

MARS GREAT MEADOW INTERNATIONAL

PAGE 11 & 28



THE POSITIVE FACET OF COMMUNITY COLLABORATION AND SIDEWALK SALES

CHRISTINE KRIEGER
CHAIR FOR "EMMANUEL'S
TREASURES"

When people work together, the outcome can be very uplifting.

I want to offer a huge thank you to the community at Emmanuel Episcopal Church and Middleburg, Virginia, for the beautiful outcome of "Emmanuel's Treasures" "Sidewalk Sale" in 2020. All the funds received went to benefit the church.

Working together, we the people, brought in our old treasures for donations, gave our time through volunteering, prepared flowers to bring the fragrance of joy to many, helped behind the scene through prayer and hard work to bring everything together for a seamless offering of peace, hope and calm.

Thank you to the anonymous community members who brought donations (even though not members at the church) but have come to concerts, dinners, or the various outreach sessions that the church offers to many. You never know how people find us. As the Bible states.... they will know us by our love. This love reached out to and beyond the community to bring laughter, song, and fun throughout the preparation, activation, and break down for this five-day event.

We are grateful to the merchants in Middleburg who donated quality items to the church....Mark Metzger-High-

cliffe Clothiers, Wendy Osborn from Chloe's, Roddy Rigden from Country Classics and Rick and Robin from Richard Allen and Duchess. Thanks to Karen Jackson, Tully Rector, Elisabeth Plaskitt, Richard

Danker, and Loyal Companions. We are thankful for all your help and donations.

We want to thank the volunteers who gave their time: Peggy Kovacs, Linda Platt, Molly Wade, Romey Curtis, Tempe Ives, John Denegre, Viviane Warren, Barbara Deegan, Anne Marsteller, Linda Wine, Maria Bianchi, and Pat Reilly.

Thanks to John Ives, Gene Lecouteur, June, and Dale Thompson for keeping our grounds manicured, beautiful and abundant.

Grateful and massive hugs go to Jill Winter, Norris Beaver, Anita Bown, and Tamara Hayter for all the foundation work that was done in the quiet hours.

Thanks to Alan Platt and Jeff Baldwin for "truck runs" when needed.

Thank you to Barbara Sharp and her creative floral art and the "elves" that helped her in preparation.

We need one another and can benefit tremendously when we share our gifts and talents with others.

We are blessed to live in a town where we help, support, and lift one another during unsettling times....we will get through all of this because of our love, honor, and respect for all people.

Lasting impressions have been given to me by many during this process. This has been a joy-filled time of tremendous laughter and fun.

Working together to build bridges instead of walls will benefit all of us. Let us meet in the middle and keep constructing a solid foundation for respect, caring, and compassion.

I look forward to more of the same during the next year. We are blessed to live in such an abundant place called Middleburg, Virginia.

MIDDLEBURG COMMUNITY CENTER VIRTUAL ART AUCTION FUNDRAISER

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NEWS OF NOTE

TOWN OF MIDDLEBURG ANNOUNCES PROPOSAL TO ACQUIRE LAND FOR FUTURE TOWN HALL



The Town of Middleburg is excited to announce it has entered into a Letter of Intent ("LOI") with Salamander Middleburg MUV, LLC to acquire 0.597 acres of land, located immediately behind the existing Town Office, as a part of its plan for the future construction of a new Town Hall building on the current Town Office site. Under the terms of the LOI approved by the Town Council, Salamander will give the Town the property for a total price of \$1. The property would be used to construct public parking, sidewalks, and landscaping, with the new Town Hall being built on property already owned by the Town.

"Under Salamander's rezoning proffers from 2007, Salamander was required to provide the Town with property for the construction of a new Town Hall building; however, the identified property was further to the north. With the cooperation of Salamander, we will be

able to relocate the proffered site so it will be contiguous with our existing property, allowing the Town to continue to utilize its current location, reduce the overall cost of the project in the long term, and continue to serve residents in the most effective way possible," said Mayor Bridge Littleton.

In 2017, the Town Council identified the construction of a new Town Hall as one of its strategic priorities. This was the result of several factors, including that the current Town Office, built in 1964, is too small to provide services to the community effectively and to house the Town staff; the Town is leasing separate office space for the Police Department, which is disconnected from the rest of the Town operations; and the existing Town Office building has undergone three mold remediation events, creating health concerns for those spending extended time in the space.

To this end, the Town con-

tracted with PMA Architects to conduct a space needs study to identify how much space is required to meet the Town's existing operational and staffing needs, plan for future needs to serve the public best, and provide usable public gathering spaces. The Town then explored at least eight possible locations to ensure it pursued the project in the most viable, cost-effective manner before identifying the existing location as its preferred site.

In addition to meeting the Council's strategic initiative of the construction of a new Town Hall, the project would address needs identified by the community and included in Middleburg's 2019 Comprehensive Plan, such as the need for more public parking, the need for a Village Greenspace, and the need for more public meeting space for use by all members of the community. In particular, the proposed Village Green would be made available for use by the Town for various

community events and activities.

The Town Council recognizes that the timing is not right to advance a construction project due to the current COVID-19 crisis; however, the Council also recognizes that once the pandemic has passed, the Town may have a tremendous opportunity to save money both in the form of interest rate savings and in lower construction costs that may not be experienced ever again.

"We want to make sure we position ourselves to take full advantage of all possible cost savings when the time is right," said Councilmember Peter Leonard-Morgan, the Council's community liaison for the Town Hall project. "Doing low-cost concept planning work at this time is prudent from a long-term perspective. To that end, the Town has been working on completing the site acquisition phase of the project to prepare for the future. I want to assure the community that the Council

will not take any action to advance the construction project until we are confident of our revenue projections and that the timing is right. We will also plan community outreach efforts to make sure the public is informed and engaged in the design process before moving forward with any construction plans."

The next phase of the project includes finalizing the land acquisition and formally issuing a request for architectural and engineering proposals (RFP). All funds are coming from the Town's Fund Balance, which has a current balance over the Town's fiscal policy guidelines. Future financings will be pursued at the appropriate time to take advantage of low-interest rates.

More information can be found on the Town's website at: <https://www.middleburgva.gov/TownHall>

NEWS OF NOTE

MOSBY HERITAGE AREA ASSOCIATION ADOPTS NEW NAME



As part of its 25th Anniversary celebrations this year, the nonprofit education and preservation organization known as the Mosby Heritage Area Association has thoroughly reviewed how the organization can ensure the continued protection of the area’s extraordinary landscape and its history in the next quarter-century. After extensive discussions, the Board of Directors has decided to retire the organization’s name and adopt one that more accurately captures the broad scope of its mission to highlight all the diverse history, from the time of the Native Americans through the twentieth century, that has taken place in the Heritage Area. The organization will now be known as the “Virginia Piedmont Heritage Area Association” (VPHA).

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“Our mission of Preservation Through Education is as important today as ever,” said C. Dulany Morison, the Chair of the Heritage Area Association. “We are committed to examining every aspect of our complex history to develop a deeper understanding of our past, foster constructive dialogue, and preserve the area’s unique beauty.”

The Heritage Area Association will continue to offer student and adult education programs that ask thought-provoking questions, address history’s painful truths, and provide a scholarly context of our local history. Since the onset of COVID-19 restrictions, the Heritage Area Association has offered digital remote learning resources several days a week. The reach of these programs has been remarkable. People from across the country have engaged with our history through virtual historic site tours, Zoom panel discussions with noted historians, and Facebook Live events.

The President of the Heritage Area Association, Jennifer Moore, who has long served the organization, said, “We have spent a considerable amount of time explaining that our focus goes far beyond just the Civil War. With the name change, our broad mission will now be far more apparent to those unfamiliar with our organization.”

The future of the Heritage Area is bright. The three fulltime staff and eighteen Directors are excited to announce “Piedmont Crossroads,” a project that will explore the past 500 years of history in the Heritage Area. The project will include comprehensive programs done in partnership with other local organizations to share our knowledge.

The Board of Directors of the Heritage Area Association encourages everyone to visit www.piedmontheritage.org and follow the organization on social media to learn about their virtual and in-person offerings and continue supporting their vital mission done for twenty-five years.

“The amount of varied history in the Heritage Area is endless,” Jennifer Moore said, “and we look forward to delving deeper into its extraordinary history.”



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NEWS OF NOTE

COROTOMAN FARM PERMANENTLY PROTECTED



Working with the Land Trust of Virginia (LTV) in conjunction with The Virginia Piedmont Heritage Area Association (VPHAA and formally Mosby Heritage Area Association) the Thompson Family has taken the necessary step to ensure that their 60.9-

acre property, a portion of the historic "Corotoman" farm, is forever protected. When looking for ways to ensure that the stunning scenic views and history of the property would be here for future generations, siblings Ann and Mark Thompson concluded that the best way to accomplish this goal was by entering into

a protective conservation easement agreement. According to Mark, "everyone in the community benefits from open space and the preservation of our history. Hopefully, this will inspire others in our community to put their properties into an easement."

The Thompson Property is in Loudoun County, Virginia, located 2.2 miles northeast of Upperville, Virginia. One of the most significant public benefits of the agreement will be the permanent protection of scenic open space. The property is highly visible with road frontage on three public roads, includ-

ing Millville, Greengarden, and Piney Swamp Roads. The property features rolling topography with several ponds and stunning views of the Blue Ridge Mountains.

The agreement with the Thompsons will also protect the property's significant historic resources by maintaining historic landscapes. Because of its topography, the property is entirely visible from all three public roads. There are no buildings on the property, and none will be permitted in the future, which will maintain the property in its historic condition. Regarding the Civil War context of the property, as explained by Dulany Morison, Chairman of VPHAA, "this property is an important contributor to the rural landscape of the Northern Piedmont, and is the site of significant cavalry maneuvers in the Battle of Unison (1862) and the Battle of Upperville (1863), in addition to a skirmish between Col. John Mosby and Maj. Henry Cole (1864)." The Virginia Piedmont Heritage Area Association's Bondi Family Land Conservation and Battlefield Preservation Fund assisted with the transaction costs of placing this property under conservation easement because it is located within the Unison Battlefield Study Area. Dulany added, "the Bondi Family Fund has proven to be a convincing resource in discussions with landowners considering the feasibility of protecting their property with a conservation easement."

