

FOXES ON THE FENCES

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PHOTO BY DEEDEE HUBBARD

MIDDLEBURG TOWN COUNCIL REPORT

JAY HUBBARD

Special Recognition

Jamie Gaucher was recognized by Council for his service as Middleburg's Business & Economic Development Director from July 10, 2017, through February 12, 2021. - <https://bit.ly/3pJ8Y4w>

Paid Parental Leave

The Town is currently updating the Employee Handbook. Town Manager Danny Davis presented Council with the following document for further discussion. - <https://bit.ly/3sIFRG2>

The Town Council has requested recommendations on adding paid parental leave (maternity/paternity leave) to the Town's Employee Handbook. The Commonwealth of Virginia recently enacted new policies for paid parental leave, which is the basis for the recommendations below.

Paid Parental Leave

- Eight (8) weeks of paid leave for any employee for the birth of a child
- To give birth to, care for, and bond with a newborn child, and to provide for time for physical and medical recovery
- Employee is a legally recognized biological parent.

- Four (4) weeks of paid leave for any employee for the placement or adoption of a child
- To care for and bond with a child placed with the employee through adoption or foster care or a legal custodial arrangement.
- Employee is a legally recognized adoptive, foster, or custodial parent
- Requires same qualifications as Family Medical Leave Act (FMLA)
- Must be employed for at least one year
- Must have worked at least 1,250 hours in the prior 12 months

- Will coincide with FMLA, which provides up to 12 weeks of leave
- At the end of paid parental leave, the parent can choose to use annual leave, sick leave, or unpaid leave for the remainder of the FMLA period
- May be used in a continuous period or intermittently, with approval, within first six (6) months of the birth or placement of a child
- Unused parental leave is forfeited

FISCAL IMPACT

There will be limited fiscal impact by implementing this policy. Generally, employees are already paid while on maternity/paternity leave, as they have sufficient annual or sick leave to cover the period of time. Nonetheless, there have been situations where employees have exhausted all of their leave, and the addition of paid paternity leave would keep them in a paid status. Actual fiscal impact is situational and dependent on a number of factors. Nonetheless, it is not expected that the cost (on an annualized basis) would be more than \$2,000-\$5,000 per year.

Proposed FY 2022 Budget

The Town Manager Danny Davis presented Council with the Proposed FY 2022 Budget. - <https://bit.ly/3aNrt3P>

Highlights of the Proposed FY22 Budget

General Fund

An assumption that revenues will decrease 9.4% (\$393,521) due to COVID-19 impacts

Primary reductions are in Meals Tax (-20%), Occupancy Tax (-10%), and Business License Tax (-6.2%)

A "worst case" COVID-19 scenario is also provided that assumes revenues will decrease ap-

CONTINUED PAGE 11

RECYCLING REFRESHER

PAGE 6



FLY LIKE AN EAGLE

MIDDLEBURG 5K

APRIL 17, 2021

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NEWS OF NOTE

2021 UCHS "JUMP IN" CAPITAL CAMPAIGN

Since 1853 – four decades before the start of the modern Olympics – the Upperville Colt & Horse Show (UCHS) has nurtured a sense of tradition, beauty, and excellence in equestrian exhibition and competition. In the heart of horse country, Upperville set the standard for horse showing now modeled throughout the nation.

Upperville is one-of-a-kind. During its 170 years, it has promoted breeding excellence, nurtured young local riders, and saluted the best of the world's equestrians in the most beautiful setting imaginable. It is a world-class, independent show, at once local and international, modern and traditional. Whether you participate as a competitor, volunteer, or spectator, Upperville is an experience like no other. To celebrate its history, ensure that the Upperville experience remains available to future generations, and set the foundation for yet another 170 years of successful shows, the UCHS Board has launched its 2021 "JUMP IN" campaign with three important goals:

1. Preserving Grafton Farm and the show's legacy.

- Conserving Grafton Farm, its tree canopy, and its role in Virginia horse country
- Virginia's equestrian history and the horses we love
- The charm and historic character of the show grounds
- The tradition of community engagement

2. Enhancing opportunities for all to participate.

- Exhibitions and classes designed for children, families, and amateurs as well as the sport's elite
- Safe, accessible, and attractive facilities
- Reasonable stabling and entry fees
- A welcoming atmosphere and culture of acceptance of competitors at all levels

3. Inspiring future generations through world-class competition among the equestrian world's most elite competitors.

- World-class facilities and venues
- Competitive classes
- Top-level purses and prize money
- Growing numbers of competitors and spectators
- More, and more diverse, sponsors and rejuvenated hospitality and entertainment

With a goal of \$5.0 million, the 2021 "JUMP IN" campaign is designed to support these goals and ignite future development efforts to support the show, including the formation of a permanent endowment. Proceeds from the campaign will directly fund physical and corporate improvements focused on broadening the show's reach and engagement of competitors and spectators while solidifying UCHS's foundation and positioning it to build the endowment it needs. We anticipate:

\$2 million in physical improvements to preserve Grafton Farm's historic buildings and oak canopy, including:

- Historical grandstand restoration
- Tree canopy restoration and maintenance
- Restoration of the food stand
- Grafton Farm infrastructure and other improvements

\$500 thousand to improve the competitor/spectator experience and accessibility:

- Audio-visual and scoreboard enhancements
- Environmentally friendly, wheelchair-accessible gathering plaza
- Permanent restroom facilities
- New maintenance equipment
- New signage and show ground maps that honor our participants and supporters
- \$2.5 million to enhance competition venues and strengthen the show:
- Hunter lunging ring
- New footing for the hunter and jumper schooling rings
- Permanent show headquarters for expanded staff, board, and exhibits
- Show promotional activities, marketing, advertising, and broadcasting

The "JUMP IN" campaign is more far reaching than the show's past fundraising efforts. Its goals are more comprehensive, long-term and aspirational. So, we need your help. The value of your financial gift will be levered many times over through the preservation of existing facilities, the funding of new show ground amenities, and the formation of marketing and outreach programs to draw new life to the equestrian world and introduce new audiences to the tradition, beauty, and excellence that is Upperville.

LOCAL RESIDENT 100 YEARS YOUNG

Ada Alise Berry Cook was born in Leesburg, VA on February 22, 1921, the fourth of ten offspring of the late John E. Berry, Sr. and Charlotte (Sue) Washington Berry – she is the only survivor.

She graduated from the Loudoun Training School in 1940 and remained in Leesburg until her marriage to Robert D. Cook of Middleburg, Va in 1948.

Alise was the cook for the Pettibones at Homewood Farm for 25 years. During that time, her famous recipe for Oyster Casserole was featured in the Washington Post. In addition to cooking, Alise loved to sew and made beautiful dresses for her four granddaughters.

A highlight in her life was traveling to Europe in 1989 with her sister Edna Evans and niece Barbara Scott. to visit Barbara's daughter Darice Schmetter (Alise's god daughter) in Germany. While there, she traveled to Paris, Austria, Lichtenstein, West Berlin, Amsterdam, and Switzerland.

Alise and her devoted son Richard Berry reside in Middleburg. She is an avid reader and loves watching sports on TV. She has five grandchildren, 13 great grands and 5 great great grands – the joy of her life. She has seen many changes in her lifetime and looks forward to many more.



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NEWS OF NOTE

BRICK & MORTAR MERCANTILE COMES HOME TO MIDDLEBURG

Tara and Ben Wegdam are excited to be opening a brand new Brick and Mortar store in Middleburg VA.

Brick and Mortar is a fresh and fun new retail format offering entertaining and interesting products for him and her. Local products are supplemented with national brands like Stetson, Filson and Blundstones. The format is all about creating an interesting and engaging shopping experience. Think of it as a collection of products that each have a story to tell, that are unique and create conversation," explains Ben. Brick and Mortar takes a new approach by encouraging its customers to not just shop, but to genuinely engage and be entertained in a traditional retail store. More information can be found at www.justbrickandmortar.com.

The Wegdams have been in Middleburg since 2000 and

opened the first Crème de la Crème 21 years ago. Since then the couple has expanded in the loulou and Zest clothing formats.

"We have been looking for the right space for a Brick and Mortar in Middleburg for quite a while. Not only did we start our businesses here, we live here and are part of the community. Middleburg is a unique town with both a thriving culture and retail market, it couldn't be a better fit," states Ben.

Brick and Mortar already has two locations. The first one opened on King Street in Leesburg in April 2019 and the second opened on Market Street in Frederick MD in October 2019.

Brick and Mortar Middleburg will be located at 201 W. Washington, Middleburg VA 20117. (the former Southern States building). The store is expected to open sometime in April.

Please contact Michelle McNaughton by phone 540-878-3232 or email mmcnaughton@westfederalretail.com for further information.



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Jill VOGEL

Senator Jill H. Vogel Legislative Update February 2021

We are into week five of the 2021 Virginia General Assembly session. Due to COVID-19 restrictions, we meet in the Science Museum of Virginia rather than the Senate Chamber in the State Capitol. The Senate meets in person every day—we have temperature checks, wear masks, and spread across a ballroom that has been turned into a makeshift legislative office, committee room, and Senate Chamber where we conduct our floor debate and vote.

This session comes on the heels of a marathon in the fall when the House and Senate met to address election law changes, COVID-19 funding, and general budget challenges. While we are intended to act as a part-time citizen legislature, we met 150 days last year, with an 84-day special session. We took a small break at the holidays before returning to debate the future of Virginia. The legislature is literally overhauling Virginia, and there are big divisions among us as we move forward.

Most of my constituents have two priorities—open schools and distribute vaccines more efficiently. My goal has been to do everything in my power to improve Virginia's performance in both of those areas. That really should be the only focus now, but the legislature has been consumed by so much more.

One element of discipline has made things better. We adopted limits on the number of bills that can be introduced this session. Delegates are limited to seven bills and senators are permitted twelve. In the past, we have done between 2,500 and 3,000 bills and resolutions in a General Assembly session. This year it would be difficult to move that amount of legislation given the health concerns, limits on space, and lack of in-person communication with constituents that is so critical to the legislative process. Despite the limits, we still have nearly 1,300 measures introduced.

