

UPPERVILLE HORSE SHOW 2019 WALL OF HONOR

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THE BATTLE OF MIDDLEBURG/MT. DEFIANCE HISTORIC PARK JUST WEST OF MIDDLEBURG WAS FORMALLY DEDICATED ON APRIL 26.

A NEW MONUMENT TO THE FIRST MAINE CAVALRY WAS DEDICATED AT MT. DEFIANCE ON JUNE 22.

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MIDDLEBURG TOWN COUNCIL REPORT

DAN MORROW

A Moment of Silence

Town Council began its June 13 regular meeting with a moment of silence for the 12 killed and many injured during of the May 31 shootings in Virginia Beach's Municipal Center, and as a symbol of its solidarity and compassion for those who had lost family members, friends, and colleagues. A formal resolution of support was then adopted and dispatched to Virginia Beach.

Town Comprehensive Plan

Middleburg's Planning Commission has unanimously requested that the formal adoption of the Town's long-awaited and legally required update to its Comprehensive Plan be revised, and if necessary delayed, to allow the addition of language committing the town to optimize the efficient use of energy in the Town, and encouraging "green" energy practices by businesses and citizens, new and old. If possible a revised draft plan will be presented to Town Council for its approval in July, and August at the latest.

Hill School Solar

In late May The Hill School dedicated a new field of solar panels projected to supply roughly a third of the school's energy needs. Sigora Solar designed and installed the panels; a project that Head of School Trevor Lord noted would reduce carbon emissions attributable to the school by roughly 120,000 pounds per year.

Updated Town Website

Town Clerk Rhonda North has been working with stakeholders and suppliers for months on much-needed updates and improvements to the town's website, www.middleburgva.gov. On June 3 North reported that the site would be ready for review and revision by June 5. Two days of staff training on the site were set for June 18-20, with what she termed a "soft" launch following training. North asked staff and Council members to work over the site during the soft launch, to help identify flaws and get them fixed before the site was formally announced to the public.

North is also working with Town Administrator Danny Davis, Nexus Imaging Solutions and MCCI to digitize Town official records currently available only in paper form.

"Aldie" Firehouse Relocation

Loudoun County Supervisors have authorized the purchase of nearly twelve acres on the southwest corner of the intersection of routes 15 and 50 (Gilbert's corner), a third potential site for a long-debated and highly controversial new firehouse. Kept to one story, the new structure could be built by right and would avoid affecting existing historic structures within Aldie.

Economic Development

Business and Economic Development Director, Jamie Gauche has requested the Town issue a formal Request for Proposals from out-

CONTINUED PAGE 46



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HEDGELAND MANOR, WATERFORD, VIRGINIA
Pristine 8BR/5FBA/4HBA historic manor home, state-of-the-art entertainment barn and Carriage house. 40 acres, pond, stream, pool. Glorious mountain views! \$3,500,000
Jim Lemon 703-203-9766
Debbie Meighan 571-439-4027



IDYLL TIME FARM, LEESBURG, VIRGINIA
40 acre country retreat, comprised of main residence, historic log house, 3BR caretaker cottage, 11 stall barn, 15 fenced acres, run-in sheds, great ride out. Wedding venue, winery, brewery potential. \$1,450,000
Debbie Meighan 571-439-4027



HAWKSDOWN FARM, MIDDLEBURG, VIRGINIA
Refreshing & full of light. Spacious 3BR country home on 20 acres w/ guest house, pool, barn, grand frontage on Beaver Dam Creek. \$1,450,000
Lynn Wiley 540-454-1527
Jim Thompson 540-687-2224



MIDDLEBURG, VIRGINIA
Countryside setting offers 21 ac. Blue Ridge mtn views! Stable, run-in shed, machine shed, garden shed. 1870's home updated and renovated. 3BR/3.5BA, new metal roof, 5 fpls. Fenced separate pastures, beautiful mature trees and landscaping. \$1,225,000
Jim Lemon 703-203-9766



WHITE PUMP FARM, PURCELLVILLE, VIRGINIA
Circa 1790 Charming 4BR Stone Home beautifully restored and updated. 2BR guest cottage and bank barn. Perennial gardens, mature boxwoods gardens, 100+ year old trees, stone walkways, path and patios. 12+ acres. \$1,199,000
Debbie Meighan 571-439-4027



THISTLEPUNK, MIDDLEBURG, VIRGINIA
A stunning post and beam conversion lovingly updated. Open kitchen w/ stone bar, new counters, radiant heated BR floors, generator, flagstone patios, run-in sheds, board fencing & more. 20+ acres. \$1,199,000
Shannon Gilmore 571-442-1474



DEER FIELD, HUME, VIRGINIA
4BR/3BA Contemporary home in an elevated position on 21 ac. Large great-room with cathedral ceiling and massive stone chimney. Built in 2002, in a post and beam style, open areas providing great space & abundance of light. Easy access to I66. \$1,100,000
Lynn Wiley 540-454-1527



ROUND HILL, VIRGINIA
Completely renovated 3BR/2.5BA country home on 5+ acres in 2 tax parcels. 1BR/1BA efficiency over 2 car detached garage. Amazing pool with covered pool pavilion. \$795,000
Debbie Meighan 571-439-4027



BLUEMONT, VIRGINIA
Lovely home with just under 10 acres w/ 2 fenced paddocks. 3 fin. levels, 3 fireplaces, 5BR/3BA 6th bedroom and full bath on lower level finished basement, complete with second kitchen. Great in-law or nanny suite. 3 car side load garage. \$749,800
Jim Lemon 703-203-9766



THE SHIRE, PARIS, VIRGINIA
4BR, 5000+SF on 25+ ac. in Forestry Conservation. Easily access Rts 50 & 7. LL in-law/au Pair ste. Lrg master; fpl, granite counters, plantation shutters, great rm w/ wood stove that opens to patio via new Pella sliders. 2-car gar; 2 tiered deck. \$675,000
Shannon Gilmore 571-442-1474



MIDDLEBURG, VIRGINIA
Amazing 4 level all brick home in the village of Middleburg. End unit w/ side porch, renov. Kit, hardwood flrs, 9 ft ceilings. Large fam. Rm/gas fpl. 2BR/2BA up w/ walk-in closets. LL w/ 1BR/1BA. Mature trees and plantings. Walk to shops & stores. \$569,000
Jim Lemon 703-203-9766



MARSHALL, VIRGINIA
Charming country home on 6 wooded acres, HW flrs, large fam room w/ wood burning fireplace. 4BR/2.5BA, kit w/ butler's pantry, master BR w/ large closets & bath with separate shower & tub. Large deck, in private setting. \$529,000
Lynn Wiley 540-454-1527

NEWS OF NOTE

ACRE: PLANTING FORESTS TO PROFIT PLANET EARTH



LAUREN R. GIANNINI

Land, whether for farming crops or livestock or beautiful open spaces, is expensive to main-

tain, and too often owners or their heirs reach the point where mega-bucks offered by developers appear mighty tempting. But suppose there's a way to hang on to your land, protect it for fu-

ture generations, and also make money...

Advanced Carbon Restored Ecosystem (ACRE) is all about trees, one of the planet's most important natural resources, a

source of life, food, and habitat for wildlife. Trees are nature's air cleaners, breathing in everything, especially noxious carbon emissions and the carbon dioxide exhaled by all living creatures,

then releasing oxygen back into the air. Reforestation is the aim of ACRE where trees are the currency of conservation and forests the most natural and effective strategy to achieve a healthier

CONTINUED PAGE 20

CONGRATULATIONS TO THE HILL SCHOOL CLASS OF 2019



PHOTO BY MIDDLEBURG PHOTO



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Eccentric

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NEWS OF NOTE

KIM HART HONORED



MIDDLEBURG COMMUNITY CENTER

JULY 4TH

INDEPENDENCE DAY

CELEBRATION

THURSDAY JULY 4TH

Schedule of Events:

- 11-8pm:** Pool Open
- 5:30pm:** Children's parade line-up in the gravel lot
- 6pm:** Children's parade begins
- 5-9pm:** ZAVA ZONE obstacles in the ball field
- 7-9pm:** Bluegrass Concert in the ball field
- 6-8pm:** face-paint in the picnic grounds!
- 9pm:** Fireworks extravaganza!

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- ZAVA Zone

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UPPERVILLE HORSE SHOW

HORSE-CRAZY

LAUREN R. GIANNINI

Upperville Horse Show is a magnificent extravaganza situated in gorgeous rolling countryside with the hunter rings shaded by towering oak trees and the jumper side offering grand views of the Blue Ridge Mountains on the not-so-distant horizon. It occupies both sides of Route 50, and legend has it that, late at night, John Mosby and his Raiders can be heard galloping along the highway.

The hunter side is called "Upperville" with Saturday's crowd-drawing agenda of lead-line, sidesaddle, family class, Silver Foxes, Wall of Honor, etc. The jumpers are nicknamed Europe for the FEI lingo (meter-30, etc). Both sides offer festive atmosphere, vendors, and the scrumptious eye-candy of horses and ponies...

It reached crisis level on Thursday after the \$30,000 Upperville National Grand Prix. Forty 40 horse and rider combinations tackled the first round course designed by Ireland's Alan Wade, but only 10 made it clear to the jump-off.

Early in the tie-breaking round, Alison Robitaille and Flairvona, owned by The 500 Hats LLC, recorded the first double clear in 36.322 seconds to take the lead. It looked as if victory belonged to the hometown rider until Schuyler Riley and E2 Show Jumpers' Iceman De Muze rocketed around the jump-off course for a fast, clear round that stopped the clock at 35.184 seconds, relegating Robitaille and Flairvona to second place.

In Upperville's Sunday finale, McLain Ward showed why he's one of the USA's top jumper riders and veteran Olympic medalist (two team golds and a team silver). Ward and Contagious, owned by Beechwood Stables, proved the best of in the 13-horse jump-off (out of 34 starters) to garner first place in the \$208,200 Upperville Jumper Classic CSI4*, sponsored by Lugano Diamonds.

Ward showed often at Upperville from his junior years onward and had three Jumper Classics wins to his credit before scoring this fourth one with Contagious. It came after a long hiatus. He had returned last year, attracted by Upperville's state-of-the-art footing and big prize money, and placed well in the Speed Stakes and the Classic. This year, Ward won both classes, notching an unbeatable round in Saturday's \$35,700 Upperville Speed Stakes CSI4* with Noche

de Ronda over 22 combinations, followed by Sunday's victory aboard Contagious.

Tons of information and photos capture the action at Upperville.com with results at horseshowsonline.com and don't forget www.PhelpsSports.com for news and more photos. Non-competing enthusiasts can sign up at USEF.org for a fan membership: \$25 per year grants full access to the Learning Center's video lessons, USEF Network (Live broadcasts and On-demand archives), US Equestrian Magazine, Equestrian Weekly newsletter and much more.



RIDER SLOANE COLES- PHOTO BY TIFFANY DILLON KEEN

Discover Moments Like This

Please join us on August 3 at 6 pm for our annual Twilight Tastings celebration. Enjoy live music, local wine, beer and whisky tastings, and carefully crafted fare.

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NEWS OF NOTE

SUMMER EVENTS FOR THOSE WHO LOVE HISTORY

The Mosby Heritage Area Association once again presents a large and varied summer portfolio of tours, lectures, demonstrations and events for anyone who enjoys history.

The Fighting Berkeleys

Sunday, June 30th, 1:00 p.m.

Program begins at the Inn at Evergreen

15890 Berkeley Drive, Haymarket, Virginia

View the Civil War through the eyes of four brothers who served through nearly the entire conflict. Edmund, Norborne, Charles, and William Berkeley all served as officers together in the 8th Virginia Infantry, earning the unit the nickname "The Berkeley Regiment." Dr. Joseph Rizzo, Director of the Loudoun Museum, will talk about their combat experiences and origi-

nal Berkeley artifacts will be on display. Following the talk visitors will have a chance to tour three Berkeley homes - Evergreen, Stoke, and the Berkeley House. Tickets required.

First Friday Gallery Walk, Loudoun Museum

Friday, July 5th, 6:00-8:00 PM

Celebrate our nation's history with us and our partners at the Loudoun Museum in Leesburg.

Colonial Kids Day, Burwell-Morgan Mill

Saturday, July 20th, 11:00 AM-4:00 PM

Stop by the Burwell-Morgan Mill in Millwood and experience life in the 18th century. Event sponsored by the Clarke County Historical Association

Open Late Concert Series, National Sporting Library and Museum

Friday, July 26th, 6:00-8:00 PM

Enjoy a free outdoor concert at the National Sporting Library and Museum in historic Middleburg.

History Lab: Revolutionary War vs. Civil War

Saturday, August 3, 10:00 a.m.- 4:00 p.m.

MHAA Office at the Caleb Rector House

1461 Atoka Rd. Marshall, VA 20115

Lace up your brogans and put on your tricorn! Join MHAA at the historic Rector House to explore the differences between a soldier's life in the Civil War and American Revolution. Attendees of all ages will compare military

technology, cooking and foodways, camp life, and spying with high-quality interpreters. This free program includes activities and take-home souvenirs. A local food truck will be on-site for lunch, snacks, and drinks. Admission is free.

For mom and dad: Local authors will be signing copies of their books inside the Rector House all day. Pick up a copy, learn about their latest projects, and get a head start on holiday or back to school shopping!

The Art of War: The Civil War Sketches of James E. Taylor

Saturday, August 24, 9:00 p.m.

Bus departs from the Caleb Rector House

1461 Atoka Road Marshall, VA 20115

Join MHAA for a bus tour that follows in the path

of wartime news artist and Union soldier James Taylor. Attendees will visit historic locations in Millwood, Berryville, and Winchester, where Taylor sketched the landscape for publication in Leslie's Illustrated in 1864. Guests are encouraged to bring a sketchbook to try their own hand at recording these fascinating sites!

This program includes a fair amount of walking outdoors and on uneven ground. Please wear good walking shoes and dress for the weather.

Seats are limited! Tickets required

For more information, reservations and tickets to any and all events see the MHAA website at www.mosbyheritagearea.org; call 540-687-6681; or stop by MHAA's Rector House headquarters at 1461 Atoka Road, Marshall VA 20115



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NEWS OF NOTE

RICK COLLETTE'S STORY

OPIOID ADDICTION IS IN OUR OWN BACKYARD

Seven years ago, I lost my wife to cancer. It was a long and brutal struggle, requiring mountains of opioids to help her cope with pain. My daughter, Katie, was 19 when her mother passed away. She was deeply troubled by her loss and, before I realized it, turned to her mother's meds for an escape from her grief.

So began years of addiction and all the baggage that insidious disease carries with it. Katie began seeing a psychiatrist, but, the allure of the high was just too seductive. She had always been a good girl before the drugs, but, after her mother's passing, she was arrested twice and was facing serious jail time when she died from an overdose in March of 2016. She was not quite 26.

No family in Loudoun should lose a child to drugs. Unfortunately, we lost 1,100 kids last year in Virginia. We are on track to lose another 1,400 this year. Too many. Too soon.

The Next Chapter

Six days after my daughter died, I saw an article in the paper about a program out of the local sheriff's office. He is trying to raise awareness about the local opioid crisis. He wants people to know that heroin is easy to find in our region and inexpensive to boot. To make matters worse, dealers are mixing in chemicals to intensify the high—chemicals that are also lethal in small doses.

Last year alone, 44 children in Loudoun and Fauquier counties died from their addiction. This scourge is indiscriminate, taking people from all walks of life. It affects everyone. There are only three outcomes: you quit, you go to prison, or you die. But, people refuse to see the problem. We try to get our speakers in front of students, parents, and educators. But, too often we hear is that "there isn't a problem here." As a society, we are in complete denial. The few of us who know the truth soldier on.

I just hope that, before I die, one person approaches me to say, "I heard you speak, and you helped me." That would help me make sense of a senseless tragedy and to do my part to End the Need in Loudoun. Won't you join us and help save a life?