According to Mark, "LTV and VPHAA were great to work with throughout the process. Removing all possible future divisions of the property simplified the process too." Thanks to the Thompsons, the conservation values of this property are now permanently protected for future generations to appreciate.

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Dear MFF Filmgoers and Friends,

Thank you for your patience while we have been figuring out our options for this year's festival. Everyone's health and safety during these uncertain and challenging times have been paramount in our planning.

We are pleased to announce that MFF2020 will be a virtual (online) festival COMBINED with outdoor, socially-distanced screenings. Our outdoor, evening film screenings will include at least one drive-in AND a large screen on the grand lawn of the Salamander Resort in Middleburg. Both our virtual and outdoor screenings will feature the carefully curated slate that our filmgoers have come to expect — including "Oscar buzz" films, international features, independent gems and fascinating documentaries.

We will be hosting numerous exclusive conversations and tributes with both legendary and "breakthrough" actors, leading filmmakers, and special guests from all over the world. Other highlights include our signature concert honoring a renowned film composer, virtual and in-person wine tastings at Greenhill and Boxwood Wineries, post-screening live Q & A's, and a virtual festival lounge where you can meet and compare notes about films. Stay tuned for more details and sneak peaks of the program coming soon!

Advance ticket packages (including a variety of pass options and group discounts) will go on sale on September 8 from our website middleburgfilm.org. Individual tickets will go on sale when the schedule is announced at the beginning of October. Please check the MFF website, mobile app and social media @ MiddleburgFilm for updates.

Lastly, we want to thank you for all your support during these difficult times. We've heard from many of you who care deeply about the festival and are very much looking forward to attending, either virtually or in-person. We know you'll enjoy this year's films, conversations, and special events — and we think you'll also be excited with some of our new plans.

We look forward to seeing you at the movies — either online or in Middleburg, safely socially-distanced.

Best,

Sheila Johnson (MFF Founder & Board Chair)

Susan Koch (MFF Executive Director)



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NEWS OF NOTE



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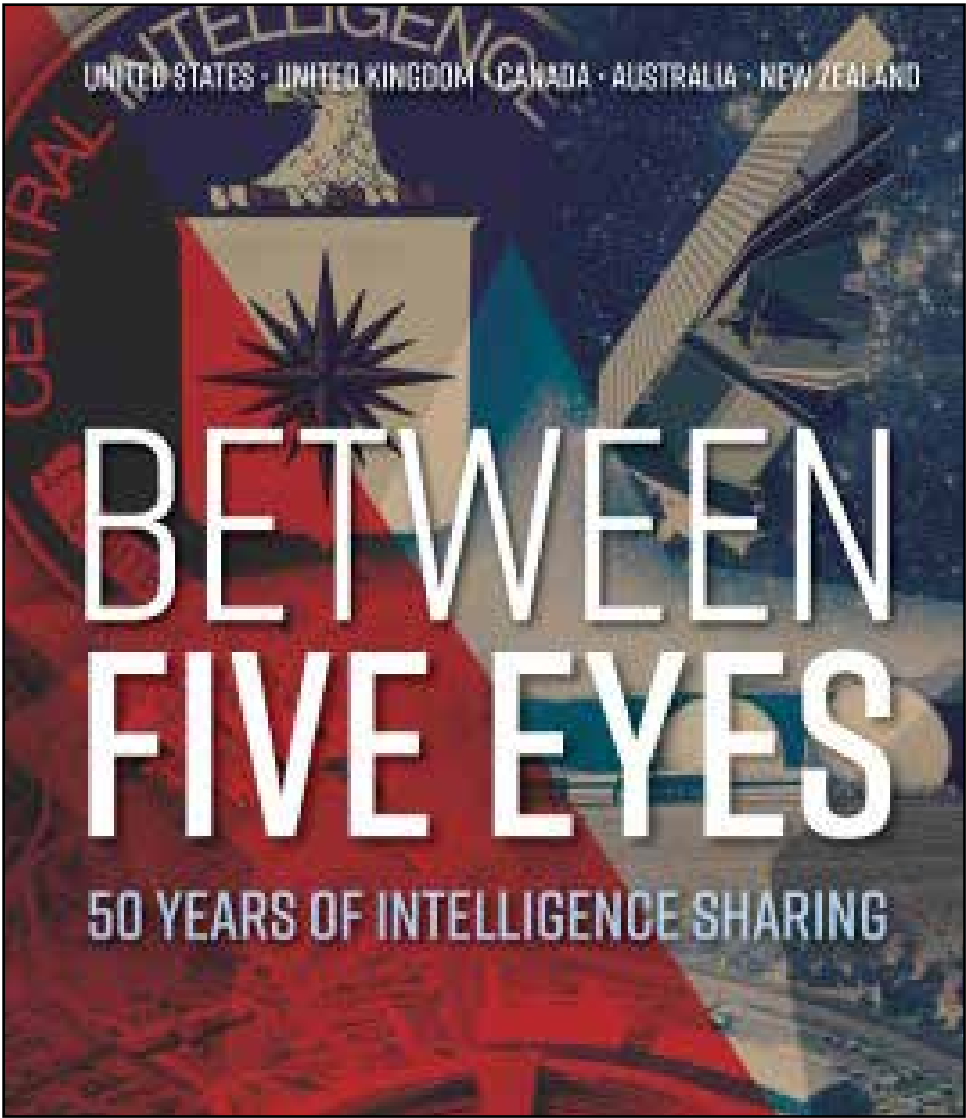


Timber Works Tree Care is a locally owned company providing the highest quality of tree work to the Northern Va and Shenandoah Valley region. Utilizing state of the art equipment, and industry-leading safety measures ensure that every job is executed at the highest levels of efficiency and safety. Property owners choose Timber Works when their focus is on the best care for their trees, homes, and properties. From pruning ornamental trees to removing the mature hazard or declining trees, stump grinding, or land clearing, Northern Va and The Shenandoah Valley have entrusted their properties and homes to these professionals years. The full-time office staff is ready to answer clients' calls and provide assistance throughout the project, no matter how big or small. All jobs are looked at and gone over in-depth with clients before prices are given. Detailed proposals are emailed to every customer, often including pictures or maps of the project when pertinent. Upon accepting the work proposed, a crew of 4-6 trained employees and their equipment arrives on time to take care of the job. Communication with clients about their needs, concerns, or questions provides for a smooth hassle-free experience. Timber Works believes that they clean up after the job is sometimes the essential part and makes sure to

leave yards looking better than when they showed up. Timber Works Tree Care has won the Angie's List Super Service award in 2018 and 2019. The many reviews on Google and other platforms such as Yelp or Facebook all speak to a dedication to professionally delivering quality workmanship to every client. See what one of our many happy clients had to say.

Positive: Professionalism, Punctuality, Quality, Responsiveness, Value
Timber Works was a pleasure to work with from beginning to end. Jack arrived on time to determine what trees should come down. Joe contacted me the next workday with a proposal, and he made scheduling around my busy schedule effortless. Ben arrived on time with a crew of four hard-workers to remove 15 dead trees from my property. A huge oak positioned on the edge of a steep drop-off was especially challenging, but Ben was able to dismember and remove the tree safely methodically. I agree with other comments; they are reliable, efficient, and left the property tidier than they found it. Jack and all of his employees are friendly and a pleasure to work with. Timber Works is a first-rate operation, and the only company I will call for tree service. I highly recommend Timber Works.

UK/US INTELLIGENCE AND THE WIDER FIVE EYES
COMMUNITY OF CANADA, AUSTRALIA, AND NEW ZEALAND



UK/US intelligence and the wider Five Eyes community of Canada, Australia, and New Zealand are primarily about relationships. In this remarkable book, Anthony Wells charts fifty years of change, turmoil, intense challenges, successes and failures, and never-ending abiding Five Eyes relationships. He traces the development of institutions that he firmly believes has sustained and may have saved Western democracies and their allies from those ill-disposed to the value system and culture of our nations. More than a chronology of the UK/US intelligence community during these fifty years, it is also a personal insight into critical relationships and the abiding strength of the United States and the United Kingdom and its Five Eyes allies relationships. The author is the only living person to have worked for British Intelligence as a British citizen and US Intelligence as a US citizen. As a fully trained and accredited security officer for two US intelligence organizations, Anthony has relied on his extensive unclassified collection of papers, personal notes, diaries, and his family library for source material to create this book.

"Few people are as uniquely well equipped as Anthony Wells to write an account of these close and special relationships. His penetrating and informed analysis offers us all hope for the continuance of an alliance, which makes the world a safer place." — Vice-Admiral Sir Jeremy Blackham, Knight Commander of the Bath, editor, The Naval Review

Anthony Wells received a Master's and Doctoral degrees from the University of London, his Bachelor's and a Master's degree from the University of Durham. He was trained at the Royal Naval College Dartmouth, the School of Maritime Operations, and by the Honourable Alastair Buchan at Trinity College, Oxford. He was trained in the 1960s by the most distinguished exponents of deception and other clandestine operations from the World War Two period. He was the youngest Senior Lecturer and Tutor in uniform as a newly promoted Lieutenant Commander at the Royal Naval College Greenwich 1972-1974. While in the Royal Navy, he served in Washington and at sea with the US Navy. After becoming a US citizen, he has worked at sea in USS Coronado and USS Florida. Dr. Wells has led programs in the US National Intelligence Community and has led programs to mitigate the worst effects of terrorist attacks on personnel and infrastructure, political systems, and communities. In conjunction with other companies, Dr. Wells has led the development of key C4ISR systems and technologies and their applications to counter the worst effects of terrorism, other forms of irregular warfare, and non-state-sponsored insurgency and revolt. Dr. Wells is a foremost expert in the science and art of modern Information and Deception Operations in both the offensive and defensive modes. He currently works with a US-UK group on the leading edge of cyber-related systems and operations. He is a Visiting Senior Research Fellow in the Department of War Studies, King's College, London, specializing in intelligence.

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NEWS OF NOTE

HORSE-CRAZY: MARS GREAT MEADOW INTERNATIONAL

LAUREN R. GIANNINI

MARS Great Meadow International enjoyed an eventful (sorry, couldn't resist being punny) long weekend, June 20-23, at Great Meadow – a first-class event at a first-class facility off Route 66 in The Plains. The entire five days were run with everyone's best interests in mind and at heart. There were no spectators per se, but 223 entries require a lot of ground support, and there were more than 200 volunteers. Even if you weren't there, you could enjoy plenty of online coverage.

