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Middleburg Eccentric™

Middleburg's Community Newspaper

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Photo by Liz Caller ~ Featuring Devon Zebrovious

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New Rules for Rentals

Middleburg Town Council Report

Dan Morrow

Following months of discussion, on October 13, Middleburg Town Council adopted formal rules and regulations governing what's commonly referred to as the "Airbnb" phenomenon, or more accurately, "short term rentals" of residential properties in Middleburg of "fewer than 30 consecutive days" duration.

The legislation was driven by often expressed concerns about Airbnb rentals that have been occurring in Middleburg for some time according to Town Planner and Zoning Administrator Will Moore. At issue were also the details of how Salamander Development will provide professional short term rental administration and property management services for owners of new residences planned for construction on its property on the north side of Middleburg.

With the General Assembly in Richmond moving unsuccessfully to pass legislation governing both control and taxation of such rentals and prominent

U.S. Senators calling for FTC probes of "whether short-term rental websites such as Airbnb are taking housing away from long-term renters and pushing up prices" Council's actions, which began as early as its October 2015 work session, have been praised as both prescient and timely.

Key Rules in Brief

Who can rent?

A room or space may be rented out for no more than a total of 30 consecutive days:

1. ONLY if it is part of a building primarily used as a residence; 2. ONLY if any applicable state and local taxes are collected and reported on the rental; and 3. The rental does NOT include group occupancies, defined as "simultaneous occupancy by more than one party under separate contracts."

Where can such rentals take place?

ONLY in properties located in R-1, R-2, or R-3 zoning districts, and ONLY if the owners of those properties have obtained a Special Use Permit from the Town Government. Each permit will take into consideration the rental's "potential impacts on surrounding properties and the community as a whole."

What other standards and requirements must be met?

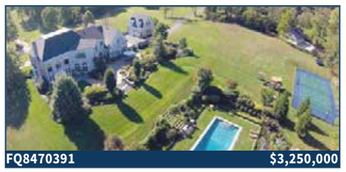
A written, formal, property management plan must accompany any and all requests for a rental permit. Among other things it must include: a 24-hour-a-day means of contacting the property owner or manager, who themselves must stay within 20 miles of Middleburg for the course of the rental; "how-to" instructions for booking and managing rentals; procedures for collecting and reporting fees and taxes; floor plans; contacts for emergency repairs; and access, upon request, for the Town's zoning administrator or staff to conduct inspections.

Continued page 19

Request in homes by Thursday 10/20/16
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FQ8470391 $3,250,000

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Scott Buzzelli 540.454.1399 | Peter Pejacsevich 540.270.3835



SH9657198 $1,200,000

292 HITE LN, STRASBURG - Mt. Pleasant, c. 1812. Beautiful Federal manor home of brick crafted on-site. Original heart pine floors, beautiful millwork. 5 BR, 5 BA, 8 FP. High ceilings, great flow for entertaining. 107 Ac. Country kitchen with fireplace, tenant house, bank barn, spring house. Perfect weekend retreat, year around residence, B&B. 1+ hr to DC. National Register.

Carole Taylor 703.577.4680 | George Roll 703.606.6358



LO8763606 $1,099,000

39207 JOHN MOSBY HWY, ALDIE - Historic home c. 1803 in the heart of Aldie, beautifully restored interior, private front and back porches, stunning swimming pool with exceptional outdoor entertainment center, gazebo and hot tub, exquisite professionally landscaped gardens all beautifully manicured, brick walkways, extensive patios, fencing. Detached art studio and 2 car garage. Must see!

Scott Buzzelli 540.454.1399 | Peter Pejacsevich 540.270.3835



LO9652822 $945,000

35653 MILLVILLE RD, MIDDLEBURG - LOCATION! Lovely 4BR/3.5BA home with spacious rooms on 18+ acres just minutes from Middleburg. Two-stall barn/tack with four stone/board-fenced paddocks, terrific rideout. Middleburg Hunt. Enhanced by high-speed Internet, whole house generator, extensive Invisible fencing. Mountain views, soaring magnolias, wonderful gardens.

Walter Woodson 703.499.4961 | Alex Woodson 703.608.1776



FQ9686729 $915,000

9572 BRIAR LN, DELAPLANE- A gem of a custom built stucco house on 11 acres between Upperville and Delaplane. High ceilings with large windows for natural light. Three bedrooms with three and one half baths. Extensive trim work, decorative finishes and designer fixtures throughout. Architecturally designed vaulted ceilings in living room with fireplace. House is in mint condition and has 3100 sq feet of living space.

Ted Eldredge 571.233.9978



LO9500466 $899,900

LEITH LN, MIDDLEBURG - Lovely Berry Hill Farm (c.1815) expanded in 1988 and renovated in 2015, boasts thoughtful changes that meet modern expectations but retain all the home's historic charm. 10-acre Middleburg hunt country gem features a spring-fed pond, two large paddocks, 2-stall stable, and scenic grounds with exquisite landscaping. Inside, spacious bright rooms warmed by fireplaces and large windows. Video tour at YourCountryHome.net/BerryHill.

Kim Hurst 703.932.9651 | YourCountryHome.net



LO9602932 $869,000

40276 IRON LIEGE CT, LEESBURG - 7000+ square foot stone-front home at end of quiet cul-de-sac in beautiful Beacon Hill. Great location, tucked away & backing to acres of grassy community open space. Craftmark-built 5BR home features multiple FPs & 2 bright sunrooms to let in daylight & view. Established luxury community; commuter's dream, just off Greenway. Ken Culbert Elementary School. Google "Youtube Kim Hurst Presents" for video tour!

Kim Hurst 703.932.9651 | YourCountryHome.net



LO8731662 $850,000

35469 MILLVILLE RD, MIDDLEBURG - Animal swim center, equine/canine hydrotherapy,15+ acres, 2 parcels, darling 2 BR cottage with gourmet kitchen, granite, SS, wood floors, fenced yard, deck; 24 stall barn, new fencing, multiple paddocks, run-in shed, ring, incredible ride-out, multi-bay garage/shop, indoor circular 12 ft deep swim pool and linear 4 ft deep hydrotherapy pool, wash area.

Joy Thompson 540.729.3428 | JoyThompsonHomes.com



LO8105401 $850,000

23085 PANTHERSKIN LN, MIDDLEBURG - Exceptionally spacious brick house with rooftop observatory minutes from Middleburg in private setting. Large master suite with lots of closets. Open and bright. Family room with fireplace connects to open kitchen overlooking pond. Large mud and 4 car garage with work benches. Finished LL with in-law suite includes BR, living room with fireplace, kitchenette, media room & work/storage rooms.

Scott Buzzelli 540.454.1399 | Peter Pejacsevich 540.270.3835



LO9669995 $639,900

18156 AIRMONT RD, ROUND HILL - Scenic driveway on beautiful 3 acres leads to brick home with 4BR, 3BA, updated kitchen and baths, large screened in porch off of kitchen, 4 stall barn, completely fenced with 3/4 board, 2 car garage, plenty of parking. All hardwood floors on main level! Improvements in recent years: windows, garage door, microwave, fridge, painting, & more. Gorgeous setting minutes from Round Hill!

Rocky Westfall 540.219.2633



FQ9767174 $630,000

11529 PUTNAMS MILL RD, HUME - Ramey House Farm, c.1858. Authentic country property exudes charm & historic character. Gracious center hall foyer with gorgeous staircase. Serious cooks Aga gas range. 2-Stall barn, fenced. In ground pool. Great ride out. Old Dominion Hunt territory. 17 acres. Perfect weekend getaway or full time residence. Beautiful lightly traveled country road. 1 hr to DC.

Carole Taylor 703.577.4680 | George Roll 703.606.6358



LO9774637 $595,000

39243 JOHN MOSBY HWY, ALDIE - Gorgeous home in the heart of Aldie, Virginia. Sitting on 2.3 acres, the home is private yet easily accessible from town. Detached buildings include a studio office, garden sheds, party barn, and garage. The home is charming from the moment you step through the door! Multiple sitting rooms with peaceful views from every window! There are 3 bedrooms & 3 full bathrooms, hardwood floors throughout.

Scott Buzzelli 540.454.1399 | Peter Pejacsevich 540.270.3835

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News of Note

Middleburg Film Festival Opens Sensational Season

Top filmmakers, talent and industry leaders meet in Virginia Hunt Country to showcase and examine evolving trends



Film lovers from around the world are arriving in Middleburg, Virginia for the official Thursday opening of the Middleburg Film Festival, Sheila Johnson's brilliant idea and gift to the region.

"We cannot believe how the Festival is developing," Johnson explained. "We were frightened in our first year, hoping that people who loved film as much as we did would appreciate what we were trying to create."

"This year, the Festival's success is apparent everywhere. The films are exceptional, the actors, directors, musicians, critics and leaders who are on the program are brilliant. And, we have fantastic help from 165 volunteers. In our first year there were six. I believe we've been able to bring the MFF to the highest level of quality for our sponsors and patrons."

The Festival offers four days of fantastic films in a spectacular setting, only 30 minutes from Dulles International Airport and just one hour from Washington, D.C.

A carefully curated selection of narrative and documentary films screen in intimate theatre environments, followed by fascinating Q and A's with world-renowned filmmakers, actors, and other special guests. The films include festival favorites, world premieres, first-class foreign films, and Academy Award contenders.

"I want to personally invite everyone to join me Oct. 20-23, 2016, to see some wonderful films in a truly spectacular setting," Johnson told the Eccentric. "The Middleburg Film Festival is an exciting opportunity to celebrate two of my favorite things by bringing the best in independent film right here to the town I love."

As both an avid filmgoer and film producer, Sheila understands the power of films.

"Movies have a rare and magical ability to inspire, to educate, to engage and entertain. They lift us up out of our everyday lives, help us see others' points of view, and build new bridges of empathy and understanding."

According to Johnson, the Festival showcases independent films selected for their exceptional craft and creativity. These visionary films push boundaries, challenge convention, and often try things no one else has dared to dream.

And where better to host a film festival than in Middleburg, Virginia, one of the most beautiful places on earth?

"Middleburg has been my home for nearly 20 years, Johnson noted. "I'm honored to give people from all over the world one more reason to visit this very special region. And I'm delighted that the Middleburg community will have the opportunity to experience some truly extraordinary films together.

Included in the Festival are:

American Pastoral Award-winning actor Ewan McGregor's directing debut is a crime drama based on Philip Roth's Pulitzer Prize winning novel of the same name. Featuring an all-star cast including McGregor, Dakota Fanning, Academy Award winner Jennifer Connelly and Uzo Aduba (*Orange is the New Black*).

Set in the turbulent 1960's, a man's life starts to fall apart after his daughter's political consciousness threatens to destroy his family…

La La Land, THE SATURDAY NIGHT CENTERPIECE, Academy Award nominee Damien Chazelle's (Writer/Director, *Whiplash*) truly special film starring the perfectly paired and incredibly talented Emma Stone as Mia, and Ryan Gosling as Sebastian.

Both struggling artists, Sebastian, a jazz musician, and Mia, an aspiring actress, fall madly in love in the "City of Stars". TICKETS SOLD OUT for both screenings. Rush (Wait) line for Sunday screening only.

Jackie, Natalie Portman's homage to the grief-stricken First Lady in which the images of Jacqueline ("Jackie") Bouvier Kennedy in her pink, blood-stained suit and pillbox hat are seared in our memory from that fateful day when her husband, the 35th President of the United States, was gunned down as she rode with him in an open car in Dallas, Texas. Natalie Portman gives a riveting performance as Jackie. With all eyes of a bereft nation upon her, we witness Jackie privately struggling with her grief.

Also must viewing is **I AM NOT YOUR NEGRO**

One of the best documentaries films of the year. In a span of five years, three important men were tragically assassinated: Medgar Evers on June 12, 1963, Malcolm X on February 21, 1965, and Martin Luther King Jr., on April 4, 1968. All of them were black. Writer James Baldwin was planning to write about them, but died before completing 30 pages. Director Raoul Peck's powerful documentary envisions the book Baldwin never finished, using the writer's original words.

THE EAGLE HUNTRESS

Aisholpan, a 13-year-old nomadic Mongolian girl, comes from a long line of gifted golden eagle hunters and will be at the Festival to discuss her film. A skill passed down through 12 generations of her Kazakh family, Aisholpan dreams of hunting with her own golden eagle — but it's always been the domain of men. It takes great skill, strength, and endurance to train an eagle to attack and capture foxes in the harsh, unforgiving winter landscape.

LION – The OPENING NIGHT FILM

Searching for his older brother, a 5-year-old Indian boy named Saroo boards a train that takes him thousands of miles away from his home in Calcutta. Forced to survive as a street kid, Saroo is eventually placed in an orphanage and adopted by a loving Tasmanian couple (Nicole Kidman and David Wenham). He grows up continents away from his birthplace. Followed by conversation with VERY SPECIAL GUESTS ON OPENING NIGHT!

There shall also be music.

CONCERT HONORING FILM COMPOSER HENRY JACKMAN

One of the festival's most popular and anticipated events is the Symphony Orchestra Concert and Tribute to our Distinguished Film Composer Awardee. This year, MFF is delighted to honor film composer Henry Jackman. The Shenandoah Symphony Orchestra, under the direction of maestro Jan Wagner, will perform the world premiere of suites from films scored by Jackman.

Important Discussions:

KEYNOTE CONVERSATION WITH CHERYL BOONE ISAACS

MFF is delighted to welcome Cheryl Boone Isaacs, the President of the Academy of Motion Picture Arts and Sciences for this year's keynote conversation. Boone Isaacs will discuss her role at the Academy, including recent and ongoing efforts to make Hollywood more inclusive for women and people of color.

POLITICS, PRESIDENTS, & THE MOVIES: A CONVERSATION WITH DAVID GERGEN

On the eve of the Presidential election, David Gergen talks with longtime NY Times film and literary critic Janet Maslin about his experience working in the White House for four presidents. He'll compare the real-life Commanders-in-Chief to how they're portrayed in popular films, such as *All The President's Men, Nixon, Frost/Nixon, and Lee Daniels' The Butler.*

WOMEN IN FILM: CHANGING THE NUMBERS

The statistics for women working behind the camera are dismal. Despite years of talking about the problem, little has changed. What are the solutions?

PANEL:

Angie Fielder (Producer, Opening night film, *Lion*)

Lauren Versel (Producer, *Custody, The Last Five Years*)

Bo Derek (Actress, Producer)

For more information and details, please visit http://middleburgfilm.org/

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News of Note

Clays For Hope, Hops For Hope

Benefits National Center For Missing and Exploited Children



Photo by Chris Weber

Lauren R. Giannini

The National Center for Missing and Exploited Children, a 501c3 non-profit founded by John and Revé Walsh and other child advocates in 1984, will benefit from two fund-raisers in Fauquier and Loudoun Counties, Clays for Hope and Hops for Hope.

"The goal with any event for the National Center for Missing & Exploited Children is to give people the opportunity to connect with and offer support for our mission," said John Walsh. "We believe that protecting children is a responsibility that we all share and if we give people the chance to do their part, they will want to help. The National Center could not do the work that it does without support from our partners and friends and we're always grateful to see new people join the fight to keep kids safe."

On November 5, Clays for Hope takes aim to raise vital funds to help the NCMEC protect children by bringing together enthusiasts for a day of sport shooting in Delaplane. A maximum of 25 teams with 5 shooters each will gather at Bear's Den Farm where the call of "PULL!" signals the launch of a clay pigeon. There's a rotation with one shooter at a time in a pre-determined rotation. According to enthusiasts, it's a fun spectator sport for non-participants, who quite often find themselves taking up sport shorting.

Clays for Hope begins at 10 a.m. and goes until it's over, probably late afternoon. The event includes lunch for participants and sponsors. The cost to participate is $500 per 5 person team. Team places are going fast, so get cracking. Sponsorships also benefit NCMEC, and individuals and groups are encouraged to sign up. Please direct all inquiries for Clays for Hope to: RSVP@ncmec.org

Hops For Hope takes place on December 3, thanks to Adrian Widman, former NCMEC staff member, at his Ocelot Brewing on Overland Drive, just off Route 606, Dulles. Widman continues to hold the National Center close to his heart and got the idea to brew a batch of beer with all proceeds benefitting the mission to bring missing kids home safely.

For more information about NCMEC and its special events: http://www.missingkids.org

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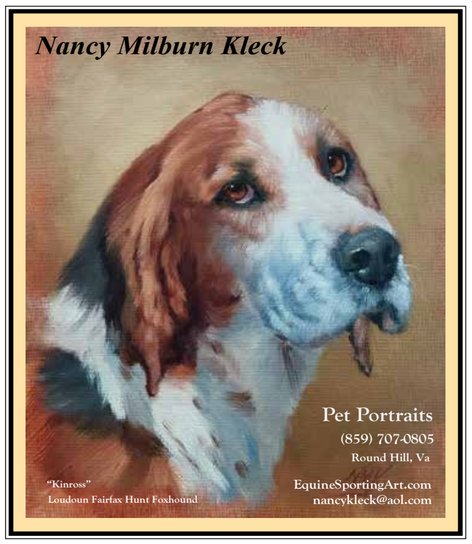
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Catesby Farm Events Center Opposition Builds

Renss Greene/Loudoun Now

Nearly 40 western Loudouners turned out at a Oct. 12 public hearing to oppose plans to operate an events and banquets center at Catesby, perplexing supervisors.

If supervisors approve Michelle LaRose's application to open an events and banquets center at her family's property on Welbourne and Willisville Roads west of the Village of St. Louis, the family can hold 20 events each year at that property with up to 200 people at each and with at least a week in between.

But if supervisors turn down the application, the LaRoses can open what Loudoun rules call a bed and breakfast country inn without asking for permission from the board. Under the country inn designation, the property could host as many as 100 people every day of the year, and hold 20 events each year with no limit on the number of guests, and also have people spending the night, theoretically, up to 40 rooms every night. Michelle LaRose told the board if her application is not approved, "we fully intend to pursue other by-right uses."

