of Riding Kate Worsham, former athletic director Joan Eliot, and five alumnae who played and/or coached at Foxcroft: Cricket Bedford '85, Jessi Coil '06, Stewart Chapman Herbert '77, Victoria "Vicky" Howard '71, and Jennifer Sgro Orfield '91. Fred McMane, a coach and unofficial historian of Foxcroft athletics, prepared the ballot of nominees and supervised the election.

Clark, a member of the Class of 1973 who rode and played field hockey and basketball during her years at Foxcroft, is chairman of the Board of Directors of the National Baseball Hall of Fame and Museum, founded by her grandfather. She is also an influential force in the equestrian community.

A former president of the American Horse Shows Association (now U.S. Equestrian Federation), Clark is also a past president and CEO of the U.S. Equestrian Team Foundation. She has also served as a senior vice president of the U.S. Equestrian Team, director of the U.S. Olympic Committee, and member of the Fédération Equestre Internationale Executive Board.

She owns a number of world-class dressage, driving, and show-jumping horses, including three that won medals in the Olympics (1996 in Atlanta, 2000 in Sydney, and 2004 in Athens). Clark also owns two bulls - Evil Doer and Ludicris - on the Professional Bull Riders circuit.

"It's such an honor to be voted into the Foxcroft Hall of Fame," Clark said. "To be part of the same class as Juliet Graham, Nina Fout, Miss Charlotte, and Teresa Shook is an incredible feeling."

Fout, a 1977 gradu-



ate of Foxcroft who still lives in Middleburg, is one of the leading performers in United States equestrian history. She helped the U.S. win the team bronze medal in three-day eventing at the 2000 Sydney Olympic Games and has represented the U.S. at the most challenging CCI four-star competitions in the world, including the top three in Great Britain. She continues to compete in horse trials as well as teaching and conducting riding clinics.

As a 16-year-old Foxcroft student, Fout earned the title of Junior National Eventing Champion by winning the Peters Trophy at the 1975 Radnor Three-Day Event. At Foxcroft, however, she rode very little.

"My goal was to concentrate on team sports," said Fout, who played field hockey, basketball, lacrosse, and tennis, and was also Captain of the Hound Team her senior year. At Hollins College (now

University), Fout played field hockey and basketball, earning a place in the school's Athletics Hall of Fame in 2001.

"I was voted into my college hall of fame, but I never expected that Foxcroft would have one," said Fout, who teaches, conducts clinics, and continues to compete in horse trials. "It's quite an honor to be in the first class."

A member of Foxcroft's Class of 1972, Graham was born in Eng-

land and raised in Calgary, Alberta. For 10 years, she was a member of the Canadian Eventing team, competing in three World Championships and earning a team gold medal in 1978. Graham also competed in the 1976 Montreal Olympics on her mare, Sumatra.

"I was speechless and very honored," Graham said after receiving a phone call from Leipheimer informing her of her election to the

Continued page 19

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Fout, a 1977 gradu-

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NEWS OF NOTE

BIRDS OF A FEATHER

CONTINUED FROM PAGE 16

boots hit the floor when he enters the house or how he calls my name, that causes me to want to stop what I am doing and check out what he is up to.

Believe me, it is always something unexpected. Once he walked in with a wounded hummingbird. Another time he was scolding a hawk over our chickens. What could it be this time?

Let me take you back a few steps. While I was inside on the computer, at the same time my husband was outside walking up the drive. With his camera still out, he walked up on a small owl sitting on our drive way in broad day light.

Now, if you know anything about owls, you know they are rarely seen during the day. Most owls are nocturnal, actively hunting their prey only in darkness. This one is sitting on the ground holding a mole in its talons. There is blood on the rocks and ice nearby it.

What would you do?

Using a fishing net, my husband brings the owl inside so it could rest and be safe and protected from predators.

This is not the first bird to seek sanctuary here. A Barred Owl, we named Clea, sought out my husband once. The crows would have killed her if he had not brought her in. She recovered and was released before we

could take her to a wildlife center. Same for the woodpecker.

When he brings these winged ones and four-leggeds in, most look stunned for a few minutes, promptly recover and fly or walk away -- quicker than I can grab my camera and include them in our family album.

Sometimes some do not make it; like this poor little hummingbird one time.

When I met my husband, he said I had hummingbird medicine. When we met, I worked in the Pentagon and within international circles. I could fly up to the General's office, down to the Sergeant's office and left and right like the hummingbird. At times, I could even dart backwards.

My husband says I have "good medicine." He said, when I appear in something, I am "very engaging, then move quick." When the conversation ends, "poof" I am gone. I could show back up as soon as I left, he said. He also associates me with "flowers and sunshine."

"The occurring to an observer is that they are happy to see you," he says about me. "Lots of smiles back and forth, lots of energy in it. Some people try to hold on to you, but you have to be free to be who you are."

My husband liked that I

was slightly different from other birds, I mean women.

That is how my husband sees me.

My husband says about animals, "We observe their nature and characteristics and we can see those characteristics in personalities." Understanding the nature of an animal can enrich your sense of self."

In Cherokee, Hummingbird is pronounced with slightly different inflections, "walela," "waleli," "walelu," or "waduli."

Now! There is a Screech Owl in my living room getting ready to be put in a large cardboard box and taken to our spare bedroom in the basement. We contacted our new friends Dr. Burwell at the Blue Ridge Wildlife Center to make arrangements. But we are being snowed in. Roads are closed. We have to just wait until tomorrow. For now, Screech is resting.

In 2010, I noticed my husband's owl medicine was strong and I had a medicine shirt made for him. It took a year to design and to make his shirt from deer skin with the help of Sharon and Barry of www.NativeArtsTrading.com.

Sharon who use to live in the states, is of Cherokee heritage like my husband. Sharon and Barry now live in Scotland.

They host an image library online of their beautiful art including my husband's shirt.

Paw-Paw wore his owl medicine shirt recently during a sacred ceremony in California. He was named the "Commander of the Commandery of Virginia," a non-profit non-government organization (NGO) with the Hospitaller Order of Saint Lazarus of Jerusalem. The investiture ceremony took place inside the Benedict Castle in Riverside, Calif. The co-founder of Utah's Oklevueha Native American Church James Warren "Flaming Eagle" Mooney nominated my husband because of his courage, honor, justice and readiness to help the weak.

A few years ago, my husband yelled my name. I knew by the sound that I should bring my camera. Along my husband's path, between his shop and our house, he had nearly stepped on a fish lying on the open ground. Not an ordinary fish. It was a 16" catfish just lying there on my husband's path.

Now, ask yourself, "How did a 2-3 pound catfish get here," "any fish for that matter?" The closest river, the Shenandoah River is a least two miles away.

After close inspection, it was easy to see talon marks left by what we believe was a sacred

"White Headed" (Great Bald Eagle). It must have dropped the fish as it flew over.

The day that "White Headed" sacrificed that fish to my husband is part of another sacred story that needs to be told.

The Screech Owl is now resting until we can take it to the wildlife center tomorrow.

Did you know owl feathers can render an owl almost undetectable under certain conditions? The edges of their feathers are serrated. The surface of the owl's flight feathers are covered with a velvety texture. Somehow they muffle out the sound of their own wing beats. They fly practically silent. The owl's eyes are disproportionately larger than its skull; another characteristic which aids in their nocturnal prey capture.

To me, the Screech Owl's plumage mimics the colorations of Fall orange leaves and textures of our forest's tree bark.

It is morning now. Today is Valentine's Day. We woke up to more than 24 inches of snow.

The Screech Owl?

Screech did not make it. My husband found Screech lying down on a purple and black tribal rug on our basement spare bedroom floor.

In response to the loss

of the Screech Owl, our friend Michael Dowling said, "That's sad. You made his last hours here comfortable though." Michael is a local business owner, former editor of the Clarke Daily News, Berryville VA resident and blogger at www.Growing-Interest.org.

I agree with Michael.

It is fortunate my husband found Screech. For his last hours he was in a safe place. What an honorable thing to offer someone or something -- a peaceful place to die.

In Cherokee the word for Screech Owl is "wahuhu." I know this because our friend Brian Wilkes is an author of The New English Cherokee Dictionary. Cherokee is not a widely spoken language and it is nice to know someone is trying to preserve it.

Like this little "Wahuhu," my native language died. We were not permitted to speak it. No one was allowed to pass it down. And no one will ever hear it again.

My husband speaks a little Cherokee. Last Christmas, our local church asked him to read for advent in Cherokee the Bible Book of Isaiah chapter 2 verses 1-4. While the whole New Testament has been translated into Cherokee, the Old Testament has not. It took my

husband, Brian and several other spiritual leaders working together to translate these four verses.