The most controversial bills debated include marijuana legalization; the death penalty; expungement of criminal records; gaming; repeal of mandatory sentencing minimums; conforming Virginia's Constitution to the United States Supreme Court's ruling on marriage; reducing the number of SOLS required in schools; amendments to the 2020-2022 Biennial Budget; conforming Virginia's tax code to the federal code; and protecting PPP loans from higher taxes.

The Senate had an important victory in the fight to open schools. A measure that would require public schools to make in-person instruction available to every student passed by a vote of 26 to 13.

We also had a legislative victory in the effort to address vaccine delays and inexplicable barriers to COVID-19 vaccine distribution in Virginia. At least one issue is a lack of health care professionals who are qualified to administer the vaccine. The Senate voted to pass emergency legislation that expands the pool of qualified people, allowing any qualified health care provider in Virginia to volunteer as a vaccinator. Funding has also been added for mass vaccine distribution.

The Senate also passed much needed Parole Board reforms, resulting from investigations by the State Inspector General. Investigations showed Board violations of the law, release of a convicted murderer without notice to a victim's family, and ongoing cases of malfeasance. It was a stain on Virginia's parole system and painful for victims and their families.

Finally, the Senate voted on critical tax conformity and it remains to be negotiated with the House. The federal CARES Act included provisions to prevent businesses from being taxed for receiving Payroll Protection Plan (PPP) funding. It makes sense that Virginia would conform our tax code to do the same, but many objected and want to tax that money in Virginia. I voted to exempt it entirely, but that vote failed, and a compromise passed that includes a tax. We still have weeks to go, so all of these measures will be debated further in the House and hopefully progress will be made.

It is an honor to represent you in the Senate and I welcome your feedback. If you have questions or concerns, please contact my Capitol office at (804) 698-7527 or via email at district27@senate.virginia.gov. The Senate has also set up a constituent hotline so that you can call about legislation being considered this session. If you want to make your position known on a bill of importance to you, call the Senate Message Center toll-free at (833) 617-1821.

NEWS OF NOTE

RECYCLING REFRESHER

RIC WOODIE

During the pandemic, I found the amount of recyclable material generated by my household increased exponentially, almost to an embarrassing volume. I'm not talking hoarder-level but close, to the point where I take periodic trips to the recycling center rather than put it out for pickup with the regular trash run. Stay-at-home orders issued during the pandemic created, for many of us, a shift in our daily lives from being in an office/business setting for 8-12 hours per day, to being at home nearly 100% of the time. Not unlike the Great Toilet Paper Shortage of 2020, waste that would have been generated on the commercial/business level shifted to the home front. American Disposal, who handles curbside trash and recycling for the Town of Middleburg and other local area towns, reports that the volume of trash and recycling in the residential market increased by more than 30% during the pandemic (they report a corresponding decrease in the commercial market). As Brandy Greenwell noted in last month's edition of the Middleburg Eccentric referring to her 2021 resolutions: "So. Much. Waste." Indeed.

Actually, what my household experienced was an increase in all types of recyclables across the spectrum. We're cooking more

at home, and taking more advantage of online shopping. And many of us have found our empty nests refilled to occupancy—all contributing factors. To a lesser extent, Virginia ABC reports an 18% increase in ABC sales in 2020, contributing to an increase of glass recyclables.

The most significant increase at our house has been cardboard boxes, almost to the point where I sense judgement from our regular delivery drivers. Over 90% of all products shipped in the US are shipped in corrugated boxes, which total more than 400 billion square feet of cardboard. For some reason, it feels like most of those boxes end up in my garage, making box breakdown day more of an event than a chore.

This got me thinking more about the types of materials we were recycling, but even more so about what really happens to the bins of recyclable material that we put out with the trash. I'm sure many of us have had the same thought at one point or another: are my recyclables really being treated any differently from the regular municipal waste stream that ends up in the landfill?

The term "single-stream recycling" deserves some discussion. Local waste collection companies that collect recyclable materials have all converted to single-stream recycling (sometimes referred to as "fully commingled" or "single-sort"), where all



paper fibers, plastics, metals, and other materials are mixed in one container and hauled to a materials recovery facility where they are separated for reuse. Town of Middleburg residents are advised that the following materials are recyclable in this single stream:

- Polyethylene Terephthalate (PETE) and High-Density Polyethylene (HDPE) Plastics. These have numerical designations on the bottom of the container: numbers 1-7 are acceptable for recycling and typically include rigid containers including jugs, bottles, cartons, tubs, trays, buckets, and bins.

- Metals, including aluminum, bimetal cans, foil, steel, and tin.
- Paper, including office mag-

azines, newspapers, books, mail, shredded materials, and catalogs.

- Cardboard used for shipping/moving, (flattened) cereal, paperboard, frozen food

Absent from this list—glass. Recently, American Disposal stopped collecting glass bottles and jars as part of its curbside single-stream recycling program. This is primarily because broken glass mixes with other recyclable materials in the stream and drives up the cost of sorting. Also, the closest glass recycling facility is located in Baltimore, Maryland, making glass recycling with the rest of the recycling stream cost prohibitive for our area. The Town of Middleburg advises residents that glass recyclables

can be taken to the Mickie Gordon Park recycling facility east of town. Conversely, Loudoun County requires waste haulers that provide curbside recycling within the county's jurisdiction (i.e., outside incorporated town boundaries) to collect glass bottles and jars for recycling as part of curbside service.

Loudoun County has also struggled with collection and sorting of glass recyclables. In an attempt to solve the issue, Loudoun County launched a pilot glass recycling program this past summer by placing purple dumpsters (they're actually pink, but you can't miss them) dedicated to glass recycling at the various county recycling centers. Locally, you can find these dumpsters at Mickie Gordon Park and the Philomont Fire Station. The glass collected in the bins is delivered to Fairfax County to be used in construction projects. Loudoun County has reported strong participation in the glass recycling program, with over 80 tons collected from July through December. Personally, I have found tossing all of our glass recyclables into the purple bins quite therapeutic.

Also missing from the list of recyclable materials are plastic bags. Here, American Disposal advises that plastic bags cannot be included in the stream of recyclable materials, nor can they be used to contain the recyclable materials that are placed curbside for pickup. They now require that all recyclable materials be loose in a recycling bin or contained within paper bags or cardboard. Recycle processing facilities cannot accept plastic bags in the recycling stream primarily because they get tied up around the spindles of the machinery at the recycling center that sorts the various types of recyclables which can cause sizable sorting delays (take a virtual tour of a recycle processing center by searching "The American Recycling Center Tour" on YouTube).

Many of the stores where we shop have brought back single-use plastic bags and/or suspended the use of reusable bags during the pandemic. For the stores that permit reusable bags, we've all had to learn how to properly bag groceries ourselves. So, what to do with single use plastic bags?

The Middleburg Safeway (and other Safeway stores and most grocers in general) has a plastic bag recycling depot located at the entrance of the store for the collection of all of these single-use plastic bags. Safeway sends these reclaimed bags to Trex Company where they are reused in plastic decking, fencing, railing and furniture. We can also find secondary uses for plastic bags around our homes by using them to line trash cans, pick up and dispose of pet waste, and use as packing material.

In addition to limitations on glass and plastic bags, we also need to understand the items that are not considered recyclable. Generally, these including the following:

- Food or food waste
- Plastics other than bottles, jugs, or jars
- Styrofoam
- Chemical containers
- Batteries/electronics/light bulbs
- Clothing/diapers
- Medical wastes
- Scrap metal

While not an all-inclusive list, this covers the main categories. The Town of Middleburg has implemented programs to collect batteries, razor blades, and cigarette butts for recycling.

Back to the volume of recyclable material generated in my household. We've grown more aware of the refuse we generate, and in response have become more responsible in our efforts. We began by paying closer attention to what we're throwing away and segregating more carefully the recyclable materials from the trash. This has actually resulted in a significant reduction in the amount of trash we send to the landfill. Statistically, nearly 75% of the waste you create can be recycled, but recent studies have

shown that less than 30% of the waste discarded in the U.S. is recycled.

My family now takes our recyclables to the Mickie Gordon Park and Philomont Fire Station recycling centers. We've also found creative uses for some of our recyclables around our property. For example, we line our raised garden beds with cardboard, which composts over the course of the season.

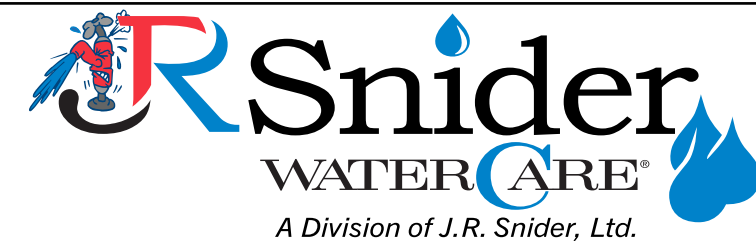
Recycling plastics, metals, cardboard, and paper has a wide range benefits, including energy and fresh water conservation, reduction in greenhouse gas emissions, and job creation, just to name a few. For example:

- Recycling five plastic bottles provides enough fiber to create one square foot of carpet or enough fiber to fill one ski jacket.
- One ton of recycled paper can save as many as 17 trees.
- A single bale of recycled plastic saves approximately five barrels of oil.
- Recycling a single aluminum can is capable of saving enough energy to power a TV for three hours.

- It requires 95% less energy and water to recycle a can than it does to create a can from virgin materials.

Challenge yourself to reduce the amount of waste you generate by educating yourself on what materials can and cannot be recycled and the availability of various recycling options in and around your community.

(Ric Woodie is an Environmental Consultant and member of the Middleburg Go Green Committee. He lives with his family just outside the town. The Go Green Committee was created through a Middleburg Town Council ordinance as an advisory body to the Town Council on environmental issues)



Water Treatment Information from Daisy & Frank!



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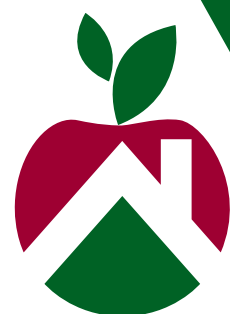
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NEWS OF NOTE

THE GENIUS OF NATURE

THE FENCE POST
CHANDLER VAN VOORHIS

America rejoins the Paris Accord, and all landowners should be paying attention. According to World Resource Institute (WRI), every Paris Accord model showing how we will meet the global temperature targets relies on massively scaling up carbon removal from natural climate solutions. The minimum projection is 1 billion metric tons of carbon removal credits per year.