So why are residents across western Loudoun pushing against this self-limiting application so fiercely?

Thirty-five speakers from as nearby as next door and as far away as Bluemont spent a late night asking the board to turn down the Catesby Farm application, and many more signed a petition in opposition. The historic Catesby Farm property is in conservation easement and at the site of the Civil War Battle of Unison in 1862.

"This place still looks essentially like it did 150 years ago, and it was on these very fields that thousands of cavalry and infantry of the advance guard of General George McClellan's Army of the Potomac faced the guns and cavalry of General J.E.B. Stuart," said Steven Chase president of the Unison Preservation Society.

"Controversial Catesby sits in the heart of an area so well preserved to date that a Civil War soldier, brought forward 154 years from the day he'd fought there on November 2, 1862, could recognize exactly where he stood," said Richard Gillespie, executive director of the Mosby Heritage Area Association. The association is one of a number of historic preservation and conservation groups that have joined the opposition to the application.

Catesby Farm is also next to Willisville, a village founded by free blacks shortly after the Civil War.

"I can stand there and know that the blood, sweat, and tears of many people who endured the hardship of slavery, they initiated and bore fruit there," said Kevin Grigsby, whose family traces its roots through Willisville. "I know that that ancestor who was a slave, couldn't read, couldn't write, that they started their journey there, in a place like Willisville."

Grigsby is the author of "Howardsville: The Journey of an African American Community in Loudoun County, Virginia" and "From Loudoun to Glory," which trace African-American history in Loudoun County during and after the Civil War.

The LaRoses have purchased two additional parcels, bringing their property holdings up to 241 acres, to provide access to the estate from Willisville Road without sending traffic down narrow Welbourne Road. The family doesn't live on the property, and Stearns said they want the property to generate some income to pay for maintenance. The two new parcels are right next door to James Hennigan, who worries about event traffic going by his home.

"We thought since these farms were in easement that we were good, that nothing drastic was going to happen around us," Hennigan said. "Not that I would consider this drastic, but certainly it's going to be a huge interruption in our way of life."

And Bill Ferster lives on a property next door, overlooking Catesby Farm.

"If they were really worried about making money, there are a lot of other ways to make money off this property," Ferster said. "I don't know what they're up to, why they want to do it, that's their business, but it's an inappropriate use."

Despite the potentially much busier prospect of a country inn over what the LaRoses are applying to do, residents around the area say a bed and breakfast or country inn would be more in keeping with the character of the area.

Donohue & Stearns attorney Frank Stearns, who is representing the LaRoses in the application, said the LaRoses recently inherited the property from their father and that "they are willing to limit themselves for the certainty of knowing they'll be able to do it."

"Let me just say, they tried from the beginning to have as minor impact on this neighborhood as they can, and that's why they came forward with what they thought was a reasonable, limited proposal to help the people in the vicinity know that they were not trying to create an issue," Stearns said. "And I must say, I am greatly surprised by the level of hostility that has arisen.



Photo by Renss Greene/Loudoun Now

Julie Diehl speaks in opposition to the Catesby Farm application as the LaRoses listen.

And a handful of people spoke out in support of the LaRoses.

"Scott [LaRose] is the type of neighbor I would like to have, and even if I didn't know all that I know about Scott and his family, I would still support this," said Paul Burkard, who said he has worked with the LaRoses for years. "He and his family, they're good people."

Even western supervisors, who have often opposed projects that threatened historic and scenic areas, seem baffled that residents are asking them to turn down the application, when the applicant has threatened to operate as a country inn if the application is denied.

"That use is much more intensive than what they're proposing," said Supervisor Geary M. Higgins (R-Catoctin). "It defies logic for me that that's what you would want, because you're going to get worse. Now that's just the way it is."

And Supervisor Tony R. Buffington Jr. (R-Blue Ridge), whose district includes Catesby Farm and who has met with residents in the area, seemed surprised and perplexed.

"This is not what I was expecting tonight," Buffington said during the public hearing.

Grigsby said either way, the county's historic resources could suffer. He said on individual applications when the county counts its costs, it doesn't always include its history in the discussion.

"I always have this fear that I'm going to be an old man at some point going before the Board of Supervisors talking about not allowing some massive subdivision to wipe out Howardsville or Willisville, because we don't quite have the protections there," Grigsby said. "The way county staff explains the impact of this or that, that historical impact isn't part of the conversation."

"I don't know how I'm going to vote yet," Buffington said. "We're not there yet. I heard you loud and clear just now."

Supervisors pushed the decision first to Nov. 17, but later to Dec. 6. The board will try not to meet Nov. 17.

"If we were going to move it, I didn't want to move it sooner," Buffington said. "I wanted to move it farther way to have more time to deal with the public and the applicant."

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News of Note

Inova Loudoun Hospital's Medical Surgical Unit Receives AMSN PRISM Award® for Exemplary Practic

One of only 16 hospitals in the U.S. to receive this honor

The Medical Surgical Unit at Inova Loudoun Hospital has received the prestigious AMSN PRISM Award®, a relatively new honor recognizing exceptional nursing practice, leadership, and outcomes in hospital medical-surgical units across the country. Inova Loudoun Hospital is one of only 16 hospitals in the U.S. to receive this honor.

The award, which stands for "Premier Recognition In the Specialty of Med-Surg," is the first of its kind honoring medical-surgical nursing units in the United States. It is co-sponsored by the Academy of Medical-Surgical Nurses (AMSN) and the Medical-Surgical Nursing Certification Board (MSNCB). The award is given to outstanding acute care/medical-surgical units that achieve sustained excellence in nursing.

Officials representing AMSN and MSNCB presented the Medical Surgical Unit at Inova Loudoun Hospital with the AMSN PRISM Award plaque during a ceremony on Friday, September 23 at Inova Loudoun Hospital. The achievement of this award by the Inova Loudoun unit will also be announced at the AMSN Annual Convention; on the AMSN and MSNCB websites and social media sites; and in AMSN and MSNCB publications.



Gwen Mulholland MSN, AGCNS-BC, RN-BC, CWOCN, CMSRN, CFCN-AMSN; Jennifer Kennedy MSN, RN, AMSN Board of Directors; Alison Smolsky, MSN, RN, NE-BC, Patient Care Director, Medical Surgical & Oncology Units at Inova Loudoun Hospital; and Jacquelyn Harmon, Nurse Manager, Medical Surgical & Oncology Units at Inova Loudoun Hospital

"It is an honor to be recognized for our teamwork, quality work environment, and excellent patient outcomes. This team is dedicated and committed to deliver exceptional care to our patients and community," said Alison Smolsky, MSN, RN, NE-BC, Patient Care Director, Medical Surgical & Oncology Units, Inova Loudoun Hospital.

Hoping to inspire nurses to strive for the highest levels of patient safety and quality, AMSN and MSNCB launched the award in October 2012. The award also reflects the compassion, commitment, and connection that characterize medical surgical nurses.

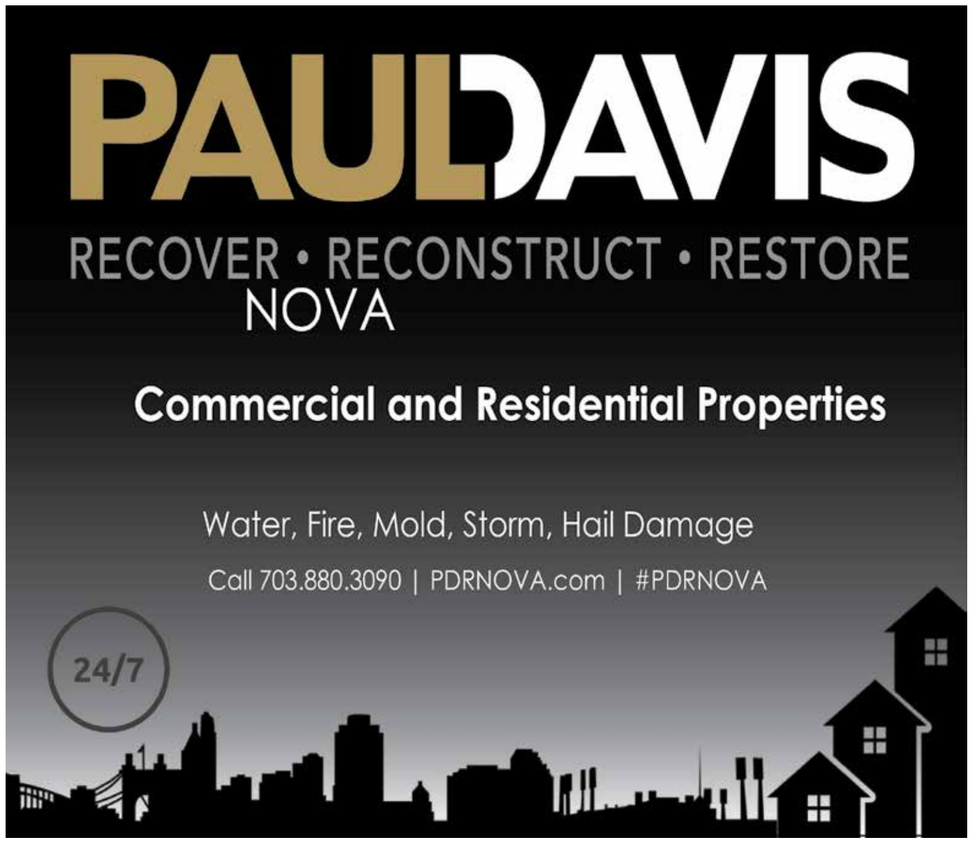
Specifically, the award celebrates units that exhibit:

- *Effective leadership*
- *Recruitment and retention of competent staff members*
- *Evidence-based practice*
- *Positive patient outcomes*
- *A healthy work environment*
- *Lifelong learning of unit staff members*

There are more than 600,000 medical-surgical nurses practicing in the United States today, making them the single largest group of specialty nurses working in hospital settings, according to AMSN. Med-surg nurses oversee a broad spectrum of patient care responsibilities, another reason the acronym "PRISM" was chosen for the award.

For more information about AMSN and the AMSN PRISM Award, visit amsn.org or contact the association at amsn-info@amsn.org or 866-877-AMSN.

Loudoun 170, Daughters of the Confederacy will host a Halloween event Saturday, October 29, at Middleburg Baptist Church. Starting at 4:00 pm, Eric Buckland and Don Hakenson will make a presentation on the Mosby's Rangers buried at Sharon Cemetery, followed by a lantern-light tour of the Cemetery at 5:00 pm Refreshments and books will be available for purchase following the tour. An admission donation of $15.00 is requested with all proceeds used to mark the graves of the Mosby's Rangers at Sharon.



A Whale of a Tale



For most of us who live and or work in the country, the idea of urban fishing goes on the back burner as there are many more beautiful serene places to fish and that hold fish with a better reputation than the one I fish for. I am an avid semi professional carp fisherman. Yep that's right the four letter word of the angling community CARP. Carp a much maligned fish in the angling community can trace its urban roots back to the 1800s when it was brought to the united states(Baltimore) as a food fish for the increasing numbers of immigrants and non immigrants who were building the infrastructure (hi ways and railroads) of the United states. When the holding ponds in Baltimore filled up, they were transferred to the lakes on what is today the national Mall and those carp were distributed to every state in the country by the department of fish and wild life. The Potomac river and the tidal basin are two of the best carp fishing areas in the world. The tidal basin holding the largest carp ever caught in the USA and weighed on a certified scale(1983) for many years at 57.13 lbs. In Europe where carp fishing is a multi billion dollar industry the record is I believe 80 plus pounds. For those of you fly fishermen and women if you really wanna have fun try fly fishing for carp. Think of it as a freshwater bonefish on steroids. Imagine the screaming runs of a 30lbr that will test your knot tying , drag settings and get you into the backing before you blink an eye. No charters to belize necessary .

The picture is in Austin texas and that fish is about a 25lb White Amur (aka grass carp) I was in Austin for the Austin City Limits music festival and scheduled an extra day just for some urban fishing.. Since 2004 I have traveled to town lake (now called lady bird Johnson lake). to fish for some monster carp in the annual Austin Team Championships held by The Carp Anglers Group (CAG) . Town lake is also in the top ten of carp fishing lakes in the country if not the world , yielding the current texas state record fish a few years back with a $250,000 prize.

It is an adventure to fish in the middle of a city, from the comments from passerbys to the shadows of the big buildings it provides a unique backdrop for one of Americas favorite pasttimes.

Wanna try your hand at it come visit me at the store and lets plan a quick getaway to DC to fish for what mark twain called "queen of the river " and In -Fisherman Magazine called "the worlds greatest sportfish"..





News of Note

Raising Awareness and Financial Support For 'A Place To Be'



Photo by Sharon Hallman

Forrest Allen

For years, I was silent, stuck in a body that could no longer do the things I had once been able to do. A traumatic brain injury in 2011 left me facing many challenges. I forgot what fun was, what my purpose was….who I was. But, on October 1st of this year, I stood on stage at The Hill School as part of the A Place to Be performance of The Same Sky Project and I was reminded of my purpose.

After being unable to speak for over a year and a half, it was very cool to be able to look out into the audience that night and see my family and the community that had supported and loved me throughout my journey, to see them laughing and cheering.

About a year after my accident, I started having sessions with music therapist and APTB co-founder, Tom Sweitzer. At first, I couldn't do anything except just work on my breathing. Then I began to open my hands, and start to lightly play bells, tap drums and hum. Tom helped me to gradually turn my hums into words – it was during a session with him that I said my first two words… "Good morning." Since then, I have been able to participate in sessions, groups and performances, like The Same Sky Project. APTB is an amazing place filled with love, fun and friendships. APTB helps me, and others with difficult challenges, to grow, find their self-worth, value and then to help others find their own place to be in this world.

The goal is for APTB to never have to turn away a family in need and the October 1st fundraising event at The Hill School was in support of that goal! This event was also the annual premiere performance of the Same Sky Project.

Tom Sweitzer explains, "Our Same Sky Project this year consists of two original musical productions, created in large part by and for our clients. The first, Behind the Label is in its fifth year and has been performed for more than 25,000 middle school students, sharing its message of empathy, courage, acceptance and hope. Entirely new this year, A Will To Survive, is an inspiring music driven Rock Opera, addressing teen depression, suicide prevention, and accepting yourself and others, no matter what challenges you face. This production will inspire and educate thousands of high school students about better ways to manage life when it just seems too hard to handle."

The Forrest Stone Allen Financial Aid Fund was created to provide financial support for families so that they may have the same opportunities that I have had to grow and to heal through the therapeutic arts at APTB. Music Therapy and other art therapies are often not covered by insurance. One out of every six families at APTB is in need of some form of financial aid. The evening was a huge success due in large part to the generous support of our sponsors, The Red Fox Inn, Salamander Resort and Spa, Backstreet Catering, Emmett Design, The Hill School, Artistic Concepts and Melodee Music.

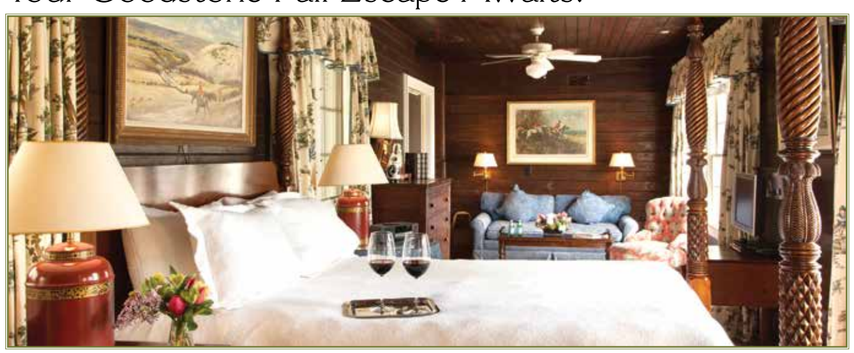
For me, this event is about paying it forward, about being able to help others. For so long, I was the one that needed intense therapies and assistance just to get through my day. APTB was a huge part of giving me hope and taking my life back. Now that I am stronger, I want to support other individuals and families that need help getting the services that could change their lives like it did for me. It is hard for some families to pay for the sessions and groups that they need. By the end of the October 1st event, thanks to the generosity of this community, we raised enough money to cover all of the financial aid needs at APTB for the next year!

Even with this huge success, continued support is needed to keep the doors of APTB open. We are always in need of new donors and sponsors to help spread the joy, love and laughter that APTB brings to so many lives. So if you want to help make the magic, check out APTB.

I have another big surgery in November at Johns Hopkins Hospital. I think it's my 29th surgery, but I plan to be back to sing again at the APTB Holiday Recital on December 2nd.