On the day my husband read Isaiah 2:1-4, I played the flute. Our daughter shared with the audience that those who were hearing him read were among the first to ever hear Isaiah spoken in this Native American language. Let us hope not the last.

If our animals are dying, someone needs to help them. If our languages are fading away, someone needs to keep speaking them.

As fewer people protect our animals and speak our languages they could all disappear before our very eyes and ears.

We need more people like Dr. Burwell protecting our animals, like our friend Brian protecting our words and like our friend Michael protecting our sense of community.

We believe we are all related and that we are all protectors of Mother Earth and all her inhabitants.

"Mitakuye Oyasin" in Lakota means "we are all related." It is too big a job for us alone.

For now, humbly I write and weep for Screech the little "Wahuhu."

FIVE WOMEN ELECTED TO FOXCROFT'S NEW SPORTS HALL OF FAME

CONTINUED FROM PAGE 17

Hall of Fame.

"I did only riding while I was at Foxcroft and rode solely on campus," she added. "We competed in events all over the area and, of course, I competed in Canada in the summer as well." Graham first tried out for the Canadian Olympic Equestrian team in 1972 -- the year she graduated from Foxcroft -- and now serves on the Selection and High Performance Committees for the Canadian Eventing Team.

An Upperville resident, Graham still rides a lot -- hunting with Piedmont Foxhounds and competing at local horse trials -- and teaches with the Piedmont Equine Practice in The Plains, VA.

Noland, or "Miss Charlotte" as she was called, founded Foxcroft School in 1914 at the age of 32. She served as headmistress until 1955 and included sports as part of the School's curriculum from the start.

A graduate of the Sargent School of Physical Education at Harvard and an avid rider, Noland taught riding and, according to the first school catalog, "personally superintend[ed] the sports and exercises." She introduced a campus horse show, fox hunting, and a 60-mile field trip by horseback to the Luray Caverns in the Shenandoah Valley, all of which persisted as School activities for many years.

An accomplished basketball referee, Noland also introduced that game to Foxcroft students, both as the centerpiece of the beloved Fox/Hound intramural tradition and on an interscholastic level. Serving as her own athletic director, she scheduled the School's first interscholastic basketball game in 1917 and its first road trip in 1921. Foxcroft sports steadily grew under her leadership. Noland died in 1969.

The other posthumous inductee, Shook, or "Shookie" to the Foxcroft community, graduated from Foxcroft in 1930 and returned to the School shortly after her graduation as a member of the faculty.

For 35 years -- from 1932 to 1967 -- she taught at Foxcroft, serving as head of the athletic program, director of riding, basketball coach, and director of the military drill program.

As a student, she was a starting forward on the 1929 and 1930 Foxcroft interscholastic basketball teams and her contribution to the growth of Foxcroft sports in her years as athletic director and coach were exemplary. This was recognized in 1967, when the Teresa E. Shook Award was initiated in her honor. The prize is given annually "to the girl who has shown skill in performing a sport and has made an outstanding contribution to the spirit of good sportsmanship."

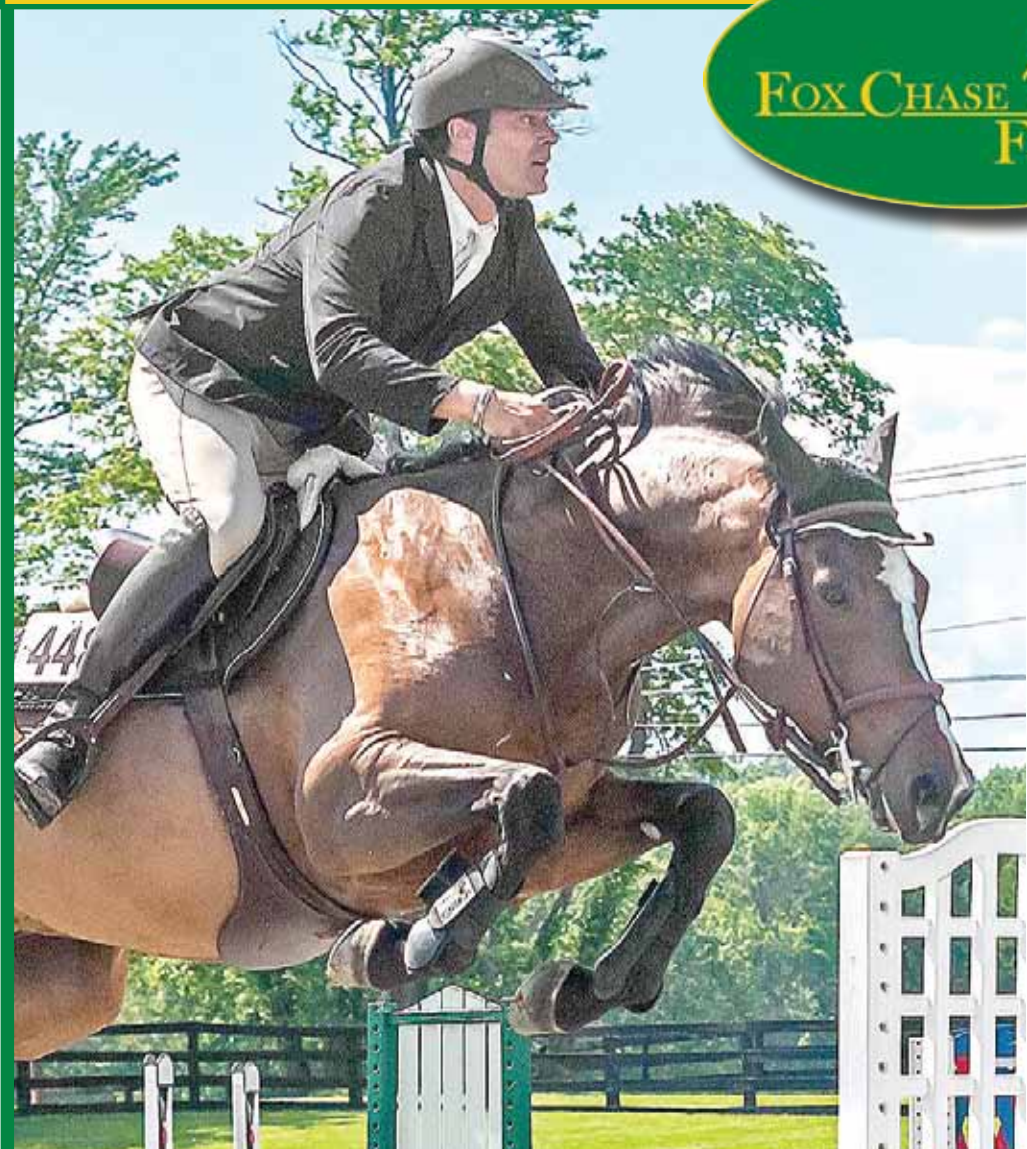
SALAMANDER ZIPLINE MOVES FORWARD

CONTINUED FROM PAGE 1

Water and Sewer

The Town has formalized its agreement with Imboden Environmental Services to manage Middleburg's water and wastewater treatment facilities. The new contract, Semmes noted, will put more staff to work for the Town at less cost than its previous arrangement with Loudoun Water.

Work continues on the town's problematic Well 4 Treatment Plant. Town Administrator Semmes estimates that Middleburg may receive as much as \$247,000 from its Virginia Municipal League insurance that can be applied to both actual repair costs, but consulting over project oversight time for the Town's primary engineering consultant on the project, Bob Krallinger.



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ATHINA ONASSIS DEMIR



ELIZABETH WILEY

FACES & PLACES

WINTER EQUESTRIAN FESTIVAL

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LAURA KRAUT



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PROGENY

MIDDLEBURG ACADEMY CELEBRATES DIVERSITY



PHOTO BY YUYAN MOORE

When vibrant color photographs of Chinese celebrations heralding “The Year of the Horse” were recently splashed across newspapers everywhere to mark the start of the Lunar New Year, Middleburg Academy was also awash in Asian art, geography and history as the student body, faculty and staff explored the culture and cuisine of its international students’ home countries.

With support from their host families and Middleburg Academy’s locally based International Program Coordinators YuYan and David Moore, fourteen students — nine from Korea and five from China — shared a fabulous tasting table as well as in-depth presentations over two days.

Students and teachers learned that it was Korea that first brought us the sundial, water clock, water gauge, and moveable typeface, and that the Rose of Sharon is the national flower symbolizing the immortality, endurance and perseverance of the South Korean culture.