The Faces of Loudoun is a community service campaign of the Community Foundation for Loudoun and Northern Fauquier Counties portraying real people and unexpected stories of need, service and leadership here at home. Learn more at FacesofLoudoun.org



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NEWS OF NOTE

THE MIDDLEBURG POLO COMMUNITY PLAYS TO BENEFIT U.S. PARK POLICE HORSES



TEAM USA OF NACHO FIGUERAS LEADS THE CHARGE WITH TEAM MEXICO'S CAPTAIN TONO MADRAZO AT HIS SIDE

NANCY MILBURN KLECK

“Officer! Officer! What’s your horse’s name?” Of the over 36 million annual visitors to the National Mall in Washington, D.C., it’s the #1 question tourists ask a mounted police officer. Officer Ken Leonas happily replied to the little girl, “His name is Cayson.” Beaming with pride and love for his charge and their job, Officer Leonas and his hefty, quiet Percheron/Thoroughbred cross were happy to oblige the youngster’s request for the perfect “Cayson and me” selfie.

Officer Leonas and fellow officers Jennifer Swope (on Remy), Janet Kim (on Tino) and T.C. Gordon (on Trooper) had the pleasure of opening the 2nd Annual District Cup this past Saturday played at Potomac Park.

The polo community is small, but worldwide, and very supportive of good causes especially if it benefits the horse. The Trust

for the National Mall campaign to Rebuild the U.S. Park Police Horse Stables was established to raise \$13 million from private philanthropy for new facilities to house up to 20 horses. Currently, less than half can be kept at the stables. New plans include at least four paddocks, offices for the policemen, new roadways and pedestrian pathways, and public exhibit space, all within a secure area. Being able to welcome tourists is a priority, but most importantly, the officers and their horses will have a first-class facility befitting their role as ambassadors of the city.

Established in 1934, the United States Park Police Horse Mounted Unit is one of the oldest police equestrian units in the U.S. The unit expanded over the decades to patrol and provide protection in the Washington metropolitan area, as well as New York and San Francisco after modestly starting with one rented hire from a local stable. Temporarily built in 1976 in preparation for the

millions visiting during the bi-centennial, the location proved to be ideal to monitor the pedestrian areas of the Mall.

Horses were found to be highly effective in crowd and traffic management as well as instilling the public’s perception of a friendly presence. Officers say one mounted officer is equivalent to ten police officers on foot. With an average height of 17 hands and most being draft crosses, an officer has a hawk’s eye view of the scene as well as maneuverability through narrow spaces. The participation in parades and city events is always a highlight of any day.

Over the week, 650 guests watched three days of polo: the Beverly Cup (hosted by Bill Ballhaus and Darrin Mollett’s Beverly Equestrian Polo), the Cultural Cup (hosted by Nelson and Breanna Gunnell’s Banbury Cross Polo), and the District Cup. Saturday’s second match vying Team Mexico - NetJets and



U.S. PARK POLICE OFFICER KEN LEONAS AND CAYSON

Team USA - Beverly Equestrian featured polo’s ambassador and arguably the most famous face of the sport, 6 Handicapper Nacho Figueras playing for Team USA. Team Mexico outplayed the USA in a very exciting game of 7-4. Afterward, players mingled and posed for photos, and together celebrated with Greenhill Winery’s Blanc de Blanc champagne.

Though most of the guests were from the DC Metro area, many Middleburgians were in attendance, most notably, our very own philanthropist Sheila Johnson, Founder/CEO of Salamander Spa and Resort. A resident of Washington and involved in many causes, she was immediately drawn to the project out of the ten or so initiatives that have been identified as a priority on the National Mall. Upon learning and seeing the deplorable conditions from being overlooked for more than 40 years since they were built, Johnson became a board member and personally committed \$1 million to initiate

Phase 1 of the project. She continues to be a major presence in the ongoing fundraising.

After the match ended, Officers Leonas and Gordon led a group across Independence Avenue down a path to the stables. Officer Leonas described at the challenges especially during the winter and rainy days, and noting the small stall sizes, one can only imagine the sense of confinement these draft crosses have living and working there. His words, however, were spoken with deep gratitude and anticipation of the coming time when the present conditions will become history. Greener paddocks are truly on the horizon.

As of this writing, design work is still in progress as well as fundraising, and a groundbreaking date has not been set yet. For more information about this project, contact Cheryl Bratz at cbratz@nationalmall.org. To donate, go to www.nationalmall.org/hordestables



U.S. PARK POLICE HORSE MOUNTED OFFICERS JENNIFER SWOPE, JANET KIM, TC GORDON AND KEN LEONAS

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NEWS OF NOTE

LOUDOUN THERAPEUTIC RIDING
THE BIGGEST WINNER ON PREAKNESS DAY

STORY BY MAGGIE JOHNSTON
PHOTOS BY NANCY KLECK

The 9th annual Preakness Party, held at Murray Hill in Leesburg, Virginia raised more than \$130,000 on Saturday evening. These funds will ensure that our programs including therapeutic riding, Hippotherapy, carriage driving, Equine Gestalt Coaching Method sessions and our Equine Services for Heroes program will continue. More than 190 Preakness Party guests enjoyed a fun evening for a great cause.

Guests watched the 144th running of the Preakness Stakes race, enjoyed dinner catered by Magnolia's at the Mill, sipped Black Eyed Susan cocktails and bid on exclusive silent and live auction items. Riders including Amy Stone spoke passionately of their life-changing lessons they participate in, echoing Program Director Kathy Blaine, Executive Director Susan Kohler and Board President Reggie Howard's comments throughout the evening honoring the horses and instructors.

One of the many highlights of the evening included Jodie Howard reading a poem written by her, her husband Reggie and their children on behalf of their daughter Rosie, who rides at Loudoun Therapeutic Riding. Entitled When I Ride All I Feel is Free, the poem describes Rosie's 18 year journey including her challenges and successes. Displays adjacent to the Bar, on the lawn included an adaptive carriage and a trailer decorated with horse and rider tack with signage created by the Cummings family which explained the custom therapeutic equipment used by students.

Founded in 1974 Loudoun Therapeutic Riding is located at Morven Park in Leesburg, Vir-



AMY STONE AND RYAN PERRY

ginia. We are the only PATH International Premier Accredited Center (www.pathintl.org) in

Loudoun County. Additionally, Loudoun Therapeutic Riding is a member of the Therapeutic

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merce, and the Loudoun Equine Alliance.

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LTRF PRESIDENT REGGIE HOWARD AND WIFE JODIE READING WHEN I RIDE ALL I FEEL IS FREE, A POEM WRITTEN BY THEIR DAUGHTER ROSIE



PAULA AND ALI JOYCE

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NEWS OF NOTE

THE FOXHOLE – A MONTHLY DISCUSSION OF VETERANS



MIDDLEBURG AMERICAN
LEGION POST 295

Did you ever serve in the United States Armed Forces? If you did, you are probably very familiar with the old adage “Never Stop Serving.” Most of us who have served this great nation in its uniformed services have service to country indelibly etched in our minds and in the very fabric of our being. Most of us who have served in the Armed Forces, continue to serve our community and our nation in many different ways beyond our chosen careers and have “Never Stopped Serving.” These “extracurricular” activities include volunteer service with our first responders, community service programs, local faith-based organizations and lastly, by supporting a wide variety of not for profit organizations. As former members of the Armed Forces, the current members of American Legion Post 295 would like to invite you to consider becoming a member of the American Legion, the oldest and largest American Veterans Service Organization in the USA and specifically to join us at Middleburg American Legion Post 295.

If you are open to the idea of joining the American Legion, here are a few thoughts on American Legion membership. Membership in the American Legion offers many benefits including involvement in community programs, local Veterans support activities, and an opportunity to have a voice in Washington DC as it relates to Veterans issues. Of course, our main focus is on programs which benefit our nation's Veterans and their families. This is the reason the American Legion continues to lobby in Washington for veterans, and current service personnel. Additionally, as the largest wartime veterans' service organization, the American Legion is also committed to mentoring youth, promoting national security, and honoring service to our great nation. Lastly, on a more personal level, Legion membership gives you the opportunity to develop new friendships with other Veterans and their families, to share in the fellowship with these new friends and lastly, it brings access to the Post's facilities including free usage of Post 295's Patriots Hall.

If you are interested in joining Middleburg Post 295, please

contact our current Post Commander, Mr. Eric Lindengren via email at ericann94@hotmail.com or come to one of our monthly meetings on the second Wednesday of the month at 7:00 PM. We are located on Plains Road just across from the Sporting Museum. As a reminder to our entire community, please consider our Patriots Hall as a venue for your future social events. For more information on dates and fees please contact Ricky Bell at (540) 364-3550 or by email at scruffy451@aol.com.

The United States Army's Birthday: 14 June 1775

On June 14th, we celebrate the birthday of the oldest service within our country's Armed Forces – The United States Army. This summary of the birth of our Army was taken from a letter written by John R. Maass, a historian at the US Army Center of Military History:

When the American Revolution broke out, the rebellious colonies did not possess an army in the modern sense. Rather, the revolutionaries fielded an amateur force of colonial troops, cobbled together from various New England militia companies. They had no unified chain of command, and although Artemas Ward of Massachusetts exercised authority by informal agreement, officers from other colonies were not obligated to obey his orders. The American volunteers were led, equipped, armed, paid for, and supported by the colonies from which they were raised.

In the spring of 1775, this “army” was about to confront British troops near Boston, Massachusetts. The revolutionaries had to re-organize their forces quickly if they were to stand a chance against Britain's seasoned professionals. Recognizing the need to enlist the support of all of the American seaboard colonies, the Massachusetts Provincial Congress appealed to the Second Continental Congress in Philadelphia to assume authority for the New England army. Reportedly, at John Adams' request, Congress voted to “adopt” the Boston troops on June 14, although there is no written record of this decision. Also on this day, Congress resolved to form a committee “to bring in a draft of rules and regulations for the government of the Army,” and voted \$2,000,000 to support the forces around Boston, and those at New York City. Moreover, Congress authorized the formation of ten

companies of expert riflemen from Pennsylvania, Maryland, and Virginia, which were directed to march to Boston to support the New England militia. George Washington received his appointment as commander-in-chief of the Continental Army the next day and formally took command at Boston on July 3, 1775.

Since its founding, the United States Army has protected our nation's interests in many conflicts and in many places across the globe including WWI, WWII, Korea, Vietnam, Grenada, Panama, Bosnia, Kosovo, Iraq, and Afghanistan. All five branches of our Armed Forces – the Army, the Navy, the Air Force, the Marine Corps, and the Coast Guard – form the world's greatest military force which stands ready to ensure the peace and defend our great nation. This June 14th, take a moment to wish a very Happy Birthday to the United States Army and give thanks for all of our blessings including the men and women, past and present, of our Armed Forces.

Loudoun County Veterans Services Coordinator

As a result of the efforts of several Loudoun County Veterans Service Organizations, including American Legion Post 295 in Middleburg, and with the support and leadership of your

elected Loudoun County leaders, in September 2017, Loudoun County established a full time Veterans Services Coordinator on the county's staff to support Loudoun Veterans and their families. If you have a question or would like more information on services available for veterans and their families please contact the Loudoun County Veterans Services Coordinator at 571-258-3815.

US Flag Retirement and Disposal Ceremony

Middleburg American Legion Post 295 will host a United States Flag Retirement and Disposal ceremony on Wednesday, June 12, at 7:00 PM at their Post Hall in Middleburg. If you have any unserviceable U.S. flags please bring them to the American Legion Post 295 for proper retirement and disposal. Lastly, if you have the interest or are a bit curious about the ceremony please join our Post 295 personnel and participate in the ceremony. We perform this service for the community and all of our citizens is welcome to join us.

The following history of our Stars and Stripes flag was excerpted from the Veterans of Foreign Wars (VFW) web site: The designer of the original “Stars and Stripes” flag of the United

States has never been definitely confirmed. Some say it was Betsy Ross, expert Philadelphia seamstress, while others point to New Jersey's Congressman Francis Hopkinson.

The traditional story that Betsy Ross designed the original flag in 1776 has caught the popular fancy but no official record substantiates the story. Some historians claim that in June 1776, Gen. George Washington, Robert Morris and Betsy's uncle, George Ross, went to her Philadelphia upholstery shop. The men told her they were members of a congressional committee. They showed her a rough design of a stars and stripes flag and asked her if she would make the emblem. She said yes and recommended making the stars five-pointed instead of six. The change was approved. George Washington drew another design, and Betsy Ross sewed the emblem. On June 14, 1777, Congress adopted it as the official U.S. flag. More recent research indicates Francis Hopkinson, a consultant to the Second Continental Congress may have been responsible for designing the original Stars and Stripes. Whoever designed it, our Stars and Stripes flag and the sacrifices made by so many in its defense, deserve the respect of all of our citizens.



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NEWS OF NOTE

A HOUND SHOW WEEKEND



2019 VIRGINIA FOXHOUND CLUB GRAND CHAMPION SAPHIRE OF GREEN SPRING VALLEY HOUNDS

Hunts from around the country gathered at the 72nd Virginia Foxhound Club show at Morven Park this past May to contest their very best hounds, young and seasoned. As fellow foxhunters mingled and got reacquainted, some guests sauntered up to the Museum of Hounds and Hunting in the Mansion to see

Meg Gardiner's wonderful collection of rescued rocking horses, then returned to watch and listen to the horn blowing contestants. Returning Live Oak Hounds Huntsman Spencer Allen won it handily. Surrounded by family and friends, he was beaming from the honor. Local junior handlers Aria Venezia and Weston Hasser from Middleburg Hunt

won 2nd and 4th respectively in the age 10 and under.

American Champion: Orange County "Texas"

Cross-bred Champion: Green Spring Valley "Saphire"

English Champion: Hillsboro "Modest"

Penn-Marydel: Golden's Bridge "Amber"

American Pack Class Winner: Middleburg Hunt

Cross-bred Pack Class Winner: Rosetree-Blue Mountain

English Pack Class: Live Oak Hounds

Penn-Marydel Pack Class: Red Oak Foxhounds

Best Performance Hound: Midland "Shilo"

Grand Champion Foxhound: Green Spring Valley "Saphire"

Reserve Grand Champion Foxhound: Hillsboro "Modest"



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NEWS OF NOTE

THE WARRENTON HORSE SHOW - THE LAST SQUARE OF THE QUILT

BILL COUZENS

In another life and another time, I was involved with an organization called the Warrenton Horse Show. Known as a Labor Day tradition, horse show lore reports it as the oldest corporation in the Commonwealth of Virginia.

I fell in love with the show grounds as it was a green space in an encroaching area of development. I was in love with the idea that we were protecting something money could never buy.

I had been a board member and board president.

This was the place that, when my kids were small, rated not with other places, such as Disneyland, but instead with iconic personalities, such as the Easter Bunny and Santa Claus, which points to my theory that the Warrenton Horse Show is a place of the heart.

For kids, the Warrenton Horse Show was the anesthesia that seemingly ushered them back to school. For parents, it was the celebration that yes, in fact, kids were going back to school.

It was not just a Labor Day tradition but an event that was steeped in Virginia's agricultural and horse culture for well over 100 years. Everything about the grounds shouts "country fair." It's Virginian, it's old, and it's cool. It's classic.

Hot summer days with my children at the Warrenton Horse Show are memories that are indelibly etched in my soul.

Our kids did not have fancy ponies but rather elders of the pasture; both ponies were at least one or two years older than me at the time, at the very least in their mid-thirties. On hot days, they required cold baths and fans. Both were pre-diabetic and had Cushing disease, and combined, they maybe had a grand total of five teeth. The only things that made them different from a toy horse on wheels were 1) the wheels and 2) a weak pulse.

They were not like the show horses of today; with large corporate sponsors of money and support, my troop was a proudly glued together posse.

The kids were super proud of

our stable mounts and made up the cheerleading squad of my horse Holy Smoke, who was a fine mix between an unknown Thoroughbred and a plow horse.