The mission of A Place to Be (APTB) is: Helping people face, navigate, and overcome life's challenges using the therapeutic arts. For more information about APTB, its programs and the populations APTB serves visit aplacetobeva.org

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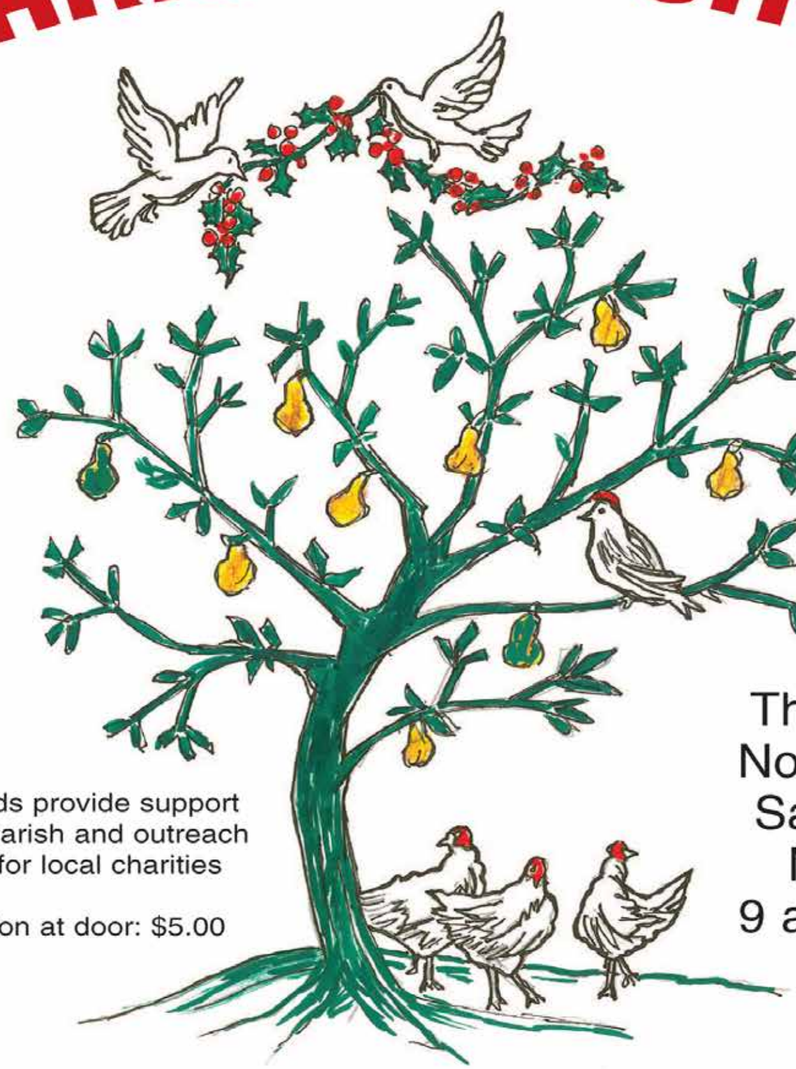






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News of Note

Goodstone Named One of 100 Best Restaurants in America

OpenTable, the popular online dining reservations service, has named the Restaurant at Goodstone in Middleburg, Virginia, one of the "100 Best Restaurants for Foodies in America for 2016."

The list of honorees is based on an analysis of over 5,000,000 reviews of more than 20,000 restaurants across the country, collected from verified Open Table diners.

The Restaurant at Goodstone features state-of-the-art, seasonally inspired dining with a farm-to-table emphasis. The menu offers exquisite French cuisine and showcases the freshest of vegetables and herbs from the Farm at Goodstone.

"Goodstone is thrilled to receive this honor from Open Table diners," said Restaurant Manager Mimi Schneider. "The Restaurant at Goodstone is dedicated to providing our guests with an unparalleled farm-to-table dining experience, exceptional service and ambience."

The Open Table accolade is the latest in Goodstone's recent awards, including Wine Spectator Magazine's 2016 Award of Excellence; TripAdvisor's 2016 Certificate of Excellence; Condé Nast Johansens' 2016 Award for Excellence Finalist in Best for Romance Category for Canada, USA, Mexico and Central America; and Loudoun Times-Mirror's Best of Loudoun, First Place Best Bed & Breakfast.



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News of Note

Rich Gillespie to Retire from Mosby Heritage Association Jennifer Worcester Moore to be Executive Director



Jennifer Worcester Moore



Rich Gillespie

The Mosby Heritage Area Association (MHAA) recently announced the 2017 retirement of their current Executive Director, Richard T. Gillespie. Gillespie will retire January 1, 2017 and assume the role of Historian Emeritus for MHAA, continuing to be allied with the organization in a consulting role. MHAA considers this new role to be critical, in that Gillespie's considerable knowledge of area history will continue to be valued and utilized in MHAA's school and public programming.

Gillespie has been in the public history field since 1967 when he began interpreting the beginning of the American Revolution at Lexington, Massachusetts while still in high school. He attended the College of William and Mary and began a 30-year history-teaching career at Loudoun Valley High School in Purcellville, Virginia, while also working as a seasonal ranger at Harpers Ferry National Historical Park for many summers.

Gillespie retired from teaching in 2004, beginning a new career as the first educator for the Mosby Heritage Area Association.

Jennifer Worcester Moore, a native of Hamilton, VA, has been appointed the new Executive Director for the preservation organization. During his teaching career, Rich Gillespie taught Jennifer Moore in American History, the class that launched her into the history field. Due to Gillespie's class, Moore discovered that history was the direction she would pursue at Mary Washington College (now the University of Mary Washington), from which she was graduated with a degree in American History in 2003. Immediately following her graduation, Moore began work with the Waterford Foundation, helping with the preservation operations of the National Historic Landmark Village for almost five years.

She went on to work with the Journey Through Hallowed Ground Partnership for five years. In 2012, Moore expressed her interest in working for the Mosby Heritage Area Association. Gillespie worked with then-Executive Director Judy Reynolds and MHAA Vice President Paul Ziluca to create a new position for her, hoping to utilize her skill set. Now MHAA has named Moore the next Executive Director. Moore notes, "As his former student, this transition speaks to the impact that Mr. Gillespie has had on thousands of students, helping them find their niche in the world and empowering them to pursue history as a passion, and if possible, as a profession."

Gillespie and Moore have worked closely with the officers and board of the Mosby Heritage Area Association to ensure that the staff transition will be smooth. Gillespie says, "Jennifer Moore has the experience, organizational skills, and institutional knowledge of MHAA to bring to bear. I am extremely confident in her ability to lead."

Also starting in January, Kevin Pawlak will assume the role held by Gillespie for a decade, as Director of Education for MHAA. As the current Education Specialist, he has strong interpretive programming skills, National Park Service interpretive training, and a burgeoning knowledge of the area's historical landscape from having partnered with Gillespie and eagerly engaging in his own research.

Pawlak is a published historian, a Licensed Battlefield Guide for Antietam National Battlefield, and an acknowledged expert on the Battle of Shepherdstown that followed Antietam two days later. Pawlak attended Shepherd University, and strengthened his historical chops researching his college town's Civil War experience. He also worked at Harpers Ferry National Historical Park while at Shepherd University.

The Mosby Heritage Area Association feels enormous optimism going forward, both due to the recent tweaking of its "Preservation through Education" mission with a new web site and expanded programming, as well as through this minimally-invasive administrative restructuring approach.

Moore is confident that MHAA will be "utilizing the various talents of each person while not having to lose the valuable expertise brought by Rich Gillespie after his retirement." She is excited about helping the public to know exactly what MHAA does in terms of mission and programs.

"The Mosby Heritage Area Association has been launched into their current position of excellence with the help of Rich Gillespie's unmatched experience in education. Our school programs—programs that reached 4,800 students in the 2015-16 school year—are excellent, and are the signature offering of MHAA.

The mission of the Mosby Heritage Area Association is Preservation through Education—to educate about the history and advocate for the preservation of the extraordinary historical landscape, culture, and scenery in the Northern Virginia Piedmont for future generations to enjoy. For more information, visit www.mosbyheritagearea.org.

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Derrico

Chris Weber









In August I attended a local concert at Middleburg Common Grounds by the newly formed band "Derrico". It was the first time I'd seen or heard the group. In fact, it was the first time anyone saw them as a band as it was Derrico's debut concert.

The goal was to raise money for "A Place to Be", a local treatment center which helps People with Autism, Asperger's Syndrome, Down Syndrome, Cerebral Palsy; Emotional Challenges of coping with bullying or self-esteem issues. And Tourette's Syndrome, the affliction Daniel Derrico himself deals with on a daily basis and how he came to be involved with "A Place to Be".

A Place To Be provides services for over 200 families each week, using music therapy to help cope with these and other issues. Daniel Derrico himself benefited from the program, and his band grew out of that experience.

Jason Price explains; "Each of us is connected to APTB in some way" "

"One of the reasons I took on this challenge of assembling a band and setting up a public concert is because I want to face my fear of public performance. I've played guitar for decades and I got involved in music recording and production at an early age. As a producer, my audience only hears the final perfected song. They don't hear the hours of takes and mistakes being perfected behind the studio doors. When you play live, you've got to be on your game and ready to overcome any performance issues in that moment. It's a different skillset and one I'm looking forward to refining.

The song that Daniel wrote "No Fear" definitely resonates with me. It is a reminder that no challenge can withstand the force of confidence and persistence." – Jason

Having seen the interview on WUSA9, I asked about David Pittman mentioned in the interview, and if he had been a particular inspiration for Daniel.

"Yes! Dave is such an inspiration to myself and many others who are dealing or have dealt with Tourette Syndrome, and even those who have not. I had the honor of meeting him when he came to perform at the Hospital I was at in Wisconsin called Rogers Memorial Hospital. He gave a very moving, and intimate performance for all the residents and staff, and I have kept in touch with him periodically since then." replied Daniel Derrico.

As to how music therapy actually helps in a real way to assist with various challenges, Daniel explained how in his own experience it has actually helped to reduce his tics and his reliance on medication.

"My tics are actually pretty minimal at this point. I can definitely notice when I am singing, whatever tics I may be struggling with do not interfere. I think a lot of other performers who deal with Tourettes and even stuttering can; …I credit Tom Sweitzer, Kim Tapper, and everyone at A Place To Be for helping me get to where I am today."

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News of Note

The Liberation of New Oxford

Chris Weber

In September, 1944 Allied forces had advanced in Europe and Operation Market Garden was underway to liberate Holland. In September 2016 a small town in Pennsylvania stepped back in time and transformed into a German Occupied Dutch Village, and staged one of the largest most amazing authentic historical reenactments ever seen.

This event was part of a multi-event historical program in conjunction with the National Park Service, the Eisenhower National Historical Site, the New Oxford Historical Society and more than 40 historical organizations throughout the United States.

Covering the event, I arrived early at 7 AM, the town was already shutting down for the event. Members of the Civil Air Patrol directed traffic along with Pennsylvania State Police and local police. As I rolled into the Railroad Station, the station had already been occupied by the German Army participants. Tents were set up, German military vehicles and cannons, machine guns, German soldiers on motorcycles guarding street corners. I parked and reported to my unit commander, Hauptmann Judson Spangler who had me kitted out in an authentic "fallschirmjäger" (Elite Paratroopers) of the Edelweiss. Weighed down with equipment, ammo belts, a 10lb steel helmet I fell into the ranks and marched into the town with my division led by Hauptmann Spangler.

We spent the first part of morning merely occupying the center of town and harassing authentic looking Dutch civilians dressed in authentic period clothing. Soon however the familiar sound of gunfire began moving closer as allied forces battled our forces on the outskirts of town. Although we all knew this was merely a reenactment the tension built as allied forces got closer, and the gunfire grew louder. Within an hour the gunfire was all around us, louder than anything I'd ever heard. Soon there was commotion and shouting, as soldiers ran in all directions taking up positions, and blocking entrances to streets.

Then the MG42's positioned at the intersects of the streets opened up, and loud isn't the word to describe them. I've heard them in movies but never in person, and you've got to hear one to believe it. Firing at 1200 to 1500 rounds per minute, the sound is like a buzz saw, a really loud, ear shattering buzz saw. When the MG42's opened up we knew the enemy was on us, and I moved out of the center out to the streets to film (see our website for clips) and to see if I could get a glimpse of the encroaching enemy. Being reminded to keep my head down so I wasn't spotted and labeled dead, I peered around the corner to see a small team of GI's armed with M1 Garand's in covering style formation, guns pointed in all directions checking the backs of each other. The MG42 screamed mercilessly holding the soldiers back, the ack ack cannon firing endlessly with its loud "pow pow" firing down the street line. But it wasn't stopping the advance as a MP Jeep with Armor shielding and a 50 caliber along with armored vehicles rolled forward firing as it went. It was clear the end was near.

One group of advancing GI's got cornered by our SS troopers and brought captive to the storefront walkway at the center of town. I had photographed one of the captured GI's who looked and acted the part of the defiant American prisoner. As panic began setting in among the Germans a scuffle ensued with the prisoners, one temporarily gaining control over a guards MP40, and the trooper I'd photographed ran. The other GI's shouted "no no" but a German SS troop shot him in the back, and I watched as he fell realistically to the ground. Moments later the shouts of "Cease Fire" were heard and like that it was over. The Germans had been captured and the town liberated by the victorious allies.

After the battle I wandered through the halftracks and armored vehicles meeting with the reenactors, both Americans, Canadians and British, all wearing authentic uniforms. Many were either veterans or active duty US Military. There was a WWII vet who they helped onto an Armored vehicle, and even a soldier in our division who had escaped in the 1950s from behind the Iron Curtain to America. I'll never forget when finally, we all stood hands over hearts or saluting the US Flag in the center of town after the battle as they played our National Anthem. I felt a little odd doing so in a German Paratroopers uniform, but it was all for a good cause. So that we'd remember the struggles of our fathers in stopping the spread of fascism in Europe and the sacrifices they made. It may not have been a real battle, but it definitely helped me appreciate the intensity of those battles I have only heretofore read about or seen in movies and war films, and it was an experience I will never forget.

















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SOUTHWORTH Communities

News of Note

Washington Post Veteran Lenard Shapiro To Speak on "A Life in Sports Journalism"

Leonard "Len" Shapiro, former reporter, editor and columnist for The Washington Post, will speak at Shenandoah University's Harry F. Byrd, Jr. School of Business at 6 p.m. on Wednesday, Oct. 26, in Halpin-Harrison Hall, Stimpson Auditorium on the campus of Shenandoah University (1460 University Drive, Winchester, VA 22601).

Shapiro will present "Len Shapiro, A Life in Sports Journalism." A question and answer session will follow. The event is free and open to the public, and is part of the ongoing Distinguished Lecture Series sponsored by the school of business. Light refreshments will be provided during a pre-event reception at 5:30 p.m.

"We are very fortunate to have a speaker with the life experience of Len Shapiro," said Dean of the Harry F. Byrd, Jr. School of Business Miles Davis, Ph.D. "Our Sport Business Club, as well as the larger Northern Shenandoah Valley community, will greatly benefit from Mr. Shapiro's perspective and insights into the world of sports."

Shapiro was a reporter, editor and columnist for The Washington Post from 1969 until he retired from the newspaper in 2010. At the Post, he covered high school and college sports from 1969 to 1973, when he was assigned as the beat reporter focusing on the Washington Redskins.

In 1979, he was named assistant sports editor, mainly responsible for the day-to-day operation of the sports department. In 1983, he was named deputy sports editor, then sports editor from 1986 to 1991, before he returned to full-time reporting and writing.

Over the last 20 years of his career, he was the Post's national NFL correspondent, covered professional golf and also wrote a weekly column focusing on sports media. He covered every Super Bowl from 1972 until 2012, all the major championships of golf from 1991 until his retirement, numerous World Series, NBA and NHL playoff games, major boxing matches, postseason bowl games and Final Fours, and four Olympics, including the 1980 winter games at Lake Placid, New York known for the performance of the gold-medal-winning "Miracle on Ice" U.S. hockey team.

Shapiro's byline has appeared in numerous national and international publications, including The Sporting News, Golf Digest, Golf Magazine, Golf World magazine, Pro Football Weekly, Reader's Digest, TV Guide, Washingtonian magazine, Washington Life magazine and the International Herald Tribune. Since retiring from the Post, he has done freelance work for the Miami Herald, Dallas Morning News, Washington Post magazine, Links magazine, Virginia Golfer magazine, CBSsports.com and globalgolfpost.com. He is also a regular contributor to Middleburg Life, a popular monthly newspaper in the Virginia hunt country.

Shapiro is the author of seven books, including biographies of NFL Hall of Famer Sam Huff ("Tough Stuff"), former Georgetown basketball coach John Thompson ("Big Man on Campus") and an expose on illegal recruiting in college sports ("Athletes For Sale"). He's contributed to several other books and appeared on ESPN, ESPN Classic, CNN, Comcast Sports Net, the NFL Network, NFL Films, as well as D.C. metro-area TV stations and numerous local and national radio shows.

A native of Syosset, New York, on Long Island, Shapiro graduated from the University of Wisconsin in 1968 with a bachelor's degree in journalism and earned a master's degree in journalism from the University of Missouri in 1969. He is married to journalist and author Vicky Moon and has three children and seven grandchildren. He and his wife live in Middleburg, Virginia, and Fort Lauderdale, Florida.

In 2001, Shapiro received the Dick McCann Memorial Award from the Professional Football Writers of America; the award is sometimes referred to as the sometimes referred to as the "writer's wing" of the Pro Football Hall of Fame. Shapiro served as a Hall of Fame selector from 1983 to 2012.



PHOTO BY JEFF MILLER/UW-MADISON

He was inducted into the Washington Jewish Sports Hall of Fame in 2002. He served as president of Golf Writers Association of America from 2005 to 2006 and is a current board member for the organization. Shapiro is also a former board member of the Pro Football Writers of America. He has been given writing awards from the Associated Press Sports Editors, the Golf Writers Association of America and the Maryland-Delaware-D.C. and Virginia press associations. Shapiro was nominated for the Pulitzer Prize in 1974 and 1996.

Shapiro has served as a guest lecturer at Georgetown University, American University, George Washington University, George Mason University, Virginia Tech, the University of Maryland and at many local high schools. He also taught an advanced, semester-long course in sports journalism at the University of Wisconsin in 2011, 2013 and 2016.

For more information about this event, contact Harry F. Byrd, Jr. School of Business Administrative Assistant Donna Fazio at 540/665-4572 or dfazio@su.edu.