An overview of the birth and history of this country — including the complexities of the Korean War and north-south relations — was supported by maps and illustrations. Listeners also enjoyed a slice of pop culture with trendsetting K-pop and Gangnam Style videos, as well as breathtaking demonstrations of the ancient martial art of Taekwondo. Traditional Hanbok clothing was on display both on the screen and in real life, as Cindy from the class of 2016 modeled her beautiful example.

China’s five-thousand-year-history was introduced by students from that ancient land. They described the importance of the Lunar Calendar and Chinese New Year and explained the twelve zodiac animal signs. The significance placed on color — which ones are lucky, which ones are not — and the centuries old, protective role played by the beautiful, handmade intricate Chinese knots and Door Gods were also described and discussed.

In what is perhaps an admirable contrast to many modern cultures, students explained the protocols for gift giving, which emphasize the importance of humility on behalf of the giver.

An invitation was extended

to everyone on campus to visit the extensive tasting table that offered a wide range of everyday snacks and special occasion delicacies including dried seaweed, ugwa, shrimp, crab and rice chips, and sikhye. Very little remained after adventurous eaters sampled foods common to the Korean and Chinese people.

It is true that many well regarded, college preparatory schools in the U.S. regularly attract students from other countries . . . but they are generally boarding schools. Guided by its self-created goal of maintaining a student body that is ten to fifteen percent international, Middleburg Academy has, in recent years, also drawn students from Cameroon, England, Hong Kong, Ireland, Italy, Japan, Malaysia, the Netherlands, Russia and Spain. The multi-year presence of international students contributes to a diverse student body.

How do students from far away, global mega-cities like Seoul and Beijing — with their populations in the ten and twenty millions — learn about a small independent school like Middleburg Academy, tucked away in the beautiful Virginia countryside? And what compels these young people to travel halfway around the world to establish their high school homes?

The majority come seeking a rigorous, college-preparatory experience that will send them well on their way to enrollment in a U.S. college or university. Most arrive at the start of 10th grade, and enroll for the remainder of their high school career. Shorter term, cultural immersion opportunities have also brought students from Germany, Switzerland and Guatemala.

At Middleburg Academy, favorable family-to-family, word-of-mouth referrals, a dedicated husband-and-wife team of experienced international program coordinators, and even the relative proximity to Washington, D.C. all play a role in drawing students from foreign countries. The school is recognized for moving students toward successful college experiences and is also known for its welcoming atmosphere and efforts to assimilate students from other cultures into the high school mix, not just academically, but socially, too.

JULIA ROBINSON RECEIVES RARE EQUESTRIAN OPPORTUNITY



PHOTO BY MARI COALE ROBINSON

Highland senior Julia Robinson was recently offered a rare opportunity: the chance to spend the spring training to represent the USA on the vaulting team at the World Equestrian Games.

Julia was selected to compete on a team based in Woodside, California with the end goal of representing the USA at the World Equestrian Games this summer in Normandy, France.

According to Julia, “In addition to the World Equestrian Games, we will also try to qualify for a competition in Aachen, Germany where two teams are selected to represent the USA. I plan to train and compete

in California as much as possible this spring. The team is planning to compete in four different qualifying competitions between April and June along with regular practices and clinic weekends.”

“The USA has only won the team competition (as opposed to individual and pas deux) at WEG once, in 2010. This year will be a competitive year between the various vaulting clubs that are training to qualify for WEG 2014. I vaulted with this club last summer as an individual and am confident in our ability to be very competitive. I concluded my 2013 season at Nationals in Denver, Colorado, where I placed fifth in my division, placing me third on the US

national ranking list for my division. I would not have been able to accomplish this without the amazing group of coaches and horses that this team offers. I’m looking forward to this spring and hope we can achieve our goals!”

The United States Equestrian Federation notes that vaulting enjoys an ancient heritage and can probably be described as one of the oldest-known forms of equestrian sport. Often described as gymnastics performed on horseback, vaulting’s origins can be traced back to Roman games which included acrobatic displays performed on cantering horses.

CUB SCOUT PACK 1737 HELD ITS ANNUAL PINEWOOD DERBY



PHOTO BY KIM BASINGER

Cub Scout Pack 1737 held its annual Pinewood Derby at the American Legion Hall in Middleburg on Saturday, January 25th. The event included 27 cub scouts from four dens located in Aldie and Middleburg. The dens are made up of different age groups including Wolves, Bears, Webelos 1 and Webelos 2. In addition, the Pack welcomed siblings to make their own cars and join the festivities — 18

of them did on a cold, Saturday morning. A variety of awards were given out including the most patriotic, most creative and of course the fastest. The top three finishers in the Pack championship were:

1st place: Tommy West — Webelos

2 - 3.111 seconds

2nd place: Sam Elliott 3.118 —

Webelos 1 — 3.118 seconds

3rd place: Ryan Buttner — Tigers -

3.142 seconds

Winners at the Pack level have the right to compete at the 2014 Goose Creek District Championship Pinewood Derby will take place on March 1, 2014 at Tolbert Elementary School.

The Pinewood Derby was first held in 1953 in Manhattan Beach, CA and countless cub scouts have participated in this exciting event across the country ever since.

HILL SCHOOL ANNOUNCES BUS SERVICE FROM LEESBURG AND STONE RIDGE



Hill School is pleased to announce bus service from Leesburg and Stone Ridge for the 2014-2015 school year. Treavor Lord, Head of Hill School, recently made the announcement noting “many of our families have expressed an interest in morning transportation, and we are pleased to be able to offer this service to these families and other families who may be interested in a Hill education.”

While details of the bus service will be forthcoming, there will be morning transportation from both the Leesburg and Stone Ridge areas. The buses will arrive at Hill School at approximately 8:15 am in time for the school day to begin at 8:30 am.

For questions about this bus service or information about Hill School, please contact Kelly Johnson at 540-687-5897.

Founded in 1926, Hill School, at 130 South Madison St. in Middleburg, is a Junior Kindergarten — 8th grade independent school. For information about Hill’s mission, philosophy, and program please go to www.thehillschool.org.

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www.thehillschool.org



PROGENY

SIX STUDENTS NAMED TO FOXCROFT’S CUM LAUDE SOCIETY

FOUR SENIORS, TWO JUNIORS HONORED FOR SCHOLARSHIP, INTEGRITY, AND INTELLECTUAL CURIOSITY



TESSA PAGET-BROWN

Four members of the Senior Class and two juniors have been elected to the Foxcroft School chapter of the Cum Laude Society, chapter president Matthew Mohler announced Wednesday. The four seniors and two juniors were honored for their scholarship, integrity and intellectual curiosity.

The Cum Laude Society is a national high school scholastic



MEREDITH GIBSON

honor society modeled on the collegiate-level Phi Beta Kappa honor society. Seniors Miranda Gali of Middleburg, VA, Meredith Gibson (Waterford, VA), Andeulazia Hughes-Murdock (Chantilly, VA), and Tessa Pagel-Brown (Charlottesville, VA) were named at an all-school meeting. They join two classmates elected as juniors: Lydia Bubniak of Leesburg,



ANDEULAZIA HUGHES-MURDOCK

VA; Kate Eagen (Middleburg), and Lilly MacDonald (Bluemont, VA), who had the special distinction of being elected during their junior year. This year, only two juniors earned that exceptional honor: Meredith Dietz of Unionville, PA, and Amy Zhang of Beijing, China.

The Foxcroft Chapter of the Cum Laude Society, founded in



MIRANDA GALI

1958, is one of nearly 400 chapters located mostly at independent schools in the United States. Only students who evidence a genuine interest in the pursuit of knowledge, exhibit outstanding academic integrity, and have superior academic records as reflected in their course load, grade point average, and other factors, are selected for induction. Head of School Mary



MEREDITH DIETZ

Louise Leipheimer, Academic Dean Courtney Ulmer, and faculty members Lindsey Bowser, Stephen Matthews, Alexander Northrop, and Michelle Woodruff will join Mohler in conferring the honors on the newest group of academic stars at the official induction during Foxcroft’s Commencement in May.

FOXCROFT’S BERGAN POETRY FESTIVAL IS A SLAM DUNK

HUGHES-MURDOCK REPEATS AND POTTER WINS THIRD STRAIGHT TITLE IN WEEKEND OF WORDS

Andeulazia Hughes-Murdock, a senior from Chantilly, defended her title at the Poetry Slam and junior Lilly Potter of Middleburg, took her third straight championship in the Competitive Readings recently at Foxcroft School’s Paul Bergan Poetry Festival.

Senior Meredith Gibson of Waterford, VA, sophomore Natalie Harris (Silver Spring, MD), and freshman Lindsay Woods (Philomont, VA) also earned laurels—literally—for winning their divisions in the Competitive Readings.

