

## A SNOWY OWL FINDS A HOME AT WILDLIFE VETERINARY CARE

FULL STORY ON PAGE 26 - 27



PHOTO BY NANCY MILBURN KLECK

## GREAT MEADOW'S UNDER-40 BOARD

LAUREN R. GIANNINI

The invigorating energies of "new blood" within the Great Meadow Foundation describe the recently launched Under-40 Board whose members are committed to increasing community support and raising funds to help protect and perpetuate Great Meadow.

Cate Magennis Wyatt, in her first year as Chair of Great

for new visitors to enjoy Great Meadow," Magennis Wyatt said.

Enter Great Meadow's new Under-40 Board: Nate Chambers as U-40 Chair and Lucy Drinkwater, U-40 Co-Chair, plus eight more U-40 members: Mo Baptiste, Sarah Mars Bowie, Isa Bryant, August Erikson, Markus Malmgren, Danielle Quinn, Andrew Richards, and Cat Wyatt. Considered Generation Y or Millennials, they're at home with digital devices, smartphones, Twitter, Facebook, Instagram,



U-40 CHAIR NATE CHAMBERS WITH THE HALLOWED GOLD CUP COURSE IN THE BACKGROUND. PHOTO BY KIRA TOPEKA, DIRECTOR OF MARKETING, GREAT MEADOW FOUNDATION

Meadow's Board of Trustees, instigated the idea of the U-40 Board when she realized how much Great Meadow could benefit from more young people to strengthen their loyal community of supporters.

"It is exciting to attract the talents and insights of the brightest young professionals in the region to help Great Meadow envision and bring its future to reality—all while having fun as we make it easier

social networking—all the myriad wonders of the Internet.

"These individuals bring a wealth of experience and expertise in their fields and will be tremendous assets to our Foundation as we further our mission of preserving open space for public enjoyment, non-profit events, community service, and equestrian sports," Magennis Wyatt stated.

Great Meadow is much more than a fantastic venue for horse activities. It's a reminder of the wide-open spaces such as the hills between The Plains and Middleburg where buffalo roamed. Great Meadow is a bit of heaven on earth, simply breath-

## A PLACE TO BE HOLIDAY PROGRAM

PAGE 28 - 29

POST STD  
ECONOMY PAID  
DULLES, VA  
PERMIT NO 723

Request in homes by Thursday 1/24/19  
POSTAL CUSTOMER  
CONTINUED PAGE 16



540.687.6395

WFP.COM

## Celebrating an Amazing Year in the Virginia Countryside



SOLD - \$8,750,000\* OAKENDALE, THE PLAINS, VA Kathryn Harrell 703-216-1118 Micah A. Corder 571-271-9828



SOLD - \$2,450,000\*

BLACKROCK  
HUME, VA  
Amy L. Sloane Timbers  
540-987-8668



SOLD - \$2,000,000

OAK SPRING FARM, PARCEL C  
UPPERVILLE, VA  
Kathryn Harrell  
703-216-1118



SOLD - 7 LOTS & HOUSES

ST LOUIS CORNER  
MIDDLEBURG, VA  
Lynn Wiley 540-454-1527  
Trow Littleton 540-272-2032



SOLD - \$1,685,000

10244 JOHN MOSBY HIGHWAY  
UPPERVILLE, VA  
Colleen Gustavson  
703-296-2347



SOLD - \$1,600,000

OAK SPRING FARM, PARCEL A  
UPPERVILLE, VA  
Kathryn Harrell  
703-216-1118



SOLD - \$1,600,000

OAK SPRING FARM, PARCEL B  
UPPERVILLE, VA  
Kathryn Harrell  
703-216-1118



SOLD - \$1,500,000

2397 DELAPLANE GRADE RD  
DELAPLANE, VA  
Carole Miller 540-729-7896  
Kevin Keane 540-687-2221



SOLD - \$1,405,702

20102 LOVERS LANE  
PURCELLVILLE, VA  
Carol Fochtman  
540-272-4334



SOLD - \$1,280,000

22923 CARTERS FARM LN  
MIDDLEBURG, VA  
Sherry York  
703-625-3377



SOLD - \$1,200,000

1310 DELAPLANE GRADE RD  
UPPERVILLE, VA  
Debbie Meighan  
571-439-4027



SOLD - \$1,150,000

305 E WASHINGTON ST  
MIDDLEBURG, VA  
Jim Thompson 540-687-2224  
Patty Harris 703-300-1390



SOLD - \$1,062,400

21473 ROSEDOWN CT  
MIDDLEBURG, VA  
Anne Michael Greene  
540-364-9500



SOLD - \$1,025,000

19949 PLEASANT MEADOW LN  
PURCELLVILLE, VA  
Debbie Meighan  
571-439-4027



SOLD - \$1,000,000

37279 HUNT VALLEY LANE  
PURCELLVILLE, VA  
Jim Lemon  
703-203-9766



SOLD - \$685,000

20671 CRESCENT POINTE PL  
ASHBURN, VA  
Bonnie Hite  
703-509-8054

...and Welcoming an Even Better 2019!

\* Buyer Representation



THE PREMIER BROKERAGE FIRM  
REPRESENTING THE CAPITAL REGION AND THE VIRGINIA COUNTRYSIDE



# NEWS OF NOTE

## UPPERVILLE COLT & HORSE SHOW CELEBRATES VIRGINIA

### “GINNY” PLASKITT MCCARTY FOR 16 YEARS OF SERVICE



For 16 years, Virginia Plaskitt McCarty, affectionately known as “Ginny,” has served as show secretary for the Upperville Colt & Horse Show (UCHS). At the end of January, Ms. McCarty officially retires after her long tenure with the prestigious event.

Born and raised in Delaplane, Virginia, McCarty grew up working on her family farm raising polled Herefords and showing prize-winning cattle. After graduating from Foxcroft School in Middleburg, Virginia, McCarty spent several years traveling the United States outfitting purebred show cattle for sale and was recognized as one of the nation's top female outfitters for many years. McCarty changed her focus and commenced a career working at various corporate entities.

In 2002, McCarty began her career as the show secretary for the UCHS. During her tenure, McCarty touched and positively impacted the lives of many exhibitors, owners, trainers and the local community at large.

UCHS president, Barbara Roux, stated, “As Ginny closes out her chapter with UCHS, I, along with the UCHS board, thank her for so many years of dedicated service to UCHS. Talented, disciplined and exceptionally organized, she often seemed to do the work of three people, handling the myriad details of a show that now serves more than 1,800 exhibitors. Her steadfast dedication has helped the horse show evolve into one of North America's premier competitions. While we will miss Ginny, we wholeheartedly wish her much happiness in this new journey of her life.”

## Winter Sale Starts First of February!

21 East Washington St. Middleburg VA.  
540.687.3686 - cdrigden.com

Middleburg  
Eccentric

P.O. Box 1768  
Middleburg, VA 20118  
540-687-3200  
news@mbecc.com

Editor In Chief  
Dee Dee Hubbard  
editor@mbecc.com

Production Director  
Jay Hubbard  
Jay@mbecc.com

Publisher  
Dan Morrow

## GREENHILL WINERY & VINEYARDS

www.greenhillvineyards.com



## NEWS OF NOTE

### MIDDLEBURG TOWN COUNCIL REPORT

#### Under New Management

On January 10 Middleburg's new Town Administrator, Danny Davis, submitted his first official monthly report to a regular meeting of Middleburg Town Council. Davis offered high praise for his predecessor, Martha Mason Semmes, whose last "official" day on the job was December 14. "The transition was very smooth," Davis reported, "and allowed for multiple projects to be completed before she retired."

High on Davis's to-do list for January are: finalizing his first draft budget and CIP for presentation to Council; integrating a new trash and recycling disposal provider; negotiating a new contract with Imboden Environmental Services to keep the Town's water and sewer services in top shape; and working with the Mayor and Council on "a strategic review of the Town organization to ensure we can accomplish the Council's goals and continue to perform at a high level."

#### Money

On January 10 Davis formally submitted a brief, "Fiscal Year 2020 Overview." He reported that "Overall, the Town is in very strong financial shape. With revenues outpacing expenditures, the Town is in a strong position to fund one-time projects, build healthy reserves, and prepare for future capital needs."

Davis is, he said, taking a very conservative approach to revenue projections, a task complicated by recent changes in tax collection administration and timing.

"Total General Fund revenue in 2020 is expected to decrease by \$20,000," he noted, "although when normalizing the Real Property revenue, total General Fund revenues in 2020 actually increased about \$230,000."

Modest increases are also projected for income from the Town's utilities services.

General Fund Expenditures, Davis reported, "are basically flat year-over-year," primarily due to a reduction in capital expenditures. Personnel costs, including raises, a new "matching" program for deferred compensation, and hiring a new "Project Technician" should increase by roughly \$100,000.

A "Capital Improvement Plan," is still in development. That said, Davis noted, "Most of the Town's projects are already anticipated in the current 5-year plan."

The Council's new outside-expert volunteer Financial Advisory Committee, according to Mayor Bridge Littleton, should be of great help and has already asked to meet more than once a month.

Davis also reminded Council that it had shifted \$3 million of its cash reserve funds into the Virginia Investment Pool, where

it earns 2.6% interest rather than the tenths of a percent it was earning earlier. The fund is stable, he said, liquid, and used by a number of Virginia towns and counties. That move alone, he said, should provide some \$95,000 in heretofore unanticipated revenue, though he suggested budgeting only a \$75,000 change, "in the event interest rates dipped."

A Council work session on the new budget was set for January 31.

#### New Waste Management Providers

Waste Management, Inc., Middleburg's current waste disposal provider, has petitioned the Town to re-assign the contract for those services to Bates Trucking and Trash Removal, a large regional provider headquartered in Bladensburg, Maryland.

Bates, in fact, began to provide those services on January 2, 2019, acting as a subcontractor to Waste Management Inc. The Waste Management Inc. contract with the Town does not expire until June 30, 2020, and the town is under no obligation to reassign it.

Ylrico Alexander, Bates General Manager, appeared at Council's January 10 Regular Monthly Meeting to describe his company's capabilities and make the case for re-assigning the contract. Bates, he said, had partnered with Waste Management Inc. on various projects for over 20 years, describing it as family owned and, in effect, "a local company with national scale resources."

Though well received, Bates' request was, in effect, tabled by Council, which expressed its general willingness to re-assign the contract, but only AFTER Bates had proven itself in Middleburg.

#### Business and Economic Development

Jamie Gaucher, Middleburg's Director of Business and Economic Development reported that his department is working on at least 22 "active/current" new business projects. Among them are seven "Food & Beverage" providers "very interested" in Middleburg. There are, he also noted, "two strong possibilities" looking at the Southern States building.

The department's "branding" project remains stalled. Initiated with great enthusiasm, with a budget of more than \$100,000, to develop a to develop guidelines for promoting the town to audiences outside its traditional boundaries, the project ground to a halt over dissatisfaction expressed by Council and others within the Town, with four designs for a new logo. The Richmond, VA, agency subcontracted for the work, according to Gaucher, is putting together a new design team and will re-submit.

Gaucher is also working on a

CONTINUED PAGE 19

### APPLETON CAMPBELL EARNS 2018 ANGIE'S LIST SUPER SERVICE AWARD



Appleton Campbell is proud to announce that they have earned the home service industry's coveted Angie's List Super Service Award (SSA) for the eighth year in a row. This award honors service professionals who have maintained exceptional service ratings and reviews on Angie's List in 2018.

"Service pros that receive our Angie's List Super Service Award represent the best in our network, who are consistently making great customer service their mission," said Angie's List Founder Angie Hicks.

Angie's List Super Service Award winners have met strict eligibility requirements, which include maintaining an "A" rating on overall grade, recent grade and review period grade. The SSA winners must be in good standing with Angie's List and undergo additional screening.

"Appleton Campbell's motto is exceptional customer service. Our customers as well as employees know that they are paramount to our success," says Service Manager, Jason Anderson.

For over two decades Angie's List has been a trusted name for connecting consumers to top-rated service professionals. Angie's List provides unique tools and support designed to improve the local service experience for both consumers and service professionals.

For additional information about Appleton Campbell, please visit [appletoncampbell.com](http://appletoncampbell.com).

## For the Love of Jazz

Just in time for Valentine's Day, join us for exclusive events February 15 - 17 that show our love for food, libations and jazz music with Billboard-ranked musician, Marcus Johnson.

For more information  
please call 844.465.8116



Salamander Hotels & Resorts – Now this is luxury.

[SalamanderHotels.com](http://SalamanderHotels.com)

*Salamander*  
RESORT & SPA

MIDDLEBURG, VIRGINIA

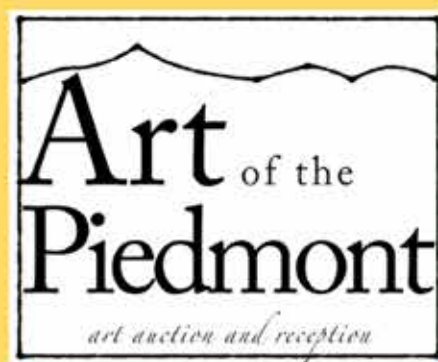
LEGEND

*Preferred*  
HOTELS & RESORTS



Katherine Riedel

Please join us for the 8th annual



Middleburg Community Center  
Friday, February 22nd, 2019, 6–8 pm

Kevin H. Adams  
Anthony Barham  
Brittany Beiersdorf Ross  
Misia Broadhead  
Tiffany Budzisz  
Mike Budzisz  
Armand Cabrera  
Debbie Cadenas  
Teresa Duke  
Catherine Giglio  
Gail Guirrer-Maslyk  
Jillian Holland  
Bonnie Hoover  
Laura Hopkins

Cody Leiser  
Ron Lieberman  
Tim Maloney  
Deborah Morrow  
Marci Nadler  
Tom Neel  
Lee Newman  
Jill E. Poyerd  
Katherine Riedel  
Bill Rock  
Daphne vom Baur  
Antonia Walker  
Cathy Zimmerman

artofthepiedmont.org

Pre-purchase your tickets online for \$20 or at the door for \$30  
a benefit for Middleburg Montessori School



## NEWS OF NOTE

### SHENANDOAH HIRES NEW DEAN FOR HARRY F. BYRD, JR. SCHOOL OF BUSINESS

ASTRID SHEIL JOINS SU FROM CALIFORNIA STATE UNIVERSITY SAN BERNARDINO

Astrid Sheil, Ph.D., will join Shenandoah University as the new dean of the Harry F. Byrd, Jr. School of Business on July 1, 2019.

Sheil will be the sixth dean of the business school and the first woman to serve in the role.

Currently the Dean's Fellow for Program Outreach and Promotion and a tenured professor of communication and business at California State University San Bernardino, Dr. Sheil brings more than 25 years of business and academic experience to the position of dean.

A native of Washington, D.C., Sheil completed her undergraduate studies in foreign service at Georgetown University and her masters and doctorate in organizational communication at the University of Tennessee in Knoxville. She believes the Harry F. Byrd, Jr. School of Business is strategically positioned to be a hub of lifelong learning for students, alumni and the community.

I am joining Shenandoah University at a very exciting and pivotal time," Sheil said. "My vision for the Byrd School of Business is as a place where traditional modes of learning and nontraditional experimentation and collaborative development work together seamlessly for the benefit of all."

Sheil's background includes working internationally as the chief spokesperson and director of global communication for a multinational corporation in Helsinki, Finland; 10 years of full-time teaching as a tenured professor at California State University San Bernardino (CSUSB); two years as chairwoman of the accounting and finance department in CSUSB's Brown College of Business and Public Administration; a year as an American Council on Education (ACE) Fellow (2015–16); and a year as interim director of development for the Brown College. In addition, she recently completed a four-month sabbatical at the International Executive Development Center (IEDC) Bled School of Management in Slovenia working on her upcoming book on strategic business communication.

Sheil is the coauthor of "Dynamic Public Relations: the 24/7 PR Cycle" and has published research articles on capital appreciation bonds, tobacco settlement bonds, whole brain technology, social media, and strategies to reach immigrant communities about opportunities in higher education.

"We are delighted to have Dr. Sheil join Shenandoah University and the Byrd School of Business," said Provost Adrienne Bloss, Ph.D. "Dr. Sheil brings a strong academic background as

well as broad industry experience, both in the U.S. and abroad, in strategic communication, pub-

lic relations, project management and human resources. She is also renowned as an outstanding

teacher and a terrific communicator. Dr. Sheil's skills, experience and energy are a terrific fit

for SU, and I am confident that she will position the BSB to be a leader in business education."



## APPLETON CAMPBELL

PLUMBING • HEATING • AIR CONDITIONING • ELECTRICAL

Michael Appleton  
Plumbing Service Manager  
(4th Generation)

Start Out the **NEW YEAR**  
on a **NEW THRONE**

Buy 2 or more TOTO toilets & get **\$35 OFF each!**



appletoncampbell.com



540.347.0765 Warrenton | 540.825.6332 Culpeper  
703.754.3301 Gainesville | 540.645.6229 Fredericksburg

## End of Season SALE

Now - February 28<sup>th</sup>



Mens and  
Ladies shirts  
30% Off



Seasonal  
Sportcoats  
30% Off



Select  
outerwear  
20% Off

HICKEY FREEMAN

All Ties  
30% Off



Y  
N x D  
J

LOS ANGELES



Not Your  
Daughters  
Jeans  
30% Off



Mens and  
Ladies  
Derek Rose  
pajamas and  
robes  
20% Off

DEREK ROSE<sup>®</sup>  
LONDON

Odds and ends 25% Off

Select seasonal items  
from sweaters to scarves,  
hats, and socks



## HIGHCLIFFE

MODERN TAILORS OF TRADITION

112 West Washington St. Middleburg, VA  
540-687-5633 | Highcliffeclothiers.com

~ BE LOCAL ~

MBECC.COM

## NEWS OF NOTE

### STONESPRINGS HOSPITAL CENTER AWARDED HOSPITAL ACCREDITATION FROM THE JOINT COMMISSION

StoneSprings Hospital Center today announced it has earned The Joint Commission's Gold Seal of Approval® for Hospital Accreditation by demonstrating continuous compliance with its performance standards. The Gold Seal of Approval® is a symbol of quality that reflects an organization's commitment to providing safe and effective patient care.

"StoneSprings Hospital Center is pleased to receive accreditation from The Joint Commission, the premier health care quality accrediting body in the nation," said Karen Harris, Vice President of Quality, StoneSprings Hospital Center. "This accreditation demonstrates our dedication to providing the highest quality care in a safe environment for our patients."

StoneSprings Hospital underwent a rigorous, unannounced onsite survey October 17-19, 2018. During the review, a team of Joint Commission surveyors evaluated compliance with hospital standards related to several areas, including emergency management, environment of care,

infection prevention and control, leadership, and medication management. Surveyors also conducted onsite observations and interviews.

"Joint Commission accreditation provides hospitals with the processes needed to improve in a variety of areas from the enhancement of staff education to the improvement of daily business operations," said Mark G. Pelletier, RN, MS, chief operating officer, Division of Accreditation and Certification Operations, The Joint Commission. "In addition, our accreditation helps hospitals enhance their risk management and risk reduction strategies. We commend StoneSprings Hospital Center for its efforts to become a quality improvement organization."

The Joint Commission's hospital standards are developed in consultation with health care experts and providers, measurement experts and patients. The standards are informed by scientific literature and expert consensus to help hospitals measure, assess and improve performance.