Carbon removal is the process of taking carbon dioxide (CO₂) out of the atmosphere and storing it. Carbon removal is distinctly different than carbon reduction. Simply, a carbon reduction is about being "less bad." Examples of such would be switching from coal to gas or from gas to wind/solar. Each move to a lower-emitting technology is a reduction of emissions moving forward.

Carbon removal, on the other hand, is about repairing the past. There are two primary ways to

remove carbon from the atmosphere. The first is through biological systems, and the second is mechanical. Mechanical solutions are presently not scalable and too expensive. Therefore, the world is looking at how we scale up the biological approaches, which include afforestation, reforestation, agriculture, and grassland restoration.

It is time to think of trees as a technology -- Mother Nature's technology. As the former Chairman and CEO of Duke Energy, Jim Rogers, once told me, "there are two forms of intellectual property -- technological and how you get to scale. Most technologies fail on how you get to scale." With Mother Nature, scale is everywhere. What is needed is how to organize humanity, efficiently and effectively, to restore lands. To do so, we must first realize there is a genius to nature, and our job is to mimic that genius.

We are witnessing the rise of nature. This year there have been

two important developments that I believe will usher in the Age of Nature. First, at Davos, the former head of the Bank of England, released a report entitled, Scaling Up The Voluntary Markets. This report was a consensus of major banks, companies, and market participants. The outflow of this

report states that natural climate solutions needed to scale up by a factor of 15 by 2030 and by a factor of 100 by 2050, as there are over 1000 companies that have now pledged to be carbon neutral by then. This report is calling for 7 billion tons to be produced from natural climate solutions by 2030. Some have predicted this scaled demand is projected to cause a quadrupling of the price of carbon. Time will tell if this is correct.

The second development was Microsoft's Carbon Removal Announcement. Microsoft illustrates how big and substantive the change is that is taking place. The company has committed to being carbon negative by 2030. So, what does this mean?

Microsoft has decided that not only does it need to heavily invest in renewables and efficiency to lower its future impact, but it has to scale up its investments in natural climate solutions. Why? Simply put, renewables reduce future projected emissions but do absolutely nothing to address the emissions already put in the atmosphere. This is where nature and carbon removal comes in. Again, think of trees as a technology. As trees grow, they take in carbon dioxide, store the carbon, and release oxygen. Trees purify the air, clean water, produce oxygen, and provide habitat to many species.

Recognizing the importance of nature, Microsoft's commitment to be carbon negative by 2030, includes eliminating all the emissions the company has ever put up in the atmosphere since its founding in 1975. The only way to achieve the company's goal is to do both -- scale-up nature and repair the past while investing in a greener future through renewables.

Our company GreenTrees was fortunate to be a part of Microsoft's announcement as we provided a substantial part of their 1m tons of carbon removal. Our nearly 600 landowners are the beneficiary. As their trees grow, our landowners earn money from the annual year over year growth.

Broadly speaking, Microsoft is providing leadership to corporations that are also addressing climate change, and there are more than 1000 companies making pledges like these. Now, it is up to landowners to respond. After all, landowners are the first responders to climate change. Every land-use decision can have a profound impact on how humanity tackles this issue together.

Chandler Van Voorhis is the Co-founder and Managing Partner of ACRE Investment Management (www.acre-investment.com), recipient of the 2002 ChevronTexaco Conservation Award, and a member of the Outdoor Writers Association of America.



VISIT LOUDOUN LAUNCHES NEW CAMPAIGN TO REIGNITE TOURISM INDUSTRY

Visit Loudoun will launch a new campaign that uses stunning blended imagery to bolster the local tourism industry, which has been significantly impacted by the COVID-19 pandemic.

Branch Out 2.0 will debut in drive markets across the Mid-Atlantic over the next month and invite potential visitors to Loudoun through a series of unique images that connect the county's bustling urban east corridor with the agritourism of the west.

"Photography is a powerful tool in influencing travel, so we wanted a campaign that captured the essence of Loudoun through imagery," Visit Loudoun President & CEO Beth Erickson said. "Tourism is a multi-billion-dollar industry in Loudoun and Branch Out 2.0 will help drive the recovery of this vital part of our economy."

Visit Loudoun worked with its marketing agency Miles Partnership to develop a campaign that aligns with the tourism agency's three-year strategic plan. The aspirational creative inspires people to branch out and is focused on five pillars that include: Loudoun's proximity

to D.C.; unique dining and drinks; outdoor opportunities and shopping; family-friendly attractions and the meetings market. All campaign imagery blends concepts to reflect connection and community with the literal "reaching out" to embrace the variety of people, places and experiences found in Loudoun. The action of giving and receiving is- at its core- inviting, inclusive, welcoming and uplifting.

"The new campaign differentiates Loudoun in a way that's eye-catching and authentic," said Miles Vice President Lauren Bourgoing. "The creative represents the full destination experience and creates a strong sense of connection with the audience."

The campaign direction was also driven by current travel trends. According to the State of American Traveler Report, road trips are surging in popularity and small towns and rural attractions are among the top destinations for 2021. Of those surveyed, 56% are expecting to take at least one trip to a small town or rural destination. Travelers are also seeking scenic beauty, outdoor recreation, history and food experiences, which positions Loudoun well on the road to recovery. Data also

shows travelers are seeking happiness- something that is captured in the campaign ad copy.

"Data is key to creating effective marketing campaigns, so it was important to develop

content that resonates with travelers today," Visit Loudoun Marketing Director Jennifer Christie said. "We were excited to see that our campaign message of finding happiness here in Loudoun is perfectly aligned with the

traveler sentiment research being reported nationally. This campaign is one of the largest we have launched and we look forward to welcoming people back to Loudoun."

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NEWS OF NOTE

96TH VIRGINIA GOLD CUP ON MAY 29 & OTHER UPDATES

LAUREN R. GIANNINI

Once again, Virginia Gold Cup forsakes its traditional Derby Day fixture for the sake of the sport to run on May 29 under a new format, designed in compliance with Covid safety protocols to allow a limited number of spectators. Last year, the National Steeplechase Association (NSA) livestreamed the event online, free of charge. This year, it's going to be a race to the finish for tickets because supplies are limited. Purchases can be made only by phone on a first-come, first-served basis even if you reserved your rail space for years. Call the Virginia Gold Cup office: 540-347-2612.

Packages include one 12' x 20' rail space, 10 wristbands, one re-

served tailgate car pass and two general admission car passes: \$675 per space on Member's Hill and \$500 per spot, north or south rail around the course. No corporate tents and no individual tickets will be sold. Per Covid-19 restrictions, no food will be available at Great Meadow. It's totally "bring your own."

This is huge, the prospect of spectators returning to Great Meadow to witness the exciting spectacle of equine athletes and riders, running and jumping over that hallowed sea of green punctuated by timber and hurdle fences. Tickets will go very quickly even though the fate of spectating depends on the virus's course.

"A final ruling on the event is expected from the Governor a month before the race. Should something happen with Covid-19

between now and April 15, we will be able to adjust accordingly," explained Dr. William Allison, chairman of the Virginia Gold Cup Association. "In the interim, we'll accept space reservations but they'll be very limited."

The starter's flag is up... time to leap into action and call (540) 347-2612.

The NSA did a robust make-over of the spring calendar, and Middleburg Spring Races will take place on May 1 (middleburgspringraces.com). No ticket information was available at press time.

Heads up: the sporting calendar is subject to change, due to weather and/or the pandemic. The expense of putting on a meet, sanctioned and non-sanctioned, without spectators has impacted the racing circuit with a number



2019 VIRGINIA GOLD CUP WINNER: BALLYBRISTOL FARM'S ANDIAMU (FR), RIDDEN BY JACK DOYLE, TRAINED BY LESLIE YOUNG, LED FOR MOST OF THE FOUR-MILE TIMBER CLASSIC AND FOUND ANOTHER GEAR IN THE STRETCH RUN TO WIN BY THREE-LENGTHS OVER MIKE SMITH'S LE CHEVALIER, RIDDEN BY KIERAN NORRIS, TRAINED BY JULIE GOMENA. PHOTO BY LAUREN R. GIANNINI

of cancellations, including Foxfield Spring in Charlottesville. The revamped NSA schedule offers a more robust circuit. For news and information: Nationalsteeplechase.com

CentralEntryOffice.com is another essential resource about point-to-points on three circuits, especially racing right here in the Commonwealth. Two meets on the Virginia Point-to-point circuit were cancelled. Rappahannock Hunt won't run on March 6, but the Hunter Pace is April 10 (www.RappahannockHunt.com). Orange County Hounds also scratched their races, but the Hunter Pace (540-295-5141) is slated for Saturday, March 27.

PTP racing in Virginia kicks off with Warrenton Hunt on March 13 at the Airlie Race Course. Heads up on another bit of news: Warrenton will run The Second Warrenton PTP on Sunday, March 28: www.warrenton-hunt.com and (540) 270-1730. Two Warrenton meets give continuity to the circuit while book-ending Piedmont Foxhounds PTP on March 20, (540) 592-7100; heads up, PFH cancelled their hunter pace. Old Dominion Hounds offers a full weekend for enthusiasts with racing on April 3 at Ben Venue Farm, followed by hunter pace events on April 4. OldDominionHounds.weebly.com

Blue Ridge Hunt PTP is set for Sunday, April 11 at Woodley Farm, with their Hunter Pace on April 17. www.BlueRidgeHunt.com

The action continues April 17 with Loudoun Hunt Point-to-point celebrating the long-hoped-for return of steeplechase racing to Morven Park, Leesburg: LoudounHunt.com for details. Hunter Pace Events round out the month: Warrenton on April 18 - warrentonhunt.com and (540) 219-6562, and Loudoun Fairfax Hunt on April 24 - LoudounFairfaxHunt.com and (703)887-2711.

Middleburg Hunt Point-to-point, the final meet of the Virginia Point-to-point season, is scheduled for May 9 at Glen-

wood Park. For information, please call: (540) 338-4366 and (540) 454-2991.