Visiting poet Tina Barr, a graduate of Foxcroft, published poet, and renowned teacher, judged the competition after a morning in which she gave a reading and conducted a lively workshop. An open mike hour featuring both sung and spoken word, and readings of original and published poems in eight different languages rounded out the weekend.

Foxcroft’s poetry competition dates back to the early days of the 100-year-old school; the festival was re-named after a beloved English teacher upon his retirement in 2007. Visiting poets over the years have included Pulitzer Prize winners Archibald MacLeish and Claudia Emerson, National Haiku champ Joel Dias Porter (aka DJ Renegade), and performance poets Clint Smith, Jason LeVasseur, and Nan Fry.

In the Slam, a dozen brave students bared their souls and provoked the audience with their original poetry. After two rounds judged by their peers, Hughes-Murdock emerged with her second straight Slam title. Senior Jennifer Williams of New Orleans was the runner-up and junior Meredith Dietz of Unionville, PA placed third.

Potter became a three-time competitive reading winner by taking English 301 honors with her moving presentation of “Poppies” by Jennifer Grotz. Gibson captured the English 401 title with “Child-

hood is the Kingdom Where Nobody Dies” by Edna St. Vincent Millay, while Harris and Woods earned English 201 and 101 laurels, respectively, with “Too Black” (adapted from Malcom X) and A Good Man Goes to War” (Steven Moffat).

The competitive readings feature three finalists in each grade level who have been chosen by their peers and certified by faculty judges in two previous rounds of competition. Each reads a poem of her choice and the best one, based on poem selection as well as delivery, wins.

Open readings rounded out the weekend Saturday. In a session reflecting the diversity of the Foxcroft community, a score of students and teachers read poetry in languages other than English, ranging from French, and Latin to Catalan, and Korean. Faculty sharing original poems and favorite published poems followed, concluding a delightful weekend of rhyme, rhythm and readings.



STUDENTS CREATE ONLINE NEWSPAPER: ‘THE SILVER LINING’

MADELINE TRAVELL, MCKENNA ANDREWS, ALLISON BEJAR

The Silver Lining is Foxcroft’s online school newspaper and is the school’s only student-run publication. Created during our sophomore year (we are now seniors), we intended the website to be a place where students could be connected with events outside the “Foxcroft bubble.” Each member of our group writes about what she is passionate about; hoping to inspire passion in others. Our group reports about school, community, and global

events which, we hope, will interest students, faculty, and alumnae of Foxcroft. We encourage different writing styles and do not have a “standard” way to do things. Our goal is not strictly to inform, but to encourage our followers to say “wow” when they learn something new, or laugh when they see something unexpected. We proudly stamp our names on everything we post because we believe in what is published.

We write about campus life including students’ successes, school traditions, athletic events, on-campus performances, and student involvement in philan-

thropy. We write about what interests us in popular culture including music, videos, and entertainment news. Our “Outside The Foxcroft Bubble” articles provide a look at things beyond the every-day experiences of life at school. One of our favorite features is the “gifs” (graphics interchange format: funny illustrations popular on the internet) that we modify to relate to our lives at an all-girls’ boarding school. Another feature we enjoy is our music player that is embedded into our website so our readers can listen to our featured favorites. We have also held logo and photog-

raphy contests where the winners were featured on the website. We encourage our readers to suggest new ideas and features to make The Silver Lining a resource that everyone can both enjoy and help to create as we move into the future.

We decided to post our magazine electronically on Tumblr because the format allows us to upload an infinite amount of posts and to connect instantly with students and alumnae across many generations. We also created a Facebook page to encourage more people to read our newspaper. Now in its third year

of operation, we are pleased that there appears to be genuine interest in The Silver Lining and that we have a new group of editors to carry on the website after we graduate.

We are very proud of how far The Silver Lining has developed since our sophomore year. We are very excited about the prospects for the future of our newspaper. We are also happy that we can provide a meeting place for members of the Foxcroft that reflects the way people communicate today.

The Lower School welcomed Beth Lalonde, who told Russian folk tales to the students.

RUSSIAN FOCUS AT HIGHLAND SCHOOL INTERNATIONAL WEEK



A LOWER SCHOOL HIGHLAND STUDENT ENJOYING THE OLYMPIC FEEL OF THE GALLERY EXHIBIT.

Leading off the week in the Upper School was Temuri Yakobashvili, Former Ambassador of Georgia to the United States. He spoke of the need for ideology to help Russia find its place in the world.

“Russian culture could be the common denominator in helping shape our national identity,” he said. He went on to offer great insight as a neighbor of Russia about their history, economy and natural resources. He spoke of their role in international politics, and how geopolitics has influenced that very role.

A career diplomat who earned the 2012 Presidential Medal of Excellence, the former ambassador speaks four languages, Georgian, Russian, Hebrew, and English. He was born into a Georgian Jewish family in Tbilisi. He graduated from the Department of Physics at Tbilisi State University in 1984 and attended diplomatic courses at the universities of Oxford and Birmingham (1998), the Yale University World Fellows Program (2002), and the Harvard University John F. Kennedy School of Government (2003).

The Lower School welcomed Beth Lalonde, who told Russian folk tales to the students.

MIDDLEBURG ACADEMY’S MICHAEL McDONNELL IS NATIONAL FACEOFF LACROSSE CHAMPION AGAIN



MICHAEL McDONNELL AT U OF MICHIGAN FALL SIGNING CEREMONY

For the second year in a row, Loudoun County senior Michael McDonnell of Middleburg Academy was named the National Champion High School FaceOff Specialist (Class of 2014) at the invitation-only National FaceOff Combine. The January event was took place in Connecticut’s largest indoor sports facility, the InSports Center in Trumbull.

The annual Combine is the defining event for naming the top FO specialists in the nation in the sport of lacrosse. Mikey’s domination of the previous year’s

event, held in Boston last January (2013), combined with his academic and co-curricular success at Middleburg Academy, resulted in his Division 1 offer from the University of Michigan, to which he signed a letter of intent at a ceremony on the school’s campus in mid-November.

McDonnell, a captain of last year’s Dragons Boys Varsity Lacrosse who was also named first-team All-MILL, is the son of Kathy and John McDonnell of Centreville. He is also a product of the Nova West club organization.

Middleburg Academy’s Head Coach Rob Horne says, “Mikey is a fierce competitor who knew what he wanted out of Middleburg Academy. In his two years at Middleburg, Mikey has studied hard, taking many advanced courses, as well as work diligently to become one of the premier face-off men in the country. Mikey is certainly reaping what he has sewn in terms of being offered a spot to play and study at one of the top universities in the nation.”

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PASTIMES

SO... THE OLYMPICS

7TH INNING STRETCH

ALEX CUDABACK

So... the Olympics.

They're over, right? I had a hard time figuring out when they started (before the opening ceremony) or when they ended (for some reason, television execs decided the closing ceremonies shouldn't air live on television.)

I suppose the Olympics serve some purpose, and I enjoy them, like most people, until I don't, but I'm honestly not sure what they're all about.

The original Olympics, in ancient Greece, were a mixed celebration, honoring both athletics and the gods. The modern Olympics, at least according to the Olympic Charter I've spent considerable time slogging through, are governed by the following seven principles (they're taken directly from the charter, so please forgive the funny spelling):

1. Olympism is a philosophy of life, exalting and combining in a balanced whole the qualities of body, will and mind. Blending sport with culture and education, Olympism seeks to create a way of life based on the joy of effort, the educational value of good example, social responsibility and respect for universal fundamental ethical principles.
2. The goal of Olympism is to

place sport at the service of the harmonious development of humankind, with a view to promoting a peaceful society concerned with the preservation of human dignity.

3. The Olympic Movement is the concerted, organized, universal and permanent action, carried out under the supreme authority of the IOC, of all individuals and entities who are inspired by the values of Olympism. It covers the five continents. It reaches its peak with the bringing together of the world's athletes at the great sports festival, the Olympic Games. Its symbol is five interlaced rings.

4. The practice of sport is a human right. Every individual must have the possibility of practising sport, without discrimination of any kind and in the Olympic spirit, which requires mutual understanding with a spirit of friendship, solidarity and fair play.

5. Recognising that sport occurs within the framework of society, sports organisations within the Olympic Movement shall have the rights and obligations of autonomy, which include freely establishing and controlling the rules of sport, determining the structure and governance of their organisations, enjoying the right of elections free

from any outside influence and the responsibility for ensuring that principles of good governance be applied.

6. Any form of discrimination with regard to a country or a person on grounds of race, religion, politics, gender or otherwise is incompatible with belonging to the Olympic Movement.