Holy Smoke was so big he could handle several kindergarten-sized mounts at one time, appearing to be more of a Greyhound bus than anything else.

The end of the several-day show often meant paying the vendor, who kept a running tally.

Kids were kings at the Warrenton Horse Show; all loved it. My horse show bills at the food stand involved what seemed like the national debt for lemonade, hot dogs, and ice cream.

There was nothing like lemonade at the sometimes hot, dusty Warrenton Horse Show. Personally, I loved being part of the solution, keeping sweat off the brows of my kids, their friends, and their friends' friends.

The Warrenton Horse Show was a community, and it did not matter if someone liked you or not; everyone waved, and everyone said hello. It was a fam-

ily.

Historically, ambitious developers have circled the grounds.

Several years ago, in an effort to secure the notable grounds, we dedicated the secretary's stand in honor of the Country Western Legend Patsy Cline. Patsy used to sing there, and opening that metaphoric box was paramount to opening flood gates of fans, friends, and family.

People dressed like Patsy, sang like Patsy, and even drove cars like Patsy, and some drove from as far as California to do so.

Close to twenty years later, people still come to pay homage to Patsy Cline.

Together, the small volunteer board dug in and locked arms to save something bigger than ourselves.

For close to a year, we met every week at my old farmhouse to plan, listen to auditions, and strategize our big day.

Today, a passerby will see the effects of development. Adjacent to grounds, one will see leveled trees, and active construction is underway.

And yes, without any doubt in my mind, developers have their eye on the prize.

It's an obvious next step for those who might not know the story or have a point of reference and understand the relevance.

For over 100 years, the showgrounds have been a green space for the town of Warrenton.

If you go there today, you will see how the showgrounds are being lovingly stewarded: A new sand ring was placed in memory of legendary horseman Bucky Reynolds, the lawn has been cut, and trees were planted in memory of friends. Every corner has a story.

You can see the care and love despite the unspoken threat of the grounds being lost one day to the highest bidder.

I am empowered to see how Warrenton Horse Show volunteers continue to maintain and care for what is left. Clearly, it is the last square of a quilt, made from the heart and much loved.

<https://thriveglobal.com/stor.../the-last-square-of-the-quilt/>



Mary Margaret Batsakis
Isabel Dooley Baynum
Nina Maud Bonin
Willem Herbruck Bonin
Audrey Elizabeth Brown
Rachel Sinclair Baldock Bryant
Garrett Vincent Campos
Thomas Joseph Carroll
Molly Rose Cesanek
Katie Elizabeth Chandler
Guangbo "Sam" Chen
Taewon "Joey" Chung
Paul Maguti Deya
Kayla Taylor Dowell

Liberty Conchita Edmundson
Luke David Finkbeiner
Jonathan Paul Finn
Kristen Choquette Guiney
Noah Robert Hale
Spencer Michael Harman
Ava Victoria Harrington
Yuchen "Eric" He
Chaeyoung "Sally" Hwang
Yutong "Betty" Jiang
Justine Katlyn Jones
Joo Heon "Peter" Kong
Annabelle Grace Lassiter
Brittany Elizabeth Leggott
Graeme Thomas Mischel

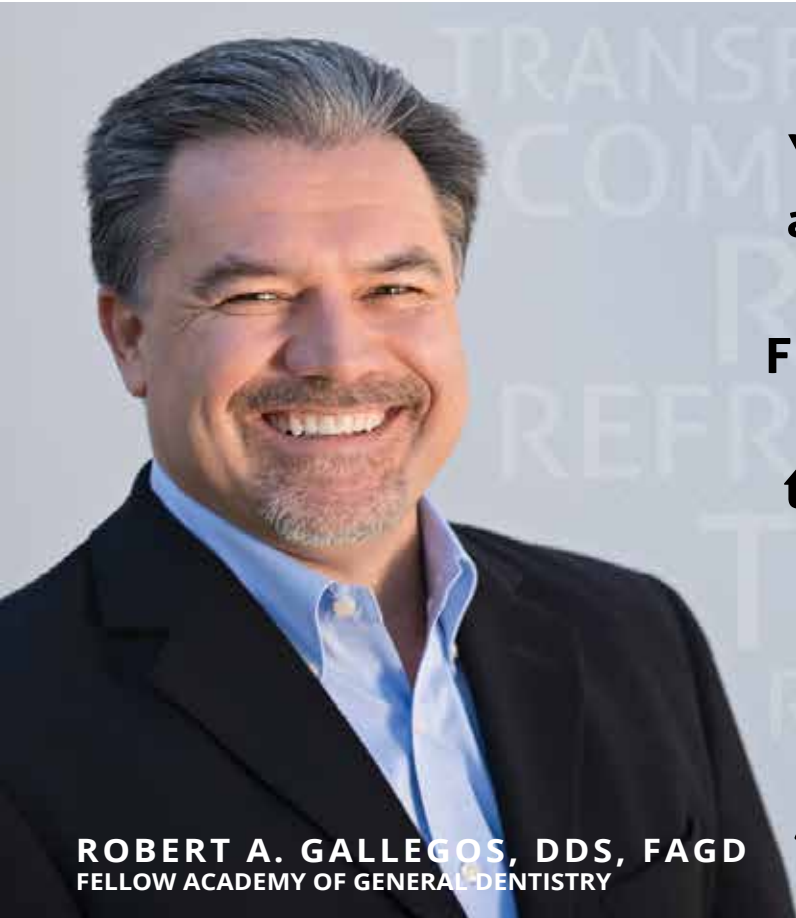
Haile Alyssa Morton
Thomas Christos Mossburg
Sara Alexis Rheintgen
Ethan Daniel Rosenfeld
Adam Thomas Sanfacon
Myoungju "Melissa" Son
Farmer Zuri Stubblefield
Hannah Marie Jackson Toney
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Marcel Alexander White
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Rutgers University-New Brunswick
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The American Musical and Dramatic Academy
Trinity College Dublin –
Columbia University Dual BA Program
United States Military Academy

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NEWS OF NOTE

ACRE: PLANTING FORESTS TO PROFIT PLANET EARTH

CONTINUED FROM PAGE 3



planet.

Founded in 1999, ACRE is the brainchild of Carey Crane III and Chandler Van Voorhis, in collaboration with Jerry A. “Dutch” Van Voorhis. Their expertise in conservation, ecology, education, finance, aerospace defense technology, and history makes them ideal pioneers in “natural capitalism” where the rewards of reforestation include cleaner air, revitalized soil, restoration of wildlife habitats, reduced carbon, and profit.

ACRE’s mission is to build new forests that are protected, that won’t be cut down by timber companies or cleared for residential or commercial development. ACRE doesn’t own any land, opting to work with landowners, whose properties range from

250 to 1500 acres, along with a few smaller plots. Supported by advanced technology, ACRE and its investors grow forests for carbon credits, a virtual yet valuable product.

Forest Fund

GreenTrees is the jewel in the canopy of forests so far achieved by ACRE’s officers and investors, who are currently involved in a 10-year, one-million-acre plan to build new forests—the greatest single private conservation forestry initiative ever undertaken in the USA. Their vision to unite scale, speed, restoration, ecosystem repair, and climate impact will result in the planting of 500 million new trees and result in the generation of 300 million reforestation carbon credits.

To date, ACRE has planted over 30 million trees on 120,000 acres in partnership with privately owned marginal farmlands along the Mississippi River. GreenTrees began in 2003 when Crane and Chandler Voorhis, bonafide visionaries, set out to prove for the record that conservation can support itself.

Considered “America’s Amazon,” the Mississippi’s Delta provides a vital ecosystem for 60 percent of all migrating birds and serves as home to several endangered species. The Mississippi is the destination for 41 percent of North America’s rivers before it flows into the Gulf of Mexico. Trees that are planted on marginal land bordering rivers and streams do more than sequester carbon from the air—their roots

cleanse run-off water which benefits aquatic and, eventually, marine life.

It all starts with ACRE’s Big River and Big River Nursery, which is where the all-important cottonwoods are nurtured to begin the process of reforestation. Fast-growing at six to eight feet or so per year, the cottonwood is a workhorse of a tree, fully grown by year 4 and already pulling in hefty amounts of carbon and storing it. One-third of the cottonwoods are harvested at years 10, 17 and 25, as they fulfill their role as nursemaids to the enduring hardwoods which mature at about 30 years.

Cottonwood trees are essential, supplying the much slower-growing hardwoods with shade even as they expedite the business of marketing their own carbon credits within a few years. By inter-planting at certain intervals, the fast-growing cottonwoods help the spindly little hardwood saplings to grow straight and tall, reaching for the sky so that, by year 26, all of the foliage in the forest has grown into a lovely green canopy overhead, covering huge acres in the air. The entire purpose of the hardwood trees is to soak up record amounts of carbon and its derivatives and whatever other nasty stuff might be in the air. Hardwoods tend to grow very large as if the carbon on which they’re “feeding” makes them strong like living diamonds.

Advanced Carbon Restored Ecosystem 101

“Half of a tree’s weight is in carbon,” explained Jerry A. “Dutch” Van Voorhis, ACRE’s president and CEO. “We plant

600 trees per acre, half are fast-growing nursery stock, cottonwoods, the other half are hardwoods. By year four or five, the cottonwoods are 10, 15, 20 feet tall, towering over the slow-growing hardwoods. Our experts take samples to monitor the absorption of carbon by the cottonwood trees. We bundle that information, along with all the details, who owns the land, what the soil is, everything, and send it off to verifiers of carbon.”

The carbon verification process takes several months, with verifiers visiting the properties. It’s essential to monitor and measure the growth of the trees, check that they’re all hale and healthy. ACRE’s forests produce about one million tons of carbon, a mind-boggling amount, and expenses come off the top, but still...

“If you didn’t have the cottonwoods, you’d have to wait until year 15,” Voorhis stated. “We figured out the tools, and nobody else is doing it. We have 500 landowners so far in our program and every year their forests “produce” about one million tons of carbon, which we sell as credits to a lot of large corporations at about \$10 per ton. Half of all that currently goes back to the landowners.”

If all of those zeroes don’t grab your attention, consider this: Carbon transforms from toxic pollutant to being stored as the marketable part of the forest, a very real, albeit virtual, money-winner. When ACRE-planted trees absorb those nasty little CO and CO2 micro-bits from the air, they’re just being forests. They certainly aren’t being exploited or, even liquefied, for profit. They’re just being trees and wildlife habitats, performing many functions, yet all they do is be trees—and, of course, thrive. This leads to all sorts of jobs because, of course, it’s part of taking care of business to watch over the forests and make sure they’re healthy and last a long, long time.

“Our acres grow, our trees grow, and after every bit of data is collected by the verifiers, they send it to one of four registries in the world, for approval,” said Van Voorhis. “We’re repairing the past and the corporations are buying partners. They need carbon credits to neutralize their debt to the atmosphere. Once emissions are up in the air, you can’t do anything to get them out of the air. Only forests can do the job.”

By growing forests, ACRE protects the land from development or being razed, and its program more than meets the objectives of conservation. What’s not to love about the financial reward for being part of the best solution that harnesses the power of the forests to bank carbon credits?

ACRE is win-win, one acre at a time.

www.acre-investment.com

G. DONALD GARTRELL, JR.



G. Donald Gartrell, Jr. passed away peacefully on June 17, 2019 at the age of 97. Born in Leesburg, VA of G. Donald “Pappy” Gartrell and Dixie Gray Gartrell of Middleburg, VA. Don had lived in Middleburg, VA for virtually his entire life. He is survived by his bride of 77 years, Eugenia “Genie” Lowe, who he met at his 16th birthday party, and who was with him when he passed. He is also survived by his two sons; G. Donald Gartrell, III and his bride, Ginny Lynn and David Lowe Gartrell; two grandsons, David Lowe Gartrell, Jr. and Jon Michael Gartrell, and his bride, Kristen; and two great-grandchildren, Jackson and Grayson.

Both Don & Genie loved play-

ing tennis and traveling to Myrtle Beach, SC where they had spent their honeymoon. They were inseparable until June 17 of this year and will be again.

Don was an active member of his community. He was 60+ year Master Mason of Cochran Lodge, No. 271 in the Plains, VA and served in various roles in his lodge including Past Master, and Deputy District Grand Master.

A grave-side service will be held at Ivy Hill Cemetery in Upperville, VA at 11:00 am on Saturday, June 29, 2019. In lieu of flowers, donations may be made to the Down Syndrome Association of Northern Virginia, 10467 White Granite Drive, Suite 320, Oakton, VA 3124.

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PLACES & FACES

THE SPORT OF FALCONRY COMES TO THE NSLM

NANCY KLECK

Recently at the National Sporting Library and Museum, bird lovers were able to get up close and personal with two beloved species we normally can only glimpse at and admire from afar with one of the country's top falconry and bird of prey experts, Master Falconer Mike Dupuy.

Within the quiet of the room as we waited for Mike to begin his presentation, we could hear the ringing of little bells from the wooden carriers and 3-sided perches set in front of the main room containing the birds. "Angels getting their wings" Mike wryly said, referring to the old

classic film with Jimmy Stewart, "It's a Wonderful Life."

Thus began a fascinating afternoon learning about Mike's life, how his passion for falconry developed throughout his life, and the various aspects of keeping, breeding and hunting birds of prey, a sport over 4,000 years old. Research projects, breeding of endangered species, and education and public speaking are a full time job for this once Fortune 50 company executive.

Apollo, a Gyr/Saker Falcon, was the first to be shown, followed by a young baby falcon, and a Harris Hawk. With Apollo perched on Mike's left handed glove, securely wrapped with a tether, (bells ringing from the

bands on his legs that are permanent) we moved to the museum's outside patio to watch a demonstration of catching prey, but it was too warm a day. It did, however, give many guests an opportunity to don a glove and hold Apollo for a photo op. He also brought out the Harris Hawk, a beautiful dark brown, chestnut red medium-large in size.

Some interesting facts: Eagles, hawks and falcons have the best daytime vision in the animal kingdom. They can see eight times farther than humans, up to almost two miles, and have bi-focal vision with an additional fovea (humans have one). Falcons have an additional UV cone that enables them to see color more brightly and it is believed the UV

light helps in identifying shapes and textures. At night, however, the silent owl rules the skies.