Heads up all "tally ho" hound enthusiasts: the Virginia Foxhound Show has been cancelled. Feel free to blame the pandemic, but it makes sense because many packs travel great distances and go to great expense to compete as well as to attend. It will be an unusual Memorial Day Weekend without hundreds of hounds and their supportive enthusiasts under the oaks at Morven Park, but hark to a great return next year. Virginiafoxhoundclub.org

Here's some good news. Upperville Colt & Horse Show, brought to you by MARS Equestrian, Nutro Feed Clean, and Buckeye Nutrition, posts June 7-13, 2021 on its homepage. Upperville's 2021 prize list will be published on March 14. Entries, which can be made only online, open on April 14. Upperville.com

Kentucky Three Day Event takes place on April 22-25 without spectators. The decision to cancel this international five-star competition was reversed after the eventing community launched a fund-raiser that wowed organizers. The revived event is bolstered by support from US Equestrian and long-standing sponsors Land Rover, MARS Equestrian, and Rolex. The CCI-5*-L will be accompanied by the new CCI4*-S: KentuckyThreeDayEvent.com

Please be aware that masks and maintaining healthy social distances, along with hand hygiene, deserve credit for the substantial reduction in flu cases this winter. These simple practices, which help to protect you from exposure all OPGs (other peoples' germs), merit your attentive practice. Think about horses and strangles, another highly contagious disease we can all live without.

Stay safe and think spring!

CATE MAGENNIS WYATT ELECTED CHAIR OF NOVA PARKS

On January 21, 2021, the 12 Members of the NOVA Parks (Northern Virginia Regional Park Authority) Board elected former Secretary of Commerce and Trader of Virginia, business executive, and conservation leader Cate Magennis Wyatt to Chair the Board. Sean Kumar, business consultant and former Army JAG Officer of Alexandria, was elected Vice-Chair. Brian Knapp, a former NOVA Parks Chair from the City of Fairfax, was elected Treasurer. Jeff Tarbert, former Mayor of Falls Church, was elected as the At-Large member of the Executive Committee.

NOVA Parks, one of the finest Regional Park Authorities in the country, has led park and conservation efforts in Northern Virginia for 62 years. The agency has 34 regional parks totaling 12,240 acres and 100 miles of trails within the Counties of Arlington, Fairfax, and Loudoun and Cities of Alexandria, Fairfax Falls Church.

Michael Nardolilli, from Arlington, has served as Chair since 2018 and oversaw a period of growth and development, which included expansions of Occoquan and Pohick Bay

Regional Parks with additional lands in Fairfax County and a new lease on Cameron Run Regional Park in Alexandria. New parks and amenities were created including, the groundbreaking of dual parallel trails in the Falls Church section of the W&OD Trail, the opening of Mt. Defiance/Battlefield park located within Loudoun, the Jean R. Packard Center at Occoquan, the Volgenau Conservatory at Meadowlark, and the Ice & Lights entertainment center at Cameron Run. Civil Rights markers were unveiled at Tinner Hill in Falls Church to honor the first rural branch of the National Association for the Protection of Colored People (NAACP) in the United States, and a second marker in Leesburg honors Orion Anderson.

"I am so excited to have Cate Magennis Wyatt assuming the role of Chair. She is a leader of regional, state, and national significance. As the Founder and President Emerita of Journey Through Hallowed Ground, former Chair of the Great Meadow Foundation, and a former Cabinet Secretary in Virginia, Cate is often called on to help with significant conservation and historical projects, most recently, the Teddy

Roosevelt Presidential Library. Her knowledge of our region, commitment to public lands, and leadership skills bode very well for the future of NOVA Parks," remarked Paul Gilbert, NOVA Parks Executive Director.

"I am honored to serve and have rarely seen a finer, more entrepreneurial, mission-driven Team of professionals than the Team at NOVA Parks," remarked Cate Magennis Wyatt. "The citizens of Northern Virginia, including the 3 million who enjoy the parks, rarely if ever know that we, the taxpayers, only contribute 13% towards NOVA Parks total operating budget. The remaining 87% of the funds are earned through the enterprising, often pioneering, and always nimble efforts of the NOVA Team. Never were their talents more apparent than



their herculean response to the COVID pandemic. They had to shutter our waterparks and event venues, which typically generate 50% of our revenue, while simultaneously expanding visitor services to meet the demand within the parks, which remained open. Even with these challenges,

NOVA Parks is poised for growth. We all owe them a debt of gratitude for service above and beyond. If COVID has taught us anything, we've learned that the well being of every citizen can be directly tied to our access to public parks."

All Feet Need To Be Warm This Winter



Help the Middleburg Business & Professional Association Members collect new sox for men, women, older adults, compression, teenagers, kids and babies to help our friends and neighbors at the Windy Hill Foundation communities

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Bid 31 "Corky"
50 West Winery
Staff



Bid 32 "Virginia Countryside"
Washington Fine Properties
Shannon Gilmore



Bid 33 "Noah's Space Ark"
Zigzag Gallery
Roberta Jeffries



Bid 34 "Home"
Safeway
Lydia Marie Elizabeth Schrader



Bid 35 "Runaway Bride"
Middleburg Bride
Susan Pollard



Bid 36 "Hairry"
Nature Composed
Jenn Pineau



Bid 37 "The Year of the Rabbit Cometh"
A Place to Be
Rob Hale



Bid 38 "Classic Fox"
The Shaggy Ram
Joan Brown



Bid 39 "Secret Garden"
The Hill School
Raleigh Dydo



Bid 40 "Green Hills"
Greenhill Winery
Krystine Rivera



Bid 41 "A Dapper Gentleman"
The Fun Shop
Betsy Allen Davis



Bid 42 "Outfoxed"
Wakefield School
Daniella Teie



Bid 43 "Garden Hare"
Sonabank
Heather Gradison



Bid 44 "Rivers & Roads"
Virginia Piedmont Heritage Area
Ann Marie Chirieleison



Bid 45 "Hunter's Plaid"
Masters of Foxhounds Association of America
Tiffany Youngblood



Bid 1 "Blossom"
Cana Vineyards & Winery of Middleburg
Lydia Carpenter



Bid 4 "Good Day"
Goodstone Inn
Susan Pollard



Bid 2 "Happy Trails & Tails"
Journeyman Saddlers
Debbie Cadenas



Bid 5 "Busted!"
Boxwood Estate Winery
Kathy Russell



Bid 3 "Keep on Chasin' Peace"
Middleburg Spring Races
Teresa Duke



Bid 6 "Leo Through the Looking Glass"
Middleburg Community Charter School
Ashley Sullivan



Bid 28 "Tally Who?"
The Tack Box
Jennifer Smith



Bid 29 "You Are What You Eat"
Middleburg Real Estate
Avery McIntosh



Bid 7 "Beach Bunny"
Middleburg Community Center
Olivia Rogers



Bid 10 "Pour Me One"
Mt. Defiance Cidery & Distillery
Heather Gradison



Bid 13 "Sunrise/Sunset"
Wild Hare Cider Pub
Zenya Lepper



Bid 16 "Moonlight Music"
Community Music School of the Piedmont
Clarín Gaucher



Bid 19 "Foxes Galore"
Salmander Resort & Spa
J Douglas



Bid 22 "Gone Fishin'"
Second Chapter Books
Debby Bloom



Bid 25 "Sunset Hare"
Royston Funeral Home
Sharon Clinton



Bid 8 "A Penny for Your Thoughts"
BB&T
Adina Proffitt



Bid 11 "Coat of Many Colors"
Crème de la Crème, Lou Lou, Zest
Tara Wegdam



Bid 14 "Groovy Fox"
Highcliffe Clothiers
Quinn Marston



Bid 17 "FurKlimt"
Foxcroft School
Isobel Debenham



Bid 20 "Silver Vixen"
Old Ox Brewery
Cindy Pearson



Bid 23 "Sweet Tooth"
The Upper Crust
Sarita Moffat



Bid 26 "Teddy"
The National Sporting Library & Museum
Nicholas Greenwell



Bid 9 "American Fox"
Artists in Middleburg (AiM)
Matthew Pavone



Bid 12 "Lepus: The Celestial Easter Bunny"
Emmanuel Episcopal Church
Roberta Jeffries



Bid 15 "Poppy"
Fields of Athenry Farm & Side Saddle Bistro
Bernadette Boland



Bid 18 "Sunflower Hare"
Middleburg United Methodist Church
Lindsay Veleber



Bid 21 "Flaming Fall Fox"
Middleburg Common Grounds
Cody Leaser



Bid 24 "Hare & There"
Northwest Federal Credit Union
Regenia Mountcastle



Bid 27 "Verdant Vista"
Sheridan MacMahon Realtors
Margaret MacMahon Carroll

April 1st - May 9th

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PASTIMES

A DOG HOUSE FOR ALL SEASONS

AROUND THE TOWN



HAZEL SWEITZER

My human Tom had a favorite cartoon character and stuffed animal

when he was a child. Snoopy, from the Peanuts comics and cartoons. He has several Snoopy stuffed animals and decorations around our house. It's not very hard to find the

house that Tom and I live in because outside in our yard is Snoopy's dog house. That dog house originally was built for a musical he directed, "You're a good man, Charlie Brown." One day he just stuck it out there for fun and before he knew it, everybody in town told Tom that it made them smile. We have had the Snoopy house in the yard for 3 years, and Tom decorates it for each holiday. Hundreds of people each year stop with their families and take pictures of it. This last December, Tom was surprised when he found a letter and a dish of homemade Snoopy cookies on top of the dog house. The cookies and the letter were from a couple who visit Middleburg a few times a year. One of the things they look forward to during their visit to the town is to take a picture with their dog at Snoopy's dog house. Tom could hardly believe these "strangers" left us cookies and such a kind letter. The picture was of their Golden Retriever, happily sitting in front of Snoopy's dog house. Tom actually feels a responsibility now to make the dog house festive and inviting for the Middleburg community, as well as for the tourists. We both believe it's important to have a reason to smile and that's exactly what Snoopy's dog house does.



ORAL HYGIENE-WHAT'S MOST IMPORTANT?