7. Belonging to the Olympic Movement requires compliance with the Olympic Charter and recognition by the IOC.

All of which are sound pretty sensible and, frankly, pretty awesome. Who can't get behind, "...a way of life based on the joy of effort.... social responsibility and... ethical principles," and, "...the preservation of human dignity," right? That's heady stuff, the kind of stuff people should be excited about.

And the fact that those kinds of ideals and principles are somehow tied in with incredibly appealing feats of athletic magic that only the tiniest fraction of humanity can accomplish, flipping, flying, speeding, balancing, focusing, spinning, pushing, jumping, you name it, well, golly, the Olympics seem tailor-made to encourage, well, the ideal, both of body and of spirit.

But, of course, they're not. Or, at least, the organization behind the Olympics, the International Olympic Committee,

or IOC, doesn't want anyone to focus on anything other than the athletes and their performances within the arena. Some of the athletes feel that way as well, which I think is even more of a shame.

The idea that the violence in Ukraine could not be acknowledged by Ukrainian athletes other than to leave the Olympics entirely is absurd. Those athletes who wished to wear black armbands in recognition of countrymen willing to die for a cause greater than themselves were quickly encouraged to think otherwise. The IOC stated such an act would go "against the Olympic charter."

The notion that a former Italian MP, transgender Vladimir Luxuria, could be detained, not once but twice, first for wearing a rainbow flag pin reading "Gay is OK" and then for wearing a flag "outfit" at one of the Olympic venues, is preposterous.

It's the OLYMPICS! There are flags EVERYWHERE! Mark Adams, the IOC's official spokesman, was quoted as saying, "She explicitly had said that she would demonstrate in a venue and clearly venues are not the place where we would like to have political demonstration."

So, discrimination, hatred, fear-mongering and murder are all bad, but not as bad as "demonstration" or "propaganda."

If the IOC is going to go to firmly quash one of these movements, they are dropping the hammer on rainbow outfits, armbands and tone-deaf rock shows.

Thank goodness.

Yaaaay, Olympics...

Maybe we should wait a little longer for the next one.

naire Pussy Riot.

Horse.

Whipped.

By Cossacks!

Good ol' Mark Adams,

speaking for the IOC and all its members, stepped up like a man and addressed the issue head on. "I would purely say that it's a shame if the Olympics is used as a political platform, and that's what we've always said. We saw yesterday the strong feelings on both sides that these sorts of things provoke, and that's why we ask the Olympics not be used as a platform for people to express views and we will continue to say that."

Seriously?

Well, yes. Because principle six of the Olympic charter, the one that states that any form of discrimination is incompatible with the Olympic movement, is apparently trumped by Rule 50, section 3, that states, and I quote, "No kind of demonstration or political, religious or racial propaganda is permitted in any Olympic sites, venues or other areas."

So, discrimination, hatred, fear-mongering and murder are all bad, but not as bad as "demonstration" or "propaganda."

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Maybe we should wait a little longer for the next one.



THE ARTIST'S PERSPECTIVE

TOM NEEL

Amazing Creative Collaboration. Think about what these three words mean? Okay, now I'll tell you. It's what happens when you put Tom Sweitzer and Kim Tapper together.

A community like Middleburg enjoys all types of partnerships, organizations and life long friendships. They are what make a little town like Middleburg such a gem. But what makes a gem a jewel, is when everybody in the town reaps the benefits of such a friendship as this one.

I met Tom Sweitzer many years ago as he made Middleburg his home and began his 17 year long stay with The Hill School, as their Artistic Director. Our God children attended Hill and we watched many little minds and personalities transform into the greatness of youthful enthusiasm. This, in one play after another, under the watchful and passionate eye of Tom. You could tell through his work that Middleburg had not only become home, he had become a golden thread in the fabric his community.

During those years, Hill hosted the Crossroads Dance Project, a non profit modern dance company, where a new community face and name would surface. Serving as CDP's co-Artistic Director, Kim Tapper's modern dance filled the Hill Playhouse stage with life. I can recall her emotional facial expressions to this day, as much as her poetic movement.

Art is about being inspired and inspiring others. It is also about growth and rising talent. The path you take is a personal one, and so true collaboration is one that not only

shares the benefits of teamwork, but enhances individual achievements in the process.

As individuals both have excelled. Tom has gone on to receive his Masters Certificate in Music Therapy and has written 35 original musicals. Kim, becoming a life coach, is credentialed as an ACC through the International Coach Federation, CPCC - Coach Training Institute, as a Life Strategies Coach - Spencer Institute. She has also choreographed over 20 musical productions.

As creative partners these two have been just as motivated. In 2004 the two co-founded the non profit - Creative Youth Theater Foundation, of which I served on their board. I personally believe this foundation was an important step in who they have become today. While that Foundation is no longer in service, the two of them very much are and they have become far more focused. I analogize by saying: It's one thing to have a pencil, another to put a good point on it and another thing altogether to have it become a fine writing instrument. This is what they have become with their foundation - A Place To Be, which they opened in 2010.

A Place To Be, indicates through its name that many children are lost and need a place to be. Today, as I currently serve to the advisory board of the Loudoun Education Foundation, I see startling examples of children which may or have already slipped through the cracks. It's become a complex world and I certainly do not have all the answers. But I can say with confidence, a gleaming example of a community safety net lies in organizations such as A Place To Be. Tom and Kim,



along with a very capable staff and supportive board, are able to catch many of those who might fall beyond reach and not only catch them, but bring them back.

Social pressures, personal issues, disabilities, behavioral problems, syndromes, depression and just plain searching for one's self, is a lofty list of things to tackle and the demand for their services is high. This scary notion only allows any of us who care, to know that there are those who are passionately dedicate to this type of problem solving.

It's one thing to do it, it's another thing to love what you do and that's what is going on at A Place To Be. A nurturing environment where music is but one of their therapeutic tools.

I was recently listing to NPR's Diane Rehm Show on the topic of disabilities and loved what one of her guests said: We need to focus less on the Dis and more on the Abilities. That is exactly what Tom, Kim and A Place To Be strive to do and on top of this, they then share it with the their community. For more information or need, visit them in Middleburg or online at aplacetobe.org

Live An artful Life, Tom

TRAVEL LIGHT, YOU NEVER KNOW WHEN IT'S RIGHT TO TAKE FLIGHT, TRAVEL LIGHT

SINCERELY, ME

BRANDY GREENWELL

My brother and his prep-school band, The Varsity Band, wrote and recorded a song their senior year entitled "Travel Light". It was very catchy and the kind of song that over 20 years later, I can still hum and have it get stuck in my head. It was the perfect anthem for high school seniors with the world at their feet. "Travel light, you never know when it's right to take flight, travel light."

Have you ever seen the girl at the baggage claim with two extra large suitcases with the bright orange "CAUTION: HEAVY" tags on them? The one struggling to pull them off the conveyor belt, knocking fellow passengers to the floor like dominos with each hurl? The one who is always the object of some snide comment or stink eye reading "high maintenance"? Well, ladies and gentlemen, that girl is me. Somehow I didn't get the literal theme to "Travel Light".

When you travel you always want to have the comforts of home: your pillow, appropriate shoes for every occasion, accessories to complete every ensemble, layers for every climate, and an abundance of toiletries. What? You don't travel with your pillow?

I have been traveling more in 2014 than at home and think that I have finally learned some lessons when it comes to what to pack or



lack. If you have the kitchen sink in your carry on, listen up and don't be afraid to throw caution to the wind and leave your pillow behind.

Shoes are one of the most important pieces in your wardrobe when traveling. Unless you are a TSA frequent flyer, you will need to remove your shoes to go through security. Nobody wants to be behind the girl wearing tall, stylish boots she has to wrangle before she collects her crap and moves on. I recommend wearing your gym shoes to travel as they are usually the most comfortable and often get forgotten because of the room they use. I have gotten down to traveling with three pairs of shoes, from seven, and have impressed myself with how I can make outfits work with so few choices, not get blisters and still have treadmill time.

Accessories are the easiest part of traveling light. Three different accessories make numerous options with one outfit and significantly increase available space in

Continued page 35

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PASTIMES

FROM RUSSIA WITH LOVE...

VINE & DISH



ELLEN KASSOFF GRAY

When the Olympics aired in my house this past month – it was serious business. The competition and spirit of the Games are a welcome vacation from the usual TV line up. Bringing together global athletes and their supporters offers a post card glance at a country from afar. The world gets a frenzied eighteen-day peek of the host nation and its culture. Of course there is also the great spectator sport of food and wine, forever at the heart of any civilization. This month's Vine and Dish travels (from the couch) 5,636 miles east of Virginia and recreates Russian style blinis. They are one of the best-known Russian dishes that recently celebrated its thousandth birthday. Observing that somewhat bristly camaraderie between the US and Russia we made traditional blinis and paired them with Virginia's own Thebaut Jannisson sparkling wine.