David O'Connor and Darin Mollett co-chaired the organizing team that included Steve Symansky, Max Corcoran, Donna Devadas, Karen O'Connor, and Punkin Lee. They added to the safety protocols in place for equestrian competition by making the wearing of masks mandatory at all times unless mounted on a horse, and by encouraging

safe distancing.

Middleburg's own Lynn Symansky and The Donner Syndicate LLC's RF Cool Play won the CCI3*-S. Out of the 44 starters, 36 completed. They placed second in the dressage, on 24.5 penalty points, clocked a double-clear show jumping round, and sat in first place when they ran cross-country to finish with no jumping faults and six-time penalties for a final tally of 30.5 penalty points.

Just last year, RF Cool Play, aka Coolio, was part of the gold medal-winning U.S. team at the Pan Am Games in Lima, Peru. Lynn and Coolio also earned individual silver. The Pan Ams are a good indicator of who might make the Olympic 3-day team, but the Summer Olympics ended up being postponed until 2021 because of Covid-19. Under the best of circumstances, life with horses is full of ups and downs, literally and figuratively. Still, Lynn had experienced the wild ride to the top of the eventing hierarchy with

Donner, who, for many years, was the equine darling of the Donner Syndicate LLC whose members have been enjoying bragging rights with Coolio.

"I think it is pretty special to have another horse in the syndicate to carry on in Donner's steps," Lynn said. "Donner is actually really well right now. I have had many questions about him, but he is in full work and jumping at home. It is just a bizarre year and there is no reason to campaign the horse when you really don't know what you are getting ready for, and he really doesn't have anything to prove."

MARS GMI was Lynn and Coolio's fourth competition so far this year, and their partnership began only a couple years ago. Coolio's star was bright at the Pan Am Games last year, and it blazed again at Great Meadow International by giving the Donner Syndicate an exciting win in their hometown.

"Coolio's biggest improvement would have been his

show jumping round," Lynn said. "His nerves really show through in that phase the most—you can see the tension in his body. He put in three really good phases honestly. His dressage is very fancy, but sometimes he tries too hard. I thought it was a good combination of having enough relaxation, but still showing off his flashiness. In the show jumping I thought he jumped a really smart round and really used himself well and kept breathing especially since no one has really done much this year and it was a big atmosphere ring."

That double clear in show jumping set them up to tackle the course designed by David O'Connor, individual gold medalist at the 2004 Athens Olympics.

"The cross-country felt very easy for Coolio," Lynn recalled. "There was a lot of trouble out there though, and because of yesterday's rain the ground was a bit more taxing on the horses than I normally would expect. He handled it well. I was feeling lucky to go into that phase on a more seasoned horse."

In terms of eventing in times of COVID, Lynn said, "I know that all owners and

riders out there have been a little frustrated with the way life is right now, but you can't be too frustrated because we are lucky enough to be riding horses every day still."

The MARS GMI winners: Liz Halliday-Sharp and Deniro Z, owned by Ocala Horse Properties, took home top honors in the CCI4*S (68 entries). You read about Lynn and The Donner Syndicate's Coolio in the CCI3*S (44 entries). Sharon White and her own Klaus 63 did a brilliant job leading from start to finish in the CCI3*L (12 entries). Kelly Prather and her Catch Me Cooley claimed the win in CCI2*S (51 entries). Sharon White and Cooley Kildaire, owned by Manon Davidson, bested 18 entries in Preliminary 1 with Allison Springer and Nancy Winter's No May Moon topping the results for Preliminary 2 out of 22 entries.

For more information, results, videos, live streams, photos, etc:

greatmeadowinternational.com

eventingnation.com

useventing.com

chronofhorse.com

OAK SPRING

AN EXPLORATION OF LANDSCAPE AND HISTORY

Sunday October 11th & Sunday October 25th
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The Oak Spring landscape is full of hidden history - in the trees, the rocks, the rock walls, and the arrangement of forest and field. On this one-day program we will explore the countryside of Oak Spring and Rokeby and learn to see the landscape through a lens of history, and of contemporary ecology and the ways the one leads to the other. We'll start with tree identification and build up from there - keeping our distance from each other - but getting up close with the landscape.

This one-day program is ideal for anyone wanting to read more deeply into the local landscape. No prior experience in ecology is required. However, we will be walking the land all day and expect to cover 4 miles over uneven and gently hilly terrain. Participants should arrive prepared to be out all day (9:00 am to 4:30 pm) with proper footwear, water, etc. Lunch will be provided.

Space is limited to 10 people per session. The entire program will be outside and strict socially-distance protocols will be observed.

Program Fee - \$75 per person including a sack lunch.

To secure a place please email catherinem@osgf.org



CAROLINE MARTIN



KELLY PRATHER

PHOTO BY DILLON KEEN PHOTOGRAPHY LLC

NEWS OF NOTE

POSITIVE UPDATE FOR THE MOZAMBIQUE PARKS

JASON PATERNITI

In these trying times, we thought you might appreciate a very positive update we just received from our partner, Peace Parks Foundation. As you may remember, GEOS Foundation and our operating partner, the Environmental Management and Conservation Trust (formerly, the Dyck Advisory Group) are working with Peace Parks Foundation to provide technical support for the restructuring and management of counter poaching operations in their four national parks in Mozambique and a new park in Malawi.

The Mozambique parks comprise approximately 5.5 million acres of prime conservation land as well as a critical barrier for poaching incursions into the neighboring 4.8 million-acre Kruger National Park in South Africa. They are also a key component of Peace Park's Greater Limpopo Transfrontier Park which is a 13,500 square mile conservation area connecting parks in South Africa, Mozambique and Zimbabwe.

This collaboration represents the tangible realization of our goal, as the GEOS Foundation, to identify and resource a better counter poaching "mouse trap" and then scale that proven model to a "landscape" level. Our successful and growing partnership with Peace Parks Foundation is indeed proof of concept.

Ultimately, the goal is to protect and "rewild" much of these areas where wildlife has been decimated due to poaching and war while providing "conservation connectivity" across a huge expanse of potentially exceptional wildlife habitat. In a world where most conservation efforts focus on trying to preserve what little is left, it's nice to be on the offensive in expanding protected wildlife areas.

We should note that Peace Parks Foundation is one of the largest and most respected wildlife charities in all of southern Africa controlling over 250 million acres of land in eleven countries. Their mission is to renew and preserve large, functional ecosystems that transcend international boundaries – thereby re-establishing ancient migratory routes and ensuring the expanded habitat and genetic diversity crucial for the long-term survival of all of Africa's wildlife.

Per the attached Progress Report from Peace Parks Foundation, we are very excited to be playing an important role in that successful effort. <https://bit.ly/2QuzSxK>

We will be announcing a very exciting new project in the near future so please keep an eye out for a special invite that will be coming to you.

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Safe Water Is Better.

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PAUL AND BUNNY MELLON: VISUAL BIOGRAPHIES: THE TROMPE L'OEIL PAINTINGS AT OAK SPRING



This beautifully illustrated book, both scholarly and accessible to all, provides an intimate and discerning insight into the private world and intellectual passions of the renowned philanthropists Paul and Bunny Mellon through the two trompe l'oeil paintings that they commissioned for their main residence at Oak Spring, Virginia. The book's design exquisitely showcases the lives and interests of two sophisticated connoisseurs who nurtured one of the great private art collections of the late twentieth century.

The Mellons were avid collectors of art and rare books who also enjoyed and understood the genre of trompe l'oeil. Their two Visual Biographies reveal their personal tastes and interests, as expressed through their collaborations with Martin Battersby and Fernand Reynard, two gifted European trompe l'oeil painters. Through the lens of trompe l'oeil longtime friend of the Mellons, Professor Lucia Tongiorgi Tomasi, superbly articulates these creative partnerships, while also placing the art in context within the history of trompe l'oeil.

Tongiorgi Tomasi demonstrates how the works allude with wit and grace to the Mellons' shared dedication to the history of culture, and to their particular interests in humanism, the history of art, and garden history and design.

"The elegant simplicity of the book's design reflects Bunny Mellon's exquisite aesthetic, and its clarity connotes the intellectual acumen that she and her husband shared," Amy Meyers, Former Director of the Yale Center for British Art, said. "A marvelous dou-

ble-portrait in its own right ... reflecting the marriage of two minds—and hearts—through which the Mellons were able to shape the world of culture in the most magnificent ways."

Tongiorgi Tomasi's readings of the Oak Spring trompe l'oeils are richly augmented by superb biographical sketches of the Mellons by Tony Willis that illuminate the lives of Paul and Bunny Mellon and the background to the paintings that they commissioned. His essays assess Mr. Mellon's stellar career dedicated to philanthropy and the arts, while also elucidating the flowering of Mrs. Mellon's love for the history of gardens and her own gardening achievements. For decades, Willis served as the librarian of Mrs. Mellon's superb collection of rare books, manuscripts, and art related to the history of gardens and horticulture, and since her death in 2014, he has continued in this position for the Oak Spring Garden Foundation.

Meyers said, "Spending many years working side-by-side with Mrs. Mellon and coming to know Mr. Mellon within the precinct of their home, Willis is unusually well-positioned to tell their life stories, and he does so with eloquence."

Tony Willis Head Librarian (540) 592-6248 tony@osgf.org www.osgf.org

Max Smith Head of Communications (540) 592-6248 max@osgf.org www.osgf.org

The book is available to purchase in hardcover and paperback at

oak-spring-garden-foundation.square.site



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DR. ROBERT A. GALLEGOS

Many people had to postpone necessary dental care due to COVID-19, and it is time to review your annual dental benefits before they are lost. Waiting longer will adversely affect your oral and overall health, and you will lose your yearly benefit.

Most employer-sponsored health insurance plans are on a calendar year. This means that the current year plan expires the last day of each year, renews in January, and any unused benefits for the current year will be lost. Unused dental benefits in your employer-sponsored health insurance plan are available to you and your family. If you have unfinished dental treatment, including orthodontic and cosmetic treatment, you may want to consider using these benefits. It may be possible to phase bigger treatment plans over two years of coverage, doing some treatment this year and some next year. This way, you get two years of benefits in a short time, maximizing your benefits, minimizing your out-of-pocket expenses, and optimizing your dental health.