MIDDLEBURG SMILES



DR. ROBERT A. GALLEGOS

The goal of oral hygiene is to remove plaque from teeth and gums. Ineffective removal of plaque leads to bad breath, cavities (decay) and periodontal (gum) disease. Plaque is the soft sticky bacteria-filled substance that clings to teeth. To accomplish this hygiene goal, we have been taught by our dentist and dental hygienist to first brush, then floss and finally rinse; but new reviews of the science are leading

us down a slightly different path.

Traditionally, dentists and hygienists have been taught, and then teach their patients, that brushing is the most important part of home dental hygiene but plaque removal between the teeth needs more attention and for most adults should be a priority. Brushing is effective in removing plaque from the top (biting surfaces) front (cheek side) and back (tongue side) of the teeth and using an electric brush for two minutes at least twice a day is more effective than using a manual brush. However, brushing is not

effective in plaque removal between the teeth. Periodontal disease and most adult cavities start between the teeth and brushing does not reach these areas.

Usually after using the toothbrush removal of plaque between the teeth (interproximal areas) with floss is the next step. Bleeding from the gums when brushing or removing plaque between the teeth is a sign of infection. The gum tissues on the front and back side of the teeth, where the toothbrush touches, are keratinized (like our skin) and as such are more resistant to bacterial gum infection. The gum tissue between the teeth, where the toothbrush misses, is not keratinized and is more susceptible to gum infection. Flossing with string floss is minimally effective at removing plaque between teeth, especially if any gum recession is present. Due to its configuration, floss is not able to get into the concavities on the tooth surfaces found between teeth and floss can be difficult to use. Interproximal brushes are easier to use than floss and are extremely effective for plaque removal between teeth where most cavities

and gum disease start. There are many different sized and shaped interproximal brushes. Your dental team can assist you with the right choices. Water flossers like Water Pic® have been promoted for years as an alternative to flossing. New research confirms that water flossers are effective in plaque removal between teeth. For some, a water flosser is too messy so a shower flosser or interdental brush may be more appropriate.

Rinsing is usually the final step of oral hygiene. Sometimes certain rinses are recommended for their antimicrobial effects. Some rinses are specific for bad breath, others for cavities or gum disease. There are some rinses that are effective as a general antimicrobial rinse. Rinsing is not an effective means to deliver these antimicrobial materials between the teeth. Instead, these rinses can be used in a water flosser and/or used dipped on to an interproximal brush to get the needed antimicrobial material between the teeth.

The take home message here is that effective oral hygiene between the teeth needs to be a



priority in everyone's homecare regime. Interproximal maintenance with the appropriate tool, like an interdental brush, is more or at least as important as brushing. Each patient should ask their dentist and hygienist what they can and will do to achieve and maintain oral health so together they can come up with the best homecare routine.

Dr. Robert A. Gallegos is a Fellow in the Academy of General Dentistry, visiting faculty of Spear Education, a member the American Academy of Dental Sleep Medicine, the American Academy of Cosmetic Dentistry, and the American and Virginia Dental Associations. Dr. Gallegos practices dentistry in Middleburg, VA. www.MiddleburgSmiles.com.

TONY RICE TRIBUTE

IN UNISON

STEVE CHASE

There is a great music website for every genre of music. For those inclined to acoustic music, Roots and Americana, or Bluegrass, my go-to site is The Bluegrass Situation (thebluegrasssituation.com). This West Coast based site keep me up to speed on the new music and talent across these genres. When I heard the news, just after Christmas, that Tony Rice, perhaps the greatest living bluegrass guitarist and vocalist, had died, I knew The Bluegrass Situation would soon be preparing a tribute. In late January, their Podcast Toy Heart with Tom Power released an amazing three-part series on Tony with Bluegrass luminaries like Sam Bush, David Grisman, Molly Tuttle, Peter Rowan, Sharon Gilchrist, Chris Thile, and Jerry Douglas. These are amazing oral histories in their own right, especially the stories told by Sam Bush and Jerry Douglas.

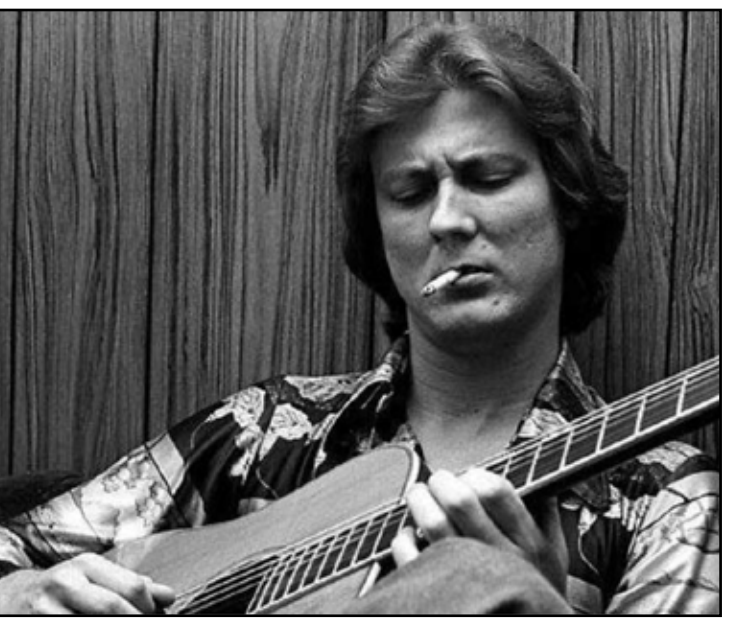
Rice was a transformational figure in music and one of the greatest guitarist that ever lived. He changed to way bluegrass music was played, bringing it to a level of the jazz players that he almost exclusively listened to-- Miles Davis and John Coltrane. It must have been strange to visit his home and listen to music. This amazing acoustic guitar player sitting in a big arm chair playing one of Coltrane's Village Vanguard recordings. Rice was able to make the most profound personal musical statements in his solo playing, but he could

astound you even more with his incredibly empathetic and selfless rhythm guitar playing. And mandolinist Chris Thile called Rice's singing Buddhist in his approach--simple, unadorned, crisp, and without any self-consciousness.

I always thought Rice was from the deep south, but he came from southern California, and began playing with his brother Larry on the J.D. Crowe and the New South's seminal album Bluegrass Evolution, which blew people's minds and affirmed the work by bands like the Newgrass Revival. For whatever reason, he hesitated initially in playing with David Grisman, but whatever problems he had to overcome to play guitar on the groundbreaking 1977 jazzgrass album The David Grisman Quintet. I read recently some recollections from mandolinist David Grisman on working with Rice, where he said Rice had questions about whether or not he could compose good music. Grisman persuaded him to put a tune together, and that song, Swing 51, is one of the great tunes on that album.

Tony played with everyone back then, Sam Bush, Bela Fleck, David Grisman, Jerry Douglas, Jerry Garcia, and he inspired a new generation of amazing musicians who have continued to change and evolve bluegrass and progressive acoustic music. He was also a major influence and friend to one of our local acoustic music stars, Larry Keel.

I have my favorite Tony Rice Albums, here is a starting list of recommended music.



of the very best of the history of the genre.

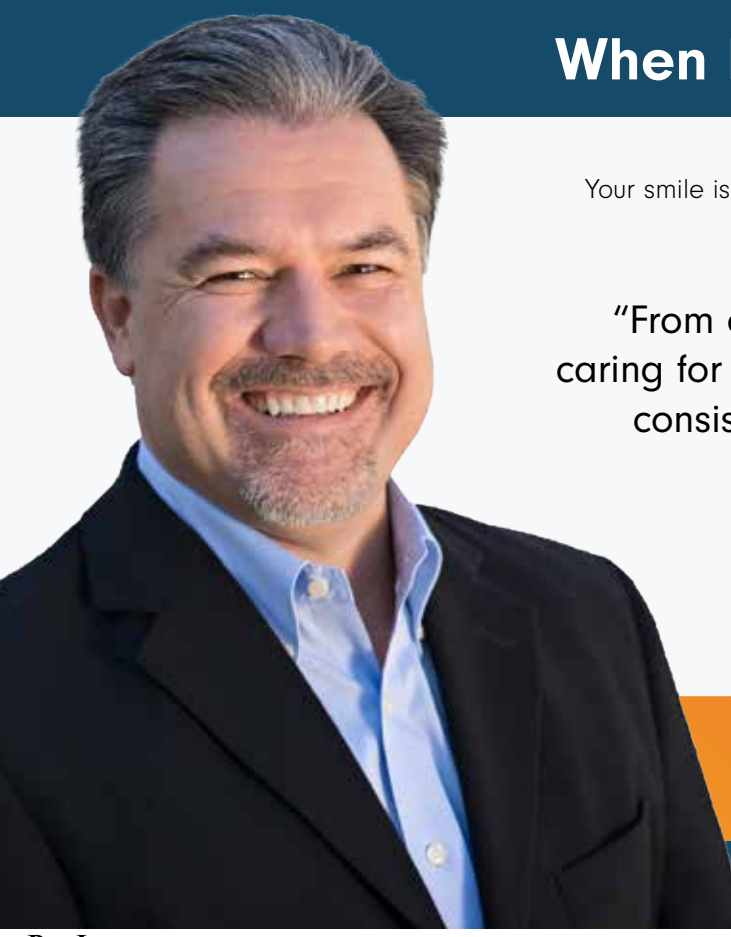
4) Backwaters--The Tony Rice Unit. Rice had a car he called Spacegrass. This album has been called by one critic a Spacegrass album, makes sense to me. I call it an amazing opus of new acoustical music that again changed the entire genre, building on the early Grisman Quintet music, but going beyond Dawg into its own genre that speaks to Rice's love of jazz. The ultimate feel good album to listen from start to finish.

6) The Pizza Tapes Extra Large Addition--Garcia/Rice/Grisman. I've written about his legendary album in the past. A pizza guy delivered some pies tom Grisman's home and stole the tapes that Grisman had left

on the coffee table. Soon everyone had copies of the tapes. This expanded edition, released in 2011, includes all of the recordings made over two nights in 1993 by Grisman, Rice, and Jerry Garcia. It's a set of old-time, jazz, and folk tunes, highlighted by the best rendition of Shady Grove that you will ever hear. In the banter at the end of that cut, Garcia remarks "Try to restrain yourself, Tony, jeeez, that was great! Smokin!"