**MEATME**  
ETHICAL EATS FOR COMPANION CARNIVORES

**Finally, a pet food that doesn't cost the planet.**

Made from certified organic, Certified Humane®, and non-GMO beef, chicken, turkey, and responsibly raised rabbit from our own farm and partner farms

100% raw, complete and balanced frozen food and dehydrated treats

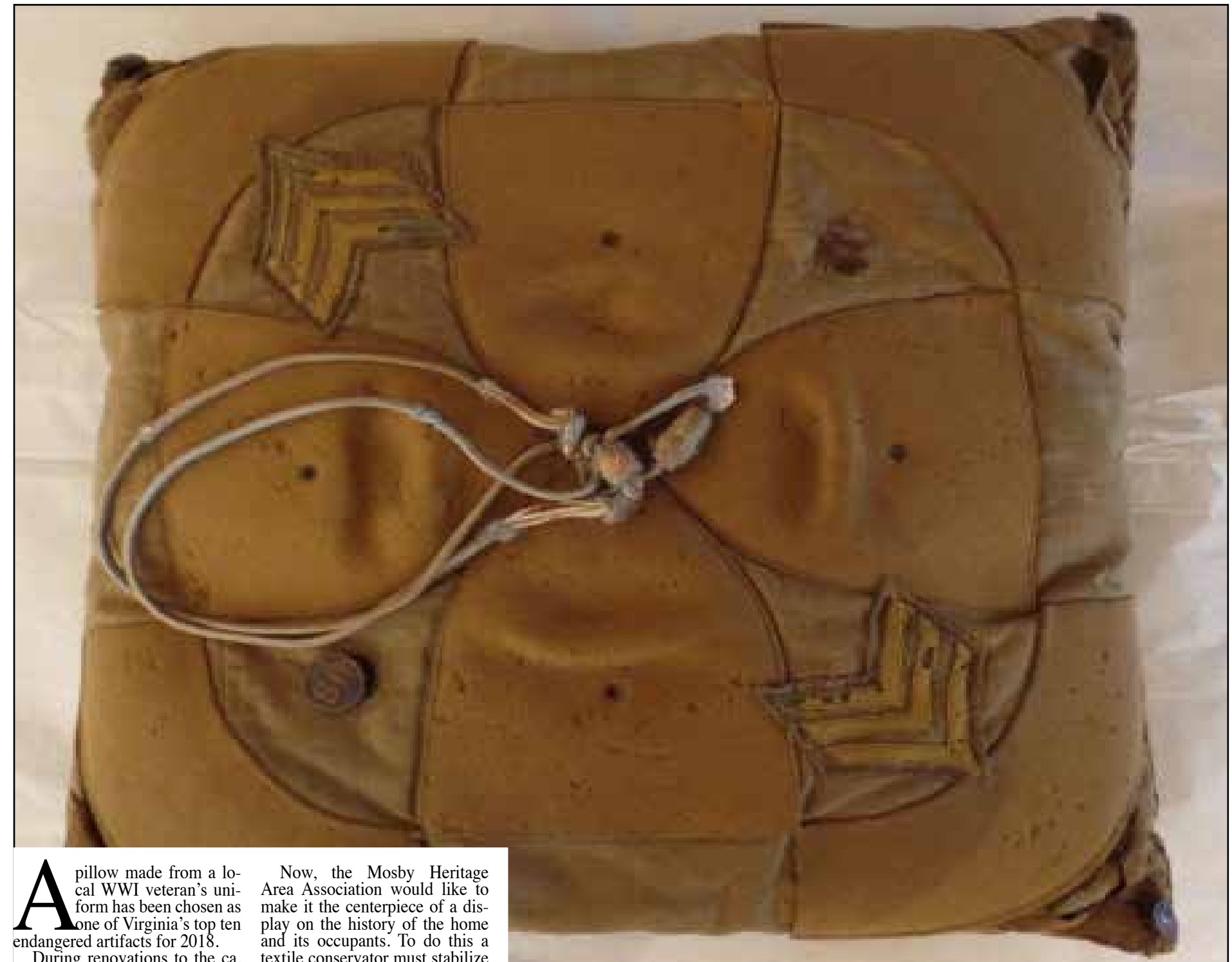
Single source protein formulas with additional vitamins and supplements to enhance the health and happiness of your companions

No grains, fillers or artificial preservatives

Now Available at Gentle Harvest and @MeatMePetFood.com  
We Ship Nationwide!

Gentle Harvest • 8372 W Main Street • Marshall, VA • 540-837-4405

### VIRGINIA ASSOCIATION OF MUSEUMS NAMES MHAA ARTIFACT TO 2018 TOP TEN ENDANGERED LIST



PILLOW MADE FROM THE WWI HAT AND UNIFORM OF MAURICE RECTOR

A pillow made from a local WWI veteran's uniform has been chosen as one of Virginia's top ten endangered artifacts for 2018.

During renovations to the ca. 1800 Rector House in Atoka the staff of the Mosby Heritage Area Association discovered a pillow, clearly stored for years, forgotten, in the home's attic.

The pillowcase was unique, fashioned from uniform and hat fragments dating to the First World War.

The initials "M.B.R." embroidered on the back are no doubt those of Maurice Bryant Rector, who lived in the home for most of his life and operated the nearby Atoka store.

Maurice was drafted in the fall of 1918, and sent to Washington, D.C. to train as an electrician. The war ended before Maurice's training was finished, so he never served overseas.

Sometime after his return to Fauquier County the pillow was put together as a souvenir of his brief military service.

For decades the pillow remained in the attic of the Rector House, now headquarter for the Mosby Heritage Area Association. Happily it suffered minimal light and moth damage.

Now, the Mosby Heritage Area Association would like to make it the centerpiece of a display on the history of the home and its occupants. To do this a textile conservator must stabilize the fragile fabric and create a display case that protects the pillow from further damage.

The MHAA staff consulted a number of WWI historians and military collectors, none of whom had ever seen an item like the Rector pillow.

Virginia Army National Guard Historian Alexander Barnes agreed, calling the pillow "a most unique memento." This rare status helped the pillow secure a spot in the Virginia Association of Museums "Top Ten Endangered Artifacts" list for 2018.

Since 2011 ten artifacts are chosen each year from around the Commonwealth for their cultural and historic significance.

An online poll is conducted and the artifacts with the greatest number of votes win grants to help with their preservation.

This year's poll will run from January 22nd-31st. To vote or to learn more about the Top Ten program please visit <https://www.vamuseums.org/virginiastop-10-endangered-artifacts>

*Thos. Hays & Son Jewelers*



SELLING JEWELRY &  
SILVER CAN BE STRESSFUL.

YOUR TRUST IN ME MAKES  
THE EXPERIENCE  
PROFITABLE AND PLEASANT.

I HAVE BEEN TAKING CARE  
OF CUSTOMERS LIKE YOU  
FOR ALMOST 50 YEARS.

19 South Madison Street • Middleburg • Virginia • 540.687.6997 • [www.ThosHaysJewelers.com](http://www.ThosHaysJewelers.com)

MBECC.COM

~ BE LOCAL ~

# NEWS OF NOTE

## HELP YOUR NEW BFF TO SURVIVE & THRIVE

BEEZEE  
CEO (CANINE EXECUTIVE OFFICER): SMART, FUNNY, WISE RESCUE (ADOPTED 11/2010)

How’s it going with your Christmas puppy or rescue, now that kids are back in school and everyone’s busier than ever?

It helps to remember that dogs, often abused and neglected, can experience further trauma by being uprooted from what we knew as home, which may have been awful or okay, but still it was home and familiar. Lucky are the dogs that stray but end up reunited with their humans. The rest of us live in uncertainty. We don’t know what’s going to happen to us. Most of us want to be good, to be your best friend and faithful companion, but we need time and patience — lots of both.

Here’s France Bognon of Pet-ConnectRescue.org to help you and your new “furbaby” to survive and thrive. Pets need tend-

ing, but we are so worth your time!

FRANCE: Puppies are like infants—they need pretty constant attention. They’re also harder to train because they don’t have the mental capacity to hold the information you can convey to an adult dog. Puppies have tiny bladders so they can’t hold their pee as long; many can’t make it through the night without you getting up to take them outside. They have tiny sharp teeth [capable of great destruction while teething]. Adults rescues come with their own baggage, but they’re generally easier to train, can be expected to stay alone longer (require fewer potty breaks), and don’t cost as much. Puppies need all their shots and to be spayed or neutered. When the dog has been in a foster home, you get a much better sense of their personality than if it’s a puppy. It’s much easier to match an adult dog with the right temperament to your family’s needs. If you’re set on raising a puppy,

the owner needs to be home most of the day for the first several months. The question is whether you can truthfully commit to the time, the finances, and the effort.

BeeZee: Why is crate training important?

FRANCE: The crate becomes the safe space for the puppy or dog, a familiar comfortable safe place to retreat to when they’ve had enough kids, family, other animals, etc. It’s also safer for the family because the puppy or dog can’t get into any real trouble in the crate where they don’t have to be on strict surveillance like when they’re loose. The crate is critical for potty and housetraining if that’s necessary. It’s good for them to feel comfortable in a crate if they ever need to be boarded at the vet for medical care, to travel by car or airplane, or to wait their turn with the dog groomer.

BeeZee: What are the basics of crate training?

FRANCE: The most impor-



tant thing is not to leave them in the crate for too long. Depending on the puppy’s age, anywhere from 1-4 hours maximum (tiny bladders need more frequent potty breaks!) and if adult, 4-5 hours maximum. Never use the crate as a punishment (it will have a negative association for the dog). The crate is like a crib – a training tool that you use in the beginning when the dog is adjusting, when you need it. Eventually, most dogs mature out of the crate and can be left free to roam the house.

BeeZee: How can people make potty-training easier for puppies and rescues?

FRANCE: Consistency. Patience. And a crate. For puppies, it’s a matter of time and being consistent about taking them out frequently and giving them a reward every time they “go” outside. They learn quickly that pottying outside is fun. Be sure to distinguish between the trips outside for potty and those for play. If the puppy gets busy playing outside, it won’t remember to potty until it’s back in the house. It’s important not to let a puppy run loose in the house – always keep them under surveillance or

contained in a crate or pen. Puppies will wander off and have accidents, but you’ll have no way of controlling it, so they’ll think it’s permissible. Most adult dogs have been trained at some point. Treat them like puppies in the beginning and keep them under surveillance in the house, take them out frequently and give them positive reinforcement every time they go potty outside.

BeeZee: The bottom line is that we rescues are worth our weight in gold. France and my human both agree that we know somehow that we have been rescued. I speak for many dogs when I say that we live every day of the rest of our lives grateful to the humans who save us. We mutts tend to be very smart and we’re blessed with hybrid vigor, thanks to a mix of characteristics from different dogs.

FRANCE: It’s important to work with a reputable rescue to help place the right dog in your home. I always say there’s a home for every dog and a dog for every home — it’s matchmaking!

For more information: [www.petconnectrescue.org](http://www.petconnectrescue.org)

## HORSING AROUND...WITH LAUREN R. GIANNINI

LAUREN R. GIANNINI

Welcome to Middleburg Eccentric’s “Horsing Around” with yours truly, a lifelong horse-crazy kid whose motto is Write, Ride—not necessarily in that order. Horses are one of God’s most precious gifts to humankind, along with dogs, of course, carrying us to the pinnacles of joy and to great emotional extremes, accompanied every step of the way by us, their devoted human acolytes...

Among the ups and downs are joyful bits that make every moment of life with these amazing animals worthwhile—no matter what. Even considering the bad patches, we can’t live without horses, can we? We embrace horsekeeping’s endless chores and we’re proud to be more comfortable with muck fork and grooming tools than with mop or vacuum. Riding allows us to experience the beauty and excitement of a unique partnership. Fodder for books that simmer in our brain, but that’s another story.

Horsing Around will share with Eccentric readers what’s so wonderful about Virginia’s “horse country.” Yes, there’s the Saddlery by that very name in Warrenton (we write for that emporium’s publication). We’re into everything horse-y. We love country living and enjoy local everything: steeplechasing, fox-hunting, hunter & jumper shows, eventing, polo, dressage, endurance and much more—English in the majority, but look for profiles of local Western enthusiasts.

Two land trust 501c3s—Glenwood Park and Great Meadow—are spectacular equestrian destinations, unique with their flat and jump racecourses. If you haven’t attended a rural sporting event



at either venue, please just do it. Horsing Around will showcase the horses and ponies, people, traditions, happenings, and even recipes, because we want your experience “In the heart of horse country” to be as delightful as possible. We want you to rave to your friends and, when you return, bring them with you.

‘Chasing and racing and magnificent Thoroughbred horses are exciting spectator sports and, for many, a new world. Horsing Around can help you to “be prepared” from how to dress for the elements to food to how to enjoy the “craic” of placing a bet and cheering “your horse” home.

AAAAND THEY’RE OFF!!!!

Spring’s around the corner although winter-weary horse folks like us suspect that Mother Nature will play some wild cards. Be prepared for March to come in like a lion and roar its way into

April...

Sporting action includes fox-hunting (weather permitting) through most of March, mid-March’s first Hunter Pace Event (so fun!), and Virginia Point-to-points—“community” races, also hunt-sponsored, which often feature horses prepping for National Steeplechase races.

Here’s a favorite “Go To”: CentralEntryOffice.com is a huge database of racing information, maintained and updated regularly by well-known racing announcer Will O’Keefe. The CEO calendar tab makes it easy to find out what’s happening where and when. Hunter Pace events begin on March 10. Warrenton Hunt kicks off the Virginia Point-to-point season on March 16—wear green to honor St. Patrick. There’s hunt and sanctioned racing every weekend, often both days. Middleburg Spring Races run on April 4 at Glenwood Park. The Virginia Gold Cup races at Great Meadow occur the first Saturday in May with parimutuel wagering and live broadcast of

the Kentucky Derby.

What To Wear: be prepared for extremes in weather, and laying-ering works best.

Business casual always works, and rural styles add practicality to sophisticated levels of sartorial splendor. Plan on waterproof and warm outer layers, several light inner layers in case the weather goes extremely warm or cold or wet. Extra socks. Waterproof boots that protect you from puddles, mousse-like mud, snow. Gloves, scarves or neck warmers; umbrellas come in handy for snow, not just rain. Hats—cover your head or risk losing 50 percent of your body heat if exposed to the elements. Just be prepared.

Food and Drink: your tailgate picnic, how fancy or casual, is up to you. Some people like to do everything by themselves, but it’s nice to be asked to contribute something to the repast. Hosting? Keep a list (horse people like checklists) of who and what: bouillon and coffee, wings, ribs, fried chicken, various salads, deviled eggs, brownies—every-

one has a favorite dish to share.

A day in the country is a celebration of the equestrian culture and the heritage of sporting traditions, deeply rooted and woven into the history of Virginia. Open country continues to shrink so that open tracts like Glenwood Park and Great Meadow are absolutely priceless treasures that must be protected by your ongoing support. Hark please! We are the big winners. We get to enjoy these amazing spaces where there’s room for lots of Horsing Around.

- For more information:
1. CentralEntryOffice.com
  2. Nationalsteeplechase.com — governing body for sanctioned steeplechase racing in the U.S.
  3. <https://thisishorseracing.com> — Clancy family affair with roots in Middleburg.
  4. [www.VAGoldCup.com](http://www.VAGoldCup.com)
  5. [www.MiddleburgSpringRaces.com](http://www.MiddleburgSpringRaces.com)
  6. [visitmiddleburgva.com](http://visitmiddleburgva.com)
  7. [www.greatmeadow.org](http://www.greatmeadow.org)

Clara Gerdes

Organist

“A prodigy of absolutely incredible talent”

First Place:  
Albert Schweitzer  
AGO-Quimby Regional  
UNCSA School of Arts  
Organ Competitions

Friday, March 22, 2019  
7:30 pm  
Trinity Episcopal Church  
9108 John Mosby Hwy, Upperville, Va.

Suggested Donation: \$10  
Sponsored by the Winchester AGO & Trinity Church  
For more information: 540-592-3343

5th-year student at the  
Curtis Institute

LOCALLY SOURCED  
FOR THE  
PASSIONATE PALATE

MARKET  
SALAMANDER  
A SALAMANDER RESORT & SPA RESTAURANT

Indulge in delicious meals to-go this holiday season.

844.464.1949 | [marketsalamander.com](http://marketsalamander.com)  
Steps from Salamander in the heart of Middleburg, VA.

Salamander Hotels & Resorts – Now this is luxury.

Get the Biz Buzz!

The Middleburg Business and Professional Association invites you to our February Mixer

Tuesday, February 12  
5:30-7:30 p.m.

Hosted by  
The Hill School  
130 South Madison Street

We’ll have a 10-minute Biz Buzz  
Non-members will be charged \$10.00.

Please RSVP by email to:  
[info@visitmiddleburgva.com](mailto:info@visitmiddleburgva.com)

MBECC.COM

~ BE LOCAL ~

2.55%

APY\*

BIG

NUMBER.

BIG

SAVINGS.

SPECIAL OFFER

ON A NEW ADJUSTABLE  
MONEY MARKET ACCOUNT

Now for a limited time, we're offering **2.55% APY\*** when you open a **new adjustable money market account** with a new deposit of \$250,000 or more.\*\*

- Access to your money at any time
- Unlimited deposits and ATM withdrawals
- Up to 6 additional transactions per statement cycle
- Earn a higher interest rate than most money market accounts
- Rate accurate as of 01/17/19 and subject to change

Learn more at [sonabank.com](http://sonabank.com)  
or call us at **888.464.BANK** (2265)

\*New accounts only. APY = Annual Percentage Yield. The advertised APY is effective 01/17/19 and subject to change thereafter. Earn 2.55% APY on balances of \$250,000 and above. Transfers from existing accounts do not qualify. The minimum to open the Money Market is \$50,000. Fees may reduce earnings. Offer is subject to change without notice and may be withdrawn at any time.

\*\*For accounts over \$5,000,000 please contact your local Sonabank branch.

MEMBER  
FDIC



MEET OUR TEAM: Natalie Lacaze, Branch Manager, Kate Ryan, Leslie Cabral Chavez and David Kuecks

SONA

BANK

BIG BELIEVERS IN YOU

NEWS OF NOTE

IT'S ALL ABOUT LOVE!



**N**eed a nudge to get in the spirit of St. Valentine's Day? On Sunday February 10th the At The Parish House performance series of Middleburg's Emmanuel Church will offer love songs old and new to warm our hearts. Versatile soprano Aani Bourassa will perform a mix of love songs from her classical repertoire (Schubert, Strauss, Barber and Mozart), as well as show tune and modern favorites including My Funny Valentine, I'll Be Seeing You, and If I Loved You from Camelot.

Both a talented singer and actress, Ms. Bourassa has been

praised for her emotional depth and "brilliant, yet sparkling high notes." Equally comfortable in recital and concert settings, she regularly performs numerous solos including pieces from Beethoven's Symphony No. 9, Bach's Magnificat, Viv-

aldi's Gloria, Schubert's Mass in G, and Handel's Saul. Her opera repertoire includes arias from Don Giovanni, Cleopatra, Così fan tutte, and Romeo et Juliette.

The concert is Sunday, Feb-

ruary 10 at 3 p.m. at Emmanuel Episcopal Church's Parish House, 105 East Washington St. in Middleburg. Reservations are recommended but not required (540-687-6297). A donation of \$10 is suggested but not required; all are welcome.

EXCEPTIONAL RENTALS

• 3 Bedroom, 2 Bath House ~ Move In Ready!

Also Separately

• 1 Bedroom, 1 Bath Apartment Very Clean!

Both Located in The Piedmont Hunt

GREAT AFFORDABLE RENT IN THE MIDDLE OF EVERYTHING

All on a beautiful, gated, safe, quiet  
Middleburg Farm with Blue Ridge views.