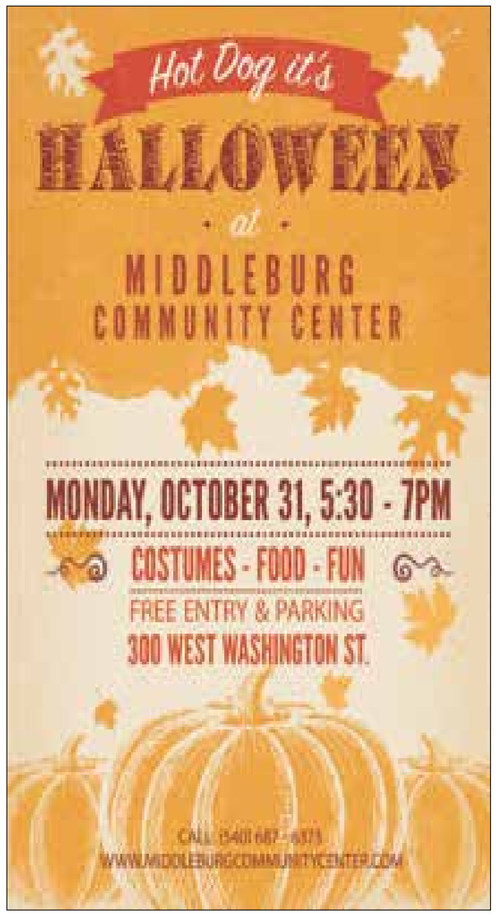




Fox & Hound



Last week Kristen Byers spied a fox in their garden. At first, their little dog only smelled the fox and growled a bit. The fox came to the window for several minutes. When Tutti eventually saw the fox, he ran over barking but abruptly stopped when he saw that the fox looked more like a dog than a wild animal. They stood nose to nose, unafraid for about 30 seconds.



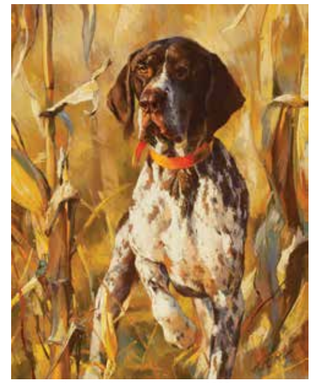
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Photos Jim Poston



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News of Note

Middleburg Town Council Report

Contunued from page 1

Only space in single-family detached "dwellings" may be rented, and the "dwelling" must be primarily used for "residential occupancy" for at least 183 days per year. Space may be rented out for no more than 180 days per year.

The rental must sit on at least a 10,000 square-foot lot and be at least 25 feet away from any neighboring residence.

No one-day or one-night rentals are allowed. A minimum two-night stay is required.

No signage indicating the residence is available for rental is allowed.

Maximum rental occupancy may not exceed two guests per bedroom plus two other guests. (I.e. a 4-bedroom house could accommodate a maximum of 10 guests.)

Parking must be available, in "improved" off-street spaces, for one car per guest bedroom.

The owner of the property must carry at least half a million dollars in liability insurance

After review and public hearings Council approved the new regulations without objection.

Free Timed Parking

After lengthy review and consideration Town Council has committed itself to free parking, in places for up to three hours at a time, enforced by police using a new "hand-held digital chalk" system.

Currently the town budgets roughly $70,000 per year for parking meter replacement alone.

The new system will require an investment of approximately $3,500 to create and install 16 new parking time limit signs, or roughly two per block. The hand-held "digital chalk" machines and software required will cost less than $10,000. Annual maintenance for the entire system is projected at around $2,500.

Street Complete

Town Administrator Martha Semmes reported on October 13 that the Route 50 improvement project had reached its final "punch list" stage, and should be completed with the installation of six street lights, due for mid-October delivery and installation by the end of the month.

October 27 Audit Report

Town Treasurer Ashley Bott, facing her first full-fiscal-year audit as Town Treasurer, reports that audit field work had been completed during September and that a final report was due for review by Town Administrator Semmes and Treasurer Bott on October 18. If all goes well the auditors are scheduled to report to Town Council at its October work session.

Visit Loudoun Update

Beth Erickson, President and CEO of Visit Loudoun made a formal presentation to Town Council at its October 13 meeting. She reported that the value of media exposure generated by Visit Loudoun's activities on behalf of tourism was well over $4 million. Efforts to promote the County in Canada and the People's Republic of China, she noted, have been especially successful;

Shiloh Church 150th

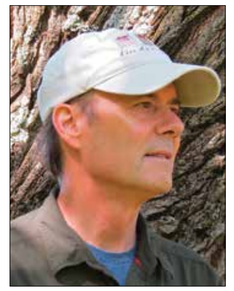
Town Council unanimously adopted a resolution "in honor and appreciation of the 150th anniversary of East Marshal Street's Shiloh Baptist Church. The Church was organized just two years after the end of the Civil War, in 1867, by the Rev. Leland Warring and has long provided active and effective leadership in the areas of civil rights, education, business and community service.

Kathy Jo Shea Honored by Council

Council also formally recognized and honored outgoing Town Council Member Kathy Jo Shea for her admirable and faithful service on Council from July 1, 2008 to October 15, 2016.

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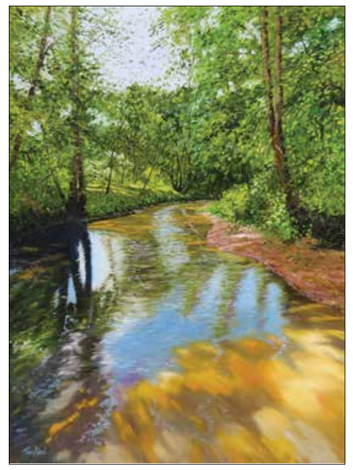
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Places & Faces

Cherry Blossom Breast Cancer Foundation Nanette's Walk

Nanettes Walk, 5K Run & Pooch Prance, Foxcroft School, Middleburg, VA - Photos by Dee Dee Hubbard

Cherry Blossom's Oct. 16 Walk, 5K Run and Pooch Prance for Breast Cancer was a resounding success with the largest turn-out in its ten years at 250-300 and more than twenty pink-dressed pooches. About $38,000 was raised for the local fight against this cancer. Hosted by Foxcroft School and attended by all of the girls and many faculty, staff, parents, and local residents, the school opened its arms to support Cherry Blossom and the many women we will help this coming twelve months. Employees of Grand Sponsor Middleburg Bank volunteered with registration to expedite that process. Cherry Blossom Board chair, Marcy Harris, was assisted by many board members to make this tenth annual event a very rewarding and enjoyable day during Breast Cancer Awareness Month.



Mary Park Durham and Marcy Harris.



Cherry Blossom Breast Cancer Foundation Board of Directors.



Pooch Prance Winners Parson Betz & Milo.



Middleburg Mayor Besy Davis and Donna Barclay.



The Juggernauts!.



Liz Washington and Sandy Atkins..



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Places & Faces

2016 Theodora A. Randolph Field Hunter Championship

Glenwood, Middleburg, VA - Photos by Liz Callar



Middleburg Hunt lead by Field Master, Leah Palmer, George Kuk-MH, Rosie Campbell, MFH Bull Run Hunt, Devon Zäebrovious



George Kuk, on "King of Hearts", Middleburg Hunt-Judges: Leah Palmer, Robert Taylor, MFH & HUntsman, Goshen Hunt-Snowden Clarke, OCH, Karyn Wilson, Loudoun Fairfax Hunt, & Rick Laimbeer, ex.MFH Warrenton Hunt



George Kuk, on "King of Hearts", Middleburg Hunt-Judges: Leah Palmer, Robert Taylor, MFH & HUntsman, Goshen Hunt-Snowden Clarke, OCH, Karyn Wilson, Loudoun Fairfax Hunt, & Rick Laimbeer, ex.MFH Warrenton Hunt



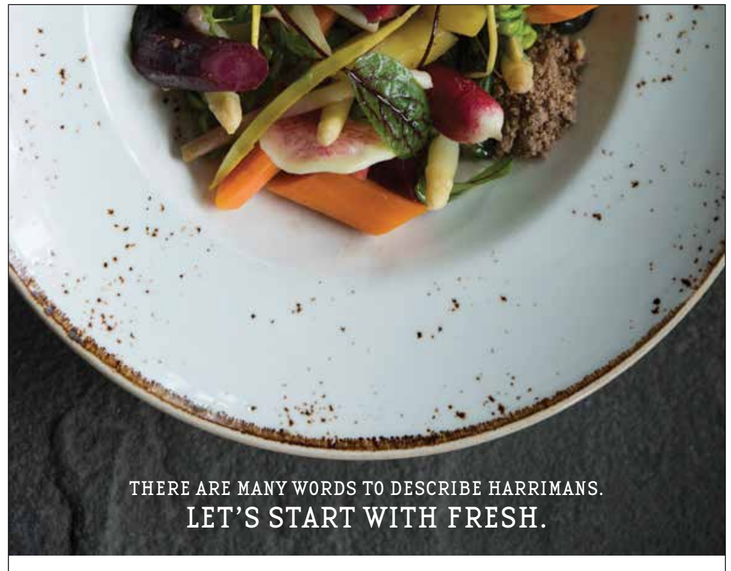


Cameron Sadler, MFH Moore County Hounds on "Battalion"-Winner of the owner-rider division award



standing-back row- Tess Croce,MH, Karen Nutt, MH, Karyn Wilson=LFH, Robert Taylor, Mureen Britell, Michelle Rouse, Snowden Clarke, Kneeling- Heather Heider LFH., Eduardo Coria, Arapahoe Hunt, Karell Wennick, Blue Ridge Hunt, Jennifer Nesbit-Keswick, George Kuk- MH, Karell Wennick, Blue Ridge Hunt

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Places & Faces

2016 Virginia Fall Races

Glenwood, Middleburg, VA - Photos by Nancy Kleck



Andy Wright, Rob Banner, Anne Sittman, Matt Gavin, Liz Billings, Matt Sheedy, Allison Springer, Holidae Hayes, Susan Grayson, Jennifer Strickland, Julie Banner and daughter Savannah Rose



Queenie Kemmerer, Kathleen Cameron, Joan Owens



Mark Ownes, Julie Weir, Michael Goodfellow, Garland hall, Uzma Sarfraz-Khan, Fred Root, Sandra Rainke



Lorie Volk, Karel Wennink, Rob Irwin, Jenny Irwin, Cleo Gerwiz, Stewart Marr, Steffanie Burgevin



Anne Watkins, Mary Muster, Diane Ingo, Pat McCann, Eva Smithwick, Miriam Anver, Jackie Fleming



Gloria Sheridan, Denise McGovern, Chris Gali, Andy Wright, Kurt Abenshein, Chris Cather



Missy Janes, Laura Katona, Gail Clark, Cassie Kingsley



George Kuk, Maureen Brittel, Andrew Brittel, Pam Wooley



Robin Keys, Hilary Bateman, Joe Muldoon, Ahsley Muldoon



Randall Medd, Joanne Petersen, Liz Beer



Heidi Lyons, Dottie Hawkins



Missy Janes, Laura Katona, Gail Clark, Cassie Kingsley



Beth Fout, Pippy McCormick



Brad and Pamela Ryder



Alison Ahl, Pierre



Troye Plaskitt and Bella

A Field of Smiles at The Theodora A. Ramdplph Field Hunter Championship

Glenwood, Middleburg, VA - Text & Photos by Nancy Kleck

The mist and drizzle of Hurricane Matthew hardly dampened the enthusiasm of competitors and their friends and family after a glorious week of qualifying for the Theodora A. Randolph Field Hunter Championship at Glendale Park. It is foxhunting weather, after all!

- Owner/Rider Champion: Cameron Sadler, MFH, Moore County; Reserve: Jennifer Nesbit, Keswick Hunt; 3rd: Devon Zebrovious, Middleburg Hunt; 4th: Heather Allison Heider, Loudoun Fairfax Hunt; 5th: Rosie Cambell, MFH, Bull Run Hunt; 6th: Glenn Epstein, Piedmont Fox Hounds; 7th: Mary Ann Ghadban, Orange County Hounds; 8th: Eleanor Morison, Piedmont Fox Hunt
- NonOwner/Rider Champion (rider/owner): Teresa Croce/Karen Martz, Middleburg Hunt; Reserve: Laura Sloan/Dennis Foster, Blue Ridge Hunt; 3rd: Karen Nutt/Mary Looney, Piedmont Fox Hounds; 4th: Kathleen O'Keefe/Kathleen Lyons, Casanova Hunt; 5th: Michelle Craig/Marcia Brody, New Market-Middletown Valley Hounds; 6th: Camila Coria/Full Cry Farm , Arapahoe Hunt
- Most Suitable Pair: Rachel Wilkowski, Mr. Stewart's Cheshire Fox Hounds
- Sportsmanship: Glenn Epstein, Piedmont Fox Hounds
- Best Turned Out Champion: George Kuk, Middleburg Hunt
- Best Turned Out Reserve Champion: Kathleen O'Keefe, Casanova Hunt
- Most Represented Hunt: Middleburg Hunt

Congratulations to everyone!





Karen Nutt.



Mary Ann Ghadban.





Mary Ann Ghadban



Glen Epstein.



Heather Heider/Loudoun Faifax Hunt



Maureen Britell/Middleburg Hunt



Teresa Croce and Maureen Britell/Middleburg Hunt







Tom Mansmann



Eduardo Coria and Daughter Camilla Coria



George Kuk and Devon Zebrovious/Middleburg Hunt



Eleanor Morrison and Michele Craig







Jenny Irwin and Laura Sloan/Blue Ridge Hunt



Kim Ginn/Loudoun Fairfax Hunt



Mary Alice Matheson Thomas



Cheryl Tyson



Amy Saville



Rachel Wilkoski/Mr. Stewart's Cheshire Hounds



Staci Terry / Blue Ridge Hunt.

Places & Faces

2016 Virginia Fall Races

Glenwood, Middleburg, VA - Photos by Chris Weber









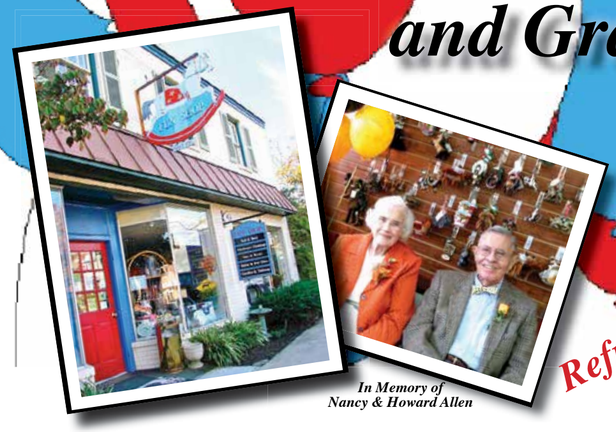




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Places & Faces

Loudoun Laurels 2016

Belmont Country Club Leesburg, VA - Photos by Sarah Huntington

Horn and Morton Awarded Loudoun Laurels

Retired Loudoun County Circuit Court Judge Thomas D. Horne and the dean of Loudoun County's active journalists, Margaret Morton were honored by the Loudoun Laurels Foundation at their ninth annual medal-presentation ceremonies held on September 30 at Belmont Country Club in Ashburn.

The Laurels seek out, honor and record for history the stories of outstanding individuals whose life and work represent significant contributions to the history of Loudoun County and to the well being of its citizens.

Recorded in the Leesburg library of Nobel Laureate, Secretary of State and General of the Army George C. Marshall, their stories become part of the permanent research collection on the history of Loudoun County held in trust for future generations by Leesburg's Thomas Balch Library, itself a renowned repository of genealogical and historical records.

Tom Horne

When Chief Judge Thomas D. Horne retired from the bench in 2013 he was Virginia's longest serving Circuit Judge. After receiving his undergraduate degree from Muhlenberg College in Pennsylvania, he attended the Marshall-Wythe School of Law at William and Mary

He received his JD in 1969, just in time to see service as a Marine Corps lawyer in Vietnam. He was assigned his first case, a murder trial under the most difficult of circumstances, soon after arriving in country.

After serving as Loudoun's Commonwealth Attorney from 1980 to 1982 he was appointed to the bench and served there with distinction for the next 31 years.

He played a leading role in the establishment of the 20th Judicial Circuit's annual Law Camp for high school students, now named in his honor. He was similarly active in the establishment of the Loudoun County Legal Aid society and the County's Drug Court program. He is an active preservationist and student of history. A football and lacrosse player from his youth, the mountain climbing Judge Horne is also credited with bringing organized lacrosse to Loudoun.

Margaret Morton

Journalist Margaret Morton is a 1958 graduate of Edinburg University with a keen interest in history. In 1966 she moved to Loudoun, to live in Waterford with her new husband, historian, preservationist, and later Epispocal priest, W. Brown Morton III. There she and Browne played leading roles in the efforts to preserve and protect a village and its surrounding fields in what is now officially a national treasure. In addition to her ongoing efforts in support of preservation and conservation projects all over the county, she has served on the county's first Historic District Review Committee and for year on the Board of the Waterford Foundation.

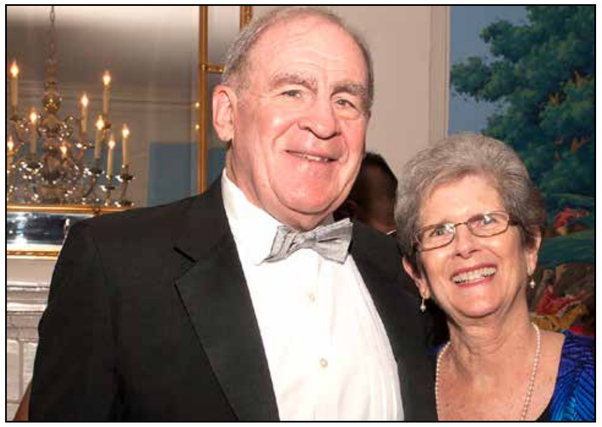
In 1992 she joined the staff of Leesburg Today as a journalist. Last year she became one of the founding members of the staff of Loudoun Now. She is especially revered for her dedicated and professional coverage the small towns of western Loudoun, all too often ignored by the press, and for the wit, style, directness and objectivity of her writing.

Also honored at the September 30 event were the program's four new Loudoun Laurels scholarship recipients, each awarded four-year, $10,000-per-year scholarships to a Virginia college or University.

They are: Dominion High School's Ngozi Akingbesote, now attending the University of Virginia; Jenae Barnes of Briar Woods High School, now attending Northern Virginia Community College; and Sumeet Saini, also of Briar Woods, now attending Christopher Newport University. All three were awarded scholarships presented in honor of 2015 Laureate J. Hamilton Lambert. The fourth scholar honored, Diana Tinta of Woodgrove High School is attending the University of Virginia as a Wyatt Family Scholar.