Give a listen to my Tony Rice playlist at <https://tinyurl.com/585td5kq> with some additional albums and tunes.

Steve Chase is in Unison playing double bass along with Tony Rice's album Manzanita.



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PASTIMES

FOUR MUST-HAVE ITEMS TO COMPLETE YOUR DREAM BATHROOM

ASK A REMODELER



TIM BURCH

What is a dream bathroom? Well, a dream bathroom is anything that YOU want YOUR bathroom to be! One person may want a large soaking tub that is surrounded by candles, while another may prioritize a large walk-in shower that can be turned on from their cozy bed. The possibilities are endless when it comes to dream bathrooms as long as you do not limit your imagination.

Here are four must-have items in your dream bathroom:

Walk-in Shower or Shower Room: A walk-in shower or shower room can make your bathroom look larger, plus you can fill this space with as many additional features as your heart desires. Consider built-in seating, multiple showerheads or body sprays, a spa-worthy steam feature or a soaking tub. And yes, you can even have the remote feature installed so that you too can turn your shower on from the comfort of your bed and the water is the right temperature when you're ready to get in.

Layered Lighting: One light

is not going to be enough in your bathroom, especially for everything that you need to do in that space. After all, you need to get ready for the day in the morning, get ready for bed at the end of a long day, and sometimes get into the tub for a nice long soak. Who wants to sit under a bright light for a soak in the tub? We recommend installing different lights throughout the space and placing many of them on dimmer switches so that you can control the brightness and set the mood. With careful planning, you're sure to love the look of your bathroom

when the lighting is just right for you!

Luxurious Bathtub: If you are the type of person who loves soaking in the tub, then yes, you will need one of these in your bathroom. There are numerous styles available, and we recommend climbing into a few before picking out the one for you. The interior dimension, incline, shape and "fit" vary by model, and you need to be sure what you choose is most comfortable for you as you stretch out to relax.

Heated Floors: Unless you love walking on chilly tile, you may want to consider installing heated floors in your bathroom. These floors will feel amazing under your feet when you get out of the shower or bath or when walking into the room in the middle of the night. You will not even need to sacrifice style or design to have these installed, because they can be placed under many different flooring options.

What other items can you think of for your dream bathroom? Your bathroom designer and contractor can often help your dreams become reality, so do not be afraid to speak up



and let your wishes be known. An experienced team can also advise on the secondary items that need to be addressed to ensure your project is a success. Water pressure, structural considerations, storage solutions, materials selection and more are all critical in the planning stages. We always ensure that everyone is on the same page and all the necessary boxes are checked before we begin. Let us show you how we can remodel your bathroom into something amazing.

Tim Burch is a Vice President and Owner of BOWA, an award-winning design and construction firm specializing in renovations ranging from owners' suites and kitchens to whole-house remodels and equestrian facilities. For more information, visit bowa.com or call 540-687-6771.



IT TAKES A VILLAGE

SINCERELY ME

BRANDY GREENWELL

As locals, we are well aware of the amazing things our community offers. Many come to visit our streets and countryside for events, vacation, tourism, and a taste of the town. Some decide to call Middleburg and surrounding areas home after visiting, others pass through taking a piece of the town and time spent locally with them. To us who live here, it is home. It is our community. It is our village.

People make some serious assumptions about Middleburg and life herein. Like the streets are paved with gold, folks shoot fox, and you have to drive a Range Rover to fit in. Well, I can say first hand, without any question, that people here poop too, there are as many jalopies as Rover's and people in this community genuinely care, demonstrate compassion and link arms to make a difference in the world.

Recently one of the truest of true gestures of kindness, community and love for mankind unfolded right before our eyes. A simple Facebook post about a homeless man in Marshall snow-balled in a few short hours to picking him up, gathering his belongings from the woods where he was living under a tarp, getting him a hotel for a few days during the recent wintry weather, a clean shave and hair cut, warm meals, fresh clothes, luggage and



a bus ticket to his desired location, which was Florida where he could live outside in warmth.

Literally in a few hours, good Samaritans from all political walks, ages, races and income levels put their hearts forward and made a life changing difference to an individual they had never met. You know the Kum-

baya moment is coming. What if...

What if we lived in a world where this was the rule and not the exception? What if we shared fresh eggs with neighbors? What if we made meals for friends in a tough spot? What if we picked up a hitchhiker walking to town in the rain because you frequent-

ly see them at Safeway? What if you spend all night looking for a lost dog? What if you plow an older couple's driveway without asking or expecting payment because you were in the neighborhood? What if you surprised someone with an anonymous gift you knew they would appreciate? And what if you had the means

to selflessly match donations to a charity that moved you? Oh wait...This is our Village.

I am sure there are phenomenal acts of kindness in other places around the world. But at present, Middleburgers, you take the cake. I'm honored to walk the same streets.

SPICY ROASTED CAULIFLOWER STEAKS WITH CAPERS

THE KITCHEN PHILOSOPHY



EMILY TYLER
WWW.THEKITCHENPHILOSOPHY.COM

Spicy Roasted Cauliflower Steaks with Capers

1 head cauliflower, cut into 1" thick slices

The Rub

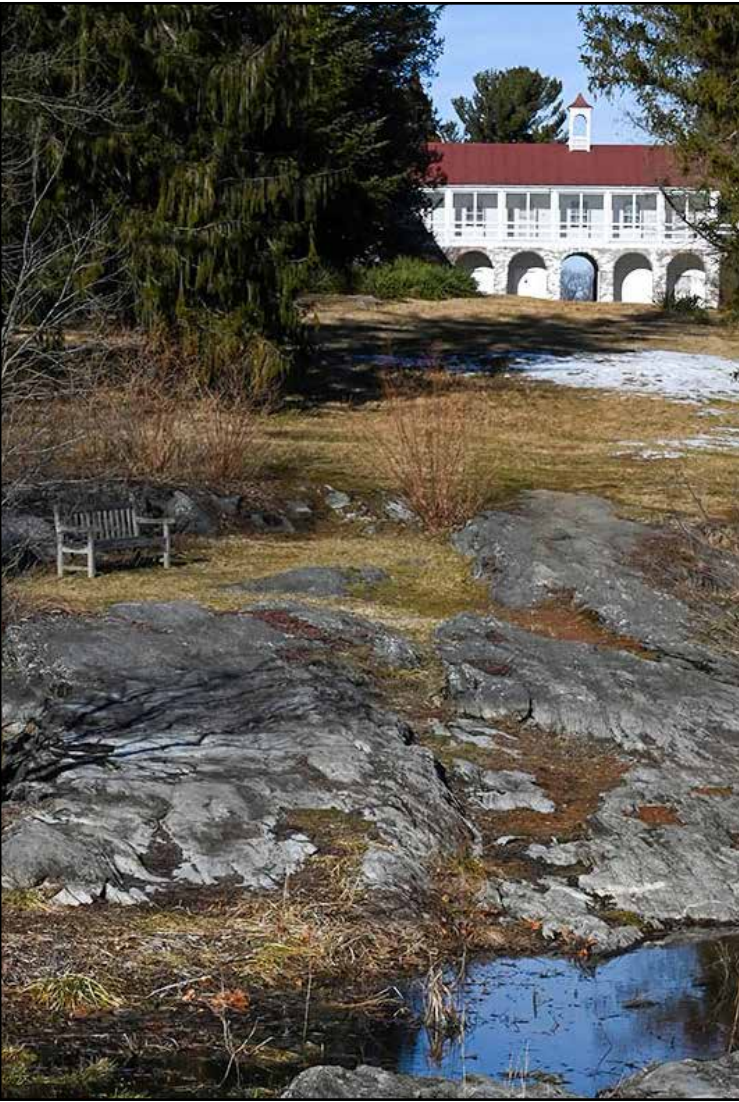
2 tablespoons olive oil
1 tablespoon honey
1 tablespoon lemon juice
1 tablespoon Hungarian paprika
1 teaspoon dried thyme
1 teaspoon dried oregano
¼ teaspoon cayenne pepper
½ teaspoon dry mustard
1 teaspoon salt
2-3 tablespoons capers, plus a bit of brine

- Preheat the oven to 425 degrees
- In a small bowl combine the rub ingredients and mix well
- Place the cauliflower steaks on a parchment lined baking sheet, and brush both sides of each with the rub
- Roast the cauliflower for about 25 minutes or until nicely browned and just soft
- Top the cauliflower steaks with capers
- Serve with crumbled goat cheese and or mashed potatoes

PASTIMES

BLANDY EXPERIMENTAL FARM

THE PLANT LADY



KAREN REXRODE

There is still isolation in our everyday lives despite the fact that we are a year into the pandemic. People are looking for ways to be outdoors, descending on parks, arboreta, and public gardens. One local well-spring for anyone that wants to hike and enjoy nature is the State Arboretum of Virginia or Blandy Experimental Farm. Located on Route 50, 10 miles east of Winchester, 60 miles west of Washington D.C., it's a trip worth taking.

Wide trails meander through 172 acres, the core of a property that is over 700 acres large. Tree collections, a native

plant trail, and the large ginkgo grove may be the most popular stops, but the meadow walk and conifer trial are ideal for winter excursions.

The University of Virginia owns the arboretum and houses students that use the property for research on bird migration, wildlife, and wetland studies. Many of the signs along the trail explain various experiments that are carried out by seasonal students.

While I still had my nursery and for a few years after, I was involved with design of some beds and gave lectures in their amazing library. On a recent trip it was good to see the new greenhouse and laboratory. My walk of 2 hours felt like a personal escape since I crossed paths with only 2 people.

The plant collections are spread out, with 13 different groupings, some by plant family such as olive, pea, and rose. My favorite tree collection are the beeches which are a good hike from the main parking lot but next to the drive loop. Parking is available along the loop and it's worth a walk (short or long) to admire the smooth barked, massive trunks of the beech tree collection.

What a lot of people don't realize is that Blandy is home



to 29 state champion trees and I strongly urge you to research them before you visit, they are worth consideration given that they are on one property. Pamphlets will guide the visitor through various sections, the conifer trail is another good winter destination. I used to send customers there to better understand how large something might grow or appear in different seasons.