Traditional health insurance plans often include dental benefits. The medical side is designed as insurance; it covers the possible catastrophically high expenses of some medical illnesses. The dental side is not insurance; it is a defined benefit. Employers and insurance companies determine how much money will be available and what treatment areas are covered. Over the last 30 years, the cost of health insurance has skyrocketed to keep their costs down employers have increased deductibles and out-of-pocket maximums and decreased dental benefits. Several years ago, it was common to have \$2,500 of dental benefits, and now \$1,000 is more common. The decreased benefit and increase in the cost of living have left patients with more out-of-pocket expenses.

If your employer is interested in saving money in the area of employee benefits, they may want to consider two alternatives to offering dental benefits tied to a health insurance plan. These alternatives are health savings accounts and cafeteria plans that use pre-taxed money. Employers usually have an option to offer different types of coverage for their employees. The health



savings account option raises the deductibles and out of pocket maximums but allows you and your employer to contribute to a health savings account. This account is owned by the employee and can be used for medical and dental expenses. The money is not lost at the end of the year; it carries over and is usually held in an interest-bearing or investment type account owned by the employee that can grow over the years. For healthy young people, this is a great way to save for cosmetic procedures or expenses that may be incurred later in life when health and dental expenses usually go up. Cafeteria plans are another way employers can offer less expensive benefits to employees. The employer funds cafeteria plans for each employee on an annual basis, and they are usually using it or lose it annually. If these funds are not used, they go back to the employer. Both health savings accounts and cafeteria plans give the employee much more latitude on how to use these funds; they are not limited by what the insurance company defines as a covered benefit, so services like cosmetic care are covered.

Look at your current health care or cafeteria plan to determine if you have unused dental benefits that expire in December. If you have delayed going back to the dentist due to COVID-19, have unfinished dental treatment, or consider some cosmetic treatment, now is the time to address this with your dentist.

If you do not have dental benefits, ask your dentist about in-house financing or other plans that may help you get the care you deserve. Maximizing your oral health and your dental benefits work together for your best overall health.

Dr. Robert A. Gallegos is a Fellow in the Academy of General Dentistry, visiting faculty at Spear Education, alumnus of Pankey Institute, a member the American Academy of Cosmetic Dentistry, the American Academy of Dental Sleep Medicine and the American Dental Association. Dr. Gallegos practices dentistry in Middleburg, VA. www.MiddleburgSmiles.com.

ROCKIN' SOUNDTRACK, ROCKIN' DINNER

IN UNISON

STEVE CHASE

I was psyched when I heard Knead Wine had come to Town, especially when I learned who was starting it up. It is not every day that a town can have a wine shop owned and curated by a Master Sommelier. If you don't know what that means, check out the movie Somm (<https://youtu.be/O4zeyuk8hL8>), and you'll understand. The Master Somm test has got to be one of the most challenging tests out there, and few, if any, can pass the first time. Jarad Slipp, who you may know from RdV Winery, is one of the few who passed the test, and we can expect that every wine on the racks in Knead Wine will be better than just good. But Knead Wine offers more than just vintage selections; it also has pizza. I tried it for the first time the other night – it was great. The pies were wicked good – with the perfect crust, just the right amount of tang in the sauce, real cheese, and a great selection of toppings.

On the Knead Wine menu, they have six specialty pies named for various great guitar players. I thought I would recommend an album to go with each of the pie namesakes, like Richards, for Keith Richards, or Trucks, for the great slide guitarist Derek Trucks, so that you might have a rockin' soundtrack to accompany dinner.

Eric Clapton, Blind Faith. I'm not the biggest Clapton fan, but when he joined with Steve Winwood and Ginger Baker to record this album, they created a masterpiece that still sounds good. Clapton contributes to the soulful "Presence of the Lord." The classic "Can't Find My Way Home" has become a jam band anthem that I have seen played by the Allman Brothers, Umphrey's McGee, and Alison Krauss.

Derek Trucks, One Way Out. Derek Trucks, a prodigy guitarist, played his first performance at age 11 and was made a permanent member of the Allman Brothers at age 20. From March 25-26, 2004, this album shows at their annual residence New York City's Beacon Theater. While Dicky Betts is no longer with the group, Derek Trucks and Warren Haynes are indefatigable and never in competition as they propel the band to soaring heights across the album. Trucks are at his best in "Demonica," "Rocking Horse," and "Dreams." The latter is best played very loud.

Jimmy Page, Led Zeppelin IV. Jimmy Page and Led Zeppelin were on quite a roll from 1969 to 1975, chalking up five-star reviews for their four numbered namesake albums, Houses of the Holy, and Physical Graffiti. Led Zeppelin IV is at their apex; Jimmy Page and this opus magnum combine heavy rock, metal, acoustic, rock mandolin, and blues. Let's face it, you like-

ly know every song, and we all have Jimmy Page's "Stairway to Heaven" solo imprinted in our psyches. "Going to California" has always been a favorite of mine, as has Stairway, which for two summers while working at summer camp, we listened to around a campfire every night at midnight. Light a few candles and crank it up.

Jimmy Hendrix, Live at Monterey. Jimi Hendrix began in the world of R&B, playing with Lonnie Youngblood and Ike and Tina Turner. But that all changed in 1967 when he released Are, You Experienced, and the two incredible follow-up albums, Axis: Bold as Love and Electric Ladyland. When Bob Dylan heard Hendrix play "All Along the Watchtower," he was transfixed, "blown away" by what he heard. I loved listening to Hendrix play Dylan, so my suggested dinner album is Life at Monterey from 1967, on which he plays a remarkable "Like a Rolling Stone," lighting his Stratocaster on fire, "graduating," said the LA Times, from "rumor to legend." The album includes other favorites like "Foxy Lady," "Hey Joe," and the seminal, "Purple Haze." Great with pizza, guaranteed.

Keith Richards, Some Girls Live in Texas. I have always liked this 1978 album. It came out when I started college, and the tunes resonated a lot with me. This album is an excellent snapshot of that era of the Stones. Nobody plays quite like Richards--attitude, posture, and sound. The guitar becomes a loose appendage off his shoulder, playing a loose combination of blues, thrash, and rockabilly. And nobody seems to have more fun than Keith on stage. While I like "Miss You," "Just My Imagination," "Shattered," and "Beast of Burden," the whole album emits unique energy that will keep your head bobbing between bites of pizza.

Billy Gibbons, Tres Hombres. So, what can one say about ZZ Top? In the late seventies, the musical crowd I traveled with kind of shook their heads at the band. We listened to musicians like Herbie Hancock and John McLaughlin -- until the needle dropped on this album, instantly becoming a necessary indulgence. On Tres Hombres, Billy Gibbons' bluesy bar band guitar riffs, combined with pounding bass and steady blues beat, resulting in their best effort and a classic genre. Who doesn't love "La Grange," Waitin' For the Bus," or "Jesus Just Left Chicago,"? Played loud with a great stereo system, you'll want to haul a keg of Lone Star onto the porch to ensure there is plenty of beer to go with the pizza and the music.

Check out my playlist for these artists at <https://tinyurl.com/y25bvhyd>

Steve Chase just got pizza from Knead Wine and is playing Hendrix on the back porch.



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For starters, strength training gives significant improvement in muscle mass, which

increases muscle stamina and strength. There is a decrease in total fat mass and an increase in muscle mass. Weight training can make a significant improvement in balance. Research has shown that ten weeks of strength training was shown to increase metabolic

rate by 7%. Twelve weeks of strength training showed overall improvement in flexibility in every joint movement. Weight training can slow down or reverse age related muscle loss and debilitating health issues that can come with it. Women and men benefit from

long term weight lifting. As we age, muscle mass and strength decreases. From age 50 muscle mass decreases by 1-2% annually. At age 60 and older, muscle mass begins to decrease by 3% annually. This loss of muscle mass can lead to Sarcopenia, which is age related muscle loss. This issue can contribute to an increased risk of falls and frailty.

If you could burn fat, increase metabolism, improve balance, improve overall mental outlook, wouldn't you do it? It's not hard to start a weight lifting program, the only thing in the way is fear. Fear is paralyzing, it stops us from realizing the gains we could have. Myths of women getting big muscles are just not true. While women will get toned, they will not be body builder muscles. That is a whole different training module.

Reap the benefits of strength training. Age should not stop you, but encourage you to start a weight training program today. If you don't know where to start, contact a personal trainer that understands aging bodies and how best to implement a safe and effective strength training program.

For more information about fitness and health, please contact: Kay Colgan at Middleburg Pilates and Personal Training. 14 S. Madison Street, Middleburg VA. Or Call 540-687-6995.

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20/20
SINCERELY ME



BRANDY GREENWELL

Many enjoy taking quizzes, personality tests, and other insignificant, online, bot-fueled, information collecting, questionnaires to see what Disney character they resemble or if they were Julius Caesar in a former life. So let's play.

Answer the following questions and track how many A's or B's you respond to find out your fortune for the remainder of 2020.

Do you prefer Coke or Pepsi? A. Coke, B. Pepsi

Would you rather listen to Michael Jackson or Prince? A. MJ, B. Prince

Would you choose Jack or Cal if you were Rose in the movie Titanic? A. Jack, B. Cal

Would you rather vacation in the mountains or on the beach? A. Mountains, B. Beach

Big Mac or Whopper? A. Bic Mac, B. Whopper

Is your ideal weather hot or cold? A. Hot, B. Cold

Would you rather have a Stepford Wife or First Wife? A. Stepford, B. First

At the movies, do you get popcorn or candy? A. Popcorn, B. Candy

Ice skate or roller skate if given a chance? A. Ice Skate, B. Roller Skate

Would you rather watch Bridesmaids or The Hangover? A. Bridesmaids, B. The Hangover

Pineapple or pepperoni on pizza? A. Pineapple B. Pepperoni

Which makes your engine hum, Ford or Chevy? A. Ford, B. Chevy

Dogs or Cats? A. Woof B. Meow. This is a trick question.

If your answers have more A's, it shows that this won't be the last quiz you take in 2020.

If your answers have more B's, it means that you are at peace with 2020 and all its chaos.