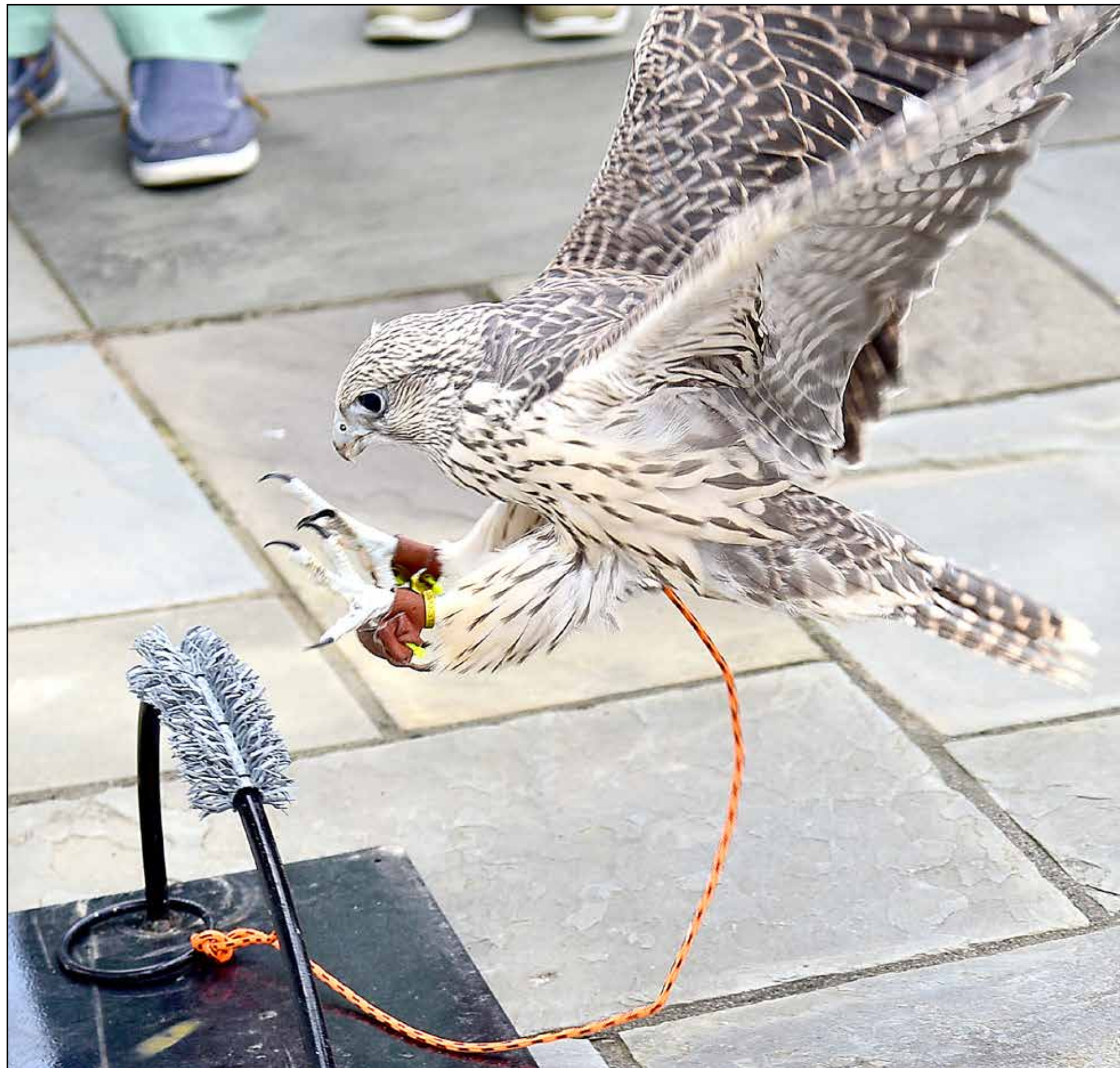
Why the Ford Falcon automobile was misnamed: Falcons can reach speeds of up to 240 miles per hour while diving, knocking out their target cold.

Can you tell the difference between a falcon and a hawk? One clue is the silhouette of its wings: falcons have a pointed wing tip; hawks' wings are rounder, and their feathers spread in flight.

Raptors only kill to eat and feed their young. We learned about "flying weight" (birds are more or less apt to hunt depending upon how full or hungry they are); how temperature affects their flying; and the Pavlovian

ways of training young birds to hunt freely and return to their handler to hunt another day. Wistfully, Mike told stories of hunting with his birds that went well. Sometimes the bird flies too far, or becomes the target of another raptor. The silencing of these little bells can be devastating to a falconer. Such is the way of life.

We joyfully overstayed our visit, and left with a better understanding of these magnificent works of avian art. Hopefully, Mike will return to the NSLM in the fall when the air is crisp and the birds are hungry! For more information about Mike Dupuy Falconry, visit his site: www.mikedupuyfalconry.com



PLACES & FACES

UPPERVILLE 2019 WALL OF HONOR INDUCTEES



J. MAYO BROWN 2019 WALL OF HONOR INDUCTEE

In the early 1960's Mayo Brown was asked to join the show's Board of Directors to serve as Treasurer, a position he filled for seven years. Things were simpler in those days, and he carefully kept his horse show notes and records on a yellow legal pad. The Board comprised mostly local farmers.

Mayo recalls, "We had 55 old box stalls down by the small stream and that was all. We used no tented stalls. cattle grazed the grounds to keep grass and weeds under control."

When Mrs Randolph joined the Board, she and Mayo worked together to increase the size of the show and attract more horse professionals from near and far. Among several innovations, Mayo introduced the idea of having tented concession stands at the show. Although he is no longer on the Board, Mayo Brown attends the show yearly and keenly tracks its progress.

COLONEL JOHN F. ZUGSCHWERT, U. S. ARMY (RET) 2019 2019 WALL OF HONOR INDUCTEE

Affectionately know as "John Z." Colonel Zugschwert has served for 18 years as the UCHS Treasurer and several years as Vice President of Textron Corporation for Washington Operations.

Since 1996 John has maintained his lovely "Herons Court" cattle and horse farm located between Middleburg and Upperville, and served in six non-profit organizations including the UCHS. He has also organized the Hunt Country Stables horse racing syndicate.

On one very muddy Upperville Sunday, John's brilliant idea to bring in a helicopter to dry the grand prix course resulted in a doubling of order entries. He continues to help the show in any manner from bar tending, making local contacts, to "shoveling." His many friends appreciate his motto of "Lead, Follow, or Get Out of the Way."



WAY COOL 2019 WALL OF HONOR INDUCTEE

Way Cool is the only Junior Hunter to ever score a perfect 100 at Upperville, thus retiring a prestigious trophy which now bears his name. His distinguished junior rider, Victoria Colvin, and his trainer, Scott Stewart rode him to seven Grand, Second Year Green and Junior Championships at Upperville between 2008 and 2015. He won multiple WEF Circuit Championships and the most ever recoded at Devon, Harrisburg, Washington International and the National Horse Show. He retired more trophies at these shows than any Large Junior Hunter in history. He also won multiple championships at the Hampton Classic, Long Island, New York, making him the winningest Large Junior Hunter in American history.

Way Cool is a 17 year old Hanoverian gelding by Embassy, out of Fabienne. He was so complicated to ride that he retired early because only Tori and Scott could control him. Many judges claimed he had the best technical jumping form of any hunter ever judged.



JACK STEDDING 2019 WALL OF HONOR INDUCTEE

A horseman's horseman, Jack began his career in his native Maryland near Baltimore finding and remaking young Thoroughbreds off the nearby racetracks. His Jabolin Farm and later Monkton Manor sent many champions to Upperville with him and after they were sold, Ruxton, Chardonay, Custom made, Ivory Coast and Cruisin' the Coast. He or his students also showed Legend Has It, Wintarra Ring and Touch of Magic.

He also became a trainer and mentor to many young equestrians, Scott Evans, Sandy Ferrel, Mary Lisa Lefler, Elizabeth Solter and Tommy Serio just to name a few still competing.

RUXTON 2019 WALL OF HONOR INDUCTEE

After being returned to his owner by a prominent Virginia horseman, Jack Stedding bought him. He quickly found the key that unlocked the hidden potential. After a few early shows in his three year old year he was sold to Cismont Manor and A.A. Busch.

Ruxton would go on to be champion or reserve at Upperville five times including Working Hunter champion back to back 1979 and 1980.



DORIS JONES 2019 WALL OF HONOR INDUCTEE

As co-owner with her husband of New Hope Farm she was ringside at Upperville for all the jumper classes, her favorite. She was there to see their horse Freckles set the outdoor high jump record at 8'3" ridden by fellow Wall of Honor inductee Kathy Kusner.

Years later in her retirement she returned to Upperville to assist her son by managing the gate crew at Upperville and occasionally flying in or tutoring SPCA volunteers on the fine art of drawing a Budweiser with out too much foam, she stayed for the next 26 years. She loved greeting many of her old friends as she attended the show.

JANET HITCHEN 2019 WALL OF HONOR INDUCTEE

Janet was a brilliant photographer who recorded a magnificent record of people and events in the world of field sport in and around Virginia and especially at the Upperville Horse Show where she was the corporate photographer. Her other passion was animal welfare and her ever growing menagerie of rescue horses, llamas, pigs, dogs, cats, etc., earned her the nickname "Mrs. Noah."

She grew up in Washington, D.C. and Potomac, MD, and attended the University of Maryland. Her love of horses led her into horse showing. She first came to Upperville with her large pony Four Winds, and later training hunters and riders with her Chartwell Stables. she hunted regularly with the Potomac Hunt.

Her natural talent for photography was honed at the Corcoran of Arts & Design, and soon she was in business clicking away at horse shows, races and fox hunts. Her photos, distinguished by sharp focus, clear color and impeccable timing, are proudly displayed in many homes and galleries. Our horseshoe is not the same with out this energetic, talented and giving person.



PUNKIN LEE RECIEVES THE
J. ARTHUR REYNOLDS TROPHY
FROM BETTY OARE



SUE TALLON, FAITH FORT AND JEN HICKS
RECIEVE THE TIPPY PAYNE TROPHY.



PLACES & FACES

UPPERVILLE COLT & HORSE SHOW

~ PHOTOS BY TIFFANY DILLON KEEN



SLOANE COLES



GREGG RYAN



VIRGINIA BONNIE RIDING HORSE QUEEN OF DIAMONDS



EMILY DAY



GREGG RYAN



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PLACES & FACES

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PROGENY

NATIONAL WILDLIFE FEDERATION CERTIFIES A SCHOOLYARD HABITAT AT MIDDLEBURG MONTESSORI

LOCAL SCHOOL MAKING A DIFFERENCE TO PROTECT WILDLIFE.



National Wildlife Federation (NWF), America's largest wildlife conservation and education organization, is pleased to recognize that Middleburg Montessori School (MMS) has successfully created a Certified Schoolyard Habitat® through its Garden for Wildlife program. Middleburg Montessori has joined with over 5,000 schools nationwide that have transformed their schoolyards into thriving wildlife habitats that provide essential elements needed by all wildlife — natural food sources, clean water, cover and places to raise young. The habitat also serves as an outdoor education site where students engage in cross-curricular, hands-on learning. Certification also included the creation of a pollinator garden as part of the Million Pollinator Garden Chal-

lenge, a national effort to restore critical habitat for pollinators. Two elementary students at Middleburg Montessori School took an interest in pollinators and were guided and encouraged to pursue this project as part of their studies. Staff from the Piedmont Environmental Council visited MMS to teach the children more about the needs of pollinators and help them select a site, and Watermark Woods Native Plants provided the plants.

"We are excited to have another school join our growing list of more than 5,000 certified Schoolyard Habitats. Kids can now personally experience nature through hands-on learning in an outdoor environment," said Liz Soper, Director of K-12 Programs for National Wildlife Federation.

"Middleburg Montessori School provides an environment for our children to connect with nature and learn stewardship, from our sustainable agriculture curriculum to lessons on ecology," said BethAnn Slater, Head of School. "We are excited to be able to provide even more hands-on learning opportunities for our students and spark curiosity about the natural world in our beautiful Schoolyard Habitat."

Middleburg Montessori School's habitat on their campus in the village of Atoka is filled with native plantings, including many native trees, milkweed, goldenrod, aster, beardtongue, and more. It also has wetlands and a wide variety of wildlife that children enjoy observing and studying such as frogs, toads, song birds, birds of prey, rabbits, deer, groundhogs, and even bear! Students enjoy free play, nature study, and active care for the environment on the MMS campus. The school also uses eco-friendly landscaping practices such as composting, chemical-free lawn care, and rainwater collection for irrigation of its vegetable gardens managed by the students.



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PROGENY

WILHELMINA “WILLA” CAHIR

GRADUATES FROM FOXCROFT SCHOOL



Willa Cahir of Malvern, Australia, and Aldie, VA, graduated from the Foxcroft School in Middleburg, VA, Friday, May 24th at the school's 105th commencement. She is among 46 students from seven countries, 11 states and the District of Columbia awarded diplomas by Head of School Catherine S. McGehee in a garden ceremony. An accomplished group, Foxcroft's Class of 2019 includes two National Merit Scholarship Commended students, 15 AP Scholars, and nine members of the Cum Laude Society. Collectively, the students received 177 offers of admission from 120 colleges and universities — includ-

ing Stanford, Colgate, Emory, Howard, Parsons School of Design, Michigan, Texas, Vanderbilt, and Virginia — and more than \$2.4 million in merit scholarships.

The daughter of Sasha Cahir or Malvern, Australia and Matt Cahir of Aldie, VA, Cahir plans to attend Parsons School of Design in the fall.

At Foxcroft, Willa was a dormitory Prefect, Assistant Head of the Astronomy Club, and a member of the Athletic Association and the Soggie Cheerios a capella singing group. She was a key member of the varsity field hockey team that finished as runner-up in the VISAA Division II State tournament last fall and also played varsity lacrosse.

FOXES ON THE POETRY CONTEST WINNERS

Foxes on the fence have always involved the entire community and this year they added their 1st poetry contest. “We were thrilled so many children took up the pen,” said Darcy Justen from Middleburg Garden Club. “we had over 135 entries from three of our local schools and they were fantastic.” The winning poems were read at Art in the Burg, will be published on Facebook, the Middleburg Eccentric, and Second Chapter Books will be putting together a book with several of the poems and will be available in their store.

They were asked to write about a fox and lift the reader out of the ordinary giving us a glimpse into this beautiful and intriguing place we call home. “A good poem comes from the poet's heart and easily touches yours using concise words in a concise order,” shares Darcy Justen creator of the contest. “Often the author's effort to make sense of the world is by expressing clear, memorable, concrete images to make a point and creating a world inside the poem. This poem makes you want to read it, again and again, finding something new each time you read it”, she continues, “All the poems were very creative, and it wasn't easy to pick the top three, but they are as follows. Congratulations and many thanks to all the young poets.”

1st place:
Ella Johnson-12 The Hill School

*The Fox's Routine
My coat shimmering,
My claws sharp,
My legs fast, my
Face dark, my
Stomach hungry--
Prey be warned!*

*I pounce,
Stumble, dance,
And prance.
I kill, I creep,
I steal, I sleep.*

*I eat, catch,
Bite, scratch,
Run, chase, and leap at last.*

*I hunt my prey,
I chase all day.
The sun goes down, and
I slow down.
I shut my eyes and fall asleep,
The day is done, tomorrow will come,
But I must go to sleep to see my
Morning feast.*

2nd Place winner:
Amelia Haws- Age 11 Banneker Elementary

*Horses galloping across fields, over jumps,
But what for?
A fox.
Russet fur flashing through the forest
Faster than you can see
Black ears twitching, listening,
For the pound of hooves against the ground,
For the hounds
The mournful bay of the dog when it has found his
trail
But he won't be caught.
He knows he can run, faster, faster
He can race the horses
He can bound, spring ahead of them*

*He can take flight
Climbing the air as if it were stairs
Soaring high
Everything else below him
Left behind.*

3rd Place winner:
**Reese, Robbie, and Riley Teasdale- Age 12-8-6
Middleburg Community Charter School**

*Foxes, Foxes Everywhere
Foxes, foxes everywhere.
Foxes, foxes in my hair?
Foxes, foxes I don't care!
Foxes, foxes if you dare.*

*Foxes, foxes in a box.
Foxes, foxes with a lock?
Foxes, foxes can give a shock!
Foxes, foxes sitting on a rock.*

*Foxes, foxes everywhere.
Foxes, foxes in a scare?
Foxes, foxes with a mare!
Foxes, foxes with a stare.*

*Foxes, foxes on Middleburg fences.
When the parade commences?
There are no defenses,
because of foxes, foxes eminences!*

*Foxes, foxes everywhere.
Foxes, foxes at the fair?
Foxes, foxes in their lair!
Foxes, foxes with some flare!*

A PLACE TO BE

Holy Cow!

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PROGENY

FOXCROFT SCHOOL PRESENTS SEVEN MIDDLEBURG AREA STUDENTS WITH DIPLOMAS AND ACCOLADES



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HOLLAND DRISKILL



GRACE MACDONALD



MACKENZIE HARMON



LOREN SEPULVEDA



MAY SCHULTE



CALISSA MCNEELY

Seven Middleburg area students, including one of the School's leading riders and three who plan to play sports in college, were among the 46 students from seven countries, 11 states, and the District of Columbia to graduate from Foxcroft School on May 24th at the School's 105th commencement.