Front Row, l to r - Bob Sevila, J. Lambert, Tom Horne, Margaret Morton, Karen Russel, Judy Washburn
Back Row l to r -Ed Hatrick, Childs Burden, Jack Cook, Joe May, Cate Wyatt, Jim Roberts, Kim Hart, Gene Scheel



Judge Thomas D. and Patrica Horne



Margaret and Browne Morton



Mayor Betsy and Mark Davis



Cathy and J. Lambert



Joe May and Elaine May Attridge



Bob Sevila, Bobby May, Pat Daly, Jim Daly



Peter Arundel, Ann Sittmann, Phyllis Randall, Dan Morrow

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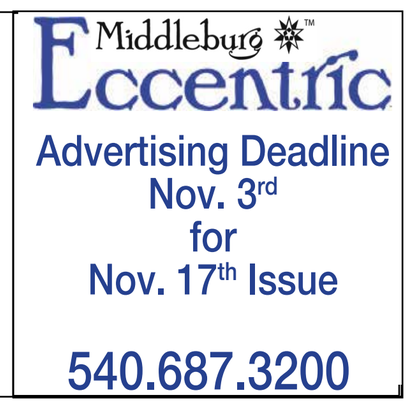
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Places & Faces

Mary Houston Wright Marries David Louis Cavicke

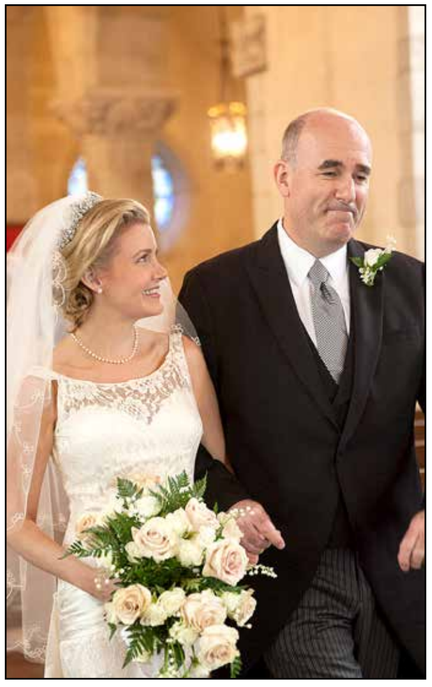
On July 30, 2016 at Trinity Episcopal Church in Upperville, Mary Houston Wright of Middleburg married David Louis Cavicke of Chicago, Illinois and Lyme, Connecticut. A reception followed at the Metropolitan Club of Washington, DC.

Mrs. Patrick Heijmen (nee Elizabeth Wright), of Warrenton was Matron of Honor for her sister. Dr. Dana M. Cavicke of Lyme, Connecticut was Best Man.

In 2016, Mary Houston was a teacher at Saint Chrysostom's Day School in Chicago. Previously, she was Associate for Children and Youth at Grace Episcopal Church in The Plains, as well as, a teacher at Wakefield, Middleburg Christian, and Loudoun Country Day School. She received a BA from Mary Baldwin College, is a 1991 graduate of The Hill School and a 1995 graduate of Notre Dame Academy. She is the daughter of Edward T Wright and Virginia (Bryan) Wright of Middleburg. Her father retired as Senior Vice President of the Middleburg Bank in 1998. Her mother was the founder and longtime director of the Middleburg Christian School until her retirement in 2013.

Mr. Cavicke is Chief Legal Officer and Chief Compliance Officer of Wolverine Trading, LLC in Chicago and of its affiliated broker-dealer. Previously, Mr. Cavicke was an associate at Milbank, Tweed, Hadley & McCloy in New York and a law clerk at the Connecticut Supreme Court in Hartford. From 1995-2011, Mr. Cavicke was Counsel, General Counsel and Republican Chief of Staff to the Committee on Energy and Commerce, U.S. House of Representatives. He received a BA degree from Columbia College in New York City in 1984, an MA from Oxford University in 1986 and a JD from Stanford University in 1989.

He is the son of Mary Agnes (Tedi) Cavicke of Lyme, Connecticut and the late Dr. David C. Cavicke. His father, was a neurosurgeon in private practice, 1958-1992, and an assistant clinical professor of neurosurgery at Yale Medical School. His mother is a 1959 graduate of the University of Connecticut School of Nursing,



Mr. & Mrs. David Carvicke



Bryan Wright, Mother of the Bride and Mary Houston



Ed Wright, Father of the Bride and John Pettibone



Mrs. David Carvicke



Mother of the Bride, Bryan Wright, Matron of Honor , Mrs. Patrick Heijmen (nee Elizabeth Wright), Father of the Bride, Edward Wright and The Bride.



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Places & Faces

Middleburg Lions Club's Oktoberfest

Middleburg Community Center, Middleburg, VA ~ Photos by Dee Dee Hubbard





Pam Burdett, Kristen Noggle, Mark Alvarez, Mark Schroeter and Carole Snow..



Debra Arthur, Greg Lough and Lisa Viella.

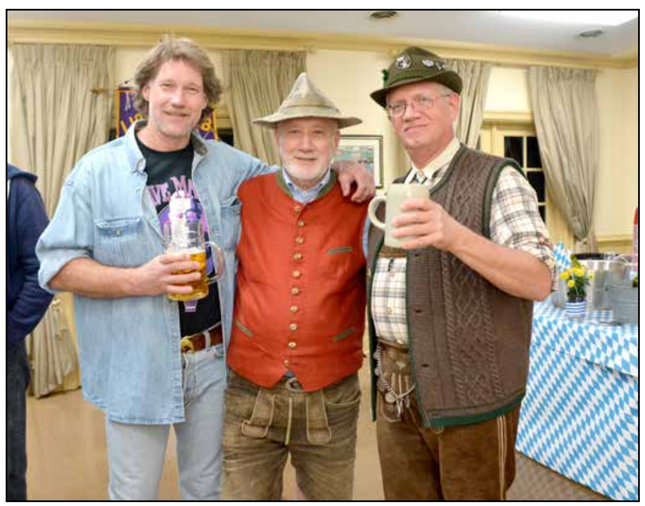


Jeanie Hanley, Rusty James and Beth Wood











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Progeny

Foxcroft School Has a Record 30 AP Scholars

Patia Fann of Purcellville Earns Rare National Scholar Status with 10 perfect scores



Patia Fann of Purcellville, VA, attained the rare status of National Scholar to lead a record-setting 30 Foxcroft School students earning 2016 AP Scholar Awards from the College Board for outstanding achievement on Advanced Placement Exams, Academic Dean Courtney Ulmer announced Wednesday.

To become a National Scholar, a student must earn an average grade of at least 4 (out of 5) on all AP Exams taken and grades of 4 of higher on eight or more of the tests. Fann received perfect 5s on all 10 exams taken, becoming Foxcroft's fourth National Scholar and the first one in nearly a decade.

Fann led a stellar group of AP Scholar award-winners that includes 40 percent of the most recent graduating class. Worldwide, only about 22 percent of the 2.2 million students who took AP Exams performed well enough to earn AP Scholar designation. Eleven current students earned recognition, as the number of Foxcroft AP Scholars reached double digits for the 13th consecutive year— an impressive feat for such a small school.

Along with Fann, seven recent graduates and two current seniors — Lindy Davenport of Berryville, VA, and Lindsay Woods of Philomont, VA — received the AP Scholar with Distinction Award for achieving an average of at least 3.5 on all AP exams taken and scores of 3 or higher on at least five of the tests. The alumnae who qualified for this lofty honor are Marias Blundell of Helena, MT, and Bluemont, VA, who now attends Hampshire College; Serena Holz (Delaplane, VA; College of William & Mary); Carli MacMahon (Napa, CA; St. Mary's College of California); Lucy Matz (Coatesville, MD; Vanderbilt); Charlotte Scharfenberg (Middleburg, University of VirginiaMarina Shallcross (New York, NY; Davidson College) and Isabella Zhai (Beijing; University of California, Berkeley).

Current seniors Emily Dietz of Unionville, PA, Guen Geiersbach (Middletown, DE), Sofia Tate (Upperville, VA) and Chloe Xu (Shanghai, China), junior Melanie Fann (Purcellville, VA) and 2016 graduate Victoria Zhao (Shenzhen, China; Rhodes College) were named AP Scholars with Honor. They achieved scores of 3 or better on at least four tests with an average of 3.25 on all exams taken.

Ten members of the Class of 2016 and four current seniors achieved AP Scholar status with grades of 3 or higher on three or more AP Exams. They include New York University freshmen Lily Cooke (Key West, FL) and Sophia Deng (Shezhen, China); Jessie Herman (Waterford, VA; The New School); Carrie Hsueh (Taoyuan, Taiwan;

University of Washington); Winnie Masson (Alexandria, VA; University of South Carolina); Annie Mickum (The Plains, VA; Fordham University); Lilly Savin (West Palm Beach, FL; Virginia Tech); Pipsy Steyn (Leesburg, VA; University of Colorado;), Rose Sun (Beijing, China; Boston University), and JiMin Yoo (SeouI, South Korea; University of Richmond;). Seniors Leland Burke (Upperville, VA), Mary Park Durham (Dallas, TX), Grace Kendall (Orange, VA) and Isabella Zimmerman (Fairfax, VA) were also so honored.

More than 3,600 colleges and universities annually receive AP scores. Most four-year colleges in the U.S. provide credit and/or advanced placement for qualifying exam scores. Research consistently shows that students who score a 3 or higher on AP Exams typically experience greater academic success in college and have higher college graduation rates than students who do not participate in the Advanced Placement program.

Foxcroft School's tradition of academic excellence and outstnaind student body are reflected in these results. For more information about the school, please explore our website or call 540.687.5555.

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FOUR Foxcroft School Students Earn National Merit Scholarship Commendation



Foxcroft School has FOUR students who have been commended by the National Merit Scholarship Corp this year. Considering the size of or School and this particular senior class, this is very impressive. The students are: Lindy Davenport of Berryville, VA, Mily Dietz of Unionville, PA, Lindsay Woods of Philomont, VA, Isabella Zimmerman of Fairfax, VA

Four Foxcroft School seniors, a full 12 percent of the class, have been named Commended Students in the 2017 National Merit Scholarship Program, Foxcroft Head of School Catherine S. McGehee announced recently at an all-school meeting.

Lindy Davenport of Berryville, VA; Emily Dietz of Unionville, PA; Lindsay Woods of Philomont, VA; and Isabella Zimmerman of Arlington, VA, placed among the top 5 percent of the 1.6 million students across the U.S. who took the 2015 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) last fall. As such, they are among 34,000 Commended Students being recognized by the National Merit Scholarship Corporation for "exceptional academic promise."

This impressive group were all honored several weeks ago by the College Board as Advanced Placement Scholars, along with a record 26 other Foxcroft girls. Emily, Linda, and Lindsay were also named to the Foxcroft Chapter of the Cum Laude Society as juniors — a rare honor.

"These students represent a valuable national resource," said a spokesman for the National Merit Scholarship Corporation. "Recognizing their accomplishments as well as the key role their school plays in their academic development is vital to the advancement of educational excellence in our nation."

The National Merit Program honors individual students who show exceptional academic ability and potential for success in rigorous college studies, awarding scholarships worth $33 million.

Foxcroft School's tradition of academic excellence is reflected in these outstnading results. For more information about the school, please explore our website at www.foxcroft.org or call 540.687.5555.

Editor's Note

Please see edits and additions to article "Lest We, or Our Children Forget" in the September 23 Middleburg Eccentric online http://wp.me/p7kq73-1ar



Progeny

Foxcroft School Rededicates Historic Building



With a snip of the scissors and a roar of appreciative cheers, one of Foxcroft School's iconic buildings, Court, was rededicated Thursday (Sept. 30) at a ribbon-cutting ceremony led by Head of School Catherine S. McGehee and Chair of the Board of Trustees Anne Michele Lyons Kuhns.

Court, which served as a dormitory from the 1930s until 2013, has been renovated and repurposed as a spacious welcome center that houses the external arm of administrative offices -- Admission, Advancement, Marketing and Communication and Business. It also features spaces used daily by students and other members of the community, such as the school store, campus post office, an outdoor terrace, and a large seminar room with state-of-the-art technology.

Due to the weather, Thursday's ceremony was moved indoors, limiting attendance, but the many students, faculty, administrators, past and present trustees, and donors present were undaunted. After being welcomed by Student Head of School Chloe Xu '17, they heard from Kuhns, McGehee, and Mercedes Rudkin Gotwald, a 1972 graduate and current board member who spoke about Court's history, including the years her daughters, Sophie '10 and Olivia '12 lived in Court. The Rev Robert L Banse Jr. of Trinity Episcopal Churs in Upperville, who had given the invocation, then blessed the building.

McGehee, Gotwald, and Kuhns then crowded into Court's small foyer with former Head of School Mary Louise Leipheimer, under whose tenure the project was launched; capital campaign co-chair and former trustee Ellen McNeille Charles '55; and current trustee Victoria B. Mars, to cut a green ribbon held across the threshold by Xu and Student Vice Head of School Elle Lassiter.

The renovation of Court is part of a multi-building, multi-year Residential Initiative that has included the construction of Foxcroft's first green building, Stuart Hall, and major renovations to the other four dormitories, including faculty apartments associated with them.

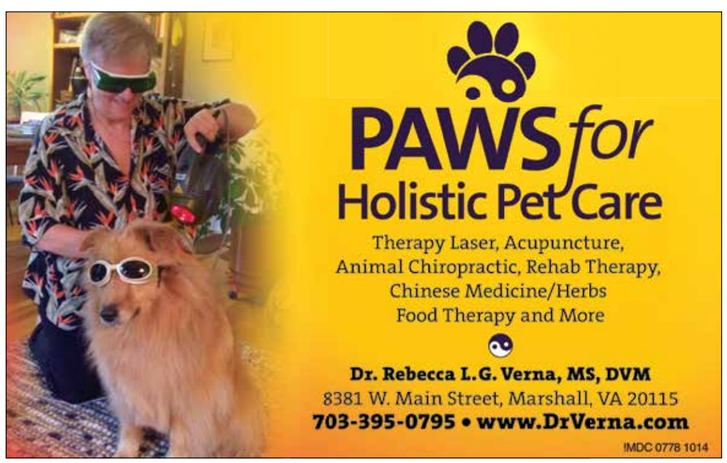
While second levels were added to two wings of the building and the inside was almost completely gutted to create an open office environment, the $8 million renovation of the 80-year-old building did not change the footprint or the external look, feel, and charm of the beloved edifice.

"The result," said Board member and trustee Mercedes Rudkin Gotwald '72. "is this beautiful building which from the outside looks like the Court we have all known and loved but on the inside, represents the latest thought in collaboration, technology and workplace environments."

McGehee pointed out that during the construction, the building became a learning laboratory as 23 students participated in Project Rebuild, a monthly seminar in which they learned about and gained hands-on experience in several STEM fields. The program was overseen by Foxcroft Business Manager Deborah Anderson and led by architects, engineers, and builders working on the building.

Now that construction is complete, McGehee says, the adults working in Court are learning from it. "By bringing together four different departments, once siloed in three different buildings," she said at the rededication."Foxcroft's administrative team is able to take advantage of 21st century strategies such as for collaboration, flexible working teams interdepartmental creativity, problem-solving, and communications. . ."

Foxcroft's philosophy is 'everything we do is curriculum,' and while out primary goal is to educate young women, " she added. "I believe this building will continue to inspire adults working in it to be lifelong learners and positive role models for our students."



Frogger Friday at Foxcroft

Jump into Game Design" program enthralls 30+ middle school girls A "Ribbiting" Night For All





Anyone who thinks computer programming is boring and just for boys should have stopped by the Currier Library at Foxcroft School Friday (Sept. 30). The 30+ middle school girls who attended the first "Jump into Game Design" event and the Foxcroft students helping them were all huddled over laptops, completely engrossed -- riveted, even -- in the task at hand: creating their own Frogger game.

The energy and excitement in the air was palpable as STEM Department Chair Maria Evans, PhD, and her computer science students moved around the room answering questions and checking the progress of their younger guests. In just a few hours -- the event ran from 3:30 to 7:30 pm with a pizza break in the middle -- each of the 5th thorough 8th graders had programmed her unique version of the classic arcade game, Frogger. They worked with an online programming environment called AgentCubes, which meant that when they returned home, they could share their game – and create others — with their families and friends, spreading the fun and excitement.

"Who knew that coding could be so thrilling?", said Maddie Johns, a seventh-grader at the Hill School in Middleburg. She wasn't all that excited when her mother signed her up for the event, but was clearly a convert by the end. "I didn't want the evening to end!"

That's exactly the kind of experience that Dr. Evans and former Foxcroft School Math Chair Susan Erba hoped would occur when they suggested holding the coding event. Like Foxcroft's Head of School Cathy McGehee and other administrators at the girls' boarding and day school, they are passionate about engaging young girls in computer science and other STEM disciplines in which women are underrepresented. So, together with the Admission Office, they invited girls from area local schools and communities to a free "Jump into Game Design" coding event.

The event was inspired by, and partially underwritten by, the University of Colorado's Scalable Game Design Initiative. Evans and Erba attended a workshop in Boulder last year that focused on using game design and quick success to attract students to information technology. The idea is that, as was the case Friday, young students see the amazing things they can do with programming and get a feel for the process — without having to master complex programming languages or write their own code.

Coming in November

The first in an occasional series of articles on trends in the college process by Barbara Conner, Director of College Counseling at Foxcroft School.



Pastimes

How to Communicate Your Likes and Dislikes to Designers

Ask a Remodeler



Tim Burch

Everyone experiences architecture and design on a daily basis, but it can become intimidating when it's time to remodel your own space. Below are a few tips from our designers and architects that will help you ensure your tastes are properly reflected in your next renovation.