***This quiz is entirely made up and has zero merits on any part of life in 2020.

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PASTIMES

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EMILY TYLER
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What better way to spend a beautiful fall afternoon than in an orchard gathering apples. As a family, it has been our tradition every fall, to pick apples with our cousins and come back to the house and create dinner with our bounty. Apple crisp is always a favorite, but sometimes it is fun to expand the menu a bit and try something new. Here are a couple apple recipes we have tried lately.

Savory Apple and Onion Tarts
Serve these little tarts for a light lunch with a green salad or cut in smaller bites as an appetizer
4 individual tarts

2 tablespoons unsalted butter

1 medium yellow onion, diced (can substitute 1 cup chopped frozen onions)

Salt and pepper to taste

1 sheet puff pastry

2 sweet tart apples such as Fuji, cored, peeled and very thinly sliced

4 ounces shredded Gruyere or Jarlesberg cheese

1 tablespoon each Dijon mustard and Mayonnaise, combined

1 teaspoon fresh rosemary, finely chopped

1. Preheat the oven to 400 degrees

2. Bring a skillet to medium high and add the butter and onions and saute until golden, about 7-10 minutes, season with salt and pepper and set aside

3. Roll the sheet of puff pastry to about 13X10 and cut into 4 rectangles (5X6 1/2 each)

4. Place the puff pastries on a parchment lined baking sheet

5. With a sharp knife, score a 1/2" wide border around each rectangle, trying not to cut all the way through

6. Spread the Dijon mixture inside the border of each tart

7. Divide and spread the onion mixture over the Dijon mixture

8. Arrange the apples in an overlapping pattern (1/2 of an apple for each tart)

9. Sprinkle with the shredded cheese

10. Sprinkle with rosemary

11. Bake for about 20 minutes or until the pastry is puffed and the tarts are golden brown.

12. Serve warm or room temperature

TIPS FOR PLANNING A HOME GYM
TO CRUSH YOUR FITNESS GOALS

ASK A REMODELER



TIM BURCH

For many of us working out is an essential part of our daily routine and staying active is key to maintaining physical, emotional, and mental health. But, making time for exercise when life gets busy with family and career can be challenging, perhaps even more so now. With gyms, studios and fitness classes operating at reduced capacity, and folks staying closer to home, are you thinking about carving out space for a home gym? What should you discuss with your remodeling team as you plan a space that will accommodate your family's various workout regimens? Following are some items to consider when designing your home fitness center.

LOCATION: What's the best spot for your home gym? One client decided to locate their gym on the main level to take advantage of their beautiful backyard views. Perhaps it's on the lower level, adjacent to the playground so that you can keep an eye on the kids while they exercise their imaginations. If your outdoor space permits, a stand-alone structure can provide an at-home yoga get-away in a private setting.

SPACE: It's all about the equipment. The amount of square footage you need is determined by the machines and equipment you plan to install. Pay attention to ceiling height based on both the equipment and your activities – swinging a kettlebell over your head can result in an unwanted ceiling repair! Adding a wall of mirrors will make the space look larger and help you keep an eye on your form and maximizing sightlines and available natural light can be accomplished with glass doors.

STRUCTURE & FLOORING: If not located in the basement or on a concrete slab, make

sure you have appropriate floor support. Likewise, if you plan to hang a boxing bag or install a TRX suspension training system, you'll want to ensure floor joists are blocked and secure without a bathroom directly above. Adding an exhaust fan that vents to the exterior of the home is an excellent way to control moisture and be sure to pay close attention when planning the placement of vents and registers in relation to exercise machines. A comfortable workout without hot or cold

air directly blowing is desirable.

The flooring you select is based on personal preference, budget, and the design of your home gym. Rubber flooring is the preferred choice and comes in three styles. Rolled sheets, interlocking tiles, and square tiles all provide safety and protection and come in a variety of thicknesses and colors.

AV & ELECTRIC: Pay close attention to the location of outlets and electrical load, particularly if

there are multiple machines requiring power, such as the newest interactive equipment – Peloton, NordicTrack, etc. Consider incorporating a deep baseboard to conceal wiring, particularly if installing mirrors. Many home gyms include sophisticated AV systems to allow you to participate in online classes so don't forget to incorporate this in your plan.

If you've been thinking about adding a home gym, there are as many options as there are work-

out programs. A remodeling professional can help you design a space to help you keep you and your family in shape!

Tim Burch is a Vice President and Owner of BOWA, an award-winning design and construction firm specializing in renovations ranging from master suites and kitchens to whole-house remodels and equestrian facilities. For more information, visit bowa.com or call 540-687-6771. Have topics you would like covered, email me at AskBOWA@bowa.com.



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PASTIMES

OLD FAVORITES

THE PLANT LADY



KAREN REXRODE

In my span as a gardener and a grower, it is interesting to note where the perennial world has gone in terms of new plants. Some that were once popular are no longer available at local nurseries, even though they may have been the single most favored by wise gardeners some ten or fifteen years ago. I have a few theories, none of which devalue those lovely and much missed choices from the good old days.

One speculation is height or growing habit; a sprawling perennial may not perform or look great in a one-gallon container, or for that matter, in a three-gallon container, so they are pegged as inventory that doesn't sell. Sadly, if the gardener has not seen how effective they may be in a garden setting, they can't imagine the greatness. Here I highlight Salvia azurea (once referred to as Salvia pitcheri), which seems to have completely disappeared from sight. Reminiscing this spring, I ordered three plants online, and they are currently flowering amidst other established perennials, just as lovely as I remember. The blue flowers on weaving stems are a delightful surprise in late August. Salvia azurea is native to much of the mid and eastern United States, commonly known as pitcher sage, most likely from the large lower lip that functions as a landing pad for pollinators but looks like the spout on a pitcher. Available online, I purchased a seed strain known as 'Nekan' from an isolated population near Lincoln, Nebraska. Perhaps improved; larger flowers, stiffer stems, and hardier, it still flops around which is definitely an attribute when mixed with suitable partners. If the stems were to be cut for a couple of months prior to flowering, I suppose it might make a decent container plant, appearing bushier and sales worthy, although the meandering habit is best viewed in a garden setting.

Based on height alone,



quite a few perennials are rarely available, most replaced by more compact hybrids and cultivars which are not always an improvement. And this leads me to my second theory, beyond the look of a plant in a one-gallon container, there is the patented cultivar that brings royalties for every plant sold. Joe-Pye weed or Eutrochium purpureum is now available as 'Baby Joe', 'Little Red', and 'Little Joe' (from Eutrochium dubium). The straight species, a locally abundant native wildflower can reach eight feet in height, something that is hard to offer in a container and patient free, essentially cutting out big producers from earning extra income. Other tallish perennials that have been reduced in height to feed the container and royalty market are summer phlox, asters, hardy hibiscus, and lilies.

If there is a third theory, it's the lack of knowledge on how spectacular these perennials are only because they only way to see them is in a garden setting. Rudbeckia maxima or the great coneflower is not only tall but produces glorious powder blue foliage. The stems will splay in every direction after the flowers finish, but gold finch love the seed.

Silphiums are another group of tall daisies for late summer, none of which are vertically challenged. Butterfly magnets and worthy, they need big space. It's rare to find them for sale on a nursery bench, sadly.

So if there is a moral to this story about the lose of great perennials, the gardener must visit public gardens like Green Spring, Meadowlark, Longwood, or Chanticleer to see what is missing at the garden centers. You may come away with a whole new list of "must haves" or as we used to joke - another plant for our lust list.

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THE PLAINS, VIRGINIA

Stunning new stone home on 13 acres | Fine materials & thoughtful design built by Promotory Construction | Gorgeous wood floors, high ceilings, beautiful kitchen & family room | French doors from almost every room open to large terrace overlooking large pond & views of the Blue Ridge Mountains | First floor master suite has vaulted beamed ceilings & a luxurious dressing room

\$3,200,000

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PHEASANT'S EYE

MIDDLEBURG, VIRGINIA

Solid stone home c. 1790 expanded to 5 BR | First floor master suite and large family room additions | 9 FP, antique floors and millwork | Extensive outdoor living spaces, large pool and terrace, multiple outbuildings | 2 car barns used to garage 20+ cars | Accommodates large scale entertaining

\$3,200,000

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STONE BRIDGE FARM

LEESBURG, VIRGINIA

Main house c. 1890 with total renovation & expansion 2003-2004 | Stone and stucco exterior | 4+ BR, 5 1/2 BA, 3 FP, exposed beams, vaulted ceilings, recording studio | Beautiful gardens, in-ground pool with spa | Terrace overlooking spring fed pond, 72.1 acres, 2 barns, totaling 14 stalls | Fenced and cross fenced, mature woods with riding trails | Close to Leesburg and Middleburg

\$2,725,000

PAUL MACMAHON 703.609.1905



OUT WEST

WARRENTON, VIRGINIA

32 acres | Gracious home | Impressive kitchen | Hardwood floors, substantial millwork and fine finishes and 4 fireplaces | Perfectly sited to enjoy the views of surrounding farmland | 5 bedrooms, home office, large family room | Newly resurfaced tennis court | Pool with cabana and 4 bedroom guest house with workshop/3 stall stable

\$2,250,000

HELEN MACMAHON 540.454.1930



HILLCREST

UPPERVILLE, VIRGINIA

Spectacular hilltop setting, bold mountain views and Paris valley views | Home updated in 2017 | 4 BR, 4 BA, 3 FP, gourmet kitchen, vaulted ceilings, skylights, lovely gardens, walkways and terrace | Improvements include in ground pool with spa | 2 stall barn with tack room, room for horses, spring fed pond | 13.37 acres next to parkland surrounded by large estates

\$1,425,000

PAUL MACMAHON 703.609.1905



4 CHINN LANE

MIDDLEBURG, VIRGINIA

Impressive and elegant home | Main level master suite opens to large blue stone terrace & private garden | Gorgeous finishes throughout the home | Stunning living room opens to the dining room & a wall of windows and french doors | 2 wood burning fireplaces, new roof, new siding and updated kitchen and baths, lots of storage | Absolutely turn key | 2 car garage and greenhouse

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RECTOR CROSSING

DELAPLANE, VIRGINIA

Absolutely turn key charming cottage in Rectortown on 7.6 acres | Completely restored cottage with open kitchen - living room | Upstairs bedroom has massive walk in closet and room for guest or office in the loft area | Lovely setting and wonderful wrap around porch | Must love trains because Southern Railroad is in your back yard | Land is all open and about 500' of creek frontage

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FRIENDS FOR LIFE



Petco Foundation's "Holiday Wishes" campaign is underway and they are looking for adopters to share their stories of how their adopted animal has changed their life. Petco Foundation will award grants up to \$100,000 for the best stories and are awarding grants up to \$25,000 to animal rescue groups that have the most adopters share stories.