Middleburg residents Holland Driskill, Mackenzie Harmon, Calissa McNeely, May Schulte, and Loren Sepulveda, Grace MacDonald of Bluemont, and Seabrook Brown of Middleburg and Charleston, SC, all received diplomas from Foxcroft Board of Trustees Chair Anne

Michele Lyon Kuhns '87 in the garden ceremony.

These students are members of an impressive class, which includes two National Merit Commended students, 15 AP Scholars, and nine members of the Cum Laude Society. Collectively, the Class of 2019 received 177 offers of admission from 120 colleges and universities — including Colgate, Emory, Stanford, Parsons School of Design, University of Southern California, Howard University, Vanderbilt, and Virginia. They also were offered more than \$2.4 million in merit scholarships. The class also stood out athletically, with two NCAA Division I

recruits three who received letters to play at the Division III level, seven Exceptional Proficiency participants for sports, and a host of all-conference honorees.

A talented tennis player, Driskill was named the Delaney Athletic Conference Player of the Year and was a first-team Virginia Independent Schools Athletic Association all-state selection last fall. She was voted the team's Most Valuable Player by the coaches and received Foxcroft's Peabody Tennis Trophy for the second year in a row. Holland, who will attend Elon University in the fall, sat on the Board of the Cherry Blossom Breast Can-

cer Foundation for the past two years and was Head of "Hopelets," a student-run jewelry-making business that raises financial aid funds for Foxcroft students. The daughter of Elizabeth and William Driskill of Middleburg, she was one of the Heads of Foxcroft's Athletic Association and manager of the Hound spirit team.

Harmon, who won the Foxcroft Director's Riding Award, participated in Foxcroft's Exceptional Proficiency program for riding, spending all four winters at the Winter Equestrian Festival in Wellington, FL, and showing extensively in A-rated horse shows up and down the east

coast. She also served as a volunteer at Sprout Therapeutic Riding and had some of her works included in a photography showcase at the Artists in Middleburg Gallery during her junior year. The daughter of Therese and Timothy Harmon of Middleburg plans to attend Lynn University.

MacDonald, an outstanding scholar, and athlete was elected to the Cum Laude Society as a junior when she also won the Smith Book Award. She received Foxcroft's Latin Prize at Foxcroft's Awards Assembly this spring and was named an AP Scholar by the College Board for demonstrating outstanding

college-level achievement through her performance on multiple AP Exams. She was also a standout field hockey player as a defender, achieving All-DAC First-Team honors twice and All-State First-Team in her senior year, as well as being named to the National Field Hockey Coaches Association Academic Squad. The daughter of David and Diana "Cricket" MacDonald of Bluemont, she will play field hockey at Washington and Lee University next fall, following in the footsteps of sisters Charlotte (Foxcroft '12) and Lilly ('14).

Schulte, who will attend Virginia Tech, served

an intern in the Spanish Department and in the Advancement and College Counseling offices at Foxcroft. She also had an engineering internship at the University of Virginia for two summers. A standout ski racer and Exceptional Proficiency program participant, Schulte ranked fifth in the state in her age group and qualified for the state team in 2017-18. She also was a four-year starter on the softball team, captaining the 2018 squad and receiving All-DAC First-Team honors in her freshman year. She is the daughter of Steve and Karen Schulte of Middleburg.

Sepulveda is a three-sport varsity athlete who earned All-DAC honors three times each in field hockey and lacrosse and received the Coach's Award in basketball. She also was named All-State in lacrosse twice and will play the sport at Whittier College in Whittier, CA, next year. In addition, Loren was a Maxima Cum Laude medalist in the National Latin Exam as a sophomore and traveled to Houston on a Hurricane Relief Trip during her junior year. She grew up on the campus of Foxcroft and is the daughter of Judy Gamboa, the School's assistant director of technology.

Brown, who will attend Sewanee: The University of the South, received the School's Hilary Somers Drama Award for her outstanding contribution to the drama department. A talented singer who studied theater in New York City several summers, she had leading roles in three spring musicals, including this year's Legally Blonde, the Musical. She also played lacrosse and field hockey, earning First Team All-DAC honors in field hockey, which she will play at Sewanee. She is the daughter of Elise and David Brown of Wadmalaw Island, SC, and Middleburg.

McNeely was very active

in community service, volunteering at Banneker Elementary School, serving as a Community Service intern, and participating in many other opportunities on campus and off. She received the Junior Community Service Award in 2018 for her dedication. McNeely was also a member of Foxcroft's inaugural Team America Rocketry Challenge Rocket Team during her junior year and a dormitory perfect this year. The daughter of Edna Rodriguez-Wilson of Martinsburg, WV, and Middleburg, she plans to attend Manhattan College.



PASTIMES

MIDDLEBURG SUMMER FUN

SINCERELY ME



BRANDY GREENWELL

Welcome to Summer Middleburgers! There are so many amazing activities to do around our little community that one could never be bored. There's Polo, wineries, pick-your-own, pool parties, concerts, Polo, trail rides, fireworks, food trucks, shopping and did I mention Polo? Though never a dull moment locally, many of my favorite local summer pastimes are the organic, unorganized kind often only found around our neck of

the woods. I love a good Turtle Tote. Recently a saw a lady in street clothes running down Route 50 who looked like her life depended on her mission. As I was checking my surroundings trying to assess the situation just in case there was a man with a chainsaw following her, I soon realized her frantic sprint was to save a box turtle by safely moving it across the road. Stranger, you are an inspiration and a reminder that you are never in that much of a rush to save a turtle. Thank you. Note: always move turtles

with caution. Every year the recipe of white vinegar, Epsom salt, and dish soap goes around social media as an eco-friendly alternative for weed control. Anyone with a long gravel driveway or riding ring knows the pain of trying to control weeds in the summer months. This year, I encourage you to be extra eco-friendly to bring in some fire. You can get a blowtorch like a widget (there are many, I like the Red Dragon) with a hose that hooks up to a propane tank and just burn all the weeds away. I like to bump my chest and chant "I have made fire" like Tom Hanks in Castaway every time. Brilliant, so fun, and perfect for when you have a craving for S'mores. I read recently that Lyme disease may be a Bioweapon gone awry. WTF. 'Round here if we're bored this summer we can play connect the dots with our bull's-eyes, make a garland for the entire town with all the empty Doxy bottles and start a pet-friendly co-infection club with all the diseases those bloodsuckers have brought to our community. Please take precautions and take your bites seriously this summer, neighbors. Who doesn't love a nice shady hike or trail ride in the



woods? Or taking the dogs to Goose Creek for a dip? After you put on your insect repellent to protect yourself from ticks I want to remind you to follow your nose. If you smell fresh cut cucumbers, BEWARE- there is likely a copperhead nearby. Don't worry; the local hospitals generally carry antivenin. Ask me how I know. We have some rough road and the epic rainfall over the past year hasn't helped. Locals know every crack, pothole, and washboard on the roads we travel daily as well as how to navigate around them which normally means swerving or just completely driving on the wrong side of the road. It isn't funny because it could be potentially really dangerous, but I would love to see the expressions of some of the visitors who clank into a blind pothole or get mud splashed on their freshly waxed chariots when taking a joy ride down Foxcroft road. I know someone on Middleburg Uncensored must have a game cam to make this happen.

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PASTIMES

PILATES 101

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KAY COLGAN
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Pilates can help to change how you do other tasks in life. In fact, pilates practice three times a week can change your body in 10 weeks. Joseph Pilates said, "Self-confidence, poise, the consciousness of possessing the power to accomplish our desires, with a renewed lively interest in life are the natural results of the practice of Pilates"

There are many benefits to a regular practice of Pilates. Benefits such as better posture, alignment, and balance. With consistent practice of Pilates one will see increased flexibility and freedom of motion. More importantly are the benefits of strength and balance of the deep muscles that support the back, abdomen, pelvis, hips, and shoulders. There can also be relief from chronic pain condi-

tions including postural imbalances, repetitive use, and sports-related injuries. Finally, a reduction in mental and physical stress. All of this adds up to feeling better, moving better and sleeping better as you learn to blend breath with movement in a Pilates practice.

Anyone can do Pilates. Even if you have been sedentary or restrictive or been dealing with anxiety, stress, pain or depression, Pilates can help you. If you feel unstable or unsteady on your feet you will learn ways to improve your balance. If you are fit, you will learn how to isolate movement from the deep muscular core for enhanced performance. You will also learn how to use your breath to improve muscle function.

Try adding a Pilates session and see how it will help you. For more information about fitness and health contact Kay Colgan, Middleburg Pilates and Personal Training, 14 S Madison Street, Middleburg, Va or call 540-687-6995.



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THE ARTIST'S PERSPECTIVE

TOM NEEL

After a long run of making and selling fine art in the Piedmont region, if there's one thing I've learned, it is the truth found in the old adage of - make hay while the sun shines! Some may not like me saying this and some may disagree, but Hunt Country is not an art destination, it's an equestrian, sport horse one. So artists need to carve out their place among the hooves and hounds or go broke trying. In doing so, they also need to take note of where many of the potential buyers go in the winter.

There are people and there is energy. While there are always people around, the equestrian energy departs during the winter months heading to Wellington and Ocala, Florida, especially after the Christmas parade. In doing so, that energy is more or less gone until spring and depending on how harsh the winter is, we're talking late spring. When they return, sights are set on the spring races and the recent Upperville Horse & Colt Show, then summer vacations begin.

Badda-boom. Badda-bing, the fall races on our doorstep and the process repeats itself. This usually means your peak art selling season is really only a few months in the spring and fall, so that need to make hay while the sun shines is very important.

I think the only way to level out your artistic year then is to offer services, do commissions, work a much larger area or migrate with the sun seekers. Over the years I've managed to bridge the gap with solid business practices and customer service. I have always been reliable too, which contributed to



my healthy annual commission business.

You have to remember though when customers here go to Florida, they are up to their ears in art, art galleries and art conventions. So you have to not only offer what they can't find there but at a quality that matches the there. There, meaning places like Palm Beach, the high end is in abundance and it's something your clients quickly get used to.

Thankfully not everyone spends their winters in the Sunshine State, but many summer vacation in other areas rich with art. Some even vacation here too! In doing so, many wish to capture the beauty of the area and keep their memories through art. I have paintings all across the country and Europe which prove this point. Be a memory maker!

If there is one thing I see a shortage of in Middleburg though, it is the artwork that truly represents the town's charm. I'm a Piedmont painter, many do horses and hounds, foxes and pets, but few really capture the town itself. Art capturing its quaint sidewalks, changing seasons and life in the country feel are an untapped opportunity.

Live An Artful Life, Tom

AN INSIDE LOOK AT KITCHEN, MASTER BATH, AND GARAGE RENOVATION

ASK A REMODELER



TIM BURCH

In our 30+ years, we have had the pleasure to develop creative design solutions for every part of the home. From kitchens to bathrooms to garages, our architects and designers have crafted inspired fixes to everyday issues. Here are some of our favorites from recent projects.

Clever Cutting Board Drawer



Our client wanted to expand the utility of a shallow drawer over the trash can so it could be used for more than just storage. A cutting board with a hole was added to discard the waste right into the can. This board pops out for easy cleaning, then can be returned to the drawer for convenient storage.

Ladders to Access Kitchen Cabinets

In two of our recent projects, the

kitchen design included floor to ceiling cabinetry. While this gave our clients more storage for the items they use once or twice a year, how were they going to reach it? In one kitchen a custom ladder was designed to resemble those found in libraries. It easily rolls from one spot to the next, stores flush at the end of the cabinet wall and adds extra character to this beautiful kitchen. The other solution was a shallow cabinet in the kitchen so a step ladder could

be both easily accessible and neatly tucked away from everyday view.

Full-Length Mirror/Medicine Cabinet Combo

Do you hate the bulky look of a traditional medicine cabinet and its limited storage? In this whole-house remodel, we created a custom nook to mount a full-length medicine cabinet within. It now provides much-needed storage in one of the home's smaller bathrooms and doubles as an



out-of-the-way full-length mirror.

Hair Appliance Organization

Wires and cords and gadgets can make getting ready in your bathroom chaotic. In this remodel, we included a heat resistant drawer organizer for our client's hair tools. Hair dryers, curling irons, straighteners, and hairbrushes now have a convenient home that keeps the cord craziness off the bathroom counter. The best part is appliances can be stowed away while still warm, so no more excuses!

Garage Storage Lifts

Get the clutter off the ground with an electric car and toy lifts. This client's garage was overflowing with toys and cars, both adult and child size. We installed car lifts to keep the spare full-sized cars off the ground, protecting them from accidental bumps and scratches, and a motorized storage basket to house toys and equipment that aren't accessed every day.

Our mission is to help clients improve their lives at home, and practical solutions like these are just a few of the arrows in our quiver. We would welcome the opportunity to help your family with creative solutions, quality craftsmanship and heroic customer service that will make your home function better for you.

Tim Burch is a Vice President and Owner of BOWA, an award-winning design and construction firm specializing in renovations ranging from master suites and kitchens to whole-house remodels. For more information, visit bowa.com or call 540-687-6771.

Tim Burch is a Vice President and Owner of BOWA, an award-winning design and construction firm specializing in renovations ranging from master suites and kitchens to whole-house remodels. For more information on Tim and the BOWA team, visit bowa.com or call 540-687-6771.

PASTIMES

THE CARROT FAMILY

THE PLANT LADY



KAREN REXRODE

The highly diverse carrot family offers many plants that are aromatic and useful as herbs or

spices. When flowering they are described as umbelliferous, the stems (usually hollow) produce spoked floral stems that break into a smaller spoke which carry

the tiny flowers. The term for this arrangement is compound umbels and a sure way to recognize family members. Coriander, Queen Anne’s Lace, parsley and

parsnips all reside here, a few of the 3,000 species in the carrot family.

Not all are suitable for consumption, poison hemlock or Conium maculatum is highly poisonous, a biennial that is native to Europe and North Africa but has naturalized in the northeast, including Maryland and Virginia. Not only are all parts of the plant poisonous, but skin contact with its sap and direct sun will cause blisters, a phototoxic reaction that can leave the affected area looking like a burn. Cow parsnip or Heracleum maximum, a native perennial and hogweed or Heracleum mantegazzianum, a nonnative and not escaped, can also cause a phototoxic reaction. Mild to severe blisters occur, depending on the combination of sunlight on the skin and sap, which triggers the agitation. All gardeners should learn to recognize these dangerous plants and avoid handling them. These are the few carrot family members that are the exception to the rule for a largely beneficial family.

I have a patch of dill that seeded itself in an orderly fashion, almost square in its placement, that blockish patch contains hundreds of plants. The feathery leaves are beautiful, the green flowering umbels even more so. All man-

ner of pollinators gather there, as I often say “small flower for small mouths”, everything from ladybugs to flies and wasps come for the nectar. Another common visitor is the black swallowtail larvae which grasps the small leaves or flowers and lifts them up to its mouth, preferring a slightly raised position to eat.

As the dill reached the point of flowering I was scrambling to find ways to utilize the herb, garnishing deviled eggs, making braised red cabbage with apple and dill, and potato salad.

It turns out that dill is beneficial in many ways, named from the Norse word dilla, which means “to lull”, it was given to colicky infants to soothe their stomach. Also an antifatulent, one of its most powerful benefits, supposedly recommended as a dietary supplement for Russian cosmonauts living in close quarters.

I love the fact that it works in the pollinator garden or the herb garden, returns without coaxing, and may calm the tummy. A term often used to describe a good person might also be used here; dill is a good citizen.



STREAMING MUSIC EXPANDS IN UNISON

STEVE CHASE

The digital streaming tidal wave is finally overcoming many of those labels that have held back. A few years ago, big artists like Taylor Swift, Neil Young, Pink Floyd, Tool, Prince, and the Beatles were not ready to transition to the digital platforms. More obscure artists like the jazz label Resonance Records and the guitarist Robert Fripp, and his band King Crimson, have only trickled out into the streaming world, but as the basis of dollars and cents become evident, many of these artists are reluctantly accepting that music is now a digital, streaming commodity. While that is not necessarily good for the artists’ bank accounts, it is a bonanza for we subscribers of Services such as Apple Music, Amazon Prime Music, and Spotify.