I had never heard of Sochi Russia until these 2014 Olympic Games, 995 miles south of Moscow, its actually Sub Tropical. Sochi, affectionately known as the Russian Rivera was gussied up and on display for the world to see. Celebrations of all kinds take place at the Olympic Games – from Gold to just getting there – The Games are a kind of festival of friendship.

Probably the most food friend-

ly wine is sparkling wine or Champagne. The wine is typically blended from different vintages giving the end result true minerality a characteristic that adds depth to flavor. The acidity in a cuvee cuts through rich, fatty and dense dishes. Sparkling wine can even boldly take on with great success high-acid ingredients such as tomatoes or vinegars that are typically tough to pair with wine.

A true darling of area restaurateurs is Virginia's own Janisson Thibaut. An honorary ambassador to the Virginia wine industry this winery has done more to crack the code of Virginia's wine recognition than any other. Claude Thibaut and Manuel Janisson produce marvelous sparklers that go nicely with caviar in the blinis.

These blinis with (eh hem) American caviar and sour cream are simple, tasty, elegant and a time-honored representation of Mother Russia. Paired with sparkling wine - they beg a celebration. And, in all honesty our Olympic champagne and caviar moment came when the American Hockey team beat the Russians – now that's was something to raise a glass to – ypa!

Ode to Sochi Blinis
Makes 12 – 18 Blinis

½ cup Flour
1 tsp Baking powder



2 eggs
¼ tsp salt
3 oz milk
1Tbs butter

Combine flour, baking powder, eggs and salt – whisk to combine adding milk to make a fine smooth batter. Refrigerate for 15 minutes before frying.

Heat pan on med heat. Add butter and melt. Add batter in tablespoon quantities. Sauté for three minutes till golden brown, turn and cook additional 2 minutes.

Serve a variety of toppings such as:

- Caviar
- Smoked salmon
- Sour cream
- Chives or spring onions
- Chopped apples
- Chopped dried figs
- And for the teenage set

My son loves peanut butter or Nutella.

PLANT BAGGAGE” CORYDALIS ‘GEORGE BAKER



KAREN REXROD

I'm starting a little series called "Plant Baggage". I will highlight a plant that I consider one of my favorites, and that means any kind of plant. Everything from tropicals to herbs, perennials to trees, if I like it, I will tell you why and hope you might consider growing it. Since we are in the middle of winter, and a particularly cold and long winter, I thought I might talk about one of my favorite March plants. This little tuber is called Corydalis solida 'George Baker', the primary reason I chose it (as will be the case quite often) is because it's been a very faithful plant. It grew in my little rock garden when I operated my nursery, Windy Hill and it's also in my garden at home. In pronouncing the name, said correctly it's kor-ID'-a-lis with the accent on ID. Don't draw out the last syllable dalis, something I was reminded of in my youthful days of gardening.

Growing from a tuber, the time to purchase this corydalis is in fall with the rest of the bulbs. As with my nursery, many businesses put up any bulbs they have left and you may find it for sale in spring after it's been wintered over. There are many corydalis, 300 species, over half of these come from China. This particular selection is from Romania and was once known as Corydalis transsylvanica, found in the Carpathian Mountains by Dr. Albert Amlacher. Doctor Albert was a historian and writer, his family was Austrian, he was born

in Romania. From what little I can tell, he was not a plant collector but probably passed the plant along to George Baker, who owned a nursery in England. References say that the plant was not associated with George Baker until 1977, which is 103 years after his death, although there was a George Junior. The actual history of this particular plant is a bit confusing, but many plants have a murky background.

What is clear is that it's from a cold part of the world and often used in rock gardens, rubbing shoulders with other little alpine plants. This is part of the reason I like it so much, Virginia is not an alpine place, yet Corydalis s. 'George Baker' is happy here. Typical of early bulbs, in this case a tuber (like a potato), it pops it's little floral head up, flowers and then disappears for the rest of the year. Only 4 to 6" tall, the colder the spring, the redder the flowers. The fact that it's dormant for so long, the gardener forgets about this little gem. It arrives in cold March, while things are very sleepy, blooms and disappears by June. The space it occupied in spring can easily support other perennials in summer, it's great for the layered garden.

When planting it, summer shade is good, it keeps the soil a little cooler. Cooler being the key word for so many corydalis species, only a few grow well in Virginia. So when you find that electric blue flowering variety for sale, don't succumb.

I've never heard that Pete Seeger offered his thoughts on fracking. Because he always strongly supported environmental conservation and clean water, I can only surmise that Pete's thoughts would have been something like this. *Sure, on the positive side, fracking may create jobs and ultimately make the United States independent of foreign oil imports*

In 1966, because of his concern for water pollution, Pete co-founded the environmental group, Hudson River Clearwater Sloop. The purpose of the group was to highlight the pollution of his beloved Hudson River and to work to clean it up. Fracking remains highly con-

FRACKING, WATER, AND PETE SEEGER

WATERWORLD

RICHARD A. ENGBERG

Pete Seeger, age 94, died on January 27. At age 29 he became a member of the pre-eminent folk music group, The Weavers, who were blacklisted in the mid 1950's because of their political views, primarily Pete's. After The Weavers, he played the banjo and continued to sing folk and protest songs almost until his death. He was married for 70 years to Toshi, who died seven months before him. They had four children, one of whom died in infancy.

Fracking (hydraulic fracturing) continues to be in the news. Using water, sand and chemicals, both natural gas and oil are being recovered by fracking in ever larger amounts from shale deposits throughout the country. Fracking has seen limited use in Southwestern Virginia to recover coal bed methane. It's also under consideration for use in Marcellus Shale deposits along the Virginia-West Virginia border. A company is expressing interest in drilling an exploratory well in Rockingham County. Will this happen?

I first encountered The Weaver's music in the late 1950's. The Kingston Trio who became well known in the late 1950's was essentially a knock-off of The Weavers but without the associated controversy. Many of the Kingston's songs had previously been recorded by The Weavers. It was through my love for Kingston's songs, that I became aware of The Weavers and Pete. I soon realized that, for me, their music was even better than that of the Kingston's. I continued to love Pete's music after he left The Weavers.

Fracking uses water, lots of water. It's said that to frack a well in the Marcellus Shale in Pennsylvania requires 3 to 6 million gallons of water mixed with sand and chemicals. That is a LOT of water. Fortunately water for fracking usually is available in Pennsylvania where annual precipitation may average 35-40 inches per year.

Pete was an advocate his entire life. He was extremely vocal regarding the causes he embraced and used his music to support such causes as worker rights, civil rights, world peace, and environmental conservation. Strongly believing in the latter, he and Toshi lived modestly in a cabin overlooking the Hudson River in New York. Pete built the cabin himself.

Water is not as available in other areas of the U. S. where fracking is being used. For example, in areas of North Dakota and Montana where fracking is used to liberate oil from the Bakken Formation, the average annual precipitation is 10-15 inches per year. A USA Today article on February 5 indicated that 36 percent of the 39,000 wells drilled in the United States since 2011 were in areas experiencing groundwater depletion and over half were in drought stricken areas. As even more wells are drilled, will water for fracking be available?

In 1966, because of his concern for water pollution, Pete co-founded the environmental group, Hudson River Clearwater Sloop. The purpose of the group was to highlight the pollution of his beloved Hudson River and to work to clean it up. Fracking remains highly con-

COSMETIC DENTISTRY

DR. ROBERT A. GALLEGOS

What is cosmetic dentistry and how can it improve my smile?

Cosmetic dentistry encompasses a variety of procedures to improve your smile from subtle changes to major renewals. There are many techniques and options to treat teeth that are discolored, malpositioned, chipped, misshaped or missing. Common reasons to elect cosmetic dentistry are to: reshape teeth, close spaces, renew worn teeth, or alter the length or position of teeth. Common procedures include: teeth whitening, bonding, caps or crowns, onlays and inlays, veneers and reshaping, orthodontics and gingival contouring.

What is tooth whitening?

Tooth whitening is a common and popular chemical process used to lighten teeth. Some people get their teeth whitened to make stains disappear, while others just want a brighter smile. Discoloration, which occurs in the enamel, can be caused by medication, coffee, tea, dark colored foods, and cigarettes. It can also be due to your genetic make up or simply from aging. Teeth whitening can be performed in the dental office or at home.