Various programs are held, some virtually, others are nature related walks on the property. Of 10 scheduled on-site walks, ranging from "Birding for Beginners" to a "Full Moon Walk", 5 are already sold out. Not to be discouraged there are also self-guided tours which involve an app. and designated tour stops which let you listen to information clips of that location. Many of the trees also have QR codes that can be scanned to learn more about the cultural history and ecology of that species.

Between the choices of walking for hours on end, driving the loop, or bringing a horse to ride (yes, that is an option), the State Arboretum of Virginia is the ideal escape, particularly for the naturalist and gardener.

STRETCHING

FITNESS PROFESSIONAL

KAY COLGAN,
CERTIFIED PILATES AND
HEALTH COACH

Cats and dogs stretch multiple times a day. A full body stretch after awakening feels good and is so beneficial. Daily stretching can lead to better posture, less aches, pains and even less degenerative problems as we age.

Building stretching into your daily life actually helps to maintain strength and flexibility. Repetitive motion type jobs can lead to carpal tunnel syndrome, low back aches, headaches and shoulder issues. Taking the time to stretch can alleviate and even eliminate those issues. Our work posture becomes our standing posture. Technology is great, but the concept of sitting and typing all day on a keyboard, phone or tablet can wreck our posture. Posture is almost always related to workspace or our daily habits. Basically, posture is instrumental in alleviating stiffness and aches and pains. How are you sitting in your chair? Maybe get up every half hour and walk around and stretch. Pull your shoulder blades back so they gently hug your spine. Reach your hands back behind you and gently open your chest. Starting small and working up to more stretching throughout your day will have you standing



taller.

Stretching during your workout is great but stretching throughout the day will add the

biggest gains. Tightness comes from the positions we are in for lengths of time, such as sitting. Reach up and stretch, your body will thank you by not complain-

ing in the form of aches and pains.

For more information about fitness and health please con-

tact Kay Colgan at Middleburg Pilates, 14 S. Madison Street, Middleburg, VA or call 540-687-6995.

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RUTLEDGE FARM

MIDDLEBURG, VIRGINIA

Premier Middleburg estate | Main house of stone and frame construction circa 1740 w/addition in 1820. 6 BR, 3 1/2 BA, 5 FP, high ceilings, moldings & detailed woodwork throughout | Equestrian facilities are unmatched | 113 lush acres. 5 barns totaling 35 stalls | 19 paddocks | Derby field | 218 x 80 indoor arena | 250 x 150 all-weather outdoor arena | 80' lunging arena | Polo field (or 2 grand prix fields) | 4 board, double fencing & automated nelson waterers | Other improvements include 3 BR, 2 1/2 BA guest house | Farm office attached to 3 BR house | Machine shed | Carriage house w/apartment | Stone spring house/office | 3 BR apartment | Pond with gazebo

\$8,000,000

PAUL MACMAHON 703.609.1905
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DEERFIELD

UPPERVILLE, VIRGINIA

181 acres | Brick manor house c. 1844 | 4 bedrooms, lovely kitchen, multiple porches, pine floors, 7 fireplaces, original mantels, large windows, detailed millwork | c. 1810 log cabin/pool house, guest house with theater, 2 tenant houses, 5-bay garage and workshop | Sizable pond

\$4,500,000

HELEN MACMAHON 540.454.1930



LONG BRANCH

THE PLAINS, VIRGINIA

Gorgeous 71 acre parcel in a wonderful location between Middleburg and The Plains | Rolling land with stone walls and 2 ponds | Enchanting property | Property is in conservation easement and may not be divided further

\$1,950,000

HELEN MACMAHON 540.454.1930



FIDELIO

THE PLAINS, VIRGINIA

Prime Fauquier County location minutes from Middleburg | Unbelievable finishes throughout | Antique floors and mantels, vaulted ceilings | 6 BR, 5 full BA, 2 half BA | 6 FP, gourmet kitchen | Improvements include office/studio, stone cottage with office, spa, guest house, pool and lighted tennis court | Landscaped grounds with stream, waterfalls, boxwood and special plantings | 61 acres

\$6,490,000

PAUL MACMAHON 703.609.1905



MAYAPPLE FARM

MIDDLEBURG, VIRGINIA

Original portion of house built in 1790 in Preston City, CT | House was dismantled and rebuilt at current site | Detail of work is museum quality | Log wing moved to site from Western Virginia circa 1830 | 4 BR, 4 full BA, 2 half BA, 9 FP & detached 2-car garage | Historic stone bank barn and log shed moved from Leesburg, VA | Private, minutes from town | Frontage on Goose Creek | 37.65 acres

\$3,200,000

PAUL MACMAHON 703.609.1905



BUST HEAD ROAD

THE PLAINS, VIRGINIA

82.69 acres | Mostly wooded, mountain views, bold stream in very protected area | Conservation easement | Can not be subdivided | Prime Orange County Hunt location | Halfway between Middleburg and The Plains

\$1,100,000

PAUL MACMAHON 703.609.1905



39060 JOHN MOSBY HIGHWAY

MIDDLEBURG, VIRGINIA

Existing farm winery established in 2015 | 38.47 acres recorded in two parcels | Hilltop setting with magnificent views | 2,500 sq ft wine tasting room, main level consist of tasting room, seating areas, kitchen, restrooms, 2nd story more seating areas and bathroom | Club House of 5,100 sq ft contemporary style, wine tasting bar, seating areas, bathrooms, large deck, terrace & pool | 40 x 60 Butler building, large parking area | Unique opportunity

\$4,500,000

PAUL MACMAHON 703.609.1905



DIXONS MILL ROAD

MARSHALL, VIRGINIA

Lovely brick home on hilltop setting, completely redone by current owners | Wood floors, high ceilings, lots of light | 6 BR, 5 1/2 BA, 5 FP, sweeping stair case in foyer | Basement level finished for family enjoyment w/ media room, office, gym, billiard room, full bar w/ kitchenette, full bath & outside entrance leading to pool and spa | Improvements include 3-car garage, heated 4-car garage w/car lift | Potting shed/studio w/ attached heated green house | 20 car barn for serious collector | Swimming pool with spa | 5-stall barn | Property fenced and cross fenced | 68.23 acres

\$2,375,000

PAUL MACMAHON 703.609.1905



HALFWAY ROAD

THE PLAINS, VIRGINIA

Hard to find parcel | 13.37 acres between Middleburg and The Plains | 1/2 open, 1/2 wooded with a spring fed pond - easily expandable | Wonderful elevated building site just inside the wood line with a level building area among large old growth trees and substantial rock out cropping | Impressive mountain views to the southwest

\$925,000

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BARN CATS 101: The Barn Cats of Ayrshire Farm

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HEARING THE WIND BLOW



Hearing the wind blow called me back to a time in my youth. Standing on a beach with the wind blowing on my face, much as it did on Mars today. My eyes trained on the horizon, pondering what lay beyond it—feeling very small

in the enormous expanse of space and time.

Images of a human-made machine, “Perseverance,” flashed before me on the screen as I watched the morning news, the sound of

wind filled the room, I felt a little less small than that day on the beach as I marveled in awe at something so mundane as the sound of the wind, the wind on Mars.

We found a little peek into

the question of why we are here and what lay beyond that horizon.

That horizon that makes us feel so small. The perseverance to stand back up and walk forward after being

struck down. To seek out something greater... to hear the wind blow on Mars.

We commend and congratulate NASA and all the Humans that preserved to make this day happen.

THE END OF CAPITAL PUNISHMENT – A GOOD THING

JOHN P. FLANNERY

Whatever one thinks of capital punishment, there must be general agreement that the state should never execute an innocent man or woman.

Our criminal justice is so badly broken, no one should be sentenced to death.

I’ve argued in and out of court to abolish capital punishment.

Many have fought against the Commonwealth of Virginia executing anyone including U.S. Senator Tim Kaine.

Virginia’s General Assembly has decided in recent days that it is wrong for Virginia to execute anyone.

Those who might resist this reform should know how and why it’s necessary.

It’s not just because the Bible says to turn the other cheek.

It’s because our system is broke.

It’s because our laws are not fair and just.

Earl Washington was pardoned in 2000 after DNA evidence excluded him as the perpetrator of a rape and murder for which he was sentenced to death.

He’s not the only one who was found innocent by

evolving forensic tools.

We continue to convict innocent people in Virginia because of false eyewitness testimony, false confessions, over-eager snitches, faulty forensics, bad defense lawyers but also, and this is the worst of all, because of prosecutorial misconduct and police misconduct.

In this last category, what we often mean by “misconduct” is that the government is concealing or destroying evidence that is exclusively within its possession that demonstrates, or tends to demonstrate, that the accused is innocent or his accusers raise credibility issues.

Many assistant commonwealth attorneys will fight to hold onto information, not disclose it, saying there’s nothing there, and they keep it confidential from the accused, even at the risk of convicting the innocent unjustly.

The best prosecutors have an “open file policy” to allow defendant’s counsel to inspect the file and thus to avoid injustice for failing to disclose critical information.

The best defense lawyer in the nation, ignorant of a client’s factual innocence because the commonwealth is sitting on the evidence of his innocence, or information

that raises questions about the credibility of a government witness is helpless to save his client from prison or death row.

We know that the innocent have been convicted in Virginia because DNA evidence has allowed us to exclude individuals as suspects in crimes — when the DNA evidence has been preserved.

Arthur Lee Whitfield spent 22 years in prison for the double rape of two women in Norfolk within the same hour. Both women positively identified him. Whitfield pleaded guilty to one of the charges to get a lesser sentence. The commonwealth had destroyed the DNA. But one serologist had violated lab protocol and saved a sample that exonerated Whitfield and implicated another prison inmate for the crime.

We must reform a system that provides less information to a person accused of a crime than a party would get if sued for a \$200 bad debt in civil court.

Earlier this month, on February 3rd, the Virginia Senate passed a resolution to abolish the death penalty. The House of Delegates agreed a few days later. The Governor has indicated that he will approve the resolution.

This is a significant step forward in the South but there’s more that needs to be done to protect all defendants.

Another bad rule that hurts the defendant arises when a

defendant’s counsel fails to raise an appealable issue in the trial court, or misses a deadline, through no fault of the defendant, because then that defendant may be barred from arguing what went wrong.

