

A HUNTSMAN'S FIRST YEAR HIGHLIGHT



NANCY MILBURN KLECK

On one of the last Saturday's of the season, looking as elegant as any huntsman can in scarlet, Middleburg Huntsman Richard Roberts watched his pack tumble down the walkway of the newly renovated Huntland kennels and out onto the grass to meet everyone before moving off to hunt. Friends, followers and especially the children hovered around them, eager to enjoy the attention and freedom.

The day before, hounds were brought to the meticulously restored kennels at Huntland as part of the kennel tour and reception hosted by Dr. Betsee Parker that evening. Originally built in 1912, the kennels lay vacant for decades and now are as originally built. Guests viewed for the first time the kennels' interior, feeding and treatment rooms, staff living and changing quarters, and the unique tunnel under the lodges that opens up for separate exiting of bitches and doghounds into the grass yards.

After hunting, staff and hounds returned to the hunt's kennels to snuggle up in familiar surroundings. "The kennels at Huntland will be considered a museum and not a working kennel", explained Dr. Parker, beaming in her joy of welcoming everyone to the very special occasion.

A couple of weeks later, hound walking with Richard, whippers-in Carey Shefte and Libby Gilbert, I asked him about his first year. Referring to the challenge of being a new huntsman and becoming leader of a new pack of hounds, he said, "It was really good. The transition of adapting went well" he added, "the strong support of the Masters" was a major part of a good transition. "The landowners could not be more coop-

erative" he added.

The bond between this gentleman and his hounds is easily seen. Speaking softly to each hound, including the youngsters out for the first time, this was a happy pack, enjoying the time off and the brisk chill. As we walked up and down hills, Libby and Carey quietly kept them together, and lured the occasional wandering youngster back into the pack.

We reached the pond in the back of the property, the water too cold for them except the Labrador Retriever who dived right in and showed off by making two turns. The hounds, he described, "settled into my style of hunting." And to his style of horn blowing, "each huntsman has a unique set of melodies in his repertoire." He tossed biscuits to his adoring charges while sitting on the fence, admiring the view that stretched for miles until they were gone. Having grown up in England, it probably brought back memories. One tall hound was able to get his nose to his pocket, but was too late to find any treats.

Richard smiled as he talked about how much he appreciated his staff. On a wistful note, he mentioned that Libby Gilbert, the hunt's 1st Whipper-In for four years, will sadly be returning to England to hunt a foot pack in West Yorkshire. "She will be very missed." Karen Nutt will join the staff as Honorary Whipper-In and is already settled in.

"Are you getting ready for the hound show?" I asked, thinking about the Virginia Foxhound Show at Morven Park in late May. "Not yet!" he replied with a big grin. The last day of hunting was a week ago, I remembered.

A lovely morning spent with a lovely fellow and a most beautiful pack of hounds.

Meet The Candidates Night

April 11th ~ 6:30 pm

The Middleburg Community Center

Email Questions for the Candidates by April 10

candidates@mbecc.com

CANDIDATES STATEMENTS PAGE 50



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NEWS OF NOTE

NATIONAL MORTGAGE AND MIDDLEBURG BANK HOST FIRST-TIME HOMEBUYER SEMINAR

SIDNEY RANDOLPH,
MARKETING COORDINATOR, ACCESS NATIONAL BANK

Access National Mortgage ("Access") and Middleburg Bank ("Middleburg"), both divisions of Access National Bank, hosted their First-Time Homebuyer Educational Seminar ("the Seminar") on Wednesday, March 7 at the Middleburg Community Center.

Young, prospective first-time, as well as seasoned, homebuyers in the Loudoun area joined to discover new financing, lending, and credit-rebuilding options to help them meet their homeownership goals.

Sixty-seven percent of attendees expressed interest in Access's services when the Seminar concluded.

"I have been in this industry for more than 18 years, so I know buying your first home can be daunting," Bill Stern, Sales Manager at Access National Mortgage, said. "But, the audience was active and engaged throughout the seminar."

Stern presented on the financial benefit of ownership and special financing programs for first-time buyers, including some that finance 100 percent of the home's value.

The inaugural event was co-presented by Atoka Properties, Virginia Housing Development Authority, and Bankers Title Shenandoah.

Ryan Clegg, REALTOR®, represented Atoka Properties. Clegg, a local agent in the Middleburg market, illustrated the homebuying process for prospective buyers from contract to close.

Other featured speakers included Danielle Tubbs, Director of Operations and Settlement at Bankers Title Shenandoah and Regina Pinkney, Business Development Officer at Virginia Housing Development Authority (VHDA).

Bankers Title Shenandoah provided guidance on title services, such as insurance and settlement.

VHDA offers a loan program with up to 100 percent financing and is commonly used in our market area.



ing and is commonly used in our market area.

"As members of the com-

munity, it's essential we open a dialogue with first-time buyers," Stern said. "Our mission is to

guarantee successful homeownership no matter what stage of life you are at."

GREAT MIDDLEBURG

SPRING CLEANING

Saturday, April 14th

8am: Middleburg Community Center

Spring is in the air, time to do a little cleaning!

Dress comfortably and be ready to sweep up the streets. **All Ages Welcome!**

Make a difference for the community!
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A Special Thanks to Salamander Resort & The Community Center for Hosting & Providing Food

Rain Date will be Sunday April 15th, 8a.m.

Sponsored by Go Green Committee & Middleburg Futures Group

Middleburg Eccentric

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MIDDLEBURG CANDIDATES

**VINCENT
BATAOEL**
For Mayor

**KEVIN
HAZARD**
For Council

**KRISTIN
NOGGLE**
For Council

**MIMI
STEIN**
For Council

**CINDY
PEARSON**
For Council

VOTE MAY 1

Paid for and Authorized by Vincent, Kevin, Kristin, Mimi, and Cindy for Middleburg

NEWS OF NOTE

MIDDLEBURG JUICE COMPANY: FRESH TO YOUR DOOR & GOOD FOR YOU — INSIDE & OUT



LAUREN R. GIANNINI

To Juice or Not to Juice? That's easy to answer, thanks to the delicious Green Juice available from Middleburg Juice Company.

Founder Matthew Cahir promises and delivers, literally and figuratively, seriously fresh juice made from organic, non-GMO ingredients. Cahir's recipe is lowest in sugar and very high in fiber without being heavy. Best of all, this Green Juice's appeal has no age limits — children and teens are as enthusiastic as their elders about drinking their daily vegetables.

"My intention is for Green Juice to be a great representation of Middleburg with zero footprint and zero waste," Cahir says. "What's left after juicing will feed pigs and chickens. The glass bottles will be collected and sanitized, then re-purposed. We'll be sourcing up to 80 percent of our product from local farms within the next 30 to 60 days. This also serves as a great opportunity for local students to get gainful holiday employment and understand the mechanics of small business."

Middleburg Juice Company, established January 25, 2018, owes its existence to Cahir's nearly miraculous health turnaround that began in early December 2017.

"My health was in the toilet — a combination of issues, including heart, gout, and Lyme," he admits. "I was carrying pre-diabetic weight — 265 pounds. I was close to full-blown IBS [Irritable Bowel Syndrome]. I did a lot of reading, looking for help. No one can eat the amount of salad and vegetables required daily to keep you healthy. A good friend who's a nutritionist suggested I try adding juice to my diet."

The sad truth is that even top-of-the-line labels tend to be high in sugars and, with flash pasteurization, carry use-by dates that negate the basic premise of fresh juice. Unless you're a total DI-Yer, you might want to check out the new juice in town.

Cahir (pronounced Car) wanted green juice that ticked all the boxes: light, refreshing, palatable, very low in carbs (sugar) and fresh fresh fresh. The decision to make his own resulted in an epic albeit successful quest for the Holy Grail of Green Juice. He received invaluable help from his nutritionist friend, Elizabeth McGuire.

"We developed this recipe and kept honing it," recalls Cahir. "At first, it was rather disgusting with that horrible green after-taste. We kept increasing ingredients, taking them away, changing the proportions — two solid months, every single day of tasting, refining and trying to find this recipe that works. From what everybody says, my juice has all the

ingredients that anybody needs and in the right proportions: 90 percent veg and 10 percent fruit. Anything you buy off the shelves is the other way around — way too much sugar."

Cahir set specific goals. He wanted to make juice that a) is really enjoyable to drink so that you want to drink it; b) that actually does what you want it to do; and c) is balanced enough to have a couple days of refrigerated shelf life from the inclusion of natural preservatives that stop the juice from turning too rank too fast.

"Drinking my green juice, I lost 46 pounds and I have no inflammation at all — after years of having an attack every second week, I haven't had inflam-

mation for months," Cahir says. "It's amazing. I've got the energy of a 20-year-old. My hair is so soft. I used to have a big issue with oily skin and got eruptions everywhere, but my skin's completely clear. I almost had IBS from all the rubbish I was eating. Before juicing, I ate two steaks a day and never ate anything organic or non-GMO. First thing every morning I drink my green juice — it's the most palatable, easy and convenient way to get all those good nutrients into my system. What grabs me is there's actually a thrill getting to the fridge and opening the bottle to that smell. It's like OMG!"

Cahir spent years working in New York City for a huge investment bank. "I was doing very

large transactions for Goldman Sachs in the IT industry and software — buying and selling companies. There's no human side to that, no emotion," he says. "It was all about how to increase revenue and maximize profit on every single transaction. With the juice, it's very personal — 20 percent of my customers are undergoing chemotherapy, have an imbalance of white or red blood cells, have a major disease that they're recovering from. They're using my Green Juice as a really important part of their nutrition and in most cases it's doctor-sponsored. They went to their doctors and said, 'I can get hold of this fresh green juice, should I do it?' The doctors said absolutely.

CONTINUED ON PAGE 20

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NEWS OF NOTE

APPLETON CAMPBELL EARNS ESTEEMED 2017 ANGIE'S LIST SUPER SERVICE AWARD



SCOTT WAYLAND, VICE PRESIDENT AND JASON ANDERSON, SERVICE MANAGER

Appleton Campbell is proud to announce that they have earned the home service industry's coveted Angie's List Super Service Award (SSA) for the seventh year in a row. This award honors service

professionals who have maintained exceptional service ratings and reviews on Angie's List in 2017.

"The service providers that receive our Super Service Award demonstrate the level of excellence that members

have come to expect," said Angie's List Founder Angie Hicks. "These pros are top-notch and absolutely deserve recognition for the trustworthiness and exemplary customer service they exhibited in the past year and overall."

For over two decades Angie's List has been a trusted name for connecting consumers to top-rated service professionals. Angie's List provides unique tools and support designed to improve the local service experience for both consumers and service professionals.

Angie's List Super Service Award winners have met strict eligibility requirements, must be in good standing, pass a background check and abide by Angie's List operational guidelines. "Appleton Campbell's motto is exceptional customer service. Our customers, as well as employees, know that they are paramount to our success," says Service Manager, Jason Anderson.

For additional information about Appleton Campbell, please visit appletoncampbell.com.

MIDDLEBURG ORANGE COUNTY PONY CLUB TO RUN THE MIDDLEBURG HORSE TRIALS AT GREAT MEADOW FIELD EVENTS CENTER

The Middleburg Horse Trials is excited to announce that it will change venues to run at the historic and beautiful Great Meadow Field Events Center in The Plains for 2018. The Middleburg Horse Trials is organized by Middleburg Orange County Pony Club (MOCPC) as a fundraiser for its club.

The Great Meadow Foundation has a history of running three-day events that dates back to the 80s when legends like Bruce Davidson, Jim Wofford and Karen and David O'Connor participated in USEF sanctioned events. After a brief hiatus, high-performance eventing returned to Great Meadow in 2014 after the Foundation purchased the adjacent Fleming Farm exclusively to run eventing competitions. After initially running a USEF training session to prepare the US Eventing team for the 2014 World Equestrian Games, the Great Meadow International (GMI) was born. GMI ran a CIC3* in 2015 and then later became the first venue outside of Europe to host a leg of the prestigious FEI Eventing Nations Cup™, which still runs today.

MOCPC is thrilled to bring its long-running and popular horse trials to Great Meadow on June 9-10, 2018. From MOCPC Organizer, Max Corcoran: "We are so excited to be moving the Middleburg Horse Trials to Great Meadow. With the purchase of new land by The Great Meadow Foundation, it has opened up the opportunity to have another horse trial in addition to Great Meadow International. It is a top-notch facility that is very historic and special to the equestrian community."

Course designer David O'Connor and MOCPC course builder John Wells have plans to build a beautiful course on the Fleming Farm parcel. Middleburg Horse Trials will run its usual levels of Beginner Novice, Novice, Training and Preliminary. From David O'Connor: "We are excited that the historic Middleburg Orange County Pony Club will be moving their event to take advantage of the fantastic facilities at Great Meadow. We look forward to welcoming everyone to the venue."

Show Jumping will take place in the state-of-the-art arena with an adjacent warm-up arena, both with Attwood footing. Dressage will run on established turf.

Although the venue has changed, the same great MOCPC organizing committee will reconvene joined by the organizers of GMI to bring you this wonderful event. "There are a few of us from the Great Meadow International (GMI)

who will be part of both competitions," Max explains. "David O'Connor will be the course designer - he knows that land better than anyone; Darrin Mollett, the organizer for GMI, will also be part of our team; and I run the show jumping and safety for GMI. The MOCPC has a tireless group of parents who have been working to continue this horse trials - it all wouldn't happen without them."

The expansive venue brings new opportunities for Middleburg Horse Trials sponsorship and vendors. Click <http://www.mocpony.club/middleburg-horse-trials/sponsors> for more information about these opportunities.

And, there is always the opportunity to participate as a volunteer. Sign up as a volunteer on <https://www.eventingvolunteers.com/>. Volunteers will receive a voucher for free cross country schooling on Monday, June 11 from 8 am to 1 pm.

A move like this is costly and MOCPC is working on acquiring funds to establish the cross country course. Thus, MOCPC



will be running fundraising events leading up to the horse trials. "The MOCPC will be co-hosting some clinics to help fund

a new water jump - we hope everyone will keep an eye out for more information," announces Corcoran.

Entries open on April 24. Be sure to get your entries in early, as the event is expected to fill quickly.



Join us!

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30
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NEWS OF NOTE

MARY REEVES BELL'S NEW BOOK



PAUL HODGE

These days truth and facts are, as we know, frequently called fiction. Lies are so common, so pervasive, so regularly repeated by public figures, who know their statements false, that a gullible and widely ill-informed American public believes the lies. Willingly.

It is the historic "Willing Suspension of Disbelief." What readers and moviegoers do in reading books and seeing movies, necessary in order to accept plots which are otherwise unbelievable in science fiction or any kind of fiction or movie. But today much of the nation, not just moviegoers and readers, seems to be suspending its disbelief, critical thinking. They willingly believe lies and unbelievable fictions.

So here comes a quiet Christian thriller, a morality tale, from an author in a historic Quaker village in Loudoun County, about mega evangelical churches, right-wing politics, sex, human trafficking, the Internal Revenue Service and separation of church and state. But mostly about lies and ethics in the Nation's Capital, set in our new America, where honesty, virtue and character are quaint 18-19th Century concepts and religion is merely a political business.

"A Parliament for Owls" was begun over two years ago, before Donald Trump and the New Era of American Politics. There is

no mention of Trump or the Republican Congress that regularly misstates facts, and works in secret without public hearings. But they are there, for readers, like a shadow, a cloud looming over the book, the capital and the nation.

This tale starts in a rural Romanian village, where a young gypsy girl is kidnapped for the international sex trade; while in Washington a wealthy radio personality for a mega evangelical church, is renewing his Virginia driver's license. He checks organ donation on the renewal form and going home is killed in a car crash. His death unleashes a Christian church cover-up of blackmail, sexual affairs, sexual diseases and embezzlement of church funds. It's a book about lies. The Romanian connection to the church, in the midst of a story of American luxury, religiosity and moral decay, is heart warming. And this religious/criminal thriller has a happy ending, when IRS agents ride to the rescue and complicate life for the church's nationally known pastor and his plans to run for President. To give it away a bit: Facts and Truth win out, for the most part. There is a God.

Author Mary Reeves Bell knows the places in this book. Born on a ranch in Wyoming, Bell first attended Moody Bible College, then Rutgers University and the University of Vienna where she studied Hebrew and Holocaust Studies. Once a missionary in Austria and Yugoslavia, she founded and is still executive director of Romanian Christian Enterprises. The 25-year-old RCE has houses in Romania, staffed by teachers and therapists, which help hundreds of Romanian children suffering from neglect or abuse.

Bell is the author of numerous articles for Christian publications and a historical fiction trilogy for young adults, honored by the Sorbonne for contributing to remembrance of the Holocaust. It has been translated into French and Norwegian and, like "A Parliament for Owls," is available on Amazon.com., at Middleburg's Chapter Two Book Store and is expected soon at the Middleburg Library. Bell lives with her husband David in the 18th Century village of Unison, outside Middleburg, where she can regularly be seen and heard cutting and splitting firewood for her wood stove.

Tuesday May 1st, 2018, will be an important day for the Town of Middleburg, with three candidates vying to become our next mayor, and seven candidates, including myself, hoping to fill one of four expiring council seats.

On election day, I will have served 18 months on council as I was elected in November 2016 to fill a then unexpired council term.

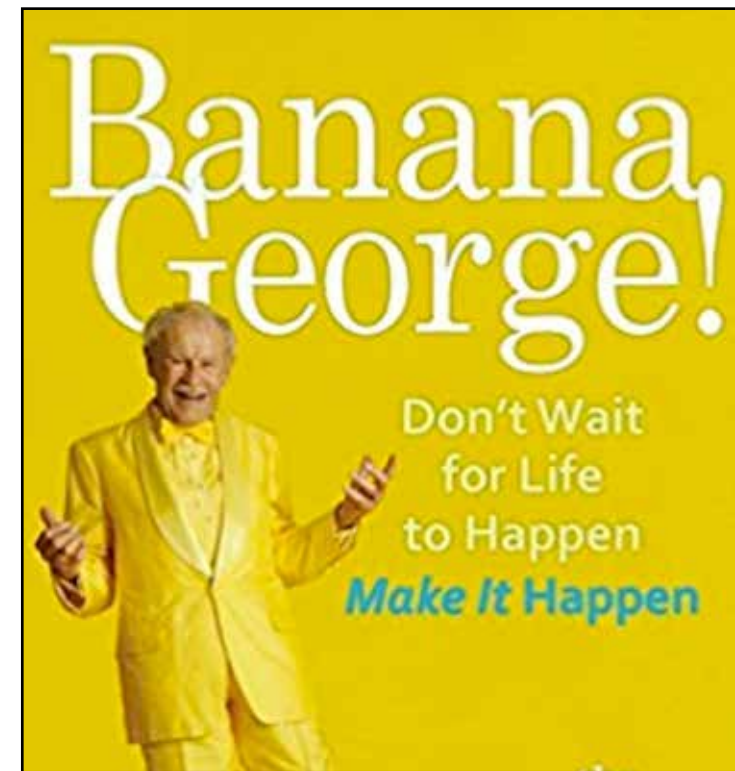


I hope that as a voting citizen, you will re-elect me to a full four-year term, so that I can build on my initial year and a half, and help guide council decision making and keep our special town special. Thank you.

Paid for and authorized by Peter Leonard-Morgan, candidate for Middleburg Town Council, May 1st, 2018



BANANA GEORGE! DON'T WAIT FOR LIFE TO HAPPEN MAKE IT HAPPEN



LAUREN R. GIANNINI

The subtitle of this tribute to George A. Blair says it all. "Don't Wait For Life To Happen, Make It Happen" tells the story of a successful entrepreneur and family man who worked as hard as he played — becoming a world-renowned athlete, known as Banana George, after he turned 40. That's when he discovered his passion for water skiing and embarked on the path that led to his becoming a global ambassador for the sport of barefoot skiing.

"Banana George!" is a fun and fascinating read with reminiscences from George himself, his wife JoAnne Blair and George's four daughters, Donna, Georgia, Carrie and Robin, and their children. Written in conjunction with Karen Putz, also a barefoot skier, there are also marvelous memories and anecdotes from friends around the world. Kids of all ages can get a lot out of reading this biography because Banana George's message comes across loud and clear: Live your life with gusto and joy and never ever give up.

Banana George has local connections: Carrie Blair, the third of four daughters, is an equestrian who has lived in the Middleburg area for more than 40 years. She was about eight when her father took up water skiing, which became the family's sport and eventually joined George's businesses. The Blair family operated two very popular ski schools simultaneously for 20 years in New Jersey: one at a river near their home in Red Bank, the other further north at a lake, which attracted droves of New York City water enthusiasts.

"When Daddy was in his young 30s, he was in constant

pain, but he worked all the time," Carrie recalled. "He was a consummate salesman. He was respectful, classy and charming. He had a good business sense that made him quite successful in a dozen different enterprises. He was all about loyalty and people loved him. He went from being a cripple to an athlete in a blink of an eye. It was like he was born again. He just couldn't get enough of life."

In 1955 when George was staying in Florida to recuperate from spinal fusion surgery to correct injuries sustained in his early 20s, he learned to ski — crazy about it from the first moment he stood up and rode the water. Six years later, George mastered barefoot skiing, and the world became his stage to introduce others to the sport. George was a natural showman, who approached everything he did with passion. He was charmingly eccentric and his joyful spirit was contagious.

As a barefoot water skiing legend who also loved to snow ski, Banana George stood out — on water and dry land. His nickname refers to his favorite color, yellow, and his fondness for bananas — a perfect food nutritionally and the perfect color. He used bananas in his barefooting shows. He skied on one foot, holding the tow bar in his teeth and often finished his show skiing while eating a banana. His wet and dry suits were custom made in yellow, his towboat was yellow, ditto his car, footwear, hats, home décor — you name it. He performed barefoot exhibitions at Cypress Gardens in Winter Haven, Florida, in addition to enjoying great success in barefoot water ski competitions, well into his 80s. George cemented his fame by skiing barefoot in his 90s.

Banana George is one of the biggest and best-known names in water skiing. He's in the Water Ski Hall of Fame, to name just one accolade, and made five appearances in the Guinness Book of World Records. The only person ever to water ski on all seven continents, he barefooted in 45 countries, including the Soviet Union. He became a celebrity with appearances on TV shows, at media events, speaking gigs, and featured in magazines. He starred as himself alongside Ernest Borgnine and Artie Johnson in Captiva Island (1995), a movie made for TV. YouTube offers many videos featuring Banana George.

There's a lot of living packed into the pages of George's biography. It's more than entertaining; it's inspirational. "With proper diet, exercise and a "can do" attitude, George proved that senior citizens do not have to resign themselves to slowing down." He never gave up, not even in his 90s when illness took its toll.

When asked the three most important lessons in life he learned from George, Carrie said: "Work hard, be honest, and take care of other people."

The book concludes with Banana George's Lessons on Life, which give advice on everything from nutrition and hygiene to money and attitude. Bons mots like: Take care of your body. It's your most valuable asset... Never stop learning. Try new things each day... Be positive, smile, laugh, spread happiness... There are more, but you're going to have to read "Banana George!" to get the big picture.

Born January 22, 1915, George passed away at home on October 17, 2013, just a few months shy of his 99th birthday. He was buried in his yellow tuxedo. Carrie's heartfelt eulogy ended with these words: "We have a legend to live up to."

It's a legend that will continue to do the world a lot of good. Just the sub-title alone — "Don't Wait for Life to Happen, Make It Happen" — provides a pragmatic blueprint for success for everyone, young and old. The not-so-secret ingredients to be like Banana George include passion, spirit, tolerance, kindness, honesty, and determination, which can help to overcome adversity and obstacles. Always do the best you can and try to do better next time.

Remember what George lived by: You're never too young to chase a dream and never too old to catch one...

Available at Barnes & Noble as a Nook e-book and in paperback at Amazon.

For more information: www.BananaGeorgeBlair.com

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Your Middleburg Team: David Kuecks, Natalie Lacaze, Leslie Chavez

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NEWS OF NOTE

IF MUSIC BE THE FOOD OF LOVE...



Members of the Northern Virginia vocal chamber ensemble "Words & Music" will present a concert at 3:00 pm on Sunday, April 22, 2018 as part of the At the Parish House performance and arts series of Emmanuel Episcopal Church, Middleburg, VA. Entitled "If Music Be the Food of Love: An Afternoon of Song," the concert will feature vocal and instrumental works from the 17th to the 20th centuries by composers Purcell, Rachmaninov, Duke Ellington, and more. Soprano Melissa Coombs and pianist Virginia Rice Sircy will be joined by special guest artist, cellist Otice Sircy.

Proceeds from the concert will benefit the music ministries of historic Emmanuel Episcopal Church. Those ministries include a 17-member senior church choir, a 10-member hand bell choir and The Piedmont Singers, a musical outreach ministry comprising singers from Middleburg and the surrounding region representing as many as 18 different churches. Emmanuel Church choir members and Piedmont Singers offer regular performances of the finest in sacred choral repertoire to the community, including Christmas concerts performed in conjunction with Christmas in Middleburg. This summer, the Piedmont Singers will be traveling to England, where they will serve as a visiting choir-in-residence at Christ Church Cathedral in Oxford, England.

The mission of Words & Music is to present exceptional performances of both traditional and newly commissioned compositions in the vocal chamber music repertoire. "We're so pleased to host this wonderful trio from Words & Music and very much appreciate their support of our wide-ranging music ministries," said Gene LeCouteur, Rector of Emmanuel Church. "We're looking forward to a fun afternoon filled with engaging art songs from around the world that all ages can enjoy."

The concert will be held in the Parish House at Emmanuel

Episcopal Church, located at 105 East Washington Street in the heart of historic Middleburg. All are welcome and donations will be gratefully accepted. Light refreshments will be offered following the program. There will also be an opportunity to meet and talk with the artists. Seats may be reserved by calling (540) 687-6297.

For further information, contact Parishsecretary@emmanuelmiddleburg.org.

MOSBY HERITAGE AREA ASSOCIATION OFFERS "RETREAT FROM GETTYSBURG" BUS TOUR



The Mosby Heritage Area Association is pleased to announce a bus tour offered April 27-28th featuring historian and author Eric Wittenberg following Robert E. Lee's retreat route at Gettysburg.

Defeated at the Battle of Gettysburg, General Robert E. Lee was left with the difficult task of having to withdraw his battered army back across the Potomac and to the relative safety of Virginia. In the ten days between July 4th and 14th, 1863 the Army of Northern Virginia made its way out of Pennsylvania and across Maryland, pursued by the Army of the Potomac. Several brisk skirmishes occurred as the Union Army sought to cut off the retreating rebels. Although Lee ultimately slipped away it was not without further losses to his army and his supply

train. Join us as we follow in the path of this retreat and examine the aftermath of the Civil War's most famous battle. Noted historian Eric Wittenberg will lead a guided tour that visits some of the most significant locations of this often-overlooked campaign.

Highlights of the tour include:

- A Friday evening reception at the National Museum of Civil War Medicine in Frederick, MD
- A full day guided bus tour with Eric Wittenberg with stops at Gettysburg, Fairfield, Monterey Pass, Smithsburg, Williamsport, and more.
- A signed copy of One Continuous Fight: The Retreat from Gettysburg and the Pursuit of Lee's Army of Northern Virginia, July 4-14, 1863 by Eric Wittenberg.

berg.

- Admission to the Donnelly House in Williamsport
- Saturday lunch

Tickets for the tour are \$175 for MHAA Members and \$195 for Non-Members and can be purchased online at www.mosbyheritagearea.org/events or by calling (540) 687-5578. Reserve today as seats are limited.

A block of rooms for \$104 per night has been reserved for our out of town guests at the Clarion Inn Frederick Event Center located at 5400 Holiday Dr. Frederick, MD 21703. Reservations can be made by calling 301-694-7500 or by visiting <https://www.choicehotels.com/reservations/groups/DP9WL2>. The last date to make reservations under the block rate of \$104 per night is April 11, 2018.

Namaste close to home.

Spring into shape with Salamander Resort & Spa's new fitness classes, open to the public. Rest, destress and manifest with our Yin Yoga workshop on April 7, enjoy our Loudoun Wildlife Conservancy Charity Yoga workshop on April 22 to celebrate Earth Day and take to the water with our unique Aqua Yoga Workshop on April 28 to enhance your yoga practices.

Reservations required. Visit us at SalamanderResort.com or call 888.382.4738.

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NEWS OF NOTE

GRACE CHURCH CONCERT SERIES



On Sunday, April 22, 2018, the Grace Church Concert Series in The Plains, VA features the Grammy-nominated concert organist Jonathan Ryan performing J.S. Bach, Vivaldi, Brahms, Schumann and Guilman. His command of an exceptionally large breadth of repertoire, spanning from the Renaissance to numerous solo and collaborative premieres, coupled with striking virtuosity, enables the bold, imaginative programming and exceptional use of each organ's unique capability, for which he is noted.

The performance will be at 5 p.m. at Grace Episcopal Church, 6507 Main Street, The Plains, VA 20198. A catered reception will follow. Tickets are \$25 – Student tickets are \$15 – Youth under 18 are admitted free but must be accompanied by an adult. Additional information and tickets are available online at www.gracetheplains.org or by calling the church office at (540) 253-5177, ext. 107.

EXECUTIVE DIRECTOR OF LOUDOUN WILDLIFE CONSERVANCY RESIGNS

After four successful years as Executive Director of Loudoun Wildlife Conservancy, Nicole Sudduth is moving out of the area and will be resigning her position. Loudoun Wildlife Conservancy will greatly miss Nicole's leadership, passion and compassion for wildlife and conservation, and the powerful motivation she brings to our organization. Nicole leaves our organization in a very strong position for future growth and we offer our collective and warm thanks for her contributions and leadership during her tenure as Executive Director.

Not only has Nicole served as our first and only Executive Director since 2014, she has fulfilled a number of foundational roles in the organization

for almost 20 years. Prior to her current role, she served as both Board Vice President and President and served as a dedicated volunteer for most of the last two decades. Nicole's impactful contributions to Loudoun's conservation are countless, but some featured highlights include compiling our annual butterfly count, authoring a definitive guide on the butterflies of Loudoun County, and spearheading our amphibian monitoring program as well as saving and restoring vernal pools. She headed up our highly successful campaign to save Monarch butterflies and was integral in the establishment of hundreds of Monarch Waystations and pollinator gardens throughout the county in schools, public spaces, and private homes. Over the years, Nicole's research-driven articles in the Habitat Herald have educated our residents and advocated for the county's wildlife. The Board of Directors wishes Nicole a successful future as she navigates the next chapter of her life.

In the coming weeks, the Board of Directors will post a job announcement for the position of Executive Director. Loudoun Wildlife Conservancy is committed to hiring someone with the right mix of experience (both traditional and nontraditional) and encourages all qualified applicants to submit an application for consideration.

THE MIDDLEBURG HUNT INVITES YOU TO THE POINT TO POINT RACES

The Middleburg Hunt invites you to the Point to Point Races on April 29, 2018 at beautiful Glenwood Park in Middleburg, Virginia. Post time is 1pm. Racing will be over fences, hurdles and on the flat. Prizes will be awarded for tailgate, lady's hat, and men's tie competitions. Glenwood Park is recognized for its full view of the racing action and natural beauty. Come enjoy a day of racing with your family and friends! Fees are \$10 per car (\$20 day of the race) and \$5 per person. Please call 540-358-4366 for ticket and tailgate information, or visit our website at <http://www.middleburghunt.com/pointtopoint.html>

LOCALLY-OWNED LOULOU CLOTHING STORE TO BE REBRANDED TO ZEST IN MIDDLEBURG

West Federal Retail today announced it will be rebranding its loulou ladies clothing location in Middleburg to Zest clothing & co. "We wanted to continue to build upon the lou lou foundation, yet give our clothing stores their own separate brand and personality," said Ben Wedgdam, owner of the company. The merchandise mix will remain the same as it currently is, just the name will change. Loulou too, will keep its name and continue to operate as the accessory location".

The new name Zest and its concept was first unveiled in Richmond, VA in October of last year. The store will continue to feature independent designers plus fresh finds national brands like Splendid, Free People and Level 99, along with private label brands and select accessories available for a complete boutique experience. The projected change name will take place in April.

West Federal Retail is the parent company of Crème de la Crème, loulou and Zest. Headquartered in Middleburg, Virginia, the company operates

34 retail locations across the East Coast.

The Wedgams and their employees are driven by a passion for retail and a commitment to serving their local communities. It is the intention to rebrand the current loulou clothing stores, located in Leesburg, Va and Washington DC to Zest in the second quarter of 2018.

To learn more about the boutique and future expansion plans, please contact Ben Wedgdam at 540 455 3215 or ben@westfederalretail.com.



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NEWS OF NOTE

MORVEN PARK WINS LOUDOUN COUNTY PUBLIC SCHOOLS' SCHOOL-BUSINESS PARTNERSHIP AWARD



Morven Park's Center for Civic Impact is one of five recipients of the 2018 School-Business Partnership Award from Loudoun County Public Schools (LCPS). The award focuses on creating thriving partnerships between the school system and local businesses and organizations. Representatives from Morven Park received the award at the annual School-Business Partnership Breakfast at The National Conference Center on Friday, March 9.

"It is an honor to be recognized by Loudoun County Public Schools. Thanks to our amazing partners, Frances Hazel Reid Elementary School and Smart's Mill Middle School, for nominating us," said Gwyneth Mac Murtrie, Morven Park's Director of Education. "We are excited to continue teaching civics education and 21st-century skills to LCPS students."

Two LCPS schools – Frances Hazel Reid Elementary School

and Smart's Mill Middle School – nominated the Park for the award. The Park's Education team worked with Frances Hazel Reid to create and pilot the Meadows, Milkweed, and Monarchs, Oh My! program in 2015, and continues to work with the school to improve and expand the program. Smart's Mill books a variety of Morven Park's educational programs.

According to LCPS, the School-Business Partnership Award measures success between a school and an outside organization based on whether or not the partnerships are thriving, whether or not the students are learning current and relevant skills, if students are encouraged to be leaders and committed to their communities, if the students are learning interactive and technology skills, how responsive the schools are to the partnerships, and if they can actively integrate "best of" practices into their curricula. Ultimately, the goal is to see how well businesses will

benefit from having a well-qualified workforce because of an LCPS partnership.

To view the LCPS-TV School-Business Partner Highlight video about Morven Park, click here. For more information about the Park's educational programming, visit www.MorvenPark.org.

Morven Park is a 1,000-acre nonprofit park in Leesburg, Virginia. Known as the "Central Park" of Loudoun County, Morven Park welcomes 250,000 visitors each year who come to enjoy exquisite scenery, formal box-wood gardens, the Morven Park International Equestrian Center, the Athletic Field Complex, the iconic Greek Revival mansion, museums, and hiking trails. Morven Park was once the home of Thomas Swann, Jr., governor of Maryland during the Civil War, as well as the home of Westmoreland Davis, governor of Virginia during WWI. For more information, or to support the Park, visit www.MorvenPark.org.

SPRING NATIVE PLANT SALE

Spring Native Plant Sale sponsored by Loudoun Wildlife Conservancy
Saturday, April 7, 9:00am – 3:00pm
Morven Park, 17195 Southern Planter Lane, Leesburg (at the upper end of the main parking lot)

Three native plant nurseries will have a huge selection of spring blooming flowers, shrubs, trees, vines and ferns for sale. We'll also have:

- Native bee houses and Bluebird nest boxes
- Bird feeding supplies by Wild Birds Unlimited of Ashburn
- Unique garden art from Sunny Lane Forge
- Used book sale with books on nature, wildlife, and gardening

• Representatives of Loudoun Wildlife Conservancy's program areas, including Stream Monitoring, Conservancy Advocacy, and Audubon at Home, will be on hand to answer questions and share information.

- And much more! See our website for the complete list.

For more information, visit: www.loudounwildlife.org

For questions, contact Chris Emery at cemery@loudounwildlife.org



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NEWS OF NOTE

SKY MEADOWS STATE PARK

APRIL SPECIAL EVENTS AND PROGRAMS

Mount Bleak House Tours

April 07 & 08 - 11 a.m. to 4 p.m. - Mount Bleak House, Historic Area

Walk through history by touring historic Mount Bleak House. Join a ranger or docent and hear the story of the many owners of this 1840's house and how they shaped the history of Sky Meadows. Feel a part of their stories as you enjoy opportunities to sit in historic reproduction furniture. Tours are subject to ranger or docent availability.

Please inquire inside the Visitor Center for a tour.

Explorer Outpost

April 07, 08, 14, 15, 21, 22, 28, & 29 - 10:00 a.m. - 1:00 p.m. - Boston Mill Road Trail near the Park Office

From woodlands to wetlands, fields and pastures, let's investigate the plants, animals and history of farming at Sky Meadows State Park. Each day offers a different investigation. We'll have a table full of discovery items for you to touch and explore, and Junior Ranger booklets and other self-guided activities for you to continue exploring on your own.

The Farmer's Forge

April 07 - 12:00 p.m. - 3p.m. - Blacksmith Forge, Historic Area

The forge is fired up and the blacksmiths are hard at work in the Historic Area. Members of

the Blacksmith Guild of the Potomac have set up shop and are ready to show off their skills. Stop by the Blacksmith Shop, located behind the Dairy Barn in the Historic Area, and see them fashion iron into helpful tools and kitchen items used on the farm.

The Settle's Kettle

April 07 - 12:00 p.m. - 3 p.m. - Log House, Historic Area

Follow your nose to the Log House to see what tasty treats are cooking on the hearth. Watch as a Sky Meadows ranger or volunteer dons historic clothing and cooks delicious dishes using seasonal foods and 19th century cooking methods. Discover how foods differed between the Settles and their enslaved. Sample authentic dishes and take the historic recipe to try at home.

Kitchen Garden

April 07 - 12:00 p.m. - 3:00 p.m. - Kitchen Garden in Historic Area

Have a gardening question, or just curious to see what's ripe for the pickin'? Stop by the Kitchen Garden and visit with our volunteer gardeners as they tend the garden beds. Sky Meadows' produce is authentically grown in this heirloom vegetable garden, utilized in hearth cooking demonstrations, and available during harvest season in the Visitor Center by donation to the Friends of

Sky Meadows (FOSK), or at the FOSK Farmer's Market. Be sure to stop by the Settle's Kettle program at the Log Cabin to see how residents of Mount Bleak may have prepared these fresh foods.

Astronomy for Everyone

April 14 - 7:30 p.m. - 10:30 p.m. - Historic Area

Our evening of space exploration begins with a half-hour "Junior Astronomer" program, for children ages 5-12. Immediately following, hear about the importance of dark skies and light conservation, then join volunteer Ambassadors of NASA's Jet Propulsion Lab for a half-hour multimedia presentation on the latest in the United States' space research. After the presentation, get oriented to the celestial skies with a brief sky tour.

For the remainder of the program take advantage of Sky Meadows' dark skies by looking at deep space objects through telescopes provided by our Dark Sky volunteers. Have your own telescope? Feel free to bring your scope or binoculars for your own sky exploration.

Note: Entrance gates close one hour after program start time. In the event of rain or clouds, only the "Junior Astronomer" and multimedia presentations will be provided. Parking for this program is \$5.00 per vehicle.

Are you an astronomy en-

thusiast interested in volunteering for our monthly programs? Contact our park by emailing skymeadows@dcv.virginia.gov.

Meet the Beekeepers

April 15 - 1:00 p.m. - 3:00 p.m. - Historic Area

What's that buzzing? Meet with local apiarists Doug and Ramona Morris of the Beekeepers of Northern Shenandoah (BONS) and discover the art of Apiculture (a.k.a. Beekeeping). This monthly program series examines all aspects of beekeeping from hive construction to honey extraction. See the park's apiary and learn how to set up and care for your own hives using historic and modern agricultural techniques.

Earth Day

April 22 - 10:00 a.m. - 1:00 p.m. - Various Locations

Good fences make good neighbors. Fencing keeps our cattle out of streams and ponds, keeping harmful bacteria from entering the Chesapeake Bay watershed. Celebrate Earth Day by stopping by our Explorer Outpost on the Boston Mill Road Trail, near the Park Office, to hear about Sky Meadows' award winning water conservation practices and how you can practice quality water conservation at home.

Also, get your hands dirty in a volunteer conservation project. Moving pasture fence from waterways has left old fencing

standing throughout the park. These fences can be a hazard to wildlife. Meet at the Valley Trailhead, located in the Picnic Area, at 10 a.m. to help us remove this fencing. Tools will be provided. Be sure to wear comfortable hiking shoes, use sunscreen, bug spray, and bring plenty of water. Will include hiking to project area.

Spring Fever 5k

April 29 - 9:00 a.m. - 11:00 a.m. - Parking at Turner Pond

Usher in spring with some rejuvenation at Sky Meadows. The Spring Fever 5k trail race, made possible by Roots and Rocks Adventures, is a beautiful and challenging event. The course starts and finishes near Turner Pond and traverses multi-use trails with grass, dirt, roots, rocks, bridges, and some beautiful views. This chip-timed race is great for the experienced trail runner, road runners curious about trying trails, and even new runners and walkers wanting to experience the camaraderie and joy that comes with trail running.

After the race join us for music, an awesome recovery tent provided by Pivot Physical Therapy, and an abundance of post-race food. Then stick around for awards for the top three finishers overall and for each 10-year age group. We will also have some great random prizes!

Pre-registration is \$25. Register by April 13 for a guaranteed race t-shirt. To register, go to <https://runsignup.com/Race/VA/Paris/SpringFeverTrail5k>.

Contact info for all programs and events is: SkyMeadows@dcv.virginia.gov or (540) 592-3556



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SPRING RACE AND POINT TO POINT REPORT

LAUREN R. GIANNINI

Warrenton Hunt kicked off the point-to-point season with a solid day of racing at Airlie on St. Patrick's Day in spite of Mother Nature's delivery of chilly temps and snow flurries.

Trainer Jimmy Day saddled three winners: Christina V. Mosby's Foxhall Drive, Liam McVicar in the irons, prevailed by five lengths in the Maiden Hurdle. Day's other wins took place on horses owned by Bruce Smart, Jr. - both bred by the trainer's Daybreak Stables. He's One Wild Dude, piloted by Bruce Cullinane, bested Jump Through It, trained by Doug Fout and ridden by Emme Fullilove, in the Novice Rider Flat.

Day and Smart combined again in the Virginia Bred or Sired Flat with Officer's Club, ridden by Liam McVicar to a 2-length victory over Sara Collette's Eryx, trained by Neil Morris.

Five went to the start of the Novice Timber with Albus, trained by Doug Fout and owned

by Four Virginia Gentleman, winning by six lengths under Kieran Norris. Stonelea Stable LLC's Balance The Budget, Mark Watts up, bested the largest field of the race card with a half-length victory for trainer Julie Gomena in the Open Flat.

The Viola T. Winnill Chase Cup for the Side Saddle Race saw seven start in the half-mile contest that offered spectators a thrilling finish. Trainer-jockey Teresa (Tess) Croce piloted Maureen Brittell's Tango to win by a nose over Devon Zebrovious aboard King of Hearts, trained by George Kuk and owned by Cherry Blossom Farm LLC.

The week preceding the Piedmont Foxhounds Point-to-point, a snowstorm that had forecasters shaking their heads (because of the huge system lurking off the Atlantic seaboard) delivered the area's final (one hopes) winter hurrah. The pre-weekend melt on the historic Salem Farm course in Upperville resulted in footing deemed "good" on Saturday, March 24.

The action got underway with Formidable Heart, owned by

Thomas A. Hulfish and trained by Neil Morris, winning the first division of the Maiden Timber race.

In the second division, Armata Stables' Rudyard K motored across the finish line less than a length in front of Noble Stables' King of the Diamonds.

Blair Wyatt, who grew up foxhunting and racing in Piedmont's country, posted a 2½-length win aboard Eric Poretz's Witor (GER) in the Amateur and Novice Rider Over Timber, relegating Magalen O. Bryant's Dakota Slew, trained by Richard Valentine, to second place.

In the Ladies Timber, six started, four finished: Sweet Talking Guy and Erin Swope, wearing all three hats as owner, trainer and rider, recorded a three-length victory over second-placed Raven's Choice and Blair Wyatt. Both of Blair's mounts are trained by her husband Todd Wyatt

Two Virginia homebreds, Zancus and Balistes, made a very good showing for Casanova-based owner-breeder, Sara Collette, and trainer Morris. Af-

ter sitting out all of 2017, Zancus made his first start this season piloted by a new (for the horse) jockey, Darren Nagle. Zancus, the 2016 Virginia Steeplechase Association Timber Champion and the Virginia Point-to-point Foundation's Timber Horse of the Year, hadn't lost his form with the layoff. Zancus won going away, a good 12 lengths in front of last year's Rokeby Bowl winner, Old Timer, owned by Kinross Farm and trained by Richard Valentine.

Morris saddled his third winner of the day when Collette's Balistes, Nagle again doing the honors, won the Virginia Horsemen's Benevolent & Protective Association Virginia Bred/Sired Flat by a neck over Jean L. Rofe's Willisville, ridden by Jeff Murphy.

Please mark your calendars with the following Virginia point-to-points and sanctioned race meets: Orange County Hounds - Sunday, April 1 at 1 p.m.; Old Dominion Hounds - Saturday, April 7 at 12 noon (please note: ODH's post time was incorrect in last month's preview - this is correct!); Loudoun Hunt at Oatlands - Sunday,

April 15 at 12 noon; Middleburg Spring Races - Saturday, April 21 at 1:30 - Glenwood Park; Blue Ridge Hunt - Sunday, April 22 at 12 noon. Foxfield Spring Races - Saturday, April 28 at 1 p.m.; Middleburg Hunt (Glenwood Park) - Sunday, April 29 at 1 p.m.; Virginia Gold Cup Races - Saturday, May 5, 1 p.m.

Note: the times indicate when the first race starts - a well-timed arrival will help you to avoid traffic at the gate. Races are scheduled to go off every 30 minutes. Please be prepared for flaky April weather - it can be beautiful or very "Irish" - always helps if you're prepared for cold and/or wet weather from hats, jackets, coats to footwear and gloves.

For more information: www.centralentryoffice.com - click the calendar tab for directions, general admission and tailgate parking information, along with lots of other interesting info such as overnights (entries for each race meeting), results, standings, reports about horses, owners, riders, trainers, and photos.

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THE 98TH ANNUAL

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SPRING RACES

Photo of a horse race in progress

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Glenwood Park Racecourse

Middleburg, VA

Post Time 1:00 p.m.

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NEWS OF NOTE

BYRNE GALLERY DEBUTS "TREASURES IN THE ATTIC"



LAUREN R. GIANNINI

Byrne Galley and Weschler's Auctioneers and Appraisers of Rockville, Maryland, launched their version of the Antiques Road Show at the gallery in Middleburg on March 10. The event, nicknamed "Treasures In The Attic," attracted more than three dozen people queued up with up to three items — jewelry, art, furniture — to be appraised at no charge by Weschler experts.

"It was the first time we did something like this and we were very pleased," Susan By-

rne said. "We had no idea what would happen, but when Bill and I arrived to open the gallery, there was already a line outside the door. It was such a nice success that we're planning another one for this fall."

Weschler's, founded in 1890, is family-owned and operated with six family members fulfilling key positions. The experts for "Treasures in the Attic" were William P. (Bill) Weschler, Jr., who appraised art and furniture, and his son Mark Weschler, who evaluated jewelry.

"We hadn't done a day like this in quite a while, especially

so far out of the city," Mark said. "For the 10 years I've been with Weschler's, I've noticed that some of the best collections have come out of Middleburg. Susan [Byrne] is a longtime customer, so I recalled her with the idea, and it worked out great holding it at the Byrne gallery."

The appraisal event also let folks know that Weschler's is still doing what they do so well. Having established their auction and appraisal business 128 years ago in Washington, D.C., traffic made it extremely difficult for trucks to move items in and out and resulted in

their relocation to Rockville, Md.

Suzanne Ingold enjoyed "Treasures in the Attic" even though the value of her art fell short of expectations. "I had never done this before and I really was thrilled that Susan had that complimentary appraisal," she said. "I think I was maybe misled by my mother from whom I inherited the lithographs of the Middle East and Egypt that David Roberts did in the 1850s."

Ingold's mother purchased them from an antique store in the 1980s and had them in her home for a long time.

"My mom had told me the whole series was worth about \$20,000, maybe more," Ingold said. "I learned that right now there's a soft market on them and they're basically a decorative thing. Bill Weschler also told me that mine came out of a book — although they are originals and that the ones that seem to be of more value are the hand-colored ones. I have two of them and two regular prints. I was a little disappointed because I thought they were really valuable, but I'll be happy with whatever they bring in Weschler's auction. I had a lot of fun at Byrne Gallery and met some really nice people."

Mark Weschler evaluated jewelry and an Oriental vase for Queenie Kemmerer. "It was great fun and I really enjoyed the whole experience," she said. "I was impressed with how attentively Mark studied my items and what he had to say about each one. I think it's great that Byrne Gallery and Weschler's are planning to do this again. I intend to be there and I'm already thinking about what I'll bring."

There's plenty of time to consider your own "Treasures in the Attic" before the next event in the fall. It's a terrific opportunity to get honest estimates of the value of your "stuff" especially since Weschler's specializes in consignment auctions.

Byrne Gallery welcomes spring with "Off To The Races" — a special celebration of Gerald Hennessy's oil on canvas paintings and oil sketches of point-to-point and steeplechase racing. The exhibition runs from April 4 through Sunday, April 29, with a special reception for the venerable Mr. Hennessy from 5 – 8 p.m. on Saturday, April 7.

www.weschlers.com
www.byrnegallery.com

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THE 98TH RUNNING OF THE MIDDLEBURG SPRING RACES

The 98th running of the Middleburg Spring Races will be held on Saturday, April 21st at historic Glenwood Park in Middleburg, VA. Post time for Virginia's oldest steeplechase race is 1:00pm

The nation's top steeplechase horses will compete throughout the day in seven races, both jumping and flat, with the 4th race being the feature: the \$50,000 Temple Gwathmey Grade III Handicap Hurdle Race.

There is fun for the whole family, Kid's Face Painting, Best

Tailgate Competition, and Best Hat Competition. Mark April 21st on your calendar and come enjoy a fantastic spring day in Virginia's Horse Country.

For parking and advance tickets, please call 540-687-6545 or visit our website www.middleburgspringraces.com. We accept American Express, Visa and MasterCard. General admission is \$25 per person on race day. Tent reservations and discounted advance tickets are available. Gates open at 10:00am.



PHOTO BY LIZ CALLAR

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NEWS OF NOTE

PUBLIC NOTICE
TOWN OF MIDDLEBURG COMMITTEE VACANCY

The Middleburg Town Council is accepting letters of interest from individuals who wish to be considered for service on the ECONOMIC DEVELOPMENT ADVISORY COMMITTEE (EDAC). The EDAC is responsible for making recommendations to the Town Council on funding requests to the Town by local organizations for special events and other tourism/economic development activities; and, for providing advice to the Town Council on economic development matters. These matters may include but are not limited to business development; retention and assistance; branding and marketing; downtown infill and recruitment; promotion of multiple commercial and social uses of the downtown for visitors and residents; and infrastructure necessary to support public events and the business community.

Members serve two-year terms. EDAC generally meets on a monthly basis, with meeting dates and times established by the Committee.

Anyone interested in serving on this Committee is asked to send a letter of interest, including any relevant qualifications, no later than April 15, 2018 to the following:

Mayor and Members of Town Council
Town of Middleburg
P. O. Box 187
10 W. Marshall Street
Middleburg, Virginia 20118
Attn: Committee Vacancies

SHAKESPEARE IN THE ‘BURG RETURNS FOR 2018
WITH A MIDSUMMER NIGHT’S DREAM

WORKSHOPS, BRUNCH AND PLAYWRIGHT COMPETITION TO ROUND OUT THE WEEKEND



The fifth Shakespeare in the ‘Burg theater festival will be held April 6-8, 2018 in beautiful, historic Middleburg, VA, with the return of Shakespeare in the Square (New York City) performing A Midsummer Night’s Dream and performances of winning plays from the international one-act playwright competition.

The performances will be at the Hill School’s Sheila Johnson Center for the Performing Arts, 130 S. Madison Street, Middleburg, VA. A Midsummer Night’s Dream will be presented on Saturday, April 7, at 7:30 p.m. A brunch, with performances of the winning one-act plays, will be on Sunday, April 8, at 11 a.m.

Shakespeare in the Square actors will present workshops at the Hill School, with plans underway for other local schools to be involved. Tickets for A Midsummer Night’s Dream are \$45. Tickets for the Sunday brunch are \$35 with food provided by Tutti of Backstreet Catering.

Shakespeare in the Square is an energetic company of actors whose mission is “to perform Shakespeare to the hilt, with a respect for the words and an awareness of original staging practices.” The company has a local connection since director Daniel Hasse is a graduate of the Hill School whose family lives in Upperville, VA.

This year’s Shakespeare in the ‘Burg festival will continue the tradition of bringing the works of the Bard to this lovely small town in the Virginia countryside, even as the festival expands its support of emerging playwrights.

For more information and to buy ticket, go to www.shakespeareintheburg.com, or call (703) 298-7664.

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MIDDLEBURG
JUICE COMPANY
CONTINUED FROM PAGE 5

“Think about how hard it is for them to be able to ingest food, much less really good healthy food,” continues Cahir. “They think the Green Juice tastes great even when their taste buds have gone to crap. They’re getting the nutrition they need and it’s actually doing them good. That’s pretty satisfying.”

Health, quality of life – it’s a concern for everyone, young and old. Cahir has customers with arthritis, who tell him that the Green Juice is having a big impact on their pain, and kids with really bad acne taking strong drugs to get rid of it.

“The kids are seeing massive changes in their skin with the juice,” Cahir says. “Ladies, who have been going to hairdressers for a long time, are saying their hair is the best it’s been in 20 years. One day at the tennis club, someone standing next to me said, ‘OMG, what’s happening to him? Look at how much weight he lost!’ It’s another guy on my Green Juice.”

Cahir had very specific goals for his juice: “The biggest driver was addressing the inflammation I had – inflammation of the joints, inflammation of the bowel, general inflammation of everything. Inflammation is the trigger for cancer, acne, IBS, arthritis. Everything comes from inflammation. I knew I was inflamed. I was always hot and sweaty and disgusting. I could never get cool, never get rid of the swelling, never get rid of the pain.”

Juicing has been around since ancient times. It’s getting a serious renaissance with Middleburg Juice Company’s Green Juice – available by subscription only and delivered to your door. It’s win, win all the way, as green as it gets. Maybe you won’t chug your 16-ounce bottle like a bunch of kids have been doing, but there’s a lot to be said for sip and savor.

Bridget Chase Wilson, owner/founder of Native Barre Studios in Middleburg, is one very satisfied consumer. “You go into a big city, there are amazing fresh green juice bars everywhere – and now Middleburg Juice Company’s making is the perfect Green Juice. The sugar is low, it has all the right ingredients,” states Wilson emphatically. “For me, it’s a great meal replacement when I’m too busy to sit down for a real meal. It’s full of the right nutrients and makes you feel good and refreshed. You’re empowered to get through your day. It’s good for your skin. My husband’s drinking it, too. Fresh juice can cost nearly \$15 for an 8-ounce serving. Matt’s juice is 16 ounces, and I feel you really get a lot for your money.”

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HUNTLANDS, MIDDLEBURG, VA - PHOTOS BY NANCY KLECK AND BETSEE PARKER



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PLACES & FACES

WHITESTONE FARM'S TOP BULL HITS THE \$100,000 MARK

PHOTOS AND STORY BY NANCY MILBURN KLECK

“It was a landmark day for Whitestone Farm”, farm manager Mark Duffell softly said in his South Carolina accent. “Breeders from all over the country had strong interest in 18-Million.” And for good reason.

Nestled quietly outside of the village of Aldie, the sale marked Whitestone Farm’s 37th year since being established and Duffell’s 30th as Managing Partner. Originally 122 acres and 49 head of cattle, the farm has grown substantially with over 3,500 acres of owned and leased land, and an average 1,000 head of cattle.

74 bulls sold for an average of \$5,080. “One loyal customer purchased 5 bulls on Saturday, a total of 95 to date” Duffell mentioned, illustrating the long history of support from purebred and commercial cattlemen across the country. The farm uses cutting edge genetic technology blended with superior physical type, and integrity is its backbone.

Offering a variety of pedigrees and value to buyers that Whitestone is known for, Duffell explained, made this sale successful. “There’s an oversupply of bulls across the country, breeders are struggling (to get a fair price).” Also, “the farm is 45 minutes outside of Washington, D.C.” Location can work against you, but travel to buy the best is always worth the trip.

The bull is a 1% ranking grand slam individual, described as having an awesome phenotype, is wide based, long sided with extra depth in a sound confirmation and great feet. Mature Angus bulls are imposing by anyone’s standards, and this bull’s presence was impressive.

Two thirds of Whitestone 18-Million was sold to a syndicate with Whitestone retaining the other third. Three large Angus operators, Tanner Farms in Mississippi, Farmington Angus and Z.W.T. in Tennessee joined together to purchase the bull.

18-Million is headed to Genex, an A.I. (artificial insemination) stud. Since the 1930’s, the company’s genetic and reproductive experts research, publish, and provide cattlemen ongoing performance data to make better choices, improve their herds and sustain the business of providing the best Angus genetics available.

And how did he get his name? Whitestone purchased the 18th million registration number from the American Angus Association. Many great bulls have memorable names and 18-Million will likely become one of them.

This year also marked the addition of the farm to Middleburg Hunt’s roster of hunting fixtures. It was a beautiful day last fall when Whitestone welcomed the hunt to its rolling hills and lush countryside after many years absent, and a day filled with good hunting and new friendships.



GARY TANNER, GEORGE LEMM, MARK DUFFELL AND RON KREIS



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PLACES & FACES

PIEDMONT RACES RACES

UPPERVILLE, VA - PHOTOS BY LIZ CALLAR



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PLACES & FACES

PIEDMONT RACES

PHOTOS AND TEXT BY LAUREN GIANNINI



LINDA COWASJEE CELEBRATES THE PIEDMONT RACES AND THE ARRIVAL OF SPRING AT HER ANNUAL TAILGATE BASH WITH A FEW FRIENDS.



SARA COLLETTE'S VIRGINIA-HOMEBRED ZANCLUS, RIDDEN BY DARREN NAGLE, WON THE ROKEYB BOWL GOING AWAY, BESTING LAST YEAR'S WINNER, OLD TIMER.



RACING ENTHUSIASTS SPORTED A LOT OF GREEN AT THE WARRENTON POINT-TO-POINT ON ST. PATRICK'S DAY – ROB LEHMAN'S DAUGHTER TYLER WORE THIS DARLING SHAMROCK HAT THAT WAS PERFECT IN EVERY WAY – FOR THE OCCASION AND THE WEATHER.



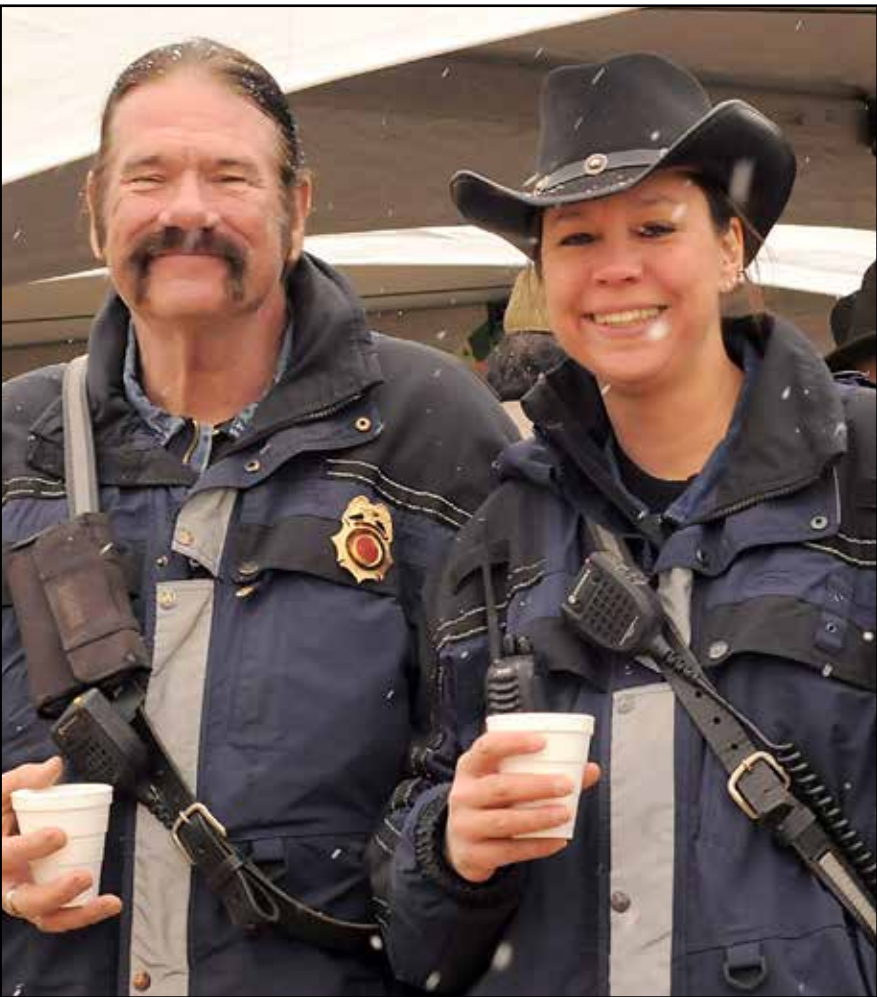
SARA COLLETTE'S VIRGINIA-HOMEBRED ZANCLUS, RIDDEN BY DARREN NAGLE, WON LOUDOUN FAIRFAX HUNT'S LINDA DEVAN, JT-MFH (IN SUNGLASSES) AND LFH MEMBER KIM GINN (TO THE LEFT IN BLUE TOP) ENTERTAINED MANY ENTHUSIASTS AT THEIR TAILGATE ON PIEDMONT'S HOMESTRETCH THROUGHOUT THE AFTERNOON.

WARRENTON RACES

PHOTOS AND TEXT BY LAUREN GIANNINI



ALICE LAIMBEER WITH ALLISON LEE, WHO DONATED THE TROPHY WON IN 1929 BY HER GRANDMOTHER, VIOLA T. WINMILL, FORMER MASTER OF WARRENTON HUNT. THE TROPHY WILL BE PRESENTED TO THE ANNUAL WINNER OF THE WINMILL MEMORIAL SIDE SADDLE CHASE, SPONSORED BY THE SIDE SADDLE CHASE FOUNDATION.



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MIDDLEBURG ★ MAYOR

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WRITE TO INFLUENCE! -- THE COLLEGE APPLICATION (PART 1)

CARLA D. BASS,
COLONEL, USAF (RET)
AUTHOR, AWARD-WINNING
BOOK, "WRITE TO INFLUENCE!"

This article speaks to teenagers (and their parents) facing that daunting challenge – the college application. Consider it from a different perspective. The essay is an invitation to shine, to reveal something grades can't—your personality! Embrace this opportunity to give admission officers a sense of who you are.

This submission is for many of you the initial exposure to "adult writing," which is constrained by time and space. The reader's time is measured in seconds; it is fleeting, as are opportunities you seek. Space is also limited. You

must make each word count and every second of the reader's time play to your advantage.

This two-part article is based on my workshop, "Write to Influence! College Application – Essays That Open Doors." Provided below are five strategies to craft that attention-getting essay. Part 2 will provide specific "Word Sculpting" tools to compose succinct, focused, and hard-hitting text. Powerful writing must leverage both strategies and the tools.

Inventory yourself. Identify what constitutes ... you. This is an introspective exercise. List likes and dislikes; strengths and weaknesses; hopes and dreams; fears; fabulous experiences and horrid ones; identify what you learned from these experiences.

Passions? Hobbies? Add those, too. Please note, this information will pay dividends as you later prepare for job interviews.

Share something personal. Adjudicators' want to know, "Who is this person seeking to join our student body?" Tell them! Convey a personal story such as an experience, a person, a movie, a current event or topic that moves you. Were you disturbed, hurt, thrilled, or excited by something? The stranger or more pronounced the event, the more engaging your essay will be. What sets you apart? You have a unique background, interests, and personality. Select a topic that speaks to you and address it from an unusual perspective. Be honest, genuine, and thoughtful.



Reflect –don't just report. When recalling an event, don't merely relay a factual sequence of events. What did you learn from the experience and how did it change you? Develop your ideas by including specific details, examples, and reasons. Eliza Doolittle exclaimed in "My Fair Lady," "Don't talk of stars burning above, if you're in love, SHOW ME!"

Don't tackle world problems. Smarter folks than you try to solve world problems and, their solutions are not limited to a single page! Avoid grandiose ideas such as, "There is so much suffering in the world that I feel I have to help people." and "At the foundation of my character is a deep desire to create peace. I would like to apply these personality traits to make me the most useful I can be as I find my place in the world." Finally, if your opening sentence begins with, "Throughout the history of time," you're on the wrong track.

Compose a roadmap. You, as the storyteller, are taking the reader on a journey. You know the general gist ... the beginning, the middle, and the end. Devel-

op an outline – a roadmap – to help identify key points as the concept evolves. This strategy is especially necessary to structure thoughts in space-constrained, competitive writing.

Compose your essay like a gourmet meal. Fine dining consists of a delectable appetizer, fabulous entre, and memorable dessert. Compose your essay similarly. Begin with a powerful, opening sentence – the appetizer – that grabs readers' attention and makes them want to read more. Follow with a well-crafted body of text – the entre. Conclude with an equally powerful sentence – the dessert. Take care with this piece; it constitutes the final impression – taste – that your essay imparts to the evaluators.

Carla has taught powerful writing to thousands of people for the past 15 years. Her workshops are tailored to a variety of audiences: high school students thru professionals in the workforce. "Write to Influence!" is available as paperback and e-book at Amazon and other retailers. Additional information about Carla, her book, and workshops is at www.carladbass.com

LOUDOUN DANCER PLACES THIRD AT PRESTIGIOUS BALLET COMPETITION, ADVANCES TO NEW YORK CITY FINALS



Nora Yun Schaefer, a 12-year-old Loudoun County resident, recently placed third in both the classical ballet and contemporary dance divisions at the prestigious Youth America Grand Prix regional competition this February in Winston-Salem, N.C. Schaefer has advanced to compete among an elite group at the competition finals in New York this April.

The Youth America Grand Prix is the world's largest ballet competition with more than 8,000 dancers competing at 35 regionals in cities across the globe. Schaefer, who has been taking ballet since age three, credits her success to the professional train-

ing program at Akhmedova Ballet Academy in Silver Spring, where she is part of the preparatory division. "I am so honored to have advanced to finals and am beyond grateful to my teachers for the training that made it possible," Schaefer shared.

Schaefer attends an online school for sixth grade to accommodate her dance training. She has attended prestigious summer intensive programs at the Kirov Academy of Ballet in Washington, D.C. and Joffrey School of Ballet in New York City. This summer, Schaefer will continue her training with ABA at intensives in Silver Spring, MD and Cape Cod, MA.

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PROGENY

MIDDLEBURG COMMUNITY CHARTER SCHOOL GOES TO WASHINGTON



Thanks to First Daughter Ivanka Trump, about 130 Middleburg Community Charter School (MCCS) students took a thrilling field trip to visit The White House on Wednesday, March 7.

Along with Microsoft President Brad Smith and Code.org founder Hadi Partovi, Ivanka visited MCCS last fall to help publicize a Presidential Memorandum expanding access to high-quality Science, Technology, Engineering and Math (STEM) and Computer Science education for K-12 students. She personally invited all the students to come visit the White House. It took awhile to sort out the logistics, but judging from the reaction of the students when they returned to school after a whirlwind day, it was well worth the wait. There was an added bonus, as well—a tour of the FBI Building.

President Donald Trump, nor Ivanka, an assistant to the president with a West Wing office herself, were not there to greet MCCS students at The White House. Then again, no one expected them to guide the tour.

Instead, the students, 16 teachers, and several parent chaperones took a standard stroll around the White House, touring many of the rooms that are open to the public.

"It was a standard tour," said fifth-grade teacher Katie Brennan. "The kids really seemed to enjoy being there. They looked at many of the portraits, and our fourth graders are doing Virginia studies and they just got into the Founding Fathers, so it was good for them to see it."

MCCS Principal Rochelle Proctor said some of the students did get a glimpse of a presidential motorcade forming in the distance, but never did see the president get into one of the departing cars. She said it didn't really matter.

"It's a great experience because it gives them more of a historical perspective," Proctor said. "Between the White House and the FBI, they get to see the government in action and get exposed to Washington, D.C. I think they really enjoyed the whole experience."



THURSDAY'S PARAGRAPH TELLS THE STORY AT HILL SCHOOL

It began with a simple class assignment from Hill School eighth grade English teacher and academic dean Hunt Lyman.

After his students had finished reading Charles Dickens' "A Christmas Carol," this past November, they were asked to select one ghost that taught Ebenezer Scrooge his most important lesson. The assignment: Do it in a single paragraph, with no more than six or seven sentences.

"A lot of them told us everything that happened in the book," Lyman said. "But they never did identify one lesson. At that point, Jill and I felt we needed them to focus on what makes a good paragraph. Can you make a statement, develop it and then find evidence to support it?"

Jill would be Jill Beifuss, chair of the school's English Department with her own eighth-grade class. Together, she and Lyman created what they called "Thursday's Paragraph." Every Thursday, their students are given a different assignment based on a single topic and are asked to write a cohesive paragraph. It could be done as homework or over ten minutes in class.

"We were reading *True Grit*," Beifuss said. "We asked how one of the characters was killed. Was it justice, or was it vengeance? What does the writer want you to think, and then tell me why."

Said Lyman, "They are able to write 400 words in a three-page history paper. But now, can you do it in one paragraph? You only have a little space to make your point. The paragraph is the foundation in academic writing — the basic structural unit."

Hill has always emphasized the importance of writing and "Thursday's Paragraph" fits nicely into its overall philosophy. Many Hill graduates still credit now-retired sixth-grade teacher Tal Mack, among others, with making them better writers. His annual assignment of doing a paper on the Rosetta Stone focused on writing, then re-writing, if necessary, and perhaps several more layers of editing beyond that.

Lyman and Beifuss are asking their students to do the same, only in a shorter form.

"We're thinking between five to seven sentences in each paragraph," Lyman said. "We try to

set prompts up for them, something like 'who is the most ethically corrupt character in *True Grit*'?"

One student wrote the following paragraph.

"In *True Grit*, Tom Chaney is certainly the worst character. He is shown killing with abandon again and again while still believing that "everything is against" him. He blames killing on his victims and goes from a cornered, whining baby to a vicious fox when he is on top. One of the greatest displays of his cruelty is the murder of Bibbs' dog. He shot it merely for barking at him, and he doesn't show a modicum of remorse. He only looks out for himself and reciprocates with crime."

The student states an opinion in the first sentence backs it up with examples to make the case, and then finishes with a conclusion to justify that opening statement.

Another student disagreed.

"In *True Grit*, Rooster Cogburn is the most ethically corrupt character in terms of how he views the world," the student wrote. "In a conversation, he has with LaBoeuf, Rooster talks about his past and LaBoeuf says, 'They never did get you for stealing.' Rooster responds, 'I didn't think of it as stealing.' This shows that he does not care for others when it comes to his survival, even though he is a U.S. Marshall. When he is introduced, Rooster is shown in court to have killed more than twenty criminals."

Lyman said over the last few months since they began the "Thursday's Paragraph" approach, he and Beifuss have seen "great progress" in all the students' ability to write a compelling and coherent paragraph that in some ways serves as a template for much of the writing they'll have to do in high school and college.

"Basically, I'd like to think our students trust us," Lyman said. "They believe we know what we're talking about. This is a fundamental skill. People talk about writing by recipe. But when you learn how to cook, you do use a recipe, but you can change it, too."

At Hill, especially on Thursdays.



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PROGENY

FOXCROFT SCHOOL SWEEPS HIGH SCHOOL DIVISION, ST. PATRICK’S CLAIMS MIDDLE SCHOOL TITLE AT K2M STEM COMPETITION

40 TEAMS FROM VA, MD, AND D.C. WILL VIE FOR PRIZES, MEALS, AND TROPHIES AT THE FUN CHALLENGE



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about with no was nothing so t like think it so the Rabbit say shall be too late wards, it occurs, ndered at this quite natural; ok a watch-out at it, and th er feet, for it flash abbit wa, er a wa ot-pocket, or a wa n to take of it, burning with curiosity, she ran across the after it, and was just in time to see it pop a large rabbit-hole under the hedge. In another moment down went it, never once considering how in the was to get out again. The rabbit-hole went straight on like for some way, and then dipped suddenly suddenly that Alice had not a moment about stopping herself before she found falling down what seemed to be a very deep Either the well was very deep, or she fell slowly, for she had plenty of time as she went down to look about her wonder what was down there. So, falling very, the girl to look

OPEN HOUSE

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Ehrenman, Claire Louderback, Skyler Powell, and Juliana Webster, competing for Solid Foundations Homeschooling, and a sophomore four-some from Foxcroft (Courtney Bartlette, Waldorf, MD; Bella Smith, Richmond, VA; Krissa Thorndike, Middleburg; and Joy Wu, Shanghai) won the others.

In the middle school division, a team from St. Patrick's Episcopal School in Washington, DC, name the Ivory Sav- iors (Louisa Kean, Jane White, Sarah White, and Lucy Weil.) took home the school title. The Tiger Trust from the Vil- lage School in Charlottesville placed second, followed by the Coral Conservationists from Loudoun County's Harmony Middle School. Teams from Powhatan School (Boyce, VA) and Chesapeake Academy (Ir- vington, VA) won individual challenges.

Foxcroft School's ever-popular Expedition K2M: The STEM Sum- mit was a grand success Saturday, especially for the hosts! For the first time in the seven-year history of the girls-only, 'hands-on' competition, Foxcroft teams swept the top three places in the high school division.

A team from St. Patrick's Episcopal School took the mid- dle school championship, cul- minating a lively day in which some 150 girls from 21 schools took on a variety of science, technology, engineering, and math problems. All the chal- lenges were centered around this year's theme, "Poacher, No Poaching" — animal conserva- tion, endangered species, and problems like poaching.

"We hope that in addition to having a lot of fun, you will learn something about animal conservation today," said Dr. Maria Evans, chair of Fox- croft's STEM Department and director of the competition. "We are raising awareness so that you might leave here think- ing about what you can do to speak up for animals who don't have a voice for themselves."

The Blue Whale War- riors team, comprised of Foxcroft seniors Morgan Hunt (Purcellville, VA), Saylor Hart (Keswick, VA), Cici Jackson (Chantilly, VA), and Pradyuta Padhamabhan (Chantilly, VA), won one of the five challenges and placed second and third in two others to claim the gor- geous school trophy, designed and made by sophomore Ken- zie Green of Leesburg, VA. In keeping with the theme, the trophy, medals, and huge stuffed animals awarded to the winning teams all represented endangered species.

Second place in the high school division went to Fox- croft's Gorilla Guardians team (juniors Sarah Elhilow, West Palm Beach; Lily Fortsch, Al- exandria, VA; and Chloe Green, and her sister, Kenzie, both of Leesburg, VA), while the Nar- whal Knights (senior Mia Bar- ber, Fort Worth, TX; juniors Bella Bigelow, Middleburg, VA; and Sylvia Yuan, Ningbo, China; and sophomore Leslie Wang, Qingdao, China) took third.

The Komodo Dragons from Georgetown Visitation School in Washington, D.C., comprised of Catherine Connell, Kath- erine Fink, Mary Kolsar, and Kelly Owczarski, won two of the five challenges, while Anna



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SCHOOL'S OUT BUT SUMMER'S IN AT WAKEFIELD SCHOOL

SUMMER CAMPS AT WAKEFIELD SCHOOL

Wakefield School in The Plains, VA will be offering over 25 different sum- mer programs for children ages 4-18. Wakefield's summer camp program will run from June 18 through August 17.

An exciting addition to Wake- field's summer camp program is the free bus service that will run to and from Haymarket and Gainesville.

This summer, Wakefield School is offering six different sports camps for athletes of every level: U.K. Elite Soccer, basket- ball, lacrosse, tennis, cycling, and squash. Coach Anthony Graham, Wakefield School Squash team head coach and the 2008 Brit- ish Junior Squash Champion and 2009 European Junior Squash Champion, will hold four squash camps for beginners to advanced players. Coach Graham has led the Wakefield Varsity Squash team to a Division VII National Championship in 2017 and a C.I.V.L. Championship this past 2018 season.

Many members of the Wake- field community are participat- ing. Wakefield alumna, Brooke Robinson, brings back her Food, Farm, and Fun camp and Wake- field Assistant Athletic Director,



Dominick Chisman, will run a weekly camp, *Keep Calm and Camp On*, with different adventures off campus every day.

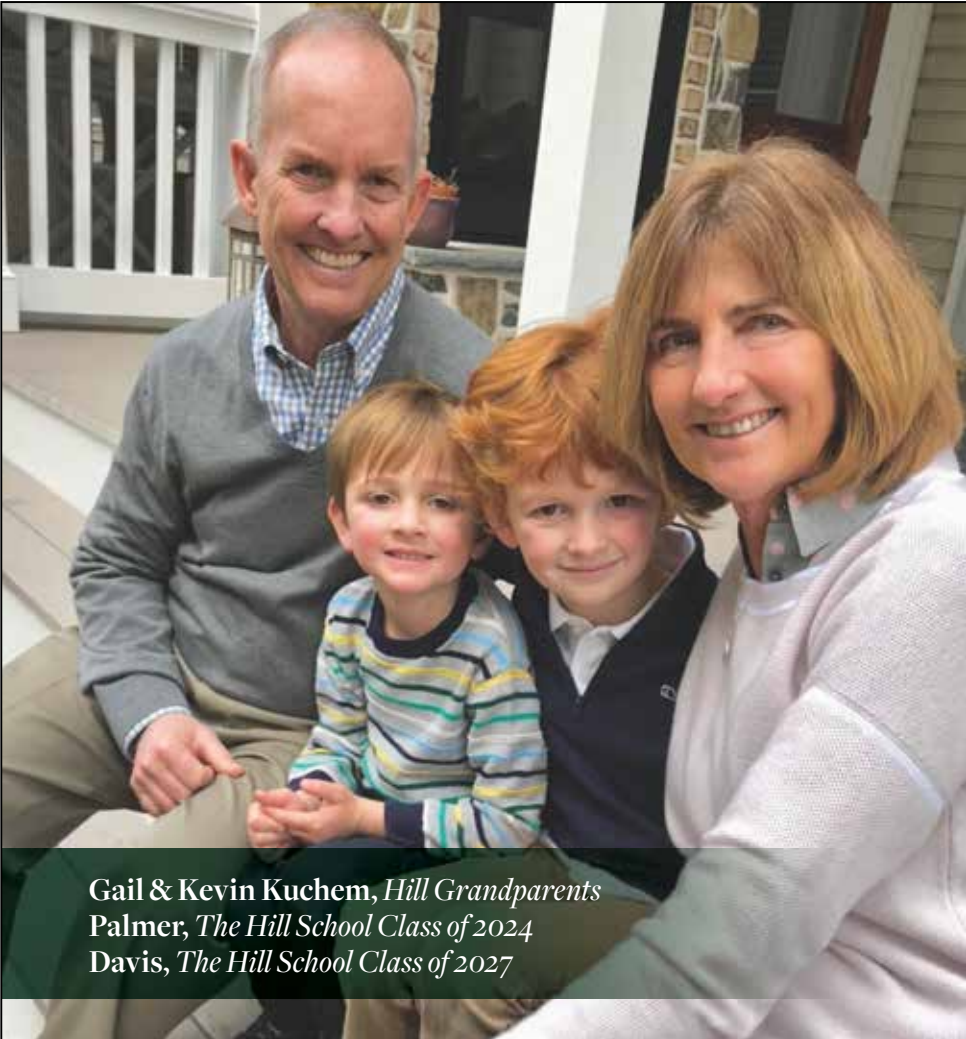
Dresden Farmer, a Wakefield teacher, is offering weekly camps for rising JK-1st graders. Farmer has brought back one of our most popular camps, *Splish Splash into Summer*. "We will explore sea creatures through literature and then create our own. Outdoor activities will include water play, bubbles, sprinklers, and pool fun," Farmer explains. "It'll be a new adventure every day!"

Wakefield School has contin- ued our partnership with Verdun Adventure Bound and Bull Run Mountain Conservancy and will be offering outdoor adventure and educational camps.

We have recently partnered with Black Rocket Produc- tions. Black Rocket Produc- tions has over a decade of ex- perience designing camps in the S.T.E.A.M. fields. Every pro- gram is powered by the camper's innate imagination and designed to bring their ideas to life in a fun, hands-on, learning environ- ment. Camps include: Make Your First Video Game, Mine- craft Designers, Code Breakers, App Attack!, Make Your First 3D Video Game and Minecraft Mod- ders.

Jennifer Austell, new Director of Summer Programs, explains "I would like the community to know our camps are open to the public and I encourage you to in- vestigate all that we have to offer. Check us out and I promise you won't be disappointed!"

If you are interested in learn- ing more about summer camps or would like to register, please visit www.wakefieldschool.org/summer or contact Jennifer Austell at jaustell@wakefieldschool.org or by phone, 540-272-4037.



Gail & Kevin Kuchem, Hill Grandparents Palmer, The Hill School Class of 2024 Davis, The Hill School Class of 2027

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PASTIMES

KITCHEN DESIGN IDEAS FOR 2018



TIM BURCH

Are you looking to freshen up your kitchen? In today's world, the kitchen is the heart of the house. It acts as the center of family life and is often the focal point for social gatherings. These kitchen design ideas for 2018 may spark inspiration if you're considering a kitchen renovation or just love beautiful projects.

Clever Storage

Who doesn't need more coun-

ter space? One way to maximize your usable space and achieve a clean, sleek aesthetic is to hide all those gadgets. The perfect solution that we've been utilizing in our recent kitchen remodels is an appliance garage. It's a convenient storage space for all those bulky appliances like coffee makers, electric mixers, toasters, food processors, even blenders and pressure cookers! This "garage" hides all the tools while not in use, but keeps them easily accessible at a convenient height, so you don't have to search through your cabinets.

Durable Surfaces

Quartz countertops are now the number one seller, over granite and marble. Buyers appreciate the durability of the engineered stone, as well its stain resisting power. Since quartz is a manufactured product, what you see is what you get. With granite and other natural stones, you are limited by the slabs available. When choosing quartz, you get a wider range of colors than you do with natural stone, greater consistency and a rich, luxurious finish.

White Hot

White kitchens continue to be very popular among our clients. White cabinetry, countertops, and backsplashes help to create the look of a large, bright space. Especially in a smaller kitchen, this creates a fresh, clean space to cook, entertain or work. If an all-white kitchen isn't your style, add a pop of personality by selecting a contrasting color for your island cabinetry. The contrasting island design continues to grow in 2018 and allows you to express your individual style.

A Space for Technology

"Alexa, how many cups are in a gallon?" While a TV is the most common technology addi-

tion to kitchen renovations, there is a growing need for a tech-specific space in the kitchen. With smart devices helping you with your cooking and baking adventures, charging stations are often considered must-haves. Charge your phone and listen to music while you make dinner or entertain in your kitchen. And to answer your question, there are 16 cups in one gallon.

Style Change

Traditional styling is making way for contemporary and transitional aesthetics. The sleek look and high functionality achieved by de-cluttering kitchen space lends itself well to contemporary styles. Modern cabinetry, clean lines, and updated appliances maintain this contemporary style's simple philosophy. Transitional design marries traditional and contemporary furniture, finishes, material, and fabrics. The neutral colors and clean lines allow for a timeless design in your kitchen.

These ideas are easy to achieve with the help of an experienced kitchen designer. According to Houzz, nine out of ten homeowners are hiring professionals for their kitchen renovations. Let our experts guide you through the entire process of



creating a kitchen that suits your needs and wants perfectly. If you want more information on these kitchen design ideas for 2018 or have any other questions about remodeling, let me know at ask-bowa@bowa.com.

Tim Burch is a Vice President of BOWA, an award-winning design, and construction firm specializing in renovations ranging from master suites and kitchens to whole-house remodels. A Northern Virginia native and third-generation builder, Tim enjoys calling on his 30 years of design-build experience to solve clients' home-related challenges. He is the Construction Advisor for The Mosby Heritage Area Association and sits on the Board of Building Appeals for Fauquier County. Prior to joining BOWA, Tim was the Lead Project Manager of Construction for the Emmy Award-winning construction reality television show, Extreme Makeover Home Edition on ABC Television. For more information on Tim and the BOWA team, visit bowa.com or call 540-687-6771.

NATIVE FERNS

THE PLANT LADY



KAREN REXRODE

Where trees live, concentrated enough to be a forest or a glen, there exists an un-

derstory, the space that occupies their feet. Herbaceous plants live here, as well as tree saplings. The second, third, fourth chapter in the evolution of a forest lies in wait. A habitat forms, a place of

CHANGE UP YOUR ROUTINE TO HIIT



KAY COLGAN
ACE-CERTIFIED
FITNESS PROFESSIONAL

HIIT is high-intensity interval training. Basically, short periods of all-out exercise followed by active rest. Many studies have shown that not only are more calories burned but the benefits may be even better for older individuals.

The benefits to older adults may help the aging process at the cellular level by slowing it down or even reversing it. Also, the benefits of HIIT training according to scientific studies are improved glucose control, improved respiratory and cardiovascular health as well as reduced body fat. One of the latest studies looked at three cohort groups who participated in three different modes of exercise. High-intensity interval training by cycling, strength training and a combo of both. The age ranged from 30 to 70 plus. All three groups saw improvement in body fat reduction, better respiration and better insulin control. What's surprising is the greatest gains were with the HIIT older adult group which showed a remarkable change in reversing the signs of aging within the cells. It seems the older over 65

group had a 69 percent increase in the uptake of oxygen, while the younger group experienced a 49 percent increase in the cells ability to take in oxygen. So, the HIIT group as the research showed had the largest cellular changes. These studies show the body's ability to repair and/or reverse cell changes effected by age when challenged by high-intensity interval training. Additionally, HIIT can help to restore healthy cell function as we age. All exercise is good but, HIIT seems to be an efficient way for older adults to make positive changes at the cellular level.

High-intensity interval training is time efficient as well as cellular efficient. Many forms of exercise can be jazzed up to mimic high-intensity interval training. Cycling, walking, jogging, swimming and many more forms of exercise can be turned into high-intensity interval training. Basically, start out with a warm-up for five minutes, then do three rounds of 20 seconds all out work to 10-second rest, finish with a cool down and stretch. Try it on your next walk, you might just love it. For more information about fitness, please contact Kay Colgan at Middleburg Pilates at 14 S Madison Street, Middleburg, Virginia or call 540-687-6995.

EXPLORING LIVE PERFORMANCE IN UNISON



STEVE CHASE

It's time to get your video geek on and explore some live performance videos that I really like that are out there on YouTube. As we all know, YouTube is the refuge of pretty much every form of music video, from crappy cell phone clips, to digitized old TV footage, to well shot digital video. Sometimes the videos are official, while others are posted by fans without permission from the artists. Some bands scream when they see the shaky video clips and have discussed ways of jamming people's phones or using special lighting to prevent video, but

overall, in 2018, most have given up. Perhaps they are making the calculation that the visibility is better than none at all.

Bottom line, there is tremendous history available in these videos, offering glimpses into shows that only a decade ago were exclusive to those who were physically in attendance. That is the nature of the Internet nowadays, making every day a treasure hunt, as you search through the chaff and garbage to find some true jewels.

Here is a list of YouTube videos that I think you will find interesting — some you might even really like. The quality of some leave much to

be desired, but I often believe the historic audio trumps the poor visuals. Hopefully they will spur you to embark on your own treasure hunt in a sea of unlimited videos.

Steve's YouTube picks:

1) "Grateful Dawg" by Garcia Grisman

This song launched the popularity of the Grisman and Garcia projects, resulting in a string of albums that delighted fans and helped David Grisman build the successful independent label, Acoustic Disc. http://bit.ly/2pHLYiV

2) "The Sahara of Snow" by Bru-

ford

This clip from a TV show called, "Rock Goes to College," features the great 80's fusion band Bruford, starring Yes and King Crimson drummer, Bill Bruford, Canterbury rock pioneer, Dave Stewart, on the keyboard, bass wizard Jeff Berlin, and the vastly unappreciated (now passed-on) guitarist, Allan Holdsworth. I love this stuff. http://bit.ly/2pJ8Y8o

3) "12 Bar Blues" by NRBQ

Dubbed the greatest bar band ever, with the great Al Anderson on lead guitar and vocals, this video of NRBQ's best lineup really rocks. Al is now a highly successful Nashville songwriter, and NRBQ continues to play with original keyboardists Terry Adams and a group of new guys. http://bit.ly/2pH0miQ

4) "Stevie's Spanking" by Zappa

Filmed at a concert in Rome, this duo guitar solo section from the song "Stevie's Spanking" features Frank Zappa and his Berkeley-trained stunt guitarist Steve Vai, who joined the band after transcribing Zappa's vast catalog of music. http://bit.ly/2G8Bfj8

5) "San Lorenzo" by Pat Metheny Group

Shot in 1978, the year I first saw the group at the Telluride Jazz Festival, this video catches the essence of what is now the extraordinary foundation of the long-standing Pat Metheny Group. The music is melodic, ethereal, hypnotic...genius... and Lyle May's piano solo in this tune ranks as one of the very best ever in jazz-rock fusion. http://bit.ly/2GdX250

6) "Inca Roads" by Mike Keneally

Mike Keneally was Frank Zappa's stunt guitarist during the last Zappa tour in 1988. He went on to an eclectic and relatively unknown solo career that occasionally features songs from the Zappa catalog. It's a shame more people have not heard of this virtuoso multi-instrumentalist and composer. Here he embarks on a solo version of the complex Zappa classic, "Inca Roads," much to my delight (and hopefully yours, too). http://bit.ly/2lVqkqE

7) "Green Cat Eyes" by The Plank Stompers

The Plank Stompers continue to be hot in the local music scene with their eclectic Appalachian fusion tunes. Here's a video they posted a few years back that gives you the essence of the band's sound. http://bit.ly/2umd9J

8) "Fare Thee Well" by The Grateful Dead

One of the biggest musical events of the decade was the Dead's Fare Thee Well Shows. The band brought on Trey Anastasio to serve as Jerry Garcia's surrogate. This band-sponsored Youtube video gives you the whole show from Santa Clara, June 27th, 2015 (all four plus hours!). Call some friends, warm up that 80 inch LCD screen, turn up the volume, and dig on some Grateful Dead. http://bit.ly/2DUM16g

This month's Spotify playlist is something I put together for the recent Mayo Brown dinner party at the Unison Store, hosted by Mayo and the Unison Preservation Society. It's got a good dose of piano jazz with some other good stuff mixed in to keep things spicy. Try it, you'll like it. http://bit.ly/2pGr2e

Steve Chase lives in Unison and plays music too loud.



cover for small mammals, shade for tree roots, hunting grounds on a minute or medium scale.

Sadly our forests are in trouble, overgrazing may be the biggest problem, deer populations have grown. Many of the plants that remain, ignored by deer, are alien. Japanese stilt grass, barberry shrubs, and Japanese honeysuckle are the overbearing thugs of my forest. I have watched them spread and the wild understory diminish.

An opportunity exists to make it better. A step towards improvement. In our geographical location, we have many native ferns. Diverse in their needs, rich in their attributes, they fill a niche. Some thrive in dry shade, a few are evergreen, and if you have a wet spot, your options are many. For an expansive fern, under-

story consider the hayscented fern. This running or rhizomatous species is tough, durable, yet delicate in appearance. In fall it blazes yellow and amber before it descends into dormancy. In similarly dry conditions, the Christmas fern is evergreen. Equally tough, as beautiful in January as it is in August. Goldie's fern reaches three feet, use the height to accent others. In the wild, it will grow taller when its near water, although very reliable without.

In wet places, the choices are many. For a spreading, medium height fern (two feet), use the sensitive fern. A common native, adaptive to dry and moist, grow this species in a naturally moist area for luxuriant foliage, otherwise, its sensitivities will show as fronds with brown tips.

In your swampiest soils grow the ostrich fern. Spreading by rhizomes, the roots seek moisture and colonize the spaces they find agreeable. In winter they sport fertile fronds which are showy. New fiddleheads of spring can be eaten, cut when two or three inches tall, wash under cold running water and gently rub off the insulating hairs. Boil for three or four minutes and eat chilled in a spring salad or hot with butter and salt.

By planting these native ferns you are re-establishing a diminishing habitat, adding a layer of softness where trunks meet the ground. They may be luxuriant in summer and fall but in spring the emerging fiddleheads are equally enjoyable.

A LANDSCAPE UNDER THREAT

CONSERVING THE BLUE RIDGE, NORTHERN PIEDMONT AND LOWER SHENANDOAH

We all love Virginia! We love our open spaces and we value our history and culture. But the pressures of development are all around us.

WE INVITE YOU

to join us for a conversation about the future of our landscape and our communities, and the use of conservation easements as a tool for permanent protection. Come and hear representatives from Loudoun, Fauquier, and Clarke Counties discuss what the issues are, what needs protecting, who is working on what, and what we need to do, together, to protect the Virginia we love.

PLEASE JOIN US

Saturday, April 21, 2018, 9 am – Noon

Followed by Lunch

The Brennan's Horseshoe Barn at Llangollen Farm
21515 Trappe Road, Upperville, VA 20184

RSVP: info@mosbyheritagearea.org
(Space is limited so respond early.)

This is a FREE event!

SPEAKERS AND PARTICIPANTS INCLUDE (IN ALPHABETICAL ORDER):

Harry Atherton	Former Chair, Fauquier County Board of Supervisors and Planning Commission Former Member, Virginia Outdoors Foundation Board Fauquier Conservation Easements Committee	Bob Lee	Former County Administrator, Clarke and Fauquier Counties Former Executive Director, Virginia Outdoors Foundation
Malcolm Baldwin	Retired Environmental Law Attorney Former Acting Chair & Senior Staff Member, White House Council on Environmental Quality Owner/Farmer, Weatherlea Farm & Vineyard	George L. Ohrstrom II	Chair, Clarke County Planning Commission Co-Chair, Piedmont Environmental Council Founder, Downstream Project
Chris Dematatis	Chair, Land Trust of Virginia	Stephen C. Price	Chair, Mosby Heritage Area Association Former Member, Loudoun Purchase of Development Rights Board
Tom Gilmore	Chief Real Estate Officer, Civil War Trust		Principal, McCandlish & Lillard
Al Van Huyck	Former Chair, Loudoun County Planning Commission Chair, Loudoun County Preservation and Conservation Coalition	Dennis Shaffer	Director of Landscape Conservation, Appalachian Trail Conservancy

Invited guests include County Supervisors and other policy-makers, conservation organization members, landowners, conservation funders, realtors, attorneys, and concerned citizens.

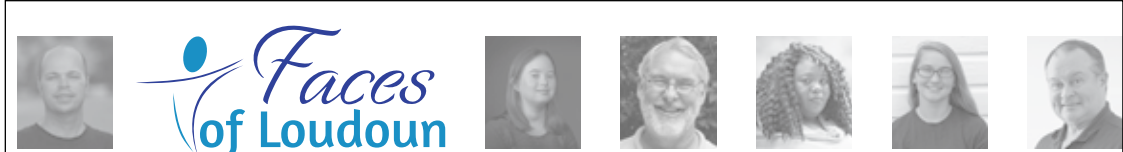


Co-Sponsored by the Land Trust of Virginia, Mosby Heritage Area Association, and the Loudoun County Preservation & Conservation Coalition

PASTIMES

THE MADNESS OF TEEN SUICIDE HAS TO STOP

FACES OF LOUDOUN



Down's Syndrome Cannot Silence My Voice



I was born in 1997 with Down's Syndrome. As a teenager, I felt all alone. I was a wallflower at school, just trying to avoid the bullies who teased me. At home, I was worried about being a burden to my family.

No teenager in Loudoun should have to face a lifetime of isolation.

EndtheNeed.org

Real People. Unexpected Stories. Right Here in Loudoun. Hear their stories. Celebrate their victories. Learn how you can help.

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My life changed forever last year when my 17-year-old son committed suicide.

William was a friendly, goofy, and popular kid who loved rock music and anime. He had been diagnosed at an early age with hyperactive ADHD. Will disliked the "lid" his meds put on his personality and emotions. But, he soldiered on. With professional counseling and his prescriptions, he seemed to be coping, even enjoying his life.

But, in the fall of his junior year at Loudoun Valley, Will began to behave erratically. So, we put him in the hospital, where he was diagnosed as bipolar—a difficult combo with ADHD. We wanted to make sure he had the help he needed, so we did everything we knew to do—everything our doctors advised us to do. His psychiatrists focused on getting his medications right, and he spent time talking through his struggles with his psychologist.

By the time he left the hospital, we were relieved he was feeling better. He re-enrolled in high school. He re-engaged with his friends. He was learning to drive. And he wanted to join a gym.

But Will wasn't better. It turns out he was instead a great actor. On January 14, my beautiful, creative, 17-year-old son hanged himself in a park near his school.

No parent in Loudoun should have to face the horror of losing a child to suicide.

His suicide brought into the

light issues that have been growing unnoticed for far too long—the stigma of mental illness, an absence of a safety net for our troubled teens at their schools, and a lack of open dialogue about the risks ill children face.

The Next Chapter

After the funeral, I was reeling from the shock, the horror, and the pain.

A local nonprofit approached me to assist with the production of A Will to Survive, a 55-minute play that explores the fullness of the Teenage Experience and stars teens who have themselves struggled.

We have staged the play four times since Will's death. The response has been overwhelming: so many teens standing up to share their stories, their feelings, their fears. So many more are learning they are not alone.

Now, we are working to establish peer-to-peer activities within the schools so that there is an infrastructure to help kids dealing with mental-health issues. We want to create a safe place where kids can help each other, and we want to give them the tools they need to be able to offer real help.

We know it will take time to build this program and roll it out across the entire system. But, we just need to start. Any other decision is simply irresponsible.

As adults, we need to step forward. Won't you join us and help End the Need?

AROUND THE TOWN



HAZEL SWEITZER

As this is my first attempt at writing for the Eccentric let me introduce myself. Most of you see me in town attached to my human, Tom Sweitzer who is a Music Therapist and has lived in town for a long time. You also may know him from running with me in town, although when Tom runs it often looks like fast walking. I keep pace with him to make him feel better about his "work-out." Tom helps run A Place To Be. I am the first dog you'll meet at A Place To Be, where we use music therapy to help people with problems. I have my own problems, but I have learned from all the people that visit A Place To Be I have a lot to be thankful for. Often when I learn about how brave some of the clients are at our center it gives me real PAWS to reflect on my own life. That was a joke.

Seriously I love my job and the brave people I meet. If you haven't met me you probably don't know that I am extraordi-

narily cute. I'm often stopped in town by people mostly tourists that lean down and say, "He is so cute!" Yep, that happens a lot. Because my hair is straggly people think I am automatically a male dog. I am a SHE! Hence why Tom is always adorning me with a "girlie" bow. Why are humans so stuck on gender stereotypes? Don't get me started.

Well, I love my town of Middleburg and feel through my years I have left my mark, literally. Through this article, I will really get to leave my mark. I will write to you about my view from the ground up in our town and give you my perspective. I feel lucky to be able to live in a town where people smile, open doors for each other and what other town has two Thai restaurants in a four-block radius? Middleburg is my home and I thank you all for the love you show me. As my owner often says I'm like a stuffed animal with a heartbeat. Well, this stuffed animal loves Middleburg and I will expound on that next month. See you Around the Town.



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PASTIMES

THE ARTIST'S PERSPECTIVE



TOM NEEL

Improvement. This one word is so true of creative longevity. Honestly, it may be the key to longevity period. You know you pretty well. Now imagine a better you. Not a new you, but an improved you. Who wouldn't want a better version of themselves? A software upgrade to version YOU.2 with new or improved features! Count me in right?

Well, self-improvement is just that, a software upgrade for the old you, and in the case, I'm speaking about today, a creative upgrade. One which keeps your mental, dexterity and cognitive

performance up to speed. The problem is, while most of us improve throughout life, we don't focus on our improvement much as adults. We tend to focus on titles and possessions, rather than skills and experiences. Artists are no different.

Improvement in your artistic skill only comes in two ways, doing it and/or expanding past fears or a comfort zone. With adult beginners, who have forgotten their inner child, just getting started can be overwhelming. What do I buy, which way do I turn, will I be any good? Then there's that person in your life who may have always mentally held you back with crippling comments like,

you can't draw, you can't sing, you can't dance. It happens a lot and so let me just start by saying, brush that crap off and move on. They had or have no right and you are in control of you now.

Being artistic in any way is a skill, one people can learn. Sure, there are some that will come into it easier, but this is the case with anything we learn. It doesn't matter if it's math or art. But with any skill, we have to just do it, and do it, and do it and keep on doing it. You begin by just having fun, no pressure, let it happen naturally. Enjoy yourself and understand you are beginning to learn a new skill. As you begin, especially with adults, it's

natural to see you aren't a master but don't be overly critical or hard on yourself. Let it be fun. When you are having fun, you want more fun and in the case of learning a new skill, the more fun you're having the better you get. One day what was hard or frustrating is neither and you will have improved. You will be a better you than you were before you began.

Drawing, painting, pottery, sculpting, singing, playing an instrument, acting, dancing, all take a fair amount of practice or hours to improve, but the improvement doesn't just come all at once after weeks or months, it comes gradually. Just like being around a puppy growing, you may not easily see the growth, but others who haven't seen the puppy so frequently, see the change more easily. Often to really see our improvement we have to keep examples of the old us to compare with the results of the new us. Sometimes the improvements will be small and other times we will see very measurable gains. It's like ascending a flight of stairs, where the landings set us up to rise again, but if you keep going, rise you will.

Then we have those with years of artistry under their belts. Seemingly not in need of much improvement. I would respect-

fully disagree as we all should care to improve and grow. I see this a lot. The same old thing, over and over again. It's as if the staircase and the ascent has ended. Sometimes if growth within one's chosen craft has stagnated, it's time for another chosen craft or artistry. I'm a painter and have been for 30 years. I'm a writer and have been at least since high school. I'll be frank in saying that more of my growth these days is happening with writing than with painting. It's the place I look most for improvement because both are my creative voices.

Realized gains in the self-improvement of one's skills is a feel-good thing though. For me, it's a valuable currency, something I can spend and save. A measurable wealth and one I hope to continue making sizable deposits to it, in the years to come. I don't see a time when I can say I've improved enough. All done, fini, skill bank is all full. Look at the thing you would like to artfully accomplish as a treasure chest and the word improvement as sacred and I see happiness in your future!



SPRING CLEANING

SINCERELY ME



BRANDY GREENWELL

Old Man Winter seems to be arm wrestling with Persephone right now, and sadly he seems to be winning. The recent heavy winds, unexpected snowstorm, chilly temperatures and frosty

mornings are attempting to beat out the daffodils and other aromatic blooms despite the calendar. The volatile weather is slightly annoying when we all want to shed the Carharts, but being in climatic purgatory is a good time to get in some spring-cleaning. Now, where to start?

The obvious yet boring first step is your home. Cleaning where the priest doesn't walk, chipping the stray pea out of the frost in the freezer, dusting in between the keys on your keyboard, shampooing the carpets, etcetera are all part of a good, deep house-cleaning. Outside, the obvi-

ous tidying includes picking up fallen sticks and limbs, mulching, power washing the hibernating lawn furniture and other preparations for the commencement of the outdoor season. It always feels great to deep clean your space.

What's next? Your Closet? I tend to be a hoarder, nay, clothes-horse, so my advice in purging your closet generally consists of only getting rid of absolutely worn items, like super holey socks and bras that have lost their supportive hugs. I once did a big closet purge only to give away my 20-year-old, 8-inch L.L. Bean boots the year before they resurfaced as super stylish and were a commodity far and wide. I regret it to this day. To non-hoarders, they say if you haven't worn an item in a year, it is time to go. It's a personal decision.

How about your social media? Trim the damn fat!! Personal social media should be fun, entertaining or meaningful. Why let "friends" invade your cyberspace if they are going to snark on your posts, incessantly post duck-faced selfies and narcissistic ramblings of every daily detail down to the color and consistency. Sometimes unfollowing an abusive keyboard jockey is as liberating as blowing your nose



after a head cold and getting rid of all that snot.

Our equine friends can always use a day of beauty for spring-cleaning. Though is a dirty, hairy job, who doesn't get some kind of satisfaction from blading clumps of dead fur off of your horse's body? Add a little mane pull and whisker trim along with the shedding blade and you will be reacquainted of the beauty of your beast. Its also a great time to wipe down stalls, dust corners, muck out run in sheds and give all your tack a good oil and tooth-brush cleaning. I recommend doing this before deep cleaning your house for obvious reasons.

Don't forget to spring clean your body as well. A good juice cleanses, exfoliating scrub and hair mask can make you feel brand new inside and out. Treat yourself. If you are one of those gals that boycott shaving her legs from October-April, now is the time, ladies. Now is the time. Happy Spring!!

PREGNANCY AND BREATHING



DR. ROBERT A. GALLEGOS

It is not unusual for women to have difficulty breathing during pregnancy. Due to physiological changes, breathing for moms may become more difficult as their babies grow. Weight gain during pregnancy (average 25-30 pounds) and the position of the baby can

make breathing a struggle, especially when sleeping. The baby's position can impede breathing by putting pressure on the diaphragm. Weight gain can put extra pressure on the airway causing previously healthy moms to snore and develop sleep-disordered breathing (SDB).

Sleep-disordered breathing

includes obstructive sleep apnea and upper airway resistance syndrome. Obstructive sleep apnea causes breathing to repeatedly stop for over 10 seconds or more. Upper airway resistance syndrome is any increase in resistance to breathing that causes extra effort to breath. Often these developments go away

after giving birth and when the extra weight is worked off. But what happens during pregnancy to mom and baby when oxygen is lower than optimal? Mom's oxygen is also baby's oxygen.

Sleep-disordered breathing and obstructive sleep apnea for mom are linked to preeclampsia, gestational hypertension, and gestational diabetes mellitus. For the baby, the risks include intra-uterine growth restriction, preterm delivery, low birth weight, neonatal intensive care unit admission and Apgar score of less than seven at one minute. These risks for the baby lead to lifelong medical problems, like asthma, obstructive sleep apnea and attention deficit hyperactivity disorder (ADHD).

Fortunately, the body has a natural breathing accommodation for pregnant women. The hormone progesterone is increased during pregnancy which aids in breathing by increasing the intake and use of more oxygen with each breath. In addition, what can pregnant moms do to protect themselves and their babies? Recommendations include good posture when sitting or standing to take pressure off the lungs; taking a break from activities when feeling fatigued; propping up the head of the bed 6-10 inches so gravity has less of an effect when laying down; finally and most importantly is maintaining a healthy weight during pregnancy. If all of these things are not enough to breathe



easily and effectively then a consultation with a physician and possible sleep study is recommended. Some women will need help during the night to maintain a good airway in order to keep themselves and their babies healthy. Continuous positive airway pressure (CPAP) or a temporary dental airway sleep appliance may be needed to maintain a better airway. Women who have had previous pregnancies with complications can improve their health and the health of their babies by taking these steps.

Dr. Robert A. Gallegos has completed a residency in Airway, is a member of the American Academy of Dental Sleep Medicine, a Fellow in the Academy of General Dentistry, visiting faculty of Spear Education, a member the American Academy of Cosmetic Dentistry, and the American Dental Association. Dr. Gallegos practices dentistry in Middleburg, VA. www.MiddleburgSmiles.com.

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Katcho 4 yr. old, Shih Tzu X, no kids under 10	Dixie Thoroughbred 21 years old one-eyed	May 4.5 yr old, American Guinea Hog, 300 lbs	Missy 6 month old, Border Terrier X	Hendrix Hendrix: 10 yr. old, DMH, 3 Legs		
Paula Kitten, Bonded with Oliver	Ned Grade Horse 27 years old	Norma Black DSH 8 years old	Cami Black & White DSH Senior Female	Boone 2 yr. old, Boxer X, no kids	Fancy 2 yr. old, Beagle X	Toothless 12 yr. old, DSH, Bonded with
Pippi 32 yr old Shetland Pony, Companion only	Lane Lab Mix 3 years old	Thelma/Louis 12 yr. old, Mules, Bonded pair	Lucas Miniature Pinscher 7 yr old	Fiji 8 months old, Foxhound		

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Middleburg Community Center

2018 SPRING EVENTS

4/5-6/14: Ignite Yoga-Mommy & Me/Silver Foxes
4/12: Nat'l Grilled Cheese Day Lunch
4/14: MCC Spring Auction
4/20 & 5/18: Concert on the Steps
4/28: MHF Gala
4/29: Loudoun Ballet Mad Hatter Tea
5/3: Cinco De Mayo Dinner
5/5-10/27: Middleburg Farmers Market
5/16: MBPA Job Fair
5/26: MCC Pool Opens

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MEET THE CANDIDATES

APRIL 11TH 6:30 PM AT THE MIDDLEBURG COMMUNITY CENTER

Email questions to the candidates by 4/10
candidates@mbecc.com

MAYORAL CANDIDATES

VINCENT BATAOEL

Dear Middleburg, My wife Nelina and I moved here because we love the quiet small town life. We live behind Emmanuel Church in a house that was owned by Loyal Hall, son of Willie Hall, who built the original Middleburg Bank building (now the home of the Oyster Bar).

I announced my candidacy for Mayor last summer. As a candidate for Mayor, I am serious about reducing the cost of living and doing business here, uncompromising about keeping Middleburg a small town, and I will not rest until we fill up our empty storefronts.

My business office is on Jay Street, in the same building as A Place to Be. I am lucky to own a successful small business and fortunate to be working with a great team on preserving

natural resources, especially in areas where those natural resources are most under threat.

Before I began public service in Middleburg, I received my Masters in Government Studies from Missouri State University, and I was a Visiting Scholar at the White House Office of Science and Technology Policy, the National Defense University Center for Technology and National Security Policy, and the Potomac Institute for Policy Studies. I've published papers on foreign policy and counterterrorism that have been cited by other scholars in those fields.

Since 2014, I've been serving the Town as Chairman of the Economic Development Advisory Committee. As Chairman, I regularly lead meetings with stakeholders from our lo-

cal businesses and industries including Salamander Resort, Boxwood Winery, the National Sporting Library and Museum, and Rutledge Farm.

As Chairman, I've recruited a new business to Town (the Oyster Bar), evaluated funding requests for events, and led the Council to adopt an ordinance that enables the Council to eventually offer tax incentives for new businesses that are considering coming to Middleburg.

Outside of Middleburg, I'm a Member of the Board of the Aldie Heritage Association. I've been a vocal advocate of preservation there, and a staunch opponent of the County's plans to demolish three historic buildings to build a fire station in the core of Aldie's historic downtown.

Those who vote in our election on May 1 will be selecting five candidates: one new

Mayor, and four Members of Council. It gives me great pleasure to support and be supported by a candidate team with: Kevin Hazard, Cindy Pearson, Mimi Stein, and Kristin Noggle.

It is a true blessing to be making a difference in our community.

Thank you for your support, and for keeping Middleburg moving forward.

vincent@middleburg.com

TROWBRIDGE "BRIDGE" LITTLETON

Why I Believe in Middleburg. As the election for Mayor draws near I am reminded of how far Middleburg has come. I have seen a lot of change since I was a kid. I remember the B&A and Mrs. Edwards giving me root beer for free, I remember riding my big wheel down Lincoln Road, I remember when the only pizza in town was at the Café La Rat, and I remember the brown water that came out of our faucet. Now as a Councilmember I have come to understand these hard issues and how we must face them for our collective future. We have a choice to make, one where we can continue fixing problems of the past, make today's Middleburg better, and plan for our future.

Clean water and safe sewers are vital to our health. They are the town services that touches us every hour of every day. Having a safe, modern utility system is incredibly complex and es-

sential and it requires adequate, sustained investment: This year our utilities will cost \$2m dollars to operate and maintain, yet the bills we all pay will only provide \$1.3m dollars of the money needed. The remaining balance of nearly \$700,000 will come from saved reserves and borrowed from other taxes, subsidizing almost 30% of the cost. In addition, we have \$4.4m dollars of debt on our utility system and \$3m dollars of critical improvement upgrades to do over the next 5 years. This all costs money. We all want lower water bills, but we must understand the full and long-term impacts. We have all seen the tragic story of Flint, Michigan and they are a recent example of what happens when government fails to properly fund and maintain its water system. Before we haphazardly lower our rates, we must understand what it will mean to Middleburg's complete financial future, as you see it is all connected.

MARK SNYDER

Hello Middleburg! I am pleased to see so many people in the Town elections on May 1, 2017. Ten people filed for the available mayoral seat and four council seats. I cannot recall this many candidates competing in recent years!

We experienced recent turnover on council. Middleburg elected four new members of council in the 2016 elections: J. Kevin Daly, Phillip Miller, Peter Leonard-Morgan and Trowbridge ("Bridge") Littleton. These new members replaced Trowbridge ("Trow") Littleton ("Bridge's" father), "Bundles" Murdock, Erik Scheps (who moved out of town) and Kathy Jo Shea.

The Town ballot on May 1 will have the following seven candidates contending for four available council seats: Chris Bernard, Kevin Hazard, Darleen Kirk, Peter Leonard-Morgan, Kristin Noggle, Cindy Pearson and Mimi Stein. In addition, I am also among three contenders for the open mayor seat.

This is terrific civic participation, but I am

concerned that council may soon lose its continuity and long-term memory. Currently only Betsy Davis (retiring at the end of June), Kevin Hazard, Darlene Kirk and I were on council to experience and are able to remember council events before 2016. If the citizens do not elect any of us in May, no one on the next council will possess this knowledge!

A degree of continuity is invaluable to the council. Knowledge and experience can prevent many mistakes. For example, the four of us (including Betsy Davis) remember treacherous mismanagement by a previous Town Administrator that brought Middleburg to the brink of insolvency about a decade ago, depleting Middleburg's reserve funds. Middleburg went from a \$103K general fund surplus following 2003 to a deficit of \$748K in 2006 (source: April 26, 2007 report from our auditor, Davenport & Company LLC). This was just in time for the big recession, making a serious situation dire.

This financial debacle led to staff turnovers and painful budget decisions as council labored to right its budget. Middleburg began raising the tax on real estate by close to 50% and looked at similarly painful cutbacks.

Middleburg council and staff are operating on a much higher, responsible level now. Still, backsliding takes place in much less time than the climb back up! It can take a long-term boom to recover from a frighteningly quick bust.

Middleburg's budget for the next fiscal year (FY19 is from July 1 2018 through June 30 2019) is down a bit from this year. The current draft budget is down slightly by about 3.3% to just over \$5m in all funds (General, Utility and Health Center).

One concern for me is current look at space needs for council, police and staff. Council knows we need more space for staff. We must also reduce meeting-space contention between council and its many committees. Thus, council anticipates a professional report soon on po-

budget to 100%. This step will protect us when times get tough and the town will then be able to ease the tax burden on citizens, fully pay for our utility system with less revenues and continue to provide community services. We must save today to be ready for tomorrow. Our financial prudence through the good times and bad is key to sustaining our ability to maintain and improve services to our citizens and businesses.

As always, thank you for your time and trust. I look forward to continuing to serve our community. Please contact me if you would like more information on these issues. Email me at bridgelittleton@gmail.com, or call 571-276-7730 and visit www.bridgeformiddleburg.com and follow on Facebook. Thank you for your support and your vote on May 1st.

bridgeformiddleburg.com

tential solutions from PMA Architects. A new ad hoc committee discusses divesting and acquiring Town property. I am hopeful that these do not lead council into unwise spending decisions, such expansive building or acquisition.

Experience and continuity also helps council protect the village that Middleburg is and its unique character as the foxhunting equestrian capital enshrined by our beautiful and tranquil countryside.

I look forward using my lengthy and broad council experience to bring council to its next level with the leadership Middleburg deserves to keep pace with an ever-busier schedule. I am also determined to balance tourism with citizen concerns, as I want to do more for residents - for example, informal citizen meetings.

That is my opinion - what do you think? Do you have ideas to improve Middleburg? I would love to hear your comments, suggestions and questions!

mark.snyder@ngc.com

TOWN COUNCIL CANDIDATES

KEVIN HAZARD

Hi, I'm Kevin Hazard and I'm running for my third term on the Middleburg Town Council. I have also served on the Town's Planning Commission for over 10 years. I am running again because I love Middleburg and would like to help our new Mayor in his transition from our wonderful retiring Mayor, Betsy Davis.

We have a number of issues facing us as a town, three of the most crucial are empty

storefronts, high taxes and creeping suburbia. Luckily, the town has very strong financial reserves that can be used to alleviate the first two. Right now, with the help of our new Business and Economic Development Director, Jamie Gaucher, we are actively seeking businesses that fit our small-town character and are good for the town residents. For the high taxes, I will work with the new mayor and fellow council members to redistribute part of our budget

surplus to help those town residents who need it most. As for the third issue, this council is heavily involved in working with the county to allow Western Loudoun to stay the way it is. Getting away from suburbia is the reason that most of us live here.

I love serving on your Town Council. Nationally, our country is as politically polarized as it's been since the 1960's or even back to the Civil War. We do not have that kind of divi-

sion here. Since I've lived here, Middleburg has always been a model for decorum in politics. All issues are debated on their merits and never with an ism, but always for what we felt is best for ALL of our residents. It can take us awhile, but we usually get close to consensus. If reelected, I will work to maintain this spirit of cooperation and to keep Middleburg the wonderful small town that it is.

khazard25@gmail.com

CINDY PEARSON

From the desk of Cindy Craun Pearson, retired: Since I retired from my position as Economic Development Coordinator with the Town of Middleburg at the end of September 2017, I have felt there is more I can do for the town. Hence, I have decided to run for Town Council. Working for the town for eleven years has given me insight on all aspects of how the town is managed. I've seen it from the inside out, and I've had the opportunity to be to part of almost all committees at one time or another. In addition, over the years I represent-

ed Middleburg on various boards throughout Loudoun County. This provides an additional perspective on how our town is viewed by others in Loudoun County, and I was able to learn many important lessons through my participation.

It is important for Middleburg to continue to have a voice throughout the county in decisions being made every day that affect us. It is equally important for the town to stay strong both financially and in regard to the projects and challenges that lie ahead.

As we all know, the way people shop has changed with more online shopping than ever, therefore it is important to keep our downtown businesses populated in the way that serves not only our residents but our visitors as well. This is a huge challenge and is important in our effort to preserve the best of what Middleburg has to offer while maintaining the unique character of our community.

Although our town is small, there is still so much that goes on in the Town Office on a daily basis, I look forward to being part of

Council so I can use my experience as a previous employee and my history as a native of Middleburg to provide support and guidance to Town employees as they work hard to move the many projects underway, to achieve the goals I know they all share and to get these projects completed in a timely manner.

I hope you will vote for me on Tuesday, May 1 to represent you as a Town Council member for the Town of Middleburg. Thank you!

cindypearson102017@gmail.com

PETER LEONARD-MORGAN

I have had the pleasure of living in Middleburg since January 2014 when my wife and I moved into a quaint house which we discovered for sale on Chinn Lane.

Having grown up in England, Middleburg brought back memories of unique, historic villages in the countryside; Alison and I quickly felt right at home in the 'burg, with our menagerie of dogs and cats. Unlike certain other places where I have lived, locales in which you wouldn't even know your neighbors' names, Middleburg projects a true sense of community, and it is that character of town life which inspired me to submit my credentials for election to the town council during the November

2016 general election.

The privilege of serving on council for the past 15 months has given me a fascinating insight into the workings of local government, opening my eyes to how hard so many people work in service of the citizens of Middleburg. Our community is small, but our job is important, and my fellow council members and dedicated staff take their functions incredibly seriously, as they make critical decisions on a daily basis which affect us all.

Upon election to council in November 2016, I was asked by Mayor Davis to represent council on the town's Go Green committee. This is a truly rewarding committee to be a part of, one

DARLENE KIRK

As of today, Middleburg has 3 candidates for Mayor of the Town - Bridge Littleton, Vincent Bataoel and Mark Snyder. And 7 candidates for Town Council - Kevin Hazard, Peter Leonard-Morgan, Cindy Pearson, Mimi Stein, Chris Bernard, Kristen Noggle and myself, Darlene Kirk, to fill four seats.

For Mayor, we have 3 very different individuals with very different backgrounds - one is a lifelong Middleburger, one just recently moved into Town, and one has been here for over 25 years. Two serve on Council and served on Planning Commission. The other on Economic Development Advisory Board. For the Council, 3 of us currently serve and all running contribute to our town in many giving ways. But none of that matters. It matters how you, the citizens of Middleburg, believe we will do on the job! That is why I am seeking re-election Town Council.

In April, the Eccentric will be holding a "meet the candidates for Mayor and Council" event and I urge you to attend and ask everyone your questions and express any concerns you may have to us all.

Ask the candidates: are you ready to sacrifice the time it takes to be Mayor? It's close to

a full-time job and you need to know that your Mayor can devote the time and attention necessary to do the job - this goes for us running for Council as well. Having served Middleburg faithfully for nearly 18 years, I am committed to continuing to serve our Town.

Whether Mayor or Council, are you willing to take the personal time and attend meetings at the County and State levels, wait patiently to speak, and get the town's needs addressed? Can you listen to their responses and answer appropriately and professionally? When representing Middleburg, will you be prepared? You WILL get called and visited at home by citizens and State and County leaders, how and can you handle that?

Can you listen and respond openly and honestly to citizens' concerns and follow up as promised and expected? Will you bring their concerns to Council or staff or just brush them off? This is something I have lived by my entire career on Council.

Is the candidate a team player? Or is everything "me" or "I did this." No one person on Council can say truthfully that they made something happen. It takes the consensus of Council to make something happen. One

Dear Middleburg, My name in "Mimi" Stein and I am running for a seat on the Middleburg Town Council. I have been living, playing and working in Middleburg for the past 20 years...I know, I know...a virtual newcomer. However, from the moment I arrived I was hooked and chose to make Middleburg my home.

Many of you know me and for those who don't, I served on the Board as Treasurer for Middleburg Business and Professional Association Board for some 10 years, I am on the

Pink Box Advisory Board, Board Member and Treasurer for the Middleburg Museum Foundation and currently serving as a Commissioner on the Middleburg Planning Commission.

In conjunction the Middleburg Business and Professional Association I helped bring the annual Christmas Tree-lighting ceremony back as a regular event kicking off the Christmas in Middleburg weekend. (You see me every year serving the hot cider and handing out the candles).

KRISTIN KAY NOGGLE

Ever since my first cookie at the Upper Crust in 1981, I have been drawn to the charm and unique qualities of this special community. I made the decision to run for Town Council because I want to help our town remain true to itself and serve all of its residents responsibly, while attracting businesses that will thrive. As a professional horsewoman, riding and foxhunting across the surrounding countryside since 1995 has been a privilege. Living in town for the last ten years has enhanced my sense of belonging, and I feel I need to do a little bit more to give back to all Middleburg has given me.

Volunteerism has been part of my life since my teenage years. As a member and later an A graduate of The United States Pony Club, a non-profit that teaches responsibility, sportsmanship and stewardship through horsemanship

ship, I competed on teams, taught, judged, organized events, and held leadership positions at the local, regional and national levels. I have served as HOA President for my condo association for the past 8 years, with a small team of owners. I volunteer at events benefiting local conservation groups like PEC and VALCV, and currently serve on the Middleburg Spring Races Advisory Board. Since 2014, I have been fostering dogs for PetConnect Rescue, about one dog per month. It has been extremely rewarding, and the perfect addition to a country lifestyle.

The motto of my alma mater Virginia Tech, where I studied Interior Design, is Ut Prosim, That I May Serve. There, my appreciation for aesthetics, design and housing needs grew, as well as my love for small towns. Growing up in Fairfax County, I experienced the dehuman-

which strives to find new ways to improve sustainability and reduce waste, and help our community to stay healthy and fit. March and April will be busy for Go Green as we help to spearhead initiatives including the Fit Fun Fair & 5K race (formerly the HEAL/5K) taking place on Saturday March 24th at the Community Center; the Spring Town Cleanup on Saturday April 14th; and the used battery collection day on Saturday April 28th, which we hold in conjunction with the Police Department's annual expired drug take back initiative at the Town Office - H.E.A.L. is an acronym for Healthy Eating Active Living, a nationwide program of which Middleburg is an active member.

This May, despite the fact that I will have only been on council for a year and a half, I am up for re-election. This is because I filled the unexpired term of my predecessor who had moved out of town during her four year term, and was therefore no longer eligible to serve on council. The reality is that it takes time to become acquainted with the ways of local government, particularly when your entire working life has been in the business sector. Fifteen months in, my understanding as to how things work, and how Middleburg in particular works has grown exponentially and, more than ever, I hope

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person, be it Mayor or Council member, can bring up an issue or seek to lift the town, but no ONE PERSON can claim they made something happen. Most items we pass are labor intensive and require hours of hard work and deliberation, long into the night hours of our work sessions. No one person does the budget. No one person passes a town ordinance. No one person made Salamander happen. It is a team. Everyone - Mayor and Council - negotiate everything to finest details to arrive at the best answer, where Council as a whole makes the final decision. No one person can honestly take credit for the work done by the Mayor and Council. We all work hard, together, to make our Town proper and succeed, and we do it in the framework of collaboration and sacrifice. I am proud to serve with all those who give so willingly of their time to Middleburg and I would be honored to continue to serve with them in the future.

We must not forget the work of our Committees. These Committees, composed of volunteers, do a lot of the work and do an outstanding job. The Town is truly blessed to have a large group of volunteers who staff these Committee and work tirelessly for the Town

and with their Council representative. Does your candidate work behind the scenes without receiving credit or is getting credit more important to them? Its not about who leads the committee, but what they accomplish together, as a team, like us on Council.

And lastly does your candidate have the temperament to be Mayor? Betsy Davis has been an outstanding Ambassador for the Town and is the model I have always sought to be like as a member of the Town Council. Even on the worst of days, she is delightful, kind and thoughtful. She is sympathetic to citizens' issues or hardships and works to help everyone, we are all equal. This is what you deserve from your candidate, not grumpy or condescending, or only thinking about himself or herself? This is my commitment to you, that I will continue to follow by the model Betsy has set for us.

Think about these things when you vote, ask these questions of me and all the candidates. Get to know every candidate and ask hard questions of all of us. Raise your concerns. And most importantly, please come vote on Tuesday, May 1 at the Town Office.

darlenekrk@aol.com

"MIMI" DALE STEIN

While running the Home Farm Store for 8 years I developed a solid understanding of the energy and needs of our downtown district. For those many years I got to know so many people in town and had the opportunity to hear their views first-hand not only about the food they were buying but their life in Middleburg. Just recently as Director of Operations for a small DC based non-profit organization I moved our main office from Herndon to Middleburg so I am really here all day everyday hoping to serve this community in any way I can.

For those of you I don't know yet, I hope I will have the opportunity to become acquainted so that I can understand and help insure Middleburg will thrive and continue to meet your needs and expectations.

Please vote on May 1st for your Town Council representatives, and consider me as one of your choices.

mimi@certifiedhumane.org

safety and accessibility, from east to west and from Stonewall/Marshall Avenue to Federal Street. Though prices have stabilized, water quality and cost are a burden on both homeowners and renters. To fill our empty storefronts, we need to go out and recruit businesses that will endure. All our residential, businesses and schools are team members with strengths that deserve promotion and encouragement.

We can do more of the right thing, and do it the right way. I bring professionalism, the desire to listen, and the ability to work as a team with town council and the mayor. I would appreciate the opportunity to help preserve what I have always loved about Middleburg-- its beauty, safety, horse country setting, small size and history--while supporting thoughtful growth.

kknogg3@me.com

CHRIS BERNARD

I was fortunate to grow up in nearby Fauquier County, and when I decided to come back to Northern VA after a few years away, I made Middleburg my target destination. For most of you, it's obvious why: enjoying the beautiful scenery and country lifestyle in such close proximity to Northern VA and DC is quite a unique experience. What I have come to find since I've been here is that Middleburg is so much more than that. Our charming "downtown" has a great blend of restaurants and shops, the town and surrounding areas are hosts to some amazing venues and events, and the people who live and work here make this a truly amazing community to be a part of.

As I've gotten to know more and more people and spent more and more time around town, I've come to realize that this small town we've all chosen to live in is where I want to stay with my family. It is already one of the best small towns in America, but it's not by accident or happenstance. Our town staff, the

Mayor and Town Council, and the committees that support them do a lot of great work to not only keep everything running smoothly but also plan for the future. As we move forward into that future, I think it is essential for the town to be represented by a team of representatives that can objectively analyze and assess issues, debate different ideas for how to solve these issues, and effectively and efficiently work to implement solutions that benefit town residents and business owners. I also believe it is of the utmost importance for young people in town to get involved so we have an educated and engaged leadership in the years to come.

Looking forward, there are a lot of challenges we will be facing: ones that every community experiences, but also ones unique to us. The town is in the process of re-vamping their website, which is our portal to the rest of the world. We are looking at empty storefronts on Washington Street that we need to fill with the right businesses. There seems to be a gap be-

tween the quality and the price of our utilities that needs to be reviewed. There is a similar gap between the average income and cost of living in town that should be addressed. Then there is the issue that seems to be at the forefront of everyone's thoughts: the continuing spread of development down Route 50, which threatens the country lifestyle that we so cherish.

As a candidate for Town Council, I have several ideas on these issues, but more importantly, I am open to hearing and discussing your ideas. I have spent the past few months attending council meetings and further educating myself on issues specific to the town, including upcoming issues, current projects, and the budget. My background in analytics, process engineering, project management, and team-building give me a great foundation to be a part of the team that addresses the issues outlined above. I also have been fortunate to both live in town and work very closely with some

staple businesses here (lou lou and Crème de la Crème) and I hope to use this experience, enthusiasm, and common sense to help better serve our residents and businesses.

Middleburg is one of the best small towns in America, not just to those of us who live here, but to our surrounding community, our businesses, and visitors as well. It's all of those things that make Middleburg special, and it's our responsibility to do all we can to maintain it. The most important part of a small community is participation. I'm choosing to participate by running for Town Council, but I hope that each and every one of you finds a way to get involved, whether it's through a town committee, elected office, volunteering, supporting our local businesses, or simply going to the polls and voting on May 1st.

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ACTIVISM ON THE MOVE

For most of this newspaper’s first fifteen years in print finding citizens prepared to stand as candidates for public office was a major task.

The hours were long.

The work demanding.

The pay minimal if that.

And the only time ones’ fellow citizens seemed to be paying attention to Council’s work was when taxes

went up, or things went wrong, either by accident, or sins of both omission and commission.

This year is different in the best possible way.

For the first time in our publication’s history, there are seven candidates contending for four available council seats: Chris Bernard, Kevin Hazard, Darleen Kirk, Peter Leonard-Morgan, Kristin Noggle,

Cindy Pearson and Mimi Stein

There are no less than three candidates for Mayor: Vincent Bataeol, Bridge Littleton, and Mark Snyder,

On April 11 all those running for office will participate in the Town’s first public open and freewheeling debates at the Middleburg Community Center.

Why is this happening?

Good people from across the generational spectrum have both summoned the courage to run and made the commitment to their fellow citizens to make the sacrifices necessary to take the heat and do the work of Town Council.

We also believe they have been inspired by a new determination on the part of both women and young people all over Middleburg,

the County, the State and the Nation to make sure their voices are not only heard . . . but make a difference.

Kudos to all.

Elections for Town Council and Mayor are set for May 1

Be sure to vote.

And be sure to be prepared to vote by coming out to meet and hear the candidates on April 11

LETTER TO THE EDITOR
MADISON AND FEDERAL STREET

Hi Mark,

I’m assuming that your “Ask A Council Member” column includes responding to resident’s questions, so here goes. With all the attention given to the dangerous intersection at Zulla Road and Route 50 after the tragic death of a beloved resident (and countless near misses), I’d like to bring up another dangerous intersection that is, indeed, actually in Middleburg.

The corner of S. Madison St. and Federal St. is also a dangerous one. Drivers on Federal St. heading east cannot see right down Madison St for traffic unless they stop at the stop sign then creep forward a few feet

and, assuming the mirror hasn’t been knocked out of position, carefully check the mirror on the other side of the street. Many folks don’t bother to check for cross traffic or don’t know traffic doesn’t stop, as I can attest as someone who drives up South Madison to go to work. While I come up the hill below the 25 mph speed limit and double check to make sure Federal Street drivers are paying attention, I have to gently honk the horn about a third of the time as drivers don’t look south on Madison to check for traffic.

Indeed, while driving north on S. Madison a few years ago I was hit here by an errant driver nearly totaling my car, and I know there are several accidents a year at this spot.

Has there been any conversation about making this intersection safer? I would humbly suggest two simple signs on Federal Street saying “Cross traffic does not stop.” This is a fairly simple suggestion that doesn’t change traffic patterns. Has this solution, or others, been considered? What is the status?

Thanks for your consideration.

Mollie Bailey
Middleburg, Va.

Hello Mollie. Thank you for send-

RESPECT
BLUE

DAN MORROW

“Captain Sobel, you salute the rank, not the man”

From “Band of Brothers”

“It was almost no trick at all, he saw, to turn vice into virtue and slander into truth, impotence into abstinence, arrogance into humility, plunder into philanthropy, thievery into honor, blasphemy into wisdom, brutality into patriotism, and sadism into justice. Anybody could do it; it required no brains at all. It merely required no character.”

Joseph Heller
Catch 22

Every day our current President receives the honors and courtesies

due his rank: ruffles and flourishes and “Hail to the Chief;” hand salutes from men and women in uniform; we who elected him stand when he enters a room; we don’t sit until he does, or until he invites us to; we shake his hand when it is offered.

He is, after all, the duly elected President of the United States of America and he is due the courtesies reserved for those who hold that rank.

On the other hand as a mere human being and just one of many citizens of a country ostensibly dedicated to the proposition that all men are created equal, Trump long ago forfeited all claims on the respect of his fellow Americans or anyone else with a normally developed sense of dignity, ethics or personal integrity.

Any uniformed officer or enlistee under his command would be stripped of rank and drummed out service were they caught speaking and behaving in ways that have become the President’s trademark.

Trump apparently takes pride in what, for most would be considered blatant lying; he has been sued and has settled suits brought against him for: cheating suppliers; taking money from innocents for courses in a fake university; not to mention settling cases charging racial and ethnic discrimination against applicants for rental space in his properties.

Adultery is grounds for court martial, not to mention an offense against family and friends before whom he swore fidelity.

There is little doubt that at some point in the not too distant future he will be called on to justify his role, or lack of one, in conspiring with Putin’s Russians to sway the election; obstructing justice; laundering Russian money; evading taxes; violating fair housing laws; using illegal labor; defrauding students, many with government loans; paying off porn stars and others in violation of election laws; failure to act promptly to defend the country from cyber attack; emasculating both research and regulatory agencies; elevating admitted fascists and incompetents to powerful positions in government; lying to our closest allies and bragging about it; lying to the citizenry and bragging about it.

Then there is his personal immorality; bad taste; willful ignorance, and his persistent; vocal encouragement of racists, misogynists, and the mean-spirited in general; and his special and all too personal brands of what some would call moral cowardice and malignant narcissism.

As one columnist for the Atlantic put it, “Donald Trump is an undignified lout who cannot master his own emotions enough to be anything better.”

Perhaps because he is famous Trump mistakes courtesy and silence for respect. He’s wrong.

As Arthur Schopenhauer put it in the mid-1850’s, “Fame is something which must be won; honor, only something which must not be lost. The absence of fame is only obscurity . . . but the loss of honor is shame”

Our President is sadly not only a source of shame but a clear and present danger to the integrity of our Republic, in every sense of the word.

RESPECT
RED

BRIAN VELLA

How refreshing that my friends on the left suddenly pine for “respect” in our civic discourse! For at least the past 50 years, it has been the trademark of the left and Democrats to ridicule and show disrespect for nearly every facet of American society. From burning our flag in the 1960s, to the contempt and disrespect shown to the United States military (who can forget the pompous John Kerry characterizing American soldiers as the equivalent of Genghis

Khan’s hordes?) it is the left that refers to police as “pigs” and has embraced as celebrities killers of police who have escaped to Cuba. Barack Obama went to the United Nations to disrespect the police by equating the officer in Ferguson, who was later acquitted of all wrongdoing, as being the American equivalent of Isis. The Kennedys wrote the book on disrespecting women, and Bill Clinton took disrespect of the White House to a new low. Hillary Clinton infamously called half the country a “basket of deplorables”, and as recently as last week she disrespected the millions of women who did not vote for her as being mindless dupes of their husbands, bosses, and sons. The things that are said and taught at colleges and universities are staggeringly disrespectful, while any attempt to defend traditional American values is disallowed as “hate speech”. I can no longer go to a movie or a sporting event or watch late-night TV without being insulted and confronted with disrespect for my values. Even holidays are targets of disrespect and discord by Democrats.

crats. If you want to understand true disrespect, go check the unbelievably sexist things that Democrats have said about Sarah Palin, the insults heaped on Justice Thomas and Justice Scalia, and the vile things that Steven Colbert has said regarding President Trump. Go watch the TV ads run by Democrats depicting Paul Ryan pushing an elderly citizen in a wheelchair over the edge of a cliff if you want to understand the Democrat’s idea of a respectful debate. Google how often Democrats show the ultimate disrespect by declaring

anyone who disagrees with them a racist. How can one party show such utter disrespect and contempt for their fellow Americans decade after decade and not think that ultimately someone would push back?

George W. Bush, John McCain, and Mitt Romney were 3 of the most respectful, collegial, non-abrasive Republicans the Democrats could ever hope to run against. Each one walked on eggshells, cowed into submission by the Democrats and the media into using only the most timid and politically-correct lan-

guage in order to not offend anyone or any group. In response, each was met with scorn and disrespect by Democrat adversaries and their friends in the media, and each one passively endured the over-the-top rhetoric from the left. Then along comes Donald Trump. Having witnessed the treatment of Bush, McCain, Romney, and Republicans in general by the Democrats and the media, Trump chose not to play the traditional role of punching bag for the Democrats. Instead, he took a page out of the Democrat’s Saul Alinsky playbook. Trump takes a bare-knuckles approach to his political opponents: Democrats, the media, and establishment Republicans alike. He fights and punches back and calls out his opponents in ways that heretofore were reserved for Democrats. Some of what he says makes me uncomfortable, some of it makes me cringe, but some of it makes me say it is about time someone fought fire with fire and spoke the truth. After decades of disrespect, insults, condescension, and disparagement by Democrats do I wish for a return to an atmosphere of civility, mutual respect, open dialogue and informed debate? No question. But if we are to return to those ideals, I respectfully observe we have to turn the clock back much further than the beginning of the Trump administration.

RESPECT AND SCIENCE
A SCIENTIST’S PERSPECTIVE

DR. ART POLAND, PHD

In society in general, respect is a matter of etiquette and social norms. In science, it is something I had never even thought about before, but it is a very important issue, especially in today’s disrespectful society. I can break it down into respect for scientific work, and respect for scientists. And then there are the issues of respect for scientific work by scientists and by the public and respect of scientists by other scientists and respect for scientists by the public.

I’ll start out with respect for scientific work by scientists. When a scientist does the research he/she will publish the results and details on how those results were obtained. Before it can be published it must be reviewed by other scientists. In almost all cases those results and methods will be respected by other scientists. Along with that respect goes the question, is it right? If the result is at all significant, other scientists will attempt to reproduce the results or prove them wrong. It is not a matter of disrespect to question a colleague’s work; it is what we as scientists do. When a new and better method is invented to address the same problem, it may well be that the new results are different. When someone does what I have done, but with better and newer tools, and finds out that I was not quite right, it is not a cause for disrespect. My work was respected because it was seen as something worth pursuing further and the new work is respected because it is an improvement. I do not resent the newer work. If a piece of scientific work is not respected, it is because it is poorly done and/or the person doing that work has lost respect.

The next issue is respect for scientists by other scientists. In general, all scientists have been through the same grueling process of getting a Ph.D. That alone is the purpose of respect. We all know that science isn’t easy, and our colleagues have worked hard to earn their “membership”. Some scientists are more successful and perhaps brilliant than others, but from what I have seen, respect travels in both directions. Brilliant scientists are respected and they respect less brilliant scientists. That doesn’t mean we all like each other, but we do respect each other. There is, for the most part, only one way to lose that respect – be dishonest. A scientist expected to be honest with himself and with others. If they are not, they will lose respect.

Respect for science and scientists by the public can be lumped into one discussion. It seems that when science is held in high regard, and respected, so are scientists, and vis a vis. After WWII and during the cold war science was our savior – radar, advanced weapons, the race to the moon, etc. During that period scientists were highly respected. More recently the situation has reversed. Scientists have discovered global warming and the fact that it is caused by our beloved automobiles. The natural human reaction has been to kill the messenger, not respect. This reaction has been reinforced by those who have a financial loss or gain depending on the result. The public needs to put some thought into their respect or lack of respect for everything.

A LENS FOR THE ECONOMY
THE PUBLIC SQUARE

JERRY VAN VOORHIS
CHANDLER VAN VOORHIS

A year after the election, there is confidence in the higher expectations unfolding with the American economy. But there seems to be less certainty over how long they can last. Some clues perhaps can come from the Eisenhower Era, the leading economy of the 20th century.

The authors of Concrete Economics (Stephen S. Cohen and J. Bradford DeLong) recently cited “The Long Age of Eisenhower” as a “splendid example” of economic design. This economy did not invent itself, but grew from the foundations of Roosevelt’s Depression economic matrix for the modern state and Harry Truman’s foreign policy architecture after 1945.

To both, however, Eisenhower brought gifts of highly trusted leadership that built on these and other strengths. Our institutions - government, corporations, and unions - were strong then. Our national debt was low, our credit first among nations, the tax base healthy, and the American labor pool young, producing, and war trained. America from 1948-1973 was ready to unite, to spend, to expand.

The lifting of Americans into the middle class was the dominant feature of the Eisenhower economy. A depression and war weary people now thrived in a new economic cycle that played out in a powerful stampede for cars, homes, and college. Any differences among those joining the middle class were ones of degree then, rather than kind.

There was great connectedness to things. With GI’s home from the war, suburbanization came first. The pent up demand for housing for young families starting with Levittown in 1947 knew no parallel. (The social costs of the suburbs - energy usage, family labor sharing, race relations, and patterns of social loneliness - would come only later.)

Suburbs, of course, took roads. City grids could not host them. So the Eisenhower Interstate Highway System was born. It was the greatest public works project since the Pyramids. America’s 40,000 mile highway system literally reshaped the economy, the national terrain, and society’s expression of the American Dream.

Highways also meant mass production of cars. The American automobile proved the social force fanning all three markets - housing, cars, roads. These linkages remarkably fed and reinforced one another. They created vast momentum across the economy.

This incredible meshing did not stop there. Two other links would bend the shadow of the Eisenhower Economy far into the future. One was the missile race. After Korea as a land war meant a “bigger bang for the buck,” the aerospace and missile industry penetrated the economy through its huge multiplying and sub-contracting decentralization effects.

As with aerospace, the electronics revolution was transformative. The world of semi-conductors, fiber optics, computers, the internet, and satellite technology allowed the “The Long Age of Eisenhower” to put a market structure and innovation floor in place for the future. Never had there been an economy like it.

Two later economic thrusts help show why. The first was the large capital and job expansion of the 1980’s and 1990’s. Eventually, however, and in hindsight, asset prices fueled to levels of unreality. Then, following the Great Compression in 2008 and the collapse of those very prices, enshrined public wisdom took form in an explosion of national debt. The post-Eisenhower economy had infinite gains in product customization and technology logistics, however.

But asset prices and debt are not economic orders of underlying strength. In both cases, ideology took precedence. A broad expanse in economic opportunity did not occur. In fact, stagnant wages and the loss of manufacturing over 35 years have not generated true American prosperity, helped American power in the world, or evolved an equitable distribution of population wealth in America.

A wish for a return of an Eisenhower Era economy is mainly sentimental. As brilliant as it was, we should wish for something else. The products of that economy - oil, concrete, and asphalt (from cars, houses, roads) - are not those we need. The Public Square also reminds us how assembling the future is never recreating the past, but letting it go.

It is too early to know if the current recovery is more than a spending spurt, but three lessons from the Eisenhower Era stand out. The first is a value proposition built on a vision of wide public empowerment over narrow economic ideology. Second is a national wealth equation founded on strong credit and debt capacity, and a large tax and labor skill base. The third pillar is a connectivity of reinforcing sector spreads and circulating flows of capital that act synergistically. The hallmark after all of the Eisenhower Era was its ability, ever optimistically, to go “round and round” for years (Cohen and DeLong).

THE IMPORTANCE OF STREAM GAGING
WATERWORLD

RICHARD A. ENGBERG

Stream gaging or the measurement of water discharge in rivers and streams is a major part of the work of the U. S. Geological Survey (USGS). Currently, USGS operates more than 7400 stream-gaging stations in the United States and the information developed from them is highly important.

A stream gaging station or gage house is a small structure usually located on or near a bridge. The gage house contains instrumentation to monitor the water level fluctuations of the river or stream. No doubt you have seen these structures at one time or another and wondered what they are. Usually, they are a metal structure about four feet square and eight feet high with an antenna on top. The equipment inside the gage house monitors the stream level or gage height and reports via satellite to a central USGS location on a frequent basis, often an interval of 15 minutes. When gaging stations are installed the equipment is surveyed to its height above mean sea level so that data from all gaging stations in the United States are comparable.

This is only part of the story, however. On a regular basis, USGS hydrographers make physical measurements of the water discharge of the river or stream at a gaging station. The hydrographers measure the area of the stream perpendicular to the flow of the stream. They measure the width of the stream and multiply it by the height of the water column from streambed to water surface to compute the area. Specifically, they measure the height at twenty or more verticals across the width of the stream. They also measure the velocity at each vertical. Using the area and velocity data they compute the streamflow for the specific time the measurement was made. The streamflow or discharge is usually reported in cubic feet per second. At the same time, they measure the elevation of the stream by reading the information provided by the equipment in the gaging station and checking the information mechanically.

The regular physical measurements of water discharge are used together with the information gathered by the equipment in the gage house to develop a rating table for the streamflow at the location. The rating table allows users to take the gage height provided by the instrumentation to determine the water discharge at any specific moment in time for that location.

So why is this information important and why are there more than 7400 stream gages in the United States? Probably the most important reason is that the information is useful for disaster prediction and planning. Flooding is a regular occurrence throughout the United States. Streamflow information provides cities and areas downstream from floodwaters with the ability to predict the severity of anticipated flooding from upstream storm events and to make needed evacuations of people and property. Over the years, countless lives have been saved and property damage minimized because of the availability of streamflow information.

A few of the many other uses of the data are for navigation purposes, streamflow regulation and management, determination of the movement of spills of toxic material, and for planning for construction of bridges and culverts. I will describe the process of streamflow measurement in more detail in a future article.

OBITUARIES

A CELEBRATION OF LIFE CAROLE O”MALLEY

Friends and Family, it is with a full but heavy heart that we share with you the news of Carol’s passing. You know her as someone with boundless energy, courage, and kindness. She never met a stranger. Her community was vital to her, volunteering her time with The Pink Box, Seven Loaves and of course Emmanuel Episcopal Church.

Carol’s celebration of life will

be April 7th, 11 am at Emmanuel Episcopal Church with a reception following the service in the Parish Hall. All are welcome.

Remembrances, in lieu of flowers, would be welcomed by these organizations in Middleburg.

*Emmanuel Episcopal Church
The Seven Loaves Food Bank
A Place To Be
Middleburg Humane*



ALICE T. EDWARDS 1919 - 2018

Alice T. Edwards, age 98, died at the Adler Center for Caring in Aldie, VA on Tuesday, February 27, 2018. The cause of death was complications from pneumonia.

Born May 7, 1919, in Bluemont, VA. to Robert Dillon (died 1929) and Virgie Trenary, Alice was the sole surviving sibling of 11 children. She attended schools in Philomont and Aldie, VA and graduated from High

School in Washington, DC. In September 1940, Alice married Charles Wesley Edwards Sr. from Middleburg and they began married life in Arlington.

When Wesley entered the Army in 1942 Alice traveled with him while he was stationed in the U.S. and they lived in Texas, Oklahoma, Spokane and other cities in California until Wesley left for the Pacific Theater. Alice returned to Middleburg and lived there until the war ended and her

husband returned. Wesley became a B and A Grocery partner in 1948 and sole proprietor in 1959. When he died in 1961 (age 44) Alice took over the daily operations of the B and A and thus began a 37-year career until the store closed in 1998. Known as Alice, Miss Alice, Mama, Mrs. Edwards and Big Alice (she ruled with a velvet fist) Alice knew and served most of the Virginia Hunt Country’s wealthy, famous, middle-class working and poor

families treating all with respect and kindness. Two of her most notable customers were Jackie Kennedy and Liz Taylor. Children whom Alice waited on and talked to on a daily and weekly basis grew up, married and had children of their own and many of these children became the second generation of B and A customers.

Alice attended church in both Middleburg and Aldie and was an active member of the entire

Western Loudoun community. She will be especially remembered for serving the community as Middleburg transformed from a sleepy little country town into a world known location.

Services will be held at 11:00 AM, Monday, March 5 at Royston Funeral Home in Middleburg with burial following in Middleburg Memorial Cemetery.

ANN (LOHMANN) MATEER 1930 - 2018

Ann (Lohmann) Mateer, 87, of Hilton Head, South Carolina, passed away peacefully on February 28th, 2018. Ann was born on September 14, 1930, and was raised on the Main Line outside of Philadelphia. She moved to Middleburg, Virginia in 1969 and resided there until 2013 when she moved to The Cypress of Hilton Head Island.

Ann was a well-respected breeder of prize-winning English Cocker Spaniels with the kennel name Maidavale. She was a

four-time president of the English Cocker Spaniel Club of America, and along with her husband, Edward I. Eldredge, was a founding member of the Middleburg Kennel Club. Ann was certified by the American Kennel Club to judge confirmation classes for the sporting group and a wide variety of breeding classes. She also was certified as a judge for Best in Show and Junior Sportsmanship.

Ann was passionate about gardening and was a longtime member of the Fauquier and Loudoun

Garden Club. Designing and maintaining a cutting garden was a great joy to Ann everywhere she lived throughout her life. Ann also had many creative interests including painting and needlepointing. She also was a member of the Colonial Dames of America.

Ann was a devoted mother, as well as a stepmother, grandmother, and great-grandmother to all of the children of the Hentz, Eldredge and Mateer families, and her kindness and gentle spirit will be missed. As one of her dear

friends wrote: “The beautiful swirl of hair, the ready laugh... ..a bit of grace and light has left our world.”

Survivors include her two loving sons, Tucker Hentz and Peter Hentz (Sheila), from her former husband, John, and Peter’s stepdaughter, Tracy Kenworthy (Dennis). She also is survived by her five devoted stepchildren, Carley Eldredge Smith (Barry), Elaine Eldredge Brown (Bruce), Natalie Eldredge Crichton, Edward Eldredge IV (Ede), Coe Eldredge (Maria), from her second

husband, Edward, who predeceased her; and her five equally devoted stepchildren, Carter Mateer Severance (Alex), Diehl Mateer III (Barbara), Drew Mateer (Donna), Gil Mateer (Monica), and Jeff Mateer (Mary) from her third husband, Diehl who also predeceased her; and many grandchildren and great grandchildren

A memorial service will be held at Trinity Episcopal Church in Upperville, Virginia in the fall.

JONATHAN NICHOLAS LADD FAVILLE 1930 - 2018

Jonathan Nicholas Ladd Faville of Acton, Massachusetts died at the age of 54 on the tenth of March 2018. He leaves behind his wife of 24 years, Kelly and his beloved children Nicholas, Christian, and Caroline. Jonathan will be remembered as a wonderful husband, father, son, brother, and uncle. His family was his greatest passion.

Jonathan was born on the 17th of April 1963 in the American Hospital in Neuilly, France to the American Diplomat, Richard William Faville Jr., and his wife Joan Sims Faville. Jonathan spent his formative years in Middleburg, Virginia where he attended The Hill School. He later attended Salisbury School in Salisbury, Connecticut and Boston University. Jonathan had a long and successful career in

the telecommunications industry. He was one of only five or six people in the United States with specialized expertise in this field. He was most recently employed as a Vice President at TPx Communications.

He is also survived by Joan Faville-Ramsay (mother) of Middleburg, Virginia, Cynthia Faville Tye (sister) of Norwalk, Connecticut, Brooke Faville

Kildey (sister) of Boulder, Colorado, James and Diana Faville of Portland Oregon (uncle and aunt) and numerous nieces, nephews, and in-laws. The late Richard William Faville and France Warrens Faville of Portland, Oregon and Robert Floyd Sims and Mary Louise Sims of San Francisco were his grandparents.

Relatives and friends are invited to visit on Friday, March

16th from 5 to 8 pm at Saint Elizabeth of Hungary, 89 Arlington Street, Acton, Massachusetts, 01720. A Mass of Christian Burial will be offered on Saturday, March 17th at 10 am at Saint Elizabeth of Hungary.

In lieu of flowers, donations can be made to the Faville College Fund at <https://go.fidelity.com>. There is a memory page at the Acton Funeral Home



Mount Gordon Farm The Plains, Virginia \$9,850,000

128 acres and immaculate 3 level, 13,000+ sq ft stone & shingle main house • 5 BR • 8 FP • Exceptional finishes on every floor • Caterer's kitchen • Elevator • Spa • Separate guest cottage • Pool • Farm manager residence • 3 additional tenant houses • 12 stall center-aisle stable • Pond • Extraordinary land w/incomparable views extending beyond the Blue Ridge Mts • Orange County Hunt

Helen MacMahon (540) 454-1930



Aurora Aldie, Virginia \$2,900,000

Lovely residence situated atop a knoll overlooking President James Monroes's famed Oak Hill • Property consists of 5 bedroom main house and tenant house • All on approximately 40 cross-fenced acres • 6 stall barn with wash rack and tack room • Top level finishes and construction throughout • Turnkey and private

Paul MacMahon (703) 609-1905



Monroe Valley Place Aldie, Virginia \$1,899,000

Beaumont Model Home, prime lot in Creighton Farms • 3 level brick home • Amazing quality & detailed finishes • 5 bedrooms • 4 full + 1/2 bath • 4 fireplaces • Master suite on main level • Gourmet kitchen with Wolf appliances & shaker cabinets • High ceilings, oak floors, award winning media room, elevator • Attached garage • Rear brick patio • Golf course views

Paul MacMahon (703) 609-1905



Winchester Road Marshall, Virginia \$895,000

1.69 acres with frontage on Route 17, right off Route 66, currently zoned R-4 • New Marshall code zoning calls for Gateway District, potential office building, etc. • Solid stone house on property • Sold in "As Is" condition • Owner licensed real estate agent in VA

Paul MacMahon (703) 609-1905



Red Gate Farm Aldie, Virginia \$3,750,000

149 acres along the historic and scenic byway between Aldie and Leesburg • Open, usable, rolling farmland • 2 ponds, windmill, lots of road frontage • 5/6 BR Victorian farmhouse plus converted water tower • Charming setting, large porches, beautiful specimen trees, large garden side pool • First time offering in 50+ years • Not in Conservation Easement

Paul MacMahon (703) 609-1905
Helen MacMahon (540) 454-1930



Stage Coach The Plains, Virginia \$2,480,000

52 acres, 3 miles from Middleburg within the Little River Historic District • Original 1780's farmhouse has been completely renovated w/an impressive kitchen, old charm, porches & stone fireplaces • 3 bay garage has space above for overflow guests or home office • Extensive site work has been completed to an excellent building site w/views of Bull Run & Blue Ridge Mts • Well & septic installed • New board fencing • Original stone walls, old growth hardwood trees & multiple outbuildings

Helen MacMahon (540) 454-1930



Marley Grange Millwood, Virginia \$1,875,000

Understated elegance • Finely appointed home built in 1997 on 76 acres • 4 bedrooms, 3 baths, 2 half baths, 5600+ sq. ft. • Very private • 10 stall barn • 224 ft. X 128 ft. blue stone ring • Fine horse property • Choice ride-out • In conservation easement, bordered by farms in conservation easement

Tom Cammack (540) 247-5408



The Pond House Berryville, Virginia \$795,000

3 BR, 2.5 BA • 3300 sq. ft. home on one level • On beautiful, large pond close to Millwood • 20 acres • Very private • Contemporary stone home completely renovated in 2017 • Open floor plan • New kitchen • High end Thermidor appliances • New oak floors • New ceramic bathrooms • New Anderson windows & doors • New roof • New HVAC • Viewshed beyond pond in conservation easement

Tom Cammack (540) 247-5408



Crest Hill Hume, Virginia \$3,600,000

203 acres in Fauquier w/nearly 1 mile of Rappahannock river frontage • Elegant stone & clapboard house • 5 BR, 4 full & 3 1/2 BA • 4 FP • Wood floors • Gourmet kitchen • Gunnite pool w/stunning views overlooking Blue Ridge Mtns and private pond • Situated amongst protected properties • 5 stall Jim Fletcher barn w/pristinely maintained paddocks, pasture and gdns • 2 car garage w/in-law suite • Old Dominion Hunt territory • VOF Easement

Alix Coolidge (703) 625-1724



Belvedere Middleburg, Virginia \$1,950,000

Gracious home with 5 BRs • Gourmet kitchen • Two-story floor-to-ceiling window display of the Blue Ridge Mountains • 3 FPs, coffered ceilings, random width rustic cherry floors • Large home office, gym, rec room, multiple porches and patios • Three finished stories, approx. 10,000 sf. • Carriage house • Garage • 27 acres

Helen MacMahon (540) 454-1930
Margaret Carroll (540) 454-0650



Old Fox Den Farm The Plains, Virginia \$1,750,000

Restored 3 bedroom 1830's farmhouse on 65 acres • Multiple porches & fireplaces, lots of charm • Lovely pool, shared pond, 4 stall barn, workshop • Expansive mountain views, rolling open pasture & fully fenced elevated land • Gorgeous setting in the protected valley between Middleburg and The Plains • Conservation easement permits 2 more homes to complete the compound

Helen MacMahon (540) 454-1930



Oak Ridge Warrenton, Virginia \$655,000

Prime location, off Springs Road • Surrounded by large farms & estates • House circa 1890 with 2 BR, 1 1/2 BA, FP, hardwood floors, new kitchen • Garage • 2 sheds/studio potential • Tenant house • Property shares large spring fed pond • Private setting on 13.21 acres

Paul MacMahon (703) 609-1905



Mayapple Farm Middleburg, Virginia \$3,400,000

“Mayapple Farm,” purist delight • Original portion of house built in 1790 in Preston City, CT • House was dismantled and rebuilt at current site • Detail of work is museum quality • Log wing moved to site from Western Virginia circa 1830 • 4 BR, 4 full BA, 2 half BA, 9 FP & detached 2-car garage • Historic stone bank barn and log shed moved from Leesburg, VA • Private, minutes from town • Frontage on Goose Creek

Paul MacMahon (703) 609-1905



Gileswood Farm Purcellville, Virginia \$1,950,000

Immaculate custom-built craftsman home with gorgeous finishes • Gourmet kitchen • Vaulted ceilings • Open floor plan maximizes light & views • 1st floor master suite • Home office • Large family room opens to impressive pool area with cabana and extensive stone terrace overlooking neighboring lake • Large barn easily built out for horses • Land fenced & prepared for 2 acre vineyard

Helen MacMahon (540) 454-1930



Stoneway The Plains, Virginia \$1,195,000

Well designed stucco single story • 3 BR • 4 full BA • 2 half BA • Master bedroom w/his and hers dressing room/bathroom en suite • Library • Sun-filled sitting room-dining room • Kitchen with breakfast nook and chef's caliber appliances • 2 FP • Large mudroom off 2 car garage • Cutting garden • Nestled on 10 private wooded acres in sought after Orange County hunt

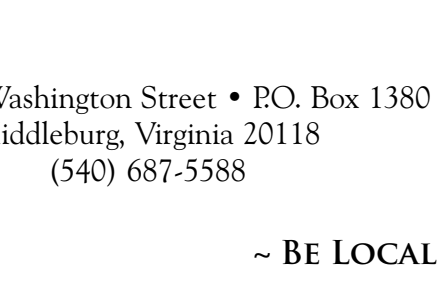
Alix Coolidge (703) 625-1724



Halfway Workshop The Plains, Virginia \$239,000

Great building between Middleburg and The Plains • First floor currently used as a contractor's workshop • Many creative possibilities • Bring your artists or craftsmen • Lots of storage and lots of light

Helen MacMahon (540) 454-1930



PROPERTIES IN HUNT COUNTRY

GONE AWAY



The Plains~Set on a knoll with **views** of the Blue Ridge Mtns, this **83 acre** farm is well designed and was extensively remodeled to include every amenity. The main house has 4 BD, 7 BA, 4 fireplaces, gourmet kitchen, and gracious entertaining spaces inside and out. There is a 3BD, 2 BA tenant house, charming guest house, swimming pool, outdoor kitchen, 4 ponds and extensive landscaping. There is a 4 stall barn, 2 stall shed row barn, equip. shed, 3 run in sheds. Protected by a conservation easement. **\$4,980,000**

Emily Ristau (540) 687-7710

STONYHURST



Middleburg~Meticulously renovated c.1890 VA fieldstone Manor house on **94 acs.** Less than 1 mile from Middleburg. Formal Living Room, Dining Room, Family Room, gourmet kitchen, 3+ Bedrooms, 3.5 Baths, separate Office & 2 porches. Hardwood floors, 5 fireplaces & custom cabinetry thru-out. Extensive landscaping 200+ new trees, rebuilt stonewalls & new driveway. Gardens, pool, 2 barns, workshop, old tenant house & 4-board fencing. 1 subdivision allowed. **\$4,425,000**

Cricket Bedford (540) 229-3201

KENTHURST LANE



The Plains ~ Exceptional custom Federal style residence w/6 BRs, 7 BAs on **2.43 acres.** High ceilings, hardwood & antique ceramic tile floors, 7 fireplaces & custom trim. Clive Christian Kitchen w/ La Cornue stove & light filled B-fast Room. Formal Living Rm & Dining Rm, Library, Great Rm, Master BR Suite w/ fireplace, luxury Bath, His & Her Closets. Guest BR suite on 3rd level. Walkout LL has Family Rm, Media Rm, Music Rm, Weight Rm, Wine Cellar, 2nd Kitchen, Guest BR Suite & storage. 3-car garage with 1 BR Apt. above. **\$2,195,000**

Cricket Bedford (540) 229-3201

LIBERTY HALL



Paris ~ Circa 1770, Lovely Stone and Stucco Farmhouse sits at the foot of the Blue Ridge Mountains, **20+ acres** surrounded by Protected Lands. Spectacular protected views of Paris valley, Meticulous exterior renovations include Re-Pointed Stonework, Metal Roof, 2 Large Additions, Covered Porch, Basement, Buried Electric, Well and Septic, Fully Fenced, Mature Trees, Boxwoods, Ready for all your interior finishes. **\$1,550,000**

Rebecca Poston (540) 771-7520

THE OLD BOARDING HOUSE



Delaplane~ Located in the historic village, this 4 Bedroom, 2.5 Bath home has been meticulously renovated. Features original hardwood floors, 5 fireplaces, formal Living Room, Dining Room & Library. All new gourmet Kitchen, Baths & Master Bedroom Suite. Re-plastered walls, new lighting, new furnace/AC, sound system, extensive landscaping, fenced back yard, expansive rear terrace, covered front porch & detached 2-car garage. **\$699,000**

Cricket Bedford (540) 229-3201

MAPLE HILL



Broad Run ~ Move in ready small farm just North of Warrenton. Beautiful all custom brick home, first floor master suite with soaking /spa tub, walk in closets, spacious open kitchen, breakfasts room, dining room, high ceilings, geothermal heat. Open and screened in porches, tranquil setting with lovely garden, stream, pond and springs. 3 fenced paddocks. Small Stable with water & electric. **6.65 AC** on no through street. Wildlife Heaven! **\$640,000**

Rein duPont (540) 454-3355

1122 POPLAR ROW



Upperville ~ Lovely restored 3 Bedroom home on **Over An Acre of Cleared, Open Land.** Very Private, Great Location, Master Bedroom on Main Level, Large Living Room, Spacious Kitchen with new Stainless-Steel Appliances, Newly Renovated Baths Large Recreational Room on Lower Level with Bedroom, Bath and Exercise Room/Office. Must see to appreciate. **\$420,000**

Barrington Hall (540) 454-6601

RAILROAD STREET



Bluemont - This like-new cottage fits the trend of 'right sizing' or the Small House Movement. Located on **.3 acres** in the historic village of Bluemont, the home was fully renovated in 2015 and features 2 Bedrooms, 2 1/2 Baths, a Den, large Eat-in Kitchen, bonus room, large rear deck and a covered front porch. Custom upgrades include a stairwell tower filled with windows, hardwood floors, granite counters, stainless appliances, 12' ceilings in MBR w/private deck that overlooks the large open side yard. Ductless heat & AC. **\$415,000**

Cricket Bedford (540) 229-3201

GRAY HOUSE



The Plains ~ Completely renovated 3/4 bedroom home with upgraded kitchen (granite counters), 3 all new bathrooms with custom tile, vanities and fixtures & 2 fireplaces. Finished lower level could be spacious office. Bright rooms with all new windows and large deck overlooking private back yard. No smoking, No pets. Long term lease possible. Shown by appointment only. **\$1,950/mo plus utilities**

Rein duPont (540) 454-3355

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