What is bonding?

Bonding is the use of tooth-colored materials to fill in gaps or change the color and or shape of teeth. Bonding lasts several years and often requires only a single office visit. Bonding is more susceptible to staining or chipping than some other forms of restoration. When teeth are chipped or decayed, bonded composite resins may be the material of choice. Bonding also is used to fill cavities, to close spaces between teeth or to cover the entire outside surface of a discolored or misshaped tooth (resin veneer).

What are caps (crowns), onlays and inlays?

Caps, also known as crowns, cover the tooth. This procedure is meant for the restoration of severely

broken down, misshaped or malpositioned teeth and can be used for front or back teeth. Onlays are partial crowns covering only the part of the tooth that needs to be restored, preserving healthy tooth structure. Inlays are smaller than onlays and are used when a filling would not be adequate but an onlay is not yet indicated. Onlays and inlays are for back teeth. Today caps, onlays and inlays can be made in a variety of tooth matching materials depending on the individual patient's need for esthetics and strength. This matching has led to the diminishing use of metals in restorations today.

What are veneers?

Veneers are thin layers of material, bonded resin or bonded porcelain, applied to an underlying discolored, misshaped and/or malpositioned tooth to achieve a better appearance and/or function. Porcelain is stronger, often more esthetic and longer lasting than bonded resin, however in some cases, bonded resin can be very esthetic, done more conservatively (preserving tooth structure), involve fewer visits and is usually less costly than porcelain.

What is reshaping?

One or more teeth may have minor irregularities, i.e. a rotation or height difference with its neighbor. In these situations minor adjustments made within the hard enamel outer portion of the tooth can often be a nice conservative treatment avoiding orthodontics, veneers or caps.

Orthodontics?

We all know about orthodontics, right? The metal braces that are worn for 2 years. Not anymore! Today clear removable trays can be used for some orthodontic procedures. This is an easier and more acceptable way for adults to do orthodontics almost invisibly.

What is gingival contouring?

Sometimes minor irregularities in gum positions can make for a less



pleasing smile. Gingival contouring is done using a laser, electrosurgery or traditional surgery. Laser is the newest and best alternative since the discomfort is less and tissue healing and results are more predictable. Often laser contouring can be done with no anesthesia or just a topical gel anesthetic.

Are there any downsides to cosmetic dentistry?

Some cosmetic dentistry is purely elective and in these cases treatment versus no treatment has to be discussed. Much of cosmetic dentistry today is restoring broken down teeth with the latest tooth matching materials that are strong and look great. It is important to have an open discussion with your dentist about your preferences and limitations so your dentist can describe the benefits of the available treatment choices and cost differentials. This will help you make an informed choice which will enhance the health of your mouth and beauty of your smile.

Dr. Robert A. Gallegos is a Fellow of the Academy of General Dentistry, he is on the faculty of Spear Education he is a member the American Academy of Cosmetic Dentistry, the American Academy of Dental Sleep Medicine and the American Dental Association. Dr. Gallegos practices dentistry in Middleburg, VA. You can learn more about his practice at www.MiddleburgSmiles.com.



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EDITOR'S DESK

MARSHALL PLANS FOR GROWTH

For many, if not most of us who live in the western parts of Loudoun and Fauquier Counties, growth can be threatening.

We worry about the land, the viewshed, the environment, traffic, battlefields, historic houses, pollution and a million

other things associated with the movements of good people in search of a good place to live and work.

Marshall seems particularly vulnerable to growth. An historic village in a perfect setting, blessed with both rail and Interstate highway east-west

communications, near the capital of the most powerful country in human history.

Growth there was and is inevitable.

Happily, Marshall opted for planned development and found partners who understand the special place greater

Marshall holds, not only in the string of pearl-like villages along the Manassas to Strasburg axis, but for the region as a whole.

An extraordinary combination of local non-profit organizations and developers who are friends and neighbors of the

village have worked together to make the best of a situation that, if allowed to develop piecemeal, had the potential to destroy Marshall rather than enhance it.

See "Serendipity, Strategic Planning & Generosity" on page 12

FLU

This year's flu season (and what local hospitals describe as "increased flu-like illness activity") has been bad enough to prompt

the Inova hospital system to institute "temporary changes," in its rules for visitors, including age limits, limits in the numbers of visitors

allowed, and in some cases, requiring that visitors wear surgical masks.

If you haven't had your flu shot already, and your

physician agrees that you should have one, please do so: for you, for us, and especially for those whose immune systems may already

be taxed.

And in any case, wash your hands often and be careful.

HAIL. NO.

BLUE

DANIEL MORROW

The old "Boston Braves" became the Washington "Redskins" in 1933, the same year FDR was elected President and Hitler was named German Chancellor.

Urban legend has it that the team's new owner chose

the name because his head coach claimed to be part Sioux, and there were several Native Americans on the roster.

Few would have given a second thought to the name in 1933, when Jim Crow was still the law of the land in much of America, and other prejudices now long identified as

such, were not only socially acceptable but formally (and informally) codified, from the ranks of the military to grammar schools.

Between 1933 and 2014, however, most if not all Americans have given up many, if not all, their bad old ways.

And for those who haven't, the new rules of what my grandfather would have termed "gentlemanly behavior" make open expressions of gratuitous insult "bad manners."

The social contexts in which one could call a native American a "redskin" to their face and not be embarrassed (or embarrassing to all in one's company) are at best few, and for most of us, non-existent.

Why keep such a divisive name for a team based in the nation's capital? Do we really want to concede the title "America's Team" to the Dal-

las Cowboys?

Tradition? Does anyone miss "The Bullets?"

Economics? EVERYONE would have to buy all new team flags and jerseys and other paraphernalia . . . and all the old ones would become instant "collectors' items."

"Redskins" fans have a new coach and a new season ahead of them.

What better time for a change.

If the owner and the NFL can't make a clean break, keep the logo and change only the name.

"The Brave" works. Not, "The Braves" but "The Brave," as in 'home of.' After all, what other team should claim the last lines of the National Anthem as their own.

And while we're at it, a new name would allow us to change the words to the fight song, AGAIN.

First performed at a game in 1938 (not the best of years in the west) the owners edited out some of the fight-song's earlier Lone-Ranger-and-Ton-to-style lyrics, including, no kidding: "Scalp 'em, swamp 'um, We will take 'um big score, Read 'um, Weep 'um, touchdown, We want heap more."

From 1959 to 1961, the words "Fight for old DC" were replaced in the programs with "Fight for old Dixie," a nod to the intensified post Brown vs Board prejudices of the teams south-of-the-Mason-Dixon-line fan base. (The team was the last in the NFL to integrate.)

And for those of us familiar with the history of Germany at the time the team was named and its fight song composed, "Hail Victory" has negative connotations, especially in German.

INSULTS AND INDIAN NICKNAMES

RED

JAMES MORGAN

Full disclosure: I'm a graduate of Florida State University and an ardent Seminole fan.

As a conservative, I reject the liberal slogan, "the personal is political." Among other problems, that perverse progressive axiom turns hurt feelings into civil rights issues.

Feeling offended? Proclaim yourself a victim, invoke your "right" not to be offended, and sue somebody. The possibility of financial compensation goes a long way toward soothing hurt feelings.

So using Indian imagery for sports teams now is deemed offensive; even racist by some though that badly distorts the true meaning of racism.

It began with objections to the word "Indian" that led to the now obligatory use of "Native American." As Christopher Columbus thought he had found the "Indies," he called the people "Indians." It was an honest and understandable mistake which political

correctness has turned into an insult.

But the very name "America" was a mistake too. Sixteenth-century cartographer Martin Waldseemuller thought that Amerigo Vespucci, not Columbus, had discovered this new land and therefore labelled it "America" on his map. Should Americans really be insulted because the name "America" was a mistake? Of course not. Let's just be glad he didn't call it "Vespuccia."

Now we are told that it is demeaning to use tribal names and imagery. But how, exactly, does this demean Indians? And is it only Indians? Are the Irish demeaned by Notre Dame's use of "Fighting Irish?" What about Vikings, Trojans, Saxons, Spartans, Swedes, Vandals, Scots, Dutchmen, Gaels, Norse, and "Ragin' Cajuns" - all ethnic group nicknames currently used by college teams.

Being part-Cajun myself, I rather like that last one.

When Florida State University established a football

program in 1947, the team needed a name. The students voted from a list that included Seminoles, Statesmen, Tarpons, Warriors, and - most fun of all - Crackers.

They chose Seminoles because of the obvious local identification and because they wanted the team to be associated with the toughness and tenacity of the Seminole people who had, after all, fought the US Army to a standstill between 1835-42. Racist insult? Come on.