It makes sense that in its 50th year King Crimson would move to stream. On June 10 all thirteen of their albums were released on Spotify. Crimson manager David Singleton said recently that online sales of CDs and Vinyl have been profitable for the Band for many years, but it had become apparent that the future revenue streams were in streaming. So why not hit up Apple Music and click on In the Court of the Crimson King, Red, and Discipline? King Crimson has offered a steady evolution of high-performance sonics for five decades now, and if you haven’t listened before, there is no excuse now. And Three of a Perfect Pair is one hell of a running album.

Resonance Records has been another holdover in the last decade. This label also has relied on vinyl and CD sales to release an amazing array of obscure live jazz recordings. Over the next few months, they will put the majority of those records upon streaming platforms. You can go right now to hear a great anthology of piano jazz artists—Jazz Piano Panorama: The Best of Piano



Jazz on Resonance is a great introduction to the label and a wonderful soundtrack for that Friday evening bottle of Slater Run Cabernet Franc. Another new one is Jazz Haunts & Magic Vaults: The New Lost Classics or Resonance Records, Vol 1., which will give you a good idea of what to expect from the Resonance streaming releases. There will also be live performance recordings released from Sara Vaughn, Wes Montgomery, Bill Evans, and Stan Getz, to name a few. Keep an eye out on for these albums on Spotify, Apple, or Tidal streaming services.

Do you have any Tool CDs? This progressive metal outfit has a cult fanbase, and their preference has never been to stream their music, figuring that playing a tool CD will usually result in a full listening of the album. Like the others, Tool may be cracking, and it’s anticipated that the

band will soon be available on the streaming platforms when their new album released, their first since the 2006 10,000 Days. This is powerful stuff, meant to be played very loud. If you are interested in broadening your musical palate a bit, Tool is just the band to do it. Watch for it on the streaming platforms.

Finally, Peter Gabriel got his solo material on Spotify about a year ago. His music was a steady piece of my sonic vocabulary in the eighties, and his groundbreaking videos helped mold what MTV used to be when they played music videos. Solsbury Hill, Shock the Monkey, Sledgehammer, or In Your Eyes—they were all tunes that made the 80s what they were musical. Time to break out more Peter Gabriel, it’s still relevant today.

Time to Learn an Instrument!

Hunt Lyman and I joined two of our musical friends recently to play an event at Middleburg Methodist. It was a blast to be able to play some of our favorite tunes for a crowd in the church. While I played instruments in orchestras and bands many years ago, it’s only been the last five that I have taken up mandolin and bass, much to my delight. There are those that say you cannot pick up and learn an instrument in your 50s, and those folks are just wrong. You can pick up an instrument just fine, the key is enthusiasm, a good teacher giving you regular lessons, and practice. The biggest thing my teacher hammers me on, besides my right-hand mandolin technique, is that I don’t get out enough to jam with other musicians. He’s right.

So, if you are ready to take the next step and try guitar, banjo, mandolin, or fiddle, heed the old Nike

slogan—Just Do It. My teacher is Mark Maggiolo, a long-time professional musician who can play just about any stringed instrument you hand him. The fact that he is a mentor of the nationally renowned Fauquier guitarist Larry Keel doesn’t hurt either. Mark has made a huge difference for me. You can reach Mark at churchfieldfarmer1@gmail.com —you know you want to, so give it a try. Steve Winwood says it all in the opening lines of Dear Mr. Fantasy:

“Dear Mister Fantasy, play us a tune

Something to make us all happy

Do anything, take us out of this gloom

Sing a song, play guitar, make it snappy”

Steve Chase is playing mandolin on his back porch in Unison.

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WHAT IS SLEEP HYGIENE AND HOW DOES IT IMPACT MY HEALTH

MIDDLEBURG SMILES
DR. ROBERT A. GALLEGOS

Healthy sleep contributes to physical and mental well-being. It impacts our productivity, quality of life and longevity. Healthy sleep is the result of several things, but one category not often discussed but is infringed upon regularly is sleep hygiene. Sleep hygiene is a group of practices centered on the time and environment before and during sleep. These practices prepare us for sleep and assist in keeping us asleep. Uninterrupted sleep is important as sleep is a series of connected cycles of light, deep and rapid eye movement (REM) sleep. When your sleep cycles are interrupted or not prepared for properly, your health will be affected.

What are these practices that are so critical to good sleep which contributes to good mental and physical health and longevity?

Bedroom Environment: Establish a cool 60-67 degrees, dark and

quiet room. Use blackout curtains if there is a lot of outside light. Turn off screens from computers, cell phones, tablets, and TVs. Use white noise (fan, humidifier, white noise machine) if there are outside noises or if total silence bothers you. Make sure you have a comfortable mattress, pillow, and sheets. If your bed partner snores discuss asking their dentist about available remedies.

Stimulants and Alcohol: Avoid caffeine 4-6 hours before bedtime and nicotine too close to bedtime. Alcohol may help you fall asleep, but it later becomes a stimulant interfering with sleep later in the night, so keep it to a minimum and three hours before sleep. Alcohol and caffeine are diuretics making you need to go to the bathroom which will cause you to wake.

Uninterrupted Sleep: Adults need 7-8 hours of uninterrupted sleep. Seniors need 6-7 hours and children need 10 hours. You cannot “catch up” on lost sleep.

Napping: One 20-30-minute nap midday can refresh you and improve alertness. Longer naps can throw off your sleep by starting a sleep cycle. Waking during a deep sleep cycle will leave you groggy rather than refreshed. Naps cannot make up for lost sleep.

Exercise: Regular aerobic exercise of as little as 10 minutes a day will improve your sleep. Finish your work out several hours before bedtime.

Eating: Finish meals and snacks a few hours before bedtime so your body is not in digest mode and avoid spicy, rich and large meals too close to bedtime. Ignoring this will interfere with sleep and contribute to sleep acid reflux.

Bedtime Routine: Have a regular bedtime and routine, i.e. warm bath, reading, meditation and/or prayer. Our bodies respond best to regular awake and asleep cycles so are consistent with your bedtime. Computers, TV’s, phones, and book readers

are backlit which simulates a day-light reaction in our mind which delays sleep. Natural melatonin, which induces sleep, is released as our brain notices diminishing light. If you like to read before bed, read a book using room light.

Sun Exposure: Get outside to stimulate your body’s Vitamin D3 production and light/dark circadian rhythm. During winter it may be necessary to supplement with Vitamin D3.

Pets: Do not sleep with pets in the bed. Pets have different sleep cycles than humans. When pets wake, they tend to wake us or bring us out of deep sleep into light sleep interfering with necessary sleep cycles. Pets can also be a source of allergens making breathing at night more difficult.

This may sound difficult at first but once you get used to a new routine and you feel refreshed in the morning and throughout the day you will know how important sleep hygiene is for your overall well-being.



Dr. Robert A. Gallegos is a Fellow in the Academy of General Dentistry, visiting faculty of Spear Education, a member the American Academy of Dental Sleep Medicine, the American Academy of Cosmetic Dentistry, and the American and Virginia Dental Associations. Dr. Gallegos practices dentistry in Middleburg, VA. www.MiddleburgSmiles.com.

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Blanche is a 6.5-year old spayed female English Bulldog mix. She is very friendly with all adults & teens. Blanche needs to live in a home as the only animal. She loves walks and playing fetch.



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THE COUNTY’S COMPREHENSIVE PLAN

After three years or more of seemingly endless, painfully tedious and often acrimonious debate, on June 20 the Board of Supervisors adopted its 2019 Comprehensive Plan,” in essence, a set of general principles that will “serve as the county government’s guide for land use and transportation policy [and] provide a flexible framework and implementation strategy to meet the county’s future priorities and needs.”

From a western Loudoun point of view, it could have been worse.

Leesburg Supervisor Kristin Umstattt was the only

Supervisor to vote against it, arguing that it inadequately addressed, among other things, creeping development in the so-called “Transition Policy Area” twist east and western Loudoun. As many as 6,800 new housing units are expected to be approved for construction

there.

It could have been worse.

If nothing else good the Plan and the process leading to its adoption produced, at last, new well-organized resistance in the form of the new and vocal Coalition of Loudoun Towns.

Kudos to Middleburg’s Mayor, Council, the Mayors of all the other COLT towns, and all the businesses, individual citizens, and friends of the West who spoke out and showed up when and where it counted.

Hats off to the Town’s staff, Planning Commission, and Town Council.

ENERGY

If Middleburg’s “official” animal is the red fox, its “official” color should be green. Citizens, business owners, and friends of Middleburg have been “green” minded

since its earliest days as a tiny farm town. From its earliest days, it has protected its trees and fields, its waters and its wildlife. That tradition continues and the Town

TO IMPEACH OR NOT TO IMPEACH: THAT IS THE QUESTION

DAN MORROW

Speaker of the House Nancy Pelosi and, at press time, a majority of House Democrats oppose the impeachment of Donald J. Trump . . . not in principle, but “at this time.”

Why? Most Americans (read most prospective voters in the 2020 elections) do not favor impeachment.

Why? Most fear that an impeachment, followed by a “not guilty” verdict by the Republican-controlled Senate, might well help Trump win a second term.

Instead, Pelosi, most Congressional Democrats, and many others in both parties favor ongoing investigation of Trump and Trump-related “high crimes and misdemeanors,” believing that once the truth of

Trump-world behavior is sworn to under oath, the public in general, and even some Republican members of the House and Senate will support removal of the current President.

Not that a clear case for impeaching (essentially, indicating) Trump is not already at hand. Hence, opposition to impeachment “not in principle, but “at this time.”

One of the most interesting cases for the case appeared in the June 5, 2019, New York Times in which Ian Philbrick drafted what he termed “The Articles of Impeachment Against Donald J. Trump,” by simply reviewing the Articles of Impeachment against Nixon and Clinton, then “removing or adding passages” to “match the President’s conduct as described in the Mueller

Report and elsewhere.”

The results are both fascinating and compelling

For example, Article I of the charges against Nixon in 1974, indicted the President for obstruction of the investigation into the Watergate affair. Substituting only the name Trump for Nixon and the phrase, “Russian contacts” for “illegal entry” one could write:

“Donald J. Trump, using the powers of his high office, engaged personally and through his close subordinates and agents, in a course of conduct or plan designed to delay, impede and obstruct the investigation of such Russian contacts and potential obstruction of justice; to cover up, conceal and protect those responsible; and to conceal the ex-

istence and scope of other unlawful covert activities.”

Similarly, Article II of the charges against Nixon, becomes: “Using the powers of the office of president of the United States, Donald J. Trump, in violation of his constitutional oath faithfully to execute the office of president of the United States and, to the best of his ability, preserve, protect and defend the Constitution of the United States, and in disregard of his constitutional duty to take care that the laws be faithfully executed, has repeatedly engaged in conduct impairing the due and proper administration of justice and the conduct of lawful inquiries, or contravening the laws governing agencies of the executive branch and the purpose of these agencies.” Specifics include,

Tie Toe.

FAKE NEWS

ROB KOGGAN

What is fake news? The most obvious definition is the publishing or transmitting of knowingly false information. It is hard to deny that news outlets have degenerated into mere conduits for “news contributors” and anonymous sources with ulterior motives that spread conjured up, inflammatory information. A compliant press is willing to pass on unsubstantiated “information” because it also fits their political agenda. Corroboration or challenge is nonexistent. How many times did we hear reports of another anti-Trump “bombshell,” proclaiming it’s “the beginning of the end,” or “the walls are closing in,” only to see the story later fade into the wind like their current ratings. Once the Mueller report was published, the most portentous line uttered was by one of the Presidents harshest critics, John Brennan, which can also serve as an epitaph for most all reporting over the last 3 years. Brennan lamented, “I don’t know if I received bad information, but I think I sus-

pected there was more than there actually was.” This was from the former head of the CIA, who showed no reluctance to go on CNN almost nightly to peddle the false narrative that the President was guilty of treason.

Another form of fake news is omission and bias. In mid-June USA Today conducted a poll showing the President scored his highest approval rating ever in a national poll, 49%. This certainly was a considerable recovery from February 2018 when another USA poll showed his approval was a low of 38%. The reporting on the negative February 2018 poll went on for days. How did the USA report his more favorable June 2019 poll results? They ignored it, saying without mentioning the numbers, that Dems should concentrate on issues, not Trump in the coming debates. Hardly objective journalism.

Biased reporting is not just reserved for the President. Look how the fashion writer at the Philadelphia Inquirer discussed Melania’s RNC convention outfit. “So while [Melania] Trump appeared flawless on

the Cleveland stage Monday night, whether she intended it or not, her all-white ensemble displayed the kind of foreignness that is accepted by her husband’s political party. To many, that outfit could be another reminder that in the G.O.P. white is always right...On Monday night, Melania Trump was a not-so-subliminal billboard for what’s looking like the Trumpian view of an ideal America. And if that’s the fashion statement she intended to make, it’s a very scary one.” Interesting analysis to suggest Melania’s clothes choice all but made her an honorary KKK member when she’s not even a Democrat!

One week later the reporter took a very different view when reporting on Hillary’s outfit at the DNC convention. “Hillary Clinton took the stage in a crisp, white and well-fitted pantsuit ... it’s rare we see her in all white. White is a hue that’s both soft and strong. But it was appropriate: Her acceptance speech was a coming out of sorts. Clinton’s white pantsuit is telling us she has arrived. Most importantly Clinton’s white suit told

America loud and clear that she joyfully accepted the opportunity to run for president of the United States of America.” If this hadn’t been in print who would believe this? It epitomizes biased, fake news and justifies every bit of derision heaped upon the industry.

The real question is when did journalism accelerate its already declining ethics and begin morphing into fake news? By journalism I mean those quaint old ideas espoused by the Society of Professional Journalists, that reporters “should take responsibility for the accuracy of their work; verify information before releasing it; remember that neither speed nor format excuses inaccuracy; the public is entitled to as much information as possible to judge the reliability and motivations of sources; support the open civil exchange of views even those they find repugnant; and label advocacy and commentary.” Many attribute our current one-sided op-ed style of “reporting” to Ron Fournier when he took over as bureau chief of AP in 2008 introducing “accountability

journalism”. He believed that traditional journalistic ethics where both sides of an argument are entitled to equal airing is exactly what reporters should stay away from because those ethics stop reporters from telling the truth as they see it. Many fellow journalists took issue with Fournier’s new emotive style. Michael Calderone, currently HuffPost’s senior media reporter and previously at Politico, wrote “since taking over the position, Fournier has led a dramatic shift in the AP’s policy, moving it away from the neutral and objective tone it had become known for and toward a more opinionated style that would make judgments when conflicting opinions were presented in a story.” James Taranto, the popular WSJ Best of the Web columnist for 17 years, wrote about this new style of journalism “The problem is that while you can do opinion journalism and incorporate reporting into it, you can’t say you are doing straight reporting and then add opinion to that”. Aren’t we all now blessed by what Mr. Fournier wrought?

EXOFFICIO

MARK SNYDER

Hello Middleburg! I speak here, I hope simply, as a citizen, not just a former town official. Today, I would like to discuss the draft Middleburg Comprehensive Plan as that compares to its predecessor.

First, I will describe the current, soon to be replaced, Comprehensive Plan. That plan comprised seven chapters: Natural and Environmental Resources, Historic Resources, Population and Housing, Business and Employment, Community Facilities and Services, Land Use, and Transportation. It also includes an Introduction, and as required by statute a Town Zoning Map. The 2002 Plan covers 73 (81/2 by 11 inch) pages. The chapters consist of background or introduction,

subject matter defining the chapter, one or more goals, objectives, and numerous policies for implementation.