Collect Images

The first step in communicating likes and dislikes for your home renovation is to collect imagery. Nowadays, you have more options than just sifting through magazines and ripping out the pages. Websites like Pinterest, Instagram, and Houzz provide easy ways to collect what you like online in a sharable format. Showing designers and architects your online collections will help them understand your tastes. Equally as important, is sharing your dislikes. Creating a collection of specific images, details, furnishings, and materials that you don't like can also help to streamline the process and avoid awkward conversations.

Highlight Your Favorite Personal Items

If you are attached to a piece of art, furniture, or interior design item like a wallpaper or fabric, make it known to your designers or architects. When they know in advance, they can design spaces to specifically highlight or accommodate those objects. If you appreciate the aesthetic of something, even a piece of jewelry, your designer can use that as inspiration in your bedroom, bath, or other special space. Large furniture, in particular, needs to be accounted for so that the appropriate space for and around it is included in your design. Of course, art can become the beautiful center piece of a room, but it sometimes calls for additional structural support or lighting to be at its best. Letting your designers know about these items in advance, is a great way to bring your own personal style to your renovation.



Be Vocal and Stay Engaged

From experience, we know that many homeowners have a tendency to be reserved during the design process. Stay engaged, have an opinion, and don't be afraid to speak up when discussing ideas with your designer. By being active in the process you will ensure that the renovation isn't only a product of the designer or architect's vision, but yours as well.

Be Open about Budget

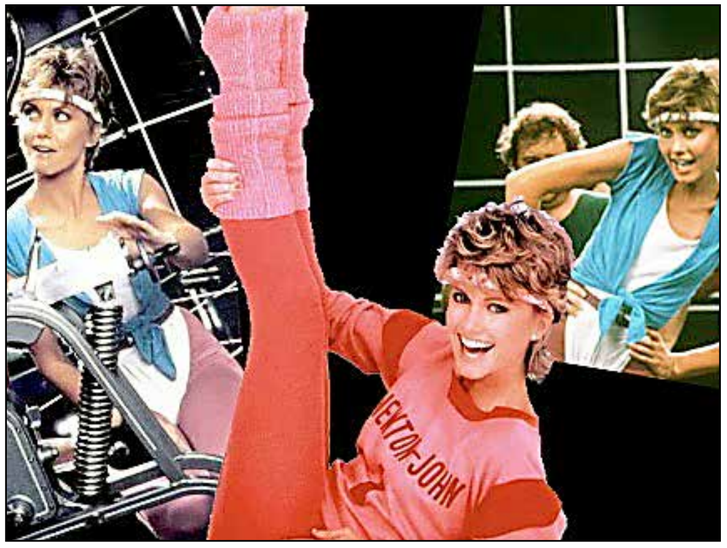
Budget is often a difficult conversation for people. We've found that homeowners often have a "want to spend" amount and a "can spend" amount, and sometimes believe that understating their budget will be an advantage. If you are working with a good designer they will stick to your budget guidelines. By being forthcoming about your budget and open about your likes and dislikes, your designer should have all the tools necessary to piece together your dream renovation in a more streamlined manner.

A renovation should ultimately be a representation of your personal style and should improve the way that you and your family use and enjoy the new spaces. We hope that with these tips you can guide your designer and/or architect in the style direction you want. Please feel free to call us with any questions you may have on your future home design and renovation.

Tim Burch is a Vice President of BOWA, an award-winning design and construction firm specializing in luxury renovations ranging from master suites and kitchens to whole-house remodels. A Northern Virginia native, Tim focuses on clients in the Loudoun and Fauquier County areas providing them with his 25 years of expertise in the design build construction industry. A third generation builder and certified remodeler, Tim is the Construction Advisor for The Mosby Heritage Area Association and also sits on the Board of Building Appeals for Fauquier County. Prior to joining BOWA, he was the Lead Project Manager of Construction for the Emmy Award winning construction reality television show, Extreme Makeover Home Edition on ABC Television. For more information on Tim and the BOWA team, visit www.bowa.com or call 703-734-9050.

Treadmill Tales

Sincerely Me



Brandy Greenwell

"Let's get physical, physical…." Olivia Newton John seductively sang in the '80's while sporting leg warmers and a shiny, spandex leotard. Perhaps this was the beginning of the female fitness movement or perhaps this was just was when it went viral. From Jazzercise to step aerobics, spinning to Zumba, Pilates to pole dancing there have been plenty of enticing fitness fads over the years. In these days of health and wellness being a daily priority, what keeps you moving?

I went through a huge step aerobics phase in the '90's. For those like me that are not naturally coordinated, I made at least two wrong turns during any given class and ended up on my arse. It was a short-lived phase.

From there I became obsessed with the stair climber. I bought a little one that fit in my bedroom. I used to get on that little machine and go for ages only because I had a VHS in front of me playing my favorite movies of the time. Pretty Woman and Thelma and Louise were the top two and I can quote them verbatim to this day. I was very, very fit then. The little stair climber retired to the basement and lived next to the mini-trampoline, Nordic Track ski machine and Thigh Master.

Then it was time to join a gym, and I have held memberships at quite a few over the years. I loved the weight machines and treadmills. Once, while doing a sprint set on the treadmill I did a complete blonde girl trip at high velocity. As I was falling to quick paced tread, I vainly thought about how I didn't want road rash on my face so I grabbed the sides, saving my face, but spraining my ankle and slipping a disc. That was the end of my days on the treadmill.

Next I went to an intro Yoga class thinking it would be my next greatest workout. Well, I got kicked out for giggling. I will maintain to the day I die, that crow should not have been taught in an intro class and I was totally justified for getting the giggles when I fell over in my crow attempts. It was an INTRO class.

Particularly in good weather, I like to walk outside for exercise. That is until I see a butterfly or a horse with their head over the fence, then I totally get distracted and lose my pace.



Boot camp. Yeah. Did it once. F*%k a burpee.

Spinning is fantastic with a great playlist, but if it has bass like a night-club, I'll pass. Yes, you can spin to Bon Jovi.

Pilates has been my workout du jour for several years. I love working on the apparatus in particular and the spring-loaded fun is so good for the mind, body and soul. I go to Loudoun Pilates in Leesburg where they have a variety of apparatus classes, my favorite being their new jump board class. It is a fantastic workout (perfect for legging up for ski season) and it is just an absolute ball. I promise you will smile and feel the burn. You are intrigued now, aren't you? Perhaps you should check it out.

Find whatever floats your boat and go for it. It's ok to have variety and yes, you do get points for trying. Ready, set, sweat!!

Partners for Fall Flowering Bulbs

The Plant Lady

Karen Rexrode



The most exuberant, fresh plant in our October gardens are the newly arrived fall flowering bulbs. After a deep summer slumber, they awake and push out of the ground to dazzle and amaze the gardener, who often forgets they're there. At least that was the case with my yellow Sternbergia lutea, which produced such a dazzling display of yellow flowers that it was impossible to miss.

So unexpected is the arrival that we often forget to consider companion plants to enhance the show. Or at least I am guilty of that oversight. Finding a suitable perennial that flowers in October, doesn't get too tall, and looks equally fresh is no easy task. For my sternbergia I have settled on Gentiana x 'True Blue', with its incredible, royal blue flowers and late bloom. It's always a gamble, will these two overlap in the next year, and the year after? The gardener can only try. I toyed with the idea of adding Nepeta 'Blue Cloud', a frothy calamintha-like perennial with pale blue flowers. One might have to edit around the newly arrived sternbergia as the froth may initially shield it. Something the gardener will be happy to do, revealing those incredible, yellow flowers.



The hardy cyclamen or Cyclamen hederifolium is also rising from bare ground to begin its prolonged flowering period. Flowers precede foliage, arriving on thin stems. The upside down flowers are dainty, which give no hint of how truly hardy the bulb is. The leaves arrive in late fall and persist all winter. A suitable companion could be evergreen, or nearly so. Hens and chicks would be a simple and effective cohort. The new Sunsparkler sedums or Sedoro's may even be better. A cross between sedum and orostachys, both need excellent drainage, which will be suitable for the cyclamen. If it's a shadier bed, use one of the tricolor ajugas, like A. 'Party Colors', or 'Pink Silver'.

In small vignettes, at the edge of a garden path, these combinations will invigorate the gardener, and some of us need that.

Stay Fit no matter what your age

Kay Colgan BS
Certified Pilates
and Fitness Instructor

As we age our bodies go through many changes. Morning stiffness in joints is not uncommon. Sometimes our back will ache and maybe it is difficult to stand up straight. Eating a varied diet might become less interesting as the process of cooking for one or two just does not seem worth it. The ability to recall names or dates might seem a little fuzzy at times. Maybe we start sitting more and doing less. Breathing might be a little short as we age especially if we don't inhale and exhale deeply. Smoking at some point in our life might have left us with a little emphysema. The thought of exercising or beginning a more solid nutrition program might feel too overwhelming. The good news is, no matter where you start, a nutritionally sound diet along with exercise will benefit you. It is as simple as putting one foot in front of the other, no matter if you are on a walker or cane. Being in a wheelchair should not stop anyone as there is so many exercises that can be done to energize and greatly improve quality of life.

First, find a fitness class that specializes in golden adults. Yes, I like to call as we age the golden years. To me aging is a privilege. Many people do not get the opportunity, so why not embrace the process and be the best that you can be. Being in a class with an instructor that understands the biomechanics of our golden bodies, will assure that the exercise is the right one for you. Once you feel the benefits, good quality nutrition will follow. Hand in hand these go together to build energized strong bodies. Yes, it is possible at any age. Does not matter if you are 100, today is a new day and yes you can improve the quality of your life with exercise. Our bodies are designed to be used. Circulation improves immediately when we start exercising. Oxygen consumption can improve with exercise. In other words, our bodies ability to utilize oxygen more efficiently improves. As we inhale and exhale we breathe deeply to get oxygen rich blood delivered throughout our body while expelling carbon dioxide. Hence, our fuzzy thinking begins to disappear. In our golden years, if you are a shallow breather carbon dioxide can build up and poison our bodies. Exhaling deeply will eliminate this problem by allowing the body to naturally release carbon dioxide. Second, you don't have to exercise like a twenty-year-old, that is dangerous and can land you in to the orthopedics office. Be smart and exercise and enjoy a good quality of life. I have seen those that refuse to move and it becomes a steady decline. Enjoy your golden years whatever your age.

My hope for you is that you continue to be able to do the things you love. Exercise and nutrition will allow you to do this. It is just that simple. For more information about health and wellness please contact Kay Colgan at Middleburg pilates and personal training, 14 S. Madison Street, Middleburg, Va. Or call 540-687-6995.

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Pastimes

Jason Reaves: Pastry Chef Extraordinaire

Chris Weber

Salamander Resort & Spa has one of the finest pastry chefs in the world, Jason Reaves. The Purcellville resident has been with Salamander since its opening and his resume continues to get sweeter and sweeter.

After graduating from the Culinary Institute of America in Hyde Park, New York, with a degree specializing in baking and pastry, he gained experience at several resorts, later earning the title of pastry chef while aboard Norwegian Cruise ships on the high seas. Away too long, Jason's mother persuaded him to find work in the area. "She used the newspaper clippings (about the building of the resort) to try and pull me back from Hawaii," Jason recalled, and it worked.



With Jason's culinary skills and knowledge, the pastry operations at Market Salamander expanded quickly as he managed everything from supplies and equipment to creating the menus of pastries and unique cakes for Salamander's guests as well as for local restaurants, weddings and civic events.

His reputation for elaborate wedding cakes quickly grew beyond Middleburg. On one occasion, a local couple flew Jason and his crew to Reno for their son's wedding. "We didn't decorate until I got there, so I had all the cakes in cake pans, and we layered it in boxes all wrapped up and then we checked it with luggage. We've decorated down in Williamsburg, we've gone to Philadelphia, to Boston. Reno's about the farthest away."

In 2011, Jason and his assistant Terry Tuttle competed in the "Food Network Challenge", filmed in Denver. The theme was "Lego Cakes". After eight hours, a three-and-a-half-foot high LEGO city including helicopter and office tower, large enough to serve 400, was made from butter cream and fondant frosting, and decorated with melting chocolate. The creation earned Jason and Terry the $10,000 first prize for their artistry.

The victory didn't end there. After winning the grand prize while the cameras were still rolling, Jason turned to his girlfriend Nicole to propose marriage. She said, "yes" and the two were married a few weeks later at Salamander.

Every pastry chef has a rare, humbling moment of disaster. In the Food Network Challenge Extreme Amusement Park Cakes, Jason came in "whatever last was". Chuckling, "I can't remember if it was three teams or four teams but whatever it was we were the last ones." While Jason's cake was an incredible work of art, unfortunately the roller coaster failed to operate in the challenge, eliminating him from the competition. Undeterred, he competed in a third Food Network Challenge "King of Cones", again winning the $10,000 prize. Using the prize money, the newlyweds spent a luxurious vacation in Italy.

As of this writing, Jason is competing again on the Food Network Challenge as the cake artist in a team of three called the "Crypt Cookers" in the show "Halloween Wars." "This show is a little bit different. You start with six teams and every week a team gets eliminated...the finale is



at the end of October (29)." With a prize of $50,000 to the winning team, it's going to be a scary night!

Out of the limelight, Jason is passionate about contributing back to the community. His endeavors include cooking classes, at Harriman's Cooking Studio at Salamander, you can find him demonstrating and teaching in an interactive class featuring seasonal menu offerings. A master class right here at Salamander, nothing sweeter!

Albert's Corner

A monthly column for people who share their homes with four-legged friends



Albert P. Clark

People think it's ludicrous for animals to hold public office. And yet, ironically, the 2016 presidential election is a total dog and pony show. Rest assured, I have zero interest in disparaging any candidate. I just want to take a few moments to imagine a better scenario than what's currently unfolding. Even if I can't vote, I can at least share my humble opinion.

To be honest, this election cycle has made me proud to be a dog and not a person. On air and online, conversations about the candidates are filled with vitriol. It's hard to see so much hatred. It's painful to watch an increasingly and intensely divided populace tear the country asunder. Can't people just get along? And if not, can they at least elevate the conversation and tone down the negativity? Enough is enough.

Usually, I'm inclined to have a bit of fun when the elections roll around. In the past, I've had a great time putting forth my views on equal play for cats and dogs, stray marriage, affordable vet care, the right to choose when it comes to spay and neuter, and my desire for government to stay out of my "business" … or at least provide a proper poop bag to clean it up. I've talked about welcoming immigrants: the German Shepherd, the Irish Wolfhound, the Italian Greyhound, the Mexican Hairless, the Persian cat. Yes indeed, I've always enjoyed finding the lighter side of politics.

But I'm not feeling light anymore. I'm feeling anything but. The world needs to be a kinder place. I had really hoped that people could help to make that happen. People, after all, are the only hope that animals have. We need those of you who determine the well-being of this earth to be moving in the direction of unity, collaboration, and respect. Instead, constant hate-fueled exchanges are suddenly the norm. The worst part is that this does not seem like a momentary lapse. It appears to be a new state of being, and a dangerous one that will have consequences far beyond November 8th.

It's time for people to realize that this rancor is destroying everything and everyone -- two-legged and four. It's not just about how people are reacting to the election. It's about what that reaction represents. It's about an overwhelming lack of compassion changing the fate of this planet and every being that calls it home. It's time to wake up. Hatred is a powerful poison.

Right now is a perfect time to embody positivity by not contributing to this appalling political discourse. There are far more powerful ways to shape the future than violently arguing one's case for a candidate. I know most of my readers already know this, of course. But even the most peaceful of you will be baited into potentially volatile conversations in the coming weeks. My advice to is to remain silent, head to the polls next month, and hug your dog a lot. We know a thing or two about unconditional love, and it's a powerful medicine.

Albert, a Jack Russell Terrier, is Chairman of the Board of Wylie Wagg, a shop for dogs, cats, and their people, in Northern VA and DC.

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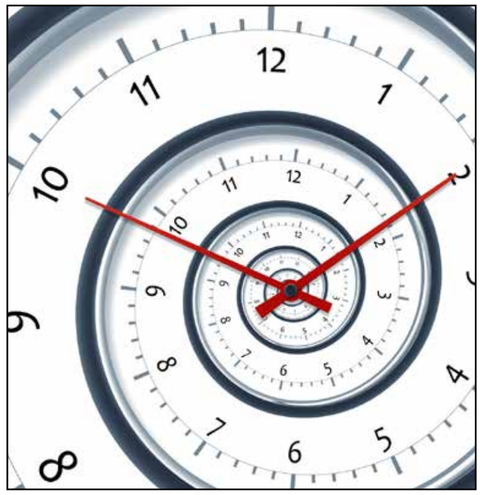
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Music and History

In Unison



Steve Chase

My friend Hunt Lyman asked me to write a music history lesson, so here it is.

The early days of the World Wide Web were remarkable. From your desk in Middleburg, you could "log in" to a computer across the planet, and get data on a topic of interest. It was a time of modems, tiny data pipes, and graphics made of characters. Sharing music through the Web was a notion completely inconceivable at the time, instead the bootleg cassette ruled—the sharing platform being the US Mail.

Moore's Law says that the number of transistors in a dense integrated circuit doubles approximately every two years, thus the capabilities of digital technology has evolved in a similar fashion. USENET groups, Prodigy, AOL, Geocities--all of these early social media platforms allowed people with certain interests to gather virtually to discuss their interests, whether they be computers, southern rock, television game shows, or Frank Zappa. Newsweek magazine, perhaps secretly worried about the long-term sustainability of print media, published the now laughable headline piece "The Internet? Bah! Hype Alert: Why Cyberspace isn't and will never be Nirvana".

The growth became explosive. Weblogs, or "blogs" were proliferating by 1997, and every middle school girl was chatting with friends over AOL Instant Messenger. With powerful demographics like that, the commercial interests rapidly jumped into the web, and websites proliferated by the thousands every day. By the time the "dot com" bubble fully burst in 2001, more than 70 million computers were hooked to the Internet. A good place to look at this history is the Wayback Machine (archive.org/web/). You can type in a website and see snapshots, from its first days on the web to today. When I looked for examples of band websites on Wayback, I found most began their web presence in the late nineties.