But if even only a few individuals are offended, why do it? Because this isn't about the personal disapproval of a few self-appointed guardians of Indian sensibilities.

The personal is not political. Who made them the judges anyway? More importantly, why should they get to redefine "racism?" Substantively, racism means denying people their legitimate rights because of their race. Preventing black people from voting because they're black is racism. Naming a sports team after an In-

dian tribe is not.

Of course, with their typical tolerance and open-mindedness, liberals dismiss and condemn those Indians who support such use, calling them names like "Uncle Tom-Tom." No racist insult there, right?

I do think that those who object to "Redskins" have half a point; but only half a point. It was a pejorative term. But it was more akin to whites being called "palefaces" than to the truly offensive racial slurs with which it usually is equated. And time has further

softened it.

Today, the word "redskin" refers as much to a kind of potato as it does to Indians. I don't care if the Washington Redskins eventually change their name, but they should not do it because of pressure from hypersensitive cranks who clearly are looking for ways to be offended.

I am proud of FSU for standing up to the ideologically motivated pressure to abandon the Seminole imagery, though this issue won't go away until common sense

returns and people get tired of politically correct goofiness.

FSU's consistent response to the critics, and that of any fan whose team name is similarly attacked, should be to remind everyone that the personal is not political.

Using Indian imagery is not demeaning, it is not insulting, it is not racism. The critics are simply wrong - and very thin-skinned.

In the meantime ... "Scalp 'em, Seminoles!!"

HYPOCRISY

TOM PRATT

A new expose by Glen Greenwald's Intercept seems to shed new light on how a recent drone strike in Yemen killed 12 members of a wedding party.

I have written about the use of drones in the past but it really is getting out of hand. How can Obama and drone operators sitting in front of a computer somewhere in the U.S. possibly sleep at night knowing that they killed innocent civilians in a failed attempt to target a suspected terrorist. How do you make the people killed seem less

than human so that killing them means little or nothing. De-humanizing must be the tool used to manipulate people into committing atrocious acts such as those done during the Holocaust.

According to leaked documents by Edward Snowden and confirmed by a former drone operator, Brandon Bryant, the NSA has a "geolocation" operation known as GILGAMESH. Under this program a device on a drone can not only lock onto a SIM card or cell phone but can also create a fake cell tower that forces a cell phone to lock onto NSA's receiver without the knowledge of the holder of the cell phone. The

cell phone then is presumed to be held by the suspect and a weaponized drone can be deployed to take that person out. The obvious problems are many. What if the phone was sold, given, loaned to an innocent person? What if the suspect is aware of the program and discards his SIM card or phone and it is picked up by someone else? What if it is given to a family member to use when the suspect is not aware of the tactic?

Without people on the ground gathering intelligence vast and horrible mistakes can be made such as the wedding party massacre.

Obama signs authorization for "hits" that only remain active for 60 days, if a target cannot be located within that time frame it must be reviewed. Again according to the former drone operator, it sometimes takes up to 18 months to move from intelligence gathering to getting approval to strike in Yemen, Pakistan or Afghanistan, so commanders often seize on the 60 day opportunity and strike with no regard to how many innocents may be killed because they may not get the opportunity to take out the suspect again.

I have questioned in past articles what would our response be if a foreign country

under the guise of taking out an enemy of theirs sent a drone over from Mexico or Canada and wiped out an entire innocent American family or bombed a U.S wedding party. I am sure it would be a declaration of war. Those Yemeni killed are just as valuable as any American.

I am against war of any kind because I think we have had enough experience to show that everyone loses in a war and would think that human kind should have evolved enough to avoid war at any cost. But if wars must persist I think it unconscionable that because technology makes it possible one can kill without putting oneself in any danger whatsoever and in many cases immune from any kind of prosecutorial discipline if horrible mistakes are made and civilians die.

We simply must abandon the Bush era tactic of calling anyone perceived to be an enemy a "terrorist" and put out a kill order on them. Obama the Nobel Peace Prize winner should be stripped of that prize. He is as much a hawk as Bush and his indiscriminate drone killings should be investigated and he should suffer the consequences of any other killer of innocents. No human being is "collateral".

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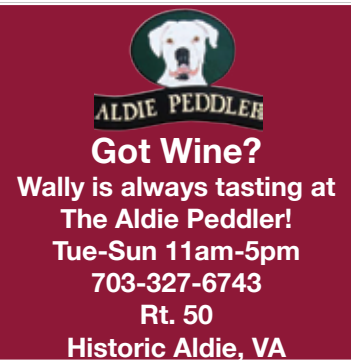
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Rokeby Road-Langhorne Farm Upperville, Virginia • \$9,000,000

450 acres in Piedmont Hunt • Improvements include 4 tenant houses plus many farm structures • VOF easement with 100 acre restrictions • Property is to be sold in its entirety
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Liberty Hill Boyce, Virginia • \$1,900,000

Mountain top retreat with 60 mile panoramic views of the Shenandoah Valley • 215 acres • 1/3 pasture • Main house circa 1787 • 3 BR, 1 BA • 2 fireplaces • Random width pine floors • 2 BR, 1 BA guest cottage • Stone & frame barn circa 1787 • Remnants of formal garden • Old cemetery • Spring fed pond • Gazebo
Paul MacMahon (703) 609-1905 Helen MacMahon (540) 454-1930



Carrington Road Delaplane, Virginia • \$1,300,000

100 acre parcel • Spectacular building site • Mostly open farmland with some mature forest • Great views of the protected Cobbler Valley • Creek and stream run through the property with large pond site • 4 BR perc certification
Ann MacMahon (540) 687-5588 Margaret Carroll (540) 454-0650



Sunken Lane Upperville, Virginia • \$749,000

Prime Upperville location on 11.43 acres • Piedmont Hunt Country • Surrounded by properties in easement • Contemporary home • Stucco exterior • 3 BR • 2 full & 2 1/2 BA, 2 fireplaces • Spiral staircase leads to 8 stall barn • Tack room & office • Property fenced & cross fenced
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Oakfield Upperville, Virginia • \$4,900,000

Stone manor house in spectacular setting • 86.81 acres • Highly protected area in prime Piedmont Hunt • Gourmet kitchen • Wonderful detail throughout • 5 BR • 5 BA • 3 half BA • 3 fireplaces, classic pine paneled library • Tenant house • Stable • Riding ring • Heated saltwater pool • Pergola • Full house generator
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Westfields Middleburg, Virginia • \$1,379,000

Custom home on 10 well maintained acres • Beautifully decorated • Hardwood floors, high ceilings, 4 fireplaces, gourmet kitchen • Large screened porch • In-ground pool and spa surrounded by brilliant garden • 4 stall barn/3 paddocks • Full house generator • Irrigation system for garden
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Keepsake Farm The Plains, Virginia • \$1,195,000

Storybook setting amid large parcels of protected land • Older log cabin with 1800's clapboard farm house attached • Master bedroom with updated en suite bath with handsome upgrades • Charming gardens among peaceful 7+ acres • Perfect for horses • Two stall barn with water and electric
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Delaplane Post Office Delaplane, Virginia • \$400,000

Commercial Zoning • 3,800 sf • 2 separate apartments • Each with 2 bedrooms • Large additional outbuilding • Great possibilities
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Signal Mountain The Plains, Virginia • \$1,950,000

160 acres terracing the Bull Run Mtns. • Stone walls through property • Views across the entire region • Stone & cedar carriage house with 3 bay garage and top of the line finishes • 1/2 acre pond • Gated entrance • Complete privacy • Rare find-great escape
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October Hill Purcellville, Virginia • \$1,325,000

Beautiful farm on 55.24 acres • Lovely views • Contemporary home with 4 bedrooms • 2 1/2 baths • 3 fireplaces • 2 car garage, very private • European style stable with 6 stalls • Tack room • Office, wash stall & apartment • Owner licensed real estate broker in Virginia
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Stone Chase Farm Round Hill, Virginia • \$975,000

Hard to find 17 acre horse farm • Black board fencing & stone walls surround this charming property • Brick home w/ large pool • 5 BR • 2 car garage • 4 FP • Full basement w/ private BR & BA • Kitchen opens to fantastic sunroom • Barn with tack room • Run in sheds • 3 ponds & a creek running through
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Upperville Cottage Upperville, Virginia • \$225,000

Cute bungalow in the village of Upperville • 3 BR • Hardwood floors & built-in china cabinet • Remodeled in 2001 with many important updates such as new septic in 2006, new well pump in 2009, new furnace & water purification system in 2011 and new standing seam metal roof in 2012 • Nice fenced yard and garage/shed
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