Planning Commission members wrote most of this plan, who relied on staff help – primarily the Town Planner and Zoning Administrator, Martha Semmes. The members each volunteered to draft test for subjects addressed by each chapter as we discussed them. These meetings were all open to the public, but we received only modest public input. However, the commission wrote the plan to defend the rural and historic aspects of the Town, with a desire to protect its cultural aspects, such as the regional hunt and bucolic aspects of a small village. We got transportation data from Virginia, input, and advice from the town engineer and from the US Census (1980 and 1990).

The Planning Commission held public hearings and presented its draft to the Council in 2000. After almost two years of public comment, council discussions and public hearings, as well as review by the Town Attorney, the Town Council adopted the Plan unanimously in February 2002.

The draft Comprehensive Plan, finalized by the Planning Commission in May 2019 has numerous changes; in many ways, it is a complete re-write. This is appropriate, as was the 2000-2002 draft, although it adhered more to the basic format of its predecessors. This Plan comprises essentially the same set of chapters and covers 42 (17 by 11 inch) pages. I assume it incorporates the same Zoning Map in its last modified iteration (it is not in the electronic document I downloaded from the Town’s web site). The new

17x11 inch format is difficult to read electronically, so I have not concluded my analysis (I have paper copies of the 1986 and 1991 Plans as well as the 2002 Plan).

The acknowledgments in the draft Comprehensive Plan include The Berkeley Group and LDPA (Land Planning & Design Associates), who I assume produced the numerous graphics and provided professional assistance to William Moore, the current Town Planner, to direct the Planning Commission in producing this draft. This is a return to the Plans produced in 1986 and 1991, which also relied on outside professional assistance. The graphics in this new draft far outstrip previous versions, which mostly reflect the limitations of Microsoft Office of their times. I find it difficult to discern how much text Planning Commissioners wrote in

this draft, although I am certain they discussed and edited all of it.

At this point, my greatest impression is that this is a more neutral plan, with each chapter simplified to a goal with two or three strategies (and impressive graphics). I am also disappointed that it is difficult to read in its electronic form due to its double-sized page format. However, the draft Plan will get a more thorough review over the next month and I plan to address it more substantively in my July column.

That is my opinion. Do you find this informative? Do you have questions or ideas you want me to address in a future column? I would love to hear your comments, suggestions, and questions, so please send them to the Eccentric!

A FAVORABLE FUTURE? A SCIENTIST’S PERSPECTIVE

ART POLAND, PH.D

After reading my good friend Bian Vella’s article last month “A Skeptical View” I feel the need as a scientist to respond on a point by point basis.

Brian states there is a “consensus” among scientists about climate change. It is more than a consensus. Both solid physical models and observations have shown that we do have climate change and that it is mostly caused by human activity. The rate has been observed to increase significantly since approximately 1950, and physical models have given us insight as to why.

We, as scientists, are constantly questioning and checking the results. Deniers are those who

just say I don’t believe the results, and yes there are some scientists in that category; they have not produced credible results to back up their claims.

Brian claims that climate change is the “orthodoxy” of the left. Science is not left or right, it is just results, facts. If there is any political advantage to this issue it is on the side of deniers, who have the backing of the coal and oil industries.

He then goes on to discuss the 1960s Club of Rome discussions about overpopulation and doomsday. The prediction was that “In the 1970s hundreds of millions of people will starve to death in spite of any crash programs...”. The other side of the argument was that technology, read scientists,

will save the day. And Scientists were, indeed, able to save the day by developing better food production and distribution capabilities. (I do need to point out that conflicts in Africa are related to population growth outstripping food production.) The point I want to make is that society recognized the problem and reacted to it positively, finding solutions. The solutions to that problem worked for the most part. My point here is that we need to accept that there is a problem and find a solution, not deny it.

Noting that Greenland Jakobshavn glacier is growing as an example of the “failure” of science is also not appropriate. One can always cherry-pick data to find a case that backs up one’s beliefs. Appropriate science looks at the

whole picture. For example, look at the whole Arctic Ocean and note the indisputable fact that one can now sail through the Northwest Passage.

Climate change can be very counter-intuitive. For example, computer models predict a warmer Boston, which you would think would lead to less snow, but the models actually predict more snow for Boston. The reason, as I understand it, has to do with a warmer ocean putting more water into the atmosphere, which then results in more snow for Boston. So, the science says that a warmer Boston is a snowier Boston.

On a global scale, the world is getting warmer. The art is less ice each year. El Salvadorian coffee farmers are abandoning their

farms because of climate change. From what I have read, rapid climate change is real and is generally a problem.

In my view, to ignore the experts is to invite calamity. Calamity frequently leads to loss of freedoms (look at the freedoms we lost when 9/11 happened). So, my conclusion is that we may lose less by believing and reacting to human-induced climate change. While I do not agree with all the suggestions put forward on containing the problem, I do support the concept of reducing risk. As I’ve said before, this would involve the collaboration of statesmen, economists, social scientists, physical scientists, and others. It is not something to be denied.

LETTER FROM THE PLAINS

ANTHONY WELLS

A single word that increasingly will be bandied about as the 2020 election looms nearer is “Socialism”. It’s associated with the American political far Left and several key individuals, such as Senator Bernie Sanders. Let me say straight up front that what you are about to read is totally non-partisan, with only one intent – to help readers be objective and fair-minded about this much-maligned word.

Simply stated, in the United States true “Socialism” is very much misunderstood. If readers are so inclined, please do some basic research, but to save time and with the full concurrence of the political science majors amongst you, Socialism is when the State, or national government, of a country, controls the key means and factors of production and distribution. Marxists argue that Socialism is a transitory political state or institution between capitalism and communism.

Let me step back and provide some relevant family history for

this discussion. After World War One in 1920 my grandfather, Frederick Wells, a totally self made engineer, left the English West Country (very near to Wells in Somerset) and set up in Coventry in the English Midlands the very first precision gear manufacturing company, Coventry Gear, to provide key components for the burgeoning car and aircraft industries. By the 1930s his largest client was Rolls Royce and he was soon supplying the British war effort with critical gears for the famous Rolls Royce “Merlin” engine that powered the Spitfire and the Lancaster bomber.

In 1945 Winston Churchill lost the general election and the Socialists under Clement Atlee as Prime Minister came to power, having promised the war-weary British people all manner of panaceas for the sacrifices they had made to defeat Nazism. Within no time all the key factors of production were “Nationalized” (bought and controlled by the Labor government), including all the railways, the mines, the airlines, and so on.

By the late 1940s, my grand-

father was exasperated and sold Coventry Gear, bought 4 farms for himself and 3 of his children, plus a hotel, and lived the rest of his life farming in the Welsh mountains near to Llandrindod Wells, telling war stories in his bar, totally disillusioned by Socialism.

Churchill was returned in 1950, but too late for my grandfather to go on. My own father went to work for Rolls Royce.

In the 1960s and 1970s, I witnessed the decline of British entrepreneurship and inventiveness with a succession of disastrous Labor governments led by Harold Wilson and latterly James Callaghan. By the late 1970s, the UK was in deep trouble, with 27% inflation.

When Margaret Thatcher was elected Prime Minister in 1979. I voted for her. As a career naval officer, I had witnessed Denis Healey, Minister of Defense in the 1960s, decimate the Royal Navy, ending the aircraft carrier replacement program and running down the Royal Navy’s global forward deployment. In the late

1930s, Healey had been a member of the communist party while at Balliol College, Oxford.

My distinguished boss while I was on the staff of the Royal Naval College Greenwich, (1972-74), Professor Bryan Ranft, was an exact contemporary of Healey’s at Oxford, (together at Balliol with Edward Heath who became a Conservative Prime Minister), and he wrote countless papers to persuade Healey of his strategic folly, all to no avail. Bryan, one of the brilliant pre-war minds at Oxford, and a man who fought with distinction in World War Two was ignored, dismissively.

So, the relevance of all this is clear: What Bernie Sanders and other like minds espouse is absolutely NOT Socialism.

Winston Churchill was a huge proponent of social reforms, bringing in unemployment benefits and the like in his early political days. During the Second World War, he introduced in 1944 a far-reaching Education Act and laid the detailed foundation for the National Health Service that persists to this very day.

In November 1942 the Bev-

eridge Report was to reform social welfare, all under a great Conservative leader.

Socialism is not about providing basic services, like education, health care, roads and bridges, law enforcement, and social security and related benefits for people’s later years. This is a huge misconception. I lived through, and my family in England endured, the worst of Socialism. But, what Sanders and others say when talking about government paid higher education is absolutely not Socialism.

Under every Conservative government in the UK university education has been virtually free by US standards, with today 9,000 pounds sterling per annum the maximum anyone pays for a college education.

My message is simple: Do keep an open mind and listen to the policy details as we move towards November 2020. Our great American political and economic traditions and Socialism are totally antithetical, thank goodness! That’s just one of the many reasons I’m proud to be a naturalized American.

LETTER TO THE EDITOR

MIDDLEBURG COMMUNITY CENTER – TRULY SERVING THE COMMUNITY?

JESSICA MILLER

When my husband and I moved to Middleburg seven years ago, we were choosing an idyllic small-town life to grow our family, one that is increasingly rare. We were drawn to the town as one of those last bastions of community living that Norman Rockwell idealized in his images, with places like the Middleburg Community Center to offer programs and services that bring together town residents and the surrounding community. Now that we are parents of a four year old son, the opportunity to have access to a public playground and swimming pool within the town limits is priceless. Imagine, then, the disappointment of our young child when he arrived for an afternoon swim on a perfect sunny Saturday, only to be informed that the pool has closed due to a private event at the Community Center. Sadly, these closures have been a regular occurrence, happening the past three

weeks out of the five that the MCC pool has been open in 2019 with one additional weekend closure due to a plumbing issue.

Frustrated as a \$300 family season pass holder to the MCC pool who received absolutely no warning of these closures, I wanted answers and found the following statement on the MCC website:

The Middleburg Community Center is unique in that it is a true community center. Supported by the community, for the community, the citizens of Middleburg have assured that the Community Center remains a pristine public space for all ever since our doors opened in 1949. Come and enjoy the picnic grounds, garden, playgrounds, pool and other outdoor spaces.

I must question how the community is truly served as many of these public spaces are restricted when the MCC is rented for a private event, thus closing the door on the community to connect and enjoy the facilities.

In fact, it is clear from the annual reports posted on the MCC website that the desire of MCC management and board leadership is to seek out funding from providing event space, including weddings. Given wedding season is in full bloom during the summer months, this places the MCC open pool hours at risk every weekend.

Additionally, the MCC management has not maintained a pristine environment as stated. The pool has been in need of improvements for several years as pieces of the structure are cracking and breaking off not to mention the dire condition of the pool restrooms. Furthermore, the MCC pool offers no ability for the elderly or mobility challenged to utilize the facility as the pool is not equipped with walk-in steps. In fact, the Town of Middleburg offered to help fund the addition of these steps and other improvements to the pool for the benefit of the community, but the MCC took no action on this offer.

It is understandable that the MCC needs to raise funds either as donations or through its programs and events. In challenging times donations dry up and established institutions like the MCC need to innovate and adapt their approach to stay alive. There are different ways to balance the need to remain solvent while staying true to your core mission, if that is truly what the MCC desires.

Of the assorted events listed on their website, five of the nine are annual, one-time events and one is not even managed by the MCC but by the Middleburg Police Department. So what does it mean to serve the community? The MCC only needs to look into their past to answer that question. The MCC website references memories of duck pin bowling in the basement dating back to the 1960s. What an entertaining way to engage the community and bring people together! Summer is a season that leaves many parents stressed as they look for activities to

occupy their school-aged children. Why doesn't the MCC offer day camps for children? Why haven't they replaced the Pre-School program that was run by the Loudoun County Parks, Recreation & Community Service that left in 2017? These are all opportunities to generate revenue while benefiting the community and not relying on private parties which benefit only the MCC bottom line.

With no focus on improving the pool and developing programs that can act as sustainable revenue streams that support the Middleburg community, what is keeping the management of the MCC so busy all year? As a designated non-profit the MCC's focus on pursuing private events may even be in violation of their tax exempt status. It all begs the question, what is the true mission of the Middleburg Community Center?

MIDDLEBURG TOWN COUNCIL REPORT - CONTINUED FROM PAGE 1

side consultants to help develop “a long term economic development strategy” for Middleburg with special focus on expected growth sectors; financial impact; empty storefronts; and preparations for recession. Proposals are expected to be in by late July.

Gaucher reported that 43 people registered and 32 attended the Town's second Digital Literacy Workshop on June 4 at the National Sporting Library and Museum. Response to representatives from Visit Loudoun, Loudoun County Economic Development and the Middleburg Town Council was “very well received and helpful” according to Gaucher.

Middleburg Oktoberfest is currently set for September 21, 2019, and will coincide with the Town's fall Art in the Burg celebrations.

Google Grants

The Community Foundation of Loudoun and Northern Fauquier Counties and the Loudoun Education Foundation are to receive some \$200,000 as part of Google's forthcoming \$600 million investment in two new data centers in Loudoun County.

The 1863 Fund

The 1863 Fund is an endowment set up through the Community Foundation for Northern Virginia to

help provide long-term support for five parks along Route 50 and any other NOVA Parks lands that may be acquired in this area

The parks include Gilberts Corner Regional Park, Mt. Zion Historic Park, Aldie Mill Historic Park, the Battle of Middleburg/Mt. Defiance Historic Park, and the Battle of Upperville/Goose Creek Bridge Historic Park all played critical roles in the four days of battle in 1863, part of the Gettysburg campaign, that is known as the battles of Aldie, Middleburg, and Upperville.

NOVA Parks has worked with many partners on the parks, including the American Battlefield Trust (Civil War Trust), Fauquier and Loudoun Garden Club, Piedmont Environmental Council, Mosby Heritage Area Association and Friends of Balls Bluff to preserve these sites and interpret their history to the public.

The newest park, the Battle of Middleburg/Mt. Defiance Historic Park just west of Middleburg was formally dedicated on April 26.

A new monument to the First Maine Cavalry was dedicated at Mt. Defiance on June 22.

Open Late Concert Series

The National Sporting Library & Museum has requested special event funding from the Town to

support their Open Late Concert Series. The concerts are free to the public but cost the NSLM around \$22,000, plus an additional \$30,000 in staffing costs. As of May 23, the series had twelve partners/sponsors.

The Town's Cultural & Community Events Committee recommended approval of a donation of \$4,500 to the National Sporting Library & Museum for the marketing of the Concert Series, an amount needed as a match for a Virginia Commission for the Arts grant. Council was inclined to donate more and recommended a \$5,000 grant.

Foxes (and Hounds) on the Fence

Debbie Cadenas, Chair of the Middleburg Arts Council, announced that its Foxes on the Fence fundraiser brought in \$23,744 this year. One hundred submissions were received for the programs new poetry contest, and Jay Hubbard, who is currently creating a video about Art in the Burg, also videotaped the reading of the poetry.

Bronze Fox

A marble base has been donated to the Art Council's Bronze Fox Project. That, with a \$5,000 donation from the Middleburg Garden Club ensures that all of the funds

needed have now been raised. The iconic fox will be ready to be bronzed in around forty-five days. A location for the statue is still to be determined.

Arts in the Burg

Cadenas reported that this spring's Art in the Burg went well. The artists loved it, she said, the group had to turn vendors away for lack of space. Crowds, she noted, were a little smaller this year.

Mayor Bridge Littleton suggested that food vendors be added to the Fall Art in the Burg. He offered the Cultural & Community Events Committee's assistance in bringing more to the Art in the Burg events.

Town Administrator Danny Davis reported that Business & Economic Development Director Gaucher was going to talk to Cadenas about expanding the Art in the Burgs into large festivals that centered on the arts.

Kudos to Ashley Bott

Council formally accepted the resignation of Ashley Bott, Treasurer, effective May 30, 2019, and appointed Tina Staples as Interim Treasurer, effective May 31, 2019.