Call (301) 514-8114

Thos. Hays & Son Jewelers

The Finest Watch and Clock Repair in Northern Virginia



19 South Madison Street • Middleburg • Virginia • 540.687.6997 • [www.ThosHaysJewelers.com](http://www.ThosHaysJewelers.com)

# NEWS OF NOTE

## A NEW YEAR AT SONA BANK



A new year! And we don't forget our old acquaintances and old friends. Reflecting on this new year, Natalie Lacaze, Branch Manager, and myself, Linda Sandridge, realize that Sonabank is the last of the locally managed banks in Middleburg. Natalie has been in Middleburg for about 25 years and I have been here since 1987. I live here in the village and Natalie lives within 5 miles. We both feel so lucky to live and work here in Middleburg. Our Executive Chairman, Georgia Derrico and our Executive Vice chairman, Rod Porter, bought Marblehead Farm in The Plains in 1982 and it has been their primary residence ever since. They are breeding racehorses again. There is no other bank where the management has so much connection with a town. We usually know everyone's name and if we don't know your name, we certainly know your dog's name. And we feel like our customers, our old acquaintances, are like family. Happy new year!



Check Out Many Ways to Commute & Save: [www.loudoun.gov/commute](http://www.loudoun.gov/commute)

**LOCAL BUS**

- + Weekday and limited Saturday service from Purcellville through Leesburg and Eastern Loudoun County
- + Equipped with wheelchair lifts and bike racks

**COMMUTER BUS**

- + Comfortable, stress-free ride to work on coach-style buses
- + Board at park and ride lots to Rosslyn, Crystal City, the Pentagon and Washington, D.C.

**METRO**

- + Connections to the Silver & Orange Lines on LC Transit

**CARPOOL**

- + Shared rides with commuters who live and work near each other
- + Split travel costs with fellow carpoolers
- + Read, sleep or work as a passenger

**VANPOOL**

- + Arranged among groups of commuters traveling 15 or more miles to work
- + Split costs and lease of commuter vehicle

**Loudoun County Commuter Services**

Travel Options > Information > Advice > Solutions

## GRACE CHURCH CONCERT SERIES FOR MARCH



On Sunday, March 10, 2019, the Grace Church Concert Series in The Plains, VA features acclaimed violinist Ari Isaacman-Beck and pianist Qing Jiang in a program titled Americana. The performance will include George Gershwin's Preludes, Charles Ives' Second Sonata for Violin and Piano, and Maurice Ravel's Sonata in G Major for Violin and Piano. Violinist Ari Isaacman-Beck, originally from Minneapolis, is a Boston-based classical violinist whose playing has been praised for its "impressive, masterful finesse," along with an "enormous soul and a big, vibrant sound." Equally at home as a solo violinist or chamber musician, he has performed across North America, Europe, and Asia in such venues as the Concertgebouw in Amsterdam, the Tonhalle in Zürich, Jordan Hall in Boston, the Kennedy Center in Washington, DC, and Carnegie Hall in New York City. A passionate educator as well, Isaacman-Beck has served on the faculties of the Yellow Barn Young Artists Program, New England Conservatory, and Junior Greenwood Music Camp. He has given masterclasses at the Eastman School of Music, Oberlin Conservatory of Music, and the University of Hawaii, Mānoa. The performance will be at 5 p.m. at Grace Episcopal Church, 6507 Main Street, The Plains, VA 20198. A catered reception with the artists will follow in the parish hall. Tickets are \$25 – Student tickets are \$15 – Youth under 18 are admitted free, but must be accompanied by an adult. Additional information and tickets are available online at [www.gracetheplains.org](http://www.gracetheplains.org) or by calling the church office at (540) 253-5177, ext. 107.

Did you ever wonder if someone might be interested in your life's story?

That your family, friends, even people you did not know might find something in various stages of your life that they could relate to and benefit from in their own life experience?

### NextLifeMemoirs

[www.NextLifeMemoirs.life](http://www.NextLifeMemoirs.life)

*Self Written -- On Line*



J.R. SNIDER, LTD.

### WHAT MAKES US DIFFERENT?

**RESPONSIVENESS**

We always take your call, and we arrive when we say we will

**COMPETITIVE PRICING**

We offer upfront estimates so you can make informed decisions.

**PROFESSIONALISM**

You can always feel comfortable allowing our plumbers into your home. They are trained to be friendly, honest, and helpful.

**RESPECTFUL**

We treat your home with respect and leave it as we found it.

**COMMITMENT**

JR Snider has been serving the NOVA region for more than 30 years.

**100% SATISFACTION**

We want our clients to be completely satisfied with the work we do. If you are not, we will do whatever it takes to correct the problem.

### SOME OF OUR SERVICES

**WATER TREATMENT** • **WELL PUMP SERVICE**  
**DRAIN CLEANING** • **VIDEO SEWER**  
• **SEPTIC EVALUATION**

**10% OFF ALL SERVICES AND FOR SENIOR CITIZENS, TEACHERS, VETERANS AND FIRST RESPONDERS.**

### OUR CORE VALUES

**TRUST** • **RESPECT** • **UNDERSTANDING**  
**CREDIBILITY** • **KINDNESS** • **HUMOR**



## J. R. SNIDER, Ltd.

PROFESSIONAL PLUMBING SERVICES

*If water runs through it, we do it!*

540.687.5232 703.771.3308 [JRSNIDER.COM](http://JRSNIDER.COM)

# NEWS OF NOTE

## GREAT MEADOW’S UNDER-40 BOARD

CONTINUED FROM PAGE 1



GREAT MEADOW, GLEAMING GOLDEN AT DAWN, A PARADISE FOR HORSE SPORTS, OUTDOOR EVENTS, ARTISTS AND PHOTOGRAPHERS -- AND SO MUCH MORE. PHOTO COURTESY OF THE GREAT MEADOW FOUNDATION

At The Parish House

# It's All About Love!

Sunday, February 10 at 3 p.m.

Soprano  
*Aani Bourassa*  
Love songs old & new to warm your heart

Reserve a seat. Call 540-687-6297.  
\$10 suggested donation. Refreshments served.

Emmanuel Church Parish House  
105 E. Washington St. • Middleburg

taking. It can accommodate 50,000 visitors on a single day. The annual key horse events are the Virginia Gold Cup and International Gold Cup, two immensely popular sanctioned National Steeplechase race meets. If you haven't been to a Gold Cup yet, you're missing topnotch racing and a great day in the country. The July 4th Celebration is the third huge spectator event.

Great Meadow relies on the community's generosity to maintain the entire 380-acre outdoor events facility and to run events. The U-40 Board's task is to bring in the next generation of supporters to ensure The Foundation's future. The big project is The Meadow Club although others are in the works.

Chambers, Drinkwater, and Magennis Wyatt mapped out exactly how the Meadow Club would work. The U-40 Chair and Co-Chair came up with the content and provisions for their Under-45 members. They plan to build a network of like-minded young professionals, under-45, in the DC-Maryland-Virginia (DMV) community through social, fundraising, and volunteer opportunities. The U-40 Board gets to plan special parties for the Meadow Club.

Members sign up for the "Meadow Club" by paying an annual subscription that includes three exclusive parties at the Virginia Gold Cup, International Gold Cup, and the 4th of July celebration—all held at The Great Meadow Foundation. Individual membership costs \$1,000, and couples join for \$1,500; members can invite guests, but each one pays per event. The result: you're in a

posh tent on Members Hill, resplendent with hospitality, catering, bar, gorgeous horses running and jumping on hallowed ground made great by past Gold Cup champions—a special event in a beautiful place.

"Great Meadow is for friends of all ages," said Robert L. Banner, President of the Great Meadow Foundation. "U-40 gives younger members an opportunity to support at the level they can afford. I want everyone to feel like they've had a hand in the success of The Foundation. That way, we can look forward to a bright future for Great Meadow as new generations get involved."

It's so simple: tap into young professionals with their thumbs that dance on virtual keyboards and turn them loose. Areas of expertise include Private Equity, Finance and Banking, Conservation, IT, Technology, and equestrian professional riders and trainers involved in foxhunting, racing, eventing, hunter-jumper showing, etc. With backgrounds from urban to rural, with or without horses, they all have a great affinity for Great Meadow and what it represents.

Chambers recalled loving Great Meadow from the first time he competed there many years ago as a junior in 3-Day Eventing. He went on to earn two gold medals, individual and team, as a Young Rider, then turned professional, competing at the upper levels and winning three national championships. About five years ago, Nate was the Director of Development at Great Meadow. Today, he runs CS Holdings, the DC-based private equity firm he started several years

ago. He's totally into his work on the U-40 Board.

"Great Meadow is a non-profit with small office staff," Chambers said. "We want the

U40 to be independent, financially and time-wise, because we don't want to burden the Foundation. We're looking to give to Great Meadow, not

take any of their resources. That's why Meadow Club is being entirely run by the U-40 Board and the only funds we'll use for our activities will be funds we raise. We're going to bring in more people from all different areas and expand our reach even as we retain the involvement of the extensive community of people who have been so supportive of Great Meadow through the years."

Great Meadow's perfect for sporting competitions, Twilight Polo, grass polo, Twilight Jumpers, eventing, rocketry, Fourth of July, and steeplechasing. But it's also a working classroom for land conservation and the perpetuation of outdoor activities and traditions that are part of Virginia's unique heritage. It's a community treasure with a focus on its family-friendly atmosphere.

"We're from all different backgrounds and we're all volunteers," Chambers said. "We're all doing this because we love Great Meadow."

Ana-Elisa (Isa) Bryant, an eventer who tries to get out foxhunting at least once every season, stated, "There are

no other facilities like Great Meadow, especially so close to DC, and it provides such a wide range of events and an escape from the city life. I currently work for the Land Trust of Virginia so land conservation is close to my heart and it's exciting for me to help a property that's protected by a Conservation Easement bring so much value to a larger community. I'm excited to be part of the process of growth for The Foundation."

For several years, Sarah Mars Bowie has been on the planning committee for the University Row tents, which brings more than 1500 alumni to the Virginia Gold Cup each May. "I personally enjoy the social aspects, tailgates, and picnics that are associated with many of the events held at Great Meadow," she said. "Every time I visit Great Meadow I leave feeling recharged."

Andrew Richards was a kid when his family moved from Arlington and embraced country living on their farm in Delaplane. He grew up riding and showed jumpers under the tutelage of Joe Fargis. He also enjoys polo. "I attend Gold Cup with my family every

year. I have competed in the equine events on the grounds at Great Meadow, including Twilight Polo and Twilight Jumpers. I have celebrated Fourth of July at Great Meadow many times, too. This is a place I hope to share with my own family one day."

Markus Malmgren grew up on a horse farm in Warrenton. His parents took him to Gold Cup and Twilight Polo before he could walk. "In 24 years I missed only two Gold Cups, once for my sisters' confirmation and once for Homecoming at the University of Mary Washington," he said. "When I started pursuing internships while at UMW, Great Meadow was the first place I thought of. I wanted to give back to the place that gave me so many great memories growing up. Now that I have the privilege of serving on the U-40 Board, I can help to ensure that future generations can continue making memories at Great Meadow."

Be more than a visitor. Become a Friend of Great Meadow.

For more information: [GreatMeadow.org](http://GreatMeadow.org)

# RANCHER, FARMER, FISHERMAN

FRIDAY, FEBRUARY 22, 2019  
5:30 p.m. Reception; 6:00-7:30 p.m. Film

THE HILL SCHOOL PERFORMING ARTS CENTER  
130 South Madison Street, Middleburg, VA

THIS EVENT IS FREE to the Public (Pre-registration is encouraged)  
Register online at [www.landtrustva.org](http://www.landtrustva.org) or contact Kerry Roza at [kerry@landtrustva.org](mailto:kerry@landtrustva.org) or (540)687-8441

*Narrated by award-winning journalist Tom Brokaw, this film premiered at the 2017 Sundance Film Festival and debuted on the Discovery Channel in August 2017.*

The Goose Creek Association and the Land Trust of Virginia bring you: *Rancher, Farmer, Fisherman*, the acclaimed film based on the book by William Horn of the Environmental Defense Fund. Three rugged individualists explore how to preserve their way of life by stewarding the land and water on which we all depend. These conservation heroes learn to use the tools and methods created by law, academics, environmental groups, and their fellow outdoorsmen to forge alliances and continue to feed the world while enhancing the environment.

Rancher Dusty Cray builds a conservation easement alliance to protect the Rocky Mountain Front that his ranch depends on; farmer Justin Kroff rebuilds the fertility biodiversity and resilience of his soil in the Kansas heartland, and fisherman Wayne Warner lobbies to establish reasonable fishing quotas that restock the Gulf.

This film is brought to you by:

# Shakespeare in the 'Burg



Presents

## Twelfth Night April 5-7, 2019

Staged Readings of Our Winning Plays, with Champagne Brunch  
Workshops ... and more

All performances at The Hill School  
130 South Madison St. Middleburg, VA

[www.shakespeareintheburg.com](http://www.shakespeareintheburg.com)

## NEWS OF NOTE

### ACCLAIMED BASSIST TO PERFORM AT BENEFIT CONCERT PRESENTED BY THE COMMUNITY MUSIC SCHOOL OF THE PIEDMONT 12TH ANNUAL CANDLELIGHT CONCERT BASS, BACH & BEYOND



The Community Music School of the Piedmont (CMSP) announced today that acclaimed bassist, Donovan Stokes, will perform at the school's 12th annual Candlelight Concert Fundraiser on Sunday, February 10th at Barton Oaks in The Plains, Virginia.

Described as a musician who "paints primary colors and subtle shades to considerable effect," double bassist Donovan Stokes is noted for his "eye-popping display of technical wizardry and showmanship." As a composer, he has enjoyed a variety of commissions featuring the double bass and recently premiered his second Concerto for Dou-

ble Bass in San Francisco, CA. Currently a Full Professor at Shenandoah University Conservatory, where he teaches and acts as String Chair, Dr. Stokes is also a Board Member for the International Society of Bassists, and Artistic Director of the Bass Coalition and their Annual Bass Workshop.

Doors for the Candlelight Concert will open at 5pm and the concert will begin at 5:30 in the stunning ballroom at Barton Oaks, located at 2750 Landmark School Road. Beforehand, patrons will be able to enjoy a glass of wine while viewing a stunning selection of orchid arrangements available for purchase just in time for Valentine's Day to benefit CMSP. Concert tickets are \$125 and are available online at [www.piedmontmusic.org](http://www.piedmontmusic.org) or by phone at 540-592-3040. Seating is limited. A reception with the artist will follow the concert.

CMSP Executive Director, Mrs. Martha Cotter, noted, "We are thrilled to have Dr. Stokes join us for the most special evening of our year. This concert and the support of our patrons brings world-class music to the local community, and raises critically needed scholarship and outreach funds to preserve and expand music education in the Northern Piedmont area".

"eye-popping display of technical  
wizardry and showmanship"

—Madison Jazz

Sunday Feb 10, 2019, 5:30 pm

12th Annual Candlelight Concert Fundraiser

*Donovan Stokes*



*Bass, Bach & Beyond*

**Dr. Donovan Stokes, Double Bass**

With Special Guest

Kevin Johnson, Double Bass

The Ballroom at Barton Oaks  
2750 Landmark School Road  
The Plains, VA

Tickets \$125

For tickets and information: [piedmontmusic.org](http://piedmontmusic.org) or 540.592.3040

 The Community Music School of the Piedmont

"new business packet" designed to provide business people interested in Middleburg the key information and materials needed to get started on locating here.

#### New Town Website

Town Clerk Rhonda North, who is also serving as the Project Leader for development of a new website for the Town, reported steady progress. Most of December, she noted, was spent completing forms for the Town's subcontractor on the Project, CivicPlus, and "identifying the information they need to assist in their development of a preliminary design"

#### Police

Police Chief A. J. Panebianco praised his officers for their performance during December, which he described, frankly, as a "rough month" complicated by major events, holidays, vacations, and illnesses.

The department's two felony arrests, the Chief reported, were related to Fentanyl, an often-abused opioid pain medication. By spring, he said, Middleburg's police officers will complete training in the use of NARCAN, a nasal spray variant of the drug naloxone. The drug has been credited with saving the lives of many overdose victims by blocking opioid receptors and preventing the slowing down of both breathing and heart rates to the point of death.

#### Historic Structures and Building Maintenance

One of the keys to maintaining the unique "look and feel" of Middleburg is the set of ordi-

nances governing the "Maintenance of Historic Structures."

On January 10 Council both clarified and expanded the rules governing historic structures by repealing Article XVII, Part I, Section 245a of the Middleburg Zoning Ordinance.

According to Town Planner and Zoning Administrator Will Moore an ordinance adopted by Council on July 12, 2018, expanded the Town's ability to set rules governing the maintenance of structures throughout the town. That meant that rules protecting historic structures INSIDE the town's formal "historic district" could now be applied to historic structures EVERYWHERE in town.

Formally repealing the old ordinance also eliminated duplicative regulations and made clear precisely which laws applied to issues governing the removal, repair, and other maintenance issues under the Town's authority to protect "public health, safety, and welfare."

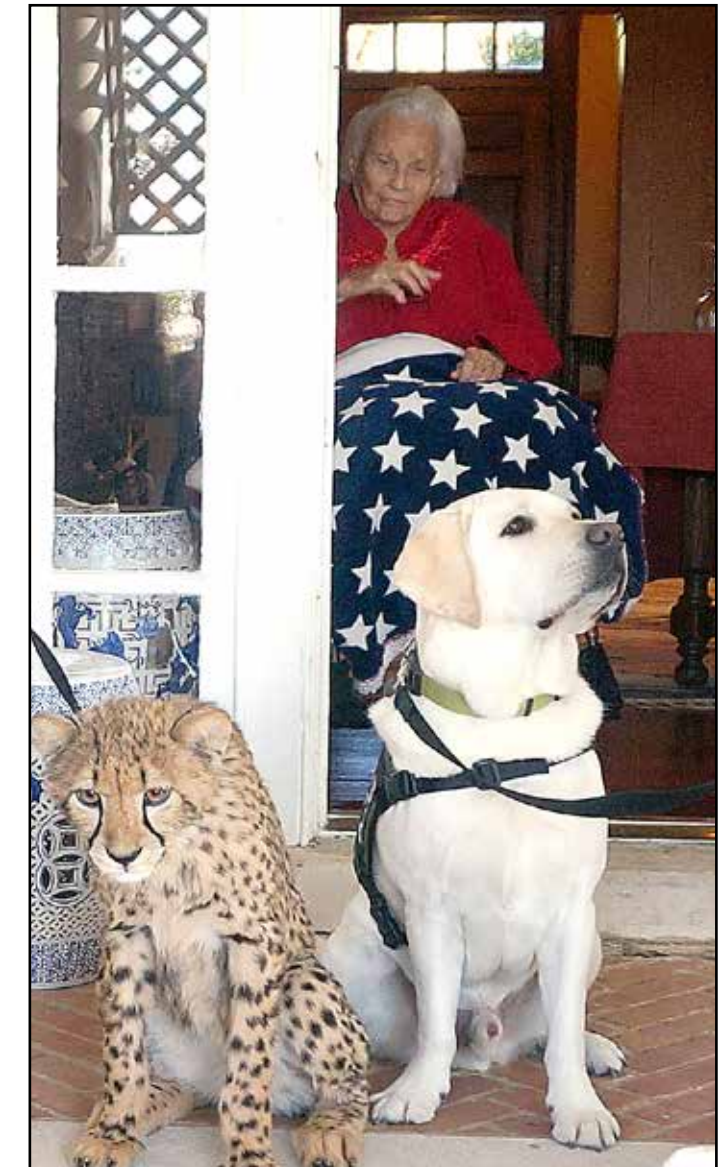
#### Water Treatment

Imboden Environmental Services reported Well #3's 17-year-old pump had been "out" for several days, requiring replacement of some pipe and repair of the pump. The well remained unavailable for use for several days thereafter while the Town waited for required new tests for bacteriological contamination to clear. The cost of the pipe required for the repair, Imboden reported, has risen from roughly \$500 to roughly \$1,200 due to the impact of new national tariff policies.