COVID-19 has caused us to cancel our fundraising events, drastically reducing our general operating income. Despite this we have continued our intake and sheltering operations. We have taken in 328 animals since mid-March and currently 122 of these animals are in our care (the remaining animals were either adopted or transferred to rescue partners). It costs up to \$575 to prepare one healthy dog and \$275 to prepare one healthy cat for adoption.

A grant award from the Petco Foundation will help offset these costs so that we can continue our mission of helping at-risk animals find homes where they are safe, well-cared for, and free from pain and fear. Sharing YOUR love story to help MHF qualify for funding is easy as 1-2-3:

1. Go to Petco Foundation's website and click the yellow "Submit Your Story" button.
2. Click on the green "Register" button to create a Survey Monkey account.
3. Continue to Petco Foundation's Holiday Wishes program site to submit your story. https://nfg-dm-bee.s3.amazonaws.com/images/middleburghumane/editor_images/641066c0-daac-416f-98fa-16b62efe1b13.jpg

The story should:

- Tell how one of the pets you adopted from MHF has changed your life.
- Feature a living pet.
- Be 500 words or less.
- Include one picture of you and your pet, and one picture of your pet alone. You may include up to two additional photos.

Alternate text

Please do not hesitate to call me at 703-936-0490 or send an email if you have questions or need help submitting your story.

Thank you for your continued support of Middleburg Humane Foundation!

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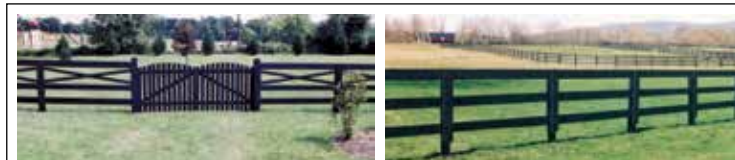
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A SALUTE TO THOSE WHO SERVED

Veteran's & their families are invited to a picnic to honour local veterans, brought to you by the Middleburg Community Center.

INCLUDED: Live music by *The Sons of Liberty*
BBQ meal + 1 beer per guest,
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Additional drinks will be available for purchase.

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LETTERS

RESPONSE TO ANTHONY WELLS

RONALD LANG
CAPTAIN US NAVY RET
THE PLAINS, VA

As usual he is attacking our President Donald Trump, his favorite political enemy. This time he is trying to foist on his Middleburg neighbors the unjustified and emotionally fabricated fable that Donald Trump is mentally unstable and therefore dangerous. His premise is that an important, responsible medical conference was organized by Yale University in 2017 and attended by a "sizeable and very distinguished group of American psychiatrists" and mental health professionals to discuss the President's mental health. The truth is the conference had nothing to do with Yale University but was only loaned the use of its auditorium because the organizer was a junior professor at Yale's Law School and School of Medicine. The conference lasted all of ninety minutes and had just four

speakers who spoke for five minutes each and six audience members who asked a few predictable questions. One does not have to be a research scientist to recognize that nothing scientific was reviewed at the conference. It is also clear that the conference was intended to be a media placeholder for future activist activity. Ironically, the first speaker Dr Charles Dike M.D. soundly criticized those at the conference who wanted the Goldwater Principle eliminated. His firm belief was that no medical professional can make an accurate clinical evaluation without a personal relationship with the patient. Fly-by analysis of media sound bites is not only completely inaccurate but harmful to the mental health profession. My impression of the three other doctor's comments is that they lost that important concept of doctor/patient and its essential clinical relationship and morphed into being political activists using the umbrella of

medicine as justification. The conference organizer Dr Bandy Lee M.D., a Yale professor and the lead activist has stridently said about President Trump "We are facing a democide of genocidal proportions because we have handed power to someone who is anti-human in psychology" and "our survival as a species may be at stake". Such wild eyed statements made without professional or scientific clinical proof are not only outlandish and completely irresponsible but call into question Dr Lee's own analytical abilities and mental state. Anthony Wells also failed to tell us that his primary evidence of Donald Trump's mental illness, the book "The Dangerous Case of Donald Trump" of which Dr Lee was the editor has the secondary title of "37 Psychiatrists and Mental Health Experts Assess a President". Today there are approximately 30,000 psychiatrists, 100,000 clinical psychologists and tens of thousands of other

mental health professionals practicing in the United States. 37 of them is hardly a scientific sample, considering that none have personally evaluated the President, a known violation of the American Psychiatric Association (APA) ethics standard. I classify Dr Lee and her cohorts, Dr Anthony Wells and his ilk as "Educated Idiots". Educated idiots are far more dangerous than the standard uneducated ones. Uneducated idiots operate on pure emotion but with reasoned and logical explanations can and will modify their views on any number of issues. Educated idiots are just the opposite. They always know they are right; they have a piece of paper from an institution of higher learning giving them standing, title and perceived credibility which can lead to unquenchable righteous behavior. They are passionate, vocal, politically active and many times clearly wrong. That doesn't stop them from charging forward with

a flawed premise and usually guarantees that they will never concede what often become their intractable positions. Unanswered half truths and outright lies forwarded by supposedly respected individuals greatly harm our country, its citizens and its future. The famed communists, Marx and Lenin found that "useful idiots" were valuable because they helped advance the cause. Any person who honestly believes that Donald Trump is a real threat to democracy or to civilization or to the world or even possibly the universe is a certified card carrying useful idiot. The real threat to our culture and our way of life however is the liberal left's rapid lurch towards anarchy and socialism and the leadership of the Democrat Party's unwavering support of that movement. Clear thinking citizens watching today's national events unfold must make their beliefs known and become activists also ... for the sake of the country we love.

YOUR RIGHT TO VOTE IS AT RISK!
BLUE

JOHN P. FLANNERY

Our postal service has been slowed, by Postmaster General Louis de Joy, and on purpose, given his sworn testimony before the U.S. Congress, delaying prescription medicines to patients, needed retirement and disability checks, personal notes among persons in isolation; more than that, 46 states have been warned by the postal service that mail in ballots will be delayed this presidential election year.

In order to "streamline" service, de Joy has pulled those large blue mail boxes off the streets, taken out of service those massive machines that sort huge volumes of mail including ballots, and postal workers have been cut back in overtime to deliver the mail.

Aaron Gordon, at VICE, filed a story disclosing how the postal service was removing 20 percent of the letter sorting machines - 502 machines.

Aaron also reported that "there are detailed plans to reroute mail to sorting facilities further away ..."

Union officials reportedly said, "This will slow mail processing." And it has.

In recent days, an award winning investigative reporter, Peter Lance, vouched for the research of a postal contractor, Claire McKean, who uncovered "a pattern of zip code targeting [by the Postal Service] that followed the partisan history of the selected zip codes."

One of her principal findings was — "That the unique choice for the zip code zones in the [Post Office's] ESAS study [commenced in July] would provide detailed data that ... could strategically slow mail-in votes to Democratic/Liberal Blue Zip Code Zones and speed their mailing in Republican/Conservative Red Zip Codes zones." (McKean's study can be found at

https://medium.com/@johnflannery/is-the-postal-service-targeting-its-services-looks-that-way-8da2e2f-472ca.)

We should keep in mind that it's a crime to obstruct or retard the mail, to remove any correspondence from the postal system, for any service officer or employee to delay or ob-

struct the mail, and for any federal employee to use his official position to interfere with the election of any president, or vice president.

All 50 states have turned to mail in ballots to keep voters safe from the virus by avoiding, as much as possible, the distancing challenges of standing in line in person at a polling place on election day.

Mr. Donald Trump has been dropping in the polls and losing ground in battle ground states he narrowly won in 2016.

Trump plainly fears that mail in ballots could make the difference, deliver the coup de grace, to his reelection bid.

He has therefore launched an agit prop campaign falsely claiming that mail in ballots introduce fraud in the election when there's no evidence they do.

Utah Senator Mitt Romney said, "I don't know of any evidence that voting by mail would increase fraud."

West Virginia Senator Joe Manchin charged, "The Trump Administration is launching an all out war on the U. S. Postal Service."

Mr. Trump himself, is voting by mail in ballot in Florida. How embarrassing.

So Mr. Trump's attack against mail in ballots suffers somewhat of an identity crisis since, at the same time that it's okay for him to vote by mail in ballot in Florida, Republicans brought a law suit in Pennsylvania, a battle ground state, to challenge their no-excuse mail in ballots.

Governor Tom Wolf approved a bill passed by the State legislature because of the dangers of the virus when voting in person.

The federal judge in Pennsylvania, J. Nicholas Ranjan, appointed to the bench by Trump, who heard the challenge, demanded the Republicans demonstrate proof of fraud.

None was forthcoming in the hundreds of pages that they filed in response.

After public demonstrations at de Joy's home and an outcry for his removal from office, De Joy announced that, going forward, he would stop removing mail boxes from the streets, and sorting ma-

chines.

Of course, he'd already crippled the efficiency of the postal system.

Neither rain, nor hail, nor sleet, nor snow, so the saying goes, will hinder or stop mail delivery, but, ahem, watch out for that de Joy.

the Senate and Mr. Trump won't move on the bill. It doesn't suit their political objectives this presidential election season to have a fully operational post office.

The U.S. Constitution provides in Article 1, Section 8, clause 7, that Congress has the power "to establish

without representation.

When Virginia's proud son, Thomas Jefferson, wrote in the Declaration of Independence, however, that we were all equal, we were not.

Women couldn't vote.

Slaves couldn't vote.



Shouldn't we now restore the mail boxes that were removed, and the sorting machines, in other words, restore the Post Office to its former operational platform?

De Joy said loud and clear that no mail boxes will be returned to the streets. No fast sorting machines either. No remedial action will be taken.

De Joy insists that there will be no problem handling ballots on election day.

Nice trick given that there are delays aplenty now.

Accordingly, the House passed legislation in a special session on Saturday to restore the boxes and machines and transfer the twenty five billions of dollars in funds necessary to keep the postal service going - but

post offices and post roads."