The term social media began to be used in the early 2000s. Websites like Friendster started the efforts, to be joined by MySpace, LinkedIn, Bebo, Classmates, and ITunes, to name a few. Then, in 2004 came the true revolution, when Facebook was launched at Harvard and was soon proliferating at college campuses across the country. It was only a matter of time before Facebook was being used by high school kids, and eventually, to the chagrin of the Millennials, their parents.

New social media sites continued to popup, some using Facebook as a way to proliferate their goods and music. In 2016, social media usage is more than 2.6 billion users, with sophisticated mobile devices fanning the flames of use even further. And these sites have helped push the total transformation of the music business, and how we get our music.

Today, when I listen to a song on Spotify, it is often shared to my network of friends over Facebook. My playlists can be shared over Playlists.net, where people can subscribe to these lists of music you create. Bands often offer free downloads if you share a concert or new album announcement to your friends on Facebook, it's great marketing.

Social networking sites are the norm on the Internet. While websites are viable and will remain so as mostly for reference or commerce source; social networking platforms are where the action is. They bring people together based on their personal preferences and relationships. If you want to get together with other people who like concert posters, you can join a concert poster group on Facebook. If that group doesn't talk about the type of posters you collect, all you have to do is start your own group, and in a month or so, it could have a few hundred members. This goes for music groups of all kinds—band fans, concert pins, concert setlists, bootleg recordings, and festival alumni. If you can think of it, it can be a group. I'm in a bunch of these groups, including Steam Powered Preservation Society, Zappologists, All Things Pinja, and Umphrey's Discussion, to name a few.

In the old website model, you would have to create the website, code it out, add a forum component…that's a lot of work when you compare it to our current model, where you can create a Facebook group in a matter of seconds. We've come a long way in 20 years, and to be sure it will be onward and upward in directions we can't yet imagine.

This month's playlist would be a good soundtrack for your Fall party, opened up by our local hot band, The Plank Stompers. Listen to it here: http://tinyurl.com/gpme4zo

The Artist's Perspective

Tom Neel



I would like to begin by thanking those of you who attended my show "Ashby's Gap". To be honest, as I write this, the show hasn't even happened yet! So, it is with hope that I wasn't standing there alone. HaHa.

Friday, October 7th, my wife Linda and I attended two shows in the town of Middleburg. The weather was perfect with just a taste of autumn in the air. Our first visit was to the newly owned Gallery On Madison at 9 South Madison Street, which was an exhibit featuring the paintings of Marci Nadler and Todd Phillips, with music by Jennifer Scott. This is a new, big artistic step for Nadler who has been both blossoming as an artist and promoting the local art scene for awhile now. While I would fairly describe the space as efficient, both the show and the gallery had a nice supportive energy about them. Fairly large canvases by both artists fill the space nicely and those who visit the gallery, especially under less crowded conditions, will find the art has plenty of space to breath. It's a recommended visit and future exhibitions are in the works.

Now just a block and half away at 102 W. Washington Street, Artists in Middleburg Gallery was presenting "The Horse in Art". The show's title was very fitting, representing an abundance of varied equestrian works of art, spanning numerous artists, sizes and mediums, including bronze. This town's love of the horse was most certainly not waisted on the evening, as here too I found a place bubbling with energy, smiles and good conversation. Certainly another recommended visit worth taking and here too rotating juried exhibits are planned.

As we walked back to our car located on Madison, we couldn't help making a few observations. First, was that it was nice to see a little evening energy in the town of Middleburg. These two galleries lit up the night like artistic beacons of creativity. As we walked along the sidewalk coming to the crossing at Pendleton Street though, we couldn't help but notice the intersection felt dimly lit. The new lamps offering a nice glow. But then crossing Street, the Sporting Gallery at 11 W. Washington Street, and Red Fox Fine Art at 2 E Washington Street, all been open, how special a gallery walk would that have been? Five galleries in a block and a half, lighting up the town with an evening of art. There's always hope.



and walking the block in front of the Safeway, the sidewalk and their parking lot was more or less dark. We looked up to notice most of their parking lot lamps bulbs were burnt out, with only one half a lamp along the side walk working. Most of the light on the street was honestly coming from the Byrne Gallery which was well lit, but closed.

I then thought, wow, had the Byrne Gallery, at 7 W Washington

The Plains too, also made a nice recent artistic effort with Art In The Plains. Held August 27th, it was great to seeing people out walking about and enjoying the evening, although the sun was still with us then for the early evening hours. Still, art has away of bringing people intellectually and culturally together. Something I think we can all use right now.

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Please place your order by November 20th, 2016, by calling 540-253-5644, Tuesday through Sunday, after 5:00 pm. The Rail Stop will be closed for regular service Thanksgiving Day. Pick up will be November 24th, Thanksgiving day, between the hours of 12:00 and 3:00 p.m. Have a great and safe holiday!

Friends for Life

Middleburg Humane Foundation





Hamburgler is a very cute, young adult shih-tzu mix who will need a quiet, easy going home with someone who is experienced in dog behavior. He gets along beautifully with cats & other dogs, but needs to be handled by people carefully. If handled correctly, he'll be your best friend but it will take him time to warm up. He is incredibly smart, & very cute, & is very social & affectionate in the right setting.



Peter Senior is 1 of 4 one-eyed kitties we currently have available for adoption, however it doesn't inhibit him at all. He's very sweet & would make a fabulous barn kitty or companion for another house kitty.



Cheyenne is a 9 year old quarter horse. She's had some training & handles well on the ground. She is looking for a home with someone patient, calm, & gentle because sometimes things are just too scary for her. Cheyenne would likely be happier as a companion horse than a riding horse for this reason. She gets along well with other horses & ponies.



Ridge is a SUPER cute, very friendly, easy going dutch rabbit who somehow lost his former home & came to us to look for another one!!



Good ole **Parker** is a very cute, laid back, easy going, friendly guy who gets along beautifully with people of all ages & all other kitties. He could be an indoor/outdoor kitty, but very much prefers to be indoors. He wins everyone's heart who has the good fortune of meeting him!



Erica is a small 18 year old welsh cross who was saved from a neglectful situation. We know that she was ridden by children some years ago but hasn't been in some time so likely could use a refresher course. Erica will require an experienced handler but she has tons of potential & is a flashy mover!



Ben is a big sweet handsome boy who would make a fabulous mouser & all around protector in any barn! He would also do well as a house cat, but would be happiest in a home with at least access to the outdoors.



Morpheus, Clovis & Ajax (2 males & 1 female) are 3 year old Bearded Dragons available for adoption.



Jill is a super sweet, young, purebred beagle who gets along with cats, kids, dogs, chickens, you name it, she LOVES them!! Jill is housebroken & very well mannered, however, she will need a home with a secure fenced in yard, or be walked on a leash ONLY. She CANNOT be trusted to be loose or she will get into trouble.



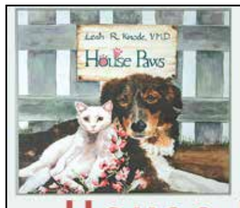
Jasmine is a 25 year old small welsh pony cross who came to us from a neglectful situation along with 2 other ponies & 14 rabbits! We know that she was ridden by children some years ago but hasn't been in some time so likely could use a refresher course. Jasmine is sound & easy to handle.



Poor **Louise** came to us originally a few years ago as a young, pregnant dog living in deplorable conditions. She's wonderfully sweet & gentle with people of all ages & is more than ready to find her forever home where she can be the couch potato she longs to be! Louise will need a home where she is the only animal.

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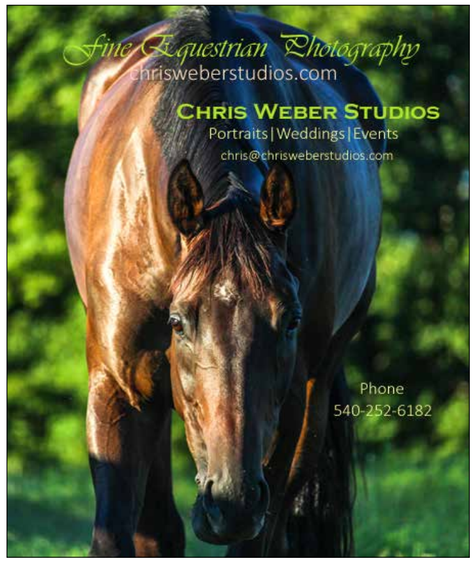
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Vote

Difficult though it can be at times, the Middleburg Eccentric's editorial policy has been, since the beginning, to not endorse political candidates.

Once the elections are over we try to do our best to work with all those who serve in public office to do what's best for our town, its citizens, friends, visitors, business people and supporters.

We also do our best to make sure they do their best by reporting, we hope always fairly, on what they do, and don't do, and why.

That said, this is one of the most important elections of most of our lifetimes, nationally and locally.

Both candidates for President are disliked by margins that defy comparison.

The election of either will be transformative.

If ever there were a national election in which NOT casting one's vote was foolish, if not worse, this is it.

If ever there were a national election in which casting one's vote for a non-electable candidate was both foolish and dangerous, this is it.

Many, too many, sadly, on both ends of the political spectrum see their choices on November 8 as a choice of the "lesser of two evils" and would use that as an excuse to stay home and not vote.

The greater evil is not to make a choice.

The greater good is, once the nation's choice has been made, to unite to help those who won do things that are good for our country, our state, our county and our town.

Vote.

Racism

There was a time in the living memory of all too many of us in Loudoun County when the October 1, 2016, vandalism and defacement with "white power" graffiti of the historic, one-room "Ashburn Colored School" (its name alone speaks volumes) would have attracted little, if any, attention.

No more.

Now our elected chief law enforcement officer, Loudoun County Sheriff Mike Chapman, both praises and thanks "the community and our local leaders" not only for "their outpouring of support" but for their " understanding the significance of the offenses."

Individuals, organizations, non-profits, corporations from all over the County, and the world, united to do their best to set things right.

The arc of the moral universe is, indeed long, sometimes excruciatingly so. But it does, indeed, bend toward justice

Laurels

Congratulations to Judge Tom Horne and Journalist Margaret Morton, recipients of the 2016 Loudoun Laurels.

All of us are indebted to Judge Horne for not only his years of exemplary service on the Loudoun County Circuit Court bench, but his tireless efforts as a community citizen, preservationist and lacrosse-playing, coaching and program-founding role model in all the best senses of the word.

As for Margaret Morton, it is with special pride that we commend a distinguished journalist who has served the community with her pen at not one but TWO outstanding (and, at least once a month, competing) newspapers. She stands for everything that is best in our profession: integrity, objectivity, fairness, fearlessness, great style, sharp wit, hard work, and more.

Looking Good

Just in time for the Film Festival, Halloween, Thanksgiving, Christmas in Middleburg, and the beginning of a great new year Middleburg looks not just good, but great. The streets are not only clear at last, but truly beautiful. The last of the hail damage is being repaired. Christmas decorations will soon be hung. The Fun Shop returns better than ever. Maybe all isn't right with the world, but it sure feels BETTER ! Kudos to all who suffered through the worst and came out stronger!

Undecided?

Blue

Dan Morrow

If you intend to cast a vote for the next President of the United States and are still "undecided" about which candidates you'll vote for on November 8, I commend to you John Oliver's funny and thoughtful "Last Week Tonight" analysis of "Third Party" candidates from Sunday, October 16.

For those of you who are still desperately clinging to the "lesser of two evils" excuse for casting a vote for Donald Trump, please consider the following.

If you are:

A woman:

You KNOW why you don't want that man in YOUR house, much less the White House. You know him, and those like him, from a lifetime of all too unpleasant, demeaning, and sometimes dangerous experiences.

A man:

You wouldn't tolerate either Trump's language or behavior in your presence, much less the presence of someone you know, love or respect.

A Republican

You wouldn't legitimize the man now condemned by every living Republican of stature, and one who threatens to destroy not only your party but everything good it ever stood for.

A Libertarian

One word: Paul Ryan. See also "Republican" above.

Pro Choice

Trump and his minions think shaming and punishing women would solve part of the "problem" and banning abortions entirely would do the rest. Medically and ethically he would send us back to the era of back-alleys and coat hangers.

Pro Life

See Pro Choice. And, pro-lifers, you KNOW Trump is really pro choice.

NOT afraid of people from Mexico, or Muslims, or "foreigners" in general

You don't want to legitimize his ranting about their being criminals, rapists, and disease bearers, here to take the jobs your children really wanted. You don't want to see him rounding up millions for deportation, especially if you know, respect and work with many of them every day.

Suffering from Parkinson's, or love, admire and support someone who is

You don't want to elect a President who mocks those hit by the disease, or one who attracts followers who think he's funny when he does so.

A believer in the essential decency and competence of our Soldiers, Sailors, Marines, Air Force and Coast Guard

You don't want a "Commander in Chief" who calls them "losers," thinks they're incapable, and threatens to (illegally) purge their officer corps.

Nor do you want a President who brags that he would not only torture people but "go beyond" current forms, in open violation of our own Uniform Code of Military Justice, the Geneva Conventions and other treaties to which we are parties and which are the law of the land

Not in favor of Authoritarianism or worse

You don't want a President who brags that, as President, he IS the law, and he that his generals and others would and should "do what they were ordered to do" if he were in office.

In favor of health care for all Americans at least as good as that in Canada, Europe and Japan

You don't want a President who wants to repeal what little protection we currently offer our sick and elderly: Medicare, Medicaid, The ACA, and other programs.

In favor of fewer nukes, not more

Trump's made himself clear. The more the merrier. Bombs away.

A believer in free public Education

You don't want the founder and namesake of scandal-ridden Trump "University" and its sibling, Trump "Institute" in the White House.

NOT a racist

You don't want a President who systematically excluded people of color from renting from him, even if they could afford the rent, much less someone who led the fight to "prove" the twice-elected President was a Kenyan-born, Muslim, Communist who hates America. You probably don't care for the kind of folks he attracts either.

A believer in American democracy

You don't want to put a man in the White who threatens, if elected, to jail his opponent and preaches that the election itself is rigged, even before he loses it.

The German philosopher Georg Hegel believed history was cyclical and that "all great world-historic facts and personages appear . . . twice."

"True," a young Karl Marx noted: "the first time as tragedy, the second time as farce."

My fear is that, with Trump and Trumpism, we may well be moving from Hegelian tragedy . . . to farce . . . to farce-driven tragedy, on a scale heretofore unimaginable.

Your vote may well be the only thing standing in the way.

Don't waste it.

The Train Wreck

Red

Jim Morgan

I can't remember ever being so pessimistic about America's future. This train wreck election is finally upon us though how effective American democracy will be in the next few years, regardless of who wins, remains very much in doubt.

Political junkies keep talking about the "undecideds" as if there could still be any at this point. Yet, hard as that is to imagine, it is even harder to imagine anyone truly being enthusiastic about either P.T. Barnum or the Hildebeast. Voting for either one as a lesser of evils is an understandable act of desperation. But actual enthusiasm for either one is just inexplicable.

So what to do? Your humble correspondent seriously considered sitting this one out but ultimately decided that such a course was a self-defeating, head-in-the-sand reaction. We are citizens and citizens should vote (after showing a photo ID, of course).

So Trump or Hillary? And forget those ridiculous "third party" non-options.

Yes, Trump is coarse, vulgar, and boorish, though when did that start bothering Democrats? JFK was an absolute hound and LBJ once bragged that he had "had more women by accident than Kennedy did on purpose." But the clear winner in the Vulgarity Sweepstakes is Hillary's husband whom Democrats still loudly excuse and defend.

Trump has said some ugly things about women though nothing that anyone who has spent time in a barracks hasn't heard. Some of the groping allegations are probably true. But Bill Clinton has credibly been accused of multiple sexual assaults and even rapes. Hypocritical Democrats, including Hillary, loudly condemn Trump but just shrug off Clinton's much worse behavior. No one who excuses Clinton's sexual misdeeds has any standing to criticize Trump.

And, on some important issues, Trump is right. Illegal immigration must be controlled. American military strength (and, therefore, diplomatic influence) must be rebuilt. And absolute free trade doesn't work.

What can be said of Hillary that hasn't already been said? She is an utterly corrupt scandal machine. The only success she has had in her entire career has been to stay out of jail (though she's very good at that). But this great icon of I-am-woman-hear-me-roar feminism simply latched onto her hubby like a remora on a shark and has picked up the scraps he left behind.

She has never gotten a significant job on her own. The New York state Democratic Party handed her a senate seat as a stepping stone to the presidency. Barack Obama stopped that in its tracks but then gave her the State Department so as to keep her on a short leash.

What has she ever accomplished? Remember all that significant legislation she sponsored in the Senate? Neither do I. Remember the Russian reset? Iraq? Benghazi? The deliberate mishandling of highly classified information on a private, illegal server? Using the Clinton Foundation as a family endowment? It never ends with that woman. She is, as William Safire wrote way back in 1996, "a congenital liar."

Even more importantly, she will continue to keep the hammer down on the progressive demolition derby that has given our society "inanities like 32 'genders,' elective bathrooms, single-payer, Iran sycophancy, 'Islamophobia,' and Black Lives Matter." (See http://www.claremont.org/crb/basicpage/the-flight-93-election/). How can any person of conscience support her?

As a lifelong Republican, I hate what is happening to my party. But perhaps (he said hopefully) this is one of those upheavals that "if it doesn't kill you, will make you stronger." We know that Hillary will drive this country ever leftward to the cheers of a thoroughly corrupt leftist establishment. That is an absolute certainty. Whatever else might be said of him, Trump is shaking up the GOP at a time when it desperately needs to be shaken up so as to be able and willing to fight back. Maybe some good may come of it.

Like it or not, this election is about choosing the lesser evil. And that means Donald Trump.