## PLACES & FACES

MAGGIE BRYANT AND LOCUST HILL FARM  
HOST THE CHEETAH CONSERVATION FUND WITH THEIR  
AMBASSADOR CHEETAH AND COMPANION DOG

PHOTOS BY TERESA RAMSAY



MICHAEL & KAREN CRANE AND DR. LAURIE MARKLE

WWW.CHEETAH.ORG

*Please join us for ...*  
**MIDDLEBURG'S 8<sup>TH</sup> ANNUAL  
ULTIMATE**



**Winter  
Weekend  
SALE**

**FEBRUARY 15, 16 & 17, 2019**

**PRESIDENTS WEEK-END**

**FRIDAY & SATURDAY 10 A.M - 5 P.M. SUNDAY - HOURS AS POSTED BY SHOPS**  
**LOOK FOR THE WINTER WHITE & BLUE BALLOONS**  
**AT PARTICIPATING BUSINESSES**

**CHECK OUR FACEBOOK PAGE VISIT MIDDLEBURG FOR UPDATES**  
**[HTTPS://WWW.FACEBOOK.COM/MIDDLEBURGBUSINESS](https://www.facebook.com/middleburgbusiness)**

Sponsored by: The Middleburg Business & Professional Association and The Town of Middleburg  
MBECC.COM

# PLACES & FACES

## MARTHA SEMMES RETIREMENT

PHOTOS BY DEE DEE HUBBARD

### Happy Retirement Martha!

Friends of newly retired Middleburg Town Administrator Martha Mason Semmes filled the fellowship hall of Emmanuel Episcopal Church on Tuesday, January 15, for an international-travel-themed “official” going away party. Semmes had served Middleburg as Town Planner and Zoning Administrator from 1995 to 2003. She returned in 2010 and served another eight years as Town

Administrator. Mayors Littleton and Davis repeated their thanks, high praise and affection for Semmes. Her successor, Danny Davis, thanked her for making his transition into his new post as smooth and easy as anyone could ever expect. Semmes will, she said, never really “retire.” She is and has always been an active volunteer for non-profits. At least one of the local towns has sought her help officially. And, true to the theme of her party, she hopes at last, and soon, to travel.



# PLACES & FACES

## VIRGINIA HORSE SHOWS ASSOCIATION

HALL OF FAME & AWARDS, THE HOMESTEAD, HOT SPRINGS, VA, PHOTOS BY TERESA RAMSAY



2018 HALL OF FAME GROUP



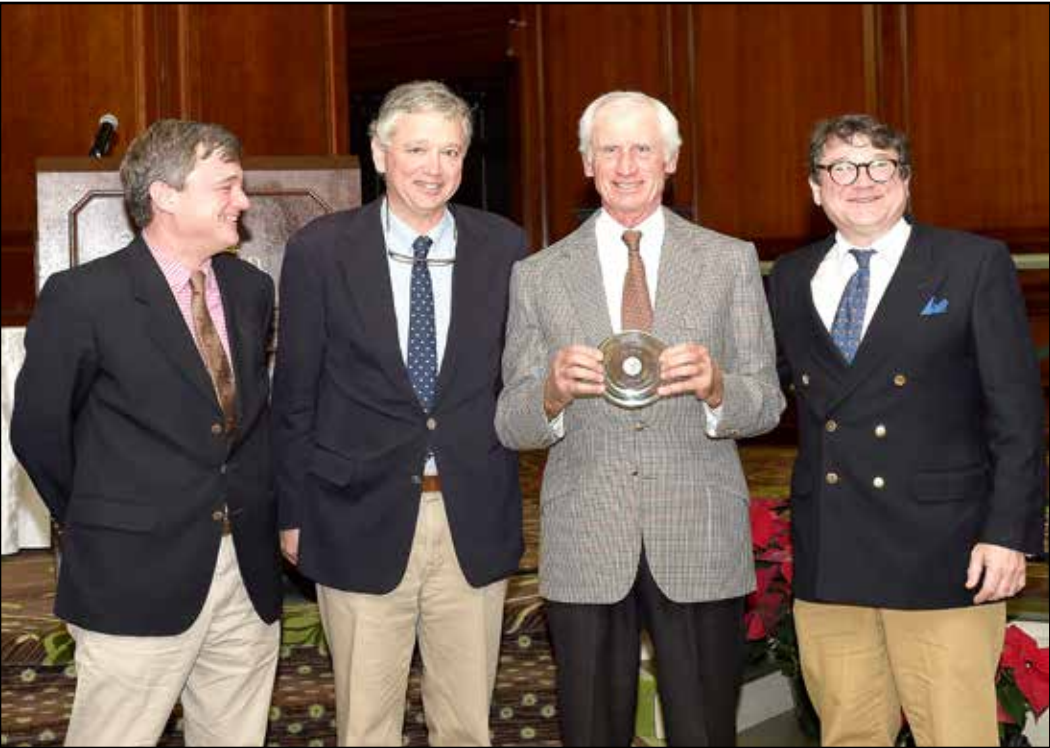
OLIVER AND JOAN BROWN



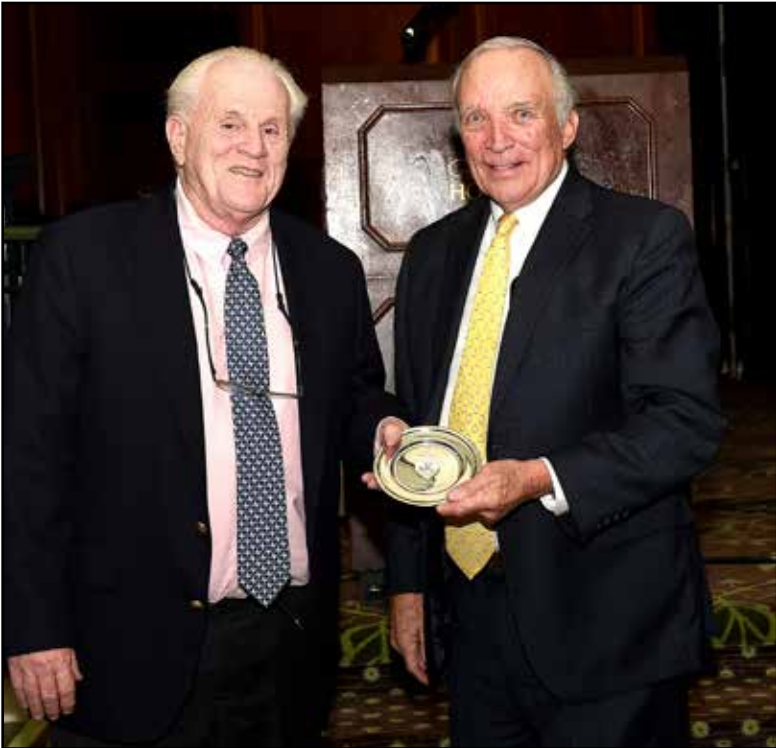
PEGGY SEALS ACCEPTING HALL OF FAME AWARD



JOE FARGIS



MR. JOE FARGIS INDUCTING THE HALL OF FAME AWARD HUGH WILEY. THE WILEY FAMILY ACCEPTING.



MR. RODNEY JENKINS ACCEPTS HALL OF FAME AWARD ON BEHALF OF PEGGY STEINMAN'S HORSE "NOT ALWAYS".



BETTY OARE AND KAREN CLIFTON



WENDY MATTHEWS RECIEVING THE ANDREW MONTGOMERY AWARD.



CHRIS WYNN PRESENTS HALL OF FAME AWARD TO PAM BAKER.



ERIC DIRKS AND JOAN SIMPSON.



GORDON REISTRUP AND NANCY PETERSON PRESENT DIANA DODGE WITH THE HORSE PERSON OF THE YEAR AWARD.



KEITH CUP, DIANA DOGE AND NANCY PETERSON.



MEG RHODES, RODNEY JENKINS AND TERESA RAMSAY



PAU; & WEMDY MATTHEWS. JOE FARGIS AND RODNEY JENKINS.

# PLACES & FACES

## A SNOWY OWL FINDS A HOME AT WILDLIFE VETERINARY CARE

STORY AND PHOTOS BY NANCY MILBURN KLECK

On a cold, blustery afternoon, Dr. Belinda Burwell, director and founder of Wildlife Veterinary Care in Clarke County, gave me a tour of the facility and introduced me to some of the patients, one being a special new addition, Frosty, the snowy owl.

"A year ago he was spotted standing on the ground, not moving, by the workers at the Rubbermaid Plant in Winchester" she explained, and "was brought to WVC by Animal Control." Of the many owls she treats, I asked, "why is this one special?"

"We very rarely see snowy owls here in Virginia – usually once every 4-5 years, one or two will be seen in the area because there is an irruption (a naturally occurring heavy migration) of snowy owls from the arctic tundra." After a successful summer nesting season, the abundance of owlets, due to good weather and plentiful prey, causes some of them to migrate further south looking for food.

Nomadic in nature, snowy

owls have been seen as far south as Florida and Bermuda and as far west as Colorado and beyond. Owlets are born with a brown spot pattern; males lose them as they mature while females keep the pattern and grow larger than males. It was determined this owl was a male.

As we approached this normally shy beauty in his temporary enclosure, we could hear him hissing, a sound like gahw. He was eating well she said, and quite alert. His bright yellow eyes glowed in the sun. Owls have binocular vision, fixed eye sockets, and can rotate their heads up to 270° but he was very focused on us. Getting use to humans and being handled is part of his rehabilitation.

Farsighted, snowy owls are unable to see anything within a few centimeters of their eyes, but caught prey is "felt" by the hairlike feathers acting as feelers on the beak and feet. Their vision is exceptional in day or evening, and perfectly adapted to the never-ending days of Arctic light. Even more acute

than their sight is their hearing. The stiff feathers around the eyes reflect sound waves to its ear openings. This ability allows them to locate prey several feet under snowdrifts. The serrated edges along the wing line make them virtually without sound as they soar looking for prey.

"He was very thin and had an infected open fracture in his wing, and near death." Parasites and a trichomonas infection in his throat complicated his chances of returning to the wild, but he survived the initial surgery. As he got stronger, he pulled the pins out of his wing that were stabilizing his fracture but after 10 weeks of another surgery and post-op care, amputation of lower part of the wing was performed.

"We decided we would keep him for our education programs if he could handle living outside in a hot Virginia summer. This past summer we set him up in an outside cage with a child's kiddie pool and found that he did well in spite of the heat and humidity." In time, Frosty will join Owlbert, a short-eared owl,

Hootie the screech owl, Hoodini, a barred owl and former escape artist, and Gandolph, a great horned owl in WVC's education programs. Dr. Burwell grinned, "We named him Frosty because he looks like a snowman, and he has a bit of a frosty personality."

We moved to the barn where there was an American bald eagle recovering from a wing injury. "He was found by men working on a train track and is doing very well now" she said. Imposing and majestic, just feet away from this very quiet and stoic raptor, I could have stayed all day. Because lead poisoning is a serious problem affecting eagles, WVC has its own blood lead testing machine to quickly test and treat for toxicity which can make the difference between life and death.

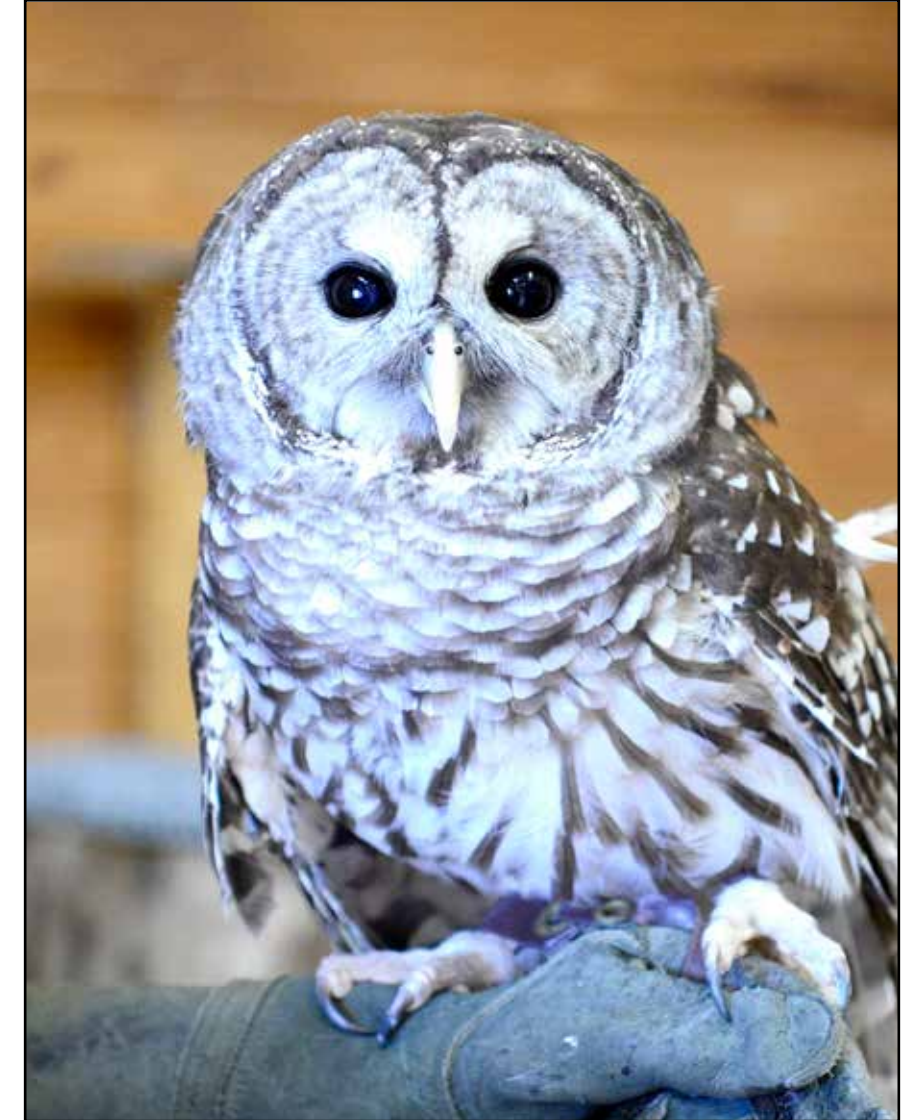
On the other end of the size spectrum, Dr. Burwell brought out an adorable saw-whet owl, the smallest owl known to live in Virginia, and one of the most rarely seen. Beloved for their "cat like" face. He's recovering nicely from a head injury and will be released when

he's given the "OK to fly." As time had come to start the afternoon feeding, I got one last photograph of the eagle and said goodbye to Frosty. No longer hissing, he seemed content standing in the sun, waiting for Dr. Burwell and his mice.

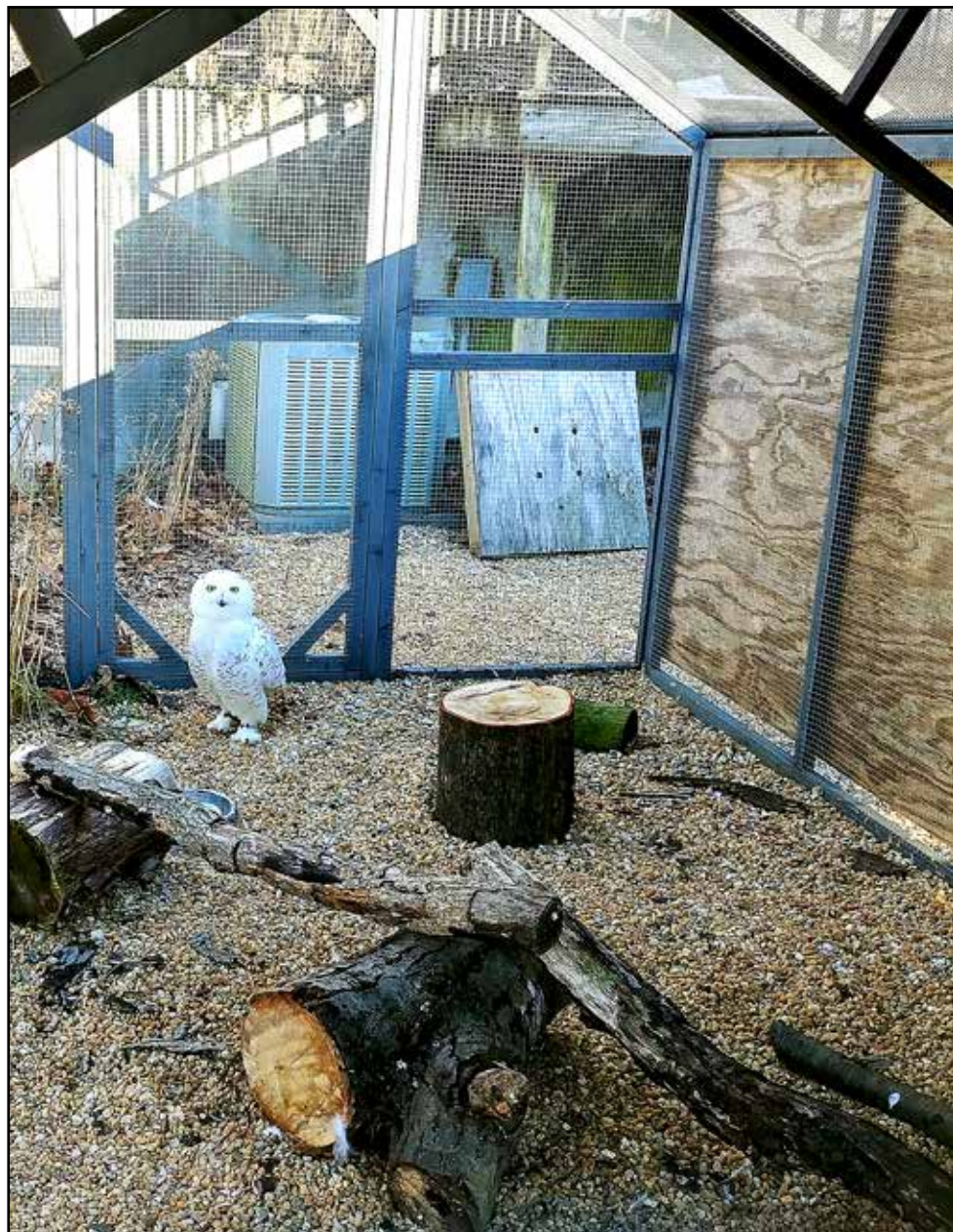
Wildlife Veterinary Care is a 501(c)3 charity. Its 14 active volunteers assist Dr. Burwell in every facet of the operation from transporting animals and soliciting donations of food and supplies to helping feed and clean up after the animals. Many of her patients are from other wildlife rehabilitators and wildlife centers sent to Dr. Burwell for special surgeries on their eyes and limbs. Visit [www.wildlifevetcare.com](http://www.wildlifevetcare.com) to donate, and for more information regarding their future activities. Following them on Facebook will keep you up to date with their patients and success stories. Most importantly, when an injured animal is found, before removing an animal and transporting him, call WVC first for advice (540) 664-9494.