There is no power to dis-establish the post office.

The model for the Post Office has long been that it was "a universal service obligation," meaning "the idea that there are certain services that every American deserves to receive at a low price."

This year the Post Office is not only the vehicle for medical, business and personal contacts, necessary and informal, but it is also a critical component when exercising the right to vote.

I suspect he'd repeat what he said when the constitution was published — "You have a Republic if you can keep it."

To keep it, our Republic, we must restore the Post Office, fire the current Postmaster General for his admitted misconduct in maladministration, and get out and vote like mad by mail or in person.

No democratic nation can exist

Indentured servants couldn't vote.

If you were not propertied, you couldn't vote.

We've struggled ever since to make "more perfect" that unfulfilled promise of equality before the law.

We may well wonder what our first Postmaster General, Benjamin Franklin, would say about abusing the function of "his" Post Office in order to suppress the right to vote.

I suspect he'd repeat what he said when the constitution was published — "You have a Republic if you can keep it."

To keep it, our Republic, we must restore the Post Office, fire the current Postmaster General for his admitted misconduct in maladministration, and get out and vote like mad by mail or in person.

DOWN THE RABBIT HOLE
RED

ROB KOGGAN

The American dream, either on your own or in partnership with your significant other, has been to work hard, make sacrifices, and after a period of time depending on your success move from the city to a home of your own in the suburbs. The move is a recognition of your hard work and allows you and your family all the perks associated with a wealthier community which are provided by the fruits of your own and your new neighbors contributions and taxes. This is true whether you are black, brown, white, yellow, red; native born or an immigrant. However, Democrats for decades have grown increasingly concerned that upward mobility has depleted the ranks of their enslaved inner city inhabitants. The loss of tax base (and head count) has caused larger and larger deficits as they continue to increase benefits to those left behind and explode the ranks of the bureaucracies to administer it all. The end result is hindering their pursuit of power, and it infuriates them how many areas reject them on a national level. Have a look at a county Presidential election result map, its quite eye opening.

Under the cover of darkness (i.e. no media coverage since its obviously political poison) Obama directed HUD to declare war on the suburbs and those whose "privilege" allowed them to live there. Further it transferred zoning and land use policies from local to federal authority, AFFH required that any jurisdiction that accepts HUD block grants, which are used by local governments for public expenses at their own discretion, 60% was typically spent on infrastructure and compatible low income housing, now could be forced to change their zoning codes, build high-density housing and "affirmatively advertise" it to minorities who live outside their town, relocate transportation hubs, and business districts to answer the federal bureaucracy's ideas of the correct ethnic, racial and economic "balance."

Any jurisdiction receiving HUD funds would need to document statistics with regard to race, disability, familial status, economic status, English proficiency, and other categories. Any deviation from the targets set by the federal government would be considered evidence of discrimination and funds might be withheld. Despite recent news coverage on AFFH, a recent Rasmussen poll reported that 83% of likely voters say the federal government should not have a role in determining where people can live and 65% say it's not government's job to diversify neighborhoods by income levels. Lastly, typical for Obama, AFFH contravened an earlier Supreme Court ruling that affirmed the Fair Housing Act "is not an instrument to force housing authorities to reorder priorities" or to "decree a particular vision of urban development."

Thankfully this destruction of the American dream was put on hold when Ben Carson suspended AFFH in 2017. On 7/23/20 Trump officially dismantled it. Subsequently Carson tweeted, "The AFFH rule was a ruse for social engineering under the ruse of desegregation, essentially turning @HUDgov into a national zoning board." Providing comic relief, 3 home owning Speaker Pelosi decried Trump's action as "a betrayal of our nation's founding values of equality and opportunity for all" and "shameful abdication of our government's responsibility to end discriminatory housing practices." Nice fodder for her audience but

(with compliant state and county officials) is, under the guise of preventing sprawl, is institute regional growth boundaries. In combination with this, neglect repair and building of the road system outside of the city and dump the money into public transportation. Next "export" impoverished inner-city inhabitants to the suburbs by imposing low income housing quotas. Lastly force the middle and upper middle class suburbs to "share" the wealth and kick in local tax revenue into the inner cities. This is the genesis of Obama's "you didn't build that."

If you're a suburbanite you view this philosophy as death by 1000 cuts. If you were Obama the community organizer President looking to stir the cauldron of racial tension and soak the rich, in 2015 you called it Affirmatively Furthering Fair Housing (AFFH).

The problem for Democrats is that there was no vehicle by which they could plunder the suburbs by way of annexation as that would create a political and public relations disaster, not that they weren't thinking about it for 20 years but Obama finally pulled the trigger with AFFH. In 1993 David Rusk, a former Albuquerque mayor wrote the Democratic manifesto for killing the suburbs called "Cities without Suburbs" The book has three basic elements as summarized by Stanley Kurtz a senior fellow at the Ethics and Public Policy Center. The first

leaving Horatia's mother, Nelson's mistress, Lady Emma Hamilton, to die in penury in Calais in January, 1815, just 49 years old. The point is clear. Women have been disinherited until modern times. The tide has flowed in one clear direction. We will have a black female Vice Presidential candidate, US Senator Kamala Harris, on the ballot in November. My own mother came from relatively modest beginnings compared with my father, who had a privileged upbringing and a British "public school" education, but she didn't let gender and upbringing get in the way, taking the British civil service exams, passing with flying colors, and going on to a distinguished career in special communications. A great role model for me as a young man, becoming a huge supporter of women's rights. "The Times They Are A-Changin'" goes that well known 1964 Bob Dylan song. Progress has been made, but there are still long fights ahead. I spent a long time in Germany in my younger years, speaking fluent German. There are no statutes of World War 2 military leaders - no visible stone or marble edifices commemorating Erwin Rommel, Karl Donitz, (who was tried at Nuremberg and received a ten year sentence for "planning aggressive war"), Alfred Jodl (sentenced to death at Nuremberg), Admiral Erich Raeder, Walther Model, and

The core beliefs of AFFH permeates leftist thinking. Numerous cities have or are proposing ending single family home ownership. An article on Chicago Unheard, a left-wing education blog, stated "wanting your kids to go to a good school or live in a nice neighborhood is racist" and in a recent editorial in The News & Observer, a newspaper in Raleigh, "Exclusive single-family zoning and minimum lot sizes raise the price of a home and prevent lower-income people access to the schools, employment, and services of higher wealth areas." The race baiting arrogance of the left is insufferable. The desire to move up and out is not a racist act. Who wants to live in a city that resembles Baghdad. Want proof, over 50,000 fled NYC in 2019, L.A and Chicago were next in depopulation. After the riots and Covid how many do you think left this year.

AFFH is based on false premises. One's inability to afford a single family home in a suburb is no proof of discrimination any more than what car one can afford is. Forcibly moving someone into a

wealthy neighborhood in low rent multiple unit housing just creates a new inner city, albeit on a smaller scale (but certainly impacts the voter roles). According to demographer Joel Klotkin and urban studies professor Alan Berger 151 million Americans live in the suburbs and exurbs, compared with only 25 million in urban cores. A majority of African-Americans in the nation's 100 largest metropolitan areas live in the suburbs. More Hispanics have been moving to the suburbs than whites, and the Asian population in suburban areas is growing nearly twice as fast as that of Asians living in inner-city cores. Bloomberg reported that "between 1970 and 2000, the share of African Americans living in suburban Atlanta increased from 27 percent to 78 percent; while in greater Washington D.C it rose from 25 percent in 1970 to 82 percent and these trends continue. Demographer William Frey of the Brookings Institution has documented the dramatic growth of "melting pot suburbs" where minorities constitute 35 percent or more of the population." It's plain, the Democrats are not targeting racism, this is an attack on wealth and its distribution.

Thankfully this destruction of the American dream was put on hold when Ben Carson suspended AFFH in 2017. On 7/23/20 Trump officially dismantled it. Subsequently Carson tweeted, "The AFFH rule was a ruse for social engineering under the ruse of desegregation, essentially turning @HUDgov into a national zoning board." Providing comic relief, 3 home owning Speaker Pelosi decried Trump's action as "a betrayal of our nation's founding values of equality and opportunity for all" and "shameful abdication of our government's responsibility to end discriminatory housing practices." Nice fodder for her audience but

LETTER FROM THE PLAINS

ANTHONY WELLS

If I have to give a title for this month's Letter it's, "The Tide of History", with emphasis on running against the tide. As a sailor who has returned from the Atlantic to sail my boat up the Chesapeake against both a southerly flood tide and a head wind, the sailors amongst Eccentric readers will relate to my metaphor. Emmiline Pankhurst, however, went with the tide, organizing the British suffragette movement and helping women win the right to vote, with another advocate, Emily Davidson, dying after being hit by King George V's horse "Anmer" at the 1913 Derby when she deliberately walked on to the track during the race. Imagine something like this happening at Gold Cup today! Women had few if any rights, chattels in a legal sense, bound to men's property and financial interests. I visited by Royal Navy helicopter back in the early 1970s the castle and estate of Maniace on the northern flank of Mount Etna in Sicily, that was a gift from the King of Naples to Admiral Lord Nelson for saving him and his family from Napoleon's army. Nelson was never able to visit his estate before his death at Trafalgar. His female heir, Horatia, had not been able to inherit because she was a woman, and the estate passed via Nelson's elder brother to Viscount Bridport,

leaving Horatia's mother, Nelson's mistress, Lady Emma Hamilton, to die in penury in Calais in January, 1815, just 49 years old. The point is clear. Women have been disinherited until modern times. The tide has flowed in one clear direction. We will have a black female Vice Presidential candidate, US Senator Kamala Harris, on the ballot in November. My own mother came from relatively modest beginnings compared with my father, who had a privileged upbringing and a British "public school" education, but she didn't let gender and upbringing get in the way, taking the British civil service exams, passing with flying colors, and going on to a distinguished career in special communications. A great role model for me as a young man, becoming a huge supporter of women's rights. "The Times They Are A-Changin'" goes that well known 1964 Bob Dylan song. Progress has been made, but there are still long fights ahead. I spent a long time in Germany in my younger years, speaking fluent German. There are no statutes of World War 2 military leaders - no visible stone or marble edifices commemorating Erwin Rommel, Karl Donitz, (who was tried at Nuremberg and received a ten year sentence for "planning aggressive war"), Alfred Jodl (sentenced to death at Nuremberg), Admiral Erich Raeder, Walther Model, and

the arch Nazi Hermann Goering (sentenced to be hanged at Nuremberg, but committed suicide a few hours before his execution), and the list is endless. They were all on the wrong side of history, not only defeated but also exponents of an evil cause that ran against the tide of human decency and endeavor. Every time I drive to the Pentagon down "Jefferson Davis" highway I cringe a little. It's not that I want to change history that can be studied in libraries, museums, in schools and universities, on line, the original manuscripts preserved for all time, and with thousands of books to read on the Civil War and its antecedents. My point is very simple. Do we have to preserve in public view those who were both the losers and those who espoused causes that ran against the tide? It's not about defacing Southern history and culture, more about placing things where they belong, in the official repositories of history. I have not been a supporter of Denver Riggleman in Virginia's 5th Congressional District, not because of blind partisan interests or any bias, but solely because of what I observe as a lackluster performance. I haven't found him to be particularly worthy, but that's just my opinion. However, I do admire him for the courage to preside over a same sex marriage, against the better wishes of those in his party who voted in Bob