In other words, the objective should be to get at the truth, hear the objections, not play gotcha with the Accused’s reputation and freedom.

It should be inconceivable that our society would allow the innocent to be executed.

It is unacceptable that disproportionately persons of color are executed as compared with white defendants. Have we made such modest progress that we are still “hanging” persons of color?

In Virginia, a capital offense was meted out by a hangman’s noose for 300 years.

The first electrocution occurred in 1908.

Earlier this month, on February 3rd, the Virginia Senate passed a resolution to abolish the death penalty. The House of Delegates agreed a few days later. The Governor has indicated that he will approve the resolution.

There is a lot of work yet to be done but ending capital punishment in a Southern State is a really good start.

I was instructed when sworn in as a federal prosecutor of the enormous power that had been delegated, that it could destroy an individual’s life with a misspent word, and was further instructed, in the words of former Supreme Court Justice George Sutherland:

“The [Prosecuting] Attorney is the representative not of an ordinary party to a controversy, but of a sovereignty whose obligation to govern impartially is as compelling as its obligation to govern at all; and whose interest, therefore, in a criminal prosecution is not that it shall win a case, but that justice shall be done. As such, he is in a peculiar and very definite sense the servant of the law, the twofold aim of which is that guilt shall not escape or innocence suffer. He may prosecute with earnestness and vigor — indeed, he should do so. But while he may strike hard blows, he is not at liberty to strike foul ones. It is as much his duty to refrain from improper methods calculated to produce a wrongful conviction, as it is to use every legitimate means to bring about a just one.”

There is a lot of work yet to be done but ending capital punishment in a Southern State is a really good start.

OBITUARIES

JENNIEVE OWENS TATE

Jennieve Owens Tate, age 80, of Aldie, passed away peacefully February 3, 2021 with her family by her side. She was born in May 1940 in Leesburg, Virginia the only daughter of the late Thomas Shelton and Eleanor Pearson Owens. In addition to her parents she was pre-deceased by her husband, Alfred Tate.

Jenny graduated from Loudoun County High School in the class of 1958. She attended James Madison College (now University) before marrying her sweetheart Fred in 1959.

She worked for many years as a Medical Laboratory Technician before starting her own business, Seldom Rest Interiors, as an Interior Decorator. Years later, Jenny returned to college and attended George Mason University graduating with honors and receiving her Bachelor of Science Degree in Nursing. She worked for

numerous years as a Psychiatric Nurse at both Dominion Hospital in Fairfax and Inova Hospital in Leesburg. After retiring in 2010, Jenny enjoyed her volunteer work as a member of The Ladies Board of Inova Loudoun Hospital. She served in the Toy Department at the Ladies Board Annual Rummage Sale for over 40 years! Jenny was also a long-time member of the Aldie Garden Club. She was a lifelong church member who loved participating in her church community.

Jenny is survived by her daughters Susan Filler, Bev Tate, and Pattie Kutch (Rob); grandchildren Erin Filler, Courage and Justice Kutch; honorary family members Kevin and Nancy Fellman, and Bud, Kari, and Bradley Herndon; numerous cousins on both sides of her family, and a multitude of friends.

The family will receive

visitors at Loudoun Funeral Chapel 158 Catoctin Circle, SE in Leesburg, Virginia on Monday, February 8 from 2:00 to 4:00 pm and 6:00 to 8:00 pm. A celebration of Jenny’s life will be held on Tuesday, February 9 at 11:00 am at Loudoun Funeral Chapel. Interment will be private. A small reception will follow at Bush Tabernacle 250 S. Nursery Avenue, Purcellville, VA 20132.

A webcast of the service will be available on Jenny’s obituary page at www.loudounfuneralchapel.com.

Friends wishing to make donations may contribute to The Ladies Board of INOVA Loudoun Hospital. Donations may be sent to P.O. Box 6114 Leesburg, VA 20178.

To send flowers or a memorial gift to the family of Jennieve Owens Tate please visit our Sympathy Store.



RICHARD L. “RICK” COLLETTE, JR

Richard L. “Rick” Collette, Jr., 67, of Middleburg passed away February 12, 2021 at Winchester Medical Center after complications from lung surgery.

Rick was born April 14, 1953 in Martinsburg, West Virginia to the late Dr. Richard L. Collette

and Janet Evelyn Collette.

Rick graduated from Fauquier High School in 1971. After high school he met his beloved wife Kathy Humphrey and they had a daughter Katie.

Rick Collette was a man

who never met a stranger. There wasn’t a place you didn’t go with him that he wouldn’t stop and talk to someone. Rick worked different jobs over the years but the one he was remembered most for was his time in the car business which he did for over 30 years. His love of his family, his friends, and his community were much a part of him as the dry wit and sarcasm and his hat that he wore that identified him as Rick. His passions included working the Sunday crossword puzzle and refinishing furniture. In recent years his passion turned toward helping

those in Fauquier and Loudoun counties who struggled with addiction, especially families suffering loss. He became one of the original members of Families Overcoming Drug Addiction (FODA). He was a man who called Middleburg and Mt. Defiance “home”.

He is survived by his sister Abby Lawson (Shane) of Warrenton, his brother Steve Collette of Warrenton and his sister-in-law Sandra Humphrey (Kim) of Rehoboth Beach, DE, as well as his beloved nephew Trevor Lawson. He was preceded in death by his wife Kathy

Collette and his daughter Katie Collette, along with his beloved corgi Sunny.

A graveside service will take place at 1pm Saturday February 27 at Little Georgetown Cemetery, near Broad Run. In lieu of flowers, the family requests that donations be made to CAYA Coalition (Come As You Are), PO Box 3457, Warrenton, VA 20188.

To send flowers to the family or plant a tree in memory of Richard L. Collette, Jr. please visit our Tribute Store.



REGULA “REGI” LORENZ

MICHELE LORENZ

It is with profound sadness I announce the passing of my extraordinary mother, Regula “Regi” Lorenz on January 3rd, 2021. It was on this day that she was once again reunited with her beloved husband Chris Lorenz, her brother Hans Peter Köstli, her mother and father.

Her passing from a pulmonary embolism at 80 years old in Wellington FL was shocking and unexpected. I am comforted by the many people in her life that loved and adored her and the many wonderful memories they have been sharing with me.

She was born in St. Gallen Switzerland on August 15th, 1940 and was the oldest of three. She attended college in St. Gallen where she would meet her future husband Christoph “Chris” Lorenz. While attending Stanford University, where he obtained

a PhD in Geology, my father fell in love with America, and asked my mom to join him in Palo Alto. They eloped to Las Vegas, Nevada in 1964. In 1966, I was born in Tucson, Arizona. Our little family would leave the states in 1967 where my Dad’s career would take us to Istanbul Turkey and Zurich Switzerland. We permanently moved back to the US specifically to Middleburg Va. in 1974. It is in Middleburg that my Mom truly felt at home and cultivated her dressage career amongst the community of equestrian enthusiasts there.

Mom was a true horsewoman with a deep passion for all animals in particular horses, and her beloved German Shepards, both of which she had many over the years. She was introduced to all things equestrian as a little girl in Switzerland by Her father Hans, also an avid rider and horse lover. No matter where in the world life would

take her, riding was always at the forefront. She even fell in love with a 17 hand chestnut thoroughbred named “Kanatle” (Kani) while living in Istanbul. Kani would travel with us to Middleburg and retire on the farm, Chestnut Hollow Stables which was befittingly named after him.

Regi would go on to become an accomplished dressage rider with her “all time favorite” horse Marcello, a beautiful Hanovarian with whom she would win Prix St. George and Intermediaire at Devon in the late 90’s. Her dream was to make it to Grand Prix with Marcello, but ultimately he was diagnosed with a career ending navicular disease. Marcello would remain active as a teacher’s aid to Mom and her many students. As much as she enjoyed competing, she loved teaching even more and worked with many students who would go on to have their own accomplished careers in the equestrian world,

including at Grand Prix level.

Mom was so many things, she was honest, tough yet vulnerable, generous, fiercely independent, funny and compassionate....just to name a few. She was Swiss to the core but always considered Middleburg Va her home until 2014 when she would move to Wellington FL, where she had competed for many years in the winter show season.

In Wellington, she loved attending horse shows, occasionally teaching and taking care of her fur babies, Jett & Diamond. She was proud of her career and was still riding up until her last days. She was always delighted when friends and former students would see her and say hello at shows, in restaurants, shops....and this happened all the time!

I hope you will remember her as fondly as I will. If she had one message to share, she would tell you to “love and be

kind to your animals” in her cute little Swiss accent.

She was preceded in death by her husband of 29 years, Christoph Lorenz. He was her one and only true love. Her brother Hans Peter Köstli and her father and mother, Hans & Margaret Köstli.

She is survived by me (her only daughter), Michele Lorenz (Austin, Texas), her sister Susanne Von Albertini (Zurich, Switzerland), nephews Dominique Von Albertini and Philippe Von Albertini (Zurich, Switzerland, nieces Nadja Ambühl (St. Gallen, Switzerland) and Miriam Holle (Zürich, Switzerland).

I will love and miss her for the rest of my days. A memorial will be announced once a date has been determined. In lieu of flowers, please donate in the memory of Regula Lorenz to the Humane Society, ASPCA or The United Breast Cancer Foundation.



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DEERFIELD FARM

181 acres \$4,500,000
Upperville – Impeccably restored brick manor house, ca. 1844. Perennial gardens and orchard, guest house with theatre, guest/pool house, pool, 2 tenant houses, 5 bay garage, workshop, 2 ponds, fenced fields and paddocks.

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WINDSOR FARM

115 acres \$4,500,000
Upperville – Horse property specializing in the training of Grand Prix horses. The Manor House dates to the 1700's and has been expanded through the years. A gracious home with formal gardens and expansive views. 3 tenant houses, 3 apts.

John Coles | 540-270-0094



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DUNNOTTAR

400+ acres \$4,125,000
Warrenton – Historic farm with 6 BR / 3 BA main house. Panoramic mountain views, Great Run creek flows the length of farm and there are two ponds. Conservation Easement with The Virginia Outdoors Foundation gives permission to divide.

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ROCK RIDGE

94+ acres \$3,674,999
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