DR. BURWELL WITH A GREAT HORNED OWL



BARRED OR HOOT OWL



FROSTY THE SNOWY OWL



FROSTY AFTER SURGERY. PHOTO BY DR. BURWELL



SAW-WHET OWL



AMERICAN BALD EAGLE  
MBECC.COM

# PLACES & FACES

## A PLACE TO BE HOLIDAY PROGRAM

SALAMANDERRESORT & SPA PHOTOS BY SHARON HALLMAN



~ BE LOCAL ~



MBECC.COM



MBECC.COM



~ BE LOCAL ~

# PLACES & FACES

## BARBARA CHAPPELL CELEBRATES HER BIRTHDAY AT SALAMANDER RESORT WITH FAMILY & FRIENDS

PHOTOS BY TERESA RAMSAY



BARBARA & RANDY CHAPPELL



.ERICA WILEY AND LIZ BILLINGS



PORCHA DODSON, PAULA , MICHAEL & KAREN CRANE



BILLY MORONEY, PORCHIA, AND CHUCK KELLER



KEN IVERSON, RANDY 7 BARBARA CHAPPELL, BRION KRIZ AND JEFF LUTZ



ANNIE KRIS, CRYSTAL GRAY, BARBARA, TERESA, LORRETTA LUTZ, JESSICA CHAPPELL



SNOWDEN CLARK, LYNN HARRINGTON, LYSA & CARL HUTTON, TERESA.

# PROGENY

## FIVE FOXCROFT SCHOOL ATHLETES NAMED TO ALL-STATE TEAMS; 12 EARN ALL-DAC HONORS



Five Foxcroft School athletes, including four from the state runner-up field hockey team, have been named to the Virginia Independent Athletic Association (VISAA) Division II All-State Teams, capping off a memorable fall sports season for the all-girls boarding and day school.

In field hockey, senior Haley Buffenbarger, junior Allie McManamey, and sophomore Betsy Altenburger were named to the First Team and senior Grace MacDonald was named to the Second Team. Senior Holland Driscoll received a First-Team selection in tennis.

In addition, all five of these athletes and another seven Foxcroft students earned All-Delaney Athletic Conference honors. Buffenbarger and Driscoll were each named Player of the Year in their respective sports and their coaches — Athletic Director Michelle Woodruff in field hockey and first-year coach Haley Brick in tennis — both received Coach of the Year kudos.

Voting for the All-State teams is conducted by a special committee of coaches for each sport. Coaches nominate players from their teams and, while an athlete does not have to play in the state tournament to be eligible, it is difficult for a player to earn All-State honors if she has not been seen by the committee members.

McManamey, a forward from Purcellville, VA, keyed Foxcroft's drive through the state championship with two goals and two assists in the 5-1 quarterfinal win over Virginia Episcopal School and a goal in the 3-1 semifinal victory over Fredericksburg Academy. For the season, McManamey led the team in assists with 10 and was second on the team in goals with 10.

Buffenbarger, a First-Team selection in Division I last season who will play at the University of Vermont next year, had a goal in the quarterfinal game against VES. The Leesbur, VA, resident was a major factor in getting Foxcroft (11-5) to the tournament with a team-high 17 goals on the year.

Altenburger, a fleet and tenacious player from Purcellville, was second on the team in assists with eight and also scored against VES in the quarterfinal match.

## CONGRATULATIONS EMMA AND “TWIZZLER



Emma Pell of Winchester was presented with the Virginia Horse Shows Association year end award. Emma is a sophomore at Foxcroft school and rides with Denice Perry, Skyland Farm in middleburg Va.

### When Dental Excellence Matters

Investing in your smile is an investment in your life. If you're unhappy with your smiles appearance, then we would like to help. Nothing boosts your confidence like a terrific smile.

**"It's a major investment but this is something you don't bargain shop for. It's the finest dental practice I've ever been to. First rate in every way."**

- Greg Middleburg Smiles patient

Take our **free smile assessment** to discover the possibilities at **middleburgsmiles.com**

**middleburg smiles**  
robert a. gallegos dds

When Dental Excellence Matters

204 E. Federal Street, Middleburg, VA 20117 540.687.6363

**“When I walked into the CLASSROOM for the first time, I felt this wave of HAPPINESS and caring. And immediately, I LOVED IT.”**

“The teachers make you feel like part of the family. When having a one-on-one conversation with a teacher, you feel they have a vested interest in your child. That they genuinely care, not only to make your child a good student, but a good person, which is more important in my mind.”

When you visit our village-style campus in Middleburg, VA you'll learn how we develop students with strong character, self-confidence, a sense of community, and a lifelong love of learning.

Sam, Aakash & Komal Dharja, Hill School Family

Serving students in Junior Kindergarten through 8th grade since 1926

Bus Service Available | [TheHillSchool.org](http://TheHillSchool.org)

PROGENY

FOXCROFT SCHOOL CELEBRATED ITS 10TH ANNUAL THINK PINK TOURNAMENT



Foxcroft School celebrated its 10th annual Think Pink Tournament Saturday not with a trophy, but with a milestone that might have been even more exciting — passing the \$20,000 mark in cumulative funds raised through the tournament for the Cherry Blossom Breast Cancer Foundation!

“We are excited to continue our loyal support of those affected by this terrible disease,” said Athletic — and Think Pink Tournament — Director Michelle Woodruff after the event raised more than \$1,000 to add to the \$19,170 raised in the previous nine tournaments.



On the court, Middleburg Academy, Valley Escape Home-school, and Randolph-Macon Academy won the Varsity, JV, and Middle School titles, respectively, to cap the fun-filled day of non-stop hoops action organized by Woodruff and Foxcroft’s student-run Athletic Association.

Eleven teams played 15 games on three courts at the three-division, round-robin tournament, which was first played the year Foxcroft School’s expanded Athletic/Student Center opened (2010) and is one of the keystone events of Foxcroft’s partnership with CBBFC. Foxcroft also hosts the Foundation’s signature fundraiser — the Cherry Blossom Walk, Run, and Pooch Prance — each fall and has integrated breast care self-advocacy into its Wellness Program, sometimes drawing on the Foundation’s resources.

The Foundation, in return, has two designated seats on its Board for Foxcroft students, which are currently held by senior Holland Driskill of Middleburg and junior Louise Whitner of Upperville. Foxcroft Head of School Cathy McGehee and Woodruff also sit on the board of the organization, which is headed by alumna parent Marcy Harris.(Her daughter Meredith graduated in 2010).

In Saturday’s action, junior captain Jade Roberts scored 27 points and sophomore Skye Belony-sem added 23 as Middleburg Academy powered past both Foxcroft, 42-17, and Randolph-Macon Academy, 57-23, to win the top division. Foxcroft’s varsity also fell to RMA — who they had beaten by a point on Thursday — to end up 0-2, while RMA finished at 1-1.

In JV competition, Valley Escape dominated, outscoring its three opponents 70-29 to claim the title. The JV team from Merceburg Academy finished with two wins and one loss, and St. James School went 1-2. The Foxcroft JV ended up 0-3 following a heart-breaking loss in which the hosts rallied from a significant deficit to force overtime before dropping a 12-11 decision.

RMA went 3-0 in the Middle School Division with wins over The Hill School, Loudoun Country Day School, and Quantico Middle School.

The big winner of the day, of course, was the Cherry Blossom Breast Cancer Foundation, which will receive profits from t-shirt and concession sales, tournament fees, and free-will donations. . Referees, scorers, and other officials mostly donate their time to boost the success of the event, which Foxcroft students and faculty look forward to each year.



To “FAKE IT” IS TO SURVIVE IN “BOY ERASED”

2018 MIDDLEBURG FILM FESTIVAL



NINA BONIN  
WAKEFIELD CLASS OF 2019

“God will not love you the way you are now,” proclaims the man apparently trying to help. “Our family’s just so normal,” insists his mother. “You’re gonna love it here,” claims a fellow patient. “You can’t live here if you’re homosexual,” asserts his father. Sent to conversion therapy by his religious parents, Jared Eamons faces an inner trial inflamed by vicious attacks under the guise of God’s grace in “Boy Erased.” As Jared (Lucas Hedges) lives out of a hotel room with his mother (Nicole Kidman) and attends the “refuge program” every day, he struggles to not break beneath the weight of the traumatic methods of conversion therapy and his own evocative emotions and memories. Jared reflects on the signs and events that led to his sexual awakening and his eventual outing as he writes lists of “moral inventory,” creates sin-filled genograms, and attends the funeral of a living boy at conversion therapy. Hassled by his mother for sticking his arm out the car window and expected to run the family car dealership by his father (Russell Crowe), Jared adopts the mantra “fake it ‘til you make it,” leaning into a feigned repentance to save what little is left of himself.

“Boy Erased” illustrates the malicious environment fostered by conversion therapy, but it also tells a common story of imposed expectations and broken precedents. Jared faces a fork in the road, forced to choose the path of a good-standing Christian boy that his parents have chosen for him, but Jared dreams of running down his own path of love and liberation. Self-effacement is expected of Jared, but he vacillates between concern for his family and elusive self-preservation. The other characters around Jared grapple with their own volatile trajectories: Jared’s mother must decide how to deal with the abject reality of conversion therapy. Jared’s father must figure out how to reconcile with his son after exiling Jared to a life of despair and misery, and the patients of the refuge program must learn to survive under the barrage of abuse.

With that said, “Boy Erased” is a poignant yet promising story of a young gay man whose message cannot be generalized or effaced. As mounting violence affects LGBTQ+ people in a politically fickle and intolerant world, stories like that of Jared Eamons and Garrard Conley (whose book Boy Erased: A Memoir is the basis for the movie) are ones that need to be shared with a wider audience. The realm of LGBTQ+ issues only comes forward from involuntary seclusion during the flamboyant festivities of Pride Month, but during the other eleven drab months of the year, the topic remains sheltered and disregarded by the public. The end of the film notes that nearly 700,000 LGBTQ+ people are subjected to conversion therapy in the United States alone. Thirty-six states, including Virginia, have no laws against conversion therapy. These sobering statistics are why a movie like “Boy Erased” and its solemn yet optimistic message are so important today. With more open discussions about and direct action taken to change the LGBTQ+ community’s arduous struggles it’s still beset by after the legalization of gay marriage, stories like “Boy Erased” can become historical markers rather than harrowing cries for help.

WONDER  
MOVIE EVENT

FREE COMMUNITY EVENT FOR  
THE WHOLE FAMILY!  
\*POPCORN\*DRINKS\*  
PIZZA AND DISCUSSION AFTER  
THE MOVIE.

130 SOUTH MADISON STREET  
MIDDLEBURG, VIRGINIA 20117

FEB. 3 FROM 2-5 P.M. IN THE  
HILL SCHOOL THEATRE

# PASTIMES

## LESSONS OF 2018

SINCERELY ME

BRANDY GREENWELL

2018 was a huge year for my family and me and life's lessons seemed to be around every curve. A lot was learned and there is a lot to be thankful for.

Persistence does pay off. After 4 years of trying, I got pregnant with twins in 2018 and am awaiting their delivery as I type. Families come in all kinds of ways and on many different schedules, but our path was reached this year. We could have given up many, many times but our persistence helped us reach our family goals. It can also help you reach your goals, whatever they are. Stay the course.

I have a new found respect and appreciation for Doctors, Nurses, EMT's, First Responders, Firefighters, Flight Medics and anyone who does on-call shifts to make sure we all have protection and aid when needed. These hero's job descriptions include everything from wiping your a\$\$ to bringing you back to life and everything in between. Take the time to thank them, they fully deserve it.

Our little town can be known for its walls with ears and post office buzz. It can be somewhat endearing and part of small town charm or it can be pretty scathing. This year, I intentionally sent some personal misinformation out to see how it came back to me.

Kind of like the old telephone game. Of course, it came back distorted, but here, in print, I will assure you there is not a Target Shopping Center going in on the end of Zulla Road. The crop trees are being harvested and will be turned into 10 acres of beautiful pasture cross fenced with 3-board fencing. But thank you for the concern. Remember, most of the time what you send out there in a small town WILL come back to bite you. On a completely different note, if you do not want Targets or other development in and around Middleburg, you should probably attend town or county meetings before earth is moved if you want to make a difference.

Some of you may know, my family has spent the past 20+ years breeding Irish Horses. We stood 5 stallions at one time, had 15 of our own foals a year and bred an additional 20-30 outside mares a year. We also spent months on end, year after year in Ireland at horse shows, inspections and judges training courses. I feel quite confident in saying that we \*\*know\*\* Irish horses. What amazes me is that with the popularity of Irish horses locally, when folks want to import their very own, world-renowned Irish Hunter, they don't look at the pedigree. Quite often what happens is buyers really pay a bunch of money to import a Continental Warmblood that happened to live in Ireland. If you want an Irish

horse, make sure you get one. There is a difference, folks.

I've observed this year that the kind folks that generally post photos or warnings of accidents or traffic do so while driving. Everyone is appreciative of your warnings, but who is sending warnings out about the driver texting and driving? Be smart and safe, people.

Wishing everyone a happy and prosperous 2019.



## THE NEXT STEP

FITNESS EXPERT



KAY COLGAN,  
ACE CERTIFIED FITNESS  
PROFESSIONAL

This time of year many are motivated to get in shape. A new year is a great time to begin a fitness and nutrition program. Gyms are filled with people wanting to get fit. The first step is starting an exercise program. The next step is continuing the program.

Staying focused with a fitness regime is tough when you have many other commitments. However, staying the course of a fitness program will enable good health to be able to handle all of life's challenges. Convenience is crucial in keeping an exercise program. If it is far away, that becomes a stressor and eventually not doable. Make sure the effort is matched to your ability. Too hard too soon causes unnecessary soreness and possible injury which will sideline your fitness program. Example, you wouldn't start in a spinning

class that is intermediate. Not only will you feel exhausted after, but you won't be able to properly give your body what it needs to adapt to the exercise. Now more than ever, there are all kinds of fitness programs that you can stream right into your home through wifi. Peloton has taken off with its bikes, treadmills, and digital streaming. Making the workout convenient to you any time of day or night. I, like you, have to fit it in. Convenience for me is the next step to keep exercise a part of life.

So here's to a year of good health and fitness. Take the first step to starting an exercise program. Make the next step by keeping your exercise program convenient. Build it into your life, and next year will be smooth sailing. For more information about health and fitness please contact Kay Colgan, Middleburg Pilates and Personal Training, 14 S Madison St. Middleburg, VA or call 540-687-6995

## CHILDREN'S DENTAL HEALTH MONTH-SLEEP WELL FOR HEALTH



DR. ROBERT A. GALLEGOS

A favorite bedtime story and the soothing voice of a parent can put a child to sleep and start

a process of health and well-being that can be accomplished only through good sleep. There is overwhelming evidence that shows how important good sleep is for children's mental and physical health, growth and develop-

ment. Sleep should be soothing and refreshing and bedtime for children can be a great bonding time with parents or it can be a challenge. For some, bedtime can be difficult due to an active and/or frightened child.

Children who have difficulty going to sleep may be afraid or too stimulated to go to sleep for different reasons. Children on certain medications may have trouble getting to sleep if their medications have not worn off. For instance, medicines for Attention Deficit Hyperactivity Disorder (ADHD) are stimulants. Watching a screen (e.g. TV, computer, phone) within one hour of bedtime can adversely affect the brain into thinking it is still daytime so the normal sleep hormones are not produced. Strenuous physical activity near bedtime can overstimulate the brain. Scary shows and books can overstimulate the brain and release stress hormones. Children who have disturbed sleep may have difficulty getting to sleep because sleep may make them uncomfortable. Here are some reasons why sleep may be uncomfortable: bed wetting, night terrors, frequent awakenings, night walking/talking, unrefreshing sleep. Parents can be frustrated with a child who does not sleep well because of bedwetting or a child who disrupts the parents sleep by coming into the parent's bed frequently. Children can be afraid to go to sleep because they get in trouble for not sleeping well and siblings and friends may tease them if they snore or wet the bed.

Is your child sleepy at bedtime? If not, monitor and alter their activities leading up to bedtime and discuss all medications they take with their physician. If activities and/or medications are not the problems maybe breathing is the problem.

What effects breathing at night? There are various things that adversely affect breathing at night and so affect sleep quality. Obesity is the biggest contributor to poor breathing and poor health in children. Other contributing factors are enlarged tonsils and/or adenoids, nasal obstructions, tongue ties, asthma, allergies and underdeveloped jaws. Poor breathing leads to fragmented sleep and possibly sleep apnea.



Sleep apnea interferes with neurologic development, behavior, cardiovascular health and disrupts growths. Fragmented sleep also interferes with memory, reasoning, executive functions, healing, and intelligence.

Parents can recognize these issues with their kids. Dentists trained in sleep and airway care can assist parents with the recognition of problems and propose solutions to these problems once a diagnosis is made. When issues arise and are addressed early, the long-term consequences and health problems can be minimized or eliminated. The longer the breathing problem exists, both physical and mental health issues become irreversible and progressive. If your child has any of these issues: snoring, frequent awakenings, bedwetting, overweight, hyperactive, struggling in school, struggling with socialization then you should discuss with their physician about having an evaluation with a pediatric sleep physician.

Dr. Robert A. Gallegos is a Fellow in the Academy of General Dentistry, visiting faculty at Spear Education, an alumnus of Pankey Institute, a member the American Academy of Cosmetic Dentistry, the American Academy of Dental Sleep Medicine and the American Dental Association. Dr. Gallegos practices dentistry in Middleburg, VA. [www.MiddleburgSmiles.com](http://www.MiddleburgSmiles.com).

**MIDDLEBURG BAPTIST CHURCH**

**INTRODUCING MIDDLEBURG'S FIRST CONTEMPORARY WORSHIP SERVICE**

**Sundays | 11:00am**

**Biblical & Christ-Centered Teachings.**

[www.middleburgbaptistchurch.org](http://www.middleburgbaptistchurch.org)

209 E. Federal Street

*"We exist to reach our community and the next generation for Christ."*

## MARSHALL VETERINARY CLINIC

4216 Frost Street  
Marshall, Virginia 20115  
(540)364-1409  
[www.marshallvetclinic.com](http://www.marshallvetclinic.com)

*Providing Outstanding Veterinary Care for Fauquier County and the Surrounding Communities for over 25 years*



Monday, Tuesday & Thursday 8am-7pm,  
Wednesday & Friday 8am-5pm, Saturday 8am-1pm  
*Dr. Joy Cole and Dr. Katrina Kollgaard*

## Transform your yard

Plant mature, landscape-size trees and gain the immediate impact of shade, flowering accents, privacy screening, and definition of space.

At Shade Tree Farm we grow and install BIG trees (i.e. specimen trees) that can transform your property overnight.

With over 30 years of experience, our staff members are trained professionals who will assist you or your designer in selecting the best trees for your project.

We also have one of the largest fleet of tree spades in the Mid-Atlantic Region and specialize in challenging transplant projects, large or small.



**Shade Tree Farm**  
Where The Trees Live

Trees locally grown in Upperville, Virginia.

703.370.TREE (8733)  
[www.shadetreefarm.com](http://www.shadetreefarm.com)

# PASTIMES

## THE ARTIST’S PERSPECTIVE



**TOM NEEL**

I have a simple message to begin the new year. I want each and every one of you to be healthy and happy. As I write my column at different times of the month, news that puts us all in a tailspin is ever changing. But government shutdowns, looming economic woes, and Trump did this-or-that, all aside, I want you to focus on being healthy and happy, and so that is what I'm going to do. Not just for me, but while thinking about you!