A farewell reception for Bott was held on May and Council adopted a formal resolution of appreciation for her long and faithful service.

501.c.3 to Manage Health Center Funds

Middleburg's Town Council agreed it favored establishing a 501(C)(3) to manage the funds raised by the Town from its sale of its Health Center Building. Such an independent organization, it was noted, “could grow the Town's investment and fundraise effectively.” Managing the funds “in-house,” it was thought “would be onerous for the staff and that it would not get the time or attention it deserved from the standpoint of fundraising.”

Council will serve as the organization's Board of Directors for the first couple of years; and, once comfortable with the structure will, ideally, appoint others in their place.

It was also suggested that the Town Treasurer serves as a mandatory representative of the Town.

Council Appointments

Town Council has reappointed Punkin Lee, Jennifer Long and Elizabeth Rice to the Middleburg Arts Council for two-year terms, with terms to expire June 14, 2021.

Jilann Brunett and Morris “Bud” Jacobs were appointed to the Town's Wellhead Protection Advisory Committee for two-year terms, ending on June 14, 2021.

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FIDELIO

THE PLAINS, VIRGINIA

Prime Fauquier County location minutes from Middleburg | Unbelievable finishes throughout | Antique floors and mantels, vaulted ceilings | 6 BR, 5 full, 2 half BA | 6 FP gourmet kitchen | Improvements include office/studio, stone cottage with office, spa, guest house, pool and lighted tennis court | Landscaped grounds with stream, waterfalls, boxwood and special plantings | 61 acres

\$8,750,000

PAUL MACMAHON 703.609.1905



SPRING GLADE

MIDDLEBURG, VIRGINIA

French Country home, with renovations in 1999 & 2017 | 4 BR, 5 full & 2 half BA, 5 FP, hardwood floors, flagstone terrace | Beautiful drive to hilltop setting overlooking pond, lake & mountains | Improvements include pool, 2-car garage, 2 BR guest house & apartment | Lovely boxwood gardens | Kitchen allowance to be provided | 79.89 acres

\$3,900,000

PAUL MACMAHON 703.609.1905
HELEN MACMAHON 540.454.1930



MONTANA FARM

DELAPLANE, VIRGINIA

Historic Montana Farm; Italianate style main house (1850), stone patent house (1840) each meticulously restored | Unique scored stucco | 3 BR, 2 1/2 BA, 2 FP | Wood floors, high ceilings, stone terrace & old boxwoods | Renovated tenant house | Mountain cabin | Several restored barns including restored pre-Civil War bank barn | Run in shed & excellent fencing | 222 acres, west slope of Cobler Mountain | 60% open & useable acres | Frontage on "Big Branch" | Spectacular valley

\$3,400,000

PAUL MACMAHON 703.609.1905



MAYAPPLE FARM

MIDDLEBURG, VIRGINIA

Original portion of house built in 1790 in Preston City, CT | House was dismantled and rebuilt at current site | Detail of work is museum quality | Log wing moved to site from Western Virginia circa 1830 | 4 BR, 4 full BA, 2 half BA, 9 FP & detached 2-car garage | Historic stone bank barn and log shed moved from Leesburg, VA | Private, minutes from town | Frontage on Goose Creek | 37.65 acres

\$3,400,000

PAUL MACMAHON 703.609.1905



WAVERLY

THE PLAINS, VIRGINIA

circa 1755 | Between Middleburg and The Plains | Additions in early 1800's & 1943 | Home recently restored | 62 gently rolling acres in Orange County Hunt | 4 bedrooms, 4 1/2 baths, 6 fireplaces | Improvements include salt water pool, pool house, large party house/studio, 2 tenant houses, stone walls and pond | New metal roofs on all buildings

\$2,950,000

PAUL MACMAHON 703.609.1905



GAME CREEK

MIDDLEBURG, VIRGINIA

A remarkable property located within a private enclave just minutes from town | Stone and stucco manor house with main level master suite | 7 additional BR | 5 stone FP | Beautiful gardens, terraces, salt water pool, cabana, carriage house & stable with 2 paddocks | Lovely finishes throughout & sweeping lawn to private trails to Goose Creek | 31 acres | Private, elegant & convenient

\$2,350,000

HELEN MACMAHON 540.454.1930



HALCYON HILL

RECTORTOWN, VIRGINIA

17 acres of rolling pasture land in the village of Rectortown | Convenient to both Routes 50 & 66 | Newly renovated | Private setting with magnificent mountain views | 4 bedrooms, 4 full bath, 1 half bath, 2 fireplaces | Heated pool & spa | 2 bedroom guest house | Large shed & 2-car garage

\$2,350,000

PAUL MACMAHON 703.609.1905
HELEN MACMAHON 540.454.1930



INGLEWOOD

DELAPLANE, VIRGINIA

Circa 1850's log and frame home moved and rebuilt at site | 3 bedrooms, 2 baths | Exposed beams and interior log walls | Stone fireplace | Barn also moved and rebuilt, has approved 2 bedroom per site | Large pond, many streams, multiple building sites | Private Fauquier location outside village of Scuffelegg | 305 acres

\$1,935,000

PAUL MACMAHON 703.609.1905



LANDMARK ROAD

THE PLAINS, VIRGINIA

Stunning setting | Classic Virginia fieldstone home on 13 acres | Elevated site amidst large farms in a grove of massive oak trees | Heart pine floors | 6 fireplaces | 5 bedrooms | Gorgeous sun rooms | Swimming pool | Garage | Mature gardens | Pastoral views | Very protected location between Middleburg and The Plains

\$1,850,000

HELEN MACMAHON 540.454.1930



LITTLE COBBLER FARM

DELAPLANE, VIRGINIA

Hill top setting in highly protected valley | 100 rolling and rising acres | Property partially fenced, spring fed pond with private terrace | House built in 1992, stone and stucco exterior with metal roof | 4 bedrooms, 3 full baths | In-ground pool, detached 2-car garage, lovely gardens | Interior of house has been gutted, needs interior finishing

\$1,750,000

PAUL MACMAHON 703.609.1905



PIECE OF HEAVEN

MARSHALL, VIRGINIA

Absolutely impeccable custom home on 50 acres with lake frontage 10 minutes from Marshall | Beautiful millwork, extensive plantings, porches & terraces | Fantastic mountain views from oversized windows, rolling pasture & private dock | 5 BRs, 3 FPs, hardwood floors | Extremely well built home with endless amenities | Very special home in pristine condition

\$1,290,000

HELEN MACMAHON 540.454.1930



PICNIC WOODS

LOVETTSVILLE, VIRGINIA

circa 1890 frame and log home completely updated and restored | Interior log walls exposed | Vaulted ceiling in great room with exposed beams, stone fireplace | Beautiful floors, 3 bedrooms, 2 full baths and 1 half bath | Guest house, active stone spring house, numerous outbuildings, old stone walled barn all overlooking 3 acre pond with island | Mountain views | 29.69 acres

\$1,290,000

PAUL MACMAHON 703.609.1905



GRASTY PLACE

MIDDLEBURG, VIRGINIA

Charming home in desirable Melmore | Adjacent to the town of Middleburg offering proximity to town & privacy of almost 4 acres | High ceilings, light-filled rooms, new kitchen with granite counters & stainless appliances | Family room with fireplace, screened-in porch | 3 BR including bright master suite | Home office, finished LL and 2-car garage

\$700,000

HELEN MACMAHON 540.454.1930



WINCHESTER STREET

WARRENTON, VIRGINIA

Very private home with 3 BR and 3 1/2 BA | Lots of light - All brick colonial home surrounded by mature plantings and extensive hardscape | Located in the Warrenton historic district | Detached 2 car garage, in-ground pool & fenced patio | Fully finished basement with separate entrance | Master bedroom balcony over looks pool

\$700,000

MARGARET CARROLL 540.454.0650
ANN MACMAHON 540.687.5588



ASHBY HOUSE

RECTORTOWN, VIRGINIA

circa 1800 | Two-story addition built in 1880 | Living room with fireplace | Exposed log outbuilding | Original wood floors | Well proportioned rooms | Master BR with ample storage | Large screened in porch off the kitchen overlooking the private yard | Mature trees, a garden | This home has all the perks of quiet village living, with privacy and convenient access to Routes 50, 17 and 66

\$645,000

HELEN MACMAHON 540.454.1930



FOSTER SCHOOL HOUSE

THE PLAINS, VIRGINIA

Absolutely charming one room school house converted in to a lovely home, overlooking rolling pasture land and mountain views | One bedroom and one bath, plus a Murphy bed for guests | Lots of windows and large living room with fieldstone fireplace | Wonderful views | Special opportunity | 2.37 acres

\$495,000

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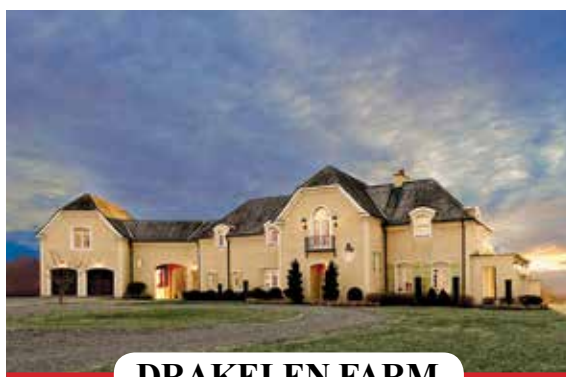
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GILESWOOD

Purcellville ~ Extraordinary stone & stucco residence on **14+ acres** on a scenic country lane. Approx. 12,000 sq.ft. on 4 levels boasting soaring ceilings, 5 fireplaces, 6 bedrooms's, 7 baths & a gourmet country kitchen. Luxurious Master Suite, elegant décor, superior quality. Separate In-Law suite with kitchen, bath, deck and garage. **\$1,895,000**

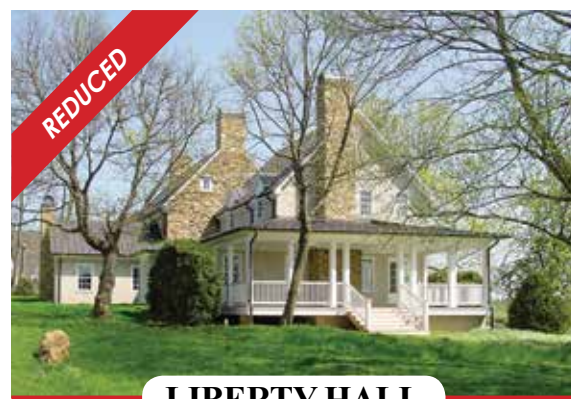
Mary Ann McGowan 540-270-1124



DRAKELEN FARM

Marshall ~ A French country home in the prestigious horse and wine country of Northern Fauquier County. Sited on **50 acres** with views of rolling pastures, a spring fed pond and the Blue Ridge Mountains. A country escape that elegantly combines warmth with simplicity. Superb construction makes this home very energy efficient. Bring your horses - in Orange County Hunt territory with great ride out. 45 minutes from Dulles International airport and an hour from downtown Washington D.C. **\$1,850,000**

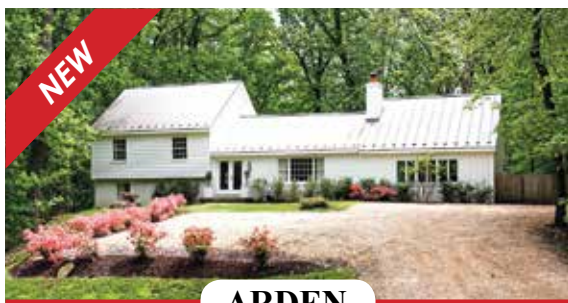
Cricket Bedford 540-229-3201



LIBERTY HALL

Paris ~ Circa 1770, Lovely Stone and Stucco Farm house sits at the foot of the Blue Ridge Mountains, **20+ acres** surrounded by Protected Lands, Spectacular protected views of Paris valley, Meticulous exterior renovations include Re-Pointed Stonework, Metal Roof, 2 Large additions, Covered Porch, Basement, Buried Electric, well and Septic, Fully Fenced, Mature Trees, Boxwoods, Ready for all your interior finishes. **\$997,000**

Rebecca Poston (540) 771-7520



ARDEN

Marshall ~ Fully renovated home on **5+ wooded acres** tucked in & around a large protected farm. Enjoy a sophisticated, contemporary design with an open floor plan that enhances the spaces both inside & out. 4 BRs, 3 BAs, new Kitchen, formal Dining Room with fireplace, LR with exposed brick & fireplace, Family Room with wall of windows, skylights & exposed beams. Master Suite has lux Bath, private terrace & unique glassed-in storage room. New roof, kitchen, bathrooms, hardwood & ceramic tile floors, windows & extensive landscaping. Open deck along entire back of the house. EZ commuter location just minutes to Marshall and I-66. **\$850,000**

Cricket Bedford 540-229-3201



MIDDLEBURG HOUSE

Middleburg ~ Antique colonial, circa 1800, is surrounded by perennial gardens and towering trees. This elegant home offers approximately 5,000 square feet of restored and updated living space. Bordered by stone walls and privacy fencing, a wrought iron gate marks the entrance to the landscaped grounds. A spacious terrace overlooks flowering trees, a wisteria covered pergola and lovely koi pond. Commercial zoning allows many uses for this fabulous property. **\$815,000**

Mary Ann McGowan 540-270-1124



FOX MEADOW

Middleburg ~ Great opportunity to own income producing property just two miles West of the village of Middleburg on **2+ acres**. Three separate rental units with efficiency kitchens, spacious living rooms with cathedral ceilings and brick fireplaces, main level bedrooms, full baths and W/D. Extra loft space on 2nd level for office or storage. Private rear patios overlook large, open backyard. Each unit has own parking spaces. Newly upgraded 3BR septic system and well installed in 2007. Two units currently rented. Priced below assessed value! **\$685,000**

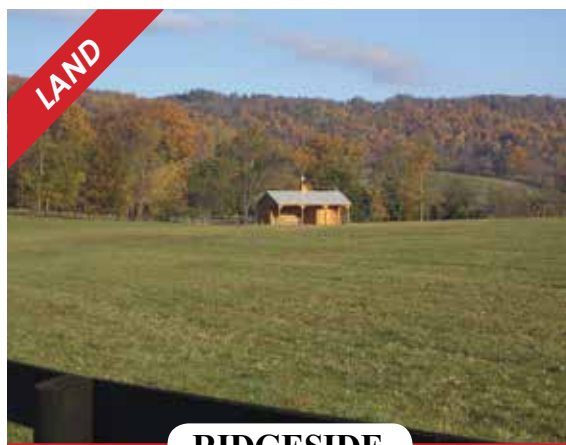
Cricket Bedford 540-229-3201



CAMPBELL ESTATES

Custom built Colonial located between villages of Marshall & The Plains. Open floor plan and an incredible number of windows and skylights. This family home has 4 bedrooms and 3.5 baths on two finished levels. Hardwood floors on the main level with new carpeting upstairs. Gourmet Kitchen with stainless steel appliances and a separate Breakfast Room. Additional features - Stone fireplace, solarium, game room and wrap around deck. This house is move in ready! **\$630,000**

Cricket Bedford 540-229-3201



RIDGESIDE

Bluemont ~ Beautiful land located on just over **12 acres** with views of the Blue Ridge Mountains. Ideal property for horses with a run-in-shed, well, board fenced paddocks and great "ride out". Property is in 2 separate parcels but are being sold together. In land use, seller not responsible for roll-back taxes. **\$480,000**

Mary Ann McGowan 540-270-1124



201 WASHINGTON

Middleburg ~ Commercial rental with approximately 2,400 square feet (60' x 40') of interior space with 10'+ ceilings. The brick and cinder block building comes with separate mens & women's half baths, a storage closet and a utility closet. It has two large front picture windows and a loading door in the back side wall accessed by a garage type door. There is parking available both at the front and on the side. The property is zoned C-2 Town Commercial and is located within the Historic District. **\$6000/mo**

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