Good, a former Liberty University fundraiser, supported by Jerry Falwell and President Trump, and a self described "Biblical Conservative." I'm not sure what the latter entails. As someone who was brought up on honest-to-goodness Biblical texts, I find Good running not just against the contemporary tide of social and cultural change, but also the ecumenical teachings of Jesus Christ and his disciples. There is zero mention in any Biblical text about current issues relating to sexual orientation, same sex marriage, gender change, and the rights of women. I have known several distinguished Biblical scholars in my student days while at Durham, King's College, London, and Oxford. This re-branding of Christianity by Good and his followers seems the total antithesis of a religion founded amongst many other fine principles on, "Love Thy Neighbor as Thyself," which, by definition, a Christian God includes people of whatever color, gender, sexual orientation, and marital status. The distinguished scholars at the above great centers of Christian Theology would argue that Christianity is about the essence of the "Sermon on the Mount" and the other key original texts. The attempt at ending DACA, (Deferred Action for Childhood Arrival), thwarted by the US Supreme Court, speaks volumes about those who would

lies. Under Carson, HUD is still investigating violations of fair housing law as it's still unlawful to discriminate based on race in any housing situation. Carson has been very aggressive on this, resolving nearly 23,000 complaints since January 2017. This progress included a significant backlog from the Obama administration. Rather than destroying our suburbs the WSJ has a simpler proposal "increase income mobility for minorities by expanding school choice so that a child's success in life isn't determined by the ZIP code where he/she grows up." Doing so, they argue, would also "reduce the substantial housing price premium in better school districts". Sadly they concluded Democrats would rather attack perceived privilege than a chief backer, the AFT.

This battle isn't over, Biden has already pledged to reinstate AFFH and on steroids. He has embraced Cory Booker's idea of ending single family home ownership. Initially under AFFH, communities could avoid its onerous provisions by going their own way in financing local projects. Biden however has signed on to using a bigger hammer to force compliance, withholding federal highway transportation funds, a program no community can afford to do without. The final blow to the suburbs is his vow to distribute low income multi family housing in such a way that will force people to relocate to get it. One has to wonder about the faculties of a leader in this era of Covid, why would he stridently embrace housing density now? There are a myriad of other reasons but if you want to maintain control over your community through a local government that you elected, not have it overseen by some bureaucrat in Washington, how could you possibly vote for Biden.

deport the very people who have not just established a way of life here in the United States since childhood and are contributing as medical professional, amongst many other professions and trades, to the defeat of COVID 19. The "Good Followers" undoubtedly have in their ranks the descendants of Ellis Island immigrants, "Your tired, your poor, your huddled masses yearning to breathe free". Good and his like would extinguish "The lamp beside the golden door." There is a lot very seriously wrong with this picture. I find it disdaiful, to say the least. Frankly, I find Mr. Good a dinosaur, intellectually and culturally out of step with our times, and pressing a political agenda with a following that, like millions during the twentieth century, were lured down the wrong paths for all the wrong reasons. This is not a plea for bleeding heart progressive liberalism, but a view based simply on one enduring quality of human experience, "The Tide of History." Please make up your own minds. I know that you will. But do remember the words of my old Headmaster at Bablake School, in Coventry, "It's Always Later than you Think.". We only have a short time, in each of our lives, to make a difference, and Bob Dylan definitely had it right in 1964. Please, don't be on the wrong side of history.



THOMAS & TALBOT REAL ESTATE

Opening the door to Hunt Country for generations

Our hearts go out to all who have been adversely impacted by the global pandemic.

During this difficult time, Thomas & Talbot Real Estate's virtual doors remain open and we continue to show properties with social distancing in mind. Being familiar with working remotely, given the nature of our business, we will continue to provide the highest service and support in Hunt Country. This rural life has never been more desirable.



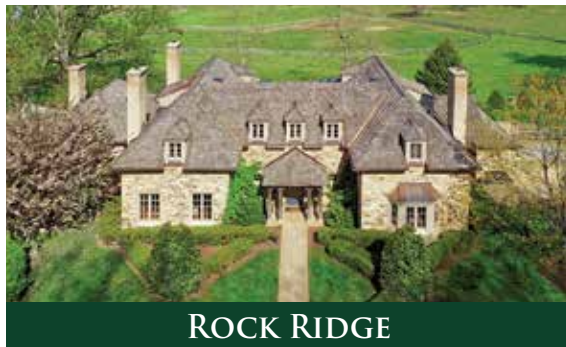
HUNT COUNTRY ESTATE

104 Acres

\$5,200,000

Bluemont – Just north of historic Middleburg, this exquisite country estate includes over 104 acres of lush pastures with spectacular mountain views. Features 9000 sq ft of elegant living space, a picturesque pond, pool & spa, guest house, an apartment over the 4 bay garage, plus a 6 stall stable & paddocks, all in an idyllic setting!

Mary Ann McGowan | 540-270-1124



ROCK RIDGE

94+ Acres

\$3,750,000

The Plains – Hilltop custom French Country stone manor with magnificent views of the Blue Ridge Mountains. 5 BR / 6 BA. 5 fireplaces. 1st floor luxury Master Suite. Great Room opens to terrace with views, formal Living and Dining Rooms, gourmet Kitchen and paneled Library. Lower Level with Rec Room/Office and Fitness Room. 2 guest/rental houses. 22-stall center aisle barn, fenced paddocks and riding ring. Income producing farm. Easy access to I-66 & Dulles International Airport.

Cricket Bedford | 540-229-3201



THE GRANGE

18+ Acres

\$2,675,000

The Plains – Stunning addition and complete renovation create an elegant Virginia Manor house with exquisite details throughout. Custom designed Jan Forte gourmet kitchen. 4 bedrooms and 3 ½ baths. Includes 2-car garage, pool, guest house, 4-stall barn and paddocks on 18+ acres in Orange County Hunt. Convenient to I-66, Rt. 50 and Dulles Airport.

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WEST RIDING

25 Acres

\$2,350,000

The Plains – Stunning renovation offers a masterpiece of old-world charm coupled with a sophisticated, contemporary design. Made up of thoughtful additions anchored by a 1700's log cabin on 25 rolling acres. 4 BR / 3.5 BA. Gourmet kitchen opens to a glass-filled Family Room. Main level Master Suite with luxury bath & walk-in. Paneled library, Den, 4 fireplaces, hardwood floors, all new windows/doors & so much more. Extensive landscaping, mature trees, pool, fenced garden, 2-car garage, guest house, 5-stall barn, paddocks, run-ins, equip. shed & riding ring. Orange County Hunt territory.

Cricket Bedford | 540-229-3201



MORELAND FARM

142 Acres

\$1,600,000

Delaplane/Marshall – Spectacular Views! Approx. 250 acres available in 2 parcels. The primary parcel of 142 acres features the 3/BR, 3/BA stone home, 2 tenant homes, barn and 5 bay machine shed for \$1,600,000. The secondary parcel of 107 acres offers a 2 BR tenant home and potential to build a primary dwelling for \$826,000.

Rebecca Poston | 540-771-7520



FOX FORD FARM

142+ Acres

\$1,443,000

Jeffersonston – Unique country house on 142+ acres with pool and out buildings. One and a half miles of Rappahannock river frontage. Open rolling fields. Investment, horse farm, brewery, farming or winery potential. All around views, flowering gardens, privacy and peace. 15 minutes to Warrenton. Additional 97 acres available, 239 acres total for \$1,991,000

Rein duPont | 540-454-3355



TREETOPS

14+ Acres

\$1,350,000

The Plains – Renovated with beautiful views! The farm has 14+ acres of fenced pasture and mature woodlands. 3/BRs, 2.5/BAs with an open kitchen and eat-in area, living room with built-ins, bay window and fireplace. Upper level suite with luxury bath, walk-in closet and sitting area. Home also has a separate mudroom, laundry room, and exercise room. A 4-stall center aisle barn with a heated tack room, a storage shed and fenced paddocks. Great ride out, Orange County Hunt territory. Easy access to I-66, Rt 50 and Dulles Airport.

Cricket Bedford | 540-229-3201



201 W. WASHINGTON

2,400 sq ft

\$1,190,000

Middleburg – Rare main street commercial location in the heart of historic downtown. Two large picture windows and large glass doors shed light into 2,400 square feet of space with 10'+ ceilings. This rectangular brick front and stucco sided building offers an open interior space ready for a new owners design. Features separate Men's & Women's bathrooms, a utility room, and a small storeroom. Side access provided by a garage type door. Plenty of parking and a large paved side lot. Zoned C2 Town Commercial for a wide variety of uses and is within the Historic District.

Cricket Bedford | 540-229-3201



PARSHALL ROAD

17+ Acres

\$795,000

Berryville – A stunning custom 4 bedroom, 4 bath residence is ideally sited on 17+ park-like acres in a gorgeous treed setting. Manicured grounds & brilliant gardens surround this open & sun filled home with beamed vaulted ceilings, cypress wood floors, 2 fireplaces & a gourmet kitchen. A separate in-law apt. a fabulous enclosed porch, extensive decks and a workshop are featured, all in pristine condition!

Mary Ann McGowan | 540-270-1124

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