Throughout the year and certainly over the holidays, socially many of you have shared your appreciation for this column's message. Trust me. I'm very thankful because I have always sought for the Artist's Perspective to be a place of thought and learning. I've strived for us all, artists, art lovers and supporters of the arts, to seek a fresh point of view; to be inspired, to enjoy and be stimulated by our imagination.

In the process, my hope is always to foster a deep appreciation for creativity.

I know in doing so that our lives will be overwhelmingly enriched, and I truly believe that in doing so, each of us will be happier. The key here is, the happier you are, the healthier you'll be. The happier you are, the happier and healthier others around you will be. Show me someone stressed out and I'll show you someone who is unhappy. A smile rarely sits upon an unhappy face.

Since the beginning of time, humans have been at war, had flustered societies, and things that in general, just piss us off. Today, with a 24/7 hour news cycle, an endless amount of social media, and advertising watching our every move, fear is what sells. We humans will twist our necks to see an accident way faster than to see a beautiful scenic view or the creative possibilities of our wonderful lives. We have been conditioned to be less than optimistic. That's not to say we are 100% this way, or that I rise above being predictably human myself. But, I do believe we can reconition ourselves. That no matter what the news cycle is bringing, right at this very moment, and right as you are reading my words, we all can do ourselves a service by trying to take our lives back from the media's daily doses of pessimism.

Try to see what you love and not what you dislike. A very talented Chinese artist told me something rather profound about 25 years ago. It went something like this: There are two ways to paint a revolution. You can paint it the way your world might be, or you can paint it the way you hope it will become. This was a very creative person, who was born, raised and lived under one of the most suppressive governments towards creativity. At the time in China, he could not paint his country's hardship for fear of imprisonment. He was required to paint a lie and he lived in creative fear. Something we artists here just can't imagine. He was able to come to this country, where he finally enjoyed the freedom to paint whatever he wanted. My, my the beauty he rendered with his new life in America.

We all should live lives of appreciation and gratitude, and especially creative freedom. If you are an artist, you can paint your own revolution, but I say: paint what makes you happy. For years here, I have simply wanted to paint how appreciative I was of the artistic scenic beauty of living in the arms of the Piedmont of Virginia. I was only painting my happy life, and sure, in turn hoping that those who appreciate my creative vision of it, would support my efforts. As time went on, I guess it would be no huge surprise that some have. But I still get a kick out of the married couple, an American man and Greek women living in Athens, who took one of my paintings back home to Greece. Or the couple from Belgium, or the man from Oklahoma. They didn't come here and see an accident

## GIVE IN TO YOUR URGE TO HIBERNATE

ASK A REMODELER



TIM BURCH

Fire in the fireplace, snow falling outside, and a warm beverage to keep you extra toasty. The bitter cold of winter has arrived leaving many folks retreating indoors. From large-scale to do it yourself, here are a few ideas to keep your time inside entertaining and productive.

**Binge-Watch in Style**

Curl up with your family for movie night or binge-watch a new show. Perhaps a high-tech media room, complete with theater seating and a popcorn maker, is on your wish list. While

### Indulge in Creativity

Imagination isn't just for children. If one of your New Year's resolutions is less screen time, spend your free time reading in your most comfortable chair, or choose a space in your home to create something new every day. Clean off that catch-all desk in your home office and use it to write, craft, organize, or whatever makes you feel at ease. If your space is maxed out, we can help you build new or reimagine and reconfigure existing space. We've built mancaves in the form of car barns and she-shed art studios with every comfort imaginable. Your creative space

is achievable with a little imagination.

### Clear the Clutter

Have you seen the new Netflix series about tidying-up? It's all the craze right now. While watching someone on television clean houses isn't going to get your own home organized, it may just inspire you to get the ball rolling. With crazy wind chills and icy slush, the winter months are perfect for scheduling clean-ups one room at a time. Instead of just packing away the holiday décor, take some extra time to sort through and label untouched boxes in your storage area. Or plan time to clean out your closet donating items you never wear and tossing the shoes with the flapping sole. Then, tackle your kitchen and pantry. The kitchen is likely the heart of your home and if you can find everything you need, without knocking over plasticware and spices, you're bound to enjoy the space more. However, if you need a little extra help, our kitchen design specialists have lots of great solutions and organizational tools like roll out drawers, pegboards, and innovations for those tricky corner cabinets.

As you and your family are stuck inside this winter, take the time to create quality moments,



release your imagination or begin the new year with a clean slate! Don't resist the urge to hibernate indoors when the inside is where all the comforts of home exist.

Tim Burch is a Vice President and Owner of BOWA, an award-winning design and construction firm specializing in renovations ranging from master suites and kitchens to whole-house remodels. A Northern Virginia native and third-generation builder, Tim enjoys calling on his 30 years of design-build experience to solve clients' home-related challenges. He is the Construction Advisor for The Mosby Heritage Area Association and sits on the Board of Building Appeals for Fauquier County. Prior to joining BOWA, Tim was the Lead Project Manager of Construction for the Emmy Award-winning construction reality television show, Extreme Makeover Home Edition on ABC Television. For more information on Tim and the BOWA team, visit bowa.com or call 540-687-6771.

## HOW TO STAY HAPPY

AROUND THE TOWN



HAZEL SWEITZER

Happy New Year! I hope you all had a great holiday season and spent time with family and friends and maybe received a few gifts. To be honest, I got one gift I would like Tom to return. You have heard me inform you before I am not a fan of dressing up

your pet. Well, Tom really did it this time his friend Kim who is like my adopted mom in my life (she's my favorite woman friend) got me a Tutu. Yep, a Tutu. Completely embarrassing, but I wore it for them on Christmas to make them happy and to fulfill their holiday dreams.

It seems to me everyone is always so gung-ho about their New



- home or enter a room
2. Take walks with someone you love and stop to smell the bushes
  3. Play
  4. Allow others to love you and give you love to you, even if it means sitting on their lap
  5. Watch your food portions and be sure to have snacks several times a day
  6. Take naps
  7. Exercise with friends
  8. If someone is mad at you or they made a mistake, forgive them and move on
  9. Don't be afraid to meet new people or dogs
  10. Offer love when someone needs it

These are the 10 things I live by and I hope they help you begin your journey to your better self in 2019!

Happy New Year  
Hazel

PASTIMES

BRAGGING  
THE PLANT LADY



KAREN REXRODE

Any gardener that brags about uncommon successes in the garden might be taken for a lunatic. That being said, I don't think we brag near enough and reserve them solely for fellow gardeners or a spouse. The topic, the subject of the matter, is most likely lost if the recipient is not a gardener, very likely they don't even understand what plant your bragging about, or for that matter, that it is a plant.

This realization came to me recently when I watched my snowdrop or Galanthus 'Pot-

ter's Prelude' successfully flower from Christmas to mid-January, at which point it was buried under ten inches of snow (where it's still flowering, I'm sure). Last winter and the winter before, the flowers froze, zip and nada to brag about.

In reflection I'm sure that any gardener could recall a particularly brilliant event or season when everything came together and no catastrophic weather event ruined it. Only once in many, many years do I remember when the old fashioned star magnolia came in to flower between the predictable frost cycles, managing to produce flawless flow-

ers, untouched by frost. I suspect this may only happen once in fifteen or twenty years, a poor percentage and one worth bragging about. Do you mention it to the cashier at the grocery store, the mailman when he drops off a box? Oh and by the way, I have a lovely floral stem on my amaryllis with six flowers!

The frustration of keeping this all bottled up is not healthy. Maybe a horticultural bragging hotline is the answer. Better yet, take your pride to your local garden center; let it be known that you were remarkably successful with whatever it is you are. Take it to the plant doctor on site, the

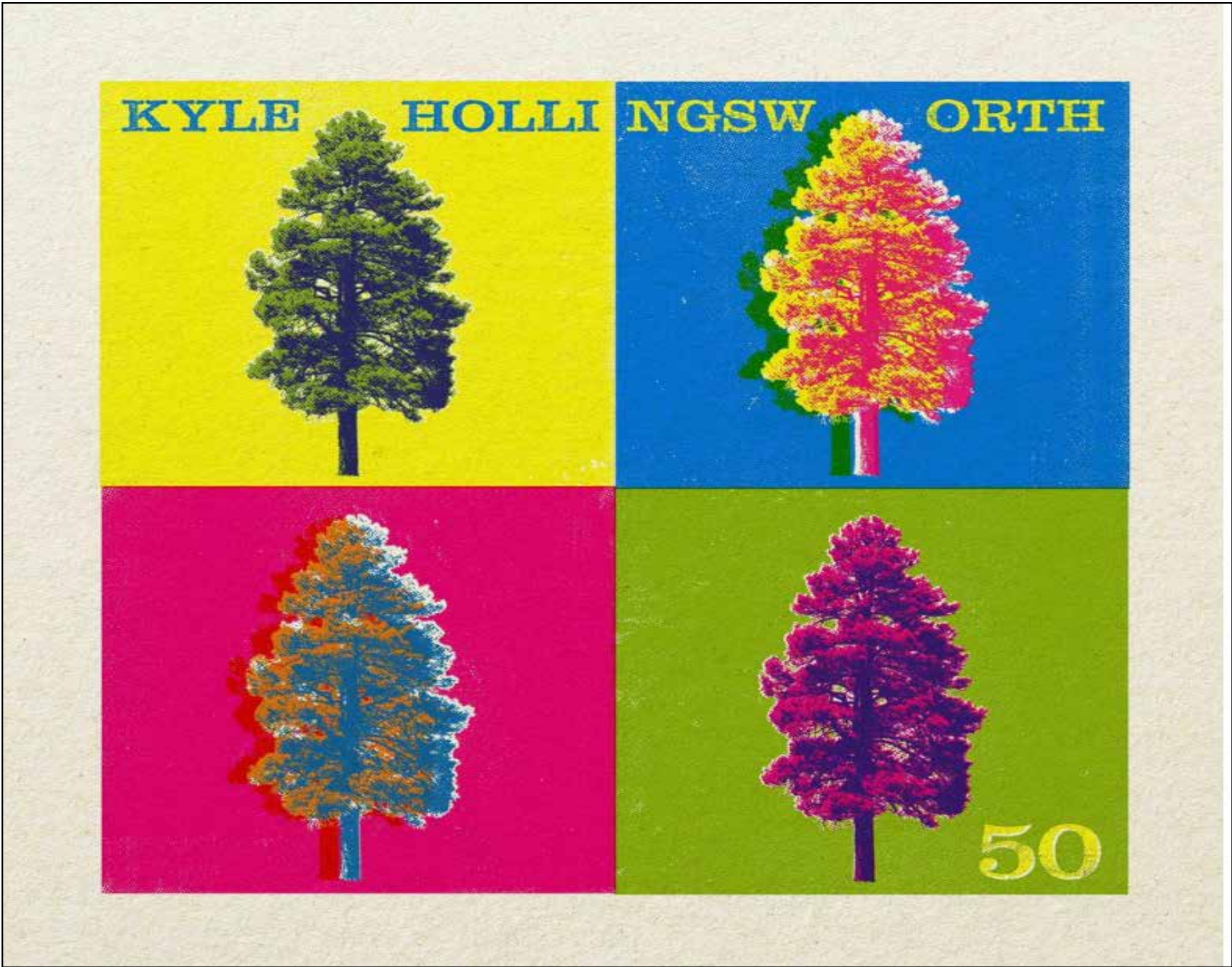
person that deals with unhealthy plants and frustrated gardeners. Brag to them, they need it.

Even successful seed starting or keeping a clump of bearded iris weed free is worth a brag. Every time I pull up a poke weed or dandelion from within a flower border with its entire root intact, I take a photograph with my smartphone. My intention has always been to post these pictures on Instagram and get two hundred likes and many comments on how seemingly impossible that is. In the comments I would mention that the best time to achieve this is right after a heavy rain or even while it is raining. I

would readily share this so others can send me bragging messages (with photographs), just to show how well it worked.

Surprisingly or not surprisingly, there are only 41 posts with the hashtag gardenbragging on Instagram. Mostly showing vegetables and vegetable gardens, maybe this is our best way to collectively take pride in our accomplishments. Show us some perfectly pulled weeds, some brilliant plant combinations, or your orchid in flower and boast about it! #gardenbragging

STEVE'S PICKS FOR 2018  
IN UNISON



STEVE CHASE

I was driving with my daughter the other day and she lamented the fact that the 70s produced so much brilliant music, making today's releases simply not up to par. I love music from the 70s too, but there is fantastic music being released today — it's just harder to find, beyond the heavily produced pop that dominates so many modern musical palates. If you dig in, using online music media, you can find some great stuff and realize that new music is as boundless and wondrous as it has ever been. With that in mind, here are a few of my picks for 2018 that you should listen to.

New Music—Here are three great new albums that show us how rich the music scene is today.

Charles Lloyd & the Marvels with Lucinda Williams—Vanished Gardens. From the start, this album pushes toward great achievement status. Blues and Jazz intertwined with Williams' gritty but melodic vocals give

us something we really haven't heard before. Guitarist Bill Frisell (check him out further) drives the tunes with his organic yet complex sound that bridges Jazz and Americana. Charles Lloyd's great saxophone brings a Jazz narrative to every song. This is modern Jazz, Roots, Post Bop, Americana, and Blues all fused together, brilliantly.

David Byrne—American Utopia. David Byrne teamed up with Brian Eno, who provided the rhythmic foundation for most of the songs on American Utopia. The result is a provocative set of songs with lyrics that reflect the anxiety and chaos of 2018, while delivering complex melodies and hooks. Sometimes the lyrics go nowhere, but didn't Byrne once write about a road to nowhere? Exquisitely produced, as is anything Byrne and Eno are involved in. Listen and enjoy.

Kyle Hollingsworth—50. His fourth solo release, The String Cheese Incident's keyboardist gives us a dozen new tunes, all uplifting and super pleasing to listen to. He

brings in a wide range of guests from the Jam side of music, who help him navigate through a number of genres: from Jazz Rock to progressive Americana. "Wyatt Earp's Tale" reminds us of a Lenny White fusion tune from 1975; Andy Hall's dobro (of the Infamous Stringdusters) propels the optimistic "Finding our Way" and "Come On" shows us Funk is alive and well in 2018. Never heard of Kyle? Give this one a shot and you will not forget him.

Archival Releases—Even though these are not new albums, archival releases are new versions, or in some cases new material from years past that are worth your attention.

Frank Zappa—The Roxy Performances

Zappa's mid-seventies Roxy shows have been called the "Holy Grail of Zappa recordings." For more than a decade, fans waited for the Roxy film, and it finally arrived a few years ago. Now the Zappa Family Trust has released the Roxy performances: a huge selection of shows from

the four-night Roxy run, featuring, perhaps the greatest Zappa band ever. Whether it's "Inca Roads," "Cheapnis," "Village of the Sun," "RDNZL," or "Montana," this is a superb look at a band that played every note, every night, just right. On Spotify.

Neil Young—Songs for Judy

Young was smoking hot in 1976. This album is a retooled edition of the Bernstein Tapes, a bootleg recorded and curated by then teenage Rolling Stone critic, Cameron Crowe. Young plays a set of tunes solo and acoustic, through the haze of whatever weed he was smoking at the time. It makes for some amazing music. Buy it or stream.

Yes—The Steven Wilson Remixes

Wilson has been super busy the past few years remixing classic progressive rock albums, but this Yes set is particularly superb. He worked the five classic Yes albums, starting with the The Yes Album and Relayer. The result is sublime music that will take you back and open your eyes to the

passion and complexity of Yes. Highly recommended. Buy the vinyl set, on Amazon.

Jimi Hendrix—Both Sides of the Sky

Fine material continues to be released from the vault of Hendrix. This time, on Both Sides of the Sky, we get a wide assortment of tunes from variety of contexts, including a very early and great version of "Woodstock," with vocals by Steven Stills and Hendrix on bass. "Hear My Train a Coming" and "Georgia Blues" give us that fat Hendrix blues sound that we all love, with the early R&B great Lonnie Youngblood pounding vocals on the latter. Still fresh fifty years later and well worth a listen.

This month's playlist is a soundtrack of my best of 2018. Listen to it on Spotify here: <https://tinyurl.com/y7pu768e>.

Happy New Year to everyone.

Steve Chase is listening to new releases in Unison.

# FRIENDS FOR LIFE



BENEFITTING MIDDLEBURG HUMANE'S COMMUNITY CAT TRAP/NEUTER/RETURN & OUR SPAY/NEUTER PROGRAM AVAILABLE TO LOW-INCOME FAMILIES  
ITALIAN DINNER & RAFFLE FEB. 9TH 6-9 PM  
MUSIC BY TOWER BLUES  
BARREL OAK WINERY, MARSHALL  
TICKETS \$45 INCLUDES FIRST GLASS OF WINE OR BEER  
MORE INFO @ MIDDLEBURGHUMANE.ORG



[www.middleburghumane.org](http://www.middleburghumane.org)  
(540)364-3272



Mary (right) is a 2-year-old, spayed female, tabby cat. She is currently housed in a room with Woodward (left, 3.5-year-old) because they are both FIV positive. Both are good in a home with children and dogs.

Mary came from an area where there are a lot of outdoor feral cats. She was so friendly that when she was trapped, it was decided that she could be a great indoor friend for someone.

You may be eligible for adoption if you live within a 50-mile radius of our facility in Marshall, VA 20115. To receive an application for adoption, please visit [middleburghumane.org](http://middleburghumane.org)

## Deerchase LLC



Traditional Restoration & Construction

Richard Williams  
[www.deerchasellc.com](http://www.deerchasellc.com)  
703 • 431 • 4868

# TWENTY THREE MINUTES!

**SILENTPARTNER**  
SECURITY SYSTEMS, INC.  
Customized Systems to Meet *YOUR* NEEDS!



THAT'S THE AVERAGE  
911 RESPONSE TIME!

THERE'S NO TIME TO SPARE!

CALL US! 800.200.8663

[www.silentpss.com](http://www.silentpss.com)

ASK ABOUT FREE EVALUATION & FREE MONITORING!



**FIRE**  
ALARMS



**BURGLAR**  
ALARMS



**EMERGENCY**  
SYSTEMS

### MARSHALL VETERINARY CLINIC

4216 Frost Street  
Marshall, Virginia 20115  
(540)364-1409  
[www.marshallvetclinic.com](http://www.marshallvetclinic.com)

Providing Outstanding Veterinary Care  
for Fauquier County  
and the Surrounding Communities  
for over 25 years



Monday, Tuesday & Thursday 8am-7pm,  
Wednesday & Friday 8am-5pm, Saturday 8am-1pm  
Dr. Joy Cole and Dr. Katrina Kollgaard

### At Shade Tree Farm we LOVE trees!

From 6 feet to over 45 feet  
in height, our trees are  
healthy, high-quality,  
Virginia-grown trees.

And with one of the largest  
fleet of tree spades in the  
Mid-Atlantic Region,  
we install them, too!

Shade Tree Farm  
703.370.TREE (8733)  
[shadetreefarm.com](http://shadetreefarm.com)

Transforming landscapes since 1981!