The Upcoming Election

A Scientist's Perspective

Arthur Poland, Ph.D.

You might ask, quite reasonably, what valid insight would a scientist, especially an astrophysicist, have with respect to politics?

The simple answer to that is that many of us, including me, have side interests in many aspects of science including: biology, computational science, and social science. As a result of that interest we read journal articles and attend lectures on those subjects, and thus become reasonably knowledgeable in those areas.

In the case of voting, sociology is important.

In general, scientists approach problems in a manner significantly differently from most people. We are very analytical. We attempt to block all emotion from our decision making process (I have been criticized by some of my non-scientific friends for not letting faith have enough say in my decisions).

However, to do good science, you must be guided by the facts, not what you wish were so. Sociological studies have shown that for most people emotion trumps (excuse the pun) logic. A part of this is that people remember negative and forget positive. It is part of a survival mechanism that is now hard wired into us as human beings.

From what I have seen in the debates, and political advertising, the candidates and their committees are well aware of this. It is almost impossible to find good discussions of the issues.

A scientific approach to an issue would be, what is the problem, how would I address it, what are the problems with that approach, and here is why I think my approach will work.

Instead I seem to only hear and read about what disgusting and or negative thing the other candidate may or may not have said or done.

Another interesting result of Sociological studies is that the dominant factor in peoples' emotions is fear. These studies are based on questions presented to many people, so it is statistically significant. Our politicians seem to be well aware of that fact and are using it to the maximum.

I just can't get out of my mind one of FDR's inaugural statements, "..we have nothing to fear, but fear itself."

As a scientist I am always keeping in mind the results of these studies. They tell me why the politicians are saying what they are. As a scientist I am always asking what is real and WHY is he or she saying that.

Another perspective I have is a result of a media training course I took. When I worked for NASA, part of my job became doing TV and radio interviews. NASA sent me to the school, so I could do a good job at this. It is not something that comes easily to a research scientist.

Two main points I learned were: 1) keep your message very simple, and 2) if they ask a question you don't want to answer, answer the one you do want to answer.

Number 1 makes it very hard to get real and complex issues across to the voter. It means that the written media needs to do an excellent job in this area. Number 2 tells you why the debates are so frustrating to watch or listen to. If they don't like the question, they ramble on about whatever they want to say.

I hope this article has given you some insight into how you are deciding this election. How you are being played by the candidates. If you are voting your emotion, understand that is what you are doing and why. If you are voting the facts, be sure they are the real facts.

Ask a Council Member

Mark Snyder

Hello Middleburg! I need to know what questions you have about our local Middleburg government – PLEASE let me know what you want me to discuss in future articles, as my well of topics is getting frightfully low.

The elections are almost a fortnight after publication date. Yikes! I do realize that many people are not pleased with the presidential candidate choices – especially at the top of the ballot. However, I still expect you vote on Election Day. Our democracy requires your participation, so do your patriotic duty.

On Tuesday, November 8, I will be voting at the Town Office (10 West Marshall Street). Yes, I will vote for president, but we have other decisions to make as well. I summarized them for you below.

We need to pick our 10th district US House of Representatives member.

If our residence is inside Middleburg Town Limits, we also need to select a new member of Town Council to fill the vacancy that resulted when Mr. Erik Scheps moved outside of Town. This is a special election mandated by the legislature in Richmond. This is Middleburg's first Special Council election occurring in November. Middleburg's regular council elections are the first Tuesday in May on even numbered years. Do not overlook this position when you cast your ballot!

We have two proposed amendments to the Virginia constitution: (1) a right-work amendment versus unions and (2) real-property tax exemptions for a surviving spouse of a deceased police, fire fighter or other emergency responder who died in the line of duty.

Finally, we have questions asking authorization for Loudoun County to incur a debt ($76,115,000) for three or more public facilities (Capital improvements), authorize an $18 million debt for road improvements and another to authorize a $233 million debt for new school construction/addition projects (a cost of "growth").

If you want more details, go to the Virginia Department of Elections site http://elections.virginia.gov/voter-outreach/whats-ballot.html and enter your residential address to see all candidates and issues on your ballot.

Please send questions, suggestions, comments or complaints to the Eccentric for Ask a Council Member. I would love to hear from you!

\letters@middleburgeccentric.com

Citizenship "The Freer Step, The Fuller Breath"

The Public Square

Jerry Van Voorhis
Chandler Van Voorhis

The Public Square foresees a model of citizenship ahead that is truly aspirational. It would be less a box into which we fit than a platform through which we inherently, as people, shine.

The great beauty of America is how the arc of history made the individual primary. It is a gift of life that allows us to shake our past, locate the mind, lift the soul into tomorrow, and elevate us over a lifetime into a better future as Americans.

The citizen, one might say, is the vessel through which our nation was to operate.

The rights of personal conscience were enshrined in our founding. Government took its authority from the people, rather than people from the government. It remains our basic compact.

As early as 1793 James Wilson, associate justice of the Supreme Court, made the distinction between "the state" and "true sovereignty." In a court opinion he cited how toasts at dinner parties would all too often be made to "the United States" rather than to "the People of the United States."

Because the Constitution dealt with structural balances to control unwanted concentrations of power, citizens were given named freedoms in exchange for an

Continued on page 46

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Editors Desk

Groundwater: Middleburg's Hidden Resource

Waterworld

Richard A. Engberg

Groundwater is invisible to us. The expression "Out of sight, out of mind" is sometimes used when a friend or loved one is away. But according to an article in the September issue of "Water Resources IMPACT", the expression can also be applied to groundwater. The authors state that "This lack of physical visibility has contributed greatly to its lack of visibility in many discussions of water policy, governance, and management."

Worldwide, groundwater is extremely important. Only three percent of the water on earth is fresh and two of the three percent is tied up in the Antarctica and Greenland icecaps. Of the remaining one percent of freshwater, 99 percent is groundwater and only one percent is surface water including all the freshwater rivers and lakes.

Groundwater occurs from near surface to several hundred feet below land surface. Shallow groundwater is the most susceptible to contamination Contaminants may include fertilizer both natural and manufactured, naturally occurring trace constituents, leakage from treatment plants or septic systems, pesticides, household chemicals, fracking chemicals, gasoline or fuel oil spills, and leading underground storage tanks. Even road salt can be a potential groundwater contaminant. Contaminants may reach groundwater by infiltration, through abandoned wells, for even around poorly installed existing wells

The Alley article states that in the United States, about 38 percent of the population depends on groundwater for its drinking water supply. Rural areas often are 100 percent dependent on groundwater.

Locally, Middleburg's water supply is totally from groundwater. Two wells on Salamander property, one well about two miles south of town and two wells inside the town limits comprise the water supply. The area is not blessed with abundant groundwater. The subsurface geology is complicated and there is not a single aquifer underlying the area. Because of this, drinking water sources can be limited.

The article provides suggestions for groundwater management that include the following:

- Governing and managing groundwater require working with people
- Data and information are key
- Groundwater and climate are linked
- We need to take care of what we have
- Effective groundwater management is adaptive and resilient to drought and climate change
- Agriculture, energy, environment, land use planning and urban development policies must incorporate groundwater considerations

Middleburg aggressively manages its drinking water supply. The Middleburg Wellhead Protection Advisory Committee comprised of local residents provides recommendations to the Town Council for management and protection of the source water. Based on the committee's recommendation, the council determined that a reasonable protection area for each well is a one mile radius. Because the radii overlap, the entire town is included in the source water protection area.

Middleburg does an excellent job of protecting its source water. Potential areas of contamination are closely monitored. Potential contaminants such as bacteria, lead, copper, nitrate, radiological constituents and others are regularly measured and are within acceptable limits.

Most of the suggestions from the Alley article have already been incorporated into Middleburg's source water protection plan. Still, the citizens of Middleburg must continue to practice water conservation and limit potential sources of contamination.

Reference: Alley, W. M. and others, 2016, "Making Groundwater Visible", American Water Resources Association, *Water Resources IMPACT*, Volume 16, Number 5.

Citizenship - Continued From Page 45

equal balance of responsibilities. It was a formula equating to the privilege of "true sovereignty," but taken no further.

There was never any doubt the individual's freedom not only strengthened each person, but also magnified the force and power of the Republic as a whole. And for 240 years, decade-by-decade, the beat of the citizen drum has been relentlessly pursued in the steady widening of American egalitarian democracy to all.

As the country prospered in its early years, its principles took on context. A mix of equality under law and nationalistic growth, fed by the simplicity and common sense of Jacksonian Democracy, wove themselves into our citizen code. Through common heritage, economic independence, pride in our identity, and an expandable future, Americans fashioned their ideals of patriotism and love of country.

The further maturity of our nation, however, has seen this Jacksonian wave gradually siphoned off to governmental planners. They too often organize our citizen dealings around a prescriptive point of view that exceeds simple administration.

The managers of our time are narrow overseers, not owners of our national life abiding by the citizen heart. These trained practitioners often replace the volunteer energy of people with the problem-solving skills of an administrative state.

The code today has broken the elements of citizen trust and empowerment, which must return. If we rely on "the state," it can't happen. But we rely on the notion of "true sovereignty," it can - and will.

To grasp the future, we must go back to the trunk idea. Perhaps, as the Revelator in Scripture wrote, "I have set before thee an open door" (Rev. 3:8) is what liberty in America and our national compact really was charted to be.

In a funny way, just as we know life is not a big to-do list in the end so much as growing into of our place and station in the world, it's possible we were at first too limited by the need to repay our freedom with citizen responsibilities for the privilege of having it? Without sacrificing that core, is it possible there is more to the equation?

One hardly can conclude the exchange of rights for responsibilities is not fundamental - it still is. But it may no longer be enough. Just as the voluntary energy of the Jacksonian model of volunteer democracy is no longer inclusive enough, so the transfer of citizen services to planners and experts often empties the whole idea of a citizen order.

So where do we go? The Public Square believes the time is here to recognize the role of the citizen could yet prove far more fundamental than we've dreamed. Far from a rigorous set of dour expectations, it is here to house hope and take our breath away. As with Eliza singing in the play Hamilton, we should at all times feel "How lucky we are to be alive right now."

Citizenship is a wonderfully positive race for only the best in ourselves. But what can this mean? Rather than making too much of the "open door," the question is, "Have we made too little of it?" Can life, as Samuel Longfellow (younger brother of Henry Wadsworth Longfellow) wrote in 1874, be "The freer steep, the fuller breath, the wide horizon's grander view" for us?

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128 acres and immaculate 3 level, 13,000+ sq ft stone & shingle main house • 5 BR • 8 FP • Exceptional finishes on every floor • Caterer's kitchen • Elevator • Spa • Separate guest cottage • Pool • Farm manager residence • 3 additional tenant houses • 12 stall center-aisle stable • Pond • Extraordinary land w/incomparable views extending beyond the Blue Ridge Mts • Orange County Hunt

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Salem Hill
Marshall, Virginia
$2,300,000

Prime Fauquier location, well protected • 6 bedrooms • 4 full and 2 half baths • 3 fireplaces • Great views • Pool with large flagstone terrace • Large county kitchen • 4-car detached garage with apartment/office • 9-stall barn • Covered arena • Outdoor ring • 4 stall shed row barn • 51 fenced acres

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Old Fox Den Farm
The Plains, Virginia
$1,985,000

Restored 3 bedroom 1830's farmhouse on 65 acres • Multiple porches & fireplaces, lots of charm • Lovely pool, shared pond, 4 stall barn, workshop • Expansive mountain views, rolling open pasture & fully fenced elevated land • Gorgeous setting in the protected valley between Middleburg and The Plains • Conservation easement permits 2 more homes to complete the compound

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Cadore
Middleburg, Virginia
$1,800,000

Custom-built stone & stucco home • 4+ bedrooms include 1st floor master • Gourmet kitchen • Home office with T-1 line & VIP security system & home automation • 4 stone patios • Perennial gardens & large mature trees • 3-car garage • Gated entrance, pristine grounds, pond, barn • 24 acres

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Greystone
The Plains, Virginia
$1,700,000

Circa 1807 • 33 acres ideally located between Middleburg & The Plains • Rare quarried stone exterior, 10-foot ceilings • Period mantels, original wood floors, two-story front porch • 3 BR/3 BA, each a private suite • Historic stone barn includes one BR/BA apt, heated tack room, 6 stalls • Carriage barn • 3 paddocks, large turnout field, run-in sheds, auto waterers • Whole farm generator • Pond • Orange County Hunt

Helen MacMahon (540) 454-1930



Willow Way Farm
Middleburg, Virginia
$1,625,000

Prime Middleburg location • House completely redone in 2004 • Hill top setting with panoramic mountain views • 3 BR • 3.5 BA • Main level master suite • Pine floors • Beautiful millwork • 3 FP • Attached 2-car garage • Beautiful windows • Gracious room sizes • 4-stall barn • Riding ring • In-ground pool • Lovely gardens • 31.05 acres recorded in 3 parcels

Paul MacMahon (703) 609-1905



212 Cornwall Street
Leesburg, Virginia
$1,575,000

Beautiful stone home on wonderful street in the heart of historic Leesburg • Completely renovated in 2011 • 5 bedrooms • 4 full and 2 half baths • 3 fireplaces • Screened porch • 2 car detached garage with apartment • Gourmet kitchen • Grand room sizes • Wood floors and detail throughout • Beautifully landscaped

Paul MacMahon (703) 609-1905



Westwind Farm
Middleburg, Virginia
$1,575,000

Classic Middleburg colonial, completely redone in 2009 • 5 BR • 4 full BA, 2 half BA • 2 FP • Gourmet kitchen • Top of the line finishes throughout • 2-car attached garage • Beautifully landscaped • Sweeping unobstructed mountain views • 21.08 gently rolling acres • Fenced & cross fenced • Great barn, multiple run in sheds & riding/jumping paddocks

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Duck Pond
Boyce, Virginia
$1,027,000

Fine 4 BR, 2.5 BA house on 39 acres • Well cared for and well maintained • Wrap-around porches • MBR on main level • Kitchen and baths updated • Lovely property • Excellent 4 stall barn with H/C wash stall and heated tack room • Board fencing • Paddocks • Very good run-in shed • Level land, mostly open • Pond • Invisible fence on 10 acres • Blue Ridge Hunt territory

Tom Cammack (540) 247-5408



6428 Main Street
The Plains, Virginia
$1,025,000

Gorgeous country home • Historic village • Panoramic views • 3 acres • Beautifully landscaped grounds with terraced herb garden and pool • 3 BR, 2 full + 2 half baths • Master bedroom w/gas FP on main level • Large dining room w/built-in china cabinets • 2 BR upstairs w/shared BA • Lower level family room w/wood-burning FP • Wet bar & french doors to pool area • Recently renovated

Joseph Keusch (540) 454-0591



Janney Street
Waterford, Virginia
$996,000

Custom built Quaker reproduction in Historic Waterford • Brick and frame home • Beautiful woodwork • Wood floors • High ceilings • Grand rooms • 4 bedrooms • 3 1/2 baths • 4 fireplaces • 2 separate lots • 3 car garage

Paul MacMahon (703) 609-1905



Conde Road
Marshall, Virginia
$780,000

Spacious and full of light, open rooms with contemporary flair • 8+ private acres with lovely sylvan views • Entry level MBR with attached nursery & study • 2 BR basement, each with full bath en suite • Home theater • Pool • Wood floors • 2 car garage • Well maintained • Many upgrades including whole house generator

Alix Coolidge (703) 625-1724



Dover Road
Middleburg, Virginia
$520,000

Brick home on 3 acres • Minutes from Middleburg • Sold in "AS IS" condition • 4 bedrooms • 2 1/2 baths • 2 fireplaces • 2 stall barn • Shed • Pool in need of repair • Rear brick terrace • Little bit of work but great value

Paul MacMahon (703) 609-1905



Republican Street
Paris, Virginia
$399,000

Totally renovated brick home in Village of Paris with 3 bedrooms, 1 1/2 baths • 2 fireplaces • Carport • Unfinished basement • Lovely views!

Paul MacMahon (703) 609-1905



Patrick Street
Upperville, Virginia
$375,000

Charming stucco bungalow on a quiet lane • Hardwood floors • Flagstone patio • Updated kitchen and baths • Home office and first floor master with sitting room • Large fenced back yard • Very well cared for turn-key home and a great value

Helen MacMahon (540) 454-1930



105 Sycamore Street
Middleburg, Virginia
$365,000

Clean, tidy home in the village of Middleburg • Recently upgraded with new roof • New siding • New insulation • New hot water heater • New furnace and gutters • Very well cared for and easy to show • Lovely large back yard - easy maintenance • 3 BR • 2 BA • Large enclosed back porch

Helen MacMahon (540) 454-1930

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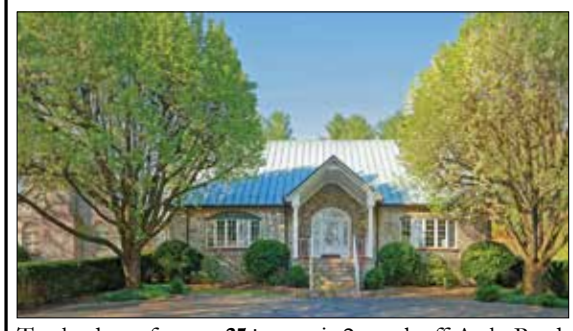
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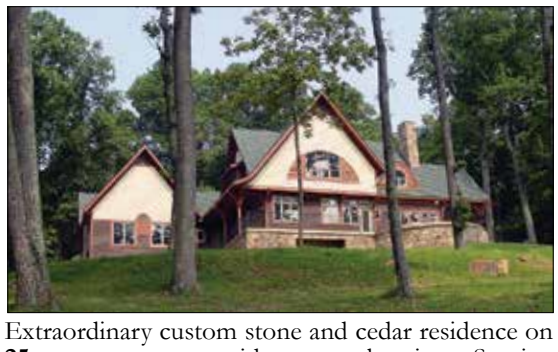
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