

OAK SPRING GARDEN FOUNDATION A LIVING WORK OF ART



PHOTO BY TOM NEEL

THIS ICONIC 700 ACRE PIECE OF THE PIEDMONT IS BEING PRESERVED BY THE OAK SPRING GARDEN FOUNDATION (OSGF), WHOSE MISSION (FROM THEIR WEBSITE) IS - TO PERPETUATE AND SHARE THE GIFTS OF RACHEL ("BUNNY") LAMBERT MELLON, INCLUDING HER RESIDENCE, GARDEN, ESTATE AND THE OAK SPRING GARDEN LIBRARY, TO SERVE THE PUBLIC INTEREST. OSGF IS DEDICATED TO INSPIRING AND FACILITATING SCHOLARSHIP AND PUBLIC DIALOGUE ON THE HISTORY AND FUTURE OF PLANTS, INCLUDING THE CULTURE OF GARDENS AND LANDSCAPES AND THE IMPORTANCE OF PLANTS FOR HUMAN WELL-BEING.

FULL STORY ON PAGE 21

MIDDLEBURG TOWN COUNCIL REPORT

DAN MORROW

Davis Farewell
On June 28 Mayor Betsy Davis presided over her last official meeting of the Middleburg Town Council, a regular work session at Town Hall.

Davis departed from the day's agenda to thank Council, Town Staff, and the Middleburg Community for their support and, especially "for the wonderful farewell party they held for her on Tuesday, June 26.

She had brought presents of her own. Davis presented Council members with candy in a special box "emblazoned with the Town Seal" and gave Mayor-Elect Bridge Littleton a Magic 8-Ball similarly decorated. "I thought Bridge should have my secret solution to when I can't make a decision," Davis joked.

Appreciations

Council unanimously adopted resolutions extending its appreciation to:

Betsy A. Davis "for her service to the Town of Middleburg as a member of the Town Council from July 1, 1998, through June 30, 2006, and as Mayor from July 1, 2006, through June 30, 2018," and

Mark Snyder, "as a member of the Planning Commission from December 24, 1996, through June 30, 2006, and as a member of the Town Council from July 1, 1998, through June 30, 2018."

Semmes Retires

Town Council has launched a search to replace long-serving Middleburg Town Administrator Martha Semmes, who recently announced that she would retire at the end of 2018.

A 25-year veteran public service, Semmes has

served as Middleburg's senior staff executive for more than eight years, beginning in November 2010.

Her tenure was marked by some of the most important changes to the community in living memory: the opening of Salamander Resort & Spa and the resulting transformation of the Town's wells, wastewater and water treatment facilities; the Route 50 Traffic Calming project; multiple public safety and utility upgrade projects, and the preservation/stabilization project that has rescued historic Asbury Church

Semmes announced her plans early, "to allow the Town time to hire her replacement prior to her leaving." "The opportunity to serve the Town of Middleburg has been one of the greatest honors of my life," she said.

Council agreed to hire Springstead/Waters, an executive search firm with special expertise in the field of local government to help with the recruitment process, with a budget, not to exceed \$21,000.

Murdock Appointed

After a closed session to discuss the merits of four applicants to fill the Council seat vacated by Mayor-Elect, now Mayor Bridge Littleton, Town Council selected former Town Council Member and long-serving Middleburg volunteer Bundles Burdock as an interim member.

A Special Election to formally fill the seat through June 2020 is set for Tuesday, November 6, 2018.

In order to avoid the appearance of favoring one candidate over others in November, Council had expressed a strong preference for candidates who would not seek to fill the

CONTINUED ON 19



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DELAPLANE, VIRGINIA

Restored 18th century farm on 305 ac. (2 parcels) in the village of Scuffeleburg. Western parcel is in conservation easement allowing for expansion of farm house/1 add'l residence. 2nd parcel has tax credit opportunity. \$2,600,000
Jim Thompson



THE VILLA ON PARIS MOUNTAIN, UPPERVILLE, VA

Set on 99 acres & modeled after an historic English estate. Lux interior finishes & terraced gardens. 6BR, grand ballroom. Perfect for entertaining. www.ParisMtnVilla.com. 99 acres: \$2,500,000.
Colleen Gustavson



BEALLMOUNT, POTOMAC, MARYLAND

Equestrian property on 8.44 acres in close-in Potomac. Renovated home, six stall horse barn & riding arena. Pond with gazebo & swimming pool. \$1,995,000
Marsha Schuman
Betsy Schuman Dodek



PURCELLVILLE, VIRGINIA

Well-appointed beautiful stone home, just under 25 acres on 2 lots, ideal horse farm. 4,000+SF features stunning kitchen, HW floors both levels, 5 fireplaces, & enclosed sun room. Amazing views, pond, 6-stall horse barn. \$1,498,000
Jim Lemon



CREST HILL ROAD, HUME, VIRGINIA

20 acres, beautifully maintained. 5BR, 5.5BA home in the heart of ODH territory. Perfect for entertaining. 5 fireplaces, 2 paddocks, pool. 1BR guest cottage. \$1,275,000
Jim Lemon
Brian Moore



MARSHALL, VIRGINIA

Amazing offering. 6,000+SF home on 17+ acres w/ stunning perennial garden. 5BR, 5BA, 5 fireplaces. Wood paneled library, 2 master suites. HW flooring. 3 level stone cottage w/ BR, BA, fireplace, and pool. \$1,249,000
Jim Lemon



WILLOWIN FARM, PURCELLVILLE, VIRGINIA

NEW PRICE! Full of high end upgrades on 10 pastoral acres. Gourmet kitchen, open floor plan, main level BR suite, huge deck, 4 stall barn, workshop & 2BR, 1BA guest house. \$1,159,000
Debbie Meighan



PURCELLVILLE, VIRGINIA

Winter View Farm. Meticulously maintained 5/6 BR stunning Colonial on 16 acres - located just outside charming village of Lincoln. Peaceful and serene with panoramic views! Charming 3 stall barn, paddocks & 2 car garage. \$945,000
Colleen Gustavson



MIDDLEBURG, VIRGINIA

NEW PRICE! 4BR, 1,900+SF of living space! New kitchen, with SS, granite, maple cabinets. HW floors, new baths with custom tile, new roof. Hot H2O heater. 4 acre lot, custom design brick patio & deck. \$409,900
Debbie Meighan

NEWS OF NOTE

BANK OF CHARLES TOWN AWARDS \$843,994 IN COLLEGE SCHOLARSHIPS TO LOCAL HIGH SCHOOL STUDENTS



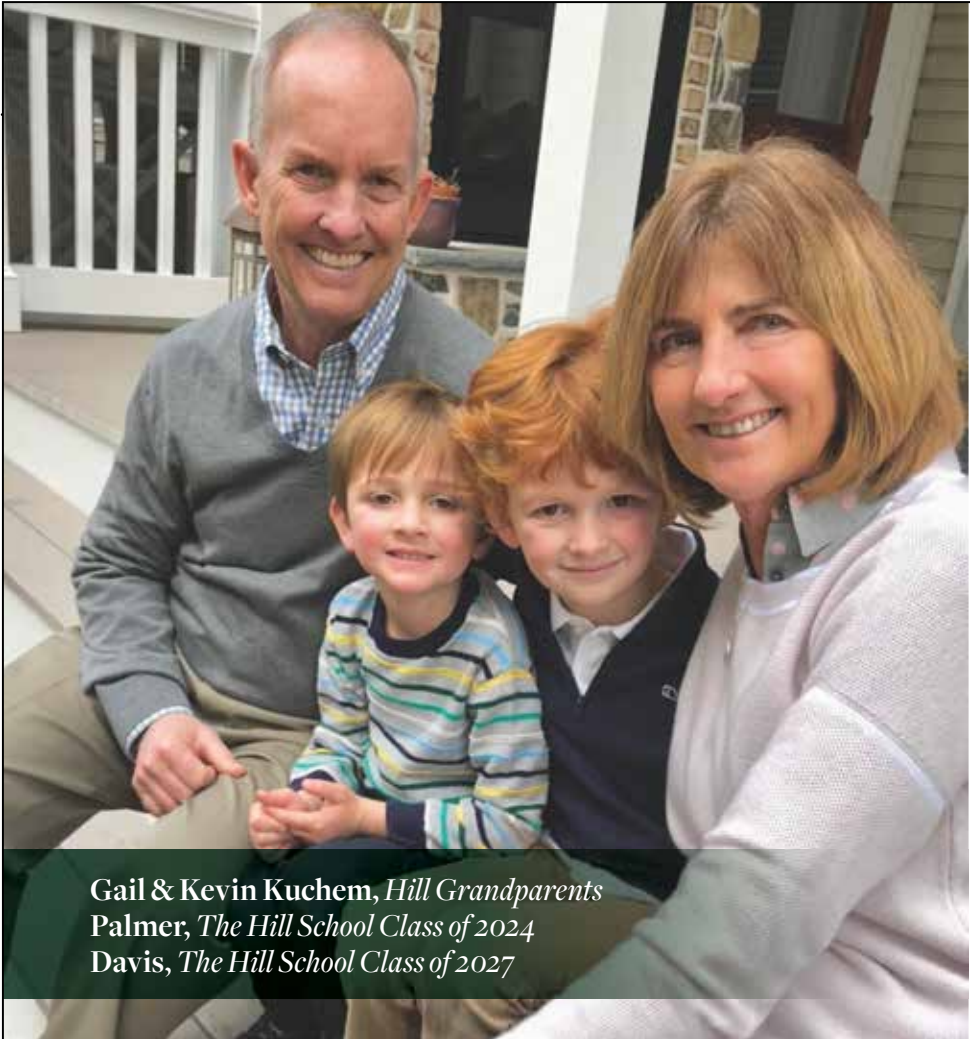
BCT-Bank of Charles Town recently awarded over \$843,994 in College Scholarships to local high school students. Scholarship recipients were individually recognized at The BCT Awards Ceremony held recently at The Inn at Charles Town.

A new scholarship was awarded in memory of BCT's former President. The first annual Robert "Bob" F. Baronner Jr. Scholarship was awarded to Desiree N. Hart of Martinsburg High School, in the amount of \$2,500 annually for 4 years. Desiree plans on attending the University of Charleston.

Eight students were selected to receive the prestigious Robert W. McCormick Full Ride Scholarships.



TOP ROW - MAHAYANA GARCIA - JEFFERSON HIGH SCHOOL/SHEPHERD UNIVERSITY; ALEXANDER R. TAUGHINBAUGH - JEFFERSON HIGH SCHOOL/SHEPHERD UNIVERSITY; ALEXANDER S. HINE - JEFFERSON HIGH SCHOOL/WVU; BARBARA H. PICHOT, BCT BOARD OF DIRECTORS; ALICE P. FRAZIER, PRESIDENT & CEO, POTOMAC BANCSHARES INC. & BANK OF CHARLES TOWN; LEAH K. CHEN - JEFFERSON HIGH SCHOOL/WVU; DUTCH M. MILLER - WASHINGTON HIGH SCHOOL/WVU. BOTTOM ROW - STACY DURANKO, TRUST ADMINISTRATOR, BCT WEALTH ADVISORS; SAMANTHA J. MILBOURNE - JEFFERSON HIGH SCHOOL/WVU; SARAH K. MARRS - JEFFERSON HIGH SCHOOL/WVU; DESIREE N. HART - MARTINSBURG HIGH SCHOOL/ UNIVERSITY OF CHARLESTON; C. LARRY TOGANS, BCT BOARD OF DIRECTORS; SABRINA E. SZEMBORSKI - WASHINGTON HIGH SCHOOL/WVU.



Gail & Kevin Kuchem, Hill Grandparents
Palmer, The Hill School Class of 2024
Davis, The Hill School Class of 2027

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MIDDLEBURG, VIRGINIA

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NEWS OF NOTE

WINDY HILL FOUNDATION RECEIVES \$20,000 FROM THE METLIFE MATCHUP

\$750,000 IS ON THE LINE WITH
CONTINUED COMMUNITY SUPPORT



Windy Hill Foundation is proud to announce that the Foundation will be the latest \$20,000 MetLife Matchup recipient thanks to PGA golf pro Michael Kim and, as a result, is in the running for the \$750,000 designation. John Mascetello, a Middleburg resident and long-time supporter of Windy Hill Foundation and Executive Vice President at Wasserman, represents this latest up and comer, 25 year-old Michael Kim. Kim not only won his first PGA tournament two weeks ago at the John Deere Classic, but his approach on the 5th hole was selected for the MetLife Matchup. The MetLife Matchup is a season-long contest recognizing the players who best navigate challenging situations during tournament play. As a result of votes cast by Windy Hill's loyal and supportive community, MetLife will award \$20,000 to Kim's chosen charity, Windy Hill Foundation. Kim is now eligible for the \$750,000 final challenge, which again is awarded to the PGA golfer's charity of choice.

Bob Dale, Executive Director of Windy Hill, which provides affordable housing and services in Middleburg and the surrounding area, explains "We are so grateful that Michael has chosen Windy Hill Foundation for the MetLife Matchup and even more thrilled that our community voted for him in the challenge, resulting in a win for Windy Hill. We

will put the \$20,000 towards the programs and services we run for the residents of our properties. We are gearing up our Board, volunteers, and community supporters to vote again during the next challenge. Starting August 5 and continuing through August 15, we will be working to mobilize our small community to vote and hopefully win the \$750,000 grant - Windy Hill aims to be the next David and Goliath story! We urge anyone and everyone to vote during this next round!" Bob explains it takes just a few minutes a day to vote but your vote could result in an amazing and unexpected opportunity for Windy Hill.

The final MetLife Challenge includes all winning shots throughout the season. Winners will be eligible for the final vote from August 5-15, 2018. The player whose shot has the most final votes will receive \$750,000 for their charity of choice and be named the 2018 MetLife Match-Up Champion. Voting takes place on the MetLife Matchup website: <https://www.pgatour.com/metlife-matchup.html>.

Windy Hill Foundation is a 501(c)(3) organization which provides safe, decent and affordable housing to low and moderate income families and the elderly in Loudoun and Fauquier Counties and encourages self-improvement and self-sufficiency among our residents.

NEWSTEAD FARM — HOME OF HORSE RACING ROYALTY



LAUREN R. GIANNINI

Newstead Farm is far more than a spectacular equestrian estate, worthy of every superlative used to describe its beauty. It's a fully functional facility ideally suited for the breeding and training of horses. It blends grace and elegance with practical essentials. This dream farm, Newstead, home of horse racing royalty, is for sale.

In early July, Washington Fine Properties announced the offering of this exquisite and celebrated equestrian estate, comprised of 353 exceptional acres of prime land in Upperville, and the home of Bertram and Diana Firestone. The listing agents, Kathryn Harrell and Debbie Meighan, are based in the Middleburg office of Washington Fine Properties.

"We are extremely honored to be chosen to represent this very important part of Virginia's equestrian heritage," Harrell said. "This extraordinary farm has captured the imagination and attention of a worldwide audience and we are excited to present it to the market."

There simply aren't enough superlatives and big descriptive adjectives that can express how

gorgeous this estate really is. It reflects the nurturing touch of caring stewards of the land and, in return for the Firestones' meticulous care, Newstead provided the perfect setting for them to enjoy their love for family, art collecting, and horses, to name a few of their passions and enthusiasms, which include great success as owners and breeders of Thoroughbreds for flat racing in the U.S. and Europe and also for equestrian sport.

The farm offers a complete package suitable for multiple equestrian disciplines and sports with stables, outbuildings, outdoor arena, Grand Prix field, guest houses, tenant houses, and an office. Newstead Farm even has a certified Equine Quarantine Facility, a major asset when shipping and receiving horses.

"We have improved nearly every building on Newstead Farm since buying it in 1991," Firestone said. "We are most proud of the show jumping improvements we have made, adding a Europe-engineered Walker, an 8-acre Grand Prix Derby Field, and installing a technically advanced footing surface in our existing ring."

Horses have been a major part of daily life for the Firestones. Their passion for Thoroughbred racing harvested seven Eclipse Awards, including Outstanding Owner and Champion Three-Year-Old Filly, both in 1980. That's the year that Diana Firestone's Genuine Risk (1977-2008) became the second filly ever to win the Kentucky Derby since Regret beat the colts in 1915. She's the only filly ever to run and place in all three legs of the Triple Crown, finishing second in both the Preakness and the Belmont. In 1986, she was in-

ducted into the National Museum of Racing and Hall of Fame. She lived at Newstead in genteel retirement until her passing at the age of 31. Aka Jenny, Genuine Risk's final resting place is on the farm.

Newstead is the home base for the Firestones' daughter, Alison Firestone Robitaille, a successful international show jumper. She was in her mid-teens when the Firestones moved to the Upperville estate, a great training ground for horsemanship, especially being located in the heart of Piedmont Foxhounds' hunt country. She grew up in the saddle, riding and jumping cross-country, and competing, especially the jumpers and today's hunter derbies. There was also the fun and excitement of the annual hometown horse show, Upperville, right around the country corner.

For special occasions, Newstead is a party planner's delight, offering stunning settings, indoors and out, every season of the year. Asked if they have any particularly fond memories, Bert Firestone said, "The annual cocktail parties held during the Upperville Horse Show were always a lot of fun, but I'd say our best event was my 80th birthday party. The tent was set up to high-

light Diana's river garden feature and the band we hired, Lex Grey and the Urban Pioneers, stole the show. It was definitely a night to remember."

What about their favorite room in the manor house? Firestone replied: "Diana and I love our master bedroom sitting room. The room has floor to ceiling windows facing north that let in tons of light. It is a very comfortable room to read and watch television in. There is a large deck as well that overlooks the gardens. Sometimes, for a change of pace, we will eat breakfast or dinner on the deck, enjoying the scenery and nature."

Newstead Farm is an earthly paradise for anyone with a love for horses, country living, magnificent mansion right out of a British series, gardens galore, nature, wildlife. It is a place of incredible beauty and peace, blessed with magnificent vistas and a unique and charming atmosphere. To turn into the Newstead gates is like stepping into another world, one of grace and timelessness and peace — a genuine haven.

For more information: 703-216-1118 or email: kathryn-harrell@wfp.com

NEWS OF NOTE

CHUCK KUHN – CHAMPION FOR CONSERVATION EASEMENT

LAUREN R. GIANNINI

Charles (Chuck) Kuhn believes in paying back. The CEO-founder-owner of JK Moving, based in Sterling, is a caring father and family man whose good deeds include the preservation of open space. In the last four years, Chuck has protected 4,400 acres in Virginia by putting them into a conservation easement. One great gallop to the rescue took place in Spring 2017 when he bought the Middleburg Training Track, saving it from being developed, then planned its restoration.

“My original interest is because of David Moyes, a friend and successful attorney in Leesburg who does a tremendous amount of conservation work and is very involved in the equine community of Fauquier and Loudoun,” said Chuck. “David called and said, ‘I really would like you to look at this property – we’re afraid it’s going to go to a developer. It’s a beautiful property and it would work with your conservation easement programs.’ It really was a beautiful property and I thought that it would be a shame to develop it so I bought it with the intention of putting it into a conservation easement.”

But that isn’t all that Chuck did. He also preserved local history in Virginia’s well-known



CHUCK KUHN

“horse country.” Back in 1956, the late philanthropist and sportsman Paul Mellon (1907-1999), of Upperville, created the 149-

acre facility to train his Thoroughbred racehorses. Its amenities included a 7-furlong (7/8ths of a mile) training track, 11

barns, 220 stalls, and paddocks. In 1975, Mellon sold his private training center to a group of local trainers, owners, and horsemen. One horse that put Middleburg Training Track on the map was Spectacular Bid, winner of the 1979 Kentucky Derby and Preakness, who had trained there as a juvenile.

The now late Randy Rouse was the last individual owner from 2006 until late December 2016 when he donated the Middleburg Training Track to the Thoroughbred Retirement Foundation. The TRF inspected the property and, as much as they would have liked to keep the training track running, they decided that allocating probable millions for repairs was not in the best interests of their retired racehorses. They put the training track up for sale and, thankfully, it ended up in the hands of a thinking businessman who likes to do research and to listen.

“After I bought the Training Center, I went around and talked to all the tenants who were in good standing – there were some

really nice people there – and I told them what we were doing with the conservation easement protecting the land,” Chuck said. “I was telling them that we were not going to continue the training center, but after listening to them, talking with them, hearing about how important the training center was to the community, to their livelihoods, we agreed to keep it open and to begin the renovations.”

Chuck is quite candid about the learning curve he experienced. “I know nothing about the equine world,” he admitted. “It was funny. When I went to look at the property, I said ‘we have got to fix up these barns, they’re an eyesore. I’m excited, I’ve got bids, I’m ready to embark on the barns. I sit down with the trainers and all the tenants and I tell them exactly what we’re going to do. They said, ‘Hey, forget the barns – we don’t care about the barns – we care about the track surface and we want the track to be safe for our horses and our riders.’ My son Steve and I regrouped and took the emphasis off the barns and put it on the track, the rails,

watering the track, maintaining the track and its upkeep. Once we got all that taken care of, we went back to the tenants and said: What’s next? They said: The barn roofs are leaking, it’s getting our hay wet, and we’re worried about our horses and the quality of our hay.”

It’s important to be familiar with the priorities, especially when it comes to horses. The footing is first on the list, whether it’s a track or an arena; then, a tight roof on top of dry, well-ventilated stables for the horses and storage for hay and straw, to name just two and there are many.

“They humanized the situation,” Chuck said. “Middleburg Training Center wasn’t just a property. It was a property that had a lot of heritage, a lot of history. It was important to a lot of people and it was the livelihood of a lot of people.”

The Kuhns oversaw phase 2, the replacement of the roofs on all 20 barns. They have started on the paddocks – taking down the old fencing, re-grading the paddocks, re-seeding, and building new fencing. Phase 3 also includes renovating tack rooms and wash stalls. Chuck worked up a two-year plan, and his son Steve is the on-site manager. They’re looking to grow Middleburg Training Center in this horse-centric community and offer a warm welcome to new tenants involved in all equestrian sports and disciplines.

Chuck’s involvement in conservation dates back to 2014 when his son Scott spotted an advertisement online for a 550-acre tract of land in Purcellville. “We had talked about looking for a farm in the Loudoun County area, and my son said, ‘Why don’t we go?’” Chuck recalled. “Long story short, we wound up at the bank for the foreclosure auction of Egypt Farm in November. We got caught up in the bidding process and we were successful winners of the bid.”

After the auction people from the community approached the Kuhns, leaving them with plenty to think about. “We were excited, and I really didn’t know at the time what our plans were for the land,” Chuck said. “One woman told us ‘I don’t know what your intentions are with this beautiful piece of property, but I hope you will be good stewards of the land and help to protect western Loudoun County.’ A gentleman came up and said: ‘What a smart move, buying this property. I’m sure you’re putting it into a conservation easement. It’s great to see you protecting it and I know you’ll enjoy the tax benefit.’ We did the paperwork and left, but those two comments stuck in my mind.”

The next day Chuck began researching the comments. “I got myself up to speed on what land conservation is, why it exists, what the benefits are,” he said. “I got an understanding of how easement works. That’s when I

became a big fan of protecting the open space, of protecting western Loudoun, and it certainly helped to know about the personal and community benefits that go with an easement.”

Chuck isn’t a rider, which makes his rescue of the Middleburg Training Center even more amazing. “I was always an outdoor kid. I’ve always enjoyed the country, the mountains, the outdoors,” he said. “I used to have two-Quarter Horses – I love looking at horses, I love watching the hunt, I enjoy going to the races. I enjoy being around horses. I can ride dirt bikes, not horses. My son and his girlfriend ride, but it’s not for me.”

Chuck also tends to listen more than he talks, especially when he’s gathering information. “The response has been great for what we’re doing at Middleburg Training Center,” he said. “We’ve had people out from the Loudoun Equine Alliance, from the Virginia Equine Alliance. We’ve had a number of people in the community from Loudoun and Fauquier and Clarke Counties. We’ve had people down from Charles Town. The leadership and management teams from Fair Hill have been very supportive and helpful. They’ve been great mentors and given us great advice. They’re always there whenever we have questions about track maintenance and equipment – they’ve been very helpful.”

His passion for protecting open space has led him into pragmatic philanthropy. He turned a property in Loudoun into JK Community Farm, which raises organic vegetables and meats that are donated to local non-profits that feed the needy. He



CHUCK AND STEVE KUHN

stays busy. He’s at the helm of the largest North American independent moving company and he’s a family man. He’s also hands-on when it comes to his conservation projects, and he’s very enthusiastic and hopeful for Middleburg Training Center to be successful and self-sustaining.

“You’ve got to give a little

something back, right? It’s just like farming,” Chuck said. “You can’t just take it from the ground. You’ve got to put something back.”

For information about Middleburg Training Center: (540) 687-3041 or email: info@middleburgtrack.com

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NEWS OF NOTE

MIDDLEBURG HUMANE FOUNDATION STEPS INTO A CANTER WITH A SIZEABLE ANONYMOUS DONATION

AIMÉE O'GRADY

A \$1 million procurement from an anonymous donor brought the capital campaign of the Middleburg Humane Foundation and six years of hard work to a successful finish. The completion of the \$4M campaign allows the Middleburg Humane Foundation (MHF) to proceed with construction of its new 8,000-square-foot facility located on 23 acres on the west side of Marshall donated in 2012 by dedicated supporters of the organization.

For six years the nine members that serve as the MHF Board

of Directors, along with MHF founder, Hilleary Bogley, have dedicated their time to securing pledges and donations to build a new facility for the organization's growing services.

"The campaign goal was just over \$4 million and until several weeks ago we still had \$1 million to go," says Josh Muss, Board Chairman. "An anonymous donation closed the gap on what the foundation needed to complete the campaign," he continued.

Muss and, fellow board member, Candy Fazakerley, recently signed construction paperwork to move forward with the facility construction. "We will have

construction movement within the next two weeks. This will include excavation for roads, the drain field, storm and sanitary sewer," says Fazakerley. "We are ready to move." The organization anticipates that the project will be complete by early next year. In the meantime, they will be packing their belongings from the present facility and moving into the stable and large equipment shed as temporary offices as early as fall. Two apartments on the second floor of the barn are complete for intern housing. "We moved forward prudently with our donated funds and were able to complete the first phase of the facility which included stables



and a large shed."

"We are limited with space at the present facility," says Muss. "On average we care for 18-20 horses, but only have room for 6, which makes us reliant on our foster families. It put us in an operationally challenging position. The new facility will have 15-acres of pasture for livestock, including horses, to help us better care for all the animals that we shelter."

A large component of the Foundation's new facility will be the spay and neuter clinic. "We work very hard to educate the community about the need to spay and neuter to help prevent overpopulation of animals, primarily feral and community cats," says Muss. A Community Education Office is in the design plans to help serve this purpose, as well as other community outreach opportunities. Other amenities will include indoor and outdoor runs for dogs and a large area dedicated to cats.

"We are very excited about the new facility as it will streamline all of our processes and make everything run more efficiently which, in turn, will allow our volunteers to focus more on our programs and animals than the trivial day-to-day duties that take an inordinate amount of time in

the current facility," says Muss.

As Board chairman, Muss would like to give his appreciation and thanks to his fellow board members and Bogley, who have worked tirelessly over the last six years to help move the foundation forward. He is excited for the organization's continued growth to become a regional facility for abused and neglected animals.

Founded in 1987, the Middleburg Humane Foundation has operated out of a re-purposed farmhouse in Marshall located next to Northern Fauquier Park since 1994. The organization, run with over 300 volunteers and 15 paid staff, has made the most of their space to execute their broad portfolio of services. The Middleburg Humane Foundation specializes in the rescue and rehabilitation of animals that come from a variety of abusive situations. After medical attention and care, animals are made available for adoption.

The Middleburg Humane Foundation believes that all animals, both large and small, have the right to safe and sanitary living conditions, protection from abuse and neglect, and to live their lives in an environment free from pain and fear.

GREAT MEADOW INTERNATIONAL EVENTING NATIONS CUP™



LAUREN R. GIANNINI

It was a brilliant weekend, July 6-8, in The Plains: Great Meadow set a superb stage for the Brook Ledge Great Meadow International, presented by Adequan, delivering an action-packed 3-Day competition with the FEI Eventing Nations Cup™ and CICO3*. The long weekend even received Mother Nature's blessing with dry weather and a very brief daytime drizzle.

As for the horses, you don't have to be a pony-crazy kid to catch the excitement. It's really just a matter of time before people, who are flocking to Great Meadow for Virginia Gold Cup (May), International Gold Cup (October), Twilight Polo (Saturday evenings May through September), Twilight Jumpers, Fourth of July, Middleburg Horse Trials, and other sporting and al fresco events, discover that they can tailgate and party while

watching some of the world's best horses and riders striving for top honors in this prestigious international competition.

Best of all, the sporting extravaganza lasts for three days, making this a great excuse for a get-away, maybe stay at a local B&B — because there's so much going on during this world-class event. In addition to everything associated with 3-day eventing, the FEI format, Great Meadow International upped their game with significant changes and improvements that include parking locations to the new site of the Meadow Market Trade Show and Meadow Market Beer & Wine Garden. That big tent complex alone is worth a day or three in the country.

For those who like to enjoy their equestrian event and party, too, the Meadow Market Beer & Wine Garden was the place to be with live music on Friday afternoon, Saturday afternoon and

evening. Meadow Market was also rocking a terrific view of the Fleming Farm Arena, and parts of the cross-country were a quick walk or jog nearby. You had good shopping with vendors inside the tent and out, food stands; there were opportunities to meet the equestrians, quite a few are Olympic, Pan Am, and World Equestrian Game medalists.

At Great Meadow, it's all about preserving open space for public enjoyment, non-profit events, community service and equestrian events. The Friday evening polo exhibition in the Fleming Farm Arena sends the message that it's never too late to learn to play polo even if you don't know how to ride. After all, there's the Great Meadow Polo School in the arena on the other side of the Gold Cup course, and that glorious grass polo field...

Dressage began on Saturday morning, with show jumping in

CONTINUED ON 17

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NEWS OF NOTE

OLYMPIC GOLD MEDALIST WILL SIMPSON RETURNS TO MIDDLEBURG FOR ANNUAL RUTLEDGE FARM SESSION

Rutledge Farm is pleased to announce the return of Will Simpson for its upcoming Rutledge Farm Session on August 7-8. Simpson kicked off the farm's clinic series with the inaugural Rutledge Farm Session in August of 2017, and is looking forward to returning to Middleburg, Virginia for this year's two-day session.

Simpson and Aleco Bravo-Greenberg, owner of Rutledge Farm, met when Bravo-Greenberg was just 16, and the two have forged a lifelong friendship. Simpson said, "Aleco rode with me when he was in his youth and we've been friends ever since. It's just a long-term friendship that has blossomed into a really nice opportunity right there at Rutledge Farm. It's been a lot of fun for me. The clinic last year was very nice, the footing and the people were very nice and they were interested in learning. It was one of my favorite clinics I've ever done. Aleco is an amazing host and the farm is incredible to work out of so it was a real pleasure and I can't wait to do it again!"

Will Simpson at last year's Rutledge Farm Session



Simpson's career took off in 1985 when he set the outdoor high-jump record of 7 feet, 9 inches on Jolly Good in Cincinnati.

In 2002, he won the West Coast League with a score of 91, the third highest total in the league's history. Simpson is

most known for his contribution to the United States Show Jumping team, earning a gold medal in the 2008 Summer Olympics

in Beijing. He has represented the United States in five different World Cup finals and has won over 75 Grand Prix events throughout his career.

This August, participants, and auditors can look forward to two days of instruction with Simpson, with day one focusing on gymnastics exercises and day two focusing on course analysis and execution. The session offers slots for three height groups - 3'6", 3'0", and 2'6", with only a few spots remaining for each. A Q&A session will be held with Simpson at the conclusion of the session where riders and auditors will have the opportunity to ask Simpson about his experiences and training techniques.

Simpson said, "I like to tackle all kinds of problems - horse problems, people problems, whatever it is. It's really satisfying when we make an improvement and really unlock something that's going on, that's always

fun. It's great to work with nice horses and good riders, so whatever comes up is refreshing and fun and a great opportunity for me to learn and for others to learn and get together and make some good out of it."

Rutledge Farm Sessions brings exclusive educational opportunities to riders and professionals in Middleburg, Virginia. Drawing from a pool of Olympic-level clinicians, Rutledge Farm offers monthly sessions for riders at all levels and disciplines. For more information on how to attend or audit Will Simpson's upcoming Rutledge Farm Session, visit <https://www.rutledgefarm.com>

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Marie, 59, English professor, community leader, and mother of three. These should be the best years of her life, but she's been living with knee pain for the past six years. Six years of working long semesters, mentoring students, leading her department, and working through the pain. The fear of missing work and not being able to recover quickly made her put off surgery. One dedicated orthopedic team brought her relief.

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NEWS OF NOTE

DOG DAYS OF SUMMER: HELPING YOUR PET TO SURVIVE THE HEAT

BEEZEE
CEO (CANINE EXECUTIVE OFFICER) - SMART, FUNNY, BETTER THAN A WISE GRANDMOTHER... RESCUE (MIDDLEBURGHUMANE.COM): ADOPTED DECEMBER 2010

This is really serious, and I'm not just barking at the moon or the daggone deer. It's been a long, hot summer, and my human has been very careful about where and when she takes me in the car. We are Batman and Robin - I love going wherever she goes, but it's too darn hot. That and the fact that she has this wonderful car that she says is old enough to vote, but it can't do the cool air thing. In fact, that car can be hot even when we're moving and she keeps the windows open to allow a good breeze. I only go with her when we end up someplace dog-friendly. While I don't mind at all to curl up and snooze in cool or cold weather while she shops or enjoys a meal with friends, hot weather is really hard on dogs - so I get why she leaves me at home. It's only for a few hours...

Did you know that some people leave dogs locked in their cars? What are they thinking? It's HOTTER in there than it is outside the car.

[Human clarification: Temperatures in the low 70s might be too warm for your dogs, especially if the sun is bright. Radiant heat can crank up the degrees and, even in full shade, your car can get hot enough to harm your dog's health and possibly result in its demise. Also, most people drive around with the auto's air conditioning cranked to the coolest setting, which means more work for engine and compressor, so it takes more time for your car to cool down. Leaving a dog in any vehicle, even with the windows open several inches, means your fur-baby will be surrounded by suffocating heat.]

Here's a basic golden rule about animal welfare: When it's hot, leave us dogs at home.

Here's what Middleburg Police Chief A. J. Panebianco posted on Facebook on June 19. <http://bit.ly/2LN7TWm>

It is that time of year again. It's hot. Always check your car...but especially on hot days to make sure you do not leave a child in the car. And it's too hot to leave your pets in the car. Each year we respond to multiple reports of pets left in cars on hot days. County-wide it averages out to be about 150 calls per year. So, it happens way too often.

You are NOT doing your pet a favor by bringing it with you to a store and then leaving it in the car. When traveling to Middleburg we tend to be very pet-friendly. Many stores and some restaurants allow dogs on a leash in their business.

As exemplified by the picture of the police car with the ther-

mometer... Even on cool days, such as 70 degrees, a car's internal temperature will jump to 90 degrees in 10 minutes and over 110 degrees within an hour. At 85 degrees, the car will reach 102 degrees in 10 minutes, continuing higher with more time. On 90 degree days, the car will quickly escalate to over 110 degrees. Cracking windows does not prevent a car from getting dangerously hot, even in cool temperatures.

Well, what can happen? Aside from injuring or killing your pet... § 3.2-6570. Cruelty to animals; can range from a misdemeanor to a felony.

One last bit of information: Have you ever been to the beach and stepped on the hot sand? Well, that can be what it's like for a dog on hot pavement. Remember...when it's hot...so is the pavement. When walking your pets...stay in the grass or other areas that provide cooler settings. When in doubt...feel the surface with your hand. If it is hot to the touch...it's going to be too hot for your pet's feet.

General Q & As:

1. What do I do if I see a pet in a car?

Well, the quick easy answer is Call the Middleburg Police duty phone 540-216-9787 or the Loudoun County Sheriff's Department non-emergency line at 703-777-1021. While in the county, call Loudoun County Animal Services at 703-777-0406 or Loudoun County Sheriff's Department non-emergency line at 703-777-1021

2. Can I break the window?



We would prefer you leave that to the professionals. VA Code, § 3.2-6504.1. Civil immunity; forcible entry of motor vehicle to remove unattended companion animal, grants civil immunity to police, fire, rescue, and animal control when a forced entry must occur. However, it does not grant you that same protection.

3. Can I prevent them from leaving prior to the police arriving?

No. That could be a crime as well. Get the tag number and allow us to deal with it.

4. What are signs that the animal is suffering from a heat related issue?

Heavy panting, glazed eyes, rapid pulse, vomiting, fever (the normal range in dogs are 101-102 degrees, cats are 99.5-102.5 degrees), unsteadiness or a staggering gait, a deep red or purple tongue. Get them to a vet as quickly but safely as possible if they are showing any of these signs.

Remember: In hot weather, you will demonstrate more love for your pet when you leave them

home in the air conditioning as opposed to bringing them with you.

That last sentence - please, just do it. Show you love your dogs by leaving them at home where they can be comfortable while they beat the heat. Also, we're heading into autumn, which can double as Indian Summer: cooler at night and very high day-time temperatures when the sun is high. Please be prepared and plan carefully for road trips with your best furry friends.

Be safe and stay cool.

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NEWS OF NOTE

HOME TOWN HEROES

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Samuel Coleman of FedEx and Mike from UPS, behind the Middleburg Common Grounds in a moment of truce.... Photo by Gomer Pyle



When it's summer in Middleburg there is no better way to cool off than with ice cream. Today, Corporal Heather Fadely is hanging with Loudoun County Deputies Moore and Garone at Scruffy's. I think mint chocolate chip is a great choice. - Photo by Chief AJ

HUNT COUNTRY SOTHEBY'S INTERNATIONAL REALTY APPOINTED AS THE EXCLUSIVE SOTHEBY'S REALTY BROKERAGE FOR MIDDLEBURG, VIRGINIA

Hunt Country Sotheby's International Realty has been awarded the exclusive Sotheby's International Realty Affiliates franchise for the nation's hunt country capital, Middleburg, Virginia, in southwestern Loudoun County.

The firm's new Middleburg office location will be in the center of the Town of Middleburg itself, on West Washington Street, conveniently positioned to cater to locals and visitors alike.

Middleburg is synonymous with equestrian sports. Many of the exclusive farms and country estates which surround the town are home to respected thoroughbreds, and the region hosts numerous world-class equine events throughout the season, from polo at Great Meadow to the oldest horse show in America, the Upperville Colt & Horse Show, held each June between Middleburg and Upperville.

Hunt Country Sotheby's International Realty is the Sotheby's International Realty Affiliates exclusive Loudoun County, Virginia, franchisee. Representing

sellers and buyers of properties in and around its headquarters located in the county seat of Leesburg, Hunt Country Sotheby's International Realty was founded by principal broker Janeeen Marconi to harness her long experience in Loudoun County's real estate segment together with the peerless real estate brand which Sotheby's International Realty brings.

Said Marconi: "The addition of Middleburg to the Hunt Country Sotheby's International group represents an important stride forward for the brokerage, its clients, and its agents. Our associates possess unmatched local knowledge and expertise which will provide both existing and new clients with a crucial and deep understanding of the greater Middleburg market, enabling them to make informed and educated decisions".

The brokerage has demonstrated consistently strong sales in the high-end market of the nation's wealthiest county, yet Marconi stresses that she is extremely discerning as to which agents she will take on board, with the result

Sotheby's

INTERNATIONAL REALTY

that Hunt Country Sotheby's International Realty provides a focused personalized service as a boutique business, as opposed to an impersonal organization with hundreds of real estate agents and frequent turnover of personnel.

About Sotheby's International Realty Affiliates LLC

Founded in 1976 to provide independent brokerages with a powerful marketing and referral program for luxury listings, the Sotheby's International Realty network was designed to connect the finest independent real

estate companies to the most prestigious clientele in the world. Sotheby's International Realty Affiliates LLC is a subsidiary of Realogy Holdings Corp. (NYSE: RLG), a global leader in real estate franchising and provider of real estate brokerage, relocation and settlement services. In February 2004, Realogy entered into a long-term strategic alliance with Sotheby's, the operator of the auction house. The agreement provided for the licensing of the Sotheby's International Realty name and the development of a full franchise system. Affilia-

tions in the system are granted only to brokerages and individuals meeting strict qualifications. Sotheby's International Realty Affiliates LLC supports its affiliates with a host of operational, marketing, recruiting, educational and business development resources. Franchise affiliates also benefit from an association with the venerable Sotheby's auction house, established in 1744.

Contact Sheri Gershen, Marketing Director, 703.443.1757, sheri.gershen@hcsir.com

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Katy Tyrrell Reed — Executive Director,
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NEWS OF NOTE

MIDDLEBURG FEATURED ON FOX 5 ZIP TRIP IN AUGUST

Known for its rich history, boutique shops and world-renowned equestrian scene, the iconic town of Middleburg will have a chance to share its story with the greater Washington, D.C. region this summer when Fox 5 broadcasts live from the town's historic streetscape.

Residents, business owners and visitors alike are invited to join the Fox 5 team from 6 a.m. to 11 a.m. on August 3 as the television station brings its hit Zip Trip summer series to Middleburg.

"Middleburg Virginia is horse country and known for its wineries and world-class resort, but there's so much more to discover



GREAT MEADOW INTERNATIONAL EVENTING NATIONS CUP™

CONTINUED FROM 9

the late afternoon. Forty horse and rider combinations competed. The cross country ran on Sunday morning. The Awards capped off the sport while people continued to shop, tailgate, and enjoy the beautiful venue.

All in all, it was a fun week-end that attracted about 10,000 over the course of the three days. That number is up from last year and will continue to grow as people get to know how much fun eventing is for spectators. Great Meadow Intentional also invites you to get involved as a volunteer; you'll receive lots of appreciation, a commemorative t-shirt, and enjoy a little welcoming party on Thursday evening. You can also get involved as a sponsor and/or bring your business to Meadow Market. VIP Hospitality is the way to go if you like to be pampered. All of this is vital to the growth of the Brook Ledge Great Meadows International and the FEI Eventing Nations Cup™.

This marks the third year that Great Meadow International has staged the only leg of the FEI Nations Cup™ to take place in North America. It's a monumental undertaking to produce this sort of competition. The Eventing series is based on the Show Jumping Nations Cup that began in 1909 and, in 1930, came under the supervision of the Fédération Equestre Internationale (FEI).

The Eventing version debuted in 2012, traditionally taking place at various venues in Europe such as Aachen, Germany. This relatively young series earned the patronage and approval of knowledgeable Europeans, hardcore equestrian enthusiasts who really appreciate a good horse show.

Great Meadow International faced the challenge of starting from scratch, of marketing and promoting not only 3-Day Eventing but also the Nations Cup format, which requires teams of horses and riders to represent their homeland. It's totally different to go on the show circuit in Europe; doing the same in North America means coping with seriously wide open spaces. Canada and the USA go back and forth for horse shows, but flying horses transatlantic

puts a whole new spin on "hitting the circuit."

Great Meadow International with the help of title sponsor Brook Ledge and presenting sponsor Adequan, has done a very good job of growing the event into a popular destination. It's a great deal for people who enjoy a day in the country while socializing and watching gorgeous equine athletes partner with their equally skilled riders as they go through their paces in dressage (ballet on horseback), show jumping, and the always-exciting endurance test of cross-country jumping.

This year, three was the charm for the British who triumphed in their third attempt on American soil, essentially winning the Nations Cup with their performance on the cross-country course. Designed for world-class competition by Michael Etherington-Smith, Sunday's cross-country proved extremely decisive and totally changed the top 10 in the final results. Canada finished second, and the U.S. placed third, which was a bit of a disappointment after the Americans prevailed the first two years of the GMI Nations Cup. Virginia's own Will Coleman claimed the individual win with Off The Record and fourth place with Soupeon du Brunet.

You can still access complete coverage online at EventingNation.com, Chronofhorse.com, and US Equestrian (USEF.org) where \$25 for a fan membership gives you access to their coverage of big equestrian events and the 2018 GMI FEI Eventing Nations Cup™ is available "on demand."

Better yet, start making plans to come out next year. Get up a group — family, friends, folks from work, school, church, 4-H, Pony Club, your lesson barn or boarding facility. If you live too far away, come for a long weekend and enjoy all that Great Meadow International offers: horse- and people-watching, partying, and equestrian sport in beautiful surroundings.

For more information about GMI: www.greatmeadowinternational.com For information about Great Meadow: www.greatmeadow.org

and that's why our Fox 5 Zip Trip Crew is excited to hit the road and learn about all the wonderful things this Loudoun County gem has to offer," said the Fox 5 Zip Trip Team. "Allison Seymour, Tony Perkins, and Tucker Barnes can't wait to meet our Fox 5 fans all morning long as we broadcast live from what we are told is a 'place like no other.'"

The broadcast will mainly take place on S. Madison Street, adjacent to King Street Oyster Bar. Weatherman Tucker Barnes, however, will visit a few neighboring businesses throughout the morning.

"The Town of Middleburg and Visit Loudoun have worked closely together to create ex-

citing and engaging segments, which showcase the charm of our town and provide a glimpse into what makes Middleburg one of our regions premier destinations to visit as well as life. Our community welcomes Fox 5 for the morning of August 3rd and we invite everyone to come out, join in and be a part of the show."

The segments will feature everything from the Middleburg Sidewalk Sale, happening the weekend of August 3, to the National Sporting Library & Museum, local restaurants, and the beautiful Salamander Resort & Spa. Others featured include the Foxcroft School's field hockey team, the Middleburg Humane Foundation, and students from

the Middleburg Charter School.

The public is encouraged to come to support the show, be a part of the live segments, meet the anchors and visit the booths of local non-profits, which will be set up on site that day. As sponsors of the Zip Trip program, Dunkin' Donuts will be providing free samples throughout the morning. People in attendance can also register to win a 2019 Acura TLX provided by Washington Area Acura dealers.

Fox 5 will return to Loudoun on August 24 to do another live broadcast in Leesburg. Follow Visit Loudoun for details on that Zip Trip show.



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NEWS OF NOTE

A GOSPEL CONCERT FUNDRAISER FOR WILLISVILLE

The Mosby Heritage Area Association has partnered with the residents of Willisville to have the village added to the National Register of Historic Places. Freedmen founded Willisville in southwestern Loudoun County, Virginia after the Civil War and it is one of the best-preserved villages of its kind. These African-American communities represent a significant part of Virginia's history, and Willisville would be among the first in the Commonwealth to receive National Register designation.

The final application for its addition to the Register must include a well-researched and documented survey of the village's 15 residences, former school house and country store, and its Methodist Church. We are campaigning to raise \$15,000 to fund the professional historical research, facilitate the process, and complete the application.

Join with MHAA and the citizens of Willisville for a gospel concert featuring music, food, and refreshments. Performers include:

The Gospel Tones
Mt. Olive Baptist Church
Rectorstown, VA

The Voices
Agape United Methodist Church
Purcellville, VA

Sistah of Praise
Middleburg, VA

Saturday, August 11, 4:00-6:30 p.m.
Buchanan Hall
8549 John S. Mosby Hwy
Upperville, VA 20184

Refreshments and light fare will be served

Donations will be accepted to help Willisville reach its goal!

OUTPOST BENEFIT SALE FOR SEVEN LOAVES

During the entire month of July, The Outpost, a fabulous and distinctive shop in Middleburg with be creating a Sale Event that directly benefits Seven Loaves Services. Seven Loaves is a Middleburg Based Foodbank, in operation since 1994 that serves over 100 families a week that are facing food insecurity issues. Each year, The Outpost hosts a Sale Event where they create a room that has wonderful antiques and gift items and then mark everything in that room 1/2 off with all the Sale proceeds donated to Seven Loaves. We hope you will support The Outpost as they continue to support us at Seven Loaves. During the month of July, The Outpost is located on 6 South Madison Street and will be open every weekend Saturday 10-5 and Sunday 12-5

FOXCROFT SCHOOL EARNS GOLD CIRCLE OF EXCELLENCE AWARD FROM CASE

Foxcroft School is excited to announce that it has been honored as a 2018 Circle of Excellence Gold Award recipient by The Council for Advancement and Support of Education (CASE), a global membership association of educational institutions. Established in 1994, the Circle of Excellence program recognizes outstanding work in advancement services, alumni relations, communications, and fundraising at colleges, universities, independent schools, and nonprofit organizations around the world. This year, more than 3,000 entries were submitted in nearly 100 categories by 676 educational institutions and affiliated organizations around the world.

Foxcroft's publication, Together We Will Step Boldly into the Future: The Centennial Campaign for Foxcroft School was one of just two Gold Award winners in the category of Fundraising Publications Packages. Foxcroft was the only secondary school honored this year for its work in this area.

A 12-page, dual-pocketed booklet with accompanying collateral materials, Together We Will Step Boldly into the Future was designed to solicit gifts from supporters of the School community toward completion of a multi-year, \$75 million campaign effort. Earlier this year, Foxcroft announced that it had completed the campaign two years early and nearly \$5 million over the goal.

"We are very fortunate to have a supportive community of donors and are thrilled that our campaign piece received such a distinct honor," said Foxcroft's Director of Institutional Advancement Marion L. Couzens. "During this campaign, we received a \$40 million gift from alumna Ruth Bedford '32 — the largest given to an independent girls school — and more than doubled our endowment. Receiving the Gold Award of Excellence Award from CASE is a crowning touch to what has been a historic campaign for Foxcroft."

In its official Judges Report, CASE representatives wrote that they "loved how this piece was put together and it included all aspects of giving (especially the estate side. Very wise). It was something different that we normally don't get to see all the time."



THE SKY'S THE LIMIT
with Middleburg Smiles

"She can just walk into a room, flash her million dollar smile and the world is hers."

That's how Whitney Justice describes her daughter, Taylor, thanks to the work Dr. Gallegos did to help create her gorgeous smile.

Because some of her adult teeth never formed, Taylor needed specialized care to give her a normal looking smile as she grew. They searched for a dentist who was capable of solving Taylor's challenging case and found Dr. Gallegos.

You would never know she had missing teeth and now, Taylor is taking on the world and following her passions as a ski patroller and mountain climber, raising awareness for environmental causes and conservation.

Dr. Gallegos can help you find solutions for missing teeth.

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INTRODUCING A FOREST MIDDLEBURG TOWN COUNCIL REPORT

CONTINUED FROM 1

seat permanently. Murdock had promised not to run

Vice Mayor

Council unanimously elected Darlene Kirk Vice Mayor for another two-year term.

Fox 5 in Town

Visit Loudoun announced that August 3 has been set for a 6 AM until 11 AM "Fox 5 Zip Trip" visit to Middleburg and environs.

Tentative "Must stops" for the TV team included the National Sporting Library and Museum, Salamander, Aldie Mill, Mount Defiance, Goodstone, and the Red Fox Inn.

Interviews are tentatively scheduled with the Mayor, Police Chief and a representative of Windy Hill Foundation.

"Dangerous Structures" Ordinance

Council adopted a new amendment to the Town Code of Middleburg that requires property owners to "remove, repair or secure any building, wall or any other structure that might endanger the public health or safety of other residents of the Town at such time or times as the Town Council may prescribe by resolution or ordinance."

If property owners or lien holders cannot or will not act to remedy such problems, the Town itself, after "reasonable" notice, "through its agents or employees may remove, repair or secure any building, wall or any other structure"

Go Green Report

Chairperson Rebecca Poston and Go Green Committee Members Lynne Kaye and Kathy Jo Shea reported to Council on their activities for the past year.

Poston presented the annual report, reminding Council that the Committee "strived to raise awareness of environmental issues and did so this past year through the Health Eating Active Living Fair/5K; the Middleburg Spring Clean-Up; a project to

secure cigarette butt containers throughout the town; a battery recycling day, which was held in conjunction with the drug-take back event; and, a paper shred day. Ms. Poston reported that during the coming year, they planned to address reducing waste, including plastic and cigarette waste and electronics."

Go Green, she said, plans to increase recycling and eliminate plastic straws, the latter of which was part of a worldwide campaign.

Also in the works: a movie night at The Hill School on plastic waste; work with Ayrshire Farm to develop a scrap food recycling program for restaurants; and research on the placement of a car charging station in town, possibly in the Liberty Street Parking Lot.

Council then appointed Kathy Fisher and Tonya Taylor to Go Green for two-year terms, ending in May 2020.

Sale of the Health Center Building

Vice Mayor Kirk reported that the ad-hoc real estate committee was reviewing bid responses for the Town-owned Health Center property and would make a recommendation to the Council in July.

Rents received in excess of the annual costs of running the building were long used to fund the Town's annual contributions to local non-profit organizations. Those donations are now part of Middleburg's regular annual budget and are funded by local taxes

Dissatisfaction with Envision Loudoun

Councilmember (now Mayor) Littleton reported that he met with County Administrator Tim Hemstreet and Deputy County Administrator Charles Yudd regarding the Envision Loudoun 2040 draft plan.

Hemstreet and Yudd, Littleton noted, "had not appreciated" a lot of the views put forward by the

county's small towns.

The Coalition of Loudoun Towns (COLT), according to Littleton, "unanimously agreed they did not like what Middleburg did not like about the draft plan."

Hemstreet and Yudd, he said, "understood the towns' concerns" especially those regarding the transition area, and recommended the towns adopt resolutions outlining the key concerns and issues and present those to the Board of Supervisors.

They also suggested that the Towns and County planning commissions "get together for a meeting."

MHAA Letter of Opposition

The Mosby Heritage Area Association has also expressed concern in a formal letter to the County. MHAA "views with alarm the vague and general language in the draft Envision Loudoun 2040 plan," noting that it "does not sufficiently protect the historic and rural landscape in western Loudoun County." The full text of the MHAA is reprinted in this edition of the Eccentric.

Beer and Wine at Middleburg Exxon

Town Planner Will Moore reported that the owner of Cooke's Car Care/Middleburg Exxon had "applied for an off-premise ABC license to sell beer and wine, which would be a part of the accessory retail component of their business."

Moore noted that "this was not something the Town would get involved in from a zoning standpoint as retail was retail . . . and the property was zoned C-1 Commercial, which allowed for retail use-by-right."

New Church in Aldie

St. Pope Cyril Coptic Orthodox Church has received approval from the Loudoun County Board of Supervisors to build a new, 19,000 square foot, church building on Old Carolina Road in Aldie.



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Jackie B.



Jackie B. is a foundation bred sorrel quarter horse mare, 15.1 hands high. She was used as a pmu mare her entire life until I rescued her some ten years ago. Though Jackie B. is very cautious around people she is still sweet natured. Like her friend Rosie, she won't allow her hooves to be trimmed but thankfully keeps them in great shape from natural exercise.

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NEWS OF NOTE

OAK SPRING GARDEN FOUNDATION

A LIVING WORK OF ART



TOM NEEL

I have had a long painting career. One with so many wonderful experiences. But I must admit to you now even this far along; I've experienced something on a bit of a different level during a recent tour of Oak Spring Garden Foundation. The former home of Paul and Bunny Mellon, Oak Spring Farm, which was largely split up after Bunny Mellon's 103.5 years on this earth came to an end, lives on. If I'm being perfectly honest, Bunny does too, as I would swear in being there, she's still very much with us today. Her spirit remains strong, or I was intoxicated with the overwhelming sense of place she's left behind. As an artist, I can share, Oak Spring is quite simply an organic canvas and a living piece of art.

This iconic 700 acre piece of the Piedmont is being preserved by the Oak Spring Garden Foundation (OSGF), whose mission (from their website) is - *to perpetuate and share the gifts of Rachel ("Bunny") Lambert Mellon, including her residence, garden, estate and the Oak Spring Garden Library, to serve the public interest. OSGF is dedicated to inspiring and facilitating scholarship and public dialogue on the history and future of plants,*

including the culture of gardens and landscapes and the importance of plants for human well-being. They continue with - Consistent with the strong and loyal support that Mrs. Mellon provided to many individuals during her lifetime, a major focus for OSGF will be to invest in people and encourage the development of individuals who can be leaders in advancing our mission.

In serving this mission, the facilities at OSGF include meeting and dining space to serve their invite-only workshops, conferences and scholarship programs. OSGF have also tastefully renovated the Mellon Broodmare Barn to provide accommodations for their guests and interns. The renovation includes the *Oak Springs Gallery* which should come in handy for their new artist-in-residence program. Painters, photographers, writers, sculptors and more, will enjoy boundless inspiration to motivate their creativity.

Perhaps one of the greatest treasures found at OSGF is Bunny's Mellon's personal library. It is, in a sense, a glorious time machine because of the era in which she lived. A time when books were so highly regarded by the wealthy and worldly scholars who collected them. As an example; you simply cannot think of

Thomas Jefferson and not think of his library. The same must be said of Bunny Mellon, and in doing so, you also cannot think about Jefferson or Bunny Mellon without being fascinated by their deep horticultural interests. A gift from her husband Paul, Mrs. Mellon's library houses one of the most significant historical horticultural collections anywhere. While the exterior of the building reflects a feeling of Provence, the interior is open and comfortable. You can only imagine the hours she spent here among the passionate treasures of her life.

On a very special note; OSGF is not only preserving the place itself but moreover many of those who served, knew and loved the Mellons. I feel these dedicated people are a visitor's gift, as they share decades of history and stories which live on with them. There's a great sense of spirit and pride in what they helped create. Artisans in their own right, they were and still are the apprentices of a master, whose vision has now become theirs. They are not only still caring for Oak Spring, they are still caring for Mrs. Mellon's legacy. On a human level especially, it's beautiful to see.

My first step onto Oak Spring was many years ago for the Stable Tour. Limited in scope, it was

still pretty special. My fondest memory was of a chestnut foal with four white socks and a perfect heart on its forehead. My second visit was around eight years ago when I had the pleasure of visiting the entire farm with a now neighbor and longtime Oak Spring employee and resident. Refreshing I felt, was the harmony created with every structure found there, nothing was overdone. Grand doesn't have to be out of scale, and though the Mellons were financially capable of overdoing anything they wanted to, with Oak Spring, they wonderfully let the land do the talking, and speak to me it does! Their private residence is just that and is not a visual throne on the hill. They could have also so easily curtained off Rokeby Road with pine trees, thus erasing this scenic view for others. But they refrained from such selfishness, so all could enjoy the natural sightline to Ashby's Gap, with its peaceful panorama and spectacular sunsets.

I found this kindness in my only face to face with Mrs. Mellon in my years of living here, and I have to admit, it brings back fond memories. She was so delicately trying perfume at the shop Les Jardins De Bagatelle in Middleburg. Because of the shop's charming, but small

size, the two of us were literally face to face. I watched her apply some of the perfume to her wrist with the glass stopper and then smell it. She then looked into my eyes and without a word, offered to share the fragrance by gently moving her wrist to my nose. I accepted and what followed was a fleeting moment of mutual joy. It was quite special and this memory and its intimacy are with me as I enter her garden at Oak Spring. Supported by cozy structures, her garden is casual and unforced in its feel. By its dimensions, it is certainly not what any of us would think as small, but its quiet country character is as if from a novel and reads as such.

Chapter by chapter, seasonal flowers, and vegetables have their place. All support the story and perspective view from its trompe l'oeil artisan painted greenhouse, back through the allée of Mary Potter crab apples and gardens, to the home French country in feel.

Such a connoisseur of impressionism, I feel as though I have stepped into her greatest work of art. It satisfies this artist's visual appetite, and oh, I felt her there. It was as if she had built a loving vessel to keep her soul afloat. Some have an eternal flame, she an eternal garden. For more information visit - osgf.org

PLACES & FACES

THE UNION JACK FLIES HIGHEST OVER GREAT MEADOW

STORY AND PHOTOS BY NANCY MILBURN KLECK

Great Meadow's sign on Hwy 17 says "Great Meadow Event Center". For 3-day eventing enthusiasts and fans of local Olympians, Lauren Keiffer, and Lynn Symansky, the FEI Eventing Nations Cup this year was an event as memorable as any, especially for our fellow equestrians across the pond.

Host to over 40 events that draw 200,000 through their gates each year, the park has the distinction of holding the only North American leg of the FEI Eventing Nations Cup series outside Europe. 40

starters competed from the US, Great Britain, Canada, Australia, and Switzerland. It is an eight-event competition set in locations around the world with 12 teams competing throughout the year.

Friday's opening day gave fans photo ops with team members after signing their caps and posters at the Meadow Market Beer Garden. Getting up close and personal for selfies had never been more exciting and it was hard to tell who was having more fun, the riders or the fans. While waiting you could wet a dry whistle with complimentary cham-

pagne or beer at the bar as the Andre Fox Band kept the place hopping until the USEF Combined Dressage test began. Seven horses and riders nominated to the upcoming World Equestrian Games in October gave spectators a special treat to see such caliber of horse and rider.

Afterward, a polo exhibition with teams from Great Meadow, Beverly, and Greenhill Winery and Vineyards that included eventers David O'Connor, Emma Klugman and Clayton Fredericks played an ambitious match in the impromptu arena with stuffed

mini tether balls that didn't travel too far or wide.

Saturday started with dressage and ended with the much-anticipated show jumping segment followed by more live music by Bryan Fox and Friends in the VIP tent. The Orange County Hounds made an always welcome appearance on Sunday morning before the start of the cross country segment, the hounds are always happy to see us.

The thrill of eventing is that leaders one day can be followers the next. Brit Ben Hobday on Shadow Man topped the show jumping segment; Kim Severson

earned the blue in dressage but withdrew afterward. Out of the top ten from the jumping, only two of those pairs managed to finish inside the top 10 eventing and 16 of 40 combinations delivered clear rounds.

Will Coleman and Off the Record of the US team bested the entries to take the individual winner. Great Britain earned first place by over 10 points, Canada claimed second and the US settled for third place. Currently, Britain maintains a hefty lead in the series with the US in 4th followed by Canada in 7th. Well done mates!



SOPHIE BROWN OF GREAT BRITAIN TEAM



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2018 NATIONS CUP INDIVIDUAL WINNER WILL COLEMAN ON OFF THE RECORD

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ANDRE FOX BAND



THE MEADOW MARKET BEER GARDEN



LYNN SYMANSKY ON DONNER



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PLACES & FACES

MAYOR BETSY DAVIS RETIRES

PHOTOS BY DEE DEE HUBBARD



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KATHY JO SHEA, JIL BRUNETT, MARY JO JACKSON AND DONNA BAKER



DARLENE KIRK, CINDY PEARSON, RHONDA NORTH AND COLLEEN BRYAN



LAUREN DAVIS, MARK DAVIS AND MARTHA SEMMES



CHIEF A.J. PANEBIANCO AND BETSY DAVIS



BUNDLES MURDOCK, SHIELA JOHNSON, STEPHEN & JUDITH PLESCOW

4TH OF JULY CHILDREN'S PARADE

PHOTOS BY NANCY KLECK



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PROGENY

SUMMER WITH FAUQUIER 4-H



This summer the kids in the Fauquier community are doing lots of things with 4-H. You read about our Show and Sale earlier in the summer that took place in May. We recently had 4-H Camp and Congress. Back to Back weeks, we had kids at camp and congress representing all the 4-H is and this great community.

The camp is held at the 4-H

Center in Front Royal, VA. It was a rainy week with lots of curveballs, but the kids had a fabulous time anyway. The rain kept them out of the pool and killed some of the campfire celebrations, but it certainly cooled the weather down. This year the kids had the opportunity to take lots of different classes taught by staff and counselors. Some of the class options were shooting sports, canoeing, fishing, baking, rocketry,

a stem related course, doll making, leather crafts, outdoor cooking, and sports. They also had a daily theme that many dressed up for and nightly activities such as dances, movies, and box car races. Since the rain washed out many of those plans, there were fashion shows and board game tournaments to pass the time.

Congress is a yearly event for older 4-Hers to showcase their

efforts in contests, spend time in workshops growing, and even have the opportunity to be tapped as an All-Star. Congress week was a wonderful and we had the honor of having two girls be selected for National 4-H Congress, which you must interview for. We said farewell to our own ambassador and State Cabinet President, but were very proud of all they accomplished this year.

Coming up this summer is the Fauquier Fair Food Challenge where families and teams can compete in an event similar to Chopped on July 11th. For the kids, August 8th and 9th we will have our Farm to Table Camp where we will focus on dairy and grains and learn how to use these to make healthy meals! If you have any questions about any events with 4-H please contact Sarah Sisk at sarahs2@vt.edu.



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PASTIMES

TOMATO HORNWORM

THE PLANT LADY



KAREN REXRODE

The summer garden is in full swing, lovelier every day. I am a big fan of annuals or tender perennials and shrubs, especially those that have night fragrance. Hand in hand with this type of garden are the night moths, swooping and sipping nectar, drawn by the fragrance and food for their young. One of their favorites is the flowering tobacco plants or nicotiana. It's a source of food for the tomato hornworm larvae and a nectar source for the adult hornworm or sphinx moth. Since the flowering tobacco has been volunteering itself in my raised beds, there is no soil disturbance and the hornworms are able to survive as pupae in the

stable soil. We do have tomatoes in the ground, but the tiller turns the soil where they grow, killing any pupae that would normally survive the winter. Bottom line, I have lots and lots of tomato hornworms in various stages of growth and they bother me nary a bit. In fact, I'm happy to have them just so I can enjoy the sphinx moth.

For most people and any tomato farmer, the tomato hornworm is a pest. They do have a tremendous appetite, making quick work of tomato plants and the occasional potato; other members of the Solanaceae family. The proper name for this pest is *Manduca quinquemaculata*, the name means; I chew and have five spots (which are on its belly). There are seven stripes

down the sides and some breathing holes that look like black dots in between.

As large caterpillars, they can hide incredibly well. With rather bland markings, they camouflage with surrounding foliage. A sure way to know they are eating your plants is the rapid diminishing of foliage or the large droppings they leave behind. I also understand that they have a fluorescent quality to them and can be found at night with a black light or UV light. If you are set on getting rid of the tomato hornworm, I suggest you remove them from your plant and simply lay each one in an open space. Birds will make quick work of them and I believe each one might feed an entire family. It's also not unusual to find a caterpillar with little co-

coons on their back. These are non-stinging parasitoid wasps, they lay the eggs on a live hornworm and the young feed, killing the hornworm in a "not so nice" way, from the inside out. A gardener's advice - always leave these parasitized caterpillars because they will release beneficial wasps.

If the tomato hornworm survives, post parasitic wasp and human intervention, you have the adult Sphinx or hawk moth. The wingspan can be five inches and they maneuver with amazing agility, seeking nectar as night descends. The whirring of wings is like a hummingbird, you always know when they are near. There may be two broods in one summer and it does seem that there are more and more as we

move into August and September. I am amazed at their constant movement as adults, clearly, their appetite is tremendous as I never see them sit to rest for a minute (or second). The elongated proboscis can locate nectar in each flower and they hover as they drink, but only for a millisecond. The entertainment is the reason I find them so desirable, to sit in the garden and watch plants sway only to catch a glimpse of a sphinx moth speeding by, is my evening fun. I have overheard people talk about how lovely the adult moth looks, but in truth, they are about as bland as the caterpillar, unless you find the green or pink species, a rare sight indeed.

STRETCH AND IMPROVE YOUR GOLF

KAY COLGAN, BS

ACE CERTIFIED, HEALTH COACH,
PHYSICALMIND CERTIFIED APPARATUS AND MAT PILATES

Summer is in full swing and the golf courses are too. The longer days allow time for more golf. We all are looking for that technique or equipment that will help us drive the ball just a little farther. Golf magazines have ads for the latest and greatest clubs. Power and control over that little ball is what we want when we play so we are willing to buy anything that will help us reach that goal. But do we need better equipment or better body mechanics? Equipment has come a long way, but if you are suffering from tight hips, your game will surely not be what you would like it to be.

Tight hips can ruin a person's golf game. No matter what equipment they buy, it will not help them reach their full po-

tential as a golfer if they suffer from tight hips. Watch the pros and you will see they have proper rotation of the hips and shift of the weight between one side of the body and the other. In other words, they can move their hips freely without restriction. In turn this will help them add yards to their drive.

Stretching tight hip flexors as well as lower back muscles is crucial to getting your hips to be flexible. Also, stretching hamstrings, quadriceps, adductors and abductors as well as the gluteal muscles will help to alleviate tight hips. If this all sounds a little daunting, seek a personal trainer that understands the basic mechanics of the golf swing and have them watch your golf swing and put together a stretching program that will help you gain flexibility in your hips. While there is much more to the proper body mechanics of the golf swing, starting with loosening up the hips is a sure way to drive the ball farther and enjoy the game



more.

So enjoy the next nine or eighteen with a more flexible body. No question, your game will improve. If your course allows walkers, then take the opportuni-

ty to walk nine or eighteen holes and enjoy the benefits of a light cardio workout as well.

For more information about fitness, please contact Kay Colgan at Middleburg Pilates and

Personal training, 14 S. Madison Street, Middleburg, Virginia, 540-687-6995.

PASTIMES

TIPS TO GET THE MOST OUT OF YOUR OUTDOOR SPACE

ASK A REMODELER



TIM BURCH

For many of us, nothing beats relaxing in the comfort of our own outdoor retreat. But do you find that you don't use the space as much as you'd like in the hot summer months or chilly winter stretches? It is possible to enjoy an outdoor room much of the year if you plan ahead and incorporate features into the design that will make the space more comfortable as temperatures rise or fall. Following are some items to consider and discuss with your design team.

Hot Weather

In the summer months, heat can make the outdoor entertaining downright unbearable. But, here are a few things you can do to help tame the heat.

Location, Location, Location. If you're building new, try to take advantage of existing tall trees or a space with a natural cross breeze to keep the area shaded and/or ventilated. If they don't already exist, consider planting trees for shade and privacy.

Add some type of cover to provide protection from the sun. Depending on how you want to use the space, the answer might

be a solid roof, vaulted beam ceiling, pergola, retractable awning or more.

Add curtains, blinds or screens to help control low afternoon sun.

Add a ceiling fan or two to keep the air flowing.

For hotter days, consider a mister system, outdoor air conditioner or an indoor/outdoor space with large folding glass walls so you can enjoy your home's cool air when needed.

Also, discuss your options for keeping unwanted bugs at bay. Do you want to go as far as creating a permanently screened

room? Or one with optional, motorized screens? Or will including plantings, such as lemongrass and rosemary, be sufficient?

Cold Weather

Cold air and strong winter winds can make sitting outdoors less than appealing. However, there are design considerations that can make your space comfortable and cozy, so you can enjoy the outdoors even in the chillier months.

Consider adding windscreens or a decorative wall. A strategically placed wind blocker can make a significant difference in an outdoor space's temperature. A windscreen can also be used to add architectural interest.

A fireplace or firepit will immediately add warmth and create a cozy environment for you to enjoy on those chilly days and nights.

If a fireplace isn't an option, consider including infrared heaters into your design. You can incorporate them into the walls or ceiling, which will avoid bulky space heaters taking up floor space.

Include large-opening windows with screens or sliding or folding glass doors that fully open or close the space. This would allow you to condition the space and have control of when to bring the outdoors inside.



If you've been thinking about adding a dedicated outdoor space to your home, there are many options to ensure this space can be used much or all of the year. With the right design team, you can create a room with architectural interest and modern comforts, no matter the season!

Tim Burch is a Vice President and Owner of BOWA, an award-winning design and construction firm specializing in renovations ranging from master suites and kitchens to whole-house remodels. A Northern Virginia native and third-generation builder, Tim enjoys calling on his 30 years of design-build experience to solve clients' home-related challenges. He is the Construction Advisor for The Mosby Heritage Area Association and sits on the Board of Building Appeals for Fauquier County. Prior to joining BOWA, Tim was the Lead Project Manager of Construction for the Emmy Award-winning construction reality television show, Extreme Makeover Home Edition on ABC Television. For more information on Tim and the BOWA team, visit bowa.com or call 540-687-6771.



does, after which The Rainbows would come out.

There was The Mello Kings, The Teen Queens, but somehow The Royals (a good name) was overlooked. There was The Champs, but not The Losers, Jewels, Jesters and Jive Bombers, The Quotations, but no Question Marks, but there were Spiders, Starliters and even Stereos and The Volume!

While these names go on endlessly, along with the many other fun names throughout recording history, like AC/DC, The Beatles and The Rolling Stones, or The Clash, The Red Hot Chili Peppers, The Beachboys, and The Yardbirds, I keep asking why?

Why were the great possible art names almost completely overlooked? People that make music are considered artists and so why, why, why, is our illustrious recording history not decorated with wonderful art-related names attached to great bands. From the 50's you can only really find a couple in The Ink Spots and The Monotones. I'm mean you can find a few good ones with a color in their name like Deep Purple, Pink Floyd, Black Sabbath, Blue Oyster Cult, Green Day, Yellow Card, Maroon 5, The Moody Blues, The Black Keys, Simply Red, and artists like Pink.

Live An Artful Life, Tom

BRIDGET JONES MOMENTS

SINCERELY ME



BRANDY GREENWELL

If you are unfamiliar with the Bridget Jones Diary series, you are missing out on the musings of a wonderfully charming character. Bridget speaks her mind and consequently lives at times with her foot in

her mouth, makes questionable choices that are always lessons in the making, and struggles with her love life because she wears her heart on her sleeve. If you know Bridget, then you know of her girdle drama, making an arse out of herself in social situations, frequent awkward moments, her need for love and her huge heart.

I think there is a little Bridget Jones in all of us.

I will never forget the summer in between my sophomore and junior years in high school when THE boy that made my heart go pitty-pat finally asked me out. Since I had already planned our wedding and named our children,

you would have thought the immediate response would be an overwhelming "yes" complete with fireworks and air hearts, but instead I made the most horrific facial sneer like a dog smelling nail polish remover. I can still see his slightly shocked and damaged expression. I have no idea where my response came from, but the damage was permanent.

My old, beloved dog Roxy was the best judge of character. When a suitor she didn't like paid me a visit, she would poop in their shoes. She never shat in nice people's shoes, only the as-shats that I should have stayed away from, to begin with. The only thing that could have made it more Bridget Jones-ish is if Roxy were a cat.

Once in a bookstore in Ireland, I found an out of print book I had been looking for a while. The shopkeeper, in a deep brogue, asked me why I wanted that particular book. My response was a rant on how I thought the author was crazy and his opinion on the subject was so off that I just needed to have the book for giggles. When I went to pay, the shopkeeper asked if I wanted him to sign the book. It was at that moment I realized he was the author.

My absolute top Bridget



Jones moment was at a hunt ball about 15 years ago with a date I was trying to impress. My date was in deep conversation with a few buddies and I joined in, attempting to thoughtfully opine on a subject on which I had zero knowledge. I made a memorable impression on my date and his cronies not with my wit and charm but rather when I stepped backward and fell into a trashcan. My bum was on the bottom with the discarded desserts and collection of beer bottles and my arms and legs flailing at the rim trying to gain freedom, but alas I was stuck. In a giant trashcan. The gentlemen around me instead of dashing to my rescue took a moment to point and laugh before winning me out.

Bridget Jones moments happen to everyone. If you haven't embraced your own, perhaps you need to lighten up a titch. Humility is one of life's most delicious lessons best served with a side of laughter.

THE ARTIST'S PERSPECTIVE



TOM NEEL

I started laughing to myself the other day. Swirling around in my head were the many names of bands I have heard over the years. Especially many of the fun ones which came out of the 1950's. Ones like The Platters, The Comets, The Drifters, The Diamonds, The Echoes, The Bobbettes, The Escorts,

The Chantels, The Letterman, The Emotions, The Virtues, The Duprees, The Belmonts, The Clovers, The Pony-Tails, The Quarrymen, and of course The Imperials, The Spinners and The Coasters.

I also liked the ones with the word TONE in their names like The Clefones, The Harptones, The Heathertones and The Sparkletones. None of which should

be confused with The Bell Notes or The Chimes. Bird names were also very popular like The Ravens, The Robbins, The Cardinals, The Crows, The Falcons, The Swallows, The Flamingos, The Penguins, The Paragons, The Orioles, The Larks and The Wrens!

Some numbers really did the trick too, as the names backed up the number of members in the band. The Kingston Trio, The Fours Aces, The Four Buddies, The Four Freshman, The Four Knights, The Four Lads, The Four Lovers, The Four Preps, The Four Tunes, The Fairfield Four and at the bottom of my list, The Four Tops! There was also The Five Satins, The Five Discs, The Five Keys, The Five Sharps and the Jive Five!

There were, of course, car games too like The Edsels, The Eldorados, The Fleetwoods, The Cadillacs, and The Impalas.

We can't forget all the brothers and sisters like The Buchanan Brothers, The Bonnie Sisters, The Ames Brothers, The Andrew Sisters, The Isley Brothers, The Fontane Sisters, The Shepherd Sisters and The Righteous Brothers, and there were The Oak Ridge Boys and The Teenagers too! There were even a few natural disasters like, The Fireballs, The Hurricanes, and The Torna-

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PASTIMES

RAINED OUT AT DELFEST 2018

IN UNISON



STEVE CHASE

It's hard to remember the wet month of May now that we are in the midst of summer, so I will review. May was one of the warmest and rainiest on record. In the DC area, we got more than eight inches of rain, which resulted in lush landscapes, great Goose Creek paddling, and an abundance of bugs. Memorial Day weekend was no exception—it was hot, sticky, and rainy. In the hills of western Maryland, they got even

more rain, and that's where Delfest is each year. The lineup at Delfest 2018 was one of the best ever, and I was fortunate enough to receive press credentials to head up and listen to the music. The festival is located on the fairgrounds south of Cumberland, along the North Branch of the Potomac River. There are several stages, including the main stage on the infield of the racetrack, a second outdoor theater, and an indoor venue for late night shows. The fairgrounds also allow for camping, so a lot of folks set up tents for the duration

where musical jams can be heard all day and all night. The weather can vary around Memorial Day—I have experienced some of the hottest weather I have ever felt at Delfest, only to be wearing fleece the next year with weather in the forties at night. You never know how it's going to be.

The week before Delfest I was fishing in Maine (in the rain), and I got back to Unison just in time to get out to Delfest on Sunday. I had already heard reports that the festival was going great and there was a large crowd, but also that the rain

had been heavy, people were wet, and the rain and thunderstorms had been impacting show schedules.

We piled in the car in the morning and headed to Cumberland. As we drove towards Berkeley Springs, the rain clouds were building, and by the time we got to Berkeley, it was pouring rain in buckets. Minutes later, our phones sounded the emergency tone, and we were notified that there was a tornado warning between us and Cumberland. Heavy rain, tornadoes—that did it, we bagged it, and headed back east on I-70, disappointed, but safe.

So, I never made it to Delfest 2018, but I have been able to listen to most sets from the festival. Delfest is taper friendly for the most part, with only a few bands not allowing folks to bring in their recording rigs to capture the musical sets and share them with the world. This year, the taper known as "brown4," aka Timothy Brown, is our hero, as he recorded and has posted the vast majority of sets. Go to bt.etree.org and click back to June 19th to find them.

Here are some recommended sets on Etree:

Traveling McCourys—Ronnie and Rob McCoury, mainstays in the Del McCoury band are joined by fiddler Jason Carter, guitarist Cody Kilby, and bassist Alan Bartram moving beyond the traditional bluegrass sounds of Del's

band to play a mix of jammy, rock, and newgrass music. Their Delfest set showed their chops in a number of genres, and it was definitely a highlight of the festival. Find out more about them at www.thetrav-elinmccourys.com.

The Infamous Stringdusters—Fresh off their 2018 Grammy Award for Best Bluegrass Album, Laws of Gravity, the Dusters are regulars at Delfest. There are few bands that match their hyper energy onstage, their virtuosity, and the great vocals, whether it is Jeremy Garret or Travis Book singing lead. Their Delfest set brought out some of their best tunes, like Gravity, a long jam with mandolinist, Ronnie McCoury, along with their always hot salutes to the Grateful Dead.

Sam Bush Band—While Sam is known as the King of Telluride, he is a prince of Delfest, as he came back yet again this year with a hot set that included some of my favorite Bush tunes. I interviewed Sam a few years ago, and he talked to me about his love for Jazz Rock Fusion music, and the tune Mahavishnu Mountain Boys is his hat tip to the genre. Add mainstays like Circles Around Me, and tunes from his newest album Storyman and it's a set the folks at Delfest won't soon forget. www.sambush.com

Steve Chase lives in Unison and better make it to Delfest next year.



Tom ended up hugging the one woman, and reminding them both that no matter how different we all might be, we must always respect each other's opinions.

Finally, we headed out the post office door but were followed by one of the two people who had just had the fight. The angry woman asked Tom, "Can you believe her?" Tom didn't respond. The woman followed us the whole way to The Bakery.

"She's so wrong! It's people like her that are making this town and America disintegrate."

Tom and I just smiled and went into the Bakery. The smell of croissants and raspberry bars filled my canine senses. Tom ordered his egg sandwich and his raspberry scone.

"I mean that just ruined my day!" The woman said to Tom.

"I'm sorry someone else's beliefs ruined your day," Tom replied.

"Well, she's wrong! And I guess that's enough for me to know. The world is just made of nuts like her. People who are greedy and dumb," The woman said then she ordered three cookies.

"Yeah, well not everyone who disagrees with you are greedy bad people," Tom said

to her as he handed his money to the cashier.

"I'd like to pay for her three cookies please," Tom said to the lady ringing us up.

"Oh, my! How kind? You don't have to do that," the woman said with a smile

"I'm happy to," Tom said, getting back his change and handing the woman her cookies. "I don't agree with you either, but that doesn't stop me from hoping these cookies make your day better," Tom said with a smile.

As we walked down the Bakery steps the woman ran out onto the porch and said, "Thank you."

Tom and I walked home. We sat on the porch as he ate his egg sandwich. He dropped a few pieces of egg on the floor. It was my day! It takes a lot to ruin a dog's day and that's why you never hear us dogs talking politics.

HEALTHCARE FROM AN AIRWAY PERSPECTIVE

DR. ROBERT A. GALLEGOS

You may have read some of my articles on sleep apnea, snoring, breathing, airway issues and nutrition. These issues are inter-related. Keep in mind that our most basic and most important nutrient is air. We can live with other depleted nutrients but not without air. It is the most essential nutrient. In an abbreviated way let me explain how various healthcare providers can work together to address interrelated healthcare from an airway perspective.

Typically, airway problems are noticed by the patient or a primary care doctor like a general physician, pediatrician or general dentist. Recognition may happen in a discussion about current health, a questionnaire or through clinical findings.

Below are some simplified scenarios of how detection and treatment may progress for a newborn, a child, a teenager and an adult patient.

A mother experiences painful breastfeeding and her baby is unable to latch on properly. This newborn should be evaluated for tongue and lip ties as these will interfere with breastfeeding and nasal breathing. Breastfeeding is extremely important for growth and development of the structures of the face and upper airway to allow appropriate nasal breathing, well developed dental arches and correct swallowing. If these basic functions are lacking the baby may have growth and development impairment both physically and neurologically. The release of tongue and lip ties is an easy procedure and is often done at the pediatric dentist's office. Sometimes a myofunctional therapist is also needed to assist in training the baby and mother to develop proper latch, breathing and swallowing. Proper development of the face is dependent on the appropriate use of the tongue, facial muscles, and nasal breathing. When it is time to transition from breastfeeding to solids parents should avoid soft processed baby foods because they do not allow for proper muscle and jaw development.

A 3 to 7-year-old patient has a visit with their pediatrician and the parent reports some or all of the following: un-restful sleep (hard to wake, toss and turn a lot), snoring, night teeth grinding, mouth breathing, bedwetting and daytime symptoms of hyperactivity. Before a child is put on medications for sleep or hyperactivity he or she should be checked for airway problems. This evaluation can be done with a pediatric sleep physician to check for apnea, a pediatric sleep ENT physician who will check for tonsil and adenoid obstructions and tongue and lip ties, or a pediatric sleep dentist who can check for proper growth and development of the face and jaws, address tongue and lip ties and assess proper nasal breathing. This is an age where early intervention orthodontic treatment can easily expand the airway. This will correct some narrow, long faces allowing for proper jaw and airway growth. Early intervention treatment is essential for correcting airway problems which will allow for proper physical and neurocognitive growth and development. A myofunctional therapist is very important when a tongue and/or lip tie is released so the muscles can be trained to go to the right places to develop proper nasal breathing and swallow patterns which will assist in the facial growth and development.

A teenager presents to their general dentist with narrow, crowded dental arches and a long face. They have or have had some of the same symptoms of the 3 to 7 year old listed above and may be experiencing some behavior problems and academic challenges. They may be on ADHD (Attention Deficit Hyperactivity Disorder) medications, sleep aids, antidepressants and/or anti-anxiety medications. The dentist can see that intervention is needed to improve the airway, develop nasal breathing and stabilize the patient. A team of doctors is needed to determine what should



be done. A pediatric sleep physician may be needed to rule out sleep apnea. If there are suspected enlarged tonsils and/or adenoids a pediatric sleep ENT should be consulted. A myofunctional therapist may be needed if a tongue and/or lip tie is going to be released by either the dentist or ENT. At this age most of the growth of the face and airway structures are complete so orthodontic expansion is helpful but sometimes surgical intervention is needed. An orthodontist should evaluate for expansion of the dental arches. If expansion cannot get enough correction of the small airway and crowded dental arches an oral surgeon may work with the orthodontist.

An adult patient reports fatigue, acid reflux and lack of desire for intimacy and/or their healthcare provider discovers hypertension and atrial fibrillation during the patient visit. If sleep apnea is suspected the patient should have further testing. A team of doctors is needed to determine what should be done. A diagnosis of sleep apnea is usually made by a sleep physician after a polysomnogram (sleep study). If it is unclear if sleep apnea is the issue or sleep apnea has been ruled out and the findings are suspicious of a nasal or oral obstruction then an ENT or dentist familiar with airway issues should be consulted. The ENT will evaluate the nasal-pharyngeal airway and the dentist will evaluate the oral-pharyngeal airway to determine if any obstructions or other issues are present. The common treatment of the symptoms of sleep apnea is a CPAP (Continuous Positive Airway Pressure) or a similar machine worn during sleep. This is not a cure but a part-time symptomatic treatment which can help make the patient healthier. To cure the problem the cause needs to be addressed. There may be a need for expansion with an orthodontist or more expansion with the aid of a periodontist surgically assisting the orthodontic treatment. If the airway is very small and the dental arches short an oral surgeon and orthodontist will work together to treat to a cure.

At each stage of life, there are various factors that need to be evaluated and one or more airway trained healthcare providers may need to be involved. The earlier in life the problems are addressed the healthier the individual will be for the rest of their lifetime.

The following are some excellent resources:

GASP: A book by Dr. Howard Hindin and Dr. Michael Gelb. Airway Health: The hidden path to wellness.

The Oxygen Advantage: A book by Patrick McKeown. Simple, scientifically proven breathing techniques to help you become healthier, slimmer, faster, and fitter.

Sleep, Interrupted: A book by Dr. Steven Y. Park. A physician reveals the #1 reason why so many of us are sick and tired.

The Dental Diet: A book by Dr. Steven Lin. The surprising link between your teeth, real food, and life-changing natural health.

Dr. Robert A. Gallegos is a Fellow in the Academy of General Dentistry, visiting faculty at Spear Education, alumnus of Pankey Institute, a member the American Academy of Cosmetic Dentistry, the American Academy of Dental Sleep Medicine and the American Dental Association. Dr. Gallegos practices dentistry in Middleburg, VA. www.MiddleburgSmiles.com.

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HAZEL SWEITZER

I'm one lucky dog to live in Middleburg. I am even a luckier dog to live in America.

Last week my human Tom and I went into the post office. We overheard two people who were checking their mail and talking about politics. As soon as Tom heard them, he said to



himself, "Have to get out of here." But, before we made it out the door one of them stopped him and asked, "What do you think?"

Tom didn't want to give his opinion, but instead said he was open to hearing every side of an issue, but what he feels in his heart stays between himself and his heart. We stood there, listening to the both of them as they carried on a heated discussion. It got so tense and loud that one of them started to cry. It had to do with something about cages, and people and families being taken from each other. I don't always understand human talk, but anytime I hear the word cage it makes me a little jittery. Anyways,

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*Pippi 32 yr old Shetland Pony, Companion only	*Kittens We have numerous kittens available	*Thelma/Louise 12 yr. old, Mules, Bonded pair	Katie 14 yr old chestnut mare	Victoria Has only one full-length leg

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FROM SINGAPORE TO HELSINKI: IT’S ALL DOWNHILL

DAN MORROW

At press time the most hand-some, popular, powerful, deal-savvy, master negotiator and stable genius in the history of the world it seems is all a’twitter.

Again.
In the latest of his regular 3 AM ponder, pout and posture routines “President” Putin’s openly acknowledged choice for President of the United States has decided to poke the Iranians, tweeting at their leader, in all caps, like the mature nine-year-old one would hope he might still grow up to be.

Matt Drudge, ever the epitome of calm, cool, calculating analysis and restraint, described the incident as nothing less than the dropping of the: “TRUMP TWEET BOMB.”

INNUENDO AND INSINUATION

BRIAN VELLA

“Donald Trump’s press conference performance in Helsinki rises to & exceeds the threshold of ‘high crimes & misdemeanors,’” John Brennan tweeted. “It was nothing short of treasonous. Not only were Trump’s comments imbecilic, he is wholly in the pocket of Putin. Republican Patriots: Where are you???”

I consider myself both a Republican and a Patriot, and I will not bother giving my personal assessment of former CIA Director John Brennan, a man who admits he voted for Gus Hall, the Communist Party candidate for President at the height of the Cold War and the man in charge of protecting the American electoral system from foreign interference in the 2016 election. What I find so repugnant about Mr. Brennan is his tactic of using his position as former CIA Director to make sensational allegations without facts to back them up. When pressed for support for his state-

Trump, it seems, had dispatched an all-caps tweet in the general direction of Iranian President Rouhani, making it eloquently clear that one does not tug on Superman’s cape. Or, to be precise:

“NEVER, EVER THREATEN THE UNITED STATES AGAIN OR YOU WILL SUFFER THE CONSEQUENCES THE LIKES OF WHICH FEW THROUGHOUT HISTORY HAVE EVER SUFFERED BEFORE.”

Supporters of the President are already spinning out the notion that threatening a hot war against Iran is analogous to threatening a hot war against North Korea.

It’s a plausible idea, given what they clearly believe was the well-thought-out and professionally executed Presidential Plan: the shuffle before the deal, so to

speak. The question, of course, is to WHICH President, ours or Russia’s, belonged the plan

Vladimir Putin can only have smiled as Trump, in five weeks, managed to alienate some of our most important allies while kowtowing to some of our (and their) most significant adversaries.

At the G-7, NATO, and in Great Britain, our boy ostensibly prepped for war with a combination of ill-conceived behavior accented by worse manners

His made abundantly clear his preference for the company and inclination toward the repressive policies of authoritarian countries and their leaders

If good fortune is marked by the intersection of opportunity and preparation, Trump took every opportunity not to be prepared.

His two “summits” were entered without agenda and he left both without any tangible results for OUR side.

North Korea’s Kim could only have been delighted at being treated as an equal in exchange for a signature on a meaningless piece of paper.

Putin and his pals looked on with openly expressed glee throughout Trump’s tour of shame, culminating with open and repeated and public agreement with Putin in denial of Russia’s role in both obvious theft and deliberate election meddling.

And the trade wars have just begun.

Some, Republicans among them, have already dared call it treason

Others argue that Treason re-

quires both wit and a plan.

And all the while, the likes of golf, mistresses, anthem singing, and re-painting Air Force One dance in his head, as Trump presides (often by not presiding) over and attempted evisceration of all the institutions designed to preserve, protect and defend our constitutional democracy, its citizens, and the land in which they live.

Why? Apparently, we are well on our way to knowing. Our guess is that money is the key, and that bad deals, massive debt, desperate money-laundering, tax evasion, and other high crimes and misdemeanors, documented and in some cased audio-recorded will be, in the end, this President’s undoing.

The key for the country is to survive the interim.

ing. The same rhythm holds with the sun. While clouds may come over us in life, the rays of the sun are continually fetching sunlight. They are never broken, no one ray blocks another, nothing can touch them, and we all possess them.

As it is said, “he who ruleth his spirit is better than he who taketh a city.” (Prov. 16:32). Much as “fractals” in nature magnify or reduce similar shapes to a given image, we as a future Public Square collectively should wisely bend our

character and citizenship into a greater or lesser reflection of the best in American life. Freedom possesses its own future voice and lungs. So the gifts it gives us, as we return them to others, can become The Public Square of tomorrow.

Freedom may be a measure, but it is not a quantity. No nation advances if its people do not hear its deepest impulses. A way must be found in our noisy, restless society to overcome the burden of the spiritless codes that divide us. Trading on more

in life than information, truth, and character remain the chief nexus for staking out our world. They, like good fractals, help overcome division, traffic in the realm of our finest touchstones of thought, and will best preserve the American Dream.

US-CHINA TARIFFS AND SCIENCE

DR. ART POLAND, PHD

The growing trade war and isolationism being advanced by the current government administration will have a severe impact on U.S. science. To appreciate this it must first be understood that science is an international endeavor. The culture of each nationality provides a different perspective on a given science problem. Putting those perspectives together yield new insights into a discovery. In my scientific career, I have written journal ar-

ticles with scientists from many different countries (South Korea, Japan, China, England, France, Norway, Italy, Germany, etc.). Everyone wins from this type of interaction.

We as a people are concerned about the theft of intellectual property, as we should be. But remember, in the 1790’s Samuel Slater brought the industrial revolution to America from England. We did it, and we should expect others to try. Unfortunately, it is up to us to protect ourselves. We should also remember that game theory experiments have shown

that everyone does better when you play win-win vs. win-lose. However, when money is involved one worries about who is playing win-lose and who is play win-win.

With respect to the current trade war for scientists, the first problem occurs when we must spend more money on laboratory equipment because it comes from China and becomes more expensive. This is exacerbated by the decrease in funding for U.S. science, equipment costs more and we have less money to spend. A second problem arises

if we are not allowed to collaborate with foreign scientists. This will limit our advances. A third problem arises in the threatened shut down of visas for students from other countries to study in the U.S. A major source of science students in our university is other countries. They pay full out of state tuition. They make our university more efficient from a financial viewpoint. If students from other countries are not allowed to study here, we will have a financial problem.

When I was a student, I had to learn German, because most

of the older journal articles were written in German. Those scientists were driven out of Germany in the 1930s. It is no longer necessary for a scientist to learn any language other than English. However, some of my colleagues have already left for jobs in other countries. Most of the postings of job opportunities are for outside the U.S., and the Chinese are heavily recruiting for science jobs in China. Will the U.S. lose its role of leadership in science?

My point is that going it alone is not a good idea.

LETTER FROM THE PLAINS

ANTHONY WELLS

I went before an Admiralty selection board before admittance to Britannia Royal Naval College, Dartmouth, to train to become a Royal Navy officer. After a battery of tests, I found myself before a group of senior officers headed by a rear admiral for the final interview. Amongst them was a distinguished civilian psychologist who was there to evaluate one’s mental status. He had interviewed me earlier in the process. I later discovered that he had been a Battle of Britain fighter pilot. At the very end of the interview, the admiral looked me straight in the eye and said, “Wells, I have one last question for you, why do you want to kill people?”

I clearly gave him the right answer because I was accepted. No one in their right mind ever wants to kill people. Only under the strictest rules of war, the Geneva Conventions, and the accepted code of international order under the mandates of the United Nations may nations kill the citizens of other nations.

Under training I very quickly, in a matter of weeks, became totally competent with a range of small arms, submachine guns, and unarmed combat, skillfully using the knife very effectively. The Royal Marine Color Sergeant who trained me was the best of the best, a World War Two distinguished combat veteran.

So what is the relevance of all this for Eccentric readers?

Well, its relevance is to do with gun control in the United States. Who should be allowed to own and potentially use a gun against other human beings in the United States, other than the military and law enforcement officers? This is not about a challenge to the Second Amendment, or anything like, but more a series of questions about how we control access to guns.

If I underwent rigorous psychological tests to become an officer in the 1960s, and use everything from a 9 mm pistol to a 4.5 inch gun, why should we not insist on all who own or wish to own a gun require a medical certificate stating that we are of

sound mind and discretion, rather like marriage, not to be entered into and endorsed lightly?

We require that all FAA certificated pilots and all those foreign pilots entering US airspace have a medical certificate issued by a medical practitioner who is a certified FAA medical examiner or foreign equivalent. Mental status figures large in the FAA examination. As an FAA certificated flight instructor, I am required to report any pilot under training or coming to me for a biannual flight review who shows signs of mental unbalance or if the person admits to various mental states that he or she has not reported to the FAA. An aircraft, like a gun, is a lethal weapon, as we found tragically on 911.

The same applies to vehicles, most definitely a lethal weapon, as shown by the 40,100 people killed and 4.57 million seriously injured in 2017 alone, according to National Safety Council data. People who are mentally unstable should not be allowed to drive and medical practitioners have a duty of care to report such persons before a license to drive

is granted.

Children murdered in our schools by psychopaths, who either own or have access to guns, is totally unacceptable in the 21st century. We have to bring in strict new regulations and enforcement before more of our children are murdered. In the UK firearms are illegal. If you own a shotgun you are visited regularly by the local police to check that you follow all the correct safety and stowage regulations.

A friend of mine who owns a hunting shotgun tells me that the first thing the local Bobby does when he enters the home is to ask his wife, “Where is your husband’s ammunition?” He will also ask where is the safety lock stored with the action bolt, and so on.

If she knows any of the answers his license would be revoked and his gun confiscated. The British are that strict. Even possession of a firearm in the UK in the committal of a crime will add decades to the sentence.

Our President went to Florida to commiserate with the parents

of the children murdered at Marjory Stoneman High School in Parkland. Shortly thereafter he went to the NRA annual gathering in Texas to tell members that their way of life was under attack and he was there to help, and. “Oh by the way”, by imputation, vote for me and send checks, and I will be your guy.

What kind of leadership is this? What does it say about the state of our nation regarding protecting our beloved children against heinous crimes in our schools? I have eight grandchildren and a teenage high school daughter. I have a duty to ensure their protection in our schools and for the rest of their lives against the unmitigated use of guns by those who should be prohibited from buying or having access to guns.

As part of my commitment, I support Leslie Cockburn to become our Congressperson in November. She has committed to gun reform while still maintaining the Second Amendment. This is the kind of leadership I want and I believe that Eccentric readers should expect.

THE VERY MIND OF TOMORROW’S AMERICAN NATION

JERRY VAN VOORHIS
CHANDLER VAN VOORHIS

Since our Independence 242 years ago, America has struggled with trials and disappointments, and our progress may seem too fast or too slow. Yet our course is certain if we abide by the bark of our character, and the stones of our founding.

In many ways, America has been a modern promised land. An unknown wilderness was before us, and we spent 200 years conquering it. The law, which fortified our gains, benignly gave us a grand rule of action for society.

Our Founders drew great inspiration from Montesquieu who wrote in 1748 in The Spirit of Laws that when “virtue ceases, ambition enters those hearts that can admit it and avarice enters

them all.” A government of laws and not men was born from this belief. Character, which Greek etymology describes as a distinctive mark impressed, engraved, or otherwise formed,” has had much to do with the dignity of American citizenship.

American citizenship was founded on conscience, not viewpoint - to be a bridge between popular diversions having no return point, and government assuming false levels of responsibility of its own. However, James Davison Hunter in a defining book some years ago titled The Death of Character says character today has been reduced “from a force of nature to a mere set of habits.”

Though we “desperately want the flower of morality to bloom and multiply,” he declares, “we

have...pulled the past up and out from the soil that sustains it.” Hunter, though, thinks “a slow revolution in the moral order” may be occurring “within moral diversity again...” If so, it will be “about living for a purpose that is greater than the self....and so it beckons us forward....to translate character into destiny [and]...the expanse of the good that can be envisioned.”

Character, by nature, is progressive. Whether our system allows it, the soul must. All of us seek a greater bond of perfectness in life, of the kind that takes us beyond our earlier ages of sod and steel - and even, now, the one of information. Our sod and steel eras bent character to production - or the world of “ought.” The one of information aligns character to consumption - or living more as one “pleases.”

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In his classic Liberty and Virtue in the American Founding, Harvey Mansfield suggests a free people over one in shackles “needs the guidance of an inner force to replace the lack of external restraint.” Virtue, he says, “cannot come from within unless it is voluntary and people are free to choose it.” Today it’s uncommon for a society based on liberty to make much of virtue, or one featuring virtue to have liberty equally. They are not seen as a likely pair.

In tomorrow’s world, however, virtue and liberty need to work more together. While some see virtue connected mainly to religion, we at least should allow how truth cannot be stereotyped in a democracy that is forever evolving - opening its shores with time, moving the frontier of mind, always sure, always a

guide, a forever light for a free people.

In a nation where truth and justice are claimed as the highest expression of the natural order and best embodiment of our ideals, doesn’t character need again to be part of a storied vision? For character is life’s line of moving hope. Centuries ago Plato told us character “must be proven far more rigorously than we prove gold in the furnace.” Citizenship, then, is not only a system of static responsibilities but the very mind of tomorrow’s American nation.

True citizen paths of spirit harbor their own rhythm and produce a unity larger than ourselves. It’s not unlike the power of water or the sun in our lives. Floating on water lets us meet challenges with more calm authority and dominion than tread-

ENVISION LOUDOUN 2040 PLAN

STEPHEN C. PRICE
BOARD OF DIRECTORS CHAIR
MOSBY HERITAGE AREA
ASSOCIATION

The Mosby Heritage Area Association (MHAA) views with alarm the vague and general language in the draft Envision Loudoun 2040 Plan. The draft plan does not sufficiently protect the historic and rural landscape in western Loudoun County. While MHAA appreciates the time that has been spent by the stakeholders committee and staff in preparing the plan and the County's efforts to engage public input, the resulting plan does not do enough to protect citizens' interests and the historical and cultural resources

of Loudoun County.

We recognize that one of the goals of the plan is to "Strengthen Natural and Historic Assets." We also support Policy 5 in Chapter 3 - Green Infrastructure. This policy captures the important contribution that the county's historic landscape makes to Loudoun's character. Unfortunately, Action L under this policy states that the county will encourage developers to propose tradeoffs between historical and open space. This policy should be struck from the plan as it undercuts citizens' desire to maintain and enhance Loudoun County's unique character.

We are extremely concerned that the language used

in the surrounding chapters on Land Use, Housing, Economic Development, Fiscal Management and Public Infrastructure includes so many other threats to efforts to strengthen natural and historic assets.

Specific examples include the following:

- The many open-ended policies calling for increased flexibility in facility standards, policy interpretation, and responsiveness to developers. Any of these could be used as a wedge to destroy Loudoun's historic and natural heritage.
- The failure to establish goals and measures for the overall conservation

and protection of historic properties. Retention of our unique cultural landscape cannot be achieved by focusing on individual development decisions. The County needs to establish annual reporting of the amount of land protected under easements, to identify priority areas for protection of historically significant properties, and to work with private landowners to increase those protected lands.

- Uncertainty over how the "Place Type" concept will apply to the rural area. Envision 2040 proposes Place Types as a replacement for traditional zoning regulations but only

applies two broad place types to the entire rural policy area. It is not clear what this means for future decisions about development in the RPA. At a minimum, additional place types, including one for existing Historic and Cultural Conservation districts, should be defined for the rural area so that the public and developers will know what to expect in the future.

MHAA appreciates the opportunity to present our views on the Envision Loudoun 2040 Draft plan.

WASHINGTON METROPOLITAN COG THREATENS LOUDOUN'S RURAL LANDS

ELIZA DREW

Ten counties surrounding D.C. and Baltimore could all become cities, resulting in a nightmarish metropolis with more roads, cars, sprawl, two million more people by 2040, another two million by 2060, fewer trees and birds, and one hundred additional Tyson's Corners.

The Washington Metropolitan Council of Governments (WMCOG) and Baltimore Metropolitan Council (BMC), two agencies established in the 1970s to coordinate federal transportation spending, are orchestrating this vision. WMCOG and BMC strengthen and reinforce the power and the reach of developers, road-builders, and utility companies, creating for them a racket of continuous real estate development.

This system corrupts local and state elections.

Have hope. Virginia's Fauquier, Rappahannock, and Clark counties, as well as Cal-

vert County, Maryland's rural plans, show the way by preserving wildlife, farmland, rivers and the bay, while also fighting climate change. Local citizens groups comprised of environmental liberals and moderate Republicans helped to enact these plans. They overrode pro-development and pro-population growth factions in both their political parties. Other local and national groups can do the same.

WMCOG and BMC Problems

1. Their population growth forecasts create perpetual real estate development schemes.

Their forecasting models utilize past trends to predict the future. Jurisdictions experiencing excessive development and population growth will be forecasted for more of the same. BMC and WMCOG work with counties to upzone to accommodate the forecasted population. This means development never stops in your community unless you challenge an "old-boys alli-

ance" that places developers in charge.

Fauquier opposed WMCOG's initial 2040 population forecast, reducing it 70%, by 70,000 people!

In contrast, Loudoun County, consistent with WMCOG pro-development philosophies, claims it needs more housing to attract more jobs. However, it doesn't need more jobs if it wouldn't add the 100,000 people it is forecasted to add by 2040. They should telephone Fauquier for downzoning advice. Limiting development and population growth is just what this region and nation need in order to improve and diversity job opportunities. FYI, for example, Germany and Japan have higher quality jobs without high population growth and development.

2. They plan development and population growth without any environmental review. Environmental review of development and population growth would inform citizens

about how it will impact their children. This will prevent it from occurring. WMCOG and BMC do not complete any environmental evaluations of the development induced by their transportation plans and forecasting techniques.

They do not plan for farmland or wildlife habitat. Good-bye butterflies.

The development serviced by WMCOG's transportation plans increases climate change emissions, while they only encourage jurisdictions to take voluntarily measures to address it. They do not.

BMC's website does not mention climate change, yet it is taught in all state schools.

3. Region Forward creates sprawl, harms the cities, and does not create good jobs.

WMCOG's "Region Forward" 2040 plan prescribes a hundred dense growth areas (deceptively called activity centers) to accommodate forecasted population and jobs. WMCOG claims this is better than the sprawl that might oth-

erwise occur. However, the sprawl zoning still exists and it is being built. So are the dense areas.

This regional vision will drain jobs from Baltimore and D.C. by eliminating their market advantage with transit-based high-rise office space.

The majority of this region's good jobs are associated with federal government spending, not population growth and development.

Population growth and real estate development are creating mostly low-paying jobs, nationwide. Existing jobs aren't improving. This phenomenon is playing out on this region's land use stage, which comes as no surprise given how WMCOG and BMC primarily serve real estate development interest groups reaping enormous profits by perpetuating an environmentally disastrous low-paying economy.

Revoke the population forecasts. Reform WMCOG and BMC.

IN OUR BACKYARD

SUZANNE VOSS

Our backyards sit in the beautiful foothills of the Blue Ridge Mountains. We are surrounded by acres of bucolic and beautiful country, gently rolling hills, emerald green pastures, gracious and charming estates and cottages, fat and healthy cattle, and well cared for, grazing horses. Lovely, winding roads, bordered by dry-stacked rock walls or dense woodland, lead from our backyards to fine restaurants, historic sites, museums, and places of worship in close by villages, and to companionship with lovely and mannered people.

But, eleven of these people have died from overdoses

~ BE LOCAL ~

of opiates, including heroin, since January of 2018, according to Captain Ray Acors of the Fauquier Sheriff's Office. And each victim of these tragic and traumatic events left behind families - many of them also neighbors - that will forever grieve and suffer the ramifications of such pointless loss, while 38 other families, with loved ones who suffered, though survived, overdoses during the same time period, continue to despair at the possibility of losing their child, their husband, their wife, their sister or their brother to substance abuse.

Moirra Satre is one of these neighbors, having lost her eldest son, Bobby, to a heroin overdose in 2015. Bobby was

raised in a loving and stable home, received a fine education in one of Middleburg's private schools and enjoyed many of the advantages that our neighborhood offers, yet turned to drugs. Remembering the helplessness and isolation she felt during the years Bobby attempted to fight his addiction and determined to help other addicts and their families as a way of coping with her own crippling grief upon his death, Moirra founded "Come As You Are" (CAYA), an organization determined to "help addicts and their families [by] connecting people to helpful resources, available treatments and support groups [and by raising] community awareness on substance abuse

through local prevention programs in Fauquier, Culpeper, Rappahannock, Madison and Orange Counties."

By way of example, CAYA's website, www.cayacoalition.org, offers quick access to various support groups, including FODA (Families Overcoming Drug Addiction), Helplines, assistance in finding recovery coaches, a link to an evidence-based, mental health and substance addiction prevention movie that Fauquier County Schools has adopted into its curriculum, and a sign up for participation in "The Travis Project", a program started by the Fauquier County Sheriff's office that equips deputies with life-saving Naloxone. Additionally, information re-

garding CAYA's 5 K Run, an event designed to promote awareness in the community and to raise funds for future projects, and that is scheduled for September 22, 2018, is available either online or by calling CAYA's Warrenton office at 540-219-5696.

Our backyards are bucolic. And our neighbors are lovely and mannered people. But, there's not one of them that doesn't also mourn and suffer, strive and fail and grow weary, sometimes, from burdens that seem too great to bear. I'm grateful, therefore, that because of neighbors like Moirra and organizations like CAYA, our backyards are also brave and honest, indomitable and compassionate.



Mount Gordon Farm
The Plains, Virginia
\$9,850,000

128 acres and immaculate 3 level, 13,000+ sq ft stone & shingle main house • 5 BR • 8 FP • Exceptional finishes on every floor • Caterer's kitchen • Elevator • Spa • Separate guest cottage • Pool • Farm manager residence • 3 additional tenant houses • 12 stall center-aisle stable • Pond • Extraordinary land w/incomparable views extending beyond the Blue Ridge Mts • Orange County Hunt

Helen MacMahon (540) 454-1930



Mayapple Farm
Middleburg, Virginia
\$3,400,000

"Mayapple Farm," purist delight • Original portion of house built in 1790 in Preston City, CT • House was dismantled and rebuilt at current site • Detail of work is museum quality • Log wing moved to site from Western Virginia circa 1830 • 4 BR, 4 full BA, 2 half BA, 9 FP & detached 2-car garage • Historic stone bank barn and log shed moved from Leesburg, VA • Private, minutes from town • Frontage on Goose Creek • 37.65 acres

Paul MacMahon (703) 609-1905



Old Fox Den Farm
The Plains, Virginia
\$1,750,000

Restored 3 bedroom 1830's farmhouse on 65 acres • Multiple porches & fireplaces, lots of charm • Lovely pool, shared pond, 4 stall barn, workshop • Expansive mountain views, rolling open pasture & fully fenced elevated land • Gorgeous setting in the protected valley between Middleburg and The Plains • Conservation easement permits 2 more homes to complete the compound

Helen MacMahon (540) 454-1930



Stoneway
The Plains, Virginia
\$1,195,000

Well designed stucco single story • 3 BR • 4 full BA • 2 half BA • Master bedroom w/his and hers dressing room/bathroom en suite • Library • Sun-filled sitting room-dining room • Kitchen with breakfast nook and chef's caliber appliances • 2 FP • Large mudroom off 2 car garage • Cutting garden • Nestled on 10 private wooded acres in sought after Orange County hunt

Alix Coolidge (703) 625-1724



Fidelio
The Plains, Virginia
\$9,500,000

Prime Fauquier County location minutes from Middleburg • Unbelievable finishes throughout • Antique floors and mantels, vaulted ceilings • 6 BR, 5 full, 2 half BA • 6 FP, gourmet kitchen • Improvements include office/studio, stone cottage with office, spa, guest house, pool and lighted tennis court • Landscaped grounds with stream, waterfalls, boxwood and special plantings • 61 acres

Paul MacMahon (703) 609-1905



Game Creek
Middleburg, Virginia
\$2,985,000

A remarkable property located within a private enclave just minutes from town • Stone and stucco manor house with main level master suite • 7 additional BR • 5 stone FP • Beautiful gardens, terraces, salt water pool, cabana, carriage house & stable with 2 paddocks • Lovely finishes throughout & sweeping lawn to private trails to Goose Creek • 31 acres • Private, elegant & convenient

Helen MacMahon (540) 454-1930



Piece of Heaven
Marshall, Virginia
\$1,680,000

Absolutely impeccable custom home on 50 acres with lake frontage 10 minutes from Marshall • Beautiful millwork, extensive plantings, porches & terraces • Fantastic mountain views from oversized windows, rolling pasture & private dock • 5 BRs, 3 FPs, hardwood floors • Extremely well built home with endless amenities • Very special home in pristine condition

Helen MacMahon (540) 454-1930



408 E. Washington St.
Middleburg, Virginia
\$975,000

Beautiful brick federal structure, in need of repair • 2 recorded lots • East side of town • 1.76 acres zoned R-1 & A-C in the historic district • High ceilings & wood floors

Paul MacMahon (703) 609-1905



Old Goose Creek Farm
Middleburg, Virginia
\$4,500,000

Pristine equestrian property in turnkey condition • Exceptional location • Stone home expanded to approx. 7,000 sf. includes 4 main level suites • Lovely gardens, pool, garage apartment & pond • Blackburn designed 6 stall stable w/70x210 indoor arena includes observation deck, tack room, 2 wash stalls & office • Additional 4 stall barn • Entire property is fenced and cross fenced on 26 acres & 8 paddocks

Helen MacMahon (540) 454-1930



Waverly
The Plains, Virginia
\$2,950,000

Circa 1755, prime Fauquier County location, between Middleburg and The Plains • Additions in early 1800's & 1943 • Home recently restored • 62 gently rolling acres in Orange County Hunt • 4 bedrooms, 4 1/2 baths, 6 fireplaces • Improvements include salt water pool, pool house, large party house/studio, 2 tenant houses, stone walls and pond

Paul MacMahon (703) 609-1905



Peace, Love & Joy Farm
Warrenton, Virginia
\$1,650,000

A long hard surfaced driveway leads to this special home built in 1985 • 6 bedrooms, 5 1/2 baths, 5 fireplaces • High ceilings, large rooms with good flow • Formal garden overlooks Carters Run. Large pond • Pool with pool house • Barn could have 4 stalls • Rolling land, very private - yet very close to Warrenton

Paul MacMahon (703) 609-1905



Thornton Farm
Millwood, Virginia
\$949,000

23 acres with a 4 bedroom and 3 1/2 bath home • Bright and sunny house with large porch and mountain views • 11 stall stable with wash stall and tack room • 11 paddocks with 8 automatic waterers and large jumping field • 100 x 200 ring with excellent footing • Efficient equestrian property in convenient location between Middleburg and Winchester

Helen MacMahon (540) 454-1930



Salem Hill
Marshall, Virginia
\$3,690,000

Prime Fauquier location, well protected • 6 bedrooms • 4 full and 2 half baths • 3 fireplaces • Great views • Pool with large flagstone terrace • Large county kitchen • 4-car detached garage with apartment/office • 9-stall barn • Covered arena • Outdoor ring • 4 stall shed row barn • 51 fenced acres

Paul MacMahon (703) 609-1905



Belvedere
Middleburg, Virginia
\$1,950,000

Gracious home with 5 BRs • Gourmet kitchen • Two-story floor-to-ceiling window display of the Blue Ridge Mountains • 3 FPs, coffered ceilings, random width rustic cherry floors • Large home office, gym, rec room, multiple porches and patios • Three finished stories, approx. 10,000 sf. • Carriage house • Garage • 27 acres

Helen MacMahon (540) 454-1930
Margaret Carroll (540) 454-0650



Twin Creek Farm
Aldie, Virginia
\$1,395,000

Quiet country living on 33 acres with great proximity to the conveniences of nearby shopping, schools and hospital • Rare find to get this acreage and have FIOS - work from home while enjoying the privacy of your own farm • Rolling acreage, stable, fencing and a bold creek • 5 BR home has been well maintained • Southern exposure with great light and lovely views • Main floor master suite and 2 car garage

Helen MacMahon (540) 454-1930



204 Chestnut Street
Middleburg, Virginia
\$599,000

Great light & minimal maintenance • Main level living on a charming street • Walk to town, library & restaurants • Large master bedroom & sunroom • Fenced lot with plenty of room for expansion or a pool • Lower Level offers private entrance, separate living space & room for 3rd BR with private BA • Beautiful plantings, large front & back yards • Oversized storage building with many uses and possibilities • Very private

Helen MacMahon (540) 454-1930

110 East Washington Street • P.O. Box 1380
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SHAWMARK FARM



Middleburg ~Magnificent custom stone and stucco European private estate close to Middleburg. ~10,000 sq ft. on 3 levels, 4 Bedroom, 5 Full Baths, 2 Half Baths. Exquisite detail and custom finishes, open floor plan. English gardens, pool. Office/apartment. Extraordinary 2000 square ft 3 bedroom, 3 bath Guest house. 3 bedroom, 2 bath Tenant cottage. 12 stall courtyard barn. **15 Acres** **\$4,499,000**

Anne Marsteller (540) 270-6224

GONE AWAY



The Plains ~ Set on a knoll with views of the Blue Ridge Mtns, this **83 acre** farm is well designed offering every amenity. The main house has 4 bedrooms, 7 baths, 4 fireplaces, gourmet kitchen, and gracious entertaining spaces inside and out. There is a 3 bedroom, 2 bath tenant house, charming guest house, swimming pool, outdoor kitchen, 4 ponds and extensive landscaping. There is a 4 stall barn, 2 stall shed row barn, equip. shed, 3 run in sheds. Protected by a conservation easement. **\$4,495,000**

Emily Ristau (540) 687-7710

EASTVIEW



The Plains ~ Classic VA manor home on **47+ acres** with spectacular pastoral & mtn views off Zulla Rd. Fully renovated and is move-in ready with 4 Bedrooms and 5 Baths. No details spared. 100 yr. old hardwood floors, fieldstone floor to ceiling fireplace, high-end fixtures & appliances, 2 potential luxury Master Suites, fully finished Lower Level, great entertaining spaces inside & out. Geothermal heating & cooling. Turn-key farm is fenced for horses. Large machine shed easily converted to a barn. 2-car attached garage, 2 ponds and gorgeous pool complete the property! **\$2,650,000**

Cricket Bedford (540) 229-3201

COOPER RIDGE



Marshall ~Completely renovated stately brick home in 2 parcels, totaling **22+ acres** in a beautiful private parklike setting. 4 bedrooms and 4 1/2 bathrooms, including a separate au pair or guest suite with fireplace. Hardwood floors, antique mantles, ten foot ceilings, 5 fireplaces and custom woodworking. Thoughtful detail throughout. Full basement with work out room, sauna, play room & plentiful storage. New 20 x 24 equipment shed. **\$1,987,500**

Emily Ristau (540) 687-7710

WEST RIDING



The Plains ~ Charming country home with parts dating back to the 1700s. 3 bedrooms and 3 1/2 bathrooms. Main level master with his and her bathrooms. Lovely, spacious entertaining spaces. Beautiful gardens, swimming pool, stable, 222' x 112' arena, tenant house. **25.60 acres** in prime location on Rock Hill Mill Road in prime OCH territory. Great rideout with permission. 3 parcels. Property has Conservation Easement potential. **\$1,900,000**

Emily Ristau (540) 687-7710

UPPERVILLE HOUSE



Upperville ~ Stunning c. 1843 Greek Revival style home in historic village of Upperville. Classic center hall design with hardwood floors & double porches in front & back. Formal Dining Room & Living Room with fireplaces, Family Room, Kitchen, 4 Bedrooms, 3 Baths, enclosed Sunporch for office or Bedroom. Upgrades include new electric, boiler, roof, gutters, windows, baths & kitchen, AC & water system, parking, fence & landscaping. 2-car detached garage & shed. **Zoned Commercial or Residential. Turn-key! \$890,000**

Cricket Bedford (540) 229-3201

22187 SAM FRED RD



Middleburg ~ Charming one level residence in an idyllic setting on **9.91 acres**. Completely remodeled & renovated with 3 Bedrooms and 2 new baths, stunning new kitchen, beautiful wood floors & spacious deck overlooking a one acre stocked pond. The open floor plan is bathed in natural sunlight from the walls of oversized windows. Rooms are bright & airy, spacious & inviting. Pristine condition! **\$785,000**

Mary Ann McGowan (540) 687-5523

AUDUBON TRAIL



Markham ~ **42 acres** on Audubon Trail in Apple Manor S/D present dual opportunities: the modernized weekend cottage tucked way back into a wooded dell at an elevation of 1,000+ feet above sea level, that allows you to escape The City heat...or...a cottage to use while building a new house on a pre approved site just inside the property line that has mountain views to Old Rag Mtn. **\$560,000**

Susie Ashcom (540) 729-1478

PARIS MTN. RETREAT



Clarke County ~ Enjoy peace & quiet in your chalet-style house on **15 acres** atop Paris Mtn. Watch magnificent sunsets off the wrap-around deck with views of the Shenandoah Valley or hike the Appalachian Trail. Newer log cabin addition allows for 2 1st floor BR options with full BA. Kitchen opens to the Great Room with woodstove, cathedral ceiling 3 BRs/1 BA on 2nd flr. Walk-out Lower Level has Rec. Room, sauna, 1/2 BA & storage. Ornamental trees, berry bushes & fenced vegetable garden. 2-car detached garage/workshop, pond and old tennis court. **\$450,000**

Cricket Bedford (540) 229-3201

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