**G.T.L.  
Carpentry**

Craftsmanship without Compromise  
New Work or Repairs  
Greg Lough  
540.905.3403 • Middleburg, VA



**PAWS for  
Holistic Pet Care**

Therapy Laser,  
Acupuncture,  
Animal Chiropractic,  
Rehab Therapy,  
Chinese Medicine/Herbs  
Food Therapy  
and More



**Dr. Rebecca L. G. Verna, MS, DVM**  
8381 W. Main Street, Marshall, VA 20115  
703-395-0795 • [www.DrVerna.com](http://www.DrVerna.com)

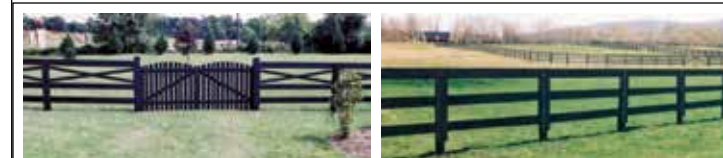
24 HOUR SAME DAY SERVICE

**CLIMATIC**  
HEATING & COOLING, INC.

Serving Middleburg For Over 15 years

**\$15.00 OFF ANY SERVICE CALL**  
NEW CUSTOMERS ONLY

540-687-4676 • [www.climaticva.com](http://www.climaticva.com) • 800-560-8609



**GEORGE WHITE FENCING**

Custom Built Fences: Board, Rail, Wire, Picket, Deer  
Fence Painting and Repair

5 East Federal Street  
P.O. Box 243  
Middleburg, VA 20118  
[whitefencing@verizon.net](mailto:whitefencing@verizon.net)



Office 540-687-5803  
Fax 540-687-3574  
Licensed & Insured  
[www.georgewhitefencing.com](http://www.georgewhitefencing.com)

### Middleburg Common Grounds



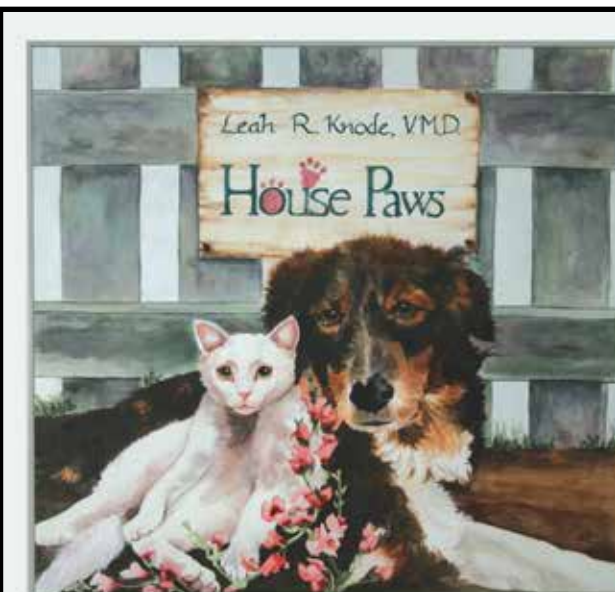
"LOCAL ARTIST DISPLAYS CHANGE MONTHLY."

114 W. Washington Street • Middleburg • VA

**Middleburg**   
**Eccentric**

Deadline for  
February 21 Issue February 28

EMAIL SALES@MBECC.COM OR CALL 540-687-3200



Sick Care  
Injury Care  
Routine Exams  
Vaccinations  
Lab Services  
Full Pharmacy

**House Paws**  
In-Home Veterinary Care

We Bring *The Vet* to the Pet

Anything BUT surgery or x-rays done in your home.

703-264-7879

[www.housepaws.com](http://www.housepaws.com)

Did you ever wonder if someone might be interested in your life's story?

That your family, friends, even people you did not know might find something in various stages of your life that they could relate to and benefit from in their own life experience?

*NextLifeMemoirs*

[www.NextLifeMemoirs.life](http://www.NextLifeMemoirs.life)

*Self Written -- On Line*

EDITORS DESK - LETTERS@MIDDLEBURGECCENTRIC.COM

2019 HOPES, FEARS, THANKS (AND PREPARATION)

Money

One of the most often repeated fiscal memes at the regular monthly meetings of the Middleburg Town Council is genuine concern about what would have happened to the town if the United States faced another recession on the scale of that of 2008.

Salamander Inn and Spa’s impact on the town’s economy is of particular concern. When large corporations (and for that matter, government agencies) need to cut spending, among the first things to go are off-site meetings and all that go with them (meals, lodging, entertain-

ment)

And if Salamander is affected, so will another large proportion of our business community, dependent upon similar clientele.

And if they are affected, so will be the Town’s budget and all the services and support the Town provides its citizens, business, and supporters.

Happily, and for the first time in the memory of the publishers and editors of the Eccentric, Mayor Bridge Littleton and the new Town Council have not only talked about such concerns as they and the town staff work on fiscal planning for fiscal 2019

Competence

Middleburg has long been blessed with public servants, both political and professional, totally dedicated to the well being

Volunteers

Money alone, even with competent leadership, will not guarantee the survival, much less the success of

... they are doing something.

For the first time the Mayor and Council have established a formal group of outside, non-partisan, economic advisors to provide truly expert advice and counsel. Finance is not everyone’s forte. And as we’ve learned in the past, failure to pay attention to it can be disastrous.

Kudos.

of the town and all those, residents, merchants, friends and neighbors who make Middleburg special.

This Council and Mayor are, arguably, and so far, among the best we have experienced.

We wish them the best and will do our best to support them when and wherever appropriate ... while never giving up our responsibility to watch them as well.

town.

Middleburg has long been blessed with citizens, merchants, friends and supporters whose contributions are above and beyond the call of duty.

Our Mayors, Council Members, Town Staff are always to be seen doing more than their formal duties require. Name the event, the cleanup campaign, the festival, parade, or play, or concert and you’ll nearly always see nearly all of Middleburg there in force. It’s what makes the town special

And it’s what will make 2019 special, come what may.

ON MLK AND MIKE PENCE BLUE

DAN MORROW

*‘Now is the time to make real the promises of democracy.’*

*Martin Luther King*

*August 23, 1963*

On Sunday, January 20, the day before the Martin Luther King national holiday, Vice-President Mike Pence, appearing of “Face the Nation,” quoted a line (one of his “favorite” lines he said) from King’s “I Have a Dream” speech

King delivered that speech from the steps of the Lincoln Memorial.

Five years later he would

join Lincoln and a holy host of others, known and unknown, loved and lost, in service to a cause for which they gave “the last full measure of devotion.”

It was, as we learned all too soon, “altogether fitting and proper” that King should have spoken those words in that place.

Pence tried to use King’s words in defense of the determination of his beloved President and all too many members of his party to shut down the United States government rather than accept a proposal that did not accept Trump’s inalterable demands for a \$5.7 billion border “wall.”

One could argue, of course, that those government workers, thanks to King and Trump, now suffer equally now across lines of race, religion, gender and national origin.

True, in a sense ... though one should never forget that those who opposed everything Martin Luther King stood for were, are, and by all accounts

will remain, disproportionately supporters of Trump and Pence and the right wing of the GOP. (Not all Republicans feel that way, of course; but, statistically, nearly all who do voted Republican.

Pence, indeed, appears to have forgotten (if he ever knew them) the sentences immediately following the lines he quoted from King’s speech:

“Now is the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice. Now is the time to open the doors of opportunity to all of God’s children. Now is the time to lift our nation from the quicksands of racial injustice

to the solid rock of brotherhood.”

And given the ongoing ill-mannered, ill-tempered, mean-spirited, ill-advised and (as a growing list of indictments, confessions, and convictions reveal) criminal behavior of the President, and all too many of his cabinet members, advisors, and family members Pence might well have taken to heart a few other words, from the same King speech, especially those about judging others by

“the content of their character.”

2018 IN REVIEW AND HOPES FOR 2019 RED

BRIAN VELLA

As the new year begins, it is an appropriate time to take stock of the year 2018 and consider our hopes for 2019. Despite all the turmoil and the largely one-sided negative reporting by the media, 2018 was a good year for America. My hope for 2019 is that we will continue to make progress on policies that benefit our country, and that the media will retreat from its partisan role and return to its job of objective reporting. Initial signs regarding the media are not good, as the year started with yet another episode of fake news, in this instance an unsupported story alleging that Michael Cohen had confessed to the Mueller investigators that he had been instructed by the President to lie to Congress. Unbothered by the lack of corroboration to support the “bombshell” accusation,

the chattering class was at a fever pitch, devoting hours of coverage and pages of newspaper to what they concluded was surely grounds for impeachment. The problem for the anti-Trump crowd is that a spokesperson for the Mueller team stated the reports regarding Mr. Cohen’s testimony, simply put, “are not accurate.” Fake news, however, dies hard. A quick on-line search turned up dozens of hits reporting the story that President Trump had instructed Michael Cohen to lie, and only a minimal number of hits on the Department of Justice statement that the story was not accurate. This latest example is in keeping with studies that show coverage of the Trump administration is over 90% negative. How are we to trust the “news” we read or hear or see on the television when confronted with such obvious and unapologetic bias?

Even if the media chooses not to report the news accurately and objectively, there is much that happened in 2018 that should make us hopeful for 2019. Despite the doomsday forecast regarding the President’s tax policy and his renegotiation of NAFTA, those policies in fact helped spur the economy to grow by 4.2 percent in the second quarter of 2018 and by 3.4 percent in the third quarter. The growing economy produced more jobs and opportunities, leading to near-record unemployment rates for the workforce overall and for minorities in particular. In 2018 we witnessed an increase in household income, a decline in the number of people living in poverty and millions of fewer people on food stamps.

The Treasury Department reported that individual income tax collections for FY 2018 totaled \$1.7 trillion, an

all-time high. As a fiscal conservative I am not thrilled that the government extracts record amounts of tax revenue from taxpayers and still runs record-setting deficits, but the narrative by the media pundits that the tax cuts diminish revenue and contribute to the deficit is plainly wrong.

For decades American policy has been to become more energy-independent and to decrease if not eliminate our dependence on foreign oil and our involvement in far-off lands. 2018 saw major strides toward that goal. The United States is now pumping 11.6 million barrels of oil per day and is once again the leading oil producer in the world, in addition to being the largest producer of natural gas.

On the foreign front, while North Korea remains a dangerous enigma, diplomacy in 2018 resulted in a halt to North Korea’s nuclear testing

and its policy of intimidation by launching missiles over our allies in the east. As to our NATO allies, for the first time in decades many have been forced to acknowledge that they have not paid their share of their own defense, and that the US taxpayers will not continue to carry that unfair burden. ISIS has been largely decimated, and there are signs of hope for new alliances between Israel and certain of the moderate Middle Eastern states.

In sum, although the media serves up a daily dose of negative reporting on our current state of affairs, the truth is that in 2018, America flourished and became more secure. Let’s hope these trends continue in 2019, and that the media can demonstrate its objectivity by reporting on facts, both positive and negative, instead of advancing a political agenda.

EXOFFICIO

MARK SNYDER

Hello and happy belated New Year Middleburg! I speak here, I hope simply, as a citizen, not just a former official. I have brief topics for this column.

It is with regret and condolences to the family (wife Krista, and children Donald, Justin and Carleigh) that I announce the passing of “Sonny” (Randolph Macfadden) Underwood on December 30 in Middleburg. Sonny, as we all knew him, was born in 1938 in Winchester, but lived here in Middleburg in recent decades. Sonny was a generous person who would do anything he could for those in

need. He was a caring and attentive landlord to folks who lived in apartments above the old pharmacy on Madison Street, where Krista ran the Middleburg Pharmacy. He cajoled wealthy citizens to help pay for prescription costs pharmacy customers were unable to bear. I will always remember Sonny for his behind the scenes help and his extraordinary kindness towards members of the Middleburg and Winchester communities. Please join me in heart-felt condolences and best wishes for this wonderful Middleburg family. I wish to acknowledge and thank the Winchester Star for their obituary dated January 5.

Last month I erred in my

description of council’s strategic finance committee. I am still not sure I understand its charter. After reading a bullet list the committee produced, I think this committee looks at sources of revenue, debt/borrowing, budget policies/processes, reserve funds and investments. However, actual attendance appears to be required to understand this fully.

The Town’s “branding” effort appears to be on shaky ground, as council met in a special session to discuss this topic on Wednesday, January 16. Council essentially started at the beginning, using a facilitator to spark and focus the discussion. Council discussed factors regarding who this branding intends to

target as a retail audience and how to express Middleburg retail to them, via things such as logo and or slogan. Council scheduled a meeting in February to discuss this further with the consultant. I am hoping council can combine the idea of foxhunting and a rural small-town with roots from the American Revolution retaining that architecture and ambience.

Council is also discussing how to administer the funds received in the recent sale of the Health Center property on Madison. The terms of the gift of this property require Middleburg to devote all proceeds to local charitable groups. It must determine whether council wishes the

Town to manage these funds or create a new organization to do this independently.

The Middleburg Planning Commission is still working with a consultant on the updated Comprehensive Plan. The Planning Commission is a committee under council. The Plan is late, as is the one for Loudoun County. I will consider this topic for a future column for a full discussion.

That is my opinion. Do you find this informative? Do you have questions or ideas you want me to address in a future column? I would love to hear your comments, suggestions and questions, so please send them to the Eccentric!

CARS, TRUCKS, THE WORLD A SCIENTIST’S PERSPECTIVE

ART POLAND, PHD

Last month I missed my column because I was vacationing in South America. It was a wonderful trip, but that is beside the point of what I want to discuss this month. One of things that struck me throughout our travels was the number of cars and trucks no matter where we went, from Washington DC to Lima Peru to Punta Arenas (near the southernmost tip of the American landmass on the Strait of Magellan) there were cars and trucks everywhere. I then got to thinking about my travels throughout the world over the years, (many cities in Europe –eastern and western, Asia, Pacific Islands, Fairbanks, Resolute –type that one on your Google map) again, trucks and cars everywhere.

What is the cost to the planet of these wonderful conveniences, maybe even “necessities”? First there are the raw materials that go into their manufacture and maintenance. The mining of ore, the growing of rubber, et al, all consume limited resources in the process of obtaining other limited resources. Then there is the infrastructure needed, such as roads, bridges, etc.; these again use more planetary resources. Then there is the fuel needed to run them; another limited resource. Then there is the pollution resulting from their use, primarily into the air. The air was so bad in Lima that my wife got a severe asthma attack after only a few

hours. Then there is the psychological impact. In Athens people were getting so frustrated that they would actually drive on the sidewalk. Think about your last trip into DC on 166. Severe traffic is a world problem

Many countries and cities are taking measures to alleviate the problems. There are pollution control devices and sensors in our vehicles (but they frequently lead to more frustration – my truck won’t start because of a failed

sensor). In one of the South American cities we visited, either Buenos Aires or Lima they didn’t allow trucks into the city during the day; in the other taxis ran on natural gas.

All of these problems could, of course, be solved by lots less people throughout the world, but that does not seem to be acceptable. Looking at the problem as a physicist, I can only think that we are going to need a completely revolutionary concept to solve this problem.

LETTER FROM THE PLAINS

ANTHONY WELLS

movements leading in the development of early capitalism and industrialization, together with the triumph of common and civil law over ecclesiastical law, the worst manifestations of which were seen in the Holy Inquisition and the murder in the name of religion of innocents such as Joan of Arc. Out of this process was born the enlightenment of Christian humanism, leading for example to the anti-slavery movement, and much later women’s liberation, such as universal suffrage won by women in 1918 in the UK. The Roman Catholic Church tended to maintain its historic hold on those countries and regions where it had established its early authority by occupation and political-military force, with central and Latin America predominant. In this centuries long process I think that we can conclude that the original texts of both Christianity and Islam were the least observed in the creation of these huge and powerful theocracies that witnessed head on confrontation during the Crusades and much later the Turkish empire’s assault on Europe and occupation of large tracts of the Middle East. It was not until after World War One that the British ejected the Turks by military force from the Middle East – the period of Lawrence

of Arabia and General Allenby. The relevance of all the above is the general total absence of the highly simplistic and clearly stated tenets of the great religions. The New Testament, the Koran, the Torah, and the Buddhist texts reflect the cultures, societies, and political-economic structures of their times, which were relatively simple and primitive compared with the great humanistic and scientific advances of the post renaissance world. The Christian Bible does not address a 1001 issues simply because they were not in any way relevant for a relatively small and economically simple society subject to the occupation of the Roman Empire. The issues that the Bible and the Koran do not address have indeed come back to haunt both in a textual and philosophic sense. Jesus’ disciples were all males. The Bible does not address the role of woman in its texts, along with a multitude of issues that have developed over the past 2000 plus years. The challenges today of a male dominated Catholic priesthood, with no real authority emanating from the original texts that have survived, have been exacerbated by the worst abuses of the young by recently indicted pedophiles, dressed as the bachelor representa-

tives of Jesus Christ’s teachings. The historic antitheses of both historic and contemporary Catholicism versus the simple and very clear message of the surviving texts is now so blatant that nothing can be ignored. Women in many progressive countries have won their rights and cannot be ignored by bachelors in Rome, dressed in fine garb, living a quality life style, and pontificating a creed that now seems, with the wisdom of the ages behind us, as a total contradiction of the simple, pure, and unadulterated messages embodied in the cherished words written on papyrus during the three to four hundred years after the events themselves (Jerome’s Vulgate Latin Bible was not written until 400 AD, and the King James authorized version was started in 1604 and completed in 1611). The situation in Saudi Arabia is symptomatic of male domination in the name of Islam, in a country where but for oil wealth its population would be living in a poor and primitive medieval despotism. The recent granting of the right for women to drive is symptomatic, and overshadowed by the savage murder of Time magazine’s 2018 Person of the Year, Jamal Khashoggi. Food for thought for Eccentric readers in 2019, a new year, and

OBITUARIES

SONNY UNDERWOOD 1938 - 2018

Randolph “Sonny” Macfadden Underwood, 80, of Middleburg, Virginia, passed away Sunday, December 30, 2018 at Stone Springs Hospital in Dulles, VA.

Sonny was born February 28, 1938 in Winchester, VA, the son of Walter R. and Ella Dove Underwood. He was a residential painting contractor in Winchester for many years.

Sonny married Krista Carleen Garber October 10, 1990 in Hagerstown, MD.

He is survived by his wife Krista, children, Donald E. Combs (wife Debi Combs) of Ocala, FL, Justin T. Underwood of Seoul, South Korea, and Carleigh L. Underwood (husband Joey Diaz) of Dulles, VA, a brother, William Underwood of Winchester, and a sister, Virginia Wheeler of Wallace, NC.

Sonny is preceded in death by two brothers, Robert Underwood and Lewis Underwood, and a sister, Betty Underwood.

A memorial service was held on Saturday, January 19th, 2019 at 1 p.m. at the American Legion Hall, in Middleburg, VA.

Online condolences may still be left at [www.jonesfuneralhomes.com](http://www.jonesfuneralhomes.com)



URSULA LANDSRATH 1946 - 2019

Ursula Landsrath passed away January 3rd, 2019.

Born in Germany in 1946, she moved to Australia with her parents Karl and Elizabeth Landsrath when she was in elementary school.

She lived in Australia until 1975 when she emigrated to Las Vegas and became an American Citizen.

In her multiple careers Ursula was a fashion model, movie stunt driver, skydiver, hotel manager, fashion boutique manager and real estate investor and manager.

She met her husband Ken Rietz in Las Vegas during a political campaign he was managing in 1987. They have been together ever since.

Eight years ago Ursula founded the Animal Rescue Fund of Virginia. Through that organization and its annual events Dog and Cat Fest, Animal Night and Cat Night she lead a volunteer effort that raised and distributed to animal rescue organizations over \$1 Million. She was an active animal rescue advocate in Fauquier County and represented animal rescue organizations at numerous County Board of Supervisors meetings.

Ursula lived with her husband Ken and there three dogs Maddie, Troy and Max at Fox Hall Farm in Delaplane.

She is survived by her husband, her stepson K.C. Rietz, her grandson Joshua Tilley and sister Elke Ollins. Her son Jensen Cottam died in an automobile accident while attending the U.S. Naval Academy in Annapolis 29 years ago.

A memorial service will be held at the Cool Springs Methodist Church, 3322 Cobbler Mountain Road, Delaplane, Virginia, on Saturday January 26th, 2019 at 11:00 AM.

In lieu of flowers please send donations to the Middleburg Humane Foundation or any other animal rescue organization.



Printer

Digital · Offset · Banners  
Large Format · Mailing

two locations!

501 E. Main Street  
Purcellville, VA 20132  
540.338.5900  
dato@mrprint.net

5 E. Federal Street  
Middleburg, VA 20117  
540.687.5710  
middleburg@mrprint.net

The ink for your imagination™

Pond Management

•POND BEAUTIFICATION  
•AQUATIC WEED CONTROL  
•FOUNTAIN & AERATORS  
•POND DREDGING & REPAIRS  
•FISHERIES MANAGEMENT

PHONE: 540-349-1522 • WWW.VAWATERS.COM

Wine Tasting

Shopping List

- ✓ Bread !
- ✓ Milk !
- ✓ Wally !
- ✓ Wine !

Rt. 50 ~ Historic Aldie, VA  
703-327-6743

Real Estate

THOMAS & TALBOT  
REAL ESTATE

THOMAS-TALBOT.com  
(540) 687-6500

Security

“We love this community and will do everything we can to help protect it.”  
~ Sam Rogers, Owner

PROTECTION FROM FIRE AND UNWANTED INTRUDERS SINCE 1991

FIRE ALARMS BURGLAR ALARMS EMERGENCY SERVICES

800.200.8663  
www.silentpss.com

Plumbing

Plumbing Service & New Installations  
Licensed & Insured

Matt McKay  
540-687-5114  
540-868-2330

Servicing Loudoun, Fauquier & Surrounding Areas!

Arborists

EMBREY'S  
TREE SERVICE

We'll go Out on a Limb to Please!

Tree Removal  
Brush Clearing  
Trimming  
Pruning

Stump Grinding  
Cabling  
Tree & Shrub Care  
Lot Clearing

Storm Damage  
FREE ESTIMATES  
FULLY INSURED & LICENSED  
RESIDENTIAL & COMMERCIAL  
540.687.6796

Shade Trees

SHADY LANE  
TREE MOVERS

Since 1994

Jackie Ogle  
(540)539-0560

Storage/Workshop

Growing & Installing BIG Trees

Shade Tree Farm  
703.370.TREE (8733)  
www.shadetreefarm.com

Great Middleburg Work Shop/Storage Space

\$150 / \$250  
Call  
540-687-8040

**Fidelio**  
The Plains, Virginia  
\$9,500,000

Prime Fauquier County location minutes from Middleburg • Unbelievable finishes throughout • Antique floors and mantels, vaulted ceilings • 6 BR, 5 full, 2 half BA • 6 FP, gourmet kitchen • Improvements include office/studio, stone cottage with office, spa, guest house, pool and lighted tennis court • Landscaped grounds with stream, waterfalls, boxwood and special plantings • 61 acres

Paul MacMahon (703) 609-1905

**Mount Gordon Farm**  
The Plains, Virginia  
\$8,900,000

128 acres and immaculate 3 level, 13,000+ sq ft stone & shingle main house • 5 BR • 8 FP • Exceptional finishes on every floor • Caterer's kitchen • Elevator • Spa • Separate guest cottage • Pool • Farm manager residence • 3 additional tenant houses • 12 stall center-aisle stable • Pond • Extraordinary land w/incomparable views extending beyond the Blue Ridge Mts • Orange County Hunt

Helen MacMahon (540) 454-1930

**Langhorne Farm**  
Upperville, Virginia  
\$3,990,000

266 acres in Piedmont Hunt • Panoramic views of the Blue Ridge, Bull Run and Cobler mountains which surround the whole property • Improvements include 4 farmhouses, an iconic red dairy barn and many agricultural buildings • Ponds and traditional stone walls • This working farm is protected by a Virginia Outdoors Foundation conservation easement which allows 2 parcels

Paul MacMahon (703) 609-1905

**Spring Glade**  
Middleburg, Virginia  
\$3,900,000

French Country home, with renovations in 1999 & 2017 • Brick construction, slate roof • 4 BR, 5 full & 2 half BA, 5 FP, hardwood floors, flagstone terrace • Beautiful drive to hilltop stetting overlooking pond, lake & mountains • Improvements include pool, 2-car garage, 2 BR guest house & apartment • Lovely boxwood gardens • Kitchen allowance to be provided • 79.89 acres

Paul MacMahon (703) 609-1905

**Salem Hill**  
Marshall, Virginia  
\$3,690,000

Prime Fauquier location, well protected • 6 bedrooms • 4 full and 2 half baths • 3 fireplaces • Great views • Pool with large flagstone terrace • Large county kitchen • 4-car detached garage with apartment/office • 9-stall barn • Covered arena • Outdoor ring • 4 stall shed row barn • 51 fenced acres

Paul MacMahon (703) 609-1905

**Mayapple Farm**  
Middleburg, Virginia  
\$3,400,000

A purist's delight • Original portion of house built in 1790 in Preston City, CT • House was dismantled and rebuilt at current site • Detail of work is museum quality • Log wing moved to site from Western Virginia circa 1830 • 4 BR, 4 full BA, 2 half BA, 9 FP & detached 2-car garage • Historic stone bank barn and log shed moved from Leesburg, VA • Private, minutes from town • Frontage on Goose Creek • 37.65 acres

Paul MacMahon (703) 609-1905

**Waverly**  
The Plains, Virginia  
\$2,950,000

Circa 1755, prime Fauquier County location, between Middleburg and The Plains • Additions in early 1800's & 1943 • Home recently restored • 62 gently rolling acres in Orange County Hunt • 4 bedrooms, 4 1/2 baths, 6 fireplaces • Improvements include salt water pool, pool house, large party house/studio, 2 tenant houses, stone walls and pond

Paul MacMahon (703) 609-1905

**Game Creek**  
Middleburg, Virginia  
\$2,650,000

A remarkable property located within a private enclave just minutes from town • Stone and stucco manor house with main level master suite • 7 additional BR • 5 stone FP • Beautiful gardens, terraces, salt water pool, cabana, carriage house & stable with 2 paddocks • Lovely finishes throughout & sweeping lawn to private trails to Goose Creek • 31 acres • Private, elegant & convenient

Helen MacMahon (540) 454-1930

**Heirlong Farm**  
Markham, Virginia  
\$1,950,000

235 acres comprised of 6 tax parcels • Potential tax credits • Mostly wooded • Stone cabin circa 1850 • Barn • Large pond • Very private • First time available since the 1950's

Paul MacMahon (703) 609-1905

**Belvedere**  
Middleburg, Virginia  
\$1,850,000

Gracious home with 5 BRs • Gourmet kitchen • Two-story floor-to-ceiling window display of the Blue Ridge Mountains • 3 FPs, coffered ceilings, random width rustic cherry floors • Large home office, gym, rec room, multiple porches and patios • Three finished stories, approx. 10,000 sf. • Carriage house • Garage • 27 acres

Paul MacMahon (703) 609-1905

**Harmony Creek**  
Hume, Virginia  
\$1,650,000

Hilltop setting with beautiful distant views • Farm house circa 1920, completely restored and enlarged • 3 bedrooms, 3 baths, 2 fireplaces, wood floors, large country kitchen • 129.15 rolling & useable acres • Improvements include 3-bay equipment shed/work shop, guest house, 4-stall barn complex, riding ring, spring-fed pond and stream

Paul MacMahon (703) 609-1905

**Bust Head Road**  
The Plains, Virginia  
\$1,325,000

82.69 acres • Mostly wooded, mountain views, bold stream in very protected area • Conservation easement • Can not be subdivided • Prime Orange County Hunt location • Halfway between Middleburg and The Plains

Paul MacMahon (703) 609-1905

**Stoneway**  
The Plains, Virginia  
\$950,000

Well designed stucco single story • 3 BR • 4 full BA • 2 half BA • Master bedroom w/his and hers dressing room/bathroom en suite • Library • Sun-filled sitting room-dining room • Kitchen with breakfast nook and chef's caliber appliances • 2 FP • Large mudroom off 2 car garage • Cutting garden • Nestled on 10 private wooded acres in sought after Orange County hunt

Alix Coolidge (703) 625-1724

**2 Chinn Lane**  
Middleburg, Virginia  
\$680,000

Village Hamlet • 3 bedrooms • 2 1/2 baths • Main level master bedroom • Fireplace • Gourmet kitchen with granite counters • Hardwood floors throughout • Lovely terrace and gardens • Garage with workshop • Freshly painted

Paul MacMahon (703) 609-1905

**Potts Mill Cottage**  
Middleburg, Virginia  
\$649,500

2+ acres just east of town • Complete renovation • Immaculate & charming home with 3 BRs & 3 full BAs • Main level master BR • Oversized windows with excellent natural light • Quality finishes, wood floors, standing seam metal roof, stonework & large deck overlooking open yard, stone walls & pond • Move in ready • Close to town • Owner/agent

Helen MacMahon (540) 454-1930

**Forest Hill**  
Bluemont, Virginia  
\$625,000

10 acres & a beautifully maintained retreat with views across the valley • Post & beam home with open floor plan • Gorgeous floors, main level master suite, huge stone FP, fantastic loft/home office • 2 additional BR on main level • Many options with BR & full BA in finished space below, with walk out • Tons of storage, 2 car garage & large workshop

Helen MacMahon (540) 454-1930

SHERIDAN-MACMAHON  
REALTORS

110 East Washington Street • P.O. Box 1380  
Middleburg, Virginia 20118  
(540) 687-5588

info@sheridanmacmahon.com  
www.sheridanmacmahon.com

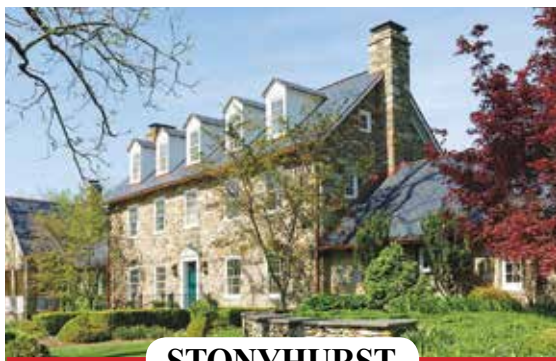
~ BE LOCAL ~

MBECC.COM

~ BE LOCAL ~



## PROPERTIES IN HUNT COUNTRY



### STONYHURST

**Middleburg** ~ Own a piece of local history. Meticulously renovated c.1890 VA fieldstone manor house set on **94 acres** only 1 mile from town. Features formal LR & DR, gourmet kitchen, 3+Bedrooms, 3½ Baths, Office & 2 porches. Original hardwood floors, 5 fireplaces & custom cabinetry throughout. Extensive landscaping, rebuilt stonewalls and new driveway. Pool, 2 barns, workshop, old tenant house and 4-board fencing. 1 division allowed. **\$4,425,000**

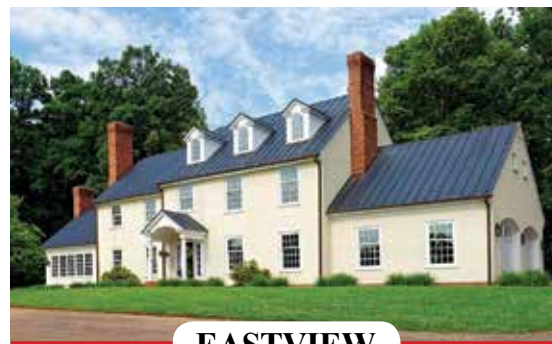
**Cricket Bedford (540) 229-3201**



### THE GRANGE

**The Plains** ~ An addition & complete restoration has created a classic and elegant Virginia Manor House. Attention to detail throughout includes a custom designed kitchen that opens to the family room. Property also includes pool, 1 BR guest house, 4 stall barn on **18 acres** located in the Orange County Hunt Territory. Convenient access to I-66, Rt. 50 and Dulles International Airport. **\$2,675,000**

**Cricket Bedford (540) 229-3201**



### EASTVIEW

**The Plains** ~ VA Manor Home on **47+ acres** with pastoral & Eastern mountain views off Zulla Rd. Fully renovated & move-in ready with 4 BR & 5 BA. 100 yr. old hardwood floors, fieldstone floor to ceiling fireplace, custom Jan Forte kitchen, 2 potential luxury Master Suites, fully finished LL, great entertaining spaces inside & out. Geothermal heating & cooling. Turn-key farm is fenced for horses. Large machine shed easily converted to a barn. 2 ponds & gorgeous pool complete the property! In Orange County Hunt territory. **\$2,650,000**

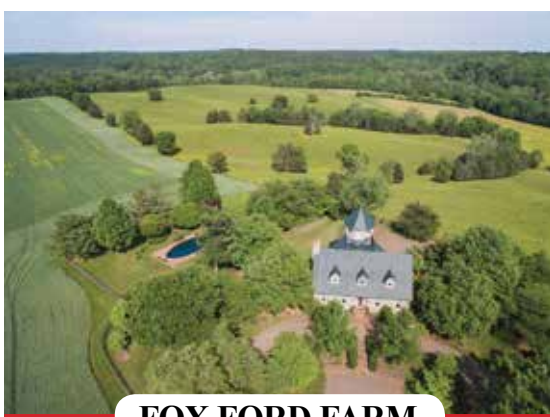
**Cricket Bedford (540) 229-3201**



### KENTHURST LANE

**The Plains** ~ Custom Federal style residence with 6 Bedrooms, 7 Baths on **2+ acres**. Features high ceilings, hardwood, marble and antique ceramic tile floors, 7 fireplaces and exquisite details. Clive Christian Kitchen with LaCornue stove and light-filled Breakfast Room. Formal Living Room, Dining Room, Library, Great Room, Master Bedroom Suite with fireplace, luxury Bath, Walk-in Closets. Guest Bedroom suite on 3rd level. Walkout lower level has Family Room, Media Room, Music Room, Weight Room, Wine Cellar, 2nd Kitchen, Guest Bedroom Suite. Attached 3-car garage with Apt. offered above. **\$1,999,000**

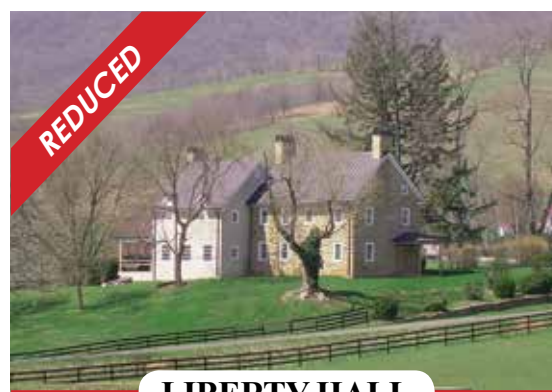
**Cricket Bedford (540) 229-3201**



### FOX FORD FARM

**Jefferson** ~ Unique 4 BR country house with pool and out-buildings. One and 1/2 mile of Rappahannock river frontage. Open, rolling fields. Investment, horse farm, brewery, B&B, farming or winery potential. All around views, flowering gardens, privacy and peace. 15 minutes to Warrenton. **\$1,991,000 on 239+acres or \$1,443,000 on 142 acres**

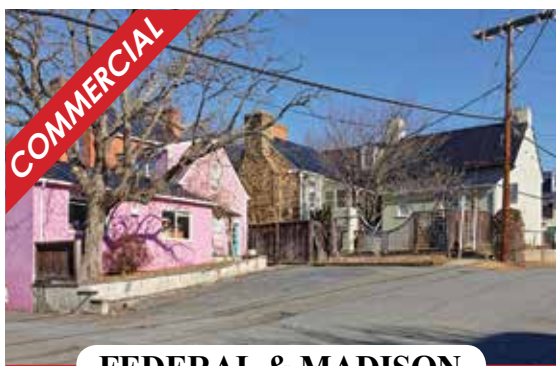
**Rein duPont (540) 454-3355**



### LIBERTY HALL

**Paris** ~ Circa 1770, Lovely Stone and Stucco Farm house sits at the foot of the Blue Ridge Mountains, **20+ acres** surrounded by Protected Lands, Spectacular protected views of Paris valley. Meticulous exterior renovations include Re-Pointed Stonework, Metal Roof, 2 Large additions, Covered Porch, Basement, Buried Electric, well and Septic, Fully Fenced, Mature Trees, Boxwoods, Ready for all your interior finishes. **\$1,300,000**

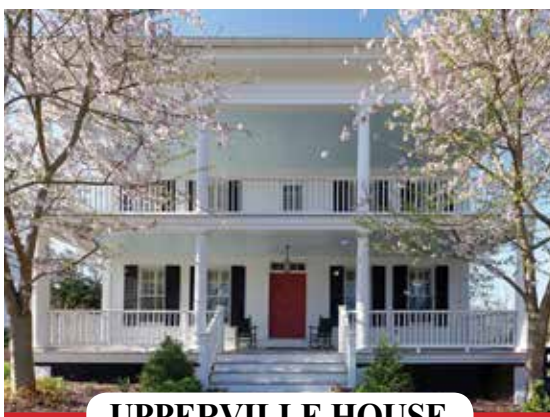
**Rebecca Poston (540) 771-7520**



### FEDERAL & MADISON

**Middleburg** ~ Bring your company, to Middleburg. Excellent commercial investment opportunity in downtown Middleburg. One commercial building which appears like two that are adjoined on the corner of Madison and Federal Streets. Offers 4 separate entrances. Mixed Use includes retail & office spaces. Includes 7 parking spaces off Federal St. Established business in one building. Seller desires to rent back. **Priced well below appraised value. Zoned C-2. \$799,000**

**Cricket Bedford (540) 229-3201**



### UPPERVILLE HOUSE

**Upperville** ~ Fully renovated c. 1843 Greek Revival style home in the historic village of Upperville. 4 BR, 3 BA, front and rear covered porches. Fully fenced yard behind with professionally landscaped gardens. 2-car detached garage and potting shed. Can be Commercial or Residential. **Priced well below appraised value. \$769,000**

**Cricket Bedford (540) 229-3201**



### SALLY MILL

**Middleburg** ~ Build your dream home on one of 3 parcels available on **3 or 4+ acre separate parcels** just East of town. Located in an area of lovely homes just South off Rte 50 at the corner of Sally Mill Road. Settings offer cleared home sites with pastoral views. Ideal commuter location w/EZ access to both Dulles Int'l Airport & downtown DC. All parcels have permitted septic, private access easements and restrictive covenants. **\$285,000- \$299,000**

**Cricket Bedford (540) 229-3201**

Please see our fine estates and exclusive properties in hunt country by visiting [THOMAS-TALBOT.com](http://THOMAS-TALBOT.com)

## THOMAS & TALBOT REAL ESTATE

Susie Ashcom  
Cricket Bedford  
Catherine Bernache  
Snowden Clarke  
John Coles  
Rein duPont  
Cary Embury

A Staunch Supporter of Land Easements  
LAND AND ESTATE AGENTS SINCE 1967  
Middleburg, Virginia 20118 (540) 687-6500

Phillip S. Thomas, Sr.  
Celebrating his 57th year in Real Estate.

Julien Lacaze  
Anne V. Marsteller  
Brian McGowan  
Jim McGowan  
Mary Ann McGowan  
Rebecca Poston  
Emily Ristau



Offers subject to errors, omissions, change of price or withdrawal without notice. Information contained herein is deemed reliable, but is not so warranted nor is it otherwise